

the

VETERAN

VETERANS TIME TRIALS ASSOCIATION



December 2013



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THE QUARTERLY MAGAZINE
OF THE
**VETERANS TIME TRIALS
ASSOCIATION**

FOUNDED IN 1943 TO PROMOTE CYCLE TIME TRIALLING
FOR THE 40 YEARS OLD AND OVER

Number 39

December 2013

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Cover Photograph of the Winner of the Short Distance Championship

Terry Icke
by Kimroy

Inside front cover

Ken Platts, BAR and Three Distance Champion
by Kimroy

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The Presidential Offering

Now what time of the year is it? Social activities, lunches, dinners, prize presentations plus the occasional cake and ale all combine to give racing cyclists the environment they've been dreaming about all during the season!

I hope that everyone enjoys themselves over the festive season and perhaps gets a few miles in ready for 2014.

Our AGM in February will see Ann Butterworth step down as National Secretary and I would like to take this opportunity to say an enormous 'Thank You' to Ann for her efforts over the past few years in keeping our Association's paperwork running smoothly.

In the last issue of *The Veteran*, the Editor was kind enough to publish a photograph of some young cyclists in the Canal Zone, Egypt to go with a few words I had written. Realising that out of the 'Famous Five' [with sincere apologies to Enid Blyton] four of us were still active, I made sure that we were all on parade at Long Itchington when the Exiles assembled for their run. John Basell did the honours with the camera and later did something intricate and involved which resulted in this photograph which must be one of the best 'Before and After' images. The lads are in the same positions as they were in 1953 but we have a 'ghost' image in the middle which is Jim Pike.

Despite quite intensive research no one seems to know anything about Jim's whereabouts so I'll ask the simple question. Is there any one around who knew him, knows him now, knows where he is or might be? Jim was a class act in the Zone, served in the RAF, was formerly a member of Dulwich Paragon and worked as a chauffeur in 'Civvy Street'. Any information would be gratefully received.

To round off the year may I wish everybody a Merry Christmas, a Happy New Year and safe riding in the coming season – ditto for Jim!



Editorial

It was in 2004 that the then Chairman, Eddie Green, instigated the *Distinguished Life Membership* award which is in the form of a certificate. Unlike the Ted Bricknell award, which is given to a member chosen from those nominated by the Groups, DLM membership has been 'in the gift' of the National Committee since then. To date six have been awarded, including Eddie Green, Jack and Sylvia Armstrong, Bill Lloyd and the recently departed Les Lowe. Joining this select band of loyal servants of the Association, is Ann Butterworth who, at the NEC meeting on the 7 of December, was awarded the coveted certificate by President Alan Colburn.

In addition to this accolade, Ann was nominated for the Ted Bricknell award by no less than nine of the Groups, so demonstrating that the huge contribution she has made to the VTTA has not gone unnoticed.

The meeting was, of course, the last of the 2013/2014 Committee and an opportunity of recording the membership of the group was taken, see below. Absent was Membership Secretary Merv Player and Records Secretary Geoff Perry.

Mention of awards prompts me to mention that this year's total is: 59 medals; 26 certificates (excluding those for the aggregate competitions) and 32 replica photographs of the trophies. These will be available for collection by delegates to the AGM and, in some cases, presented to those winners who happen to be present.

This issue is going to be late for which I extend my apologies. Two family bereavements and a more than hectic build-up to the festive season will mean that the many Christmas wishes expressed throughout the following pages are belated, including mine.



Secretary



This is the last report that I will write for *The Veteran*, so I'll take the opportunity to mention the many people with whom I've come into contact during my time as National Secretary.

- Group Secretaries and Chairmen (and other officers from some Groups). I have had to ask you to supply me with information many times during each year and thank you for your co-operation at those times. Thanks also to those who write telling me their news.
- Championship organisers. I admire tremendously your hard work and your patience and efficiency when sometimes having to make difficult decisions.
- Members of the National Executive Committee. I have appreciated your support and have been cheered by the occasional lively quips.
- I have worked with two National Chairmen during my time on the National Committee. George Nowland and Jim Burgin. Both have entirely different personalities but they have one thing in common: their tireless work for the VTTA. Whenever I needed to contact them, it was only a matter of a few minutes, and never more than a few hours, before they replied. I have greatly valued their help and advice as well as their friendship.

Looking ahead I know that the new Secretary will receive similar support, which I have found to be very gratifying.

Thank you to all who have sent me emails, cards and letters of thanks and good wishes. I wish all VTTA members a Merry Christmas and a Happy New Year.

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ANNUAL TRAINING CAMPS

February, March, April and September
.....



GROUP REPORTS

WEST

by *Brian Griffiths*

As I sit down to write this I am fresh home from an invigorating morning at the WestVets AGM and a very entertaining lunch with our President, Ted King MBE. This has hopefully given me some inspiration to write a bright and interesting report for everyone to read.

It is a great pleasure to report some most enviable race results from one of our members. Bob Pears very kindly sent me a list of his successes this year and I can only say "Hearty Congratulations for a truly amazing record of achievement of which you should be justly proud." I'm sure that convincing wins with exceptional times in the 10, 15 and 25 mile championships is something the Group will choose to recognise appropriately.

Thanks for the result sheets Bob! It's great to have something really good to report, and I wish more people would follow your example.

As well as Bob there have been one or two other notable performances in our group this year. Ray Retter, Peter Wilson and Mary-Jane Hutchinson immediately catch my eye.

Mike Jupp produced a very readable WestVet magazine beautifully timed to give everyone sufficient notice of our impending AGM. Despite this timely reminder only 12 of our members out of 133 turned up to set the course for next year, so you must all be very satisfied with our decisions. No use complaining now, you have missed your chance!

There were no big changes to report! You will be pleased to know that we are holding the subscriptions at the present level for another year, but be warned, it is pretty certain that there will have

to be an increase next year. May I remind you that now is the time to get your subs paid in to our Treasurer Ian Pritchard whilst it is still fresh in your mind and perhaps you might like to consider giving a small donation to help oil the financial wheels as well.

Our secretary Gordon Scott has agreed to organise a social evening, a time trial, and the WestVets prize presentation one Friday evening in the spring, along the lines of a similar event that we used to run just a few years ago. A date has still to be finalised but no doubt all the details will appear in the next edition of the WestVet. Let's hope it proves as popular as it did previously.

I have attended numerous AGMs in the past few weeks. As a member of many clubs and organisations I always feel it is my duty to contribute whatever I can by at least attending their meetings. Over recent years I have noticed that it is becoming ever more difficult to get more than the usual reliable members to come along and play their part in an association, which they obviously hope to gain something from. This really is a bit unfair, everyone should at least do a bit to keep the wheels turning and often it only means a small contribution of their skills and time, which should be well within their range of capability. Apart from this there is the always interesting social angle and the feeling of satisfaction by doing something useful for the community.

Finally, I have just learned of the recent death of Dave Free at 80 years of age. He was a popular group member and no doubt there will be more to tell next time.

Surrey-Sussex

by Tim Carpenter

This report is very much a round-up of the year. Was it a good one? I am not sure.

The new Group 12 Hour Championship was incorporated in the KCA 12 hour event on 1st September. The inaugural winner is Michael Turner (Lewes Wanderers CC) with a 42:59 mile plus. The Lewes had four vets who finished, but only two who are members of the Group.

Keith organised the Group 25 on 22nd September at which I was off number one. It must have been the nicest day that I have raced for several years. Given my lack of training I was pleased with a 1:6:05. Until ever young 87 year old Ray Dare (Kingston Phoenix RC) arrived back at the hall. He had done a 1:8:21, claiming a new National VTTA record. Talking to him in the hall he was very disappointed because the 10 he was due to ride the previous Saturday had been cancelled because of some road race and he had expected to break the ten record. That would have given him a hat trick as he had already broken the 50 record earlier in the year. We all said that at least it gave him a target for next year!

One huge disappointment this year was that we had no lady finishers in either of their competitions. Lisa West rode the longer distances but not the shorter ones required to qualify.

It will be too late to remind everyone of the Group AGM on 24th November (and is too early for me to report what was said). I suspect the committee will be much the same, although we are meeting in a different location at Dial Post in West Sussex, to coincide with the SCA lunch. It means an 83 mile round trip for me so I wonder if I will manage it on my bike.

The next big event will be the Group's lunch at Rowfant House on 2nd February. You will have received a reminder and booking form in the post and electronically by Christmas. While mentioning email, I send out an infrequent newsletter to those Group members for whom I have an email address.

If you don't receive a copy let me know and I will add you to the mailing list.

So to the 2013 season and all the statistics. I have not put in details of the BAR because they will be elsewhere in this edition. I have also not included the over 70s because I gather the names will be listed separately.

NATIONAL RECORDS

Ray Dare		Kingston Phoenix RC
22/9/2013	25	1:08:21 (87yrs) (solo)
Ray Dare		Kingston Phoenix RC
26/8/2013	50	2:23:59 (87yrs) (solo)
David Shepherd		GS Stella
28/7/2013	12 Hours	288.487 (52yrs) (solo)

GROUP RECORDS

Ray Dare		Kingston Phoenix RC
22/9/2013	25	1:08:21 (87yrs) (solo)
Ray Dare		Kingston Phoenix RC
26/8/2013	50	2:23:59 (87yrs) (solo)
David Shepherd		GS Stella
28/7/2013	12 Hours	288.487 (52yrs) (solo)

TROPHIES

Men's Best All Rounder

Awarded for the Best on Standard Average over 25, 50, 100 and 12 Hours.

David Shepherd GS Stella +69:37.

Ladies Best All Rounder

Awarded for the Best on Standard Average over 25, 50, 100 and 12 Hours.

No qualifying rides (Lisa West was the only lady who rode anything this year)

Jim Ballard Trophy

3 Distance Competition (25, 50 and 100)

David Shepherd GS Stella + 47:44

Charles Robson Cup

Ladies Short Distance Competition 10, 25 & 50

No qualifying rides (Lisa West was the only lady who rode anything this year)

Short Distance BAR

Awarded for the Best on Standard Average over 2 at 10 and 2 at 25

Matt Wood Eastbourne Rovers +53:17

85 COMPETITION

Kevin Tye is winner of the 2013 85 Competition with + 52:05. Second and third places were filled by Ian Hodge +35:20 and Ian Turner +16:44.

The Pete Avis Cup, awarded for the first time last year to the highest placed member who is of the opposite gender to the 85 Competition winner, was not claimed.

CHAMPIONSHIPS See Results Pages

Medals will be presented at the Group's annual lunch.

WEDNESDAY 10 SERIES

Bob Giles won the Wednesday 10 Series with +11:17 accumulated over his best four rides. The four remaining medal positions were. Tom Morton: +5:31; Ian Turner: +3:58; Mick Walker: +1:55; and Mike Daniels: +0:10.

These and certificates to a further two competitors, will be presented at the Group's annual lunch.

This is the second season of the new records awarded for times set on Kent courses. No claims have been received.

TROPHIES See Results Pages

Performance awards, introduced this season to replace age standards, have been achieved by the following members in 2013:-

Martin Dickinson	42	10	22:25
	42	15	37:06
	42	25	57:14
	42	50	2:02:24
Robert Giles	66	10	23:35
	66	15	40:28
	66	25	58:57
	66	30	1:11:03
Ernest Mackey	66	50	2:10:14
	73	10	29:22
	73	25	1:16:23
	73	50	2:41:07

ANNUAL LUNCH

The Group's Annual Lunch will be held on Sunday 16 February at Smarden Charter Hall. Full details will be given in the next issue of KVN. The Guest of Honour is Geoff Thomas, who was Captain of Crystal Palace FC in a former life. His cycling

fame is that, for leukaemia and lymphoma research, having suffered from leukaemia himself, he rode every stage of the 2005t Tour de France one day before the official peleton, raising over £179,000 in the process, and again in 2007. He will repeat this next year with a full entry of riders who can donate for a place.

CONCLUSION

Congratulations to all riders who have taken part in the Group's 2013 programme, and in particular to trophy, medal and certificate winners and record breakers. As well as for performance awards, medals are awarded for places in all of the Group's open events, and the list is too long to be reproduced in this report. All medals and trophies will be presented at the annual lunch on Sunday 16 February to those winners who attend.

So, on to winter training once again - stay safe out there!

Manchester & North West

by Jim Ogden

In August 2012 Dave Joynson, a promoter for the first time, found that the job is never easy. Temporary traffic lights had appeared on the course only an hour before the event was due to start. By delaying the start considerable, the event was run successfully. Unfortunately, it proved even worse for Dave this year. On the day of the event, Tuesday 20 August, all looked well as he was putting out the warning signs. However, only an hour before the start, more cones appeared at the entrance to King Street island on the inside lane, making extremely dangerous conditions for the riders, and it was decided to cancel the event in the interests of safety. Riders were given the option of a refund or allowing any balance (after expenses) to be donated to charity. In effect, a substantial cheque has been sent to Macmillan Cancer Support.

Events using the fast Blythe Bridge/Etwall

course had better luck and, in the Burton and District 100 held on 31 August Rod Brooks (68), Warrington RC, produced his year's best in 4:07:24. Another year's best came from Ian Holbrook (43), Stone Wheelers CC, placed ninth in 3:49:25. Also completing the course were Peter Smith (46), Congleton CC, 4:22:07 and Barrie Whittaker (56), Lyme RC, 4:35:20. The event winner was Charles Taylor, South Pennine RC, a regular visitor to our J courses, in 3:35:39.

A fortnight later the Stone Wheelers 25, which uses the western end of the 100 course, lived up to its reputation for fast times, the first three being inside 50 minutes. The promoting club's Ian Holbrook was our Group's fastest finisher, placed 12th in 52:15: Dave Fearon 54:36 and his son Jack 59:38 and wife Caroline 1:05:57, made it a good family day out for the Weaver Valley CC. Other Group members included Paul McAllister, Seamons CC, 55:42; Chris Wilcox, Lyme RC, 56:39; Peter Smith, Congleton CC, 57:08; Roger Wrenn, Macclesfield Wheelers, 58:27; and Derek Hodgins, Stockport Clarion, 1:03:41. A fortnight before, in the Mercia CC 30, Roger had set a Group Age Record at 69 in 1:08:11.

Apart from hill climbs and the Christmas 10, the Johnny Helms Memorial Invitation GP de Gentlemen, held on 6 October and run by Johnny's old club Warrington RC, is the last local event. Using the same Allostock/A50/Goostrey circuit as last year four times to cover 20:8, the actual fastest pair was from our Group member Paul Shallicker (42) paced by Warren Gell (35), Coveryourcar.co.uk RT, in 45:53. They were just eight seconds ahead of two vets from Poole Wheelers: Gary Deighton (45) and Terry Icke (69). However, on Standard, the seashiders were clear winners with plus 13:41 ahead of Tony Woodcock (73) Kingsnorth Int Wheelers paced by Richard Handley (23) Rapha Condor JLT 48:37 (plus 12:46). Third place went to our Group members Derek Hodgins (79), Stockport Clarion, paced by Carl Ruebotham (47), Team Swift, 53:28 (plus 11:25). Other Group members in this class field were Roger Wrenn (69) paced by his

Macclesfield Wheelers clubmate Steve Burke (41) 4th on Standard with 48:31 (plus 11:11); Trevor Horton (69) and Steve Daintith (40), both of the promoting club, 53:28 (plus 6:14); husband and wife from the Weaver Valley CC Dave (49) and Caroline (47) Fearon, 56:21 (plus 1:17); and a pair of trikes! Dennis Hornby, Weaver Valley CC, and Alan Shuttleworth, Altrincham RC, both aged 66 1:01:07 (plus 1:11). It didn't go unnoticed that another husband and wife team from Port Sunlight Wheelers, Andy and Jill Wilkinson, appeared to be very fast tourists - Andy riding complete with saddlebag. They still clocked 49:46 (plus 5:27).

In an attempt to recruit more members to attend the Group AGM, it was moved back to a week before Remembrance Sunday and held at Cranage Village Hall, Goostrey not being available. Sadly, as in the past three years, only 21 were in attendance. Before the meeting started, a minute's silence was held in memory of the six members who passed away since our last AGM. Lilian Heald, Peter Johnson, Alan Brookes, Roy Swinnerton, Russell Mycock and Roy Dixon.

With the exception of Tony Farrell, Recorder, (he gave notice last year that he would be stepping down), all the other members of the committee were re-elected. Chairman and Editor Jim Ogden; Secretary Denise Hurst; Treasurer Jim Gresty; and Lunch Organiser Helen Gresty. Ann Butterworth, Peter Hayhurst and Wilf Lewis make up the rest of the Committee. Derek and Barbara Hodgins remain the Group Auditors. Tony will be replaced by the new Group Recorder Brian Camfield. Denise Hurst intimated that, due to family commitments, she wished to stand down as Secretary. However, she will remain in post until someone is co-opted into this position. The overall membership of the Group stands at 206 including 22 HLMs.

A proposal was discussed which would change the regulations relating to Performance Awards. The proposal would give all VTTA members the choice of applying for either Performance Awards or Individual Standards Awards. After a lengthy discussion, it was agreed unanimously that the

proposal should go forward to the national AGM. The meeting also agreed that, if our proposal is not passed at the National AGM, in 2014, Manchester and NW Group will give their members the choice of applying for either Performance Awards or Individual Standards Awards.

The meeting was also unanimous in nominating Ann Butterworth for the Bricknell Memorial Award. Ann has served on the Group Committee for 18 years, 13 of these as Group Secretary. Her services to the VTTA as National Secretary has spanned six years.

The following Group time trials for 2014 were agreed at the CTT Manchester District date fixing meeting.

Tuesday 8 April (all ages)	10	J2/1	1400	Roy Deakin
Saturday 7 June (all ages)	50	J4/16	1400	Peter Hayhurst
Tuesday 15 July (all ages)	30	J4/11	1400	Louise Cuming

As we have no promoter for the Group 25 which was to have been held on 19 August, it was agreed that Group members would be informed that, if they enter the Altrincham Ravens 25, promoted by Louise Cuming on Saturday 9 August, this event will count towards our trophies and competitions.

Since the above events were agreed, Peter Hayhurst has suffered a severe stroke and, as I write, he is still in hospital. His Congleton clubmate, Bob Norton, has discussed the promotion of the 50 with him. They have agreed that Peter's name still stays as promoter with Bob providing any help required.

As Editor, it falls to me to report on accidents as well as racing successes and our Secretary Denise Hurst has appeared regularly in both categories. The day after our AGM she fell victim to the notorious level crossing on the A51 at Nantwich, falling and breaking her pelvis. Writing the minutes whilst recuperating at home, she was informed that it will be at least six weeks before she can resume cycling. Another Congleton CC member, Bob Norton, is now

back on his bike after a freak accident in July. He hit debris falling from a tractor near Madeley and was thrown over the handlebars and fell on his head. Bob was due to lead a CTC tour across France from Calais to the Mediterranean and, after his accident, fully expected that he would be doing it from the support vehicle. However, neck brace and all, Bob did use the support vehicle to start with but, before reaching the sea, was riding along with his wife Georgina and the rest of the tour and is now fully recovered.

A report on the Annual Luncheon will have to wait for next time, but a review of members' achievements was distributed at the AGM by Tony Farrell. Brian Camfield (Stone Wheelers) is Group Best All-Rounder with +64:43 and his 12 hour ride of 264:57 is a Group Age Record at 65. No-one completed the BAR distances on local courses. Jim Gresty (North Shropshire Wheelers) has won the Butterworth Trophy as winner of the Three Distance Competition with +46:16, ahead of Brian Camfield +45:50 and Dave Fearon (Weaver Valley) +39:54. In the Local (J/D/L) Courses Three Distance Competition we have a new leader Ian Holbrook (Stone Wheelers) aged 43 with +45:50, with Jim Gresty (+40:55) and Dave Fearon (+38:48) the runners up. Ian Holbrook has had a highly satisfactory season. His rides include 52:14 at 25; 1:02:15 at 30; 1:48:19 at 50 and 3:49:25 at 100. In fact Stone Wheelers have been the principal trophy winners with Ian and Brian taking the Watterson Team Shield and John Baddeley the Lamp Trophy.

Derek Hodgins has ridden all the Group events and wins the FTA Trophy for the highest aggregate plus (+38:35) and also the 25 Mile Championship Cup for best aggregate performance in the Group 10 and 30 (+15:44). Derek has set Group Age Records at age 69 with the following rides: at 10 24:22 (V718); at 25 1:01:28 (R253/11); at 30 (J4/11) 1:24:49; and at 50 (J5/12) 2:10:02. The ES Ward Trophy for the first Group member on Standard in the Group 30 goes to Mike Cotgreave (Westmead Team '88). Alan Shuttleworth (Altrincham RC) set a

Group 25 Mile Age Record at age 66 with 1:09:54 and we have 19 riders gaining 49 Performance Awards.

A reminder that subs are due. £12 singles; 13.50 doubles; HLMs free. Cheques (payable to VTTA Manchester and NW) to Jim Gresty, 7 Balmoral Drive, Market Drayton, Shropshire TF9 1RJ. To be among the Performance/Standard Awards next year you need to register with Brian Camfield at 21 Saddler Avenue, Stone, Staffordshire ST15 8YH. £10 covers all events at all distances.

Should *The Veteran* arrive in time, I send my best wishes for a very happy Christmas and a New Year that fulfills all your hopes.

Scotland **NEWS**

by James Skinner

Sadly Jock Milne has taken a tumble on the ice in early November and has suffered a fractured hip as a consequence. The Group send Jock their best wishes for a speedy recovery.

The group member Alan Ramsay has bought a TT bike and will be competing in 2014. Whilst out last year on his mountain bike he stopped at a baker's shop for some lunch and within a minute his bike was stolen' The bike was an old heavy steel mountain bike with panniers, he didn't mind losing the bike but the waterproofs, overshoes and tools contained in the panniers were worth a lot more to him.

Jocky Johnston was racing in the invitation only Johnny Helms 20 mile TTT organised by Warrington RC on the 6th October, a puncture during his warm up, set in a bit of panic, but he still recorded a 51:42 with chosen partner Thomas Bracegirdle of Kuota-Spinergy-GSC.

RACING RESULTS

6 October - The Bill Lennon Trophy - Tour de Trossachs.

Although overcast the rain held off until the last of the 92 riders had finished.

48 competitors were over 40 years of age, 18 of those being members of the SVTTA.

The winner being Carlos Riise of Shetland Wheelers, recording time of 1:13:52 giving him a +10:45.

The SVTTA Best All Rounder 2013 and winner of The Ed Taylor Trophy and Jackie Potter Team Shield is Iain Grant of Dooleys Cycles RT with an average speed of 27.748 mph over 25, 50 and 100 giving him a +5:962.

Runners-up were James Cusick of Glasgow Couriers +5:183, Carlos Riise of Shetland Wheelers +4:765 and Christine McLean of Shetland Wheelers with +4:413.

The Archie Speed Trophy 2013 was won by Derek Stewart, Deeside Thistle with aggregate +54:28 over 10, 25 and 50 , closely followed by Iain Grant of Dooleys Cycles RT: +51:37, and Christine McLean of Shetland Wheelers +47:43

Full list of SVTTA Trophy Winners 2013 are listed in the Results Pages:

AGM

November 3rd McQs Bannockburn

30 members attended with 26 staying for lunch. Johan Thayne retired from the President's post with much regret due to husband John's ill health. Chairman Michael Devlin now takes on the joint post of President/Chairman, the question being will he wear the sash of office?

Treasurer Alistair Smith also retired due to family commitments. Over the last few years Alistair has done a brilliant job handling our cash affairs and keeping the books up to date. Tom Glendinning joins the committee, Steve Nutley retains the Web Admin post, and new recruit James Skinner is the new press secretary. Many thanks go to Steve for his magazine input over the past 3 years.

Lunch

The Scottish Group's Presentation of Awards and Luncheon will be held on Sunday 19 January 2014 at, McQs, 45 Main Street, Bannockburn FK7 8LX at 1:30pm doors will be open from 12:30. Tickets are priced £11 and available from George Skinner.

Contact on 0141 638 5634 or georgeskinner22@yahoo.co.uk.

Merseyside

by Geoff Edgerton



I presume you will have noticed but just in case, the Merseyside group has a new editor. Before I introduce myself, I would like to take this opportunity to thank Mo Cliff for her sterling work in filling this role, combining her editorial duties with that of secretary. I think Mo has been secretary for seven years and stepped into the breach as editor four years ago. Together with Phil Guy who has been treasurer for the same length of time, the pair gave the Merseyside group a much needed impetus of fresh blood at the time.

As for myself, I can best described as a sixty six year old 'has been' racing in the colours of North Shropshire Wheelers. But that in itself is not quite true. I never reached the dizzy heights of the top half of the field in terms of results to qualify for my now self-proclaimed status. Indeed as each year goes by, I am just trying to hang on to what form I have. I think most will understand that, well most over sixties.

With the racing season over and a short break

off the bike combined with a holiday abroad, training begins. A good winter's training, structured and disciplined and next year, well this could be it, my year, the top half of the field beckons. Dare I dream it, last of the fast men.

The most enjoyable part for me of winter training is the Sunday club run. My club is probably no different than any other. Meeting up at 9:30 am, usually about a dozen of us, heading off to a designated cafe for lunch. Invariably led by Phil Guy. His knowledge of the byroads and lanes of Shropshire and surrounding counties is amazing, a human sat nav. Chatting as we go, how the training has gone this week, the excuses if the week hasn't gone well, the banter, just a really good atmosphere.

The group recently held its annual general meeting. Doreen Mahar continues as President with her husband Harry as vice-president. Mo is again Secretary with Phil filling the position of Treasurer. Keith Nield continues as a more than able chairman. Unfortunately John Maddox has had to relinquish his post as recorder due to ill-health, with myself stepping into his shoes. It was particularly disappointing to have just four people attending the meeting and until this year, I include myself this category. I see from other groups that people are filling two posts or there is a vacancy up for grabs if that is the right phrase. It is a worry.

Just a couple of races to report on. Late August saw the Joe Brook Trophy and the Gomersal Cup contested in the North Shropshire Wheelers open 25. Very pleasing to report that there were one hundred entries received with sixteen group members making it to the start line. Newcomer to the vets' ranks saw the host club's Ian Boam claiming both cups with a plus of 9:28 and actual 57:47. Second on standard was team mate Phil Guy with a plus of 8:43 (1:03:15) with Port Sunlight Wheeler's Kevin Larmer third on standard with +7:53 (58:33). The winner was Keith Murray of Strategic Lions who not only incurred a twenty second late start penalty but was faced with a slow puncture at the start line. His vehicle was parked at a lay by half

mile into the course where he stopped to change his front wheel and still completed the race in a time of 53:52.

Early September, the VC Melyd 10 mile TT was the designated race for the Hilda Dover Cup for the fastest lady on standard, the Oscar Dover Shield for the best on standard and the Derek Ireland Cup for the fastest male. This was a replacement for the Rhos-on-Sea 10 in June that was cancelled due to rain and high winds. Justin McIlveen of Rhos-on-Sea swept the board in the men's race with a plus of 5:16 and actual time of 20:53. North Shropshire Wheeler's Phil Guy again had to settle for second on standard with +4:27 (23:43) with Neil Southern of Chester RC third with +3:31 (23:05). The Hilda Dover Cup will be in the possession of Mid Shropshire Wheeler's Jenny York who recorded +4:12 and a more than competitive actual time of 25:08 seeing off the challenge of Oswestry Paragon's Helen Tudor who recorded +2:00 (26:4).

Finally a reminder to all that the group lunch and prize presentation is at the Cheshire View, Christleton on Sunday 12th January 2014. I will be posting a list of all the winners of the various cups and awards in the Merseyside group newsletter later in the month. It would be nice if all could attend to accept their awards

North Lancs & Lakes

by Dave Brown

As is sadly too often the case, Group Chairman John Leach began the Annual General Meeting with a one minute silence for those members and friends who have died during the past year. Charlie Thompson, who was a long-term member of both the Fylde Road Club and also our Group, had died in May this year at the age of 88 and John North who had died in October aged only 70 and, although not a member of the Group, was very well known by many of our members. John's record included a win in the famous Three Peaks Cyclo Cross whilst his Guinness Book of Records entry in 1978 after an

incredible 271 mile effort by bike and on foot along the Pennine Way in 2 days 8 hours 45 minutes is a record that still stands.

In matters arising from the 2012 AGM, Secretary Derek Black reported that the reply from the VTTA National Committee re our Group question of last year that results of VTTA events would no longer be in the back of *The Veteran* was that as '80% of the membership were not concerned' as results were on the internet. I make a personal comment here as it was I who raised the issue after more than half of those who took the trouble to attend our Group AGM last year said that they had no internet access and this included some of the stalwarts and work horses of this Group. We are, after all, an organisation for older people and we should not assume that everyone must have internet connection in order to keep up to date with our sport.

Derek then explained why this AGM had been brought forward, which was due to late notification to the CTT last year re one event which resulted in problems with names in the various handbooks. As it happened, there were no late additions this year so the Group are still down to just three Open promotions in 2014.

Hazel Matthews gave her Treasurer's report, which showed a small deficit over the previous year which was partly due to fewer event promotions with smaller fields incurring losses after costs and prizes were taken into consideration. Hazel confirmed that there were several new Honorary Life Members this year.

Our Recorder Richard Taylor gave a comprehensive report which confirmed that there had been 11 applicants for the new Performance Awards of which six were successful. Sharon Clifford with six qualifying rides and Andy Smith with five will both receive plaques at our upcoming Luncheon. Additionally Medal winners are Sue Cheetham, Richard Cary and Jamie Carson with three and Harry Haseley with two. He said that 15 mile events are now available and in fact the Group will organise one for the first time in 2014.

In the new Group Championship which replaced

the BAR only seven members completed the minimum of four of the qualifying events although 40 members rode at least one of the events. Seventh place went to our Chairman John Leach. Sixth was Andy Smith, 5th Harry Haseley, 4th was first lady Sue Cheetham who completed nine of the 10 selected events, whilst joint second were Vice Chairman Paul Fleming and Mick Black with the undisputed overall winner being Peter Greenwood of Clayton Velo with maximum points and he takes the 'Trader's Cup' at our Prize Presentation in January.

The Team shield goes to the North Lancashire Road Club trio of Sue Cheetham, Harry Haseley and Ian Cox.

Other Trophy winners are:

Karrimor Trophy	Peter Greenwood
Paddy Maloney Trophy	Peter Greenwood
Dobson Trophy	Peter Greenwood
Baxter Rose Bowl	Noel Healey
Ken Priestley Trophy	Harry Haseley
Crowther Shield	Andy Smith

In the new National Short Distance BAR in which our Mick Ellerton must be in for a high placing, 14 of our Group members qualified. We also had 13 qualifiers in the National Three Distance BAR which was by far the best for some years. Peter Greenwood the 2012 Champion must also be high in the final list.

We have a strong team for the six rider Group Team award which in addition to Peter Greenwood includes Mick Black, Paul Fleming, Ian Cox, Simon Phillips and Kevin Shand.

In the National BAR we have two entries thanks to Ian Cox and Harry Haseley also riding 12s in 2013.

Thirteen local Age Records were set in 2013 with Mick Ellerton updating the 10 (20:06) and 25 (52:28) at age 52, Peter Greenwood 25 (55:52), 50 (1:52:52) and 100 (3:56:46) at age 61, Ian Cox 50 (1:52:10) and 100 (3:56:31) at age 43, Mick Black 25 (56:58) and 100 (4:09:56) at age 66, Mike Westmorland 25 (58:19) and 50 (1:58:49) at age 68 whilst Sue Cheetham improved the Ladies 25 and 50 records with 1:05:54 and 2:16:53 at age 50.

Chairman John Leach said that with the 12 hour lost and now no 100 mile and only one 50 (two if you include the famous 'Circuit of the Dales' 50 which is a mountainous course and actually measures closer to 51 than that quoted!) on our 'L' courses next year, further changes may have to be made to our competitions.

Eight Senior Vets over the age of 70 competed for the Group in 2013 in descending age order Frank Kerry, John Draper, Peter Knott, Des Pritchard, Rod Goodfellow, Bill Lloyd, Neil Stirling and Harry Haseley.

The Group Luncheon and Prize Presentation will again be at 'The Crofters' on the Garstang by-pass. The date is Sunday 12th January with our Guest of Honour Brian Sunter who was the winner of the VTTA 50 Championship which was held in our area this year. Tickets are £19-50 and available from John Leach, Keith Tattersall and Terry Kay. Items for the raffle are welcome as our Treasurer Hazel Matthews offered to organise this again.

We are very happy to confirm that both Dorothy Wood and Leo Wall are now Honorary Life Members and we welcome two new members - Shaun McHugh of the North Lancs Road Club and Jon Evans of Ulverston.

Our two previously reported casualties are making good progress with Ruth Smith improving and back home again and walking now with sticks and Frank Kerry is back on his bike after his accident.

Chairman John confirmed that Group members are very welcome to meet again on New Year's Day around 12:30pm in The Plough at Eaves near Barton.

Hazel confirmed that Group subs this year are £12 for a single and £13 for a joint - as Recorder Richard quipped - that's cheap for a sliff!



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The Brafman Cup



The Association has three trophies which are awarded to nominated events in rotation; they are the Strevens Memorial Trophy, the Brafman Cup and the Pett Cup.

Next year, the Strevens Trophy will be awarded to the first on Standard in the Midlands Group 10 on Saturday 12 April.

The Pett Cup will be awarded to the first on Standard in the North Midlands Group 25 on Sunday 10 August.

The next in line for the Brafman Cup is iWest Group. The difficulty is (or was) the West Group doesn't run a 30.

The solution has been found by including the event within the West London CA 30 which is to be held on Sunday 11 May, using

course H30/1 which incorporates the A4 between Thatcham and Theale with the Headquarters at Padworth (Aldermaston).

Many of the clubs affiliated to the WLCA have members in West Group and in London and Home Counties Group and so the coming together of the three parties is reasonable!

Veteran entrants who are members of clubs affiliated to the WLCA and are members of the VTTA will be eligible for awards from both events. Members of the VTTA will be eligible for the VTTA awards and the Brafman cup will go to the winning club team of three on standard.

West Group's Secretary, Gordon Scott and London's Jim Burgin will join forces in the promotion.

Entries are as the CTT and VTTA Handbooks and are acceptable on line.

North Midlands

by John Scully

Yet another season has come to an end. Has the new Standards and Performance awards been a satisfactory way forward for the VTTA? I did notice, looking at result sheets, there was a good mix of young and old in top ten places, which seems to suggest the latest tweaking of the allowances are fairer. If the feedback is favourable regarding the latest Standards and PAs, then I believe the Organisation can move forward and strengthen its position.

It has been unsettling for members over the past few years with the changes that were introduced. Has it had an effect on membership? Well I'm not sure, but the North Midlands membership is down from 160 in 2012 to 122 in 2013.

Congratulations to Win and Jim Goodwin on celebrating their Diamond wedding anniversary a few months ago. Jim has been a member of the VTTA for many years, and is well known for his racing achievements including age records. Although a member of Notts and East Midlands Group, Jim has a close relationship with the North Midlands Group and his entertaining speeches at our luncheons have been an amusing addition to the proceedings. Both Jim and Win also have helped out at many of our events over the years. Many thanks to them from the Group.

It was a decent turn-out for our 10 in October the last event of the season. Ron Hallam was back in form taking BOS with +7:50 (24:59). North Mids riders in the top ten OS were; George Lascelles +6:23 (22:51) and Alan Steward with +5:45 (22:57). Fastest was Nick Cave of Lutterworth CC with 19:59.

Sadly, I have to report on the death of George Lascelles on Sunday 27th of October. Apparently, he was out on his bike and had a heart attack and collided with a stationary vehicle. He was taken to hospital where he was kept in an induced coma until Sunday, then it was decided it would be best to allow George to pass away. Condolences from the

Group to family and friends of George.

On the social front, by the time you get this issue we will have had our annual luncheon and prize presentation. Social Secretary Alan Sides invited Joe Summerlin to be Guest of Honour and we are pleased to say that Joe said yes!

In spite of the efforts of some of the Group's members to obtain courses successfully on the A1, it seems that the Nottingham police have voiced their objections. Discussions are ongoing but the general feeling is that the police would like to see us off it.

As you may have gathered from my September report, I shall be standing down from the post of Press Secretary in December. I would like to take this opportunity to thank all who have taken the trouble to read my contributions to *The Veteran*.

That just leaves me to wish all members a very Merry Christmas and a Safe and Happy 2014.

Nottingham and East Midlands

by David Herd

The last two months of the 2013 active time-trialling season proved to be warm and dry and on the whole it turned out to be a fairly good season. I read with interest in the September copy of *The Veteran* the report from my fellow scribe Barry Williams from South Wales who has been cycling on the same roads as me in Houston, Texas; it's a small world.

I have prepared a small chart of the top twenty riders in the over 50s Leicester Series. Congratulations to Michael Wills, Hinckley CRC, who is in first place with 490 points from seven rides. The full lists in each of the categories can be found on the Melton Olympic website. Please note that Bill Stanley will be standing down from the recorder role in the near future and on your behalf I would like to thank him for his dedication and hard work in compiling the results of this interesting competition.

Karen Brooks from Lincoln Wheelers promoted the Lincolnshire RRA 25 on the 11 August using the

C25/30. Set in and around Bardney it was brought back into use again this season. According to the reports from my seven team mates who rode the event, the course is sporting, challenging, interesting and most importantly was enjoyable to ride. Joel Wainman, Team Swift, set the fastest time of 54:10, with group members Ian Dalton, Cherry Valley, 4th place fastest 56:21,+12:10; Sean Hunt, Lincoln Wheelers CC, achieved 8th place, 59:06 +11:29. Group members John Needham, Alford Wheelers CC, did very well in taking the best on standard from an actual of 01:06:00 and a +16:30.

Leicester Forest CC 10 on 24 August saw James Perkins, Team Zenith, fastest on 20:13 with Peter Lavine, Coalville Wheelers, the fastest NEM Group rider on 23:31 +3:55. In his first season of time-trialling, James Westward of Witham Wheelers recorded 23:53 +2:25, with team mate Bill Harrison continuing his good season on 24:06 +3:14. Other group members' times: Nigel Finch, Mercia CC, 24:14 +3:12, Russell Gent, Melton Olympic CC, 24:17 +4:25, Nev Bray, Coalville Wheelers, 24:34 +3:58, Paul Fairy, Witham Wheelers, 24:35 +2:35, Ben Waddington, Leicester Forest CC, 24:58 +1:20, Martin Lister, Witham Wheelers, 24:59 +2:45 Greg Hodges, Coalville Wheelers, 25:34 +2:49. It was nice to see Roy Oakes competing again with an actual of 25:41 +3:01, Ron Hallam South Pennine came top of the standard rankings with a +5:30 from an actual of 26:53 and finally David York Ratae RC 27:15 +0:23.

The Coalville Wheelers 25 mile 2up, which in the past was what I remember as the 'Grand Prix de Gents', attracted a small field this year with Shaun Eden and David Ellis Mapperley CC taking the honours with 56:17. Group members Peter Lavine and Nev Bray from the promoting club in 9th place 1:04:50.

In the Burton and District CA 100 on the 1st September, Charlie Taylor, South Pennine RC, was fastest with 03:35:39 with Nik Bowdler Team Pedal Revolution.co.uk a close second on 03:36:06 and group member Colin Parkinson South West RC well under the four hour mark on 03:54:11.

The Lincolnshire RRA 30 mile Championship promoted by Boston Wheelers on the same day saw Julian Ramsbottom, Scunthorpe Poly CC, set the fastest time of 1:06:02 +13:46 with Cherry Valley RT's Ian Dalton coming in 3rd with 1:07:03 +16:24 and Ian's team mate Jim Boyle in 5th position on 1:07:35 +17:07 giving him 3rd place on standard. Ian Pike, Fenland RC, 1:09:24 +12:49 shared 8th position with Richard Walker, Scunthorpe Poly, (+9:48) on the same actual time. John Needham Alford Wheelers took 1st place on standard with +21:20 from an excellent actual time of 1:17:42.

Unfortunately the ANDCC 25 on the ninth had to be reduced in distance to 23:20 because of road works. NEM group secretary Russell Gent, Melton Olympic CC, the fastest member with a 59:09 and not far behind Clare Ella, Born to Bike, the fastest Lady on the day with 1:01:25. The overall winner was senior Matt Sinclair, Lutterworth Cycle Centre RT, 49:39.

On the same day as the ANDCC event, Trent Valley Road Club ran their 25 mile TT which was based on the Saxilby to Harby course. This was the first memorial event to be held in memory of Andrew Ridsdale who tragically lost his life when being struck by vehicle from behind on the 18 March 2012 aged 44. Ian Dalton, Cherry Valley, was the fastest NEM group member on 56:52. Martin Lister, Witham Wheelers CC, and I were well down the order on 1:08:53 and 1:10:02 respectively and 76 year old VTTA North Midlands member Robin Maclagan with 19:04. Prizes were presented to the following vets on Standard. Derek Roe, Team Swift, +8:05 (1:03:53), Dave Betts, Team Swift, +8:03 (1:00:23) Paul Mapletoft, Kiverton Park CC, +6:53 (1:00:57) and David Butler, Lincoln Wheelers CC, +6:33 (1:01:41).

On the following Sunday, the same Saxilby to Harby Course was used by Lincoln Wheelers who promoted Round 7 of the RTTC Series. On a very wet morning with a high number of non-starters, Steve Berry, Team Swift, was fastest with an actual of 31:29 +4:18 in the Vets Actual Time section of the 14 mile course. In the Vets' target time, John

Woodburn, VC Mendon, took the honours with an actual of 38:37 against a target time of 45:33 +6:56. In the same category, Geoff Platts was 2nd with an actual of 33:04 against a target time of 39:56 +6:52 with Graham Green 3rd with an actual of 38:43 against a target time of 43:36 +4:53.

In the Women's event Clare Ella, Born to Bike, was fastest with a 38:04 just beating her target time by +0:09, Kathy Platts, MG Décor, came in with a time of 42:08 just outside her target time of 38:30 - 3:38.

Such were the damp and cold conditions, the Time keeper, Keith Carlton collapsed before all the riders had set off. Start marshal Lou Hanslow employed his first responder skills until the ambulance arrived and Sean Hunt, Lincoln Wheelers, who was due to be the next rider to go, helped out by pushing off the last few. It was pleasing to hear that Keith soon recovered and was back to his normal self.

It was nice to see and speak to Dave Pike of Sleaford Wheelers, who has been treated for prostate cancer and who has made a full recovery. Also, best wishes to his wife Ann who is also steadily recovering from illness. We need to thank both of these super troopers for turning out to marshal on this awful day.

For the second time this season, Melton Olympic promoted an event on the new A25/32 course starting at Flintham going south along the A46 to Stragglethorpe and returning north to Farndon. Malcolm Mann acted as event secretary on what could be called the NEM VTTA Group's flagship event for the 'The Bert Christian Memorial Trophy'. The event received 81 entries and despite a strong headwind on the outward leg, there were some fast times and PBs achieved. Senior riders took the first three places with Matt Bottrill drag2zero out on his own, setting the course record with a remarkable 47:52, Matt Sinclair Lutterworth CCRC 50:13 and Adam Gascoigne Pedal Power 51:00.

VTTA members' best on standard included some familiar faces; Ron Hallam South Pennine 1:07:11 +17:05, Geoff Platts MG Décor 53:50

+15:59, Ken Stevens South Pennine 01:09:05 +15:11, Graham Green MG Décor 59:15 +14:51 and Barry Charlton Swinn Lyme RC 52:51 +14:35.

Fastest Lady on Standard was Clare Ella Born to Bike 01:02:52 +9:31 and the three super vets from South Pennine's Ron Hallam, Ken Stevens and Dave Bates 59:51 +12:07 took the team prize on standard.

In what was for many riders their final event of the season the Ratae RC 25 on the 28th turned out to be fairly warm for the time of year and despite a battering cross-wind some fast times were achieved. Adam Gascoigne, Pedal Power Loughborough, was fastest with 51:42, just pipping 2nd place Matt Sinclair, Lutterworth CC RT, on 51:44. Steven Howgill, Leicestershire RC, was in the top ten placing overall on 57:43 and 3rd on standard +10:19 with Mark McCartney, Notts Clarion, not far behind with 59:16 +9:10, Steve Boat, Welland Valley CC, 1:01:57 +6:55, Nev Bray, Coalville Wheelers, with a 1:05:36 +7:08. Gail Summerlin was 2nd in the Handicap with 1:41:06 +20:25.

The Annual Luncheon and Prize Presentation will be held on Sunday 26th January 2014 at Cleve Lodge, Elm Avenue, Long Eaton, Notts NG10 4LR, 12 noon for 12:30 pm. Further details and tickets from Joe Summerlin, 19 The Paddocks, Sandiacre Notts NG10 5HQ. Tel: 0115 9398984. Please support this event.

In the next edition I will provide a run-down on the 2013 Season, the AGM and NEM Bar results.

South Wales

by Barry Williams

It's November, it's raining and I am just returned from sunny Mallorca. It's back to the old cycling routine, splashing through the Vale of Glamorgan farm lanes, water and falling leaves have blocked some culverts, farmers cutting hedges sprayed the wrong type of thorns that cause punctures, plus lots of mud from tractors. With all this stuff in the mix, it

cannot be the greatest time of year to ride a bike.

It is, however, the time to look back on the action from summer 2013. I have sent in our national claims for the VTTA's annual competitions and I have to say that there has been a disappointing response from our members for these contests. I guessed that the new "Short Distance" challenge would be popular because the average of the two best 10s and 25s could be easily attained by anyone doing regular time trials. The claim forms were easy to download from VTTA website, but unfortunately returns have been small in number. Perhaps we did not give the contests sufficient publicity. Additionally, the change in the age standards has virtually killed off the old standard award system in which everyone enjoyed the challenge and understood their required targets for the year.

On the plus side, all six trophies from the VTTA South Wales cabinet have been won by our members in 2013. Starting with the 10 Mile Cup held in conjunction with Pontypool RCC event on 18th August, John Shehan Bynea CC posted a competitive 23:14 +5:28 only to be shaded out by your correspondent with 24:50 +5:50.

The Cambridge Cup for 25 held in conjunction with Ross on Wye & District 25 on 14th July was held in the midst of the 2013 heat-wave, Dave Brice Bynea CC posted 54:37 +13:37 but Hugh Davies Port Talbot Wheelers revelled in the conditions to produce 58:13 +14:31 to lift the cup.

Our 50 trophy was again held with Cardiff 100 MRCC event on 4th August. Sadly, the summer heat-wave had passed to be replaced by the more usual wind and rain. This must have been more to Dave Brice's liking as he recorded 1:56:13 +24:41- a winning effort in the conditions which in particular slowed the latter half of the field.

The WCA 100 on August 11th witnessed another close contest between Dave Brice and Paul Coleman with Paul reversing their 50 mile form in pulling out a superb 4:02:12 ride, a plus of 56:31 to collect the cup.

The Coleman family certainly have a talent for

long distances with Paul's young son Dan posting a magnificent 280.75 to claim top Welshman in the WCA 12; Paul himself was not far behind with 266.67 +68:60 to take our VTTA South Wales CW Alexander 12 hour Trophy. Others in at the finish were Bob Jones, Cardiff 100, with 230.63, commendably having fed and watered himself without assistance throughout the day and not forgetting Dave Unsworth, Hereford & District, with a tenacious 187.51. In the 12 hour, getting a score on the board is the name of the game and we are justly proud of all those who succeeded.

Our BAR Trophy used to include the 12 hour, but lack of entries during recent years has caused the change to BAR three distances 25, 50 and 100. This year's winner, carried by excellent performances at all three distances but more especially at 25 has fallen to Dave Brice Bynea CC. Congratulations to you Dave, you are our Best All Rounder for 2013.

Derek Morgan Gannett CC has helped me with the new performance award scheme, I understand he circulated members with details of changes from the old standards, but responses have been disappointing, as have claims for VTTA 2013 contests. I would thank Derek for his efforts, but I have to say that if VTTA South Wales is to survive with its six magnificent trophies donated over many years by enthusiastic members (now no longer with us but still here in spirit), action is required! I have done my best, all our trophies are engraved up to date including 2013 – Now; to keep VTTA South Wales on the road, it's over to you, the members!

Somebody must put their hand up. We need a secretary to keep our records and organise an AGM – we need a regular time triallist who attends most events to collect subscriptions and we need a member to organise an annual prize giving. I cannot do all these things, I am happy to remain as treasurer and scribe, but help is essential to keep this organisation ticking –If no volunteers are forthcoming, I am not sure of the outcome, I will seek advice, perhaps there will be no option other than to attempt amalgamation with an adjacent area.

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Wessex

by Peter Warhurst

We are really chuffed in this neck of the woods to hear that our phenomenal 69 year old Terry Icke is the winner of the inaugural National Short Distance Competition.

Incidentally, wearing my Group Recorder's hat, I was a little red-faced to have to confess at the Group AGM that I was unaware of its introduction. Obviously I must pay more attention to the minutes of the National AGM in the future!

At the time of drafting these Notes, when checking the CTT result machine for any late surprises from Terry I noted that in his return of statistics for this and our Wessex competitions Terry had omitted to cite that in the late season Yeovil 10 he had equalled the national age 69 record with 21:12. It would seem to follow that his winning margins should be a tad higher.

In my years as Group recorder I had become well used to dealing with National age record claims from John Woodburn but never imagined that we would have another somewhat aged gentleman treading on his heels. Including his 25 and 50 age records this year, Terry has registered six National age records in four years, some with times overtaking those of John.

The 2013 Wessex Group BAR winner is Sotonia CC rider Colin Yeates. At age 54 his times were 59:12, 2:01:50, 4:11:12 and 255.05m: His effort would no doubt have been topped by Nik Bowdler who set new Group age 44 records at 50, 100 and 12 but somehow failed to finish a 25.

Financially we have survived the introduction of Performance Awards, which in most cases do not demand the necessity for improvement of times, with only a modest increase in the numbers paying the fee to enter. Fingers crossed we hope that tinkering with the age standards is now finished; especially as most to whom I speak in this area thought the whole exercise unnecessary.

It was most disappointing that there were only six of us at the recent Group AGM but the really good news is that Ken Blowe's health has improved

to such an extent that he is soldiering on as Secretary/Treasurer for at least another year. The meeting also took the risk of having me as recorder again.

The Group prize presentation Lunch has been booked for Sunday 9 February 2013 (noon for 1pm) at the Lyndhurst Park Hotel, Lyndhurst. This proved to be a first-rate venue for our gathering earlier this year so we hope for extra numbers next time round. The cost is likely to remain at £17.50 per head. Jolly good value in these straitened times. The usual notifications/ booking forms will be sent out early next month.

Yorkshire

by Malcolm Cowgill

Well, that's it for another year, marginally better than last; at least we had a few days of sunshine. Our last event of the season, Steve Gaunt's 10, was held on not too bad a day, far better than the pouring rain of the day before. The course was Arkendale – Walshford on the A168 as last year, after Steve moved it from the A19 in the wake of the death of Len Grayson. It may not be as fast as the A19, but surely it's about competition isn't it? The winner was Chris Yates (56), Otley CC, with a great ride of 22:40 +4:34. It was a narrow win by five seconds over Blair Buss (48), Team Swift, 22:07 +4:29. Third place was taken by Ged Millward (48), Ilkley CC, 22:09 +4:27, just two seconds further back. So just seven seconds covering the first three. You could say it was close. Also in the top ten was our new 24 hour champion Peter Yates (80), Otley CC, 27:55 +3:42; one place behind was our Chairman Bob Tate (70), Leeds Westfield, 25:55 +3:07. Best lady was Alison Sarmiento (44), Harrogate Nova, 26:59 +1:25. The team prize was taken by Team Swift, Blair Buss leading Steve Gore-Browne (45), 22:21 +4:02 and Wayne Thorpe (43), 23:39 +2:57. The Brafman Cup, which the National Committee awarded to our 10 this year, was taken by the Otley CC as the fastest team of three members of the

VTTA, Chris Yates and Peter Yates being joined by Stephen Broadley (59), 26:20 +1:12. The fastest ride of the day was set by non-Vet Adam Duggleby (28), Wheelbase, with a rapid 21:01. So that was it; a field of only 57, but the competition was keen. Our thanks to Steve Gaunt, who will also promote next season and thanks too to his team of helpers.

Now a word regarding our promotions next season. There have been a couple of alterations to the dates given in the last issue; Mike Williams' 10 will now be held on 5 April. The 25 has been taken over by Andrew Vaughn and will be held on 29 July. Steve Gaunt's 10 remains on 6 September as stated in the last issue.

Sadly, news of yet another accident. In the YCF 25 which was being run on the new piece of the A168 north of Dishforth, a female motorist, thinking she was on a dual carriageway, pulled out to overtake and carried on down on the right and hit Steve Woodrup, Yorkshire RC, coming the other way. By some miracle Steve has survived, but has sustained a broken leg, fractured knee-cap and a shattered elbow, plus a blow to the head. He is surprisingly cheerful and I'm sure we all wish him a good recovery. Our district seems to have had more than its fair share of accidents and fatalities in the last few years. Our sport would appear to be getting more dangerous than Formula 1.

On a more cheerful note, our Rideout Lunch was a good do once again, The usual twenty-nine were there, one year older, and our thanks to John Churchman for arranging the occasion. After some discussion, it was decided to continue with the lunch, but to put the date back one week, in the hope of getting more people to attend; so the date for 2014 will be 26 October, the last Sunday of the month. The price will remain at £12. Once again, our thanks to John for his efforts.

Next a reminder of the Annual Lunch and Prize Presentation at The Bridge, Walshford. Tickets are now available, price £21, from Mickie Hornby (01904 766113). Our Guest of Honour will be Billy Holmes. As I mentioned in the last issue, the date will be 19 January, so come along and give Mickie your

support. Don't let this excellent function go down the drain. Our BAR Championships for 2013 have been dominated by John Dewhurst (50), East Bradford CC. He has won our four-distance BAR with +67:30. In second place is Peter Yates (80), Otley CC, with +56:00. Third place was taken by Andrew Asquith (48), Bridlington CC, with 55:04. John Dewhurst was also actual fastest with 26:586 mph.

Our short-distance BAR was taken by Peter Yates with +17:24. In second place was Andrew Asquith with +16:33, who was also actual fastest. In third place was Ged Millward (48), Ilkley CC, +16:22. Our ladies BAR is Karen Taylor (47), East Bradford CC, with +26:36.

Our trophies for 50, 100 and 12 hours, which are awarded for the best performance on standard over the season, were taken as follows: Brian Sunter (69), Condor CC, took the 50 with +36:57; Brian also won the VTTA National 50 title. John Dewhurst took the 100 with +63:05 and the 12 hour with +71:86. Peter Yates took the 24 hour trophy with +142.38, which of course was a national age record and Peter also won the National VTTA Championship. All this, of course, means that our Annual Prize Presentation is going to be relatively short!

Now some sombre news. Stan Mills, Yorkshire RC, ended up on hospital with heart problems; my information is that he has had a pacemaker installed. I am sure we all wish Stan a speedy recovery.

Our Annual General Meeting took place early in November on a miserable wet day. The usual seventeen hardy souls attended, the same number as last year! Our membership continues to drop, down from 177 to 154, which includes 16 Life and 12 Honorary Life Members. Our Treasurer, George Young, stated that although there was a small drop in funds, our finances were sound. It was therefore agreed to keep the subs at £11 and £13 for couples in 2014. Cliff Ralphs, our CTT delegate, reported that one motion on safety submitted to the CTT District AGM had not been accepted for discussion, the reason being that it was not specific. Your

officials for 2014 remain the same as this year with the exception that Karen Taylor takes over from Bob Tate as Recorder. Our thanks to Karen for taking over and thanks to Bob for all his work over the years as Recorder; Bob will of course continue as our Chairman.

The new performance awards over 10 and 25 were discussed and it was decided that as far as the Yorkshire Group were concerned, we would not be running them. It was felt that the standard awards were sufficient. The date of our next meeting will be 4 August 2014 and the next AGM will be 8 November 2014, both meetings to be held in Collingham. The fact that non-VTTA members had been given standard prizes in our events was raised. This seems wrong when we are trying to encourage new members. After some discussion, it was agreed that only VTTA members should be awarded standard prizes in our events. This led to it being mentioned that one of our Yorkshire Group riders has a claim in for a National Age Record for mixed tandem; apparently it would seem that he is not a VTTA member this year, so this again seems all wrong.

So that was your AGM. Thanks to those who attended, we are now all set for next season. Thanks once again to all your officials for their work over the past twelve months.

That's it for this year. Next year, of course, we will have the Tour de France Grand Depart in Yorkshire. The route has been announced and Chris Froome is worried about the cobbles in France; he ought to be more concerned about the state of Yorkshire's roads and the fresh granite chippings that have been thrown down on the Buttertubs Pass! He should be thankful they are not having a prologue TT on the A168 up the red wall into a headwind!

Football is in full swing, England have beaten Outer Mongolia or somebody – where will it all end – not in the final that's for sure. All that remains is for me to wish you all a Merry Christmas and All the Best for next season. I'm off to the sun to get my tan back – see you up the road.

East Anglian

by Mary Horsnell

Congratulations, first, to Rob Pears of West Group, who has almost made a clean sweep of National Championships in 2013. In the 10, he was run close for BoS by Eric Marsh, who has produced some astounding rides at age 83. Another of our over-80s who shone was Peter Baumber, who led the winning Cambridge team. Most readers by now, will have heard of the cancellation of this event. When the first twenty were finishing, cones were being put out on the course and all the pleas of the organiser were to no avail. The re-run cost the group a lot of money, especially as the CTT rules insist that another levy should be paid in spite of double expenditure and no income. The enforcement of this levy could have quite serious consequences if Event Secretaries do not cancel events in dangerous conditions for fear of heavy financial loss and could also mean that even fewer members are willing to take on these responsibilities. Again pleas were to no avail and the Event Secretary deserves all praise for coping with the situation, but can't have been encouraged by having 49 non-starters in the re-run!

The final event was the Leo 30 Alan Shorter Memorial incorporated with the Group 30. It was obvious that one Hutchinson would be the fastest rider and claim the fantastic trophy, but Rob Pears again made a successful foray east to take second place and fastest Vet, with his wife the Ladies' winner. This time Eric did not hang about, but took BoS with a new National Record, he and Ken Platts preventing a total whitewash by visitors in the age group categories. Inexplicably, on a reasonable day, there were 26 non-starters. Chelmer were team winners with Event Secretary John Golder, Chairman Peter Horsnell, backed by Ann Shuttleworth, who has so ably filled the gap created by Antony Stapleton's 'defection' this year – so all's well that ends well!

So onward to the Annual General Meeting, where a good year was reported despite our heaviest financial loss to date. Do members realise

that if they do not collect their awards, the group will have a large bill for these items to be posted? The engraving alone costs nearly £2000 and then the trophies unclaimed are put back into storage. It's a seemingly endless task for the Group Recorder Tony Clarke and his wife Sue, who mastermind the prize-giving in addition to their other tasks.

Two key figures missing from this year's meeting were Treasurer Christine Yareham and Age Records Secretary Eddie Fone, the latter recovering from a road accident – his little jokes were missed, while Christine's back had given out earlier in the day, so that Dougie was unable to receive the Gordon Irons Trophy for service to the Group, which will be presented later.

Group Recorder's Report 2013

Lionel Lincoln Shield.

Ken Platts, Chelmer CC is the Group Best All Rounder for 2013 over 25, 50, 100 and 12 hours with a plus of 78:00 . He narrowly beat Peter Horsnell, Chelmer CC (+69:03) and John Golder, Chelmer CC (+59:52): Ken also won the National BAR.

Harry Haynes Shield.

Ken Platts also Group Champion over 10, 25, 50 and 100 with a plus of 74:31, beating Steve Irwin, Kingston Wheelers with +68:51 and Peter Horsnell with +67:44. The Chelmer CC (Peter Horsnell, John Golder and Ann Shuttleworth) won the team competition with +177:29.

Ken Platts also won the Group Three Distance Competition over 25, 50 and 100 with a plus of 56:18. Second was Peter Horsnell with +52:11 and third was Steve Irwin with +50:06. Ken also won the National Three Distance Competition.

Syd Parkinson Cup.

The Group Ladies Best All Rounder over 10, 25 and 30 was Tricia Goulden, West Suffolk Wheelers & Tri Club with +44:33 . Second was Ann Shuttleworth, Chelmer CC with +40:50 . There were only two entrants this year.

The new Short Distance Competition over two 25s and two 10s was also won by Ken Platts with a plus

of 71:55 . Second was Steve Irwin with +70:79 and third was Dave Lazenby, Baines Racing Silverstone with +61:21 .

All the above competitions are calculated using the new proportional system which adjusts all the plusses to a common base of 25 .

There were four qualifiers for the Group BAR this year, which is a decrease on last year's total of six. The number of qualifiers for the Group Four Distance Championship is 11 against 16 last year.

The East Anglian Group (six riders to count) had insufficient riders for the group competition in the National Four Distance BAR. Chelmer CC (three riders to count) won the Club Competition.

The East Anglian Group had 11 qualifiers in the National Three Distance Competition. The Group (six riders to count) won the Group Competition. Chelmer CC (three riders to count) also won the Club Competition.

Ken Platts started the season hoping to make the first 12 in the BBAR, having achieved this 40 years ago. In spite of improving his 1973 average, he did not quite make it; but it was a near miss – 15th place – well done!

With the group having won both individual and club team awards in the BAR, it was a shock not to qualify for the team of six. This may have been lost by default as others have done the rides but not claimed.

The Group's 2014 time trial programme (arranged by John Golder)

Saturday 29 March	Group Circuit 25 (+Tandems) E33/25	Eric Angell
Sunday 27 April	Group 10 * B10/38	Ron Back
Saturday 24 May	Victoria 10 (inc Group 10) E1/10A	Christine Yareham
Saturday 21 June	Victoria 10 (inc Group 10) E1/10A	Christine Yareham
Sunday 22 June	ECCA 100 (inc Group 100) E2/100	Peter Smith
Saturday 28 June	National VTTA 25 E2/25	John Golder

Saturday 28 June Open Ladies 25 (BBAR)
E2/25 John Golder

Saturday 5 July Group 25
E2/25 Paul Hirst

Saturday 26 July Victoria 10 (inc Group 10)
E1/10 Christine Yareham

Saturday 9 August Group 10 (+Tandems)
B10/43 Barry Freeman

Saturday 23 August Victoria 10 (inc Group 10)
E1/10A Christine Yareham

Sunday 31 August ECCA 12 (inc Nat & Group 12)
E12/12h Dave Nock

Saturday 6 September Group 10
E2/10 Keith Dorling

Sunday 21 September CC Breckland 50
(inc Group 50) B50/18 M Martin Badham

Saturday 4 October Leo 30 (inc Group 30)
E2/30 John Golder

It was pleasing to see some fresh faces at the meeting, also at the lunch which followed, although more would be welcome at one or other - preferably both. The efforts of the organiser Ian Mackenzie (who acknowledges much help from his wife) are very much appreciated; also the effort put in as MC by our very own Bruce Forsyth aka Mick Gambling, who has become a fixture at these gatherings. Ann Shuttleworth presented the awards, quite an effortless task after riding to the venue. Her achievements this year are worthy praise again, as well as those of other young group members Corinna Francis and Claire Lee; they, plus Mary Bower (not yet a Vet) have claimed the title of team winners of the Women's BBAR for the Chelmer CC.

Among those present were other ladies who have made headlines in the past; namely Pat Player (wife of our worthy Secretary), Connie Tapper, who

is still receiving awards, and Olive Forsbrook, who has recently stepped down after 29 years as President of the Wolsey RC. Altogether, she has a record total of 75 years service to the Club in various capacities and well deserves the new honour which has been created for her, that of Lifetime Vice President. Olive was, for a long time, Press Secretary and Editor of the Newsletter before handing the Newsletter over to Pat Pepper, who carried on with this excellent publication assisted as always by Mick, who eventually took on the whole responsibility and continues to this day, making as total of 17 years of involvement; their Club has indeed been fortunate with the number of long-serving officials.

While mentioning Mick, who is the Group's archivist, it should also be mentioned that he does not get much support in this role and that the albums so religiously kept up-to-date by our founder Herbie Neville are becoming sadly depleted. So please don't be shy; if you have any photos or press cuttings suitable for inclusion, do please send them along.

The good news is that, in spite of any problems they may have, all officials are willing to carry on next year. It seems increasingly difficult to cope with new members coming in from far and wide – have they considered joining their local group I wonder? Maybe it is the lure of a fast course, but it is difficult to give support with marshalling and other duties if you live at a distance. That could be a thought for the coming year.

With all Good Wishes not only for the Festive Season, but the season which follows

See you up the road.

True Church Bloopers

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Don't let worry kill you off - let the Church help. For those of you who have children and don't know it, we have a nursery downstairs.

Ladies, don't forget the rummage sale... It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.

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Gatorskin	£34.95	Jet Spec 19mm	£34.69
Tempo	£44.90	S3 Lite 135mm	£53.64
		S9 Lite 125mm	£50.99
		S3 Lite 195mm	£42.49
		S3 Pro	£27.53
		S3 Lite 215 blk/blue/red/grey	£42.49

Cont. GP4000 £25.49 & GP4000S Clincher fold £27.53

Jantex Tape	£2.65
Tufo Extreme tapes + sealant (each)	£4.95
Conti 4 season Vectran & Supersonic tyres	£24.96
Michelin Pro race 3 folder	£30.14
Panaracer Pasela Rigid all sizes	£16.60
Panaracer Folders 23, 25, 28mm	£24.01
Swalbe Ultremo	£23.95
Swalbe Stelvio 180 grm	£39.50
TufoElite Jet 160 grm tub & tyre	£51.03
CS3 Pro + S3 Pro tub & tyre	£27.53
CS33 Pro tyre & tub	£20.38
CS33 special 700 x 21mm	£30.59

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London & Home Counties

by Peter Tasker and Jim Burgin

The racing season is over for another year, the bikes put in storage and the old winter hack bike is out for winter weather riding to keep the fitness up along with the joy of those cups of tea and cakes at the local hostelrys with fellow cyclists, or may be a beer or two at the local pub. I see many others of all ages around the lanes during the week and more so at weekends and quite a few having their food intake at the tea stop.

Incidentally the season of Cyclo Cross is with us and the Icknield Road Club has for the last few years promoted an event on a School Sports ground under BC Central League Rules etc. It really is interesting as you watch eight year olds, 10 year olds and those up to 18 competing against each other on the wet and slippery ground either riding or running, they are really competitive. For the older groups including vets 50 and over it really is a different picture, the more mature men and women are still very competitive but what they lack in fitness, they make up with enthusiasm. The fit seniors show how it should be done; well a few do as they race away at the front of the field.

On the 10th of November the Group had its AGM at Great Missenden. It was a lovely morning but it didn't get off to a very good start. The place was occupied by some sort of Judo function and to prevent intruders, they had locked out the VTTA Londoners – it took some doing to get them to open up and we couldn't afford to upset them – not with all those black belts on show!

We managed to get under way in time to do the two minutes silence at 11:00 before business commenced.

Fifteen (15) were in attendance to hear the Secretary reporting on a successful year which celebrated 70 years of existence and the promotion of five ten mile events and a 25, plus the promotion of the National Championship 25. One of the 10s had to be cancelled at very short notice due to

roadworks on the course.

In 2014 the Group is to promote the National Championship 10 and, thanks to the Hounslow and District Wheelers, the National Championship 100.

Subsequent to the publication of the last issue of *The Veteran*, four new members have been welcomed: they are: Adam Quilter, David Haggart, Nick McCormick and Paul Gould.

Group membership is 223 (including 'doubles') and 51 new members joined in the year to date, an increase of 21 over 2012. The Group has 13 Honorary Life Members and three Distinguished Life Members.

Honorary Life Membership was awarded to Connie May and Brian Major. Connie claims that she has ten years to go really but wanted to be sure that stocks didn't run out.

A proposition to increase subscriptions was defeated and so they remain at £12 and £14 for 'doubles'

The only change of officials was the retirement of Stewart Boucher whose role as Recorder has been taken over by Geoff Perry, the Records Secretary. Jim Burgin takes on the job of Awards Secretary and is standing in as Social Secretary pending a volunteer coming forward.

The Group BAR Champions are Tim Davies, Andrew Halliday, Robert Gilmour, Stephen Campbell, David Rogers and Katja Rietdorf. Katja also won the Women's BAR.

Nineteen Group Records were set, five of them on the track by 84 year old John Lee.

The minutes can be read on the web site, along with recent minutes of Committee Meetings.

The VTTA has three trophies which are awarded in nominated events in rotation; they are the Stevens Memorial Trophy, the Brafman Cup and the Pett Cup. Next year, the Stevens Trophy will be awarded to the 1st on Standard in the Midlands Group 10 on Saturday 12 April. The Pett Cup will be awarded to the first on Standard in the North Midlands Group 25 on Sunday 10 August and the next in line for the Brafman Cup is in a West Group. The difficulty is (or was) the West Group doesn't run

a 30.

A solution has been found by including the event within the West London CA 30 which is to be held on Sunday 11 May, using course H30/1 which uses the A4 between Thatcham and Theale with the Headquarters at Padworth (Aldermaston).

Many of the clubs affiliated to the WLCA have members in West Group and in London and Home Counties Group and so combining the two seems an ideal arrangement.

Veteran entrants who are members of clubs affiliated to the WLCA and are members of the VTTA will be eligible for awards from both events. Members of the VTTA will be eligible for the VTTA awards and the Brafman cup will go to the winning club team of three on standard.

West Group's Secretary, Gordon Scott and London's Jim Burgin will join forces in the promotion.

The next big day is the Annual Luncheon and Prize Presentation to be held at Aldenham Golf Club, on Sunday 26 January, 12 noon for 13:00 sit down. Guests of Honour are to be Sheila Hardy, Chairman of Cycling Time Trials, together with David Barry. Booking forms have been and are being sent out to all members.

Now for the race results to the end of the season. Firstly the missing results of the Milton Keynes tandem duo of Kevin Stokes and Geoff Perry. On 28th April they clocked 32:10 in the Team MK 15 and then on 6th May in the Group 10, 19:53 followed two days later with 19:38 in another Group 10. In August in the Derby Mercury 25 they recorded 50:04 and again a bit later in the month in the VC10 event crossed the line in 20:01 and then in the National Championship 10 finished up with 20:00 - well done to both of them.

24 August : Didcot Phoenix 10

Howard Waller	22:52	+3:50
John Dowling	22:54	+4:20
Danuta Tinn	23:56	+4:47
Andy Wright	24:35	+1:52
Peter Cockbain	27:00	+2:26

26 August : VC10

Peter Lawrence	19:53
Jim Moffatt	20:28

Tim Davies	20:54
Steve Wright	20:57
Howard Waller	21:01
John Dowling	21:12
Greg Lewis	21:55
Roger Porter	22:01
Danuta Tinn	22:05
Paul Holdsworth	22:12
Richard Moule	22:29
Dave Wentworth	23:27
Gill Reynolds	24:58

31 August : Addiscombe 10

Steve Davies	23:26
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31 August : Reading CC

Gill Reynolds	26:28
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1 September : BDCA 100

Sam Williamson	4:03:47
John Dowling	4:09:57
Jim Lacey	4:18:13
Neil Allonby	4:16:47

(Tim Davies punctured at 85 whilst inside a 3:50:00 schedule)

8 September : Port Talbot Wheelers 25

Peter Lawrence	50:19
Andy Halliday	52:20
Danuta Tinn	56:12
Peter Harridge	56:44
Peter Cockbain	1:00:52
Jill Bartlett	1:03:09

8 September : Didcot Phoenix 25

Stuart Simmonds	58:40	+10:25
Peter Tantrum	1:00:27	+7:23

15 September : CC Breckland 50

Peter Harridge	2:02:37
Dave Solomon	2:25:13

22 September : NDCA 10

Tim Davies	21:51
Howard Waller	22:01
Geoff Perry	22:50
Alan Crane	23:16
Richard Moule	23:50
John Hassell	27:39

23 September : WLCA 10

Peter Cockbain	27:02
Les Morris	28:01

6 October : East Anglian VTTA 30

Jim Moffatt	1:01:09
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Andy Halliday
Westerley CC

Richard Moule	58:44	+10:35
Stuart Simmonds	58:56	+9:18
Keith Downie	59:55	+6:05
Vince Dey	59:57	+10:41
Andy Jones	1:00:44	+7:58

Looking back over the past eleven months, it has been an interesting year: a memorable Luncheon back in January, and an outstanding Don Byham Memorial 10 on the May Bank Holiday. That followed by a Championship 25 to be proud of, a couple of ten mile events, notable for their conviviality and concluding with the Autumn 25, now in memory of dear old Rocco Richardson. It was a year with possibly the biggest increase in membership in the Group's history. Of perhaps the most significance was the recruitment of so many from the Westerley CC; most of them in their early years as Veterans. The Westerley has enjoyed an upsurge in members bringing with it performances that are beginning to mark it out as one of the top clubs in the London West District. Among them the particularly successful Andy Halliday, John Sullivan, Tim Childs and more. Inevitably the elders will be gone and it is will be on those comparative youngsters that the future of the Association will depend.

We look forward to seeing you at the group lunch.

Les Maybank	1:02:33
John Lacey	1:04:30
Steve Campbell	1:05:28
Roger Porter	1:06 35
Alan Crane	1:09 13
Andy Halliday	1:10:43

7 October : London Group Rocco 25

Peter Lawrence	50:21	+15:52
Geoff Powell	53:53	+14:46
Paul Holdsworth	53:57	+13:53
Steve Mead	54:39	+12:47
Rob Gilmour	55:37	+15:20
John Sullivan	55:38	+12:12
Adam Quilter	56:13	+11:13
Peter Harridge	56:50	+12:44
John Francis	57:56	+13:40

North

George Lawson

Good news, Peter Manners is back on his bike and looking forward to new season.

I am disappointed at low level of claims for our Group Competitions, particularly the new "Short distance", look on the VTTA. website for claim form even though everyone had one with "the Handbook.

One promising sign is that our two New Vets (40 in 2013) have been prominent in our Competitions with Craig Fenwick winning the BAR and the Three Distance Competition, and Howard Heighton 2nd in

the B.A.R. and 3rd in the Three Distance., last years B.A.R. winner was 3rd in the B.A.R. The new "Short Distance Competition was won by Peter Iffland ,who was also 2nd in the Three Distance.Once again Ian Hutchinson triumphed in the "Hill Climb" being Champion for the 4th time. As for the Points Series it was down to the usual suspects with Ted Scurr 1st on Standard & Handicap & 3rd Actual. Stephen Rhodes was best on Actual. Steve Fullerton was 3rd on Standard & 2nd Actual with the placings completed with a tie for 2nd on Handicap Paul Dawson & Ian Hutchinson . Once again the "Team Shield" was not awarded ,no club team finished, perhaps 2014 will see a revival since we will have Four 50s and a 100 on Teesside courses. All the best for the coming season.

Midlands

Profile of Scott Westwood

Although I'd cycled a little as a child, I did not have a 'proper' bike until I moved to a house near Cannock Chase approximately 14 years ago. Attracted by the terrain over the 'chase', I purchased a cheap MTB and it grew from there. I started to take part in MTB orienteering events and the odd race. The least enjoyable part of riding the MTB was the amount of time it took to clean the bike after even a short ride. Because of this I decided to take a look on the 'dark side' and purchase a road bike. That way I could at least get a short ride in and not have to worry about a load of mud waiting to be cleaned off the bike afterwards! It was then that I realised what I'd missed out on and it wasn't long before the MTB was gathering dust in the corner of the garage whilst the were being accrued on the road.

One of my friends at the local gym suggested that I accompany him to one of his club's time trials. I had no idea what a 'time trial' meant and was even more confused by his suggesting of putting a pair of 'clip ons' to the front of my bike. The event was the combined Wolverhampton Wheelers/Walsall Roads

CC event and I arrived with a high degree of apprehension. I did the event and, although I cannot remember the exact time, I was well placed in a large field of experienced riders. Little did I know at that time that many of the riders there would become good friends in later years. Although my friend attempted to lure me into the Wheelers, I opted for Walsall Roads as I much prefer 'red and white' to 'gold and black' (that's another story!) and I was soon enjoying club runs and the camaraderie of being in such a friendly club. My first open TT was a 25 on the K16/25 and again, arriving with my standard road bike with 'clip ons' I raised a few eyebrows when I went under the hour. It was then that I 'got the bug' and the number of events I entered increased and the speed was improving. Shortly after this I decided to take a week off work and ride from Lands end to John O'Groats. This was a solo, unsupported effort that I did in seven days and raised £1500 for Walsall Hospice in the process. In a strange way, the physical side of things seemed to become easier as the ride progressed but mentally it was pretty tough.

My results really started to improve approximately five years ago and, in the main, I put this down to smarter training via the use of a power meter and utilising the services of a coach. With a demanding job and the birth of our first child I knew I had to train more efficiently if I wanted my performances to improve. Fitting in even six to eight hours a week was fairly difficult and involved grinding away on the turbo trainer early morning or late at night with the 'longer' ride on a Sunday being two to three hours before most people were out of bed. I do feel though that this type of challenge actually made me more focused on achieving the end goal which, in 2011, was to break our existing club records for 10, 25 and 50 .

Coming from an analytical background I was amazed by the amount of science involved in both the equipment we use and the training we do. For this reason, and having the experience of being coached, I decided to do a coaching qualification via the 'ABCC' and since then I've helped a few others



achieve their goals which, more recently, has given me the same amount of satisfaction as achieving my own personal goals. It is more of a long-term ambition to do more of this on a more formal basis.

Since that first race I have achieved approximately fifty wins and maybe an equal number of top three placings. Over the past year or so my time has become even more precious as the family has grown further. I now have two sons (five years and two years) and have to travel abroad regularly for work purposes. Keeping the 'wife', 'kids', 'work' and 'cycling' plates spinning in tandem can be challenging at times, and ambitions and goals on the cycling front have had to take a hit this year and will take even more of a hit next year. My training will need to be even smarter than it has previously and goals/targets will be set accordingly. There will probably mean fewer races (which is not a bad thing from a performance point of view anyway) and they will be fairly local. My attitude

towards risk has changed over the past few years also (probably something in-built when kids come along) so races will tend to be on 'safer' courses for me also which, by their nature, may not be the 'fastest'. I guess there's a topic for debate there!

People often ask me about how they can improve their performances. I think, first and foremost, it's about making sure you enjoy what you do on the bike. At the end of the day what we do is a hobby. If social club runs/café stops and then racing three times per week because you enjoy the social side is what you enjoy then keep on doing that but it will be difficult to improve performance on the back of this. Improved performances come as a result of training smart (and recovering even smarter), which is down to doing the right sessions in the right zones at the right time in the overall plan. Set realistic goals and focus on achieving those goals.

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OVER 70 AND STILL RACING

East Anglian		London and Home Counties		Midlands	
Eddie Fone	86	John Lee	84	Eddie Smith	80
Connie Tapper	84	Brian James	83	Bernard Smith	77
Eric Marsh	83	Ron Purdy	83	Brian Taylor	75
Peter Baumber	83	Charles Jepson	83	John Griffin	75
Peter Horsnell	83	Brian Harris	79	Brian Newton	74
Mary Horsnell	82	Roy May	79	Norman Fenn	73
Ron Sheath	82	William Gladwin	78	Bob Mowat	73
Alan Nye	82	Alan Hodgson	77	Murray Kirton	72
Len Finch	81	Peter Cross	76	Phil Gambles	70
Merv Player	80	Gordon Wright	73		
Robert Bush	79	Peter Cockbain	72	North	
Terry Law	78	Jeff Marshall	72	Les Dawson	87
Jim Caplin	78	Colin Holmes	70	Mary Dawson	85
Tony Panting	78	Bernard Lamb	70	Albert Harrison	80
Ray Ross	77	Chris Vessey	70	Allen Armstrong	76
Brian Foster	76			Peter Manners	76
Geoff Allum	76	Manchester & NW		Neil Stuart	75
Ged Coles	76	Cyril Wynn	83	Keith Alderson	73
Brian Swallow	76	Graham Lawrence	81		
Ron Back	75	Peter Nelson	80	North Lancs & Lakes	
Bill Gilham	75	Ramon Hill	80	John Harrison	81
Terry Anderson	73	Derek Hodgins	79	Frank Kerry	78
John Wilson	73	Wilf Lewis	77	John Draper	77
Vince Freeley	73	Peter Hathurst	75	Peter Knott	77
Alan Hale	72	Nev Ashman	74	Rod Goodfellow	75
Michael Hennessey	72	David Hurst	73	Bill Lloyd	74
Dave Shepherd	72	David Steele	73	Harry Hasley	71
John Coles	70	Malc McAllister	73	James Lawley	71
Brian Davies	70	John McDonald	72		
		Brian Tomlinson	72	North Midlands	
		Mike Wostenholme	70	John Mould	81
				Dave Rodmell	77
		Merseyside		Fred Coupland	77
		John Maddox	82	Robin Maclagan	76
		Dave Swales	81	Edward Bark	76
Kent		Andy Durber	79	John Smith	75
Bob Loader	80	Ben Griffiths	79	Brian Waslidge	75
Les Hayman	80	Herbie Roberts	76	Geoff Hague	74
Roy Manser	79	Dave Eccleston	76	Colin Taylor	74
Laurie Broad	78	Barry Ralphs	76	Peter McNally	74
Mike Daniels	78	Pat Haywood	76	Roy Standeven	73
John Booty	75	Keith Nield	71	Bill Censi	73
Clinton Maisey	75	Dave Nicholas	71	Mike Garvey	72
Peter Crofts	75	Mick Ward	71	Phil Ragsdale	71
Ernie Mackey	74	Arthur Thomas	70	George Lascelles	71
Malcolm Adams	74	Pete Booth	70	Tony Morris	71
				George Miles	70

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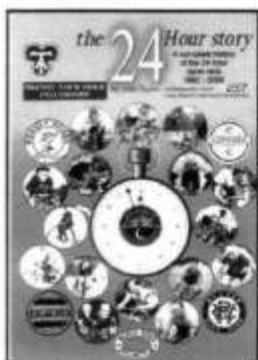


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Result of the National Championship 10

Name	Age	Std	Time	Plus	Name	Age	Std	Time	Plus
Rob Pears	50	26:45	19:36	07:09	Andrew Jones	50	26:45	22:08	04:37
Eric Marsh	83	32:49	25:54	06:55	Constance Tapper	84	36:04	31:30	04:34
Jim Moffatt	56	27:14	20:24	06:50	Ann Shuttleworth	46	28:34	24:02	04:32
Peter Crofts	75	30:07	23:26	06:41	Timothy Wood	53	26:59	22:30	04:29
Brian Sunter	70	29:02	22:36	06:26	Chris Worsfold	64	28:06	23:39	04:27
Roger Porter	66	28:23	21:59	06:24	John Golder	60	27:38	23:11	04:27
Ian Greenstreet	49	26:41	20:21	06:20	Joe Empson	63	27:59	23:40	04:19
Reg Smith	67	28:32	22:14	06:18	Michael Wood	61	27:44	23:26	04:18
Phil Bull	57	27:20	21:19	06:01	Roger Graham	67	28:32	24:21	04:11
Peter Baumber	82	32:23	26:27	05:56	Philip Young	64	28:06	23:58	04:08
Dave Lazenby	49	26:41	20:45	05:56	Geoffrey Martin	57	27:20	23:12	04:08
Pete Balls	47	26:32	20:41	05:51	Damon Day	47	26:32	22:26	04:06
Jim Burgess	40	25:59	20:15	05:44	Carmelo Luggeri	57	27:20	23:20	04:00
Neill Coventry	55	27:09	21:25	05:44	Kevin Norman	48	26:36	22:43	03:53
Chris Roberts	68	28:42	23:00	05:42	Colin Holmes	70	29:02	25:15	03:47
Tricia Goulden	52	29:03	23:23	05:40	Peter Horsnell	83	32:49	29:03	03:46
Katja Rietdorf	48	28:43	23:03	05:40	Clive Faine	67	28:32	25:03	03:29
Andre Dyason	53	26:59	21:20	05:39	Tony Panting	78	30:58	27:34	03:24
Dave Green	49	26:41	21:04	05:37	Bob Quarton	59	27:32	24:16	03:16
Chris Dyason	65	28:14	22:42	05:32	Andrew Wright	46	26:27	23:18	03:09
Merv Player	80	31:37	26:06	05:31	Ian Damant	53	26:59	24:01	02:58
Ron Back	75	30:07	24:38	05:29	Mark Fairhead	49	26:41	24:03	02:38
Martin Reynolds	50	26:45	21:18	05:27	John Morgan	49	26:41	24:05	02:36
Stuart Stow	48	26:36	21:12	05:24	Owen Goodspeed	57	27:20	24:45	02:35
Chris Womack	66	28:23	22:59	05:24	Jody Downs	40	25:59	23:26	02:33
Chris Beales	52	26:54	21:40	05:14	Paul Barnes	43	26:13	23:44	02:29
Robert Watson	52	26:54	21:43	05:11	Jill Bartlett (W)	53	29:09	26:49	02:20
Peter Cockbain	72	29:26	24:15	05:11	Nick Standley	44	26:18	24:11	02:07
Steven Bass	46	26:27	21:18	05:09	Charles Jepson	82	32:23	30:18	02:05
Richard Birtwistle	58	27:26	22:19	05:07	Honor Wood	50	28:53	26:51	02:02
Simon Boyle	45	26:23	21:22	05:01	Colin Record	69	28:52	26:56	01:56
Michael Gowan	70	29:02	24:11	04:51	John Wilson	73	29:39	27:44	01:55
Murray Kirton	72	29:26	24:38	04:48	Stephen Holmes	42	26:09	24:19	01:50
Jonathan Weatherley	41	26:04	21:18	04:46	Andrew Porter	51	26:50	25:57	00:53
Mary Twitchett	53	29:09	24:24	04:45	Denise Hallahan (W)	58	29:38	29:22	00:16
Tim Childs	51	26:50	22:07	04:43	Bob Bush	79	31:17	32:19	-01:02
Paul Holdsworth	49	26:41	21:59	04:42	Mary Horsnell (W)	82	35:05	38:09	-03:04



RESULTS

Kent Group Champions 2013

10	Kevin Tye	Velorefined Aerosmiths	19:55	6:55
25	Kevin Tye	Velorefined Aerosmiths	52:46	15:28
30	Andrew Meilak	Velorefined Aerosmiths	1:03:42	13:41
50	Andrew Meilak	Velorefined Aerosmiths	1:50:56	27:47
100	Chris Bax	PMR @ Toachim House	4:23:59	46:23
12	Bob Loader	Sydenham Wheelers	183.853	46.683
24	Tabitha Rendall	Club Cyclopark	414.520	83.93

The following new Kent Group records have been established in 2013

51	K Tye	Velorefined Aerosmiths	Men's Solo	10	19:04
75	P Crofts	Southborough & District	Men's Solo	10	22:29
80	R Loader	Sydenham Wheelers	Men's Solo	10	28:33
51	K Tye	Velorefined Aerosmiths	Men's Solo	25	48:51
80	R Loader	Sydenham Wheelers	Men's Solo	25	1:10:15
75	P Crofts	Southborough & District	Men's Solo	30	1:10:37
80	R Loader	Sydenham Wheelers	Men's Solo	30	1:26:52
80	R Loader	Sydenham Wheelers	Men's Solo	50	2:33:27
80	R Loader	Sydenham Wheelers	Men's Solo	100	5:46:43
80	R Loader	Sydenham Wheelers	Men's Solo	12	183.853
151	R Loader and M Chapman	Sydenham Wheelers	Mixed Tandem	10	28:43
151	R Loader and M Chapman	Sydenham Wheelers	Mixed Tandem	25	1:17:20

More True Church Bloopers

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their schooldays

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon

The Associate Minister unveiled the church's new campaign slogan last Sunday: 'I Upped My Pledge - Up Yours.'

At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice

The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement Friday at 7 PM. The congregation is invited to attend this tragedy.

Weight Watchers will meet at 7 PM at the First Presbyterian Church. Please use large double doors at the side entrance.

**The following Trophies, Cups, Shields etc
will be presented at the Kent Group's Annual Lunch**

10	Dave Wright Cup	Kevin Tye	19:55	+6:55
10	Mick Dansie Cup	S Henderson		+3:55
10	Melster Shield	R Giles		+11:17
10	Ernie Macmillan Shield	K Tye and R Smith		+13:32
10	Morris Crow Statue	K Tye		+6:38
15	George Stanford Cup	K Tye		+7:09
15	Silf How Cup	R Giles		+2:23
25	Jack Hunter Cup	K Tye		+15:28
25	Aubrey Sheather Shield	R Smith		+13:52
30	Charles Robson Cup	A Meilak		+13:41
50	Peter Philpott Cup	A Meilak		+27:41
100	Cup	C Bax		+46:23
12	Sittingbourne CC Cup	R Loader	183:853	+46:683
12	Bill Woodruff Tankard	R Loader	183:853	+46:683
12 Team	Ernie Hall Trophy	No Award		
	Best All Rounder Shield	I Hodge		+3:444
	Ladies Best All Rounder Shield	No Award		
	Pete Avis Cup	No Award		
	85 Competition Cup	K Tye		+52:05
	Sacred Post Trophy Stand	T Morton		
	Geoff Jones Cup	C Bax		+10:17
	Grand Prix de Gentlemen Best on age standard	P Bull		+10:21
	Grand Prix de Gentlemen Fastest on Scratch standard	J Gould		1:00:26
	Reliability Trial Saynor Trophy Shield	Rye and District		
	Team Best All Rounder Don Hook Cup	No Award		
	Group 24 Hour Cup	T Rendall	414.520	+83.93

Scottish Trophy Winners

Eddy Taylor Trophy	BAR on Standard	Iain Grant	Dooleys Cycles RT	+5.962mph
Ken Anderson Trophy	BAR under 50	Iain Grant	Dooleys Cycles RT	+5.962mph
Jackie Connor Trophy	BAR Most Improved	Stewart Mitchell	Deeside Thistle CC	+0.921mph
Ben Smith Shield	BAR Fastest	Iain Grant	Dooleys Cycles RT	27.748mph
Jackie Potter Shield	BAR Team on Standard	Carlos Riise Christine McLean	Shetland Wheelers	9.178mph
Archie Speed Trophy	3 Distance Aggregate	Derek Stewart	Deeside Thistle CC	+54:28
John Cramb Trophy	25 Handicap	Steve MacLuskie	VC Glasgow South	49:35net
Jim & Betty Train Trophy	10 Championship	Derek Stewart	Deeside Thistle CC	+6:29
Ben Smith Trophy	25 Championship	Derek Stewart	Deeside Thistle CC	+14:06
Pinky Williams Trophy	30 Championship	Derek Stewart	Deeside Thistle CC	+17:39
Harry Roberts Trophy	50 Championship	Derek Stewart	Deeside Thistle CC	+30:56
The Reilly Trophy	100 Championship	Christine McLean	Shetland Wheelers	+55:16
Jim Sharpe Trophy	100 Handicap	Graeme Hay	Stirling Bike Club	3:52:11
John Cusker Trophy	12 Championship	Graham Jones	Edinburgh RC	+51.18
<i>As no Scottish events are run, the 12 Championship embraces any event held in the UK</i>				
Bill Lennon Trophy	Tour de Trossachs	Carlo Riise	Shetland Wheelers	+10:45
Willie Smith Trophy	Boomerang 2Up TT	David Gibson	Dooleys Cycles RT	+22:30
Tom McGinness Trophy	Meritorious Award	John and Johan Thayne		
Jim Lyon Trophy	60+ RR Championship	Jocky Johnstone	Team Icarus	
Jackie Connor Trophy	Road Championship	James Cusick	Glasgow Couriers	



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BAR

Name	Club	Group	Age	25	50	100	12	Plus	Pos
Ken Platts	Cambridge CC	East Anglian	61	0:52:37	1:47:49	3:53:02	275.06	1:18:00	1
David Shepherd	GS Stella	Surrey/Sussex	52	0:53:43	1:49:11	3:50:05	288.49	1:09:37	2
Peter Horsnell	Chelmer CC	East Anglian	83	1:08:35	2:23:11	5:10:29	195.91	1:09:03	3
John Dewhurst	East Bradford CC	Yorkshire	50	0:50:41	1:45:42	3:53:31	271.52	1:07:30	4
Brian Camfield	Stone Wheelers CC	Manchester and NW	65	0:55:56	1:59:41	4:16:07	264.57	1:06:44	5
Mark Sanders	Mid Devon CC	West	54	0:53:19	1:50:11	3:47:29	264.02	1:03:52	6
Rob Townsend	Team Swift	North Midlands	43	0:56:36	1:44:02	3:43:13	290.12	1:02:41	7
Ray Pether	North Devon Wheelers	West	67	0:55:54	2:04:47	4:23:56	247.49	1:01:49	8
Tim Davies	Icknield RC	London and Home Counties	45/46	0:52:21	1:51:16	3:51:48	276.21	1:00:01	9
John Golder	Chelmer CC	East Anglian	59/60	0:56:00	1:56:54	4:07:11	252.96	0:59:52	10
Ian Cox	North Lincs Road Club	North Lancashire & Lakes	43	0:51:21	1:47:09	3:54:16	262.95	0:57:06	11
Peter Yates	Otley CC	Yorkshire	80	1:06:29	2:18:23	5:18:45	193.13	0:56:00	12
Andrew Askwith	Birdington CC	Yorkshire	48/49	0:54:54	1:49:40	3:59:39	259.08	0:55:05	13
Paul Coleman	Pembroke Velo	South Wales	52	0:56:05	1:59:37	4:02:12	266.67	0:53:47	14
Ann Shuttleworth	Chelmer CC	East Anglian	46/47	0:58:19	2:03:30	4:31:36	244.12	0:52:29	15
Trevor Mayne	Birdwell Wheelers CC	North Midlands	49/50	0:53:51	1:53:08	3:52:10	230.83	0:50:14	16
Arthur Winstanley	Phoenix CC	Merseyside	56/57	0:58:22	1:58:52	4:17:42	252.92	0:50:07	17
Stan Mills	Yorkshire Road Club	Yorkshire	69/70	1:03:33	2:07:09	4:38:13	222.83	0:49:19	18
Colin Yeates	Sotonia CC	Wessex	54	0:59:12	2:01:50	4:11:21	255.05	0:46:32	19
Robert Royston	Sydenham Wheelers	Kent	58	0:56:46	2:03:41	4:26:07	241.52	0:45:40	20
Graham Barker	Rockingham CC	North Midlands	63/64	1:00:28	2:07:20	4:29:23	236.52	0:45:25	21
Tom Glandfield	Lewes Wanderers CC	Surrey/Sussex	40	0:54:54	1:55:10	4:04:12	267.42	0:44:56	22
Harry Haselley	North Lincs Road Club	North Lancashire & Lakes	71	1:04:23	2:14:50	4:47:28	219.05	0:44:19	23
Chris Yates	Otley CC	Yorkshire	56	0:55:40	1:55:20	4:30:17	222.07	0:42:52	24
Kathryn Smith	Sleaford Whs	Nottingham and East Midlands	59	1:07:10	2:22:56	4:41:39	206.14	0:36:15	25
Alan Lloyd	Lewes Wanderers CC	Surrey/Sussex	61	1:01:44	2:09:42	4:44:05	225.02	0:33:11	26
Bob Loader	Sydenham Wheelers CC	Kent	80	1:10:15	2:33:27	5:56:43	183.85	0:32:59	27
David Parkes	Coventry RC	Midlands	58	1:05:44	2:12:41	4:36:50	228.66	0:26:26	28
Pippa Wheeler	Exeter Wheelers CC	West	50	1:08:40	2:24:00	5:04:41	209.30	0:18:58	29
Brenda Littlefair	East Bradford CC	Yorkshire	77	1:20:24	3:01:14	6:01:59	179.66	0:18:27	30
Helen Tudor	Oswestry Paragon CC	Merseyside	44	1:03:56	2:22:08	5:02:09	204.40	0:18:06	31
Ian Casson	Birkenhead Victoria CC	Merseyside	60/61	1:05:43	2:25:30	5:00:30	213.76	0:13:30	32
Mick Fountain	Didcot Phoenix CC	West	72	1:14:31	2:38:30	5:18:40	195.49	0:11:25	33

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THREE DISTANCE

Ken Platts	Cambridge CC	East Anglian	56:18	1
Peter Greenwood	Clayton Velo	North Lancashire & Lakes	56:04	2
Peter Horsnell	Chelmer CC	East Anglian	52:11	3
John Dewhurst	East Bradford CC	Yorkshire	50:16	4
Steve Irwin	Kingston Wheelers	East Anglian	50:06	5
Mick Black	Cleveys RC	North Lancashire & Lakes	49:14	6
Colin Parkinson	South Western RC	Nottingham and East Midlands	49:10	7
David Shepherd	GS Stella	Surrey/Sussex	47:44	8
Paul David Fleming	Preston Wheelers	North Lancashire & Lakes	47:25	9
Peter Wilson	Bath CC	West	47:18	10
Mark Sanders	Mid Devon CC	West	47:14	11
J. D. Gresty	North Shropshire Wheelers	Manchester and NW	46:16	12
Brian Camfield	Stone Wheelers CC	Manchester and NW	45:51	13
Derek Stewart	Deeside Thistle CC	Scotland	45:33	14
Dave Lazenby	Baines Racing Silverstone	East Anglian	44:45	15
Ray Paffer	North Devon Wheelers	West	44:04	16
Ian Cox	North Lancs Road Club	North Lancashire & Lakes	44:01	17
Michael Wills	Hinckley CRC	Nottingham and East Midlands	43:54	18
John Golder	Chelmer CC	East Anglian	43:51	19
Tim Davies	Icknield RC	London and Home Counties	43:08	20
Rob Townsend	Team Swift	North Midlands	43:05	21
Trevor Mayne	Browell Wheelers CC	North Midlands	43:03	22
Glen Longland	Antelope RT	Wessex	43:00	23
Robert Gilmour	Hounslow and District Wheelers	London and Home Counties	42:59	24
P Yates	Otley CC	Yorkshire	42:35	25
Stephen Howgill	Leicestershire RC	Nottingham and East Midlands	42:28	26
Dave Bates	South Pennine RC	Nottingham and East Midlands	42:09	27
Trida Goulden	West Suffolk Wheelers & Tri Club	East Anglian	42:04	28
Dave England	Crabwood CC	Wessex	41:56	29
Alan Emmott	Fareham Wheelers	Wessex	41:46	30

A Askwith	Bridlington CC	Yorkshire	41:24	31
David Brice	Bynea CC	South Wales	40:54	32
Simon Phillips	Pendle Forest CC	North Lancashire & Lakes	40:45	33
Andy Langdown	Hampshire RC	Wessex	40:37	34
Dave Fearon	Weaver Valley CC	Manchester and NW	39:55	35
Clare Ella	Born To Bike	Nottingham and East Midlands	39:40	36
Andrew Halliday	Westerley CC	London and Home Counties	39:12	37
Geed Millward	Ilkley CC	Yorkshire	39:03	38
Ann Shuttleworth	Chelmer CC	East Anglian	38:32	39
Steve Beech	Sandy Wallace Cycles	Scotland	38:08	40
Matt Woods	Eastbourne Rovers CC	Surrey/Sussex	37:40	41
Paul Coleman	Pembroke Velo	South Wales	37:07	42
Kev Shand	West Pennine RC	North Lancashire & Lakes	36:36	43
Chris Womack	VC Baracchi	East Anglian	36:36	44
S Mills	Yorkshire Road Club	Yorkshire	35:53	45
C Yates	Otley CC	Yorkshire	35:40	46
Allen Bell	Yorkshire Road Club	Yorkshire	35:39	47
Stephen Campbell	Twickenham CC	London and Home Counties	35:28	48
Den Tapping	Hampshire RC	Wessex	35:20	49
Arthur Winstanley	Phoenix CC	Merseyside	35:10	50
I Peacock	Harrigate Nova	Yorkshire	34:10	51
Rod Goodfellow	North Lincs Road Club	North Lancashire & Lakes	34:08	52
Kevin Norman	Stowmarket & District CC	East Anglian	34:03	53
Barry Quick	Reading CC	Wessex	33:54	54
J Baines	Yorkshire Road Club	Yorkshire	33:45	55
Robert Royston	Sydenham Wheelers	Kent	33:07	56
Graeme Hay	Stirling Bike Club	Scotland	32:44	57
Sharon Clifford	Coventry RC	North Lancashire & Lakes	32:34	58
Graham Barker	Rockingham CC	North Midlands	32:08	59
Colin Yeates	Sotonia CC	Wessex	32:03	60

Tom Glandfield	Lewes Wanderers CC	Surrey/Sussex	31:47	61
Harry Haseley	North Lancs Road Club	North Lancashire & Lakes	31:12	62
Wayne Fuller	Rotherham Wheelers CC	North Midlands	30:25	63
Andy Smith	West Pennine RC	North Lancashire & Lakes	30:20	64
Ian Bashford	Old Portlians CC	Surrey/Sussex	28:21	65
Cliff Voller	Newbury RC	West	28:04	66
Kathryn Smith	Seaforth Wheelers	Nottingham and East Midlands	27:46	67
Jenny York	Mid Shrops Wheelers	Merseyside	27:33	68
Nick Webber	Colchester Rovers CC	East Anglian	27:22	69
John J Murphy	Gloucester City CC	West	26:43	70
K Taylor	East Bradford CC	Yorkshire	26:36	71
Adrian Blackler	Norwood Paragon CC	Surrey/Sussex	26:20	72
Steven Boat	Weiland Valley CC	Nottingham and East Midlands	26:18	73
David Rogers	Hemel Hempstead CC	London and Home Counties	23:43	74
Alan Lloyd	Lewes Wanderers CC	Surrey/Sussex	23:29	75
Peter Baker	Lewes Wanderers CC	Surrey/Sussex	22:55	76
M Potter	Scarborough Paragon	Yorkshire	22:49	77
Bob Loader	Sydenham Wheelers CC	Kent	21:48	78
Michael Wilkinson	North Notts Olympic CC	Nottingham and East Midlands	21:16	79
Michael Weaver	Rotherham Wheelers CC	North Midlands	21:07	80
J Hatfield	Leeds Westfield CC	Yorkshire	20:24	81
Noel Healey	West Pennine RC	North Lancashire & Lakes	20:20	82
G Small	Bridlington CC	Yorkshire	19:14	83
Katja Reidorf	Team Milton Keynes	London and Home Counties	18:24	84
Dave York	Mid Shrops Wheelers	Merseyside	17:36	85
Peter Heywood	Nelson Wheelers	North Lancashire & Lakes	17:02	86
David Parkes	Coventry RC	Midlands	16:58	87
Michael Cox	North Lancs Road Club	North Lancashire & Lakes	16:51	88
Helen Tudor	Oswestry Paragon CC	Merseyside	14:13	89
Pippa Wheeler	Exeter Wheelers CC	West	12:19	90

THREE DISTANCE TEAMS

Club Teams

Peter Horsnell	Cheimer CC	East Anglian	00:52:11	
John Golder	Cheimer CC	East Anglian	00:43:51	
Ann Shuttleworth	Cheimer CC	East Anglian	00:38:32	02:14:34 1
Ian Cox	North Lancs Road Club	North Lancashire & Lakes	00:44:01	
Rod Goodfellow	North Lancs Road Club	North Lancashire & Lakes	00:34:08	
Harry Haseley	North Lancs Road Club	North Lancashire & Lakes	00:31:12	01:49:20 2
S Mills	Yorkshire Road Club	Yorkshire	00:35:53	
Allen Bell	Yorkshire Road Club	Yorkshire	00:35:39	
J Baines	Yorkshire Road Club	Yorkshire	00:33:45	01:45:17 3
Kev Shand	West Pennine RC	North Lancashire & Lakes	00:36:36	
Andy Smith	West Pennine RC	North Lancashire & Lakes	00:30:20	
Noel Healey	West Pennine RC	North Lancashire & Lakes	00:20:20	01:27:16 4
John Dewhirst	East Bradford CC	Yorkshire	00:50:16	
K Taylor	East Bradford CC	Yorkshire	00:26:36	
B Littlefair	East Bradford CC	Yorkshire	00:07:34	01:24:27 5
Tom Glandfield	Lewes Wanderers CC	Surrey/Sussex	00:31:47	
Alan Lloyd	Lewes Wanderers CC	Surrey/Sussex	00:23:29	
Peter Baker	Lewes Wanderers CC	Surrey/Sussex	00:22:55	01:18:11 6

Three Distance Group Teams

Ken Platts	Cambridge CC	East Anglian	00:56:18	1
Peter Horsnell	Chelmer CC	East Anglian	00:52:11	
Steve Irwin	Kingston Wheelers	East Anglian	00:50:06	
Dave Lazenby	Baines Racing Silverstone	East Anglian	00:44:45	
John Golder	Chelmer CC	East Anglian	00:43:51	
Tricia Goulden	West Suffolk Wheelers & Tri Club	East Anglian	00:42:04	04:49:15
Peter Greenwood	Clayton Velo	North Lancashire & Lakes	00:56:04	
Mick Black	Cleveleys RC	North Lancashire & Lakes	00:49:14	
Paul David Fleming	Preston Wheelers	North Lancashire & Lakes	00:47:25	
Ian Cox	North Lancs Road Club	North Lancashire & Lakes	00:44:01	
Simon Phillips	Pendle Forest CC	North Lancashire & Lakes	00:40:45	
Kevin Shand	West Pennine RC	North Lancashire & Lakes	00:36:36	04:34:05
Colin Parkinson	South Western RC	Nottingham and East Midlands	00:49:10	
Michael Wills	Hinckley CRC	Nottingham and East Midlands	00:43:54	
Stephen Howgill	Leicestershire RC	Nottingham and East Midlands	00:42:28	
Dave Bates	South Pennine RC	Nottingham and East Midlands	00:42:09	
Clare Ella	Born To Bike	Nottingham and East Midlands	00:39:40	
Kathryn Smith	Sleaford Whs	Nottingham and East Midlands	00:27:46	04:05:08
John Dewhurst	East Bradford CC	Yorkshire	00:50:16	
P Yates	Otley CC	Yorkshire	00:42:35	
A Askwith	Bridlington CC	Yorkshire	00:41:24	
Ged Millward	Ilkley CC	Yorkshire	00:39:03	
S Mills	Yorkshire Road Club	Yorkshire	00:35:53	
C Yates	Otley CC	Yorkshire	00:35:40	04:04:51
Glen Longland	Antelope RT	Wessex	00:43:00	
Dave England	Crabwood CC	Wessex	00:41:56	
Alan Emmott	Fareham Wheelers	Wessex	00:41:46	
Andy Langdown	Hampshire RC	Wessex	00:40:37	
Den Tapping	Hampshire RC	Wessex	00:35:20	
Barry Quick	Reading CC	Wessex	00:33:54	03:56:34

Peter Wilson	Bath CC	West	00:47:18
Mark Sanders	Mid Devon CC	West	00:47:14
Ray Pether	North Devon Wheelers	West	00:44:04
Cliff Voller	Newbury RC	West	00:28:04
John J Murphy	Gloucester City CC	West	00:26:43
Pippa Wheeler	Exeter Wheelers CC	West	00:12:19
Tim Davies	Ikfield RC	London and Home Counties	00:43:08
Robert Gilmour	Hounslow and District Wheelers	London and Home Counties	00:42:59
Andrew Halliday	Westerley CC	London and Home Counties	00:39:12
Stephen Campbell	Twickenham CC	London and Home Counties	00:35:28
David Rogers	Hemel Hempstead CC	London and Home Counties	00:23:43
Katja Reidorf	Team Milton Keynes	London and Home Counties	00:18:24
David Shephard	GS Stella	Surrey/Sussex	00:47:44
Matt Woods	Eastbourne Rovers CC	Surrey/Sussex	00:37:40
Tom Glandfield	Lewes Wanderers CC	Surrey/Sussex	00:31:47
Ian Bashford	Old Portlians CC	Surrey/Sussex	00:28:21
Adrian Blacker	Norwood Paragon CC	Surrey/Sussex	00:26:20
Alan Lloyd	Lewes Wanderers CC	Surrey/Sussex	00:23:29
Allen Bell	Yorkshire Road Club	Yorkshire	00:35:39
I Peacock	Harrigate Nova	Yorkshire	00:34:10
J Baines	Yorkshire Road Club	Yorkshire	00:33:45
K Taylor	East Bradford CC	Yorkshire	00:26:36
M Potter	Scarborough Paragon	Yorkshire	00:22:49
J Hatfield	Leeds Westfield CC	Yorkshire	00:20:24
Rod Goodfellow	North Lancs Road Club	North Lancashire & Lakes	00:34:08
Sharon Clifford	Coventry RC	North Lancashire & Lakes	00:32:34
Harry Haseley	North Lancs Road Club	North Lancashire & Lakes	00:31:12
Andy Smith	West Pennine RC	North Lancashire & Lakes	00:30:20
Noel Healey	West Pennine RC	North Lancashire & Lakes	00:20:20
Peter Heywood	Nelson Wheelers	North Lancashire & Lakes	00:17:02
Arthur Winstanley	Phoenix CC	Merseyside	00:35:10
Jenny York	Mid Shrops Wheelers	Merseyside	00:27:33
Dave York	Mid Shrops Wheelers	Merseyside	00:17:36
Helen Tudor	Oswestry Paragon CC	Merseyside	00:14:13
Keith Nield	Chester Road Club	Merseyside	00:07:52
Ian Casson	Birkenhead Victoria CC	Merseyside	00:06:30
			03:25:42
			03:22:53
			03:15:22
			02:53:23
			02:45:36
			01:48:54

TWO DISTANCE COMPETITION

Name	Club	Group	Age	Best 10	2nd Best	Best 25	2nd Best	Plus	Pos
Terry Icke	Poole Wheelers	Wessex	69	21:24	21:42	0:52:38	0:53:08	1:18:03	1
Michael Ellerton	Team Swift	North Lancashire & Lakes	52	19:11	19:17	0:49:39	0:50:17	1:15:16	2
Rob Pears	Bath CC	West	50	19:18	19:36	0:48:21	0:49:12	1:15:01	3
Kevin Tye	Velorefined Aerosmiths	Kent	51	19:04	19:37	0:48:51	0:50:18	1:14:47	4
Ken Platts	Cambridge CC	East Anglian	61	20:27	20:29	0:52:37	0:53:04	1:11:55	5
Jim Moffatt	Virgin Active	London and Home Counties	56	19:51	20:24	0:51:18	0:51:25	1:11:27	6
Steve Irwin	Kingston Wheelers	East Anglian	42	18:39	18:58	0:49:20	0:49:36	1:10:39	7
Gill Henshaw	VC Long Eaton	Nottingham and East Midlands	79	26:02	26:34	1:10:11	1:10:53	1:10:14	8
Dave Isherwood	Team Swift	North Lancashire & Lakes	60	20:14	20:34	0:52:44	0:54:34	1:09:34	9
Graham Green	MG-Décor/Team Carbon Bikes	Nottingham and East Midlands	70	21:45	22:17	0:57:26	0:59:14	1:06:37	10
Colin Parkinson	South Western RC	Nottingham and East Midlands	51	20:07	20:08	0:51:35	0:52:02	1:06:24	11
Ben Ader	a3crg	Wessex	42	19:35	19:46	0:50:08	0:50:12	1:04:55	12
Nick Cave	Lutterworth Cycle Centre RT	Nottingham and East Midlands	47/48	19:59	19:59	0:51:16	0:52:11	1:04:20	13
Lesley Walking	VC St Raphael	Wessex	47	22:19	22:40	0:55:21	0:57:28	1:03:37	14
Steve Walking	VC St Raphael	Wessex	44	19:47	19:58	0:51:24	0:52:16	1:02:10	15
Paul David Fleming	Preston Wheelers	North Lancashire & Lakes	47/48	19:56	20:00	0:51:48	0:54:30	1:01:58	16
Ian Dalton	Cherry Valley RT	Nottingham and East Midlands	47	20:03	20:07	0:52:29	0:52:50	1:01:48	17
Dave Lazenby	Baines Racing Silverstone	East Anglian	49	20:04	20:27	0:52:59	0:53:27	1:01:21	18
Barry Williams	Cardiff 100 Miles RCC	South Wales	77	24:50	25:05	1:01:46	1:02:37	1:01:02	19
Iain McLeod	Denny Road Club	Scotland	75	23:43	24:24	1:00:42	1:03:02	1:00:32	20
Mike Westmorland	Border City Wheelers	North Lancashire & Lakes	68	22:47	23:01	0:56:43	0:58:19	1:00:18	21
Tricia Goulden	West Suffolk Wheelers & Tri Club	East Anglian	52	22:44	23:19	0:58:32	0:59:32	0:59:54	22
Tim Davies	Icknield RC	London and Home Counties	45/46	19:58	20:11	0:52:21	0:53:43	0:59:47	23
Alex Deck	RST Trigon	North Midlands	45/46	21:35	22:44	0:58:24	0:58:34	0:59:38	24
Andy Langdown	Hampshire RC	Wessex	44	20:18	21:01	0:50:06	0:52:32	0:59:16	25
Neil Fort	Preston Wheelers	North Lancashire & Lakes	67	22:16	22:33	0:58:27	0:58:41	0:58:58	26
Michael Willis	Hinckley CRC	Nottingham and East Midlands	54	20:36	21:47	0:53:35	0:54:36	0:58:55	27
Dave Bates	South Pennine RC	Nottingham and East Midlands	65	22:04	22:42	0:57:35	0:57:44	0:57:52	28
John Parkes	Stowmarket & District CC	East Anglian	68	22:58	23:00	0:58:10	0:58:54	0:57:51	29
Trevor Mayne	Birdwell Wheelers CC	North Midlands	49/50	20:15	21:13	0:53:51	0:53:58	0:57:46	30

Matt Rowley	Oxonian	Wessex	45	20:22	20:32	0:53:12	0:53:47	0:56:47	31
Mark Sanders	Mild Devon CC	West	54	21:38	21:46	0:53:19	0:54:53	0:56:22	32
Clare Ella	Born To Bike	Nottingham and East Midlands	44	22:16	22:31	0:57:48	1:00:29	0:56:06	33
Andrew Askwith	Birdlington CC	Yorkshire	48/49	20:19	20:27	0:54:54	0:55:47	0:56:05	34
Ged Millward	Ilkley CC	Yorkshire	48	20:19	20:28	0:55:04	0:55:34	0:55:41	35
Allen Bell	Yorkshire Road Club	Yorkshire	67	22:26	22:48	0:59:50	0:59:54	0:55:19	36
John Golder	Chelmer CC	East Anglian	59/60	22:02	22:24	0:56:00	0:56:25	0:55:07	37
Robert Gilmour	Hounslow and District Wheelers	London and Home Counties	61/62	22:01	23:55	0:55:13	0:55:37	0:54:54	38
Cliff Rowe	BJW	Wessex	54	21:25	21:39	0:54:40	0:55:59	0:54:45	39
Dave England	Crabwood CC	Wessex	70	23:40	24:15	0:59:10	0:59:42	0:54:43	40
Stephen Campbell	Twickenham CC	London and Home Counties	43/44	20:33	20:51	0:53:02	0:53:50	0:54:38	41
Andrew Halliday	Westerley CC	London and Home Counties	41	20:07	20:48	0:52:20	0:53:51	0:54:17	42
Sharon Clifford	Coventry RC	North Lancashire & Lakes	53	22:50	23:19	1:01:54	1:02:54	0:53:53	43
Russell Gent	Melton Olympic CC	Nottingham and East Midlands	68	23:06	23:30	0:59:42	0:59:46	0:53:52	44
Alan Emmott	Fareham Wheelers	Wessex	66/67	23:02	23:14	0:57:13	0:59:53	0:53:49	45
John Shehan	Bynea CC	South Wales	67	23:04	23:49	0:58:39	0:58:51	0:53:26	46
Chris Womack	VC Baracchi	East Anglian	66	22:59	23:20	0:58:35	0:58:49	0:53:23	47
Matt Woods	Eastbourne Rovers CC	Surrey/Sussex	42	20:31	20:46	0:52:15	0:54:53	0:53:17	48
Geoff Perry	Team Milton Keynes	London and Home Counties	53	21:53	21:56	0:53:38	0:56:01	0:53:02	49
Peter Yates	Otley CC	Yorkshire	80	26:10	27:20	1:06:29	1:06:56	0:52:59	50
Ann Shuttleworth	Chelmer CC	East Anglian	46/47	23:08	23:55	0:58:19	0:59:48	0:52:30	51
Anthony Keyworth	Kiveton Park CC	North Midlands	66	22:41	22:58	0:59:53	1:00:15	0:52:20	52
Brian Ward	Scarborough Paragon	Yorkshire	78	25:32	25:25	1:06:30	1:08:11	0:51:15	53
Phil Guy	North Shropshire Wheelers	Merseyside	65	23:01	23:04	0:59:21	0:59:37	0:50:55	54
Tom Cox	Northover VT	Wessex	59	22:49	23:13	0:55:57	0:56:27	0:50:19	55
Chris Yates	Otley CC	Yorkshire	56	21:53	22:24	0:55:40	0:58:08	0:50:18	56
Peter Strik	Upton CC	North Midlands	68	22:55	23:09	1:01:51	1:02:58	0:49:51	57
Ken Stevens	South Pennine RC	Nottingham and East Midlands	82	27:21	30:40	1:06:25	1:07:00	0:49:39	58
Janie Carson	Chorley CC	North Lancashire & Lakes	47	20:28	22:44	0:54:51	0:55:04	0:49:37	59
Arthur Winstanley	Phoenix CC	Merseyside	56/57	21:42	22:17	0:58:22	0:58:52	0:48:22	60

Cliff Voller	Newbury RC	West	62	22:24	23:02	0:59:29	0:59:45	0:48:20	61
Jenny York	Mid Strops Wheelers	Merseyside	55	24:20	24:53	1:01:36	1:03:49	0:47:29	62
Graeme Hay	Stirling Bike Club	Scotland	44	21:24	21:27	0:55:16	0:55:27	0:47:21	63
John Baines	Yorkshire Road Club	Yorkshire	75	24:25	24:31	1:06:07	1:09:02	0:47:04	64
Matcolm Mann	Melton Olympic CC	Nottingham and East Midlands	66	23:12	23:24	1:00:44	1:02:24	0:46:57	65
John Needham	Alford Wheelers	Nottingham and East Midlands	70	23:39	23:43	1:03:53	1:04:13	0:46:51	66
Peter Lavine	Coalville Wheelers	Nottingham and East Midlands	58	22:52	23:31	0:56:23	0:57:58	0:46:29	67
Andrew G Clarke	Mid Strops Wheelers	Merseyside	53/54	22:04	22:07	0:57:36	0:58:04	0:46:19	68
Sean Hunt	Lincoln Wheelers	Nottingham and East Midlands	49	21:08	22:23	0:56:08	0:58:08	0:46:01	69
Stephen Howgill	Leicestershire RC	Nottingham and East Midlands	49/50	22:30	22:57	0:54:04	0:56:05	0:45:18	70
Barry Quick	Reading CC	Wessex	68	24:21	24:49	1:00:35	1:01:06	0:45:14	71
Katja Reidorf	Team Milton Keynes	London and Home Counties	42	23:03	23:44	1:00:22	1:02:13	0:44:58	72
Kev Shand	West Pennine RC	North Lancashire & Lakes	63	24:02	24:23	0:57:15	0:59:25	0:44:44	73
Robert Tate	Leeds Westfield CC	Yorkshire	70	23:13	23:44	1:05:38	1:06:44	0:43:38	74
Tom Glandfield	Lewes Wanderers CC	Surrey/Sussex	40	21:25	21:50	0:54:54	0:55:26	0:43:27	75
Karen Taylor	East Bradford CC	Yorkshire	46/47	23:45	23:53	1:02:22	1:05:14	0:41:47	76
Kevin Norman	Stowmarket & District CC	East Anglian	48	22:23	22:43	0:56:15	0:57:39	0:41:37	77
Stephen Cook	Lindsey Road Club	North Midlands	50/51	22:23	23:19	0:56:43	0:57:19	0:41:32	78
Jeff Bowler	South Pennine RC	Nottingham and East Midlands	68	25:23	25:45	0:59:52	1:01:33	0:40:35	79
Susan Cheetham	North Lincs Road Club	North Lancashire & Lakes	50	24:17	24:25	1:05:16	1:05:54	0:38:26	80
David Rogers	Hemel Hempstead CC	London and Home Counties	55	22:51	22:49	0:58:59	1:02:35	0:38:11	81
Wayne Fuller	Rotherham Wheelers CC	North Midlands	68	24:00	26:09	1:02:29	1:03:50	0:38:09	82
Andy Smith	West Pennine RC	North Lancashire & Lakes	47	23:19	23:28	0:55:19	0:57:16	0:38:00	83
Keith Richardson	Leeds Westfield CC	Yorkshire	77	25:40	25:59	1:11:20	1:12:09	0:37:35	84
Norman Harvey	Sotonia CC	Wessex	80	27:40	28:07	1:11:31	1:12:32	0:36:38	85
John Churchman	Otley CC	Yorkshire	75/76	25:13	25:24	1:11:46	1:11:58	0:36:20	86
Greystone Small	Birdlington CC	Yorkshire	58	22:20	22:35	1:02:41	1:05:33	0:36:16	87
Glenn Bowyer	Lancashire RC	North Lancashire & Lakes	51	22:28	23:29	0:58:29	1:01:58	0:35:18	88
Harry Haseley	North Lincs Road Club	North Lancashire & Lakes	71	25:37	25:47	1:04:23	1:07:21	0:35:08	89
Nav Bray	Coalville Wheelers	Nottingham and East Midlands	67	24:34	24:48	1:05:36	1:05:49	0:33:18	90

Kathryn Smith	Sleaford Wheelers	Nottingham and East Midlands	59	26:20	25:46	1:07:10	1:09:40	0:33:01	91
Dave York	Mid Shrops Wheelers	Merseyside	58	24:07	24:27	0:59:54	1:02:37	0:32:52	92
Peter Baker	Lewes Wanderers CC	Surrey/Sussex	55	23:51	24:24	0:59:51	1:01:53	0:31:34	93
Noel Healey	West Pennine RC	North Lancashire & Lakes	53	23:13	24:21	1:00:21	1:02:13	0:30:44	94
Alan Sides	Rotherham Wheelers CC	North Midlands	68/69	25:43	25:47	1:06:09	1:06:45	0:29:30	95
Robert Jones	Cardiff 100 Miles RCC	South Wales	61	24:42	24:58	1:01:05	1:06:11	0:28:30	96
Helen Tudor	Oswestry Paragon CC	Merseyside	44	25:13	26:24	1:03:56	1:06:57	0:26:24	97
Michael Cox	North Lincs Road Club	North Lancashire & Lakes	67	24:52	25:03	1:07:25	1:09:32	0:26:23	98
Ian Casson	Birkenhead Victoria CC	Merseyside	60/61	23:55	24:13	1:05:43	1:07:46	0:25:03	99
Brenda Littlefair	East Bradford CC	Yorkshire	77	31:12	29:22	1:20:24	1:22:25	0:21:29	100
Kieren O'Doherty	Bronte Wheelers	Yorkshire	47	22:36	23:13	1:06:03	1:07:32	0:19:24	101
Keith Nield	Chester Road Club	Merseyside	71	26:09	27:01	1:11:17	1:13:27	0:17:43	102
Geoff Edgerton	North Shropshire Wheelers	Merseyside	65/66	25:20	25:26	1:09:07	1:12:34	0:17:37	103
Bob West	VC Venta	Wessex	75	30:04	30:44	1:17:37	1:20:37	0:13:22	104
Anthony Hardenberg	Witham Wheelers	Nottingham and East Midlands	62	26:35	26:40	1:09:43	1:11:21	0:06:58	105
Peter Beard	Stowmarket & District CC	East Anglian	51	27:09	28:23	1:09:44	1:11:19	-0:09:15	106



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The Old Forge B and B and Holiday Barn, which is run by Wendy and Colin Pearce, is located in the village of Knockin, half-way between Shrewsbury and Oswestry in Shropshire, which lies about two miles from the A5 which is the main road that links the South of England to North Wales. Knockin is a central point for horse-riding, golf, fishing, walking, cycling and visiting National Trust Properties. In the village is a local pub which serves good food. Nearby there are also numerous eating pubs and restaurants.

Two-Distance Teams

Club Team	Club	Region	Time
Dave Bates	South Pennine RC	Nottingham and East Midlands	00:57:52
Ken Stevens	South Pennine RC	Nottingham and East Midlands	00:49:39
Jeff Bowler	South Pennine RC	Nottingham and East Midlands	00:40:35
Peter Yates	Otley CC	Yorkshire	00:52:59
Chris Yates	Otley CC	Yorkshire	00:50:18
John Churchman	Otley CC	Yorkshire	00:36:20
Jenny York	Mid Shrops Wheelers	Merseyside	00:47:29
Andrew G Clarke	Mid Shrops Wheelers	Merseyside	00:46:19
Dave York	Mid Shrops Wheelers	Merseyside	00:32:52
Kevin Shand	West Pennine RC	North Lancashire & Lakes	00:44:44
Andy Smith	West Pennine RC	North Lancashire & Lakes	00:38:00
Noel Healey	West Pennine RC	North Lancashire & Lakes	00:30:44
Susan Cheetham	North Lancs Road Club	North Lancashire & Lakes	00:38:26
Harry Haseley	North Lancs Road Club	North Lancashire & Lakes	00:35:08
Michael Cox	North Lancs Road Club	North Lancashire & Lakes	00:26:23
John Parkes	Stowmarket & District CC	East Anglian	00:57:51
Kevin Norman	Stowmarket & District CC	East Anglian	00:41:37
Peter Beard	Stowmarket & District CC	East Anglian	-00:09:15
Gill Henshaw	VC Long Eaton	Nottingham and East Midlands	01:10:14
Graham Green	MG-Décor/Team Carbon Bikes	Nottingham and East Midlands	01:06:37
Collin Parkinson	South Western RC	Nottingham and East Midlands	01:06:24
Nick Cave	Lutterworth Cycle Centre RT	Nottingham and East Midlands	01:04:20
Ian Dalton	Cherry Valley RT	Nottingham and East Midlands	01:01:48
Michael Willis	Hinckley CRC	Nottingham and East Midlands	00:58:55
Terry Icke	Poole Wheelers	Wessex	01:18:03
Ben Ader	a3crg	Wessex	01:04:55
Lesley Walking	VC St Raphael	Wessex	01:03:37
Steve Walking	VC St Raphael	Wessex	01:02:10
Matt Rowley	Oxonian CC	Wessex	00:56:47
Cliff Rowe	BJW	Wessex	00:54:45

Michael Ellerton	Team Swift	North Lancashire & Lakes	01:15:16	
Dave Isherwood	Team Swift	North Lancashire & Lakes	01:09:34	
Paul David Fleming	Preston Wheelers	North Lancashire & Lakes	01:01:58	
Mike Westmorland	Border City Wheelers	North Lancashire & Lakes	01:00:18	
Neil Fort	Preston Wheelers	North Lancashire & Lakes	00:58:58	
Sharon Clifford	Coventry RC	North Lancashire & Lakes	00:53:53	06:19:56 3
Ken Platts	Cambridge CC	East Anglian	01:11:55	
Steve Irwin	Kingston Wheelers	East Anglian	01:10:39	
Dave Lazenby	Baines Racing Silverstone	East Anglian	01:01:21	
Tricia Goulden	West Suffolk Wheelers & Tri Club	East Anglian	00:59:54	
John Parkes	Stowmarket & District CC	East Anglian	00:57:51	
John Golder	Chelmer CC	East Anglian	00:55:07	06:16:46 4
Jim Moffatt	Virgin Active	London and Home Counties	01:11:27	
Tim Davies	Icknield RC	London and Home Counties	00:59:47	
Robert Gilmour	Hounslow and District Wheelers	London and Home Counties	00:54:54	
Stephen Campbell	Twickenham CC	London and Home Counties	00:54:38	
Andrew Halliday	Westerley CC	London and Home Counties	00:54:17	
Geoff Perry	Team Milton Keynes	London and Home Counties	00:53:02	05:48:05 5
A Askwith	Bridlington CC	Yorkshire	00:56:05	
Ged Millward	Ilkley CC	Yorkshire	00:55:41	
Allen Bell	Yorkshire Road Club	Yorkshire	00:55:19	
Peter Yates	Otley CC	Yorkshire	00:52:59	
Brian Ward	Scarborough Paragon	Yorkshire	00:51:15	
Chris Yates	Otley CC	Yorkshire	00:50:18	05:21:35 6
Dave Bates	South Pennine RC	Nottingham and East Midlands	00:57:52	
Clare Ella	Born To Bike	Nottingham and East Midlands	00:56:06	
Russell Gent	Melton Olympic CC	Nottingham and East Midlands	00:53:52	
Ken Stevens	South Pennine RC	Nottingham and East Midlands	00:49:39	
Malcolm Mann	Melton Olympic CC	Nottingham and East Midlands	00:46:57	
John Needham	Alford Wheelers	Nottingham and East Midlands	00:46:51	05:11:17 7

Alex Deck	RST Trigon	North Midlands	00:59:38	8
Trevor Mayne	Birdwell Wheelers CC	North Midlands	00:57:46	
Anthony Keyworth	Kiveton Park CC	North Midlands	00:52:20	
Peter Stirik	Upton CC	North Midlands	00:49:51	
Stephen Cook	Lindsey Road Club	North Midlands	00:41:32	
Wayne Fuller	Rotherham Wheelers CC	North Midlands	00:38:09	04:59:15
Tom Cox	Northover VT	Wessex	00:50:19	
Norman Harvey	Sotonia CC	Wessex	00:36:38	
Bob West	VC Venta	Wessex	00:13:22	
Andy Langdown	Hampshire RC	Wessex	00:59:16	
Dave England	Crabwood CC	Wessex	00:54:43	
Alan Emmott	Fareham Wheelers	Wessex	00:53:49	04:28:07
Phil Guy	North Shropshire Wheelers	Merseyside	00:50:55	9
Arthur Winstanley	Phoenix CC	Merseyside	00:48:22	
Jenny York	Mid Shrops Wheelers	Merseyside	00:47:29	
Andrew G Clarke	Mid Shrops Wheelers	Merseyside	00:46:19	
Dave York	Mid Shrops Wheelers	Merseyside	00:32:52	
Helen Tudor	Oswestry Paragon CC	Merseyside	00:26:24	04:12:21
Peter Lavine	Coalville Wheelers	Nottingham and East Midlands	00:46:29	10
Sean Hunt	Lincoln Wheelers	Nottingham and East Midlands	00:46:01	
Stephen Howgill	Leicestershire RC	Nottingham and East Midlands	00:45:18	
Jeff Bowler	South Pennine RC	Nottingham and East Midlands	00:40:35	
Nev Bray	Coalville Whs	Nottingham and East Midlands	00:33:18	
Kathryn Smith	Sleaford Whs	Nottingham and East Midlands	00:33:01	04:04:43
John Baines	Yorkshire Road Club	Yorkshire	00:47:04	11
Robert Tate	Leeds Westfield CC	Yorkshire	00:43:38	
Karen Taylor	East Bradford CC	Yorkshire	00:41:47	
Keith Richardson	Leeds Westfield CC	Yorkshire	00:37:35	
John Churchman	Otley CC	Yorkshire	00:36:20	
Greystone Small	Bridlington CC	Yorkshire	00:36:16	04:02:40
Janie Carson	Chorley CC	North Lancashire & Lakes	00:49:37	12
Kev Shand	West Pennine RC	North Lancashire & Lakes	00:44:44	
Susan Cheetham	North Lincs Road Club	North Lancashire & Lakes	00:38:26	
Andy Smith	West Pennine RC	North Lancashire & Lakes	00:38:00	
Glenn Bowyer	Lancashire RC	North Lancashire & Lakes	00:35:18	
Harry Haseley	North Lincs Road Club	North Lancashire & Lakes	00:35:08	04:01:14

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OBITUARIES

ARCHIE SPEED 10:3:1923 – 7:10:2013

My dad Archie, at the age of 90 and of frail health, on learning of his son Alistair's sudden and tragic death suffered an irreversible relapse and sadly our family lost him four weeks after he had put his son to rest. We have been dealt a double blow by losing both Dad and Alistair within a 4 week period; a loss felt by family, fellow cyclists and friends alike..

Dad when in his early 20s was a miner and as transport to and from work proved a problem he took up cycling as a means of commuting back and forth to his workplace..

Cycling was to become one of his greatest pleasures over the next 70

years and a love affair of which he never tired. Shortly after his introduction to cycling he became a member of the Fife Century Road Club of which his uncle was a founder member and he remained a committed member until his passing.

After testing the merits of several cycling

disciplines, Time Trialling was to become the discipline that gave him the most enjoyment and he competed in events at all distances from 10 miles up to the 12 hour and 24 hours events. He preferred the long distance events with the 12 hour being his

favourite and at age 44 in 1967 recorded a distance of 383.520 in a 24 hour event. His 12 hour SVTTA Age Record at 68 years old with a distance of 204.355 still stands to this date. Unfortunately, in 1952 at the age of 29, he contracted TB and subsequently lost the use of one of his lungs and was informed he would never walk again.



Fortunately Dad wasn't very good at listening and proved the doctors wrong as he continued to race until the age of 80 and continued riding his bike until his 85th year. Over the years he completed 1,053 events – not bad for someone with only one lung. He was an ardent supporter of all aspects of

OBITUARIES

cycling and assisted wherever required, be it organising, marshalling or simply providing guidance and advice.

He was well known for sweeping up any debris and filling in potholes likely to cause a mishap in the Tour of the Kingdom 3 day RR event, which covered a distance of 180 miles. Such was his enthusiasm to ensure the safety of competitors.

Within his club, as well as Fife Cycling Association, he held many positions of office over the years and in the latter still held position of Vice Chairman up until his death.

During 1963 he joined the Scottish Group of the VTTA, and served latterly as President from 2003 – 2006. It was an organisation that he was extremely proud to be a member of and he enjoyed the camaraderie of fellow Vets when competing on both sides of the border.

Such was his tenacity in the face of adversity that he was awarded the Group's 'Tom McGinness' Meritorious Award on three separate occasions – 1972, 1989 and 1999, an honour he was proud to receive. Dad's service to cycling was further recognised by a local cycle shop owner and fellow member of the SVTTA, Sandy Wallace, who donated to the Group a princely trophy that is now known as the 'Archie Speed Trophy' and is awarded for the best aggregate mph over 10, 25 & 50 miles.

He was a proud father and grandfather in the knowledge that both Alastair and grandson Gavin shared his love of cycling. Latterly, when infirmity prevented him from

attending events, he would sit 'impatiently' waiting on the phone call that would inform him of both their results.

Our family would like to express our deepest thanks to the 15 cyclists from local clubs and the two local police motorbike outriders who escorted my Dad on his final journey; such was the esteem that was held for Dad within Fife cycling, the cycling fraternity in general as well as the many friends that filled the reception and stood outside during the service.

Cycling was not my Dad's hobby, it was his life.

Mhairi Laffoley

JIM BROWN

Jim Brown of Fife Century Road Club lost his battle with cancer on 1st Oct aged 79. Jim had been a member of Fife Century Road Club since he moved to Fife in the late 1980s. He had previously been a member of Coventry CC and Falkirk.

Jim was a distance time triallist with his favourite being the 12 hour, and after he finished racing - usually on fixed wheel, he still went along to Scottish 12s to spectate, and support the riders. His least favourite events were the "short" 10s and 25s. But Jim was also a tireless worker behind the scenes. As Marshal, or pusher off, there is not a race in central Fife that Jim did not help at. Road races & Time trials, Jims "Mystery machine"

OBITUARIES

would be somewhere and close by there would be Jim, red flag, Hi-viz vest and folding chair. Heatherhall Woods, the right turn used on every Fife CA course around Freuchie, was his spot. That was probably the most people saw of him at midweek's as he would



be out on the course bringing in signage when the times were being read out.

As president of Fife Cycling Association he was a calming influence, and his quiet but assured manner lent weight to his thoughts and opinions.

Jim's presence will be sadly missed, and will be one of a trio that has been a huge influence on Cycling in Fife that we have lost in the last month

ALASTAIR SPEED

It is with a heavy heart that I am writing this, as tragically my brother, Alistair, lost his life after being hit by a car whilst out on a training ride.

It was inevitable that Ali would take up cycling as his sport— from an exceptionally young age we attended cycle events to watch our dad, Archie, compete. Ali joined Fife Century Road Club at the age of 8 and this remained his club until his passing.

At the age of 12 he began his racing career, taking part in local time trials and, although he did try his hand at road racing, like Dad, his love was to remain with time trialling and beating the clock.

Over the years Ali would travel the length and breadth of Scotland to take part in time trial events at all distances from 10 to 12 hours. He has been the winner of the Fife Midweek Time Trial Series as well as winning numerous club trophies and over his racing career he completed 995 events. Often he would have gone straight to an event after finishing his night shift, but even then he always had a smile and a friendly word for his fellow competitors and those officiating.

As well as competing Alistair's main priority at any Fife Association event was to ensure that all aspects such as marshalling, road signage, organising etc were in place, and if not he would forego his position in the event to attend to administration or marshalling to ensure the event was run off successfully.

Perhaps Alistair's biggest attribute to the Fife Centre was that of his timekeeping skills

OBITUARIES



ARTHUR COMER

1922 - 2013

It is with regret that I have to record the passing of Arthur Comer at the grand old age of 91.

Arthur was born in Bristol in October 1922. He was an only child and it seems that his father had little time for his son. Despite good results at school he was denied the chance of further progress with his education.

At the age of sixteen Arthur lied about his age and joined the Territorial Army. War service soon followed and Arthur volunteered for the newly formed Special Boat Section. This involved dangerous missions into enemy territory on sabotage missions involving the use of collapsible small boats and often parachutes. Arthur was taken prisoner on three occasions but each time managed to escape.

Post war Arthur worked in a variety of jobs: insurance, shop work and teaching. But most importantly he joined the Clevedon Road Club and discovered the joys of time trialling.

No one quite remembers when he first got a tricycle but it is known that in the early 50s he was setting place to place records.

In October 1958 he claimed the Western Counties RRA, Lands End to Bristol Trike record and then in October 1959 he lifted the Bristol to Exeter and back record.

In the sixties he was still putting up impressive performances in long distance events on a bike and a trike. His best trike ride was the 372 miles he covered in 1961 and in 1966 he managed 366 on the same machine.

When the South West Region of the Tricycle

and he was well known throughout the 'Kingdom' for his efficiency in this department.

Ali had no hesitation in becoming a member of the Scottish Group of the VTTA; so much so that he joined the group in November 2003 prior to his 40th Birthday in May the following year, and was at the forefront of encouraging others to do likewise. He was pleased earlier this year when he achieved his standards at 10 and 25 after missing out on these due to work commitments in the past few years.

Alistair was so proud that his young nephew Gavin had taken up cycling and was carrying on the family tradition. They were often seen at races together and shared the same excitement when discussing their plans for 2014 season, and with no less excitement on the evening of Ali's last event. This being the evening prior to his life being so tragically cut short.

My brother lived for his bike and this tragedy has left a huge void not only in our family life but, also, in the SVTTA and Scottish Cycling alike.

Mhairi Laffoley

OBITUARIES



Association was set up in 1955, Arthur became a founder member. He went on to serve as Secretary for 45 years until he reached his 90th birthday

At the Tricycle Association AGM in October this year it was agreed to enter Arthur's name in the TA record book alongside such legends of trike racing history as Albert Crimes and John Arnold.

Compiled by Brian Griffiths with generous input from Sue Lonsdale, Ian and Bridget Boon

PETER JOHNSON

Peter Johnson bravely fought a losing battle with prostate cancer and passed away, aged 79, on 3 June 2013. Peter's father Len was a stalwart of the Cheshire Road Club and encouraged Peter to join as a junior member aged 16 in January 1950 and he was to become a Life Member of "The Chesh".

Peter was an enthusiastic participant in all club activities: he served on the club committee; was the club champion in 1966 over the BAR distances at an average speed of 21.721 mph; and became their President from 1980 to 1982.

A bad crash on Gun Hill during a winter club run on 6 November 1983 necessitated a long hospitalisation and was to curtail all future strenuous cycling. However, by this time Peter was a member of the VTTA and was working, like me, for Stockport MBC. Peter was in the Building Department and I in the Surveyors' Department. In my role as Chairman of the Manchester & NW Group, I knew that we had a vacancy for a Group Secretary and no sign of a volunteer. So, next time our paths crossed on Council business, VTTA business took precedence, resulting in Peter becoming Group Secretary for eight years, from 1982 to 1984 and from 1987 to 1991. Peter was an excellent committee man and always a willing helper at Group and club events. He was also a fine landscape artist and his canvases would often include a cyclist.

Sadly, his wife Doreen passed away a few months before him and he is survived by his son Christopher and daughter Melanie.

Jim Ogden

OBITUARIES

LEWIS JAMES ROBERTS

'Jim'

30/1/1911 – 17/2/2013



Jim was born in Toxteth, Liverpool on 30th January 1911 the son of Lewis and Jane Roberts with sisters Olive and Isabel.

On leaving school Jim went away to sea, travelling from Liverpool to numerous places including New York. The stock market crash of 1929 caused a drastic reduction in the shipping business and Jim needed to find work elsewhere until he signed up for the army.

A veteran of World War II, Jim (13076497, Sergeant, 240 company RPC) earned several medals including the George VI Campaign War Medal, The World War II Star, The France and Germany Star, The Italy Star and The Africa Star. Taking part in the D-Day landings at Gold Beach, Jim was active through the war from 1940-1945.

After the war Jim worked as a stevedore at Liverpool docks, eventually working as a shipping clerk at Ellermans in the city centre before

retirement.

Jim was a boxer in his early years and a keen footballer, although his favourite sport was cycling. Jim was a Walton C&AC cycling champion and held several club records including the Tricycle 100 mile record of 5:25:50 in 1952 which he improved to 5:13:45 in 1953. He cycled through the UK and Europe where his most memorable experiences were in Italy. A terrible road accident whilst cycling in 1953 almost killed him but he continued to be an active cyclist for many years after.

He married Eileen in 1958 who he had met through cycling. They lived in Crosby, Merseyside all their married lives and had two children. He was a governor of Chesterfield High School in the 80s and continued his keen interest in sport by helping out at Crosby Swimming Club from 1975 for over 30 years, becoming head performance coach and President. He worked for the Sefton Sports Council where he was awarded the Gold Medal Award for services to swimming and the sports council in the late 90s.

The last remaining founder member of the Dover Cycling Fellowship formed in 1979, Jim attended their meetings in Lydiat Hall every Tuesday without fail until very recently. Jim was a Liverpool Football Club supporter all his life and held a main stand season ticket for 51 years.

Celebrating his 100th Birthday in 2011 with his card from the Queen, Jim remained a well known member of the Crosby community until his death. Jim died on 17th February 2013 of old age and is survived by his wife, two children and six grandchildren. A loving, caring and well respected 'gentleman' Jim is missed by all his family and friends.

OBITUARIES

LES LOWE

25.02.1931—04.12.2013

A Sporting Tribute by John Taylor.

I'm sad to say that I'd actually envisaged writing these very words of tribute to Les so many times in the last decade, as I'd seen his health gradually deteriorate during that time, and I'm not sure in what order his illnesses occurred. I remember him observing on road record attempts around the new Millennium, and never missing his marshalling and checking duties in the Mersey 24, despite him taking a day or two to get there on his trike in more recent years with an overnight stop, his last stint of duty being in 2009. His breathing during those years became gradually more laboured and he told me he had a faulty valve in his heart. He lived alone at Stretton near Burton on Trent, but there were many other keen club cyclists living locally who knew him, phoned him, called in to keep their eye on him, and made sure he was okay. It was this vigilance by neighbours and cycling friends that helped him to stay alive, as he'd been found on two or three occasions in a very poor state, and taken to hospital for treatment, re-hydration and recovery, and on one of those occasions during the winter of 2010-2011 he had a cardiac 'pace-maker' fitted.

Les was the VTTA records secretary during his later years and this took up much of his time, but apart from a touch of deafness he had a very active

brain and a good memory. Over the years he'd gradually succumbed to a form of curvature of the spine, and I often wondered whether it was triggered off by a particularly painful ride he'd had on the back of a tandem in the Mersey 24 back in 1982, when he'd ridden for many hours with a stiff neck, and strained back muscles from leaning to one side to



see past the steersman Pat Kenny. Les and Pat put up a new competition record of 430.52m that weekend, and as one of their helpers, I wince every time I recall trying to help him to dismount at the end, where he sat on the grass bank, his upper body twisted and his face contorted with pain. As the title of this tribute suggests, Les rode all the year

round, and when the time-trialling season finished he rode Audax UK events, in fact he was one of the founder members of AUK in 1976 when he rode the inaugural Paris-Brest-Paris. His time-trials weren't restricted just to the UK either, as Jim Hopper recalled, they both went over to Switzerland on a couple of occasions to ride a 12 hour time-trial at Zurich.

In the late 1980's Les topped the 300,000 Mile Club's total mileage competition with over 600,000, and it was about this time that he took up racing on a trike for a new lease of life. I used to read the Audax UK magazine, and during one Windsor-Chester-Windsor randonnee ridden in atrocious conditions,

OBITUARIES

Les was said to have slept inside a telephone box for a couple of hours during the night!

I think it's safe to say that he was an inspiration to many of the tough, rugged AUK riders and long distance time-triallists at that time, but by 2009 at 78 years of age Les had dropped to 4th in the mileage competition with 787,213m, old age having taken its severe toll on him.

He started life on the Isle of Man, and being a keen rider from an early age he soon became well known in cycling circles. Later he came over to England to study, and further his education, which resulted in him gaining a degree in Engineering. He then joined the RAF, and flew to various parts of the world in a Shackleton as a Flight Engineer. On returning to civilian life he took a job with Rolls-Royce Aero Engines at Derby, and it must have been about this time that he continued seriously with his cycling career and interests, which were time-trials (the longer the better) and in road records, mainly with the MRRA.

For relaxation Les used to tour extensively on his bike, here and in Europe. He originally started club-life and racing with the Long Eaton Paragon CC, and Jim Hopper said the reason why he switched to the Speedwell BC was to become a member of their 24 hour team. In later life he also became a member of his local club the Mercia CC.

I first met Les in the early 1960s whilst helping my team-mates Pete Swinden, John Withers and Pat Kenny in the Mersey 24 and Les was one of the first to join the 24 Hour Fellowship in 1960, taking many active roles on the committee during the 53 years since then. He wrote articles and race reports for the Journal, and I've since used many of his event descriptions in my book 'The 24Hr Story'. His enthusiasm for the 24 scene was infectious, which resulted in us St Christopher's lads regularly riding the Mersey and North Road events.

Road record breaking with the MRRA was also one of Les's interests, probably after seeing Pete and John's tandem 24 hour record of 449m in 1961, and Pat's record 24 of 430.5m on a bike in 1964.

I will now list a few of Les's road records.

His first was the 24 bike record of 438m in 1965, which he still holds, his 2nd record was the Birmingham to Llandudno in 5:10:16 on a tandem with Ian Shaw in 1966, and then the Birmingham to York & back with Ian that same year in 11:50:38, (a record they still hold). In 1967 Les put up the current bike record of 17:39:07 for 'The Circuit of the MRRA', visiting the Midland towns and cities of Warwick, Worcester, Gloucester, Shrewsbury, Stafford, Leicester, Northampton, Nottingham, Oxford and Derby. 1981 saw him stoking the tandem for Pat Kenny and putting up the current RRA Birmingham to London record of 4:29:52, (you may recall me mentioning in a recent Journal, how 'hairy' that attempt was, when Pat and Les came close to getting squashed between two buses as they entered the suburbs of London!) On a trike in 1982 he took the Birmingham to York and back with the current record time of 14:20:11; and in 1985, one of his last records was over the Birmingham to Llandudno route with Jim Ithell on a tandem trike in 5:27:36s. Of course there were many more records, including some 'mixed' ones, but I felt those that I've mentioned were a good cross-section to portray Les's strengths, and stamina.

Over a period of 36 years he rode a vast amount of 24s, at least 35, and to my knowledge, only George Berwick and Jack Spackman have ridden more.

Les had a few good placings in 24s during those years with rides over 440m, and rather than list them all, I've chosen just a few of his performances. His first was the Catford in 1959 with 424.3 miles, progressing to probably his best

OBITUARIES

mileage the following year with 446.7 in the North Road 24.

In the 1966 Wessex RC Championship with 444m he led Speedwell BC's Ian Shaw and Ken Smith to a 2nd team mileage of 1,278.

In 1973 he came 2nd in the North Road with 439.7. In 1982 he won the medal for the fastest trike in the North Road event with 393.2m, and in the 1985 Mersey he put up a new tandem trike Competition Record of 419.15 with Jim Hopper. In 1985 he rode 403.4 on his bike in the North Midlands CA 24, and one of his last North Road events on a bike was in 1988 with 398.9. At the beginning of this tribute I mentioned Les checking, marshalling, and helping riders during events, he was also an official observer and roadside checker on RRA road record attempts, and over the last 60 years he's done more than his fair share for the sport.

Les leaves an older brother who still resides in the Isle of Man, and his niece Christine. We sadly learned of his death from Tony Shardlow who said that 'Les had passed the timekeeper for the last time!'

My thanks go to Jim Hopper for some of the details of Les Lowe's life.

In addition to the foregoing, the VTTA had much to thank Les for. For many years he was National Recorder and Records Secretary and, with his health failing, became the Records Secretary. He came to the rescue on the sudden resignation of the Recorder a few years later and managed both jobs, although not without obvious stress.

Les used to arrive at Committee Meetings on his trike, having spent two days getting there!

At the 2011 AGM, Les decided that the time had come to stand down and he became one of the select band of Distinguished Life Members with a moving presentation after business was concluded.

We will all miss you, Les.

DAVE FREE

1933—2013

(Courtesy of the Oxonian CC)

David joined the Oxonian Cycling Club in 1951, at the age of eighteen, while still at Abingdon School and living in nearby Longworth. His first appearance with the club was on a Sunday afternoon club run, when as steersman on an ancient tandem, with a school friend on the back, he made a memorable entrance into club life. The club group were descending the very steep and, long hill down into Streatley. There was loud cry from David "Coming through, brakes are not working", whereupon the tandem pair swept past, accelerating as they approached the cross roads at the hill foot, went straight and safely over the main road, through the village, over the Thames Bridge, coming to halt in Goring Village. Thus we got to know David.

David was soon into time trialling, riding in a two or three club events in what remained of the season.

On leaving school he entered Reading University, where he continued what was to be very long racing career, spanning almost sixty years. Whilst at Reading he started the University's own cycling club but always remained a first claim Oxonian.

David preferred the longer distances, 100s, 12s and 24s. In 1954, while still at University he rode his first 100 and 12 events, amassing 241 miles in the Middlesex RC 12, beating the coveted evens target.

During 1956 and 1957, National Service with the army (Berkshire Regiment) including a spell in Cyprus, limited his racing.

In 1958 he was back with a vengeance. Returning to Reading University he rode three 100s, a 12 and the club Cheltenham and back preparing for the Wessex RC 24 in which he produced his best ever total of 447, setting a new club record.

In 1959 he was teaching in Yorkshire and rode

OBITUARIES

mainly shorter distances. He did not complete another 24 until 1965 when he had a regular helper, his beloved Linda. He rode several Wessex 24s thereafter.

In the 1967 event he was knocked off his bike, winding up in hospital.

In 1964 the really important event was his marriage to Linda in April of that year. Sadly they did not quite make the 50 year anniversary. They were blest with a son, Andrew, and two granddaughters. In his long career he completed more than 100 time trials at 100 and became a member of the 300,000 mile club.

He was awarded Honorary Life Membership of the Oxonian Cycling Club. Such honours have to be earned. David certainly deserved his.

David did a considerable amount of touring in UK and on the Continent, often with Linda and sometimes with club mates; thus he was a complete cyclist. He was a lifelong YHA member. He took on offices within the club, promoting club open events and later acting as club Press Secretary. He represented the club on various governing bodies.

There were of course family commitments, house and garden, David loved the garden.

David moved from teaching to The Civil Service, doing work which must have given him pleasure, since he able to cycle about (he never drove) visiting claimants. He once mentioned that he often needed to help the less able, and older people,

with benefit claims, which must have been satisfying.

He had a keen and active interest in the local Railway.

He rode his last 12 in 1993 and gave up 100s in 1998. His last events, at the short distances, were in 2010, when he had been diagnosed as having prostate cancer. He set about writing the Oxonian

CC history but his illness precluded this and the task has been handed on. His illness did not stop him riding entirely, we would continue to see him on the Thursday coffee runs for a while, but later on he would come by car, with Linda. He was nursed and looked after lovingly by his devoted Linda who got help in David's final days from Marie



Curie nurses.

So! After more than sixty years in Cycling, David, sadly has left us and reported to "The final timekeeper". A large number of family, friends and club folk attended his funeral service which in accordance with David's wishes was non-religious. Appropriately some mourners arrived on bikes in cycling garb.

David was an enthusiastic member of the VTTA, joining West Group very soon after reaching the age of 40 and his name was to be seen on many start and result sheets. His professional training meant a special interest in *The Veteran* and the Editor was grateful for his compliments which were made whenever they met.

In My Time



Memoirs of a Sporting Cyclist
by Mick Coward

I have been a cyclist for over 60 years, starting as a novice club rider with '34 Nomads CC on through my amateur days to become a professional road racer, then finally re-instated back to amateur again where I am still at it as a veteran time triallist. Within the 203 pages of this book, you will find stories of my racing days, my working days, mostly in the cycle trade, plus other segments of my life.

For a copy of
In My Time
send a cheque for £7.50
(which will cover the cost of the book
and the postage)
to
Mick Coward
39 Elmwood Road
Keighley BD22 7DW

ME AND THE NEW STANDARDS

by Alex Munro

This year, at 80, and being elected as an Honorary Life Member of the Scottish Group, I decided to celebrate by trying for a plaque (four events from eight). Since I had not had a plaque since 2005 (eight years), and for many reasons only ridden eight events in the intervening years, I set a target of 20mph (evens) and to ride no more than fifteen events.

Finding a 15 in North West England/Scotland was out, so I went to Yorkshire (E. Brad CC) for the 15. (Very good course, no traffic).

The outcome is shown in the attached table and bodes well should I ride in 2014, if it's for Standards or for Performance.

So to all members of the VTTA, either young, old or 'past it', gave up etc, there is a plaque out there if you want it. Forget the debate and go for it, 2014 will soon be here.

I did not ride any drag strips, only home courses (N/West and Scotland) and did gain 1 x 6th on Standard and 1 x 7th on Standard, plus 2 x over 80 awards; not so bad from 13 events, proving to me that the Standards are not far out. The only query I have is that aged 15 in 1948 I won a handicap with a 1:14 when the VTTA 40 year old Standard was 1:06:00, yet we still have that time as a starting point.

Since most 40 year olds will beat the hour in 2013, this is an anomaly. 1948 competition record was 58:00 by George Fell, the difference to 1:06:00 equals eight minutes.

The 2013 competition record is 45:46 and the difference to 1:06:00 is 20:14. I'll leave that for our Standards Committee to debate—the rest of us, just get training.

Dist	Act Time	VTTA Std at 80	Plus	New Plus*	Target Time 81**
10	28:34	31:37	2:57	29:00	28:49
15	44:54	47:49	3:05	45:28	45:19
25	1:14:34	1:21:02	6:28	1:15:33	1:15:14
30	1:30:11	1:38:03	7:52	1:31:23	1:30:56
50	2:40:43	2:49:02	8:29	2:42:59	2:41:58

* Based 81 plus—one second as in the past

** These can be attained after 1 January 2014 and are not dependant on birthday at 81

Internet Entry

Entries through the internet entry system increased dramatically last year to over 18,000. In 2013 well over 65% of events will have internet entry for those who wish to enter events this way. Unfortunately however, the administration fee charged per event will have to increase to £1.00 (up from 70p) so as to cover the cost of this facility and in particular the bank charges incurred.

(Extract from the CTT December Newsletter)



**STOCK CLEARANCE AHEAD OF RETIREMENT BY END 2014
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JET SPECIAL – BLACK/BLACK – 700 x 19	-	£26.95
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S 33 SPECIAL – BLACK/BLACK	£25.95	£25.95
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TUFO VALVE KEY	£0.75
JANTEX TAPE	£1.95
SILCA DISC WHEEL PUMP ADAPTOR	£5.95
SEAT POST CLAMP FOR 31.8 mm SEAT TUBE - BLACK	£4.95
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CAMPAG CHORUS HEADSET – 1 1/8" INTEGRATED	£31.95

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Eighty-three year old Peter Horsnell
Chelmer CC and East Anglian Group
Record holder at 12 hours and the
oldest competitor in the Best All Rounder Competition
where he took third place
(Photograph by Kimroy)