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December 2018

THE VETERAN



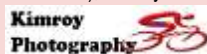


ALL THE WOMEN CHAMPIONSHIP MEDALLISTS OF 2018

Front cover (top left to bottom right) - Karen Ledger, Liz Powell, Lynn Biddulph,
Angela Carpenter, Jackie Field, Katia Rietdorf,
Debbie Moss, Mary Corbett, Christine McKenzie

This page (top left to bottom right) - Kate Bradley, Jo Corbett, Helen Reynolds,
Sue Semple, Rachael Mellor, Sue Cheetham,
Janet Fairclough (photo by Rob Jones), Alison Vessey (photo by Rob Jones), Wendy Gooding

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National Association for the 40 years old and over racing cyclist

NATIONAL EXECUTIVE 2018/19

President

Carole Gandy (Kent)

01622 762837 : carole.gandy12@gmail.com

Honorary Life Vice President

Keith Robbins

Vice Presidents

Mrs D Maher E A Green

Chairman

Andrew Simpkins (Midlands)

18 Richmond Close, Hollywood, Birmingham, B47 5QD

0121 474 2680 / 07767 835004 : chairman@vtta.org.uk

Treasurer

Mary Corbett (Wessex)
28 The Meadows
Lyndhurst, Hampshire, SO43 7EL
07837 551768
mary@mcaccountancy.co.uk

National Secretary

Rachael Elliott (London & Home Counties)
6 Pindar Place
Newbury, RG14 2RR
07931 722817
secretary@vtta.org.uk

Records Secretary

Geoff Perry (London & Home Counties)
5 The Meadway
Loughton, Milton Keynes, MK5 8AN
07808 839811
geoffreyperry@aol.com

Membership Secretary

Merv Player (East Anglian)
18 New Close
Knebworth, Herts, SG3 6NU
01438 814154
mervplayer33@gmail.com

Editor & Advertising Secretary

Mike Penrice (Yorkshire)
Tawnylands, South Duffield Road
Osgodby, Selby, YO8 5HP
01757 291196
editor@vtta.org.uk

Awards Secretary

Ian Greenstreet (London & Home Count)
Davandy, Long Lane, Shaw
Newbury, RG14 2TH
07980 301321
iangreenstreet@gmail.com

National Recorder

Glen Knight (Midlands)
6 Grange Field Road
Bredon, GL20 7AZ
07766 831267
recorder@vtta.org.uk

IT Manager (co-opted)

Jon Fairclough (Surrey/Sussex)
Romer Cottage, Long Reach
Ockham, Surrey, GU23 6PF
01483 285562 / 07976 558616
itmanager@vtta.org.uk

National Executive Committee Members

Robert Jones (South Wales), Barry Quick (London & Home Counties), Alan Colburn (Midlands)
John Hawkrigde (Kent), Keith Dorling (East Anglian)

Website : vtta.org.uk and Facebook

THE VETERAN

THE QUARTERLY MAGAZINE OF THE VETERANS TIME TRIALS ASSOCIATION

Founded in 1943 to promote cycle time trialling for those aged 40 and over

Number 59

December 2018

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Welcome to a bumper edition of The Veteran as we conclude our 75th anniversary year. Despite some problems with courses, cancellations and abandonments it has been an exciting year of racing, including all eight VTТА championships. In this edition we report on the 15 miles, which was organised in the most efficient manner by Rachael Elliott, with strong support from her London and Home Counties Group friends. As we all know Rachael suffered a serious stroke early in the year and organising this event and then returning to her role as National Secretary was a big personal milestone on her road to recovery. The National Committee were therefore delighted to have the opportunity to select her as the recipient of the Ted Bricknell Award for 2018.

At the last AGM Steve Lockwood stepped down from his post as National Recorder, having done the job since 2012. There was no immediate replacement but Glen Knight of Midlands Group has stepped in very late in the year and done an outstanding job processing the results of the three national season long competitions. Editorial deadlines can be very unsympathetic but he has risen to the challenge and provided a full set of results for inclusion in this edition. It is worthy of note that the outright winner of our Best All Rounder is Jackie Field - she is the first ever female winner of any of our season long competitions so deserves special congratulations.

Steve continues to be involved in VTТА activities, having taken on the vast quantity of number crunching required for the standards review. This process is being led by Chairman Andrew Simpkins, who gives an update in the following pages and with the expectation that standards revisions can be adopted for the forthcoming 2019 season.

The new VTТА website and on-line membership system is another of Andrew's projects, where he has been most ably supported by Jon Fairclough. Both are former senior IT professionals so this development has been in good hands and we are now seeing real benefits in membership processing. If you have not done so yet, it is now really easy to rejoin on-line so why not give it a try? If you are one of those members who does not rejoin before 28th February under the new system your membership will lapse and this will be your last Veteran magazine.

We can look forward to 2019 with confidence. The programme of championships is decided and is spread fairly around the country, including Scotland, and the groups are all very active. Membership is increasing and time trialling continues to provide popular challenges for us older riders.

Wishing you all a Merry Christmas and a Happy New Year. May 2019 be your best ever season for time trials or just for the basic pleasure of just riding the bike.

Mike Penrice

LETTER FROM THE PRESIDENT

Over the years women's cycling has gone from strength to strength and it is great to see that this edition of The Veteran on its front cover displays those women who have taken part and been successful in the Vets National Championships for 2018, where every distance was entered by them.

The women's results in all the distances on standard were extremely commendable but not quite good enough to dislodge the men from taking all the Championships. However I am sure this will be achieved in the not too distant future as training techniques and equipment ensures that not only men but women are improving on their times in leaps and bounds. Since I last raced the approach to training has changed dramatically.

Beryl Burton was certainly one of the all time greats of women's cycling and her 12 hour achievement which beat the men's distance at the time stood the test of time for 50 years before being broken in 2017. Beryl was one of my heroes and a great lady and I am delighted to see that women are still going out and achieving faster and faster times. Records are there to be broken.

Whilst the number of women taking part in time trialling could be better the interest is there to increase the numbers as more and more women are enjoying riding a bike, probably initially for pleasure but as they get in to the activity they look for more challenging rides. Many triathletes do eventually enjoy the cycling discipline and this has helped to boost the numbers. Whilst road racing is not part of the VTTA scene we only have to watch the media to realise that this is a growing interest for many women and this again demonstrates that women's cycling is at long last receiving the attention that it has always deserved. Whilst the number of women that appear on start sheets still looks low in comparison to the number of men it is encouraging to know that the number of women entering events is increasing year on year.

The 2018 season is now over and all those who have ridden their bikes will look back on a good season and will I am sure be already planning their aims and aspirations for the 2019 season. On completing the 2018 season we have seen Jackie Field take the 4 distance VTTA Bar, the title is a first for a lady in the history of our organisation. Enjoy the 'social season' but I also know that serious training, be it on your own or with a coach, will be starting in earnest. Good luck to all those competing ladies and may we see one of you taking at least one top spot in the 2019 VTTA Championships.

Carole Gandy

VIEW FROM THE CHAIR

The end of the year is a time to reflect on the season's performances and there have been some particularly notable rides. Among too many to mention, there are Gavin Hinxman's sub four hour '100' on a trike, a suite of very fast times by Kevin Tye that netted him six age records, Karen Ledger with many top placings and four age records, and Stephen Williamson who recovered from injury to win the National 12 hour championship. Then there is Jackie Field who is the first woman to take overall first on standard in the BAR. A great achievement and one I am sure will inspire our other female members. Mention should also be made of those members in their late 80s who continue to turn out remarkable performances – Syd Wilson, Ken Stevens, Ron Hallam and Peter Horsnell. Hopefully all of us who compete have achieved something encouraging this year to add to the simple pleasure of just riding our bikes.

It is also the time of year that is particularly busy for our group and national officials. While riders may be taking something of a rest, officials are arranging AGMs and dinners, processing results for the season long competitions and standards, ratifying age records, and in addition providing the content for you to read in this edition of the Veteran. Our thanks to all those who give so generously of their time to keep the Association moving forward. I would especially like to mention Glen Knight who kindly stepped in as National Recorder to produce the season long results and Mike Penrice who does a massive job in compiling not only The Veteran but all the details that go into the update of the Handbook.

Another major recent piece of work has been the enhancement of the new national online membership system to send out emails inviting renewal for 2019 and providing a link to do so online. In November we saw 75% of renewals being made online which is a great take-up of the new service as well as making the work of group officials easier. You can also apply for standards online and make a donation to your group. Further reminders will be issued in January. Thanks to Jon Fairclough for leading the work on renewals with Xncreations.

Looking forward to 2019 we have confirmed arrangements for our national championships. These are shown on the website and will be published in the National AGM papers and the Handbook. We have tried to spread these around the country so why not plan to enter a national championship near you in 2019? There will also be a revision to the standards which I cover in a separate piece in this edition of the Veteran.

In the last year I have particularly enjoyed my visits to group officials in conjunction with the rollout of the new membership system. I have met with an attitude that has been supportive and progressive and this gives me confidence that we will continue to see positive developments in the VTTA in the coming years.

Andrew Simpkins

IT MANAGER'S REPORT

Jon Fairclough

I took on the role of VTTA IT Manager in September. My job is to manage the IT systems owned by the VTTA NEC ("VTTA systems"), ensuring that the information contained in them is correct and available to users. There is a list of responsibilities that I have to fulfil that I will not bore you with here. You just need to know that if there is something wrong with the VTTA website or you think of a feature it needs, I am the person to contact at itmanager@vtt.org.uk.

I got familiar with the VTTA IT systems through my work on the National Online Membership System (NOMS). Over the last few months the main activity has been to develop and test the renewal functions of sending out bulk email to members and checking that each type of member can verify and, if necessary, update their membership details, make a donation, pay their subscription and purchase standards, the Veteran magazine (in the case of Life Members), or a ticket to the group's annual lunch (for those groups that allow it). All the purchases can be settled in one payment. Renewal emails were sent out in November. Reminders will be sent to those who have not yet renewed in January. Members without an email address should get a letter from their group secretary in the post. One feature of the system is that members without an email address can appoint a proxy member who has an email address to manage their membership online for them. If you want to do this, contact me.

Now the renewal system is done we are looking at a list of enhancements we would like to make and prioritising them for implementation. In no particular order the list includes: a metrics page for officials showing key statistics about the membership, the capability to manage group age records on the site, the capability to store card details, the capability to pay a sub by direct debit, and further integration with the results on the CTT site, opening the way to support recorder functions such as evaluation of season long competitions and standards awards. I welcome your ideas on features that you would like to see.

When not dealing with the IT chores I have been trying to get out on my bike. I went to the UCI World Championships in Varese in September. As usual it was a mad, fast race and great fun. I finished completely spent 152nd out of 180 in the Male 60 to 64 category. The winner was an Italian who looked like he spent his time riding up and down the mountains of the route every day. Not long after that I went to South Africa. My training route is along Clarence Drive from Gordon's Bay. Check it out on Google Maps - it's one of the best cycling roads in the world. I am now back in the UK and looking at my turbo trainer as the main training tool. Unfortunately, there is no comparison.

NATIONAL SECRETARY'S PIECE

Normally, in the December Veteran, I spend time reflecting on the year and reminiscing on the many outstanding performances, the achievements of championship winners and the plethora of new age records. Whilst this year as been no exception – we have our first female winner of the VTTA BAR (Jackie Field), riders such as Keith Ainsworth blowing previous records out of the water (who could have predicted 10 years ago that a 59 year old could ride 48:00 for 25 miles?) and events such as the East Anglian VTTA's Leo 30 firmly putting the possibilities of veteran time trialling at a new level.

However, whilst I have been able to admire these performances from afar, not a single day has passed this season where I haven't been sad about not being able to compete myself in the sport I was such an active part of just a year ago. I had been looking forward to embracing the new opportunities that participating in VTTA events would bring when I turned 40 in March and being able to be truly part of the VTTA racing "family".

My stroke in February put an end to these dreams, but I like to think of it more of a kick-start into becoming an even more integral "cog" of the VTTA than I could ever have been if I was still training and riding at the level I was used to. I proudly became a member of London & Home Counties from my hospital bed, and I have been more determined than ever to make the VTTA become one of the most dynamic, forward looking and inclusive cycling associations in the country.

After a few months out, I came back into the role of secretary excited about the direction the VTTA is moving under the helm of the Chairman, Andrew Simpkins. We are embracing new technology with the new website, heavily working towards parity in the sport with separate female competitions and seeking to keep competition fair with the review of standards. We approach 2019 with more than ever to be excited about.

Rachael Elliott

MEMBERSHIP SECRETARY'S REPORT NOVEMBER 2018

Merv Player

I'm presenting my comparison figures for the past three years. With the new national website and on-line membership system being in operation I have now only shown new members and no longer those who have resigned, lapsed or deceased. These are shown as a separate note.

The total members at the end of the past three years are as follows:-

2016 - 2753 (Figure from national database at 31/12/16)

2017 - 2774 (Figure from national database at 31/12/17)

2018 - 2793 (Figure from national website, members who are depicted as "Active" at 13/11/18)

On the website, 14 are shown as Deceased, 1 as Pending and 61 as Resigned. A further 206 are shown as lapsed. These members will be given the opportunity to renew, after which they will be deleted from the website. On the same date there were 416 Honorary Life Members, 73 Life Members and 6 Distinguished Life Members.

During the year three of our members reached the age of 100 and the Groups concerned made a presentation of a suitable certificate and had a photo shoot. These were John Elder (Scotland), Bob Jephcote (Midlands) and Roy Wilkinson (Nottingham & EM).

New Members Dec 2015 to Nov 2018			
	2015 /16	2016 /17	2017 /18
December	6	14	9
January	45	53	44
February	43	67	58
March	55	60	69
April	72	59	71
May	53	63	57
June	43	51	64
July	49	29	51
August	19	30	36
September	15	6	23
October	21	3	16
November	11	10	13 @ 13/11/18
Totals	432	445	511 @ 13/11/18

NEC UPDATE ON VTTA STANDARDS REVIEW

In the last couple of months, the NEC has been undertaking a review of the Standards. The current standard tables were introduced in 2012 following a review in 2011. The NEC sent a briefing paper to Groups in early October 2018 which explained the approach to the review, and this received positive feedback.

The overall aim of the standards is to provide a fair handicapping system for all our members - 'a level playing field'. Fairness may be evidenced in a number of ways, such as a broadly even spread of ages and genders (relative to numbers participating) in the top places in VTTA events, championships and season long competitions. A fair standard should also mean that the best riders across age bands achieve plusses that fall within a relatively modest range of each other i.e. no age band is achieving plusses which are notably out of line with other age groups.

As part of the review we obtained a large number of veteran's results (86,000) from the CTT website mainly covering the years 2016 to 2018. Added to the results we had in 2011, this gives us a much larger and more recent database and provides a longer period over which to assess trends. We have then used this more comprehensive and up to date set of veterans' results to rerun the statistical model that was created as part of the 2011 review. This has enabled us to produce a revised age decline profile from which we can then derive revised standard tables for all distances and times and for men and women. The advantage of this approach is that it is based on real results rather than just being a theoretical age decline model. In addition, now that we can obtain results data more easily from the CTT website, we can carry out more regular reviews of the Standards to see if they continue to be in line with performances. Having produced a 'candidate' revised standard we tested its impact by recalculating the results of a selection of recent competitions and championships to check if it produces a more level playing field across the ages and for both men and women.

What then has changed since the last review in 2011? First, average speeds for veteran men have increased across all distances and times, apart from 24 hour events. This is unsurprising given what we know of improvements to training, and more aerodynamic clothing and equipment. Average speeds have also increased across all age bands, except for the over 80s. But we also see that the best riders in the oldest age band are achieving plusses that are somewhat in excess of what is being achieved by younger riders. When the results from the last seven years are analysed therefore, the outcome is that the standards will become slightly harder for men across the age bands including the oldest band.

In contrast, the average speed that veteran women are achieving compared to men is somewhat lower than was found in 2011. This may be due to more women entering the sport and having to gain in experience. So, another consequence of the new data is that the standards for women will in general become slightly easier. The evidence also shows that the trike standard should be somewhat easier. However, the overall conclusion from using our improved database of results is that what is required is some refinements rather than major changes to the current Standards.

We also propose to keep the current 'baseline time' of 1:06:00 for a 40 year old male over 25 miles. The baseline time is somewhat arbitrary, but it serves the purpose of a starting point from which follows the age decline profile. By retaining this baseline time, it will not be necessary for members to 'start again from scratch' with regard to setting and improving their times for gaining standard awards (as happened in 2012). A conservative baseline time also means most riders get plusses which is good for motivation.

There are other possible methods for calculating standards. We have investigated using age records and proportional pluses but have not identified any substantial benefits that would justify changing the basis of standards at this time. Such significant changes would also require more time to analyse and agree within the Association. What we are aiming for is an update to the standards which simply reflects the changes which have taken place in performances since the work was last done in 2011, and which can be implemented straightforwardly for the 2019 season.

We will be holding a briefing session on the new 2019 standards immediately prior to the National AGM in January when we will provide more details of the review. We will also be circulating a report of the review to groups.

C.W.COOKE TROPHY AND TED BRICKNELL MEMORIAL AWARDS 2018

These awards are determined by the NEC against nominations from groups. There were seven high quality nominations each for both awards but the winners were indisputable and most deserving.

C.W.Cooke Trophy for the most meritorious racing performance of the season is awarded to Kevin Tye of Velorefined Aerosmiths and Kent Group.

Kevin Tye has been producing outstanding time trial performances for many years and in 2018, aged 56 (and 57 from October), he had probably his most successful season. This has included second place in the 55-59 age group at the UCI Gran Fondo Masters World Championship, one 18 minute and eight 19 minute '10s', five 48 minute and three 49 minute '25s'. In doing these rides he set six national age records at distances of 10, 25 and 50 miles, as he progressively improved his own records, and he won three open events.

Ted Bricknell Memorial Award is given for outstanding services to the Association and for 2018 is made to our National Secretary Rachael Elliott of London and Home Counties Group.

Rachael has been National Secretary of the VTTA since 2014, despite being 'under age' to formally join and to compete as a veteran. During that time she became one of the fastest female time triallists in the country, taking 30 miles competition record in 2015 and then lowering her own record in 2017 to a staggering 1:00:34. She also won the 2017 CTT National Closed Circuit Championship.

Rachael was looking forward to reaching the age of 40 in March 2018 and being able to compete in veteran's events, with aspirations for championships and age records. However in February she suffered an unexpected and serious stroke, which she survived only due to her outstanding fitness. Her hospital recovery was recorded by her positive messages and photos on social media, but she suffered partial loss of her sight and is unable to continue her time trialling career. She continues to be positive and has returned to as many pre-stroke activities as possible.

Prior to Rachael's stroke she had agreed to organise the VTTA National 15 Championship, scheduled for August, on behalf of her London and Home Counties Group. Despite her ongoing difficulties she organised the championship to an exemplary standard, marking her re-emergence onto the VTTA scene. She then resumed her duties as National Secretary in September and now looks to become even more involved than she was able to when training and racing herself. Rachel is an outstanding example of creating opportunity out of adversity - a real inspiration.



I LIKE ALF - 14 LESSONS FROM THE LIFE OF ALF ENGERS

The Eagerly Anticipated Book is Reviewed by Mike Penrice

We all like Alf now. After forty years out of the limelight the controversy which surrounded Alf Engers' relentless pursuit of the first 30 mph 25 mile has been replaced by universal respect. Why? Well we all get it now - Alf was a trailblazer, the first exponent of cycling aerodynamics and of marginal gains, although neither of these terms would be recognised by the average time triallist of the 1960s and 70s. He also understood the importance of building charisma, with an image of mystique and invincibility, as an aid to competitive achievement. Together these attributes brought him into conflict with sections of cycling officialdom.

Paul Jones' newly published book "I Like Alf - 14 Lessons From The Life of Alf Engers" takes us from his earliest days in war ravaged North London, through his discovery of cycling and the nurturing of an intensely competitive instinct, and on to his achievement of legendary status with his 49:24 ride on 5th August 1978. Along the way we learn about Alf's three earlier 25 mile competition records, his six 25 mile championship wins, his wider competition in track and road races and his Belgian road racing foray (cut short at one week) which was a prelude to his short-lived career as a semi-professional road racer and the first of several periods of suspension.

The well researched book relies on Alf's personal testimony and well recounted anecdotes, those of his contemporaries - riders, bystanders and officials - and extensive cycling press reports. Most time triallists know something about Alf Engers but this book brings it all together and puts all the hype and paranoia into context.

The author structures his story of Engers' cycling career around lessons learnt and which are equally relevant to all racing cyclists, resulting in 14 eminently readable chapters. He does not skirt around the controversies which often followed in Alf's wake and we learn the various viewpoints of his pushing the boundaries of what was permissible in pursuit of his goal. The resulting skirmishes with officialdom and Alf's several periods of suspension are recounted dispassionately.

Many of the most senior officials with whom Engers suffered most disagreements regarded themselves as the guardians of the tradition of time trialling, but to him they became "protagonists". Sadly these officials are no longer with us, so the telling of stories around these conflicts is unable to be completely balanced. However it is obvious that whilst the author has some sympathy with the relentless official scrutiny which Alf's performances attracted he does not regard him as entirely blameless.

Alf all but disappeared from racing following his ultimate record, having put all his efforts into that one goal. Being the first to go sub-50 had devoured his life and anything else was an anticlimax. Paul looks back with Alf at his massive achievement; it is clear that Alf now has regrets and feels he was not able to pass on his experiences, due to pressures of working long hours and to family life. But he has passed it all on, simply through being an example of what can be achieved by attention to detail and the most single minded determination.

It is apparent that away from cycling Alf is a very private person. There are hints of his hurt at a lack of parental support for his cycling in his early years, of two marriages and of his family. Alf was a baker and worked long hours; his escape from the pressures of work and supporting his family and from the ultra competitive cycling environment which he created around himself was the peace and solitude of carp fishing, his other lifelong passion.

The author, Paul Jones, is a long time cyclist, a member of Bristol South CC, and is a teacher by profession. He is an accomplished time triallist himself, so knows his subject well and obviously has a deep admiration and respect for Alf Engers. Paul's earlier contribution to the literary world is "A Corinthian Endeavour - The Story of the National Hill Climb Championship"; this latest book promises to be equally well received.



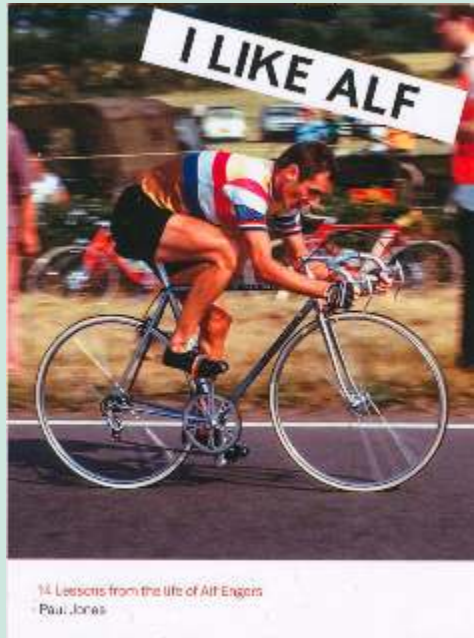
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I LIKE ALF

by Paul Jones

This is the story of Alf Engers and the pursuit of speed, set against a backdrop of cycling clubs, shop-owners, frame-builders, riders, racers, team managers and officials. It loops from the Paddington Track to the Skol Six, Herne Hill to the National Road Race Championships and from Boroughbridge to Barnet, in and out of time and place to capture the truth of a racing career of unequalled achievement, charisma and controversy.

Constructed from new interviews with Alf Engers and extensive research, *I Like Alf* is the definitive tale of a mythical and charismatic folk hero of British cycling.



“A lot of fun, great anecdotes. I strongly recommend it for the insight into a way of cycling that is largely forgotten now.”
William Fotheringham

“This is a riveting read by author Paul Jones who sensitively seeks out the darker recesses of Enger’s soul...It is a joy to read. Here is descriptive prose worthy of the late Norman Mailler!”
Keith Bingham:

“The prose is intelligent, and the narrative addictive... Buy one for yourself and a second copy as a Christmas present for your best pal in the peloton.”

Brian Palmer/thewashingmachinepost:



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"Excellent in every way. Thank you very much". Victoria, Australia

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Rated 4 Star by Cottages4You



In the garden of The Old Forge house stands the beautiful barn with south-facing views which is fully furnished and is let on a self-catering basis. It sleeps 4 guests. From the afternoon patio you are able to enjoy the use of the built-in barbecue with views of the local farmer's field where sheep, lambs and cattle are often seen.

"This was our 3rd New Year and 4th stay as guests of Colin and Wendy in their splendid 'Old Forge' Barn. As always, the warmth of the welcome and generous hamper that greeted us on arrival was simply lovely. The barn cannot be beaten for utility, charm and home comforts".
England

The Old Forge B and B and Holiday Barn, which is run by Wendy and Colin Pearce, is located in the village of Knockin, half-way between Shrewsbury and Oswestry in Shropshire, which lies about two miles from the A5 which is the main road that links the South of England to North Wales. Knockin is a central point for horse-riding, golf, fishing, walking, cycling and visiting National Trust Properties. In the village is a local pub which serves good food. Nearby there are also numerous eating pubs and restaurants.

RIDER Q&A - PETER BAKER

Jon Fairclough Asks the Questions

Peter Baker, who is the 2018 Surrey/Sussex men's BAR Champion, he has also won the Audax Male Mileator award every year since 2011. Peter's total mileage in 2017 was an incredible 25008 miles. He regularly tops the Surrey/Sussex Strava distance leaderboards with the vast number of miles he rides each week.

Q: When did you start time trialling?

Peter: My first event was an Eastbourne Rovers early season club "10" on Sunday 24th March 1974, aged 15. My time was 31:57 for 6th place out of 7 riders. The event winner is known to many local VTTA members, Ken Stevens with a time of 25:30. Since then I've completed almost 1500 time trial events.

Q: How many events have you done this year and how many at each of the distances?

I've only got 18 open or association result times to my name this year, plus 15 club events, mainly in Sussex and Hampshire. That's five open 10's, six open 25's, two open 30's, two open 50's with a result, one 50 event abandoned when I was up on schedule for a personal best. One open "49.8", (meant to have been a 50 but the course was later found to be short), one open 100, one open 12 completed, one open 12 event that was abandoned after 8 hours due to the police closing the circuit being used and after having endured 6 wet, windy hours. I also did the CTT Closed Circuit championship made up of 5 laps of the Thruxton Motor Racing Circuit

Q: What has been your greatest achievement so far this season?

Personal bests at 10 (21:21) and 25 (56:17). In the CTT Closed Circuit Championship, Glenn Longland beat me by only 2 seconds!

Q: What are you aiming to achieve next season?

I am hoping to achieve an ambition I've been thinking of for years whilst I waited for retirement to come. I'm planning on spending much of next summer touring France with my wife Anne in our motorhome. I'm planning to ride some Sportives and any time trials over there I can find. There will also be, I hope, a few early and late season local time trials.

Q: Could you describe your TT bike and your road bikes?

My TT bike is a Cervelo P2c once owned by local fastman, Dave Pollard. I have a Giant TCR, a Giant OCR and a Colnago set up as "racing" bikes. For Audax events I have a Lemond Tourmalet fitted with light wheels and mudguards. There is also my trusty Dawes Galaxy, that took me to work and back so faithfully for many years and is now mainly used for shopping trips. I'm just now looking at getting a new bike to tackle the Alpine climbs and sportives that I'm hoping to take part in next year.

Q: What sacrifices do you make to ride your bike?

I just love to ride my bike and so I can't say that there have been many "sacrifices", though the commute to and from work did take an increasing effort to complete in those last few months.



Tuscany - Italy

This is an excellent holiday base from which to enjoy the beautiful countryside and historic villages of Umbria and Tuscany, whilst only being 90 minutes from Florence

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*Mileeater per excellence Peter Baker
on the Alpe de Huez slopes*

Probably the biggest sacrifice is sore feet and bunions from too many hours wearing tight fitting cycling shoes. Also, a wider social life and all those early nights. Without my bikes to run I'd probably own a newer car.

Q: How many miles have you cycled this year?

To date (10th November 2018) 16,849 miles and over 564,000 since I first started recording in 1974.

Q: What is your approach to training?

Riding my bike and "getting the miles in". Many years ago I used rollers and tried a turbo when they first appeared but didn't enjoy using them, for me it just isn't cycling. However, I have just bought a new turbo and joined Zwift, I can now "climb" virtual mountains without leaving home.

Q: Has retirement changed how much you ride a bike?

I have reduced my weekly mileage target from 400 to 300 miles a week. I still ride every day, but I can now ride how far, where and when I want to and importantly all in daylight. I'm now getting more pure pleasure from my cycling, commuting had become a bit of a chore. My average cycling speed has also increased since I retired.

Q: How long do you expect to continue riding such huge mileages?

I'm hoping to reach 20,000 miles again this year but feel that this will probably be the last year that I achieve that total.

Q: What is your favourite route?

It's probably the that takes me from Lewes via Boshop and Hurstmonceaux to Battle and Hastings, returning via Bexhill,

Normans Bay and Pevensey to Stone Cross, Hailsham and Ringmer to home. A nice round distance of 100k. It is a route with many alternatives to shorten it along the way if I need to.

Q: Do you prefer to ride in a group or alone?

With my years of commuting the vast majority of my miles have been solo ones so I've got used to being in my own company, but I do also enjoy riding with others.

Q: What has been the highlight of your 45 years cycling?

I can give you three answers:

The first was the CTT National 24 Hour Championship held on Sussex roads in 2014. In that event I was a member of the winning Lewes Wanderers team that were the National Championship winning team for both CTT and VTTA, (not to forget ESCA team champions). I also was the CTT individual winner for my age category.

The second was being a member of the Lewes Wanderers team that finished 2nd in the CTT's 2014 BBAR Competition. They say that everything comes to those who wait, well I'd waited 40+ years to be a winner at national level and attend the Champions Night, and there I was collecting three prizes.

The last of my three highlights goes back to 2011. I was disappointed at my "24" result in the June of that year after I had trained specifically for it, including riding Audax events at 200, 300, 400 and 600 km. It then occurred to me that I had qualified for that year's Paris-Brest-Paris and so a couple of months later there I was on the start line. The whole event gave me a fantastic memory that I will cherish for the rest of my life, the sense of achievement and personal satisfaction when I had my brevet card stamped at the finish line has for me, never been equalled on a bike.

AGE 80+ MEMBERS WHO RACED IN 2018

(Listed in decreasing age order based on date of birth)



Syd Wilson (Photo credit Ray Bracewell)

	Brian Hall	Wessex	82
	John Draper	N Lancs & Lakes	82
	David Davies	South Wales	82
	Bryan Hygate	Wessex	82
	Stan Bennett	Wessex	81
	Allen Armstrong	North	81
	Alasdair	Scotland	81
	Washington	Scotland	81
	Peter Manners	North	81
	Tom Bailey	Notts & East Mids	81
	Anthony Bowles	West	80
	John Smith	North Midlands	80
	John Baines	Yorkshire	80
	Brian Lewis	West	80
	Gordon Johnston	Scotland	80
	Barrington Day	Wessex	80
	Dave McCallum	Scotland	80
	Syd Wilson	North Midlands	89
	Peter Horsnell	East Anglian	88
	Cyril Wynne	Manchester & NW	88
	Brian James	London & HC	88
	Ken Stevens	Notts & East Mids	88
	Ron Hallam	Notts & East Mids	88
	Len Finch	East Anglian	86
	Barbara Penrice	Yorkshire	86
	Norman Harvey	Wessex	85
	Les Hayman	Kent	85
	Bob Loader	Kent	85
	Alex Munro	Scotland	85
	Malcolm Gisbey	Scotland	84
	Derek Hodgins	Manchester & NW	84
	Gill Henshaw	Notts & East Mids	84
	Robert Bush	East Anglian	84
	Terry Law	East Anglian	83
	Mike Daniels	Kent	83
	Mick Gray	Midlands	83
	Brian Ward	Yorkshire	83
	Bob Ibell	South Wales	82
	Brenda Littlefair	Yorkshire	82
	Barry Williams	South Wales	82
	Peter Knott	N Lancs & Lakes	82
	Grant Pyke	Surrey/Sussex	82

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AROUND THE GROUPS

EAST ANGLIAN

Mary Horsnell's musings

Pride of place this quarter must go to our newest Honorary Life Member, Ron Back (West Suffolk Whs), who when asked to give some details of his illustrious cycling career has produced three closely written A4 sheets. These are most interesting but must appear here in abridged form.

Like many of his time Ron rode his first club 10 in corduroy shorts on an old iron. At 16 he obtained a racing licence with the Achilles CC, based in Acton, West London. In 1956 this club folded and he joined Willesden CC, riding both road and track and gaining a first category licence. In 1960 he joined Edgeware RC to make up a team with Nipper and John Adams, who became his best friends. Team wins in opens came thick and fast unless they came up against the crack Barnet boys - Alf Engers, John Woodburn and John Harvey.

In 1962 Paul Bennett joined Edgeware and strengthened their squad. By then they had all achieved wins in open time trials, but their times would seem modest by today's standards. There was a highlight in 1963 when Nipper, Paul and Ron set team competition record for 30 miles. After that, things went downhill for personal reasons, not least being meeting his wife Maxine; they married and subsequently moved to Suffolk in 1976. He eventually started racing again, now finishing a long way behind a young Martin Pyne, who would go on to win more than 700 opens. In 1978 he turned 40 and a new chapter opened with the Vets, when he became a prolific award winner.

The 1980s saw another change of lifestyle when he set up his own business as a builder and joiner. Ron turned to running, producing some very good times for full and half marathon and 10 miles, but in the 1990s he returned to cycling and enjoyed two good seasons, especially after riding in 2003.

As was to be expected Ron has noticed a steady decline in ability, but not in enthusiasm and he was out marshalling only days after a nasty operation in September. After a number of years he has now

retired from organising events but plans to again ride with his West Suffolk Whs group in Italy in 2019. Truly, he has made more comebacks than Frank Sinatra and he still intends to compete with the over 80s. Modestly he fails to mention his many years of service to our VTTA group for which he has been awarded the Gordon Irons Memorial Cup for outstanding service.

Ron's name will be a welcome addition to the ever dwindling list of over 80s still competing. Bob Bush and Terry Law are believed to be EA's only others beside Peter Horsnell, who has established records at 88 "in order to encourage others". Only the 25 has eluded him as it is so difficult to get a ride at this distance.

The group's leading lady this year is, understandably, Jackie Field; she has a remarkable sports pedigree, starting with swimming and running, starting with swimming and running, then into cyclo-cross. As a PE teacher she became involved through "Go Ride" and was pleased to find a sport in which she, her husband and two sons could participate in as a family, with everyone friendly and welcoming. Starting with club 10s five or six years ago before graduating to opens after two more years, with the full support of her husband Stuart she has never looked back. Perhaps one should have expected a meteoric rise like this from a PE specialist; she works for South Cambridgeshire Sports Partnership, in which role she visits primary schools in the area encouraging children to take more exercise.

At 53 Jackie has nearly made a clean sweep of her age group records, only the 100 eluding her, and she so nearly won the VTTA National 12 Championship over the men.

Another fast improving lady is Rebecca "Becky" Murphy, whose times have been reduced since she has been coached by Dave Green, as have those of John Golder, both setting national age records for 12 hours. They were amongst the lucky ones to get their rides in elsewhere when the ECCA event had to be cancelled.

Of the 29 men's group age records broken 15 were also national records. At 50 years Gavin Hinxman has a complete set of trike records from 10 to 100 miles, which must be a record in itself. The solos were distributed between the Cambridge CC trio of Andrew Grant, Ken Platts and Chris Dyason. The sole exception was Keith Dorlinge, who came in at 59, after being coached by Matt Bottrill (our guest at the forthcoming annual lunch).

Tandem men Glen Taylor and Mark Arnold made a good start to their season, although the latter was not feeling his best and was later diagnosed with a medical problem for which he is still receiving treatment. In spite of his problems Mark was on duty as event secretary (as was his father, resident in France but still roped in to help) when the re-run of the 50 was held in September. The original, scheduled for July, was lost in the course "summer shut down" period. It was a big disappointment to them, and indeed to everyone, when the re-run had to be abandoned after a traffic accident. The police closed the road when a car over-turned; Luckily no cyclists were involved.

The loss of this event was a big blow to many hopes, being a fast BBAR event, with 80 on the start sheet plus 40 VTTA. Thus the season fizzled out for some - but not for Peter Tibbits, so often overshadowed by the galaxy of talent in his area. He has made a steady improvement and was delighted to repeat his 2017 best on standard win in the Chelmer Grand Prix de Gentlemen, paced by Tom Platts.

For those who have enquired - Llewelyn Ranson, 101 on 28th November, is reported as "alive and well" and still living happily with his daughter Ann and family at the farm in faraway Aberdeenshire. He now feels it is just too far to travel to the Isle of Man TT racers lunch at Birmingham, where he is usually seen by his old friend Peter Tibbits, to whom we are indebted for kindly making this enquiry.

Looking back, as one does when looking for something else, in one of my many folders there was a start sheet for the South Ruislip 100 of 1961, with event secretary Jim Burgin and HQ at the Cosy Cottage, Theale. Like many others we had regular "digs" on a council estate near the Bath Road itself and went to the same place for many years. It was pleasing to see Mick Ward's photo in the September Veteran and here is the memory - it was back in

1956 and we were all having breakfast after some event. another chap came in and asked "Who won the 25?", "Mick Ward" he replied, "Who?" Dave Keeler, who was among our group, said in his dry way "Oh, he's the chap with straws in his hair." Mick had caused a sensation by winning the 25 championship, not being well known outside East Anglia, where he is still well remembered.

The main group award winners are listed here, but I will try to list all our trophy winners next time, in our lunch report:

Group BAR - 1st Jackie Field (CC Ashwell), 2nd John Golder (Chelmer CC), 3rd Becky Murley (Wisbech Whs)

Group Championship - 1st Peter Horsnell (Chelmer CC), 2nd Andrew Grant (Cambridge CC), 3rd Jackie Field (CC Ashwell)

Group Ladies Championship - 1st Jackie Field (CC Ashwell), 2nd Becky Murley (Wisbech Whs), only 2 qualifiers

Group Short Distance Competition - 1st Andrew Grant (Cambridge CC), 2nd Peter Horsnell (Chelmer CC), 3rd Jackie Field (CC Ashwell)

To our friends old and new, young and old, those we see often and those we see no longer - here's to your health, rather than wealth, and some good times in 2019, even better than years past.

KENT **Ian Turner**

The group's AGM was held on Sunday 18 November at Lenham Community Hall, an oft used HQ for Time Trials on the nearby A20. The election of officers and committee members for 2018 resulted in the following individuals being elected:

President - Mark Vowells; chair - Mark Vowells; vice-chair - John Hawkrige; general secretary - Carole Gandy; treasurer - Chris Bax; social secretary - Tom Morton; time trial secretary - Robert Giles; recorder and group reporter - Ian Turner; KVN editor - Neil Quarmby; committee members - Dave Wright, Duncan Leith and Anthony Bee; KCA delegates - Bob Giles and Tom Morton; CTT delegates - Carole Gandy and Tom Morton; national VTTA delegates - Carole Gandy and John Hawkrige.

Reports were received from officers, including the general secretary; the treasurer - on the group's

PHOTOS FROM THE GROUPS



Peter Tibbitts and Tom Platts receive their prizes at the Chelmer GP de Gents from Mary Horsnell EAST ANGLIAN



The Cardiff gang - Krista Sexton, Barry Williams, Laura Jeremiah and Nick Borne - at the well known cafe at the top of the 10K climb, Selva to Lluc, Mallorca, very popular with thousands of cyclists SOUTH WALES

finances, which remain sound; the time trial secretary; the recorder and the social secretary.

On the social side, a most important date for Kent Group members is Saturday 2nd February 2019 when the Annual Lunch and Prize Giving will be held. This event is once again at the Weald of Kent Golf Club, and Guest of Honour is Andy Hawes, who is Route Director of the Tour of Britain and Women's Tour. The Annual Lunch is always a hugely entertaining event, with Paul Mephams once again taking on the Master of Ceremonies role in his inimitable way. Trophies, medals and certificates will be handed to all prize winners who attend the lunch.

There were two propositions put forward by the committee for consideration. The first was in respect of time trial fees for 2019, and it was resolved to set these at £14 per rider, but with a £5 discount for each and every event at which a rider helps, be it by marshalling, pushing off, tea bar help, results board or timekeeping. This will hopefully encourage riders who enter events to volunteer for marshalling or other duties in at least one event per year.

The second proposition concerned the award of medals for each season's events, and it was proposed that for anyone winning four medals or



Susan Semple (Born to Bike) and Joseph Costello (Walsall RCC), both group award winners MIDLANDS

more in a year, a plaque would be awarded instead of individual medals. This was agreed, subject to ascertaining the cost of the process from the engraver. There was also a practical consideration in that for Andy Meilak this year, it would result in a plaque with 22 rows on it!! The proposal will be

reviewed further by the Committee to consider these practical issues.

My own recorder's report to the meeting, before reporting on the group's own competitions, celebrated Kevin Tye's achievement of coming second for the 55 to 59 year age group at the 2018 UCI World Championship Gran Fondo Time Trials in Varese, Italy. Kevin won the event last year, becoming World Champion, but this year his time of 29:48.30 was beaten by James McMurray (New Zealand) with 29:48.05, so Kevin has had to settle for silver!

In terms of claims for group competitions, there were once again no claims for the Ladies BAR or for the Pete Avis Cup, the latter for the sixth year running - indeed it has only been awarded once. Only one claim was received for standards awards, although four riders had registered for them.

Dick Claxton (VC Elan Harry Perry Cycles) is the group's Best All Rounder this year with a plus of 2.860 mph. There were no other claimants this year.

Andrew Meilak (Velorefined Aerosmiths) is once again winner of the 2018 85 Competition with +54 minutes 27 seconds. Second place went to Mark Vowells (Bexley CC) with +41.59, and that completed the awards for this competition.

Andrew Meilak is also the group champion at distances of 10, 25, 30, 50 and 100 miles. Richard Claxton is our 12 hour champion. The 24 hour was not awarded.

The Wednesday '10' Series was won by Chris Bax (PMR), who narrowly beat Mark Vowells (CC Bexley) by 7 seconds! Other awards in this series went to Andy Quye, Roger Wilson, Mike Perry, Mike Hawkins and Mike Daniels.

The following new Group records have been established in 2018:-

Men solo, 100 miles, age 52	A Meilak	3:46:23
Men solo, 10 miles, age 56	K Tye	18:44
Men solo, 15 miles, age 56	K Tye	29:08
Men solo, 25 miles, age 56	K Tye	48:27
Men solo, 50 miles, age 56	K Tye	1:40:39
Men solo trike, 10 miles, age 65	M Vowells	24:07
Men solo trike, 15 miles, age 65	M Vowells	37:18
Men solo trike, 25 miles, age 65	M Vowells	1:00:40
Men solo trike, 30 miles, age 65	M Vowells	1:20:09
Men solo trike, 50 miles, age 65	M Vowells	2:05:41

Men tandem, 12 hours, age 86 T Bayley & A Broyad 272.96
Mixed tandem, 10 miles, age 161 R Loader & M Chapman 31:58

Kevin Tye, Mark Vowells, and tandem pairings Bob Loader/Maryse Chapman and Tim Bayley/Adam Broyad have submitted claims for national records.

Congratulations to all riders who have taken part in the group's 2018 programme, and in particular to trophy, medal and certificate winners and record breakers. Medals are awarded for places in all of the group's open events, but the list is too long to be reproduced in this report. All medals and trophies will be presented at the annual lunch on Saturday 2nd February to those winners who attend.

So, on to winter training once again - stay safe out there!

LONDON & HOME COUNTIES

John Hoskins

Another AGM passes, this time with a lower attendance than usual. I expect it was because the glorious autumn sunshine persuaded others to go out on their bikes.

Anyway, the committee reports were presented and a new committee elected. Much the same as the old committee although Stuart Stow is now running the Rocco 25 in October 2019, and Joy Payne has taken over from Phil Melville the August Ten on the Bath Road at Knowl Hill.

There was a hiccup in presenting the accounts as I hadn't found enough time to complete the full accounts and have them audited. However I could report that financially we had a satisfactory year, and last year's huge £3000 loss turned into a profit of over £1000. The full (audited) accounts will be distributed to members in due course.

There was some discussion at the meeting as to whether the giving away of tickets to the prizegiving lunch rather than paying expenses was financially sound. The meeting concluded that the success of the lunch, the fact that many people marshalled more than once – and some brought partners (who

had to be paid for) – meant that overall it was beneficial to continue the practice.

Just over half of the tickets for the 2018 lunch were in fact paid for. Of course we can't be certain it helps with finding marshals but it can't do any harm.

In 2019 we are returning to the five event format of 2017 as we haven't taken on any VTTA championships for 2019. There are no changes to the events envisaged. The July F11 ten remains as an 8am start, as the traffic levels are far lower than in the afternoon. We still attracted virtually a full field of 150.

We raised the membership fees considerably last year to help reverse the large loss and we are having to raise them again this year (from £18 up to £20 and £22 up to £24 for couples) following a £3 rise in the amount of subscription that goes to the national VTTA coffers. Of course 2018 saw the beginning of joining and renewing membership online – which seemed to suit the membership as since it was put in place I have only received a handful of new members and renewals by post. However I am still quite happy to receive membership fees at the lunch or by cheque (to VTTA please) at my home address (8, Ryvers Road, Langley, Berks, SL3 8SB). Whilst the national on-line system will save me a lot of time when it's running smoothly, there have been a few minor hiccups over the past three months.

At the AGM there were some motions voted on to go forward to the National AGM. The meeting wanted all lady championship winners to be awarded a jersey (as were the men) and there was a requirement to tidy up some of the track record guidelines/rules. It seems that it is becoming common for some outdoor track records to be attempted on geared bikes. So the meeting wanted the national committee to be asked if this was official policy, and if so that the records should be separated from the "fixed" records.

And talking of competition and recording rides, for the first time for six years the London & Home Counties' trophies are being updated in time for the January luncheon and will be presented there to the winners present. This is all down to Geir Robinson, who has taken on the job of collecting, storing and getting the trophies engraved. The committee is

very grateful as we had not followed through with this task hardly for some years.

Also at the AGM the chairman, David Guy, presented a very thorough annual report thanking many people who had assisted the L&HC through the year. The last paragraph of his report included reference to the possibility of the L&HC "Group" trying to become more of a genuine "Club" rather than a part of the VTTA. How this could be achieved was discussed briefly – mentions of club events, hill climbs and social events other than the lunch were mentioned. The committee will continue to discuss this aspect of the group in the year to come.

Of course we are primarily a racing organisation and members have been out achieving huge things throughout this season. Our ladies have achieved many excellent times/standards this year. For example Joy Payne gained three PBs in her last four events this year. She won the ladies BAR in the L&HC for the third year running and beat Richard Hutt and Ian Greenstreet in the Jim Burgin Award, awarded to the best on standard over the five L&HC events. Katja Rietdorf seems to be back at her best following a quieter year in 2017. Katja was the winner of three major awards, reflecting her stupendous abilities at the longer distances. The men's awards were spread around a little, although the lion's share went to Liam Maybank and John Lacey. The full list (when confirmed) will appear in the news section on our "page" of the national VTTA website.

Anyway, as usual I will finish this December news by wishing you all a Happy Christmas and a super-fast new year, and don't forget the Group prize-Giving Lunch at Aldenham Golf Club on 13th January, 12 noon for sit down at 1 pm. Tickets from Katja Rietdorf on katja.rietdorf@gmail.com. If you are offered a free ticket please make use of it but don't forget to tell Katja you are attending.

MANCHESTER & NORTH WEST

Jim Ogden

The group AGM was held on Armistice Sunday. The 26 members attending took part in a much more positive afternoon than last year, when the meeting ended with the group having no treasurer or secretary. Since that time, the posts were filled

early in the New Year, with the ever present Tony Farrell as recorder. The group is now at full strength and the racing members have excelled themselves.

The meeting halted proceedings at 11 o'clock and stood in silence in memory of the fallen of two world wars. Included in our thoughts were the two group members who have passed away since the last AGM, Alan Geldart and Bob Vale.

Changes came when electing the committee. I have been their chairman for 43 years, since the group's first chairman Albert Livingstone retired in 1975. So, not for the first time, I suggested a change was overdue. Tony Farrell volunteered and inevitably was approved and accepted, leaving a vacancy for the recorder. David Wright, Warrington RC and promoter of their 50, had previously been contacted by Tony and agreed to become our new recorder. The full committee now is Tony Farrell, chairman; Nev Ashman, secretary; Edgar Reynolds, treasurer, Jim Ogden, editor plus members Roy Deakin, Barbara Wellings, Ken Workman and Denise Hurst who, with the help of Tony, continues as social secretary and organiser of the annual luncheon.

Our treasurer Edgar Reynolds gave a report on the group finances, including the news that he himself had acquired his first computer and is taking lessons. The satisfying result is that the net funds of the group at the AGM was £5,971.41.

Our secretary Nev Ashman told the meeting that they could look ahead at the same four group events as last year.

Date	Distance	Course	Organiser
9 th April	10	J2/3	Roy Deakin
26 th May	50	J4/16	Warrington RC
8 th June	25	J2/9	Janus RC
27 th July	25	J2/9	Seamons

All events start at 2pm

The last major group BAR counting event, the WCTCA 12, was held on August 12th in which Adrian Hughes (Seamons CC) was fourth place in 272.12 miles; this ensured he has won the group's local (J/D/L courses) BAR and retains the Stan Livingston trophy. Others completing the event include Daniel Shackleton (ABC Centreville) 6th with 261.82 miles; Ronan O'Cualain (Seamons CC) 252.29 miles; Matt Stephenson (Congleton CC)

245.42 miles; Barry Whittaker (Lyme RC) 214.73 miles; Polly Wilding (Congleton CC) 195.12 miles.

The group BAR Champion on all courses, who took the Bert Starkey Shield, is Buxton CC 45 year old member Matt Iving, who was also awarded a plaque for his five standard awards, which are probably all group age records - 19:03; 49:10; 1:41:45; 3:33:53 and 291.03 miles. With achievements like these I can understand why the national standard tables are still under revision. These rides also gave Matt Iving the group's open three distance award to take the Butterworth Cup.

Adrian Hughes however, is still our major award winner and will collect the 25 Championship Cup; the Ted Wood Memorial Cup (for the group 50); the 3 distance Shield (local courses) and the F T A Trophy (best on standard in any two open 10s and two open twenty fives on J/D and L courses). The Short Distance trophy on two open 10s and two open 25s goes to Darren Marionis (Velotech). Paul Jennings, Lyme RC, will retain the Lamp Trophy for the last Group member in the three distance competition.

Nine members have won standard awards, including three ladies. Helen Bailey (Lyme RC) with 1:04:29 at age 58; Amanda Young (Lyme RC) 26:03 and 1:10:05 aged 54 and Tracey Rollinson (Lyme RC) gets five awards - 23:34; 59:36; 1:10:24 (30 miles); 2:14:25 and 5:11:35 at aged 53. Chris Bailey (Lyme RC) got three standard awards with 55:40; 1:58:35 and 4:14:43 at age 57; Barry Whittaker (Lyme RC) obtained three awards, 56:27; 1:07:29 (30 miles) and 214.07 miles. Our oldest recipient, Paul Jennings (also Lyme RC) secured four awards 25:56; 1:06:08; 2:21:44 and 5:01:43 aged 71 and Mark Nicholl (Pro Vison Cycle Clothing) also got four awards with 56:53; 2:00:08; 4:29:25 and 243.54 miles aged 46 and as already listed, Matt Iving obtained five awards. Daniel Shackleton (ABC Centreville) gets a plaque for seven awards 21:53; 33:21 (15 miles); 52:04; 1:09:22 (30 miles); 1:48:27; 3:56:45 and 261.82 miles, age 47.

The last competitive event of the year is the M & D TTA Christmas 10 and will be promoted by Dave Fearon (Weaver Valley) on 16th December. Results next time.

There is one casualty to report. Marion Roberts (Altrincham Ravens), aged 88, fell whilst riding home alone from the Tuesday cycling social gathering at the Spinney, Cranage. She has no recollection of the fall and her head scarf was soaked in blood. She subsequently discovered that her fall was on Whisterfield Lane, after Catch Penny Lane, almost at Siddington. Cows crossing the road had left the road slippery and since then three other cyclists have fallen at the same place. For Marion, a Good Samaritan stopped, carried her and her bike home to Macclesfield in his car and then off to the hospital. He has since visited her in her home. She spent one night in hospital, has a broken right collar bone but is coping well on her own now, after help initially from her son and daughter, Robert and Susan. A crash hat, bought years ago when thought to be compulsory in Majorca, will now at last be worn.

Finally, remember to send your subs to our new recorder David Wright at 46 Coppice Green, Kingswood, Warrington WA5 7WA. They have increased and are now single £17 and joint £20. To be amongst the Standard Winners next year you need to register with David as above, which has also increased to £15 which covers all distances. Alternatively you can register on-line.

This issue of the Veteran will contain details of all the National Competitions so we can compare the placings with our group members.

Should it reach you on time, my best wishes for Christmas and a New Year that gives you all you are hoping for – even if, like me, it's only still to be here next year.

MERSEYSIDE **Geoff Edgerton**

This is a busy time of the year for myself. As well as writing this article, I also have to put on my recorder's hat as well and also manage to fit in three weeks holiday in the Canary Islands. I have to say that the easiest of the three was holidaying in the Canaries although it does wear a bit thin after a while drinking Spanish lager on a daily basis.

We had 28 members registering for their standards with 21 claiming. As one of the smallest groups in the Vets organisation, we have a particularly high number of members racing. This is also reflected in

the national competitions with 26 members qualifying for the short distance competition. Retaining the Harry Mahar Memorial Salver was Andy Hazell of Nova Raiders with a plus 1 hr 10 mins 11 secs. Andy has won this for the third time and he was comfortably ahead of second placed Kevin Larmer of Port Sunlight Wheelers plus of 55 mins 38 secs. The three distance also was well supported with 11 members qualifying. Simon Higgins of Liverpool Century claims the Wally Gradden Cup for best on standard with a plus of 38 mins 42 secs. It was an extremely close run competition with Arthur Winstanley of the Liverpool Phoenix finishing just thirty three seconds adrift in second place. Simon also finished top of the pile in BAR competition with a plus 52 mins 42 secs. Again, Arthur Winstanley finished runner up with a plus 51 mins 47 secs. I will be publishing a list of all the cup winners in our Mersey Newsletter as well as all the winners of the standards.

The group held its annual general meeting on the 15th November. Just four members attended, which was a little bit disappointing. The only real advantages are that we clearly get our own way on issues and chairman Melvin Griffiths always brings a large box of biscuits (of which I seem to eat the most). Phil Guy and myself are continuing on as treasurer and recorder respectively with Mel as chairman and in the short time are quite happy to do this. However, in the longer term, circumstances may change. We are currently operating without a secretary and as the late Terry Wogan used to say, we are all approaching seventy from the wrong side. Anyway, enough of that or I shall be depressing myself.

The group made a modest profit for the year, due mainly to the donations from members and the running of the VTTA 15 mile time trial. We are again running it at the end of March. More details of that in the new year, but if members could put it in their new year diary to either race or marshal, it would be appreciated.

As a reminder, the group holds its Annual Dinner and Prize Presentation at the Cheshire View, Christleton on the 20th January 2019 with a 12.30 for 1pm sit down. This time, we are having a roast beef dinner with a dessert and coffee. We went for beef on the basis most will have had enough of turkey. There will be a vegetarian option. Could you let Phil know if you would like to attend, contact details are 01939

210569 or e-mail grandadguy@gmail.com. I will be publishing a list of all the prize winners in the group newsletter. It would be really good if all the recipients could attend.

I have to report the passing away of one of our honorary life members, John Maddox, earlier this year. John was 87 years and had been a member of the group for some thirty years and had been my predecessor as recorder. John was a member of East Liverpool Wheelers.

By now, everyone will be well into their winter training. On a personal note, I seem to be spending more time on the turbo, not too sure if it is a change in training or the fact I don't fancy going out in the cold and wet weather. The point I am going to make is that there does seem to be an awful lot of cyclists out there in dark clothing. I know black seems to be the fashion, I think I understand that. I was in the car the other week and approaching Wem in not the best of light and a dark background, I had difficulty in picking out a cyclist. I just wish a few more would invest a decent back light.

A couple of events to report on. We operate on a one member, one award basis with the standard as the premier award. The Liverpool Phoenix 25 mile time trial had five members competing. Arthur Winstanley of the host club claimed the Walvale Trophy for best on standard with plus 11:30 and actual time of 59:27. Port Sunlight Wheelers' Kevin Larmer was fastest with a time of 56:04 (+11:22) to win the Brooke Cup. The Ted Fitzpatrick Shield for nearest +0:02 again goes to Ian Corrin of Port Sunlight Wheelers. Others competing were Stuart McCormick 58:16 (+11:04), Phil Warburton 58:30 (+11:04) and Simon Higgins 59:18 (+10:31)

The Rhos-on-Sea 10 mile time trial was an oversubscribed event and had a really healthy 18 Mersey Vets making it to the start line. Kevin Larmer was again to the fore with best on standard with a plus 6:05 and actual time of 20:27 to claim the Oscar Dover Cup. Wrexham RC's Luke Vallance wins the Derek Ireland Trophy with a time of 21:47 (+4:45). The other trophy on offer, the Hilda Dover Trophy for best lady on standard was won by Jenny York of Mid Shropshire Wheelers with a plus of 4:42 and actual time of 25:09. Others competing were Jeff Mace 23:01 (+4:03), Chris Lawson 23:10 (+3:49), John Robertson 23:34

(+4:25), Phil Guy 24:04 (+4:58), Ian Hawkins 24:09 (+2:36), Martin Sturge 24:30 (+2:20), George Aldridge 24:38 (+3:45), Ian Corrin 24:44 (+3:22), Geoff Edgerton 24:44 (+4:18), Dave York 24:57 (+3:02), Ian Casson 25:19 (+3:04), Dave Wilson 25:22 (+5:01), Les Boughey 25:37 (+1:32), Helen Tudor 26:19 (+2:29), Dave Smith 26:33 (+3:20)

The final group event of the year was North Shropshire Wheelers 25. Held on August bank holiday Sunday, rain was forecast with temperatures dropping and they certainly got that one right. I was helping pushing off and when I set off from home at 6.30am, it was certainly warmer than three hours later and drier. Anyway, 13 brave Mersey Vets competed and full marks to them. It certainly proved a good morning for the host club's Richard Kay who did a really excellent ride of 56:00 and a plus of 10:39 to win the Joe Brook Trophy for best on standard. Kevin Larmer's time of 57:40 (+9:58) was good enough to claim the Gomersall Cup for fastest time. Others competing were, Andrew Clarke 1:01:24 (+8:40), Gareth Brookes 1:02:10 (+5:52), Chris Lawson 1:02:37 (+6:12), Gino Trasatti (+10:01), Dave York 1:07:31 (+3:45), Dave Wilson 1:08:03 (+9:38), Jenny York 1:08:30 (+7:31), Helen Tudor 1:09:27 (+3:48), Julia Smith 1:09:36 (+3:13), Les Boughey 1:10:14 (-1:09), Ian Casson 1:10:50 (+1:30).

I think I have covered everything for now. I hope I haven't made any mistakes with your time, if so please accept my apologies. Most of you will be well into your winter training by now. If you are out on the road, stay safe. Just leaves me to wish all Mersey Vets a Happy Christmas and New Year.

MIDLANDS

Dave Steel

Never Underestimate . . .

Having won the VTTA National 10 mile Tandem Championship this year, I think our Group's by-line for this season could well be: "Never underestimate Old Guys on Old Bikes"

Dave Stockley and Murray Kirton (A5 Rangers), riding a 70 year old steel tandem complete with down tube gear levers and a brazed-on lamp boss sticking out from forks with an impressive three inch rake, gritted their NHS dentures and showed a clean pair

of rear ends to the rest of the carbon-mounted, skin-suited, aero-helmeted and disc-wheeled field, to secure a slender but decisive margin of 9 seconds over the second placed team, knocking a minute of their age record in the process!

The combined ages of Dave, Murray and their Gold Medal winning 1948 Steel Fothergill machine with 7 gears – not all of which work incidentally - was 225 years, surely some sort of record in itself!

Local Heroes

This year 13 members claimed plaques or medals for improvements on standards and in National Competitions, 7 members put in claims.

Within the Group we had one outstanding rider. Susan Semple (Born to Bike/ Bridgtown Cycles) won every competition in sight, apart from being narrowly pipped at the post in the short distance competition by Joseph Costello (Walsall RCC).

Cyclo Shield : BOS Men/Women any open 25, 50, 100
Susan Semple (+44.05)

Godiva Cup : BOS Men any open 2x 10s plus any 2x 25s
Joseph Costello (+1.01.58)

Bayliss Cup : BOS Women any open 2x 10s plus any 2x 25s
Susan Semple (+1.01.06)

Best All Rounder : BOS for 25, 50, 100 and 12hrs
Susan Semple (+ 57.42)

Three Distance : BOS for 25, 50 and 100
1st Susan Semple (+44.05)
2nd Andrew Simpkins (+36.18)
3rd Bob Awcock (+29.00)

Short Distance : BOS for 2x 10s and 2x 25s
1st Joseph Costello (+1.01.58)
2nd Susan Semple (+1.01.06)
3rd Alastair Semple (+1.00.16)
4th Andrew Simpkins (+54.20)
5th Simon Dighton (+50.24)
6th Murray Kirton (+49.03)

Points Table Top Twenty

This is a season-long and hotly contested competition run on Midlands courses very kindly sponsored by Echelon Cycles, results table opposite.

Other News

The introduction of the on-line membership has

Pos	Name	Club	Points	Rides	Cat
1	David Kiernan	Team Jewson	800	11	A
1	Jon Howard	Team Echelon	800	12	A
3	Liz Powell	Drag2Zero	791	4	A
4	Philip Brown	Walsall RCC	781	5	A
5	Jon Simpkins	Drag2Zero	775	9	A
6	Mark Wise	Team Jewson	749	9	A
7	Joseph Costello	Walsall RCC	727	9	A
8	Richard Coleman	Stourbridge Velo	724	10	A
9	David Dickerson	Team Echelon	723	5	A
10	Vince Jenkins	LeisureLakesBikes	707	4	A
11	David Schofield-Newton	LeisureLakesBikes	695	7	B
12	Susan Semple	Born To Bike	680	5	B
13	Simon Dighton	Beacon Roads CC	675	9	B
14	Paul Guest	Worcester St Johns CC	673	8	B
15	Alastair Semple	Stafford RC	661	10	B
16	Stuart Harris	Royal Sutton CC	603	10	B
17	Tim May	Media Velo	600	6	B
18	Janet Birkmyre	Torque Performance	561	4	B
19	Stephen Biddulph	Born To Bike	558	8	B
20	Steven Loraine	Team Swift	556	8	B

coincided with, or perhaps even triggered, a very encouraging overall increase in membership numbers, a trend which is of course very welcome.

We are also very pleased that Glen Knight will be guest speaker at our Lunch and Prize Presentation on Sunday 20th January. Glen has been involved in the development of the Zwift online training platform and is now the VTTA's National Recorder. We are sure he will have interesting things to say on both these subjects!

NORTH

Gavin Russell

To start, may I provide an update on our group members who have not been too well of late. Apologies first to Dave Herbert, who in the last communication was going to Majorca, with the possibility of riding a bike. Unfortunately, this was not the case, as Dave is still using a stick to assist his walking and informs me that he hopes to commence cycling next year. Ruth Crossley, our social secretary, who was making good progress from her fractured elbow, had a set back when she had a severe reaction to the medication she had been prescribed. After a long convalescence she has now returned to work, albeit on a return to work plan. Another member in the wars is Mick Bradshaw, who after recording an excellent series of times, was in collision with a car which amongst other injuries left him with a fractured shoulder and broken pelvis. Latest news is he is in good spirits and is mobile with the use of sticks. I am sure that all our group members wish them a speedy and timely recovery and hope to see them well in the not too distance future.

Completing the results of the few remaining group's events (which have been published on the CTT website), highlights included:

02 Sept – 25 ml TT – T252/3 – Cleveland Coureurs/VTTA (North Group) – Organizer: Gavin Russell Winner on standard was visitor Mike Westmorland (+16:57), with Gary Hunt (+14:27) second and David Leckonby (+14:18) third. In fourth place was the best lady, Karen Taylor (+13:30). Fastest in the event overall was Stephen Ayres of Bronte Wheelers with 50:46.

16 Sept – 25ml TT – T254 – Hartlepool CC/VTTA (North Group) – Organizer: Paul Garstang Winner on standard was David Leckonby (+11:06), with Howard Heighton (+6:26) second and Sean Sanders (+5:51) third. Fastest in the event overall was Lewis Timmis with a time of 54:41.

30 Sept – H/C – THC32 - VTTA (North Group) Hill Climb Championship – once again included in the Cleveland Wheelers CC Clay Bank hill climb. Ian Hutchinson, after an illness wrecked season, reclaimed the title he has won on a number of previous occasions.

Two group age records have been submitted. These are Keith Murray (age 43) 25 miles in 48:44 and Pete Manners (age 80) 10 miles in 25:23.

In addition, to the above records, it is a pleasure to report that Mr & Mrs Heighton have both set new group outdoor track age records at Middlesbrough velodrome. With Howard continuing his 2017 onslaught of establishing new records at all distances from 5 km up to the hour, he has also achieved national age records at 15 & 25 mile distances (to be ratified). Not to be outdone by hubby, Caroline has achieved group age records at distances up to and including 15 miles, with claims for national records, at 15 miles and 20km (to be ratified).

Following discussion with the powers that be at VTTA national level, it has been confirmed that record attempts on outdoor tracks can be made on either a fixed wheel or multi geared bike. (track/time trial/road)

2019 North Group VTTA events have been confirmed and are as follows:

11 May (Sunday)	10	T105	Cleveland Coureurs CC/ VTTA (North Group)(All Ages)
25 May (Saturday)	10	T105	Hartlepool CC/VTTA (North Group)(All Ages)
01 June (Saturday)	10	T104	VTTA (North)(All Ages)
30 June (Sunday)	25	T252/3	Cleveland Coureurs CC/ VTTA (North Group)(All Ages)
07 July (Sunday)	50	T502	Hartlepool CC/VTTA (North Group)(All Ages)
21 July (Sunday)	25	T252/3	Hartlepool CC/VTTA (North Group)(All Ages)
31 August (Saturday)	10	T105	Hartlepool CC/VTTA(North Group)(All Ages)

All the above, except the 50, have tandem events organised to run on same course and day. In an effort to increase participation in 2019 Teesside events (including VTTA events) additional road bike only events have been introduced to all Teesside District events. An equipment and clothing specification has been drawn up for those who wish to participate in these events.

08 September (Sunday)
15 T154 VTTA (North Group) VTTA National Championship (VTTA Members Only)
15 T154 VTTA (North Group) (All Ages)

15 T154 VTTA (North Group)(Tandem)(All Ages)

22 September (Sunday)

HC THC33 Cleveland Whs CC (Incorporating VTTA North Group Hill Climb Championship)

All event details are included in the Group and National VTTA handbooks, as well as the Teesside CTT District Handbooks

PLEASE NOTE, All North Group events (except National 15 Championship) are open to all ages and are eligible for points in the National CTT ranking system.

The Group's Nouva shield, presented annually to the North Group member best on standard, is again to be competed for in the 2019 Sunderland Clarion 25 mile time trial. The 2018 winner was Nev Martin.

A reminder that the group luncheon, is to be held at Hardwick Hall, Sedgfield on Sunday 6th January 2019, will not only honour all our 2018 group competition winners by presenting their awards, but will also welcome group members to receive their standard plaques/medals. It has been confirmed that the awards will this year be presented by an icon of British time trialling and one of our own, Mick Bradshaw. Come and meet Mick and experience this great social occasion which provides the opportunity to meet fellow group members for a chat whilst experiencing good food. Tickets are available until 17 December 2018, at the princely sum of £23.95 for a 4 course luncheon (including mints & coffee/tea) from the group's social secretary, Ruth Crossley. Please support this function, as without continuing members support, its future could be at risk.

At the recent Group AGM, all 2018 officers, officials and delegates (surprisingly) were re-elected unopposed for 2019. Albert Harrison agreed to continue for a further year as President.

2019 membership subscriptions & standards: With the VTTA 2018 AGM agreeing to the NEC proposal to increase the membership fee by £3, the North Group have reluctantly agreed that the 2019 subscription be set at £15 (£16.50 for couples). The standards charge has been set at £12, regardless of whether a single or multiple distances/attempts. You can pay either by cheque to Paul Dawson or on line at VTTA website.

Finally, may I remind group members that should they require any information regarding the group's activities or wish for anything to be included in future Veteran magazines, please do not hesitate to contact the writer either by email on gavin_russell@hotmail.co.uk or by telephone on 01642 654419.

NORTH LANCASHIRE & LAKES **Dave Brown**

The very sad news that our long-term group member George Nowland had passed away suddenly in September at the age of 69 came as a massive shock to all who knew him. Very many in our sport had known George who was one of the great characters, great workers and great riders over many years. An obituary written by his wife Val along with their two daughters Sue and Janet and supported by one of George's regular cycling pals and VTTA member Matt Stell is printed in this edition of The Veteran. Amongst his many cycling sport related positions over the years George was VTTA national chairman from 2005 to 2010. He was the present chairman of the North District Council of Cycling Time Trials and also president of the North Lancashire Time Trial Association.

At our group AGM held on Sunday 4 November our chairman Richard Taylor asked those present to stand in memory of George and also others who had passed away this year - Arthur Moscrop, Bill Parkinson, Roy Gibson and John Rushton.

At that AGM our secretary Sue Cheetham gave her own comprehensive report of our 2018 activities. She thanked our chairman Richard for promoting our group's three events, which included the VTTA national 50 mile championship. This event had to be rescheduled - just to keep Richard busy! - after road works had been forecast on the A66 near Keswick on the original date. Sue had attended the national AGM in Solihull - just another job that the full-time worker did this year - as well as squeezing in several 'PB's' along the way! The increase in VTTA national subscriptions and the system for online renewal of membership were also amongst other aspects to keep Sue busy!

Bob Matthews - our joint treasurer along with wife Hazel - gave their report which showed a small loss

by the group this year which was explained. Various costs were debated and it was interesting that when the relatively high cost of printing and posting of The Veteran was debated only three members present voted for e-mailed copies.

The cost of VTTA membership will increase for 2019 – see later. Online membership – and payment of membership fees - will be available for renewing members and new members from now on.

Richard – our recorder as well as chairman – gave his detailed report of the 2018 season. Many, many figures were offered by Richard so I will condense these for this report. It had been yet another good year for our group but not quite up to the national heroics by our riders in the Cycling Time Trials BBAR competition over recent years, with various reasons that our 'big guns' had not completed the required distances in 2018.

Nevertheless Richard said that our group had provided VTTA national and team champions and CTT age group champions and were also highly successful in our local North Lancashire Time Trial Association (NLTTA) championships where our VTTA member Derek Parkinson was overall BAR winner. Group members Nigel and Claire Clementson had successfully organised a well-run CTT national 100 championship on the Keswick course.

The Clementsons will again be promoting on that same course in 2019 when the NLTTA '100' will also host the VTTA 100 miles national championship on Sunday 14th July.

Richard reported that 52 of our members had completed at least one event this year – up from the 49 in 2017. 15 of those rode the four qualifying events necessary for our group championship - up from ten last year and proving that our local vets support local events.

In the group championship for the Traders Cup – based on the ten qualifying events selected at the start of the season - the winner was Steve Irwin with Paul Fleming second and Mike Westmorland third. Debbie Moss of Team Merlin was winner of the ladies championship for the first time. The North Lancs. Road Club trio of Steve Irwin, Dave Hargreaves and Sue Cheetham were winner of the Team Shield for best aggregate time at 25, 50 and 100 miles.

We now have a world champion member of our group! Mervyn Wilson of the North Lancashire Road Club was a member of the gold medal winning 65-69 age group in the 4-up team pursuit in the UCI Masters Track Cycling World Championships in Los Angeles. Mervyn just happens to be the father of Simon Wilson who rides for the Ribble Pro Cycling team. Simon - with a 45m 12s '25' to his name this year - will be turning a vet in a couple of years time so there could well be a number of VTTA records under attack from then onwards!

Other trophies to be presented at our Group Luncheon in January will go to:
Dobson Trophy for best 25 on standard – Peter Greenwood
Paddy Maloney Trophy for best 50 on standard – Steve Irwin
Crowther Shield for 7th on standard in the 100 – Matt Stell
Baxter Rose Bowl for best 100 on handicap – Sue Cheetham
Karrimor Saddle for best 100 on standard – Paul Fleming
Ken Priestley Trophy for best 12 hour on standard – Derek Parkinson
Team Shield - NLRC (Steve Irwin Dave Hargreaves and Sue Cheetham)

Our Group will be promoting three events again in 2019, with (guess who) Richard Taylor organising. These are in addition to the VTTA national 100 as already mentioned.

Wednesday 10th April 25 miles L2521a course (Winmarleigh) 1pm start

Wednesday 12th June 25 miles L2526 course (A59 Clitheroe by-pass) 7pm start

Sunday 23rd June 50 miles L5012 course (A66 Keswick- Cockermouth) and a good excuse to test out the national '100' roads and for a mid-summer weekend in the Lake District! 7am start.

If you can possibly offer help to marshal in any of these events please contact Richard in good time before the closing date.

Our VTTA Group officials for 2019 were agreed as follows:

Chairman - Richard Taylor; vice chairman - Paul Fleming; secretary - Sue Cheetham; treasurers -

Hazel and Bob Matthews; group recorder - Richard Taylor; auditor - Mal Gill; press secretary - Dave Brown.

The general committee will have one change as Peter Knott no longer wished to continue as a member – thanks were offered to Peter for his time in the past. The remaining members – Frank Kerry, Geoff Duteson, Harry Haseley, Dave Shorrocks, Graham Sheard, John Leach plus Dave Hargreaves as a new member will comprise our committee for 2019.

Group membership fees for the VTTA in 2019 will be: £16 single and £17 Couples. Present members and also new members can now join the VTTA by either signing on via the VTTA website or via our secretary Sue Cheetham.

We welcome three new members to our Group since the last The Veteran. Katie Lucas (Beacon Whs & Penrith) – who had turned out some fantastic performances this year before joining us, Martin Graham Byrne (Allterrain Road Club & Morecambe) and Gav McDonald (Derwent Valley CC & Cumbria).

Certainly Katie will be a veteran to watch next year! Before joining us this year Katie set five new North Lancs. Time Trial Association records including 21m 16s for the '10', 56m 57s '25' and 1h 57m 05s '50' – all done on our local 'L' courses and she is 44 years of age!

Our main social event of the year – the group luncheon - where our successful members will receive their awards but with plenty of time to chat with other members and friends – will be held on Sunday 6th January at the usual location, the Crofters Hotel on the A6 at Garstang. Reception from 11-30am with Meal at 1pm. John Leach is again organising things for us and we are very happy that VTTA National Chairman Andrew Simpkins has agreed to be our guest of honour. Tickets are £21 and are available from John on 07922 013016.

NORTH MIDLANDS

Alex Deck

No report but an apology.

NOTTINGHAM & EAST MIDLANDS

David Herd

This will be the last report of the competitive 2018 season; overall we had good weather conditions, being mainly warm dry and good weather for cycling.

Starting with my own club Witham Wheelers 25 mile open TT held on the 30 June on the Sleaford-Donnington course. It produced some fast times on a lovely warm day but with a strong westerly wind making the return leg hard on a pitted road surface. It was Lutterworth Cycle Centre seniors Matt Sinclair on 51:31 fastest, with Lee Tunnicliffe second on 52:24. Mapperley CC veteran Ian Guilor was a creditable third overall fastest on 53:00. Chris Ward (Team Swift) came in on 55:02 and rare outing from Witham Wheelers Gary Symonds 58:09. Nicholas Hitchens (Peterborough CC) was the tenth NEM rider home on 58:45. Wendy Gooding of Team Bottrill was fastest lady on 1:02:38 with the promoting club's Louise George on 01:07:09, Tracey George 1:10:09 and Julie Clarke 1:14:03.

On the same course, one week later Sleaford Wheelers CC ran their open 25, with a relatively small field and the weather conditions harder than the previous week. Winner was senior Matthew Senter (Team Velovelocety) in 52:33, with James Gelsthorpe (Velo-One Cycling Team) second fastest with 53:29. The fastest NEM veteran rider home was Ian Pike (Lincoln Whs) on 57:53 and just 5 seconds adrift, Jez Willows (VC Flintham) came in on 58:02. Kiveton Park CC veterans Paul Mapletoft and Michael Lamb came in on 1:00:52 and 1:03:44 respectively. The promoting club's David Smith came in on 1:06:19 with wife Kathryn on 1:10:50 and finally Peter Holland (Lincoln Whs) 1:22:49.

Judging by the number of DNS's and regular riders times Leicester Forest CC Sunday morning 10 held on 31 July suggested that the weather conditions appeared difficult. Espoir Alister Golby (Cambridge University CC) was fastest overall on 21:06, with senior Lee Tunnicliffe (Lutterworth CRT) with 21:30, and promoting club seniors Thomas Key and Luke Frost just 3 and 5 seconds behind on 21:33 and 21:35. Ian Guilor (Mapperley CC) 21:37, with team mate Shaun Eden on 21:57. The next five NEM veterans were grouped together: Colin Parkinson (South Western RC) 23:04, Ed Tarelli (Race Hub) 23:06, Geoff Platts (Team Bottrill) 23:09, Chris Ward

(Team Swift) 23:17, Jez Willows (VC Flintham) 23:35. Then Michael Stevens (Melton CC) came in on 25:58, Ben Waddington and David Manship (both Leicester Forest CC) recorded times of 26:54 and 27:08. The two South Pennine RC club mates Roy Oakes and Ron Hallam came in on the same time of 28:22 and finally David York (Ratae RC) 30:25.

For the second year running the Lincolnshire RRA 25 held on the 19 August had to make emergency alterations to the course because of over the weekend traffic lights being installed in advance of work which was to start during the following week. On this occasion the impromptu actions delayed the start time and shortened course to 18.4 miles. Well-done to Dan Carr and the Velo-One and LRRR teams for keeping the race on and making the best of a difficult situation. With a good field of 78 entries it was senior Leon Wright (Race Hub) who set the fastest with 40:11. Again it was Ian Guilor (Mapperley CC) the first NEM rider coming in 6th on 41:31, with a really good ride from Sean Hunt (Lincoln Whs) 43:02. North Midlands vet Michael Lamb (Kiveton Park CC) 46:40, with Wisbech Wheelers' Roger Sewell 48:34, Michael Stevens (Melton Olympic CC) 50:07, Chris Close (Sleaford Whs) 59:31 and John Scott (Witham Whs) 1:00:34. Both Martin Hedley and myself went off course; in my case it was a senior moment, from which I hope I will learn that studying the course is a must.

The BDCA 100 attracted nearly a 80 entries but it must have been a hard day, with only 49 finishers. Held on the Etwall course, Adam Duggleby (Vive Le Velo) was fastest with an amazing 3:29:36. There were two NEM finishers - Nick Cave (Lutterworth Cycle Centre) in 10th place on 3:50:00 and Richard Boot (Beeston CC) 18th 3:57:34, both excellent rides.

The ANDC promotion held in the Vale of Belvoir and hosted by Mapperley CC was another event which was subjected to traffic restrictions, on the Harby straight. These were only set up two days before the event, but shortened the course from 25 to 17.1 miles. Dan Barnett of Team Bottrill was fastest on 35:34, Shaun Eden (Mapperley CC) 6th on 37:13, Jim Boyle (NoPinz) 37:34, Nick Cave (Lutterworth Cycle Centre) 38:01, Geoff Platts (Team Bottrill) 38:27, Colin Parkinson (South Western RC) 39:20, Jez Willows (VC Flintham) 40:38, Giles White (Sherwood CC) 40:38, Alan Tunnicliffe (South Normanton CC) 41:42, Garry Lee (Mapperley CC)

42:26. Again it would suggest that because of the roadworks there were quite a number of non-starters.

Senior James Gelsthorpe (Velo-One Cycling), with a time of 1:04:55, was fastest in the Lincolnshire Road Riding Association 30, hosted by Witham Wheelers CC. It was a warm and windy morning, being particularly difficult on the home leg, but riders achieved some very good times. Matt Sinclair (Lutterworth Cycle Centre) was second with 1:05:46, but NEM veteran Ian Guilor (Mapperley CC) came in third with 1:06:44. Sean Hunt (Lincoln Whs) had another splendid ride, coming in sixth on 1:08:01. Jez Willows (VC Flintham) led the next group of vets with his 1:14:47, then Paul Mapletoft (Kiveton Park CC) 1:14:50 with team-mate Michael Lamb on 1:15:23 and Roger Sewell (Wisbech Whs) 1:15:49, David Smith (Sleaford Whs) 1:20:56 and David Herd (Witham Whs) 1:25:15. My teammate Tony Hardenberg fell, hitting a pot hole, but remounted and came in 1:28:55, and finally John Scott (Witham Whs) on 1:34:50. In what I think was a national age 89 record North Midlands Syd Wilson (Sheffield Phoenix) finished on 1:35:42.

The Bert Christian Memorial (NEM VTTA) 25 held on 22 September on the A25/34 Farndon Stragglethorpe course created some fast times. By far the fastest rider on the day was RTTC national 12 hour champion Adam Duggleby (Vive Le Velo), clocking 47:04. Michael Smith (Raw Sport) was second fastest on 51:10. NEM veteran Sean Vincent came in third with a fine ride of 51:29 (+16:09) and Karen Ledger, also from Team Bottrill, was fastest lady with 54:30 (+17:30). The next NEM group member was Michael Wills (Lutterworth Cycle Centre) with a 54:05 (+15:59), with Colin Parkinson (South Western RC) just 10 seconds behind on 54:15 (+15:04), not far adrift, Stu Hammond (Team Backstedt) came in on 54:23 (+13:51), then Giles White (Sherwood CC) 56:42 (+12:10) and John Quimby (Coalville Whs) with a fine ride of 57:02. Again, unfortunately, Dave Yarnham of Peterborough CC went just over the hour with 1:00:03 (+12:17) as did Michael Stevens (Melton Olympic) 1:00:21 (+12:49). Ron Hallam (South Pennine CC) was first on standard with +24:07 on an actual of 1:07:45 (age record), David York (Ratae RC) did 1:11:14 (+0:44) and John Scott (Witham Whs) 1:11:56 (+04:24). Syd Wilson (Sheffield Phoenix) visited again from North

Midlands, recording 1:17:00 (+16:53) which is also an age record.

The NEM AGM will be held on 18 November and no doubt we will be discussing the change of standard times which I hope to report on in the next edition, together with other issues.

The group's luncheon and prize presentation will be held on Sunday 3 February at the Risley Park, Derby Road, Risley, DE72 3SS.

I hope you all have an enjoyable Christmas and a safe and happy new year.

SCOTLAND

James Skinner

The 2018 AGM was held in McQs Bannockburn, 36 members attended with 26 staying for lunch afterwards. The main points concerning all members were membership increases, which are now: solo members £20, couples £25, magazine for life members £8. Membership can be renewed online at www.vtta.org.uk/content/0-membership

McQs in Bannockburn is the venue for our prize presentation lunch on the 20th January 2019, tickets are priced £13 and are available from George Skinner.

Carlos Riise lifted the Speed Family Trophy in the SVTTA 15 mile TT championships. His 33:13 earned him a +7:30, with Robert Brown of EH Star only 5 seconds behind on standard. 30 members rode this increasingly popular distance, with first lady on standard being Miriam Rennit of Kinross Cycling Club finishing with a +4:21. Fastest SVTTA member on the day was Neil Pendrich riding for SVTTA with a 32:42.

The Reilly Trophy was contested in late August, organised by the Deeside Thistle as their 100 mile open event, incorporating the Jim Sharpe Memorial Trophy.

Alastair Washington of Caithness Cycling Club won the Reilly Trophy with 5:02:38 giving him +73:06, second on standard and fastest SVTTA was Brian Muir of the Royal Albert CC with 3:59:38 and +62:30. First lady on standard with +20.35 was Christina Mackenzie of Stirling Bike Club, completing in a 4:40:29.

The Jim Sharpe Memorial Trophy was won by Neil Howarth of the promoting club Deeside Thistle, his actual 4:48:50, minus a handicap of 81:50 gained him a net time of 3:20:00.

Well done to Robert Brown of the EH Star who lifts the Pinky Williams Trophy this year. His 1:16:47 earned him +15:29, pushing Carlos Riise (Shetland Whs) into second on standard by one second. First lady on standard with +9:01 was Christina Mackenzie (Stirling Bike Club), finishing in 1:17:13. William Groves +12.06 helped EH Star to first team on standard. Early starters got a little rain, but when it cleared a dull but windless morning aided the later starters, although a slow moving tractor was reported to have impeded the progress of a couple of riders.

The later running of the Boomerang 2-up Trophy saw it incorporated into the Archie Speed Tour De Gentlemen. With eight SVTTA eligible teams in the 18 entries it was a close finish for second overall, and Boomerang winner Peter Ettles (RT23), his ride with Ewan McGillvary also of RT23 achieved +9:18, with Robert Brown one second behind in +9:17 and Sandy Wallace third in +9:03. All eight teams finished in plus standard times, and it's good to see John Campbell (Royal Albert CC) getting a number on his back riding with George Skinner.

Several members travelled south for some end of season racing, at the Velo Club Cumbria 50. Graham Jones of Edinburgh Road Club rode 1:56:54 and on the same weekend Angus Wilson of Dundee Thistle RC ventured south to return a respectable time of 2:01:33 in the South Shields Velo 50.

In the Wigan Wheelers 10 on the Levens course John Leonard (Velopreda) on his first outing on this course returned a 22:43, with George Skinner (Royal Albert C)C riding a 26:13 and Alex Munro (SVTTA) riding a 29:24.

Dumfries Cycling Club organised their annual Loch Ken open 25.5 mile TT. Fastest rider was Chris Smart with 54:41 and our fastest member was Mark Skilling (Carrick CC) in sixth overall with a 58:37.

From Dumfries in the south to the multiple events in the north. Peter Ettles won the Elgin CC Sheriffston 10 mile TT in 21:40, the following week Ed Atkinson (Elgin CC) was fastest member in the Ross-shire

Roads CC Ronnie McDonald Memorial 10 mile TT finishing in a 23:25. The next week it was Peter Ettles again as fastest member in the Cairngorm CC Kincaig 10 mile TT with a 21:40. This Kincaig event was part of a five event weekend on the 8th and 9th September based around Aviemore. In the Moray Firth CC Croachy 10 mile TT George Grant was the fastest member in 23:44, with Amanda Wagstaffe of East Sutherland Wheelers finishing in 27:48.

Jim Cusick (Dooleys RT) was fastest member and seventh overall in what is for some the season finisher, Tour of the Campsies Hilly TT finishing in a respectable 1:02:27.

One week later was, as we all know, the real end of season weekend at Rothesay organised by Bute Wheelers.

First up saw the running of the Serpentine Hill climb where William Turner (Glasgow Nightingale CC) was the fastest member in 2:45, with Gordon Murdoch (GTR Return to Life) just over 2 seconds behind.

The next morning riders lined up for the hilly 10 mile TT. This time Gordon Murdoch (GTR Return to Life) returned the fastest member time in 23:39, and 12 members competing in the event. On the afternoon 18 members lined up in the Round the Isle of Bute 2-up TT, Jim Cusick competing with Lynsey Curran (both of Dooleys RT) was fastest member and fifth overall with 50:42, edging Gordon Murdoch and William Bonnar (both of GTR Return to Life) into sixth overall by 23 seconds.

It was only courageous riders who faced and returned times to the time keeper in this year's Tour de Trossachs. With the rain coming down in torrents and high winds the riders were arriving back to the race headquarters shivering to the bone, but only four group members failed to start. First on standard and fastest SVTTA member was Jim Cusick (Dooleys RT) and he lifts the Bill Lennon memorial trophy.

As we go to print the Scottish group would like to congratulate Alistair Washington of Caithness Cycling Club on winning the SVTTA Best All Rounder for 2018 and also the lifting of 4 other trophies.

If readers have any information, news, or gossip, get in touch at jamesmskinner@hotmail.com or INFO@SVTTA.ORG.UK

SOUTH WALES

Barry Williams

This quarter started in our glorious 2018 summer - wonderful conditions for cycling, which was really helpful for me personally, as I battled to deal with the recent death of Liz, my wife. Our sport is high activity, but also great for friendships and whenever I stopped off at our regular cafes, I was invariably lucky in finding fellow cyclists to chat about mutual experiences as such watching Tour de France, holidays in Mallorca or just exchanging cycling stories. Cycling every day really helped me to deal with bereavement and at the same time improved my physical condition to the extent that I felt able to enter our club's open 10 on Saturday September 8th. This would be my first time trial since 2014 and at age 82 I had little idea of what to expect. The event was the Cardiff 100 Miles RCC 10 on R10/17 and on that morning it was a case of "Forget the glorious summer, it's raining", 50% of the field failed to reach the time keeper.

Rain or no rain, I knew I had to do it and I splashed down the dual carriageway to the start. There, I found fellow competitors lined up, holding their streamlined TT bikes - flashing red lights blinking through the gloom. I was pushed off and all too soon, felt winded, gasping for air as my minute man, Harry Tanfield, motored past, this was after one mile. I pushed on, but kept losing it with bouts of weakness; eventually I finished in 28:07. Looking back, maybe racing at age 82 is not so clever.

Harry Tanfield won the event in 18:53 and at the finish he complained that his bike was not properly set up and his rear calliper was rubbing the rim, such is the life of a professional. VTTA South Wales were well represented - Chris Massey (Team Backstedt) was our top performer in 20:53, while Michelle Fishbourne clocked a PB 23:30. Others who completed the trip were Marco Marletta 23:39, Sue Shook, (Bush Healthcare) 24:26, Clare Greenwood (also Bush Healthcare) 24:35 and Peter Murrieri 25:36. I have to say that this was a somewhat low key event, many competitors had their aspirations set for the following day's Port Talbot Wheelers 25 on superfast R25/3H.

The rain on Saturday was followed by a brisk westerly wind on Sunday, not appreciated by competitors in the Port Talbot Wheelers 25, resulting

in 38 nonstarters. Harry Tanfield, the victor, presumably with the offending bike problem fixed, powered round in 46:18. Times were down, especially in the overflow event, where another 47 failed to reach the starting time keeper. Of VTTA South Wales members, Andrea Parish was fastest with 57:36, followed by Marco Marletta 59:10, Clare Greenwood 1:0:55, Sue Shook 1:1:39, Robert Lucas 1:2:20 and John Hynam 1:5:45. I must congratulate Les Thomas for his dedication and patience in running this popular event, hopefully past glories will return with quieter weather next year.

The result of the Welsh 100 Championship caught my eye. The times were exceptional, especially Kieron Davies' 3:20:17 and another Swansea rider Chris Gibbard posting 3:34:40. For Kieron it was the icing on the cake that enabled him to become this year's BBAR winner. Our members also posted some excellent times with Steve Powell 3:53:00 and Dave Bucknell just 2 seconds adrift with 3:53:02. Andrea Parish finished with yet another PB in 4:13:29. Bob Jones was pleased with his 10 minute advancement on last year with 4:31:19. It was good to note that my long-time friend and rival John Murphy (Gloucester City CC) was back in action with 4:54:33 - well done John.

The previous Saturday's Sports-Mad 10 attracted our members with Michelle Fishbourne winning the female vet prize with 23:54 while her husband Chris returned to form with 21:21. Leon Evans (Cardiff Ajax) posted 21:38 and Stuart Evans, still recovering from a serious operation, was back in action with 23:38. Robert Lucas 24:12, John Shehan 24:36, Kevin Bessant 25:17 and Pat Jerome 28:18 all posted respectable times.

In mid-September together with my daughter, Laura and her husband Ian, we booked in at Club Pollentia, Alcudia for some warm weather cycling. On the first two days we were surprised by some violent thunderstorms, resulting in floods in some farm lanes around Sa Pobra. Fortunately, the remainder of the week was hot and sunny. We enjoyed mountain rides up Selva Gorge to Lluc and over Orient (Coll d' Honor) to Banyola. The sea was warm, great for swimming and sun bathing – a nice break before the onset of winter.

Back home the season was nearing its end, September 17th, the Welsh 30 mile championships

witnessed another very fast time from Kieron Davies with 57:34. Our members recorded the following times: Chris Massey, 1.04.49; Andrea Parish 1:11:12; John Shehan 1:15:45 and Derek Morgan, hung in for 1:27:06.

The Welsh 50 mile championship on the last day of September provided a fast finale to the year with Conrad Moss (Mid Devon RC) posting 1:39:44. Chris Massey 1:53:45 and Andrea Parish 2:2:39 maintained a good level of performance ably supported by Jo Buckland 2:10:22.

In my previous contribution I wrongly stated that in the 19th century, massed start racing became illegal in UK, thus putting back the development of road racing in this country. I have now done a bit more research and it appears that in 1894 a cycle race on the Great North Road caused a horse pulling a carriage to panic into the passing cycle race, some competitors crashed and the passengers of the carriage complained to the local police who in turn banned cycle races in that section of road. The NCU, the then governing body for UK, fearing a statutory ban on any form of cycle racing, banned massed start races on open roads, a ban which stayed in place for the next 60 years

It was 1941 before a Wolverhampton cycle dealer, Percy Stallard organised a massed start race from Llangollen to Wolverhampton on open roads with police permission. The NCU fiercely opposed Stallard's initiative and he responded by creating the British League of Racing Cyclists (BLRC) solely for the promotion of road races. In 1954 the BLRC tried to send a British Team to the Tour de France but this was blocked by the NCU, the UK body recognised by UCI. Following this, pressure from the UCI forced the BLRC and NCU to join forces under the banner of the BCF. Looking back, it's highly likely that the 1894 incident resulted in the creation of the then secretive British time trial culture, RTTC (CTT) and ultimately VTTA.

Also, this 1894 Great North Road incident almost certainly resulted in Britain being the only country in Europe without an historic place to place cycle race such as Milan-San Remo or Paris-Roubaix. But times are changing with the Tour de Yorkshire and Ride London races both becoming regular fixtures; cycling is becoming ever more popular in the UK.

What cycling most urgently requires now is investment in proper cycle paths to give protection from motorised traffic. I was in the Netherlands last week, where they have a wonderful network of safe traffic free cycling routes. I just wish our road planners would go to Holland and view this cycle lane system before they authorise investment in some of the ill-conceived, unlinked and probably under funded structures I have seen in and around South Wales.

I will conclude by asking members to email me at bazspeed@gmail.com with any interesting cycling stories or other info relating to this column.

SURREY & SUSSEX

Jon Fairclough

Welcome to New Members

A welcome to ten new members: Derrick Thirlwell (Kingston Whs), Suzanne Shaw and David Percival (both Kingston Phoenix), Noel Miles (East Grinstead Tri Club), Samuel Allport, Paul Haywood (Epsom CC), Stuart Hourigan (34 Nomads), Geoff Smith (Eastbourne Rovers), Barrie Foster (Anerley BC) and Russell Hicks (Oxted CC).

Results of Surrey/Sussex Open Events

The Surrey/Sussex VTTA 25 run by Bec CC on 19th August on G25/54. 54 riders were on the start sheet and 44 made the start line. The top four Surrey/Sussex veterans on standard were: 1st Steve Dennis (East Grinstead CC) 55:46 (+13:19), 2nd David Pollard (In-Gear Quickvit) 57:25 (+13:13), 3rd Chris Lord (Brighton Excelsior) 59:05 (+12:53) and 4th Mark Smith (Crawley Whs) 54:35 (+12:16). Thanks to Andrew Green for organising the event.

The Surrey/Sussex VTTA 25 on 23rd September on G25/89. Sixty riders were on the start sheet but only 18 made the start line. The weather forecast was terrible and that was how it turned out, with heavy rain and wind strongly affecting performances. The top four Surrey/Sussex veterans on standard were Richard Gifford (TrainSharp RT) 57:31 (+11:34), Geoff Smith (Eastbourne Rovers) 1:07:20 (+5:50), Jon Fairclough (Woking CC) 1:07:46 (+3:50) and Robert Royle-Evatt (Addiscombe CC) 1:08:44 (-0:30). The author is lucky to appear here, as he got a puncture a mile or so from the end and rolled across the finish on a flat. Thanks to Keith Wilkinson for

organising the event. Unfortunately, he can't control the weather.

Records

James Rix (Team Bottrill) set a new national 25 mile age record for a 42 year old with a time of 46m 51s on 28th April, which he then beat with a time of 46m 35s on 24th June. He also set a new national men's 30 mile age record of 55m 35s on 22nd September. James also set a group record at 15 miles of 30 m 00s for solo bike on 25th August.

Karina Bowie (Team Bottrill) set a new group women's 25 mile age record for a 47 year old of 56m 54s on 4th August.

Season Long Competitions

We had two finishers in the Four Distance BAR, five finishers in the Three Distance BAR and four finishers in the Short Distance BAR. The Surrey/Sussex winners were:

Men's BAR Champion (Palmer Trophy) over 25, 50, 100 miles and 12 hours: Peter Baker
3 Distance Champion (Jim Ballard Trophy) over 25, 50 and 100 miles: Kevin Plummer
Short Distance Champion over two '10' and two '25' miles: James Rix

Standards

Conor Boyle set standards at 10 and 25 miles, Robin Johnson at 10 and 15 miles, Tim Miles at 10 and 25 miles, Don Parker at 10, 25 and 50 miles, David Phillips at 10, 25 and 100 miles, Christopher Rosam at 10 and 25 miles and Jon Fairclough at 30 miles and 12 hours.

Over 70's Still Racing

Congratulations to Michael Gowan, Robin Johnson, David Battersby, Alan Robinson, Brian Hill, Tim Miles and Mike Morley.

2019 Events

The first open event of the year, the Surrey/Sussex 10, is also the VTTA National Championship 10, and will be held on the G10/41 course on Sunday 28th April. We hope that many Surrey/Sussex riders will take part. If you are not intending to ride, please consider helping on the day as we will need more people than usual to ensure that the championship event runs smoothly. The other open events are on 9th June (Lewes Wanderers CC 30), 16th June (ESCA 50), 11th August (ESCA 100), 18th August (Bec CC 25) and 22nd September (Surrey/Sussex 25).

Strava Group News

The Strava Group is called "VTTA Surrey Sussex" and has 18 members. It's a great way of seeing what other group members are doing and congratulating them on their achievements. There are weekly leaderboards for distance, longest ride and total climb. It was good to see Mike O'Gorman second on the distance leaderboard after a year off racing. If you want to join, just send me an email or get onto Strava, find the group and ask to join.

Committee News

We are pleased to announce that James Rix has taken on the role of Group Recorder.

We still have vacancies for a social secretary and group secretary. The main responsibility of the social secretary is to organise the annual lunch. Effort is mostly needed in December and January for the lunch in February. The group secretary is an administrative position dealing with any correspondence and preparing the agenda and minutes for the two meetings each year. We also welcome new committee members. Please consider helping the group by taking on one of these roles if you can, or if you would like any further information, please contact Keith Wilkinson at keithwilkinson@talktalk.net.

AGM and Annual Lunch

The group's annual prize giving lunch will be held from noon on Sunday 3rd February 2019 at the Normandy Centre, Denne Road, Horsham, RH12 1JF. Please support this event which honours the achievements of our group members in the 2018 racing season. There will be a three course meal and a guest speaker. All members, their partners and friends are welcome. A booking form allowing you specify your menu selections will be available in December and will be mailed to members. This year you can buy tickets at the VTTA web site if preferred.

WESSEX **Bob Jolliffe**

"This could be the future of time trialling," said a competitor parked beside me at this autumn's CTT Closed Circuit Championships at Thruxton, Hampshire. He was referring to the absence of traffic, but he was right in another way, too - thick fog had blanketed the motor racing circuit for the

earlier starters. No way would the event have started on time if it had been on the open road. However the fog did not make any difference to the Antelope Racing Team promotion and it went ahead bang on schedule, with 30 second intervals between riders and chip timing to ensure riders had a slip of paper with their printed time, seconds after they finished.

But the great thing for me was the way it had drawn such large numbers of riders. There were no fewer than 56 juveniles and juniors, male and female; 44 women including 19 veterans and 182 men of which 46 were veterans. The atmosphere was absolutely brilliant. I only wish I hadn't had to dash off to a Transplant Games training event at Stourport and so missed the presentations.

For me, one of the "strong men holding up the rest of the field", the only issue was the demoralisingly large number of times I was caught during the five-lap race of something in the region of 11.7 miles (depending upon your line through the corners, I guess). More training required next year . . .

The sun burned off the fog and shone brightly on Marcin Bialoblocki who held nothing back, clocked 22:07, and added the title to his gold medal collection.

Wessex vets were able to hold their heads high with Fareham Wheeler Neil Mackley heading the list with 24:00 for 21st place. CC Weymouth's Greg Parker just beat New Forest CC's Antony Green to the 50-54 age group award by two seconds with his 24:38; ...a3crg member Stephen Williamson was 59th with 25:27; Bournemouth Jubilee Wheelers' Nick Jones clocked 25:39; North Hants RC's Phil Watts finished in 26:29, Antelope's Glenn Longland recorded 26:36 following a long session as a race car park attendant; and Terry Icke of Poole Wheelers clocked 28:00 at the age of 74.

Other Wessex vets: Richard Wyeth (Tornado RCC) 27:25, Mike Boyce (...a3crg) 29:58, Simon Craig Mcfeely (...a3crg) 31:43, Dave Hanbury (Crabwood CC) 32:04, Bob Jolliffe (New Forest CC) 33:18 and Ken Rayson (...a3crg) 34:40.

In the Women's race, won by Independent Pedaller Emma Lewis in 24:46, ...a3crg riders Angela Carpenter and Sarah Matthews were also well on

form taking seventh and 10th places respectively with 26:54 and 27:25.

Belated Antelope Weekend

The following weekend, Antelope RT members were out in force again for their Test Valley Weekend events, which had to be postponed because of snow in early March. The weather was not very good on the last weekend of October, either with wind and rain which led to reduced fields.

Continuing his run of form, Neil Mackley was first overall in the 10 on the Kings's Somborne to Romsey road with 21:36 with Glenn Longland taking 12th in 24:15. Other Wessex vet times: Simon Craig-Mcfeely 27:02, Michelle Walter (Bournemouth Arrow CC) 28:24 and Chris Summers (Sotonia CC) 29:16. National and Wessex treasurer Mary Corbett rode with VC St Raphael's Aran Stanton on a tandem and clocked 23:50.

In the two-up on the rolling Stockbridge to Winchester road the following day, Neil Mackley and clubmate Kirsty Mcseveney averaged 24.615mph to take third place in the two-up. Another Fareham pair, David Dalton and Nigel Sign recorded 29:33, and Glenn Longland and fellow Antelope racer Stephen Wood clocked 29:46.

Norman and Mary National Champions

Sotonia CC's Norman Harvey and Mary Corbett won the 15 mile Tandem National Championship in the London and Home Counties event on the Bath Road with 39:44, which was also a Wessex age record. "We were lucky with the weather, dull but no rain. There was a stiff breeze from the side making it a bit difficult in places but nothing serious," said Norman. Pedestrian operated traffic lights slowed the pair. "We almost came to a standstill and then had to get started on the up-slope and in the wrong gear," said Norman.

Mary also set group mixed tandem age records at 50 miles (2:00:26 with Aran Stanton) and 10 miles (26:32) again with Norman.

Another club record for Walter

Back in June, Bournemouth Arrow CC's 57 year old Michelle Walter broke her club's 30 mile women's record, previously set by Lynda Allen back in 1980, with 1:22:05, on a cool and damp morning on the P612/30R. She then smashed an even older club record, the 100 of 5:02:45 set by Evelyn Foster way

back in 1951, with 4:44:16 in the Welsh Championship. Both were Wessex age records.

AGM

National age records at 25 miles at age 74 have been set by Terry Icke of Poole Wheelers twice with 54:58 and then 54:45. He also set a new Wessex 10 record of 21:36, the Wessex AGM heard. Sarah Matthews of ...a3crg also set national 58 year old records of 21:33 for 10 miles, 34:52 and then 33:35 for 15 miles and 55:24 for 25 miles.

Her club mate Angela Carpenter had a "remarkable season considering she fractured her elbow and hip in May" said group recorder Claire Newman. Angela set new records for a 49 year old of 52:30 for 25 and 1:03:23 at 30 miles.

Sarah Matthews also teamed up with Mary Corbett to set a new tandem record of 22:54 for 10 miles.

More Wessex records have been set by Norman Harvey who, at age 85, clocked 26:32 at 10 miles, 44:54 at 15 miles, 1:13:45 at 25 miles and 2:38:20 for 50 miles. Christina Murray (Army CU) did a 4:06:46 100 miles at age 41, Brian "Sid" Hygate (Fareham Whlrs) rode 191 miles in 12 hours at age 80 and clubmates Nigel Sign and Alan Emmott also created new age records with 243.56 miles for 12 hours and 4:15:07 for 100 miles respectively. Blazing Saddles' Andy Langdown equalled his 19:19 of 2017, but being a year older at 49 set a new Wessex record for 10 miles. He also beat 30mph for 15 with 29:58.

CC Weymouth's Greg Parker clocked 48:46 at age 53 for 25 miles which was an absolute Wessex record. He then went on, aged 54, to set a new 10 standard of 19:37, beating Neil Mackley's record ride of two weeks previously. Greg then went on to record 30:30 for 15 miles and 1:43:59 for 50. Antony Green of New Forest CC set a new age 54 record of 51:00 and would have set records at 10, 15 and 50 miles had Greg not beaten him to it.

Wessex BAR

David Shepherd of ...a3crg is the group Best All Rounder, the best of five qualifiers. Others, unfortunately, could not qualify after the Blazing Saddles' 50 was run on a short course.

Membership increased

Membership secretary Norman Harvey said

numbers had increased from 146 in 2017 to 156 this year, 16 of which were new or renewing members. Female membership went up by three to 16, of which eight competed. There are also five members aged more than 80 years: Norman himself, Stan Bennett, Barrington Day, Brian Hall and Sid Hygate.

Lunch and Awards Presentation

A different venue has been selected for the annual Lunch and Awards Presentation for this winter: it is the Railway Institute in Eastleigh. It will take place between noon and 4pm on Sunday, January 27. Price is £12.50 for a hot and cold buffet, but with formal seating, said organiser Norman Harvey. Tickets can be bought along with on-line membership, or by post from Norman with a cheque.

WEST

Brian Griffiths

As autumn closes in and yet another racing season comes to an end, it seems that we are already planning well ahead for next year's events - at least that was the impression I gained from our AGM which I attended last Sunday (4th November). This was held in our usual venue at Sutton Bengier with over twenty members in attendance, which is about the usual number. Over a cup of tea and a good selection of homemade cakes generously provided by our secretary's wife, our chairman Brian Barraclough got business under way.

With favourable reports from both the secretary and treasurer we were off to a good start. With a healthy amount in the kitty it was decided to hold the subscriptions at their present level of £20 for an individual member.

The auditors reported favourably but unfortunately both Dave Galley and Geoff Fry will be standing down, so we will require replacements for next year.

Racing secretary Robert Hutchinson reported a very successful season with a large number set to apply for standard medals. It was observed that some of our trophies are getting a little old and will need to be refurbished.

We had been forewarned that Mike Jupp would be standing down as WestVet editor, which was deemed to be a very large loss. He has done an

excellent job for six years following a previous stint in that valuable position. It is only when you realize what a loss this would be that you really begin to appreciate the important part it has played in our planning and activities.

Webmaster Tony Emery's report indicated a big change in the future but one that was favoured by all those present. We will be closing down our own website, saving us a useful sum of money, and instead will use the VTTA National site, where we can still contribute important news and information in much the same way.

Eventually we moved on to election of officials and not surprisingly and very conveniently most agreed to continue in the same position as before. The one big and quite delightful surprise was that Paul Freegard stepped forward and announced that he was willing to take on the job of WestVet editor. The relief could be felt all around, that really was unexpected good news for us all. Please do your little bit to provide him with interesting stories and information, to give him a good start and to show your gratitude.

Events for next year could now be considered and the first one will be our 10 mile event, run in conjunction with the annual prize presentation. Secretary Gordon Scott and his dear wife instigated this event and it has proved a very successful addition to our calendar. However there will be changes made in 2019; the event will now be held on Saturday 6th April, because it was thought that this might be more convenient for members. First the time trial, then the prize presentation, followed by afternoon tea for everyone and a chance to chat before we all go home. The idea met with enthusiastic approval, so now we have a definite date for our diaries.

The Bath CC event will be our championship 25, whilst for the 50 virtually any suitable event can be used as we do not have anything locally that seems to fit the bill. This met with some disapproval but unfortunately appeared to be the best we could do. Likewise you have freedom of choice for the 100 and as usual the Welsh 12 hour is selected as being well organised and quite accessible.

Now it was time to move on to consider the awards, which were easily settled.

Our president, Ted King, was earmarked to go forward for the Bricknell award. Anyone who read the article to celebrate his ninetieth birthday in the last journal will be in no doubt about his contribution to cycling over many years. Indeed it has to be said that he is still as keen as ever to play a useful part in anything that will further our cause, there could be no more suitable candidate.

Arja Scarsbrook was easily chosen as our candidate for the Cooke Trophy. She has been an amazing competitor over the years and this year she has delighted us all by mopping up a number of VTTA age records. She is to be recommended as a very definite prospect as far as we are concerned.

Our two long serving auditors, Dave Galley and Geoff Fry, have served us well over many years and we felt that they deserve joint ownership of the prestigious Janet Wilson trophy as a reward and a token of our appreciation.

The meeting was quite unanimous in deciding that something had to be done to reward the efforts made by Mike Jupp over many years to provide us with a top quality journal every quarter. In many ways it is an unenviable task. Being something of a perfectionist has meant that assembling whatever material is submitted to him to produce an attractive, entertaining and informative piece of art has caused him to burn many a midnight candle. Surely as much as anyone he deserves an adequate reward; it was felt that the very least we could do was to award him our own West Group

Distinguished Honorary Life Membership. Well done and well deserved, Mike!

May I quietly remind our members that your subscriptions remain the same and are due on 1st January? So why not pay them now?

Finally may we wish all VTTA members and friends a Merry Christmas and may you all see your most reasonable ambitions come true in 2019.

YORKSHIRE **Chris Goode**

First of all, welcome to eleven new members to the Yorkshire group. They are Adam Hardy (Team Sportslab), John Potter (Bridlington CC), Karen Stuart-Smith (Stockton Whs), Duncan Glover (Harrogate Nova), Craig Maude, Chris Johnson and Alan Chalmers (Valley Striders CC), Anthony Kitching (VTTA Yorkshire), Dominic Hewitson (Airedale Olympic), David Taylor (Ravensthorpe CC), and John Shaw (Yorkshire RC).

The VTTA Yorkshire 10, held on 22nd September, was efficiently organised by Blair Buss of Halifax Imperial Wheelers, with his band of helpers. The fastest time was set by Michael Schofield 21:19 in a very tight contest on the V714, between Gilberdyke and Howden. The entry was down on last year, with 53 riders, due to the course switch away from the V718 on to the adjacent V714 (Gilberdyke-Howden). However there were some very good performances. The top four on standard were as follows: Michael Schofield (York Cycleworks) +5:38 (21:21, 1st actual), Steve Gibson (Peak RC) +5:31 (21:23, equal 2nd actual), Anthony Ashworth (Wetherby Whs) +5:22 (21:23, equal 2nd actual), Mike Allen (Team Jewson) +5:20 (24:06 actual). Pauline Mitchell (Cliff Pratt Racing) was the fastest woman in 25:53. In the age categories, not being in first four on standard, the winners were: 40-49 Neil Cleminshaw (Vive le Velo) +4:47, 50-59 Blair Buss (Halifax Imperial Whs) +5:00, 60-69 John E Potter (Bridlington CC) +3:36, 70-79 John Tiffany. In 80+ there was a joint win for rivals Brian Ward (Scarborough Paragon) and John Baines (Yorkshire RC) with +3:10. Well done to all those who competed and thanks to all those who helped and made the event a success, particularly the organiser Blair Buss.

WANTED BY COLLECTOR

**OLD RACING CYCLES,
FRAMES & COMPONENTS**

1920-1990 VINTAGE

Can collect from most areas if
required

01642 555168
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At his second attempt Doug Hart broke the RRA record for cycling from York to Edinburgh. His first attempt, in early April, saw difficulties with the support car and worsening conditions, plus hitting a pot hole and coming off. For his second attempt of 2018, Doug rode in the opposite direction, having more luck with the wind and a much smoother ride overall. Doug beat the previous 40 year old record held by John Murdoch (Edinburgh RC) by 13 minutes, recording a dazzling time of 8 hours 8 minutes and 10 seconds. This was at an impressive 23 mph and when asked if he will give it another go, Doug said that he believes sub-8 hours is possible, but he will ride again only when someone breaks his new record. The timekeeper was Phil Hurt of Yorkshire Road Club; this was quite fitting as this record carries the Andy Wilson Memorial Shield. Andy was a member of that same club but died in 1926 shortly after breaking this same record. Well done Doug.

Previous holders of this record include the legendary Frank Southall, who in 1935 completed the ride in 8 hours 37 minutes on 3-speed gears of 67", 76" and 86" and in doing so took 53 minutes off the earlier record. The full list of York - Edinburgh record holders is:

1896	A Hogg	(paced)	12:15
1903	E Sexton	(Bath Road Club)	13:14
1905	C Hillhouse	(North Road CC)	12:35
1910	W Morton	(Leeds Road Club)	11:53
1912	J Kirk		11:14
1925	R Shirley	(Upper Holloway CC)	10:36
1926	A Wilson	(Yorkshire Road Club)	9:44
1931	E Brown	(Wessex Road Club)	9:30
1935	F Southall	(Bath Road Club)	8:37
1939	C Holland	(Midland C&AC)	8:36
1953	K Joy	(Medway Wheelers CC)	8:32
1978	J Murdoch	(Edinburgh RC)	8:21:17
2018	D Hart	(Ilkley CC)	8:08:10

Karen Taylor also attempted some more track records at the Scunthorpe track, but was thwarted by very strong winds. Watch this space in 2019 for further news from these two record breakers.

Many thanks to our supremo, Tony Stott, who organised our AGM, which took place at Collingham Memorial Hall, on 17th November. John Hallas joins the officers of the group, as the website administrator. In addition, in my role as chairman, thank you to all

officers and members who have contributed to the activities of the group over the year. A reminder that current membership lapses on 28th February and there will be no reminders for those who do not have an email address. Single membership is £15 and joint membership £18 payable online or to George Young, our treasurer. Our Recorder, Jim Trevor would like to encourage members to apply for standard awards at the beginning of the season, £7 for one event and £15 for all standards. It is not possible to apply for a standard award after your good performance/s, but you can now register for them when you join online, all as a single transaction.

Our lunch will take place at the Bridge Inn, Washford, 12 for 12:30 on Sunday, 27th January. The tickets can be bought from Mike Williams, for £23. The guest will be Margaret Allen, women's BBAR in 1987 and 1988, winner of six national championships at all distances from 10 to 100 miles and multiple team national championship winner.

Mike is also organising the VTTA National 50 Championship, on the afternoon of Saturday 22nd June so please get in touch with Mike to help out - his list of volunteers is now open.

NOTE - ALL NATIONAL AGE RECORDS REFERRED TO IN REPORTS ARE SUBJECT TO RATIFICATION.

STOP PRESS - STOP PRESS

Stan Chadwick of Scarborough Paragon CC and Yorkshire Group passed away on 23 November, aged 102 years. He was the oldest member of the VTTA, having joined in 1956.

Manchester & North West Group sadly report the death of Jim Gresty as result of injuries sustained in a traffic accident in 2016.

Our condolences go out to his wife, Helen, and family.

Full obituaries of both these most respected members will appear in the next edition of The Veteran..

STOP PRESS STOP PRESS

RESULTS OF SEASON LONG COMPETITIONS

Compiled by Glen Knight - National Recorder

A total of 311 riders made a total of 446 claims in our three competitions; this included 52 women who made a total of 96 claims. Total number of claims in 2017 was 442 but in 2016 was only 385.

Participation by group is as follows (2017 in brackets):

East Anglian - 19 (27), Kent - 2 (5), London & Home Counties - 23 (19), Manchester & North West - 5 (4), Merseyside - 28 (18), Midlands - 8 (11), North - 5 (7), Nottingham & East Midlands - 15 (22), North Lancashire & Lakes - 27 (35), North Midlands - 41 (15), Surrey/Sussex - 6 (7), Scotland - 50 (53), South Wales - 5 (3), West - 16 (11), Wessex - 40 (33), Yorkshire - 20 (65)

296 claimants are aged 40-59, with 87 in their 60s, 48 in their 70s and 14 in their 80s with two of these gaining winning positions as well as top five places.

Jackie Field (CC Ashwell) has had a spectacular season, resulting in her becoming the first female winner of the BAR competition since they were first able to join the VTTA in 1971. She has also finisher very high up in the standings in both the three distance and short distance competitions, in which she has also been a member of the winning group teams.

Our two octogenarian stars - Peter Horsnell (Chelmer CC) and Ron Hallam (South Pennine RC) - continue to share the spoils, with Peter winning the three distance (for the fifth time) and Ron the short distance competition (for the fourth time).

Awards are made in each competition to the first three overall, to the highest placed woman, the best group team of six and the best club team of three. These award winners are shown in bold in the results table.

Awards will be presented to all winners at the National Presentation/AGM, to be held at Solihull on Saturday 26th January 2019.

BEST ALL ROUNDER COMPETITION

Pos	Name	Club	Group	Age	Cat.	25 time	50 time	100 time	12 dist	Plus
1	Jackie Field	CC Ashwell	EA	53	F	0:54:31	1:52:15	4:02:19	273.38	1:23:04
2	Mat Iving	Buxton CC	M&NW	45	M	0:49:19	1:41:55	3:33:53	291.30	1:15:38
3	David Shepherd	..a3crg	Wsx	57	M	0:53:21	1:49:04	3:46:22	284.59	1:15:27
4	John Golder	Chelmer CC	EA	64/65	M	0:55:33	1:54:07	3:57:32	265.00	1:14:15
5	Andy Jackson	AeroCoach	Yks	42	M	0:49:09	1:41:13	3:35:01	284.58	1:11:14
6	<i>Katja Rietdorf</i>	<i>Born To Bike</i>	<i>L&HC</i>	47	F	0:56:05	1:56:05	4:01:08	257.88	1:10:04
7	Chris Lea	Buxton CC	NM	55/56	M	0:54:36	1:49:59	3:45:26	272.66	1:09:57
8	Ray Retter	Born To Bike	West	72	M	0:57:34	2:06:04	4:23:51	243.61	1:09:50
9	Derek Parkinson	Springfield Financial	NL&L	43/44	M	0:51:19	1:45:33	3:44:52	298.43	1:09:34
10	Steve Williamson	..a3crg	Wsx	47	M	0:52:17	1:54:54	3:37:32	299.43	1:09:07
11	<i>Becky Murley</i>	<i>Wisbech Whs</i>	EA	42/43	F	0:55:29	1:54:03	3:58:53	256.99	1:07:44
12	Adrian Hughes	Seamons CC	M&NW	50/51	M	0:49:57	1:47:09	4:02:04	272.21	1:06:31
13	Joe Le Sage	Rutland CC	NM	45	M	0:52:07	1:46:23	3:49:09	277.88	1:03:34
14	Nick Cave	Lutterworth CCRT	N&EM	52/53	M	0:54:52	1:55:33	3:50:00	274.58	1:02:12
15	John Murphy	Gloucester City CC	West	78	M	1:01:01	2:18:44	4:54:33	202.67	1:01:26
16	Nigel Clementson	Wigan Whs	NL&L	57	M	0:54:57	1:56:52	4:00:21	257.91	1:00:04

Pos	Name	Club	Group	Age	Cat.	25 time	50 time	100 time	12 dist	Plus
17	Susan Semple	Born To Bike	Mids	52	F	0:56:56	2:08:41	4:21:13	236.10	0:57:42
18	Paul Winchcombe	Chippenham & Dist Whs	West	58	M	0:53:57	2:00:18	4:08:15	252.41	0:57:15
19	Simon Higgins	Liverpool Century	Mer	57/58	M	0:56:52	1:59:44	4:11:06	247.40	0:52:42
20	Nick Jones	Bournemouth Jub Whs	Wsx	42	M	0:53:30	1:51:58	3:45:16	258.31	0:52:39
21	Arthur Winstanley	Liverpool Phoenix CC	Mer	62	M	0:57:39	2:02:14	4:20:45	239.55	0:51:47
22	Sean Quinn	Law Whs	Scot	45	M	0:55:40	1:57:17	4:01:33	256.84	0:46:25
23	Janet Fairclough	St. Helens CRC	Mer	57/58	F	1:01:34	2:15:57	4:46:12	221.20	0:46:08
24	Alison Vessey	Didcot Phoenix CC	West	63/64	F	1:05:24	2:26:20	4:46:30	218.50	0:45:40
25	Peter Baker	Lewes Wanderers CC	S/S	60	M	0:56:17	1:59:07	4:40:52	213.22	0:40:31
26	Roger Clarke	Tyneside Vagabonds	N	47	M	0:55:43	1:57:29	4:19:22	242.04	0:40:10
27	Richard Claxton	VC Elan	Kent	74	M	1:11:22	2:21:14	4:58:31	219.14	0:39:25
28	Robert Jones	Cardiff 100 Miles RCC	SWIs	66	M	1:01:19	2:17:34	4:31:19	206.88	0:36:33
29	Jon Fairclough	Woking CC	S/S	64	M	1:07:46	2:10:37	4:51:14	243.78	0:33:59
30	Angus Swanson	Stirling Bike Club	Scot	50	M	1:03:51	2:11:15	4:21:11	255.80	0:30:53
31	Gordon Scott	Weymouth CC	West	57	M	1:01:48	2:10:18	4:50:37	238.56	0:29:17
32	Ian Casson	Birkenhead Victoria	Mer	1	M	1:05:49	2:18:18	4:49:24	206.39	0:26:10
33	Harry Cowley	Chester RC	Mer	70	M	1:07:07	2:22:47	5:34:25	193.35	0:17:21
34	Adrian Watkins	Tornado RCC	Wsx	50	M	1:02:47	2:18:53	4:30:36	219.80	0:17:08
35	John Glaysher	..a3crg	Wsx	40	M	1:02:07	2:06:11	4:27:38	222.73	0:15:38
36	Paul Revell	Barrow Central Whs	NL&L	56/57	M	1:08:08	2:22:03	5:03:00	204.27	0:04:55

FASTEST ON ACTUAL MPH

Mat Ivings (Buxton CC / Manchester and North West) is fastest on actual (average) speed with 28.044mph

GROUP TEAMS OF 6 ON PLUS

No groups qualified with six riders.

CLUB TEAMS OF 3 ON PLUS

Pos	Club	Name	Group	Plus	Team Plus
1	Born To Bike - Bridgtown Cycles	Katja Rietdorf	L&HC	1:10:04	3:17:36
		Ray Retter	West	1:09:50	
		Susan Semple	Mids	0:57:42	
2	..a3crg	David Shepherd	Wsx	1:15:27	2:40:12
		Steve Williamson	Wsx	1:09:07	
		John Glaysher	Wsx	0:15:38	

THREE DISTANCE COMPETITION

Pos	Name	Club	Group	Cat.	Age	25 time	50 time	100 time	Plus
1	Peter Horsnell	Chelmer CC	EA	88	M	1:12:51	2:20:16	5:22:07	1:16:02
2	Andrew Grant	Cambridge CC	EA	65	M	0:50:37	1:43:35	3:47:07	1:06:28
3	Keith Ainsworth	Sheffrec CC	NM	59	M	0:48:00	1:42:05	3:42:20	1:04:31
4	David Hargreaves	N Lancs RC	NL&L	70/71	M	0:56:13	1:57:56	4:00:14	1:00:56
5	Jackie Field	CC Ashwell	EA	53	F	0:54:31	1:52:15	4:02:19	1:00:14
6	<i>Karen Ledger</i>	<i>Team Bottrill</i>	N&EM	45	F	0:52:31	1:50:23	3:55:50	0:58:50
7	Greg Parker	CC Weymouth	Wsx	52/53	M	0:48:46	1:43:39	3:48:39	0:57:02
8	Gavin Hinxman	Drag2Zero	EA	50	M	0:49:19	1:50:30	3:56:33	0:56:09
9	Chris Scawn	Plymouth Corinthians	West	67	M	0:53:56	1:55:27	4:04:19	0:55:37
10	Mat Ivings	Buxton CC	M&NW	45	M	0:49:19	1:41:55	3:33:53	0:55:07
11	Julian Elliott	Finsbury Park CC	EA	47	M	0:49:48	1:39:11	3:44:42	0:54:37
12	Alan Murchison	Drag2Zero	L&HC	47	M	0:48:15	1:41:37	3:49:26	0:53:46
13	Andy Jackson	AeroCoach	Yks	42	M	0:49:09	1:41:13	3:35:01	0:53:17
14	John Golder	Chelmer CC	EA	63/64	M	0:55:33	1:54:07	3:57:32	0:53:16
15	David Shepherd	..a3crg	Wsx	57	M	0:53:21	1:49:04	3:46:22	0:52:55
16	<i>Katja Rietdorf</i>	<i>Born To Bike</i>	L&HC	47	F	0:56:05	1:56:05	4:01:08	0:52:32
17	A.B.G. Washington	Caithness CC	Scot	81	M	1:04:55	2:18:35	5:02:38	0:51:46
18	<i>Becky Murley</i>	<i>Wisbech Whs</i>	EA	41/42	F	0:55:29	1:54:03	3:58:53	0:51:31
19	Paul Fleming	Preston Whs	NL&L	51/52	M	0:51:17	1:46:56	3:52:29	0:51:25
20	Chris Lea	Buxton CC	NM	54/55	M	0:54:36	1:49:59	3:45:26	0:50:37
21	Steven Cottingham	Bath CC	West	56	M	0:50:39	1:51:32	3:58:17	0:50:35
22	Ray Retter	Born To Bike	West	72	M	0:57:34	2:06:04	4:23:51	0:50:13
23	John Lacey	Hemel Hempstead CC	L&HC	54	M	0:53:37	1:48:18	3:48:59	0:50:00
24	Darren Yarwood	Vive le Velo	Yks	44	M	0:50:05	1:45:04	3:43:18	0:49:45
25	<i>Andrea Parish</i>	<i>VeloSistas TT Team</i>	SWIs	50	F	0:55:36	2:02:39	4:13:29	0:48:51
26	Adrian Hughes	Seamons CC	M&NW	49/50	M	0:49:57	1:47:09	4:02:04	0:48:50
27	Derek Parkinson	Springfield Financial	NL&L	43/44	M	0:51:19	1:45:33	3:44:52	0:47:39
28	John Murphy	Glouester City CC	West	78	M	1:01:01	2:18:44	4:54:33	0:47:23
29	Joe Le Sage	Rutland CC	NM	45	M	0:52:07	1:46:23	3:49:09	0:46:16
30	Richard Bideau	Pendle Forest CC	NL&L	47	M	0:48:07	2:00:17	3:43:13	0:46:07
31	Steve Williamson	..a3crg	Wsx	47	M	0:52:17	1:54:54	3:37:32	0:46:04
32	Alan Emmott	Fareham Whs	Wsx	71	M	0:58:07	2:13:49	4:15:07	0:46:04
33	Craig Horseman	Beacon Whs	NL&L	43/44	M	0:52:33	1:47:09	3:46:02	0:45:33
34	John Quimby	Coalville Whs	N&EM	67	M	0:57:42	2:04:32	4:16:34	0:44:14
35	<i>Susan Semple</i>	<i>Born To Bike</i>	Mids	52	F	0:56:56	2:08:41	4:21:13	0:44:05
36	Nigel Clementson	Wigan Whs	NL&L	57	M	0:54:57	1:56:52	4:00:21	0:43:55
37	Nick Cave	Lutterworth CCRT	N&EM	52/53	M	0:54:52	1:55:33	3:50:00	0:43:39
38	<i>Christina Murray</i>	<i>Army CU</i>	Wsx	41/42	F	0:56:29	2:02:30	4:06:46	0:43:15
39	Brian Muir	Royal Albert CC	Scot	55	M	0:53:45	1:59:16	3:59:39	0:42:29

Pos	Name	Club	Group	Cat.	Age	25 time	50 time	100 time	Plus
40	Paul Winchcombe	Chippenham & Dist Whs	West	58	M	0:53:57	2:00:18	4:08:15	0:42:06
41	Kevin Plummer	South Downs Bikes	S/S	53	M	0:53:13	1:55:43	4:08:03	0:41:12
42	Nick Jones	Bournemouth Jub Whs	Wsx	42	M	0:53:30	1:51:58	3:45:16	0:41:00
43	Trevor Mayne	Birdwell Wh	NM	54/55	M	0:53:42	1:53:53	4:17:22	0:40:17
44	<i>Deborah Moss</i>	<i>Team Merlin</i>	<i>NL&L</i>	48	<i>F</i>	<i>0:59:18</i>	<i>2:04:33</i>	<i>4:24:57</i>	<i>0:39:52</i>
45	Carlos Riise	Shetland Whs	Scot	53	M	0:54:55	1:54:22	4:10:13	0:39:37
46	Gethin Butler	Preston Whs	NL&L	49	M	0:54:43	1:54:02	4:01:37	0:39:22
47	<i>Susan Cheetham</i>	<i>N Lancs RC</i>	<i>NL&L</i>	55	<i>F</i>	<i>0:59:27</i>	<i>2:09:04</i>	<i>4:39:52</i>	<i>0:39:09</i>
48	<i>Alex Deck</i>	<i>Rutland CC</i>	<i>NM</i>	50	<i>F</i>	<i>0:57:40</i>	<i>2:06:47</i>	<i>4:36:30</i>	<i>0:38:58</i>
49	Simon Higgins	Liverpool Century	Mer	57/58	M	0:56:52	1:59:44	4:11:06	0:38:45
50	Arthur Winstanley	Liverpool Phoenix CC	Mer	62	M	0:57:39	2:02:14	4:20:45	0:38:12
51	Adrian Blacker	Norwood Paragon	S/S	54	M	0:52:42	1:59:59	4:17:46	0:37:53
52	Sean Owens	Croston Velo	NL&L	45/46	M	0:54:06	1:53:46	4:03:40	0:37:26
53	Robin Vessey	Didcot Phoenix CC	West	54/55'	M	0:53:45	2:02:30	4:13:37	0:37:09
54	Phil Warburton	Liverpool Phoenix CC	Mer	57	M	0:57:57	2:00:32	4:08:50	0:36:58
55	Andrew Simpkins	Solihull CC	Mids	64	M	0:57:18	2:08:00	4:27:14	0:36:18
56	James Wood	West Suffolk Whs	EA	54/55	M	0:57:30	1:56:11	4:14:39	0:36:18
57	Danny McCabe	Garstang CC	NL&L	58	M	0:55:28	1:59:05	4:30:17	0:35:40
58	Kevin Larmer	Port Sunlight Whs	Mer	47	M	0:54:42	1:58:05	4:03:19	0:35:37
59	<i>Janet Fairclough</i>	<i>St. Helens CRC</i>	<i>Mer</i>	<i>57/58</i>	<i>F</i>	<i>1:01:34</i>	<i>2:15:57</i>	<i>4:46:12</i>	<i>0:34:21</i>
60	Stuart McCormick	Port Sunlight Whs	Mer	50	M	0:56:55	1:55:17	4:13:26	0:34:16
61	Matt Stell	Springfield Financial	NL&L	40	M	0:54:54	1:53:28	3:57:49	0:34:14
62	Paul Russell	Springfield Financial	NL&L	51	M	0:55:43	1:59:40	4:12:21	0:34:14
63	Sean Quinn	Law Whs	Scot	45	M	0:55:40	1:57:17	4:01:33	0:34:10
64	Peter Baker	Lewes Wanderers CC	S/S	60	M	0:56:17	1:59:07	4:40:52	0:34:02
65	Graham Jones	Edinburgh RC	Scot	53	M	0:57:08	1:56:54	4:24:37	0:32:32
66	<i>Alison Vessey</i>	<i>Didcot Phoenix CC</i>	<i>West</i>	<i>63/64</i>	<i>F</i>	<i>1:05:24</i>	<i>2:26:20</i>	<i>4:46:30</i>	<i>0:32:24</i>
67	Allan Ross	Fruin RC	Scot	57/58'	M	0:58:56	2:07:24	4:17:53	0:31:09
68	Roger Clarke	Tyneside Vagabonds	N	47	M	0:55:43	1:57:29	4:19:22	0:30:53
69	David Hilditch	Ribble Valley	NL&L	65	M	1:04:03	2:08:34	4:26:50	0:30:37
70	Andy Whitehead	Rockingham CC	NM	52	M	1:02:06	1:59:02	4:08:48	0:29:45
71	Ronald Lowe	Deeside Thistle CC	Scot	53/54	M	0:56:09	2:07:53	4:19:55	0:29:30
72	Robert Jones	Cardiff 100 Miles RCC	SWIs	66	M	1:01:19	2:17:34	4:31:19	0:29:02
73	Bob Awcock	Born To Bike	Mids	74	M	1:03:42	2:17:52	5:17:26	0:29:00
74	<i>Carol Westmorland</i>	<i>Border City Whs</i>	<i>NL&L</i>	49	<i>F</i>	<i>1:03:52</i>	<i>2:13:20</i>	<i>4:35:54</i>	<i>0:28:54</i>
75	Michael Giles	Ythan CC	Scot	52/53	M	0:58:38	2:03:46	4:19:56	0:28:34
76	<i>Theresa Taylor</i>	<i>Ribble Valley</i>	<i>NL&L</i>	58	<i>F</i>	<i>1:03:00</i>	<i>2:18:03</i>	<i>5:10:02</i>	<i>0:26:17</i>
77	Howard Heighton	Ferryhill Whs	N	44/45	M	0:55:21	2:04:14	4:22:48	0:25:42
78	Gary Bratt	Fruin RC	Scot	41	M	0:56:03	2:02:51	4:13:05	0:25:19
79	Richard Claxton	VC Elan	Kent	74	M	1:11:22	2:21:14	4:58:31	0:24:22
80	<i>Christina Mackenzie</i>	<i>Stirling Bike Club</i>	<i>Scot</i>	41	<i>F</i>	<i>1:00:28</i>	<i>2:16:00</i>	<i>4:40:29</i>	<i>0:23:50</i>

Pos	Name	Club	Group	Cat.	Age	25 time	50 time	100 time	Plus
81	Tracey Rowlinson	Lyme RC	M&N W	53	F	0:59:36	2:14:25	5:23:52	0:23:41
82	Mark Burtonshaw	Team Swift	Yks	59/60	M	0:57:35	2:03:11	5:08:49	0:23:08
83	Peter Horsfield	Redmon CC	S/S	68	M	1:06:22	2:16:17	4:50:35	0:22:41
84	Jenny York	Mid Shroshire Whs	Mer	60	F	1:06:49	2:24:08	5:05:28	0:22:36
85	Paul Jennings	Lyme RC	M&NW	71	M	1:06:08	2:21:44	5:01:43	0:22:26
86	Ian Casson	Birkenhead Victoria	Mer	65/66	M	1:05:49	2:18:18	4:49:24	0:18:46
87	Jon Fairclough	Woking CC	S/S	64	M	1:07:46	2:10:37	4:51:14	0:18:32
88	Gordon Scott	Weymouth CC	West	57	M	1:01:48	2:10:18	4:50:37	0:17:48
89	Helen Tudor	Oswestry Paragon	Mer	49	F	1:07:15	2:17:34	4:59:40	0:17:28
90	Angus Swanson	Stirling Bike Club	Scot	50	M	1:03:51	2:11:15	4:21:11	0:17:25
91	John Glaysher	..a3crg	Wsx	40	M	1:02:07	2:06:11	4:27:38	0:13:12
92	Adrian Watkins	Tornado RCC	Wsx	50	M	1:02:47	2:18:53	4:30:36	0:12:19
93	Harry Cowley	Chester RC	Mer	70	M	1:07:07	2:22:47	5:34:25	0:10:59
94	Tim Rex	N Shropshire Whs	Mer	45	M	1:06:27	2:13:08	4:40:24	0:05:45
95	Kath Finn	Kendal CC	NL&L	54	F	1:10:03	2:28:45	5:35:59	0:03:51
96	Paul Revell	Barrow Central Whs	NL&L	56/57	M	1:08:08	2:22:03	5:03:00	0:01:39
97	Helen Goldthorpe	Otley CC	Yks	40	F	1:10:24	2:21:54	5:23:10	-0:00:32
98	Clifford DeGraff	VC Cumbria	NL&L	53	M	1:08:14	2:25:05	5:01:26	-0:01:51
99	Russell Carter	South Pennine RC	N&EM	56/57	M	1:05:42	2:29:15	5:19:30	-0:03:03
100	David Kirton	Kennoway RC	Scot	53	M	1:19:13	2:57:23	6:24:04	-0:49:39

GROUP TEAMS OF 6 ON PLUS

Pos	Group	Name	Club	Plus	Team Plus
1	East Anglian	Peter Horsnell	Chelmer CC	1:16:02	6:06:46
		Andrew Grant	Cambridge CC	1:06:28	
		Jackie Field	CC Ashwell	1:00:14	
		Gavin Hinxman	Drag2Zero	0:56:09	
		Julian Elliott	Finsbury Park CC	0:54:37	
		John Golder	Chelmer CC	0:53:16	
2	North Lancs & Lakes	David Hargreaves	North Lancs RC	1:00:56	4:55:36
		Paul Fleming	Preston Whs	0:51:25	
		Derek Parkinson	Springfield Financial	0:47:39	
		Richard Bideau	Pendle Forest CC	0:46:07	
		Craig Horseman	Beacon Whs	0:45:33	
		Nigel Clementson	Wigan Whs	0:43:55	
3	Wessex	Greg Parker	CC Weymouth	0:57:02	4:46:19
		David Shepherd	..a3crg	0:52:55	
		Steve Williamson	..a3crg	0:46:04	
		Alan Emmott	Fareham Whs	0:46:04	
		Christina Murray	Army Cycling Union	0:43:15	
		Nick Jones	Bournemouth Jubilee Whs	0:41:00	

Pos	Group	Name	Club	Plus	Team Plus
4	West	Chris Scawn	Plymouth Corinthians	0:55:37	4:43:03
		Steven Cottington	Bath CC	0:50:35	
		Ray Retter	Born To Bike	0:50:13	
		John Murphy	Glouester City CC	0:47:23	
		Paul Winchcombe	Chippenham & Dist Whs	0:42:06	
		Robin Vessey	Didcot Phoenix CC	0:37:09	
5	North Midlands	Keith Ainsworth	Sheffrec CC	1:04:31	4:30:24
		Chris Lea	Buxton CC	0:50:37	
		Joe Le Sage	Rutland CC	0:46:16	
		Trevor Mayne	Birdwell Wh	0:40:17	
		Alex Deck	Rutland CC	0:38:58	
		Andy Whitehead	Rockingham CC	0:29:45	
6	Scotland	A.B.G. Washington	Caithness CC	0:51:46	3:51:43
		Brian Muir	Royal Albert CC	0:42:29	
		Carlos Riise	Shetland Whs	0:39:37	
		Sean Quinn	Law Whs	0:34:10	
		Graham Jones	Edinburgh RC	0:32:32	
		Allan Ross	Fruin RC	0:31:09	
7	Merseyside	Simon Higgins	Liverpool Century	0:38:45	3:38:09
		Arthur Winstanley	Liverpool Phoenix CC	0:38:12	
		Phil Warburton	Liverpool Phoenix CC	0:36:58	
		Kevin Larmer	Port Sunlight Whs	0:35:37	
		Janet Fairclough	St. Helens CRC	0:34:21	
		Stuart McCormick	Port Sunlight Whs	0:34:16	

CLUB TEAMS OF 3 ON PLUS

Pos	Club	Name	Group	Plus	Team Plus
1	Born To Bike - Bridgtown Cycles	Katja Rietdorf	London & Home Counties	0:52:32	2:26:51
		Ray Retter	West	0:50:13	
		Susan Semple	Midlands	0:44:05	
2	Springfield Financial	Derek Parkinson	North Lancs & Lakes	0:47:39	1:56:07
		Matt Stell	North Lancs & Lakes	0:34:14	
		Paul Russell	North Lancs & Lakes	0:34:14	
3	..a3crg	David Shepherd	Wessex	0:52:55	1:52:11
		Steve Williamson	Wessex	0:46:04	
		John Glaysher	Wessex	0:13:12	

SHORT DISTANCE COMPETITION

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
1	Ron Hallam	South Pennine RC	N&EM	87/88	M	26:22	26:26	1:07:45	1:07:53	1:28:58
2	Terry Icke	Poole Whs	Wsx	74	M	21:36	21:40	0:54:45	0:54:58	1:24:12
3	Keith Ainsworth	Sheffrec CC	NM	59	M	19:21	19:24	0:48:00	0:49:08	1:23:47
4	Andrew Grant	Cambridge CC	EA	65	M	20:10	20:06	0:50:37	0:50:47	1:23:02
5	Peter Horsnell	Chelmer CC	EA	88	M	26:39	27:07	1:12:51	1:13:15	1:21:08
6	James Rix	Team Bottrill	S/S	42	M	18:08	18:37	0:46:35	0:46:51	1:18:18
7	Jackie Field	CC Ashwell	EA	53	F	21:20	21:24	0:54:31	0:55:37	1:17:05
8	<i>Sarah Matthews</i>	<i>..a3crg</i>	Wsx	58	F	21:33	22:13	0:55:24	0:57:21	1:16:50
9	<i>Angela Carpenter</i>	<i>..a3crg</i>	Wsx	49	F	20:56	21:38	0:52:30	0:55:25	1:16:10
10	Mark Jones	Drag2Zero	L&HC	46	M	18:37	18:49	0:48:42	0:48:51	1:15:37
11	Liam Maybank	Twickenham CC	L&HC	45/46	M	18:45	18:49	0:48:13	0:48:56	1:15:29
12	Ken Platts	Cambridge CC	EA	66	M	20:50	20:49	0:53:14	0:54:14	1:15:00
13	Ken Stevens	South Pennine RC	N&EM	87	M	26:30	28:37	1:12:53	1:09:19	1:14:49
14	Greg Parker	CC Weymouth	Wsx	53/54	M	19:37	19:54	0:48:46	0:50:21	1:14:43
15	Alan Murchison	Drag2Zero	L&HC	47	M	19:05	19:07	0:48:15	0:49:13	1:14:34
16	Keith Dorling	Team Bottrill	EA	59	M	20:22	20:25	0:50:32	0:51:42	1:13:36
17	Peter Greenwood	Team Swift	NL&L	66	M	21:44	22:21	0:50:36	0:52:10	1:13:36
18	<i>Karen Ledger</i>	<i>Team Bottrill</i>	<i>N&EM</i>	45	F	21:28	21:54	0:52:31	0:52:55	1:13:20
19	David Hargreaves	North Lancs RC	NL&L	71/72	M	22:02	22:12	0:56:13	0:55:50	1:13:17
20	Brian Sunter	Condor RC	Yks	74/75	M	22:15	22:59	0:58:16	0:59:57	1:12:40
21	Chris Dyason	Cambridge CC	EA	70	M	21:42	21:50	0:55:29	0:56:33	1:12:30
22	Gavin Hinxman	Drag2Zero	EA	50	M	19:48	19:48	0:49:19	0:50:11	1:11:19
23	Andy Langdown	Blazing Saddles	Wsx	49	M	19:19	19:22	0:50:31	0:50:42	1:11:09
24	Chris Scawn	Plymouth Corinthians	West	67	M	21:47	21:56	0:53:56	0:54:02	1:10:52
25	<i>Danuta Tinn</i>	<i>Maidenhead & Dist CC</i>	<i>L&HC</i>	53	F	22:03	22:03	0:55:55	0:57:19	1:10:34
26	Mark Ellis	Team Milton Keynes	EA	53/54	M	19:52	20:06	0:50:54	0:51:42	1:10:20
27	Steven Cottington	Bath CC	West	56	M	20:18	20:32	0:50:39	0:51:49	1:10:15
28	Andy Hazell	Nova Raiders	Mer	71	M	22:28	22:33	0:56:19	0:56:20	1:10:11
29	Julian Elliott	Finsbury Park CC	EA	47	M	19:40	19:22	0:49:48	0:50:01	1:10:08
30	Roger Sewell	Wisbech Whs	EA	70/71	M	22:15	22:26	0:56:18	0:56:23	1:09:59
31	Mick Black	Springfield Financial	NL&L	71	M	22:02	22:38	0:55:41	0:58:37	1:09:24
31	Neil Mackley	Fareham Whs	Wsx	54/55	M	19:46	20:00	0:52:00	0:52:15	1:09:24
33	Antony Green	New Forest CC	Wsx	54	M	19:50	20:07	0:51:00	0:52:48	1:09:24
34	<i>Wendy Gooding</i>	<i>Team Bottrill</i>	<i>EA</i>	54	F	21:45	22:02	0:57:46	0:58:23	1:09:19
35	Stephen Irwin	North Lancs RC	NL&L	47	M	19:53	20:10	0:49:09	0:49:20	1:08:55
36	Darren Maroinis	Velotik RT	M&NW	45	M	19:22	20:00	0:49:14	0:49:29	1:08:53
37	Ian Greenstreet	AeroCoach	L&HC	54	M	19:56	20:17	0:51:31	0:52:25	1:08:36

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
38	Mike Westmorland	Border City Whs	NL&L	73	M	22:34	22:39	0:58:46	0:59:39	1:08:13
39	Gier Robinson	Regents Park Rouleurs	L&HC	49	M	19:23	20:22	0:48:55	0:52:40	1:08:08
40	Paul Fleming	Preston Whs	NL&L	51/52	M	20:07	20:45	0:51:17	0:51:22	1:07:11
41	Sydney Wilson	Sheffield Phoenix CC	NM	89	M	29:21	29:37	1:17:00	1:17:49	1:07:02
42	John Murphy	Glouester City CC	West	78	M	24:13	25:35	1:01:01	1:01:21	1:06:26
43	Colin Lizieri	Cambridge CC	EA	61/62	M	21:07	21:23	0:54:12	0:54:41	1:06:20
44	Claire Emons	Newbury RC	L&HC	49	F	22:03	22:19	0:56:21	0:57:06	1:06:08
45	Vince Jenkins	LeisureLakesBikes.com	Mids	76/77	M	23:42	24:17	1:01:49	1:03:07	1:06:06
46	Howard Bayley	Blazing Saddles	Wsx	43	M	19:30	19:49	0:49:53	0:50:08	1:06:05
47	Nigel Sign	Fareham Whs	Wsx	61	M	20:40	21:10	0:54:20	0:54:59	1:06:02
48	Sean Hunt	Lincoln Whs	N&EM	54	M	20:24	21:21	0:50:47	0:52:08	1:05:46
49	Robert Watson	Team Bottrill	EA	57	M	20:26	20:51	0:52:58	0:53:53	1:05:45
50	Adrian Hughes	Seamons CC	M&NW	49/50	M	20:41	21:17	0:49:57	0:50:16	1:05:18
51	Alan Emmott	Fareham Whs	Wsx	71	M	22:31	22:43	0:58:07	0:59:14	1:04:56
52	John Lacey	Hemel Hempstead CC	L&HC	54	M	19:43	20:24	0:53:37	0:54:36	1:04:33
53	Mat Ivings	Buxton CC	M&NW	45	M	19:03	20:29	0:49:19	0:53:31	1:04:21
54	Sean Vincent	Team Bottrill	N&EM	48	M	20:29	20:44	0:51:06	0:50:23	1:03:45
55	Stuart Stow	Twickenham CC	L&HC	53	M	19:51	20:40	0:53:19	0:53:56	1:03:41
56	Andrea Parish	VeloSistas TT Team	SWIs	50	F	23:13	23:19	0:55:36	0:55:46	1:03:39
57	Darren Yarwood	Vive le Velo	Yks	44	M	20:14	20:17	0:50:05	0:50:11	1:03:38
58	Ray Retter	Born To Bike	West	72	M	22:49	24:13	0:57:34	0:59:17	1:03:02
59	James Cusick	Dooleys R.T.	Scot	53	M	20:44	20:52	0:52:14	0:53:23	1:02:36
60	Joy Payne	Amersham RCC	L&HC	61	F	23:36	23:46	1:00:48	1:00:50	1:02:32
61	Joseph Castello	Walsall RCC	Mids	59	M	21:48	22:18	0:53:14	0:52:21	1:01:58
62	A.B.G. Washington	Caithness CC	Scot	81	M	25:34	26:01	1:04:55	1:08:16	1:01:55
63	Adrian Blacker	Norwood Paragon	S/S	54	M	20:51	21:01	0:52:42	0:53:47	1:01:55
64	John Golder	Chelmer CC	EA	63/64	M	22:05	22:12	0:55:33	0:55:57	1:01:51
65	Becky Murley	Wisbech Whs	EA	41/42	F	22:10	22:23	0:55:29	0:56:30	1:01:38
66	Susan Semple	Born To Bike	Mids	52	F	23:04	23:46	0:56:56	0:57:58	1:01:06
67	Robin Vessey	Didcot Phoenix CC	West	53/54	M	20:45	20:56	0:53:45	0:54:33	1:00:59
68	Paul Winchcombe	Chippenham & Dist Whs	West	58	M	20:52	22:08	0:53:57	0:54:28	1:00:53
69	Alastair Semple	Stafford RC	Mids	50	M	20:25	21:17	0:52:21	0:52:57	1:00:16
70	Deborah Moss	Team Merlin	NL&L	48	F	21:37	22:29	0:59:18	1:00:00	1:00:06
71	Kevin Plummer	South Downs Bikes	S/S	53	M	21:19	21:20	0:53:13	0:52:36	0:59:47
72	Michael Wills	Lutterworth CCRT	N&EM	57/58	M	21:49	21:52	0:54:05	0:54:30	0:59:46
73	David Shepherd	..a3crg	Wsx	57	M	20:53	22:55	0:53:21	0:53:31	0:59:26

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
74	Martin O'Sullivan	Teddington & Turing Velo	L&HC	43	M	20:02	20:17	0:52:11	0:52:24	0:59:00
75	Dena Ford	High Wycombe CC	L&HC	48	F	22:35	23:10	0:57:26	0:59:01	0:58:49
76	Christina Murray	Amy CU	Wsx	40/41	F	22:08	22:13	0:56:29	0:57:52	0:58:35
77	Michael Martin	CC Ashwell	EA	53	M	20:46	20:59	0:54:27	0:54:50	0:58:34
78	Peter Baker	Lewes Wanderers CC	S/S	60	M	21:21	21:39	0:56:17	0:56:51	0:58:14
79	Derek Parkinson	Springfield Financial	NL&L	42/43	M	20:42	21:06	0:51:19	0:51:28	0:57:43
80	John Shehan	Bynea CC	SWIs	72	M	24:15	24:20	0:59:06	0:59:19	0:57:36
81	Martin Winter	Twickenham CC	L&HC	52/53	M	20:44	20:56	0:54:51	0:56:00	0:57:25
82	Colin Parkinson	South Western RC	N&EM	56	M	21:30	22:04	0:54:15	0:54:17	0:57:21
83	Gillian Reynolds	Willesden Cc	L&HC	69	F	24:47	24:55	1:06:16	1:07:25	0:57:16
84	Gary Hunt	Adept Cycling	N	55	M	22:19	23:16	0:56:03	0:58:31	0:57:15
85	Chris Lea	Buxton CC	NM	54/55	M	21:02	22:12	0:54:36	0:54:47	0:57:08
86	Linda Dewhurst	Team Milton Keynes	L&HC	59	F	22:21	22:48	1:04:48	1:05:20	0:57:05
87	Mark Bradley	Bristol South CC	West	53	M	21:39	21:50	0:53:13	0:53:17	0:57:01
88	Angus Wilson	Dundee Thistle RC	Scot	47/48	M	20:28	21:06	0:53:52	0:53:58	0:56:56
89	Blair Buss	Halifax Imperial Whs	Yks	53	M	21:59	22:08	0:52:06	0:52:59	0:56:50
90	Stuart Wells	FlexTech Ettridge Cycles	NM	46	M	20:48	21:08	0:51:55	0:53:16	0:56:44
91	Gethin Butler	Preston Whs	NL&L	49	M	20:16	20:52	0:54:43	0:54:57	0:56:35
92	Alex Deck	Rutland CC	NM	50	F	22:56	23:01	0:57:40	1:02:23	0:56:26
93	Mark Vowells	CC Bexley	Kent	65	M	24:07	24:56	1:00:40	1:03:03	0:56:23
94	Neil Pendrich	SVTTA	Scot	47	M	20:52	21:16	0:51:49	0:54:08	0:56:15
95	Brian Muir	Royal Albert CC	Scot	55	M	21:34	21:56	0:53:45	0:55:30	0:55:55
96	Andrew Askwith	Bridlington CC	Yks	52/53	M	21:15	21:48	0:54:17	0:54:40	0:55:52
97	Tracey Rowlinson	Lyme RC	M&NW	53	F	23:34	23:52	0:59:36	1:00:06	0:55:46
98	Mark Haydock	North Lancs RC	NL&L	42	M	20:08	20:11	0:52:50	0:54:17	0:55:43
99	Kevin Larmer	Port Sunlight Whs	Mer	47	M	20:26	20:27	0:54:42	0:54:59	0:55:39
100	Karen Taylor	Team Sportslab	Yks	50/51	F	23:05	24:44	0:57:29	1:00:05	0:55:32
101	Susan Cheetham	North Lancs RC	NL&L	55	F	23:22	24:21	0:59:27	1:01:40	0:55:32
102	Nick Cave	Lutterworth CCRT	N&EM	51/52	M	20:47	21:14	0:54:52	0:55:57	0:55:31
103	Jerry Bromyard	..a3crg	Wsx	64	M	21:52	22:09	0:58:41	0:59:38	0:55:21
104	Patrick Gould	Matlock CC	NM	44	M	20:46	20:47	0:51:50	0:54:12	0:55:17
105	Andy Jackson	AeroCoach	Yks	42	M	22:05	22:05	0:49:09	0:49:12	0:54:51
105	Kevin Stokes	Born To Bike	L&HC	54/55	M	21:02	21:45	0:55:06	0:57:27	0:54:51
107	Arthur Winstanley	Liverpool Phoenix CC	Mer	62	M	20:59	22:47	0:57:39	0:59:27	0:54:38
108	Martin Bullen	Peterborough CC	NM	64/65	M	21:51	24:29	0:56:00	0:59:54	0:54:28
109	Joanna Knight	Bristol South CC	West	58	F	24:27	24:50	1:00:29	1:00:54	0:54:24
110	Carlos Riise	Shetland Whs	Scot	53	M	21:04	21:37	0:54:55	0:56:12	0:54:23
111	Philip Watts	North Hampshire RC	Wsx	58	M	22:02	22:35	0:55:26	0:55:29	0:54:20

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
112	Andrew Simpkins	Solihull CC	Mids	64	M	22:36	22:56	0:57:18	0:58:14	0:54:20
113	James Churchard	Reading CC	L&HC	41	M	19:58	20:40	0:53:23	0:53:41	0:54:07
114	Neil Cleminshaw	Vive le Velo	Yks	48	M	21:49	22:21	0:50:58	0:52:55	0:53:58
115	Karl Caton	Elmsall RC	NM	51	M	21:21	22:23	0:53:34	0:53:48	0:53:56
116	Craig Horseman	Beacon Whs	NL&L	42/43	M	20:36	21:46	0:52:33	0:52:38	0:53:53
117	Phil Guy	North Shropshire Whs	Mer	68/69	M	23:42	23:55	0:59:19	0:59:46	0:53:52
118	<i>Michelle Walter</i>	<i>Bournemouth Arrow CC</i>	<i>Wsx</i>	<i>57</i>	<i>F</i>	<i>23:50</i>	<i>24:02</i>	<i>1:00:34</i>	<i>1:03:58</i>	<i>0:53:46</i>
119	Jeze Willows	Velo Club Flintham	N&EM	51/52	M	21:16	21:07	0:55:47	0:56:05	0:53:45
120	Andrew Clarke	Mid Shropshire Whs	Mer	59	M	21:49	22:40	0:55:33	0:57:28	0:53:34
121	Roger Taylor	Frome & Dist Whs	West	72	M	24:44	25:12	0:59:29	0:59:49	0:53:20
122	Nick Jones	Bournemouth Jub Whs	Wsx	42	M	20:02	20:34	0:53:30	0:55:23	0:53:14
123	Alan Cooke	Peak RC	NM	53	M	22:02	22:44	0:53:13	0:54:02	0:53:03
124	Anthony Keyworth	Kiveton Park CC	NM	71	M	23:46	24:42	1:00:16	1:00:58	0:52:58
125	Peter Leonard	Southport CC	NL&L	66	M	23:08	23:16	0:58:13	0:59:43	0:52:39
126	Tom Cox	Northover VT	Wsx	64	M	23:18	24:27	0:55:43	0:56:12	0:52:24
127	Greg Harding	Farnham RC	Wsx	56	M	21:38	22:45	0:55:43	0:56:04	0:52:04
128	Michael Stevens	Fareham Whs	Wsx	57	M	21:34	21:47	0:57:19	0:58:21	0:51:45
129	Joe Le Sage	Rutland CC	NM	45	M	21:33	21:56	0:52:07	0:53:30	0:51:41
130	Graham Harman	Sotonia CC	Wsx	47	M	21:08	21:15	0:54:57	0:55:00	0:51:37
131	Sean Owens	Croston Velo	NL&L	44/45	M	21:04	21:21	0:54:06	0:54:46	0:51:06
132	Trevor Mayne	Birdwell Wh	NM	53/54	M	22:05	22:26	0:53:42	0:57:20	0:50:57
133	Steve Gibson	Peak RC	NM	50/51	M	21:23	21:36	0:56:01	0:56:46	0:50:46
134	Mark Skilling	Carrick CC	Scot	45	M	21:30	21:34	0:52:43	0:55:05	0:50:33
135	Simon Dighton	Beacon RCC	Mids	53/54	M	20:55	22:28	0:54:02	1:00:49	0:50:24
136	Robert Brown	EH Star Cycling	Scot	74	M	24:32	25:00	1:02:43	1:05:26	0:50:06
137	Cliff Voller	Newbury RC	West	67	M	23:18	23:52	1:00:08	1:00:09	0:49:56
138	Cliff Beldon	Selby CC	Yks	71	M	24:26	25:02	1:00:45	1:01:06	0:49:51
139	Steve Skinner	Bognor Regis CC	Wsx	63	M	22:38	23:04	0:59:16	0:59:27	0:49:29
140	Graham Jones	Edinburgh RC	Scot	53	M	21:23	21:47	0:57:08	0:57:49	0:49:21
141	Gordon Graham	Fullarton Whs	Scot	53	M	21:59	22:22	0:55:45	0:56:19	0:49:17
142	<i>Alison Vessey</i>	<i>Didcot Phoenix CC</i>	<i>West</i>	<i>62/63</i>	<i>F</i>	<i>24:36</i>	<i>26:01</i>	<i>1:05:24</i>	<i>1:05:08</i>	<i>0:49:15</i>
143	Leon Evans	Cardiff Ajax CC	SWls	44	M	21:48	22:03	0:52:50	0:53:31	0:49:14
144	John Martin	Elmsall RC	NM	56	M	22:14	22:18	0:57:08	0:57:08	0:49:12
145	<i>Kirsty Bramley</i>	<i>Team Swift</i>	<i>Yks</i>	<i>43</i>	<i>F</i>	<i>24:01</i>	<i>24:15</i>	<i>0:57:19</i>	<i>0:58:17</i>	<i>0:49:11</i>
146	Simon Higgins	Liverpool Century	Mer	56/57	M	22:03	23:08	0:56:52	0:57:38	0:49:06
147	Murray Kirton	A5 Rangers CC	Mids	77	M	26:11	26:26	1:04:18	1:05:18	0:49:03
148	Alexander McAllister	Ayr Roads CC	Scot	62	M	22:43	22:44	0:58:17	1:00:35	0:48:40
149	Barry Eeles	North Hampshire RC	Wsx	50/51	M	21:07	21:29	0:56:31	0:59:34	0:48:25

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
150	Rob Hall	Salt & Sham CC	West	45	M	20:33	22:26	0:53:28	0:56:49	0:48:17
151	Norman Harvey	Sotonia CC	Wsx	85	M	28:10	29:48	1:13:45	1:15:56	0:48:09
152	David Wilson	North Shropshire Whs	Mer	76	M	24:52	25:22	1:06:42	1:07:16	0:47:44
153	Sandy Wallace	Fife Century RC	Scot	70/71	M	24:17	24:40	1:03:05	1:03:30	0:47:27
154	Steve Beech	R.T. 23	Scot	68	M	23:40	24:44	1:00:44	1:00:44	0:47:22
155	Roger Haydock	North Lancs RC	NL&L	69	M	23:17	23:40	1:00:56	1:06:06	0:47:10
156	Tom Woollard	Northovers VT	Wsx	72	M	24:55	25:16	1:01:32	1:03:31	0:46:57
157	Jeffrey Davis	Farnborough & Camberley CC	Wsx	59/60	M	22:45	23:13	0:57:37	1:00:16	0:46:36
158	<i>Rachael Mellor</i>	<i>Holme Firth CC</i>	<i>Yks</i>	<i>54</i>	<i>F</i>	<i>24:25</i>	<i>24:44</i>	<i>1:02:32</i>	<i>1:03:02</i>	<i>0:46:29</i>
159	Sean Quinn	Law Whs	Scot	45	M	21:26	21:46	0:55:40	0:56:17	0:46:04
160	Andy Newham	Lincoln Whs CC	NM	45	M	22:10	22:14	0:54:07	0:55:18	0:45:36
161	Stuart McCormick	Port Sunlight Whs	Mer	50	M	21:21	22:16	0:56:55	0:58:16	0:45:35
162	<i>Kathryn Smith</i>	<i>Sleaford Whs</i>	<i>N&EM</i>	<i>64</i>	<i>F</i>	<i>26:11</i>	<i>26:16</i>	<i>1:04:24</i>	<i>1:05:56</i>	<i>0:45:16</i>
163	<i>Janet Fairclough</i>	<i>St. Helens CRC</i>	<i>Mer</i>	<i>56/57</i>	<i>F</i>	<i>25:39</i>	<i>25:50</i>	<i>1:01:34</i>	<i>1:03:10</i>	<i>0:44:48</i>
164	Philip Clack	Fareham Whs CC	Wsx	55	M	22:10	22:32	0:57:52	0:59:34	0:44:44
165	<i>Sarah Lewthwaite</i>	<i>Team Sportslab</i>	<i>Yks</i>	<i>44</i>	<i>F</i>	<i>23:09</i>	<i>23:33</i>	<i>1:00:46</i>	<i>1:04:07</i>	<i>0:44:42</i>
166	Jase Cakebread	Christchurch BC	Wsx	47	M	21:47	23:16	0:55:02	0:55:15	0:44:37
167	Richard Durham	VTTA (Yorkshire)	Yks	62/63	M	22:53	24:42	0:59:30	1:00:14	0:44:23
168	<i>Theresa Taylor</i>	<i>Ribble Valley</i>	<i>NL&L</i>	<i>58</i>	<i>F</i>	<i>25:17</i>	<i>25:57</i>	<i>1:03:00</i>	<i>1:03:55</i>	<i>0:44:00</i>
169	Gordon Murdoch	GTR - Return to Life	Scot	45	M	22:01	22:03	0:55:01	0:57:21	0:43:29
170	Patrick Charlton	Wolsey RC	EA	60	M	22:15	22:34	1:01:37	1:01:51	0:43:22
171	Peter Macklam	Leeds St. Christophers	Yks	75	M	26:18	27:01	1:03:46	1:04:18	0:43:11
172	Paul Heggie	Birdwell Wh	NM	63/64	M	23:09	24:22	1:00:03	1:01:51	0:43:01
173	<i>Karen Brooks</i>	<i>Team Sportslab</i>	<i>NM</i>	<i>57/58</i>	<i>F</i>	<i>26:09</i>	<i>27:37</i>	<i>1:00:02</i>	<i>1:02:02</i>	<i>0:42:46</i>
174	Stephen Scott	Elmsall RC	NM	59	M	23:11	24:20	0:58:03	0:58:27	0:42:30
175	John Robertson	Mid Shropshire Whs	Mer	63	M	22:11	23:34	1:02:33	1:03:17	0:42:14
176	David England	Crabwood CC	Wsx	75	M	25:34	26:34	1:04:50	1:07:13	0:42:10
177	Alexander Munro	SVTTA	Scot	85	M	27:52	29:24	1:17:40	1:19:48	0:42:07
178	<i>Jenny York</i>	<i>Mid Shropshire Whs</i>	<i>Mer</i>	<i>60</i>	<i>F</i>	<i>24:57</i>	<i>25:09</i>	<i>1:06:49</i>	<i>1:07:13</i>	<i>0:42:00</i>
179	Geoff Edgerton	North Shropshire Whs	Mer	69/70	M	24:44	25:17	1:03:21	1:03:29	0:41:59
180	Roger Clarke	Tyneside Vagabonds	N	47	M	22:05	22:20	0:55:43	0:59:02	0:41:44
181	David Smith	Sleaford Whs	N&EM	65/66	M	24:25	25:01	1:01:16	1:00:23	0:41:43
182	<i>Catherine Logan</i>	<i>Fullarton Whs</i>	<i>Scot</i>	<i>53</i>	<i>F</i>	<i>24:46</i>	<i>25:03</i>	<i>1:03:22</i>	<i>1:04:36</i>	<i>0:41:32</i>
183	Luke Vallance	Wrexham RC	Mer	47	M	21:47	21:59	0:57:20	0:59:17	0:41:30
184	Richard Gray	Norton Whs	NM	63/64	M	23:29	24:55	1:00:25	1:01:37	0:41:24
185	Paul Russell	Springfield Financial	NL&L	51	M	22:55	23:16	0:55:43	0:58:19	0:41:08
186	Fred Conner	VC Glasgow South	Scot	66	M	24:17	24:31	1:00:33	1:02:54	0:41:08
187	Mike Boyce	..a3crg	Wsx	62	M	23:34	23:34	1:00:10	1:02:25	0:40:44
188	Mark Burtonshaw	Team Swift	Yks	58/59	M	24:23	24:23	0:57:35	0:57:55	0:40:38

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
189	Amanda Tweedie	RT23	Scot	40	F	23:31	23:55	1:01:20	1:02:11	0:40:32
190	James Petrie	Dundee Whs	Scot	65	M	23:59	24:17	1:00:37	1:03:20	0:40:29
191	Chris Sprott	Leicester Forest CC	N&EM	42	M	21:36	22:37	0:56:14	0:56:31	0:40:19
192	Robert Jones	Cardiff 100 Miles RCC	SWIs	66	M	24:03	24:58	1:01:19	1:03:08	0:39:36
193	Paul Mapletoft	Kiveton Park CC	NM	54	M	23:20	23:38	0:57:17	0:58:56	0:39:26
194	Ben Hamilton	Rutland CC	NM	70/71	M	25:16	25:52	1:03:46	1:04:58	0:39:18
195	Alix Archer	Maxx RT	NM	50	F	24:47	24:50	1:03:52	1:04:16	0:39:10
196	Carol Westmorland	Border City Whs	NL&L	49	F	24:02	24:44	1:03:52	1:05:47	0:38:56
197	Graham Wright	Velo-One	N&EM	47	M	24:21	22:20	0:54:42	0:57:22	0:38:46
198	Christina Mackenzie	Stirling BC	Scot	41	F	23:59	24:20	1:00:28	1:03:50	0:38:30
199	Chris Harris	Holmfirth CC	Yks	60	M	24:12	24:18	0:59:17	0:59:50	0:38:30
200	Paul Ruta	Barnsley RC	NM	71	M	25:22	26:12	1:02:32	1:05:40	0:38:15
201	Howard Heighton	Ferryhill Whs	N	43/44	M	23:09	23:22	0:55:21	0:56:02	0:38:08
202	Gordon Wordsworth	Whirlow Whs	NM	65	M	23:37	24:24	1:03:17	1:04:00	0:37:47
203	William Munro	Glasgow Whs	Scot	66	M	24:45	24:54	1:01:10	1:03:34	0:37:44
204	John Baines	Yorkshire RC	Yks	79/80	M	28:27	29:15	1:08:22	1:09:04	0:37:38
205	Geoff Perry	Born To Bike	L&HC	58	M	22:48	24:46	0:59:11	1:01:59	0:36:43
206	Gary Bates	Team Swift	NM	53/54	M	23:52	23:54	0:58:07	0:59:23	0:36:34
207	John Smith	Thurcroft CC	NM	80	M	26:18	27:23	1:12:59	1:17:00	0:35:57
208	Jonny May	Edinburgh RC	Scot	52	M	23:18	23:22	0:58:56	0:59:50	0:35:56
209	Mark Philipson	City RC (Hull)	Yks	61	M	24:50	25:20	0:59:15	0:59:40	0:35:36
210	Allan Ross	Fruin RC	Scot	56/57	M	23:28	25:27	0:58:56	0:59:55	0:35:25
211	Robert Barnard	Team Cystic Fibrosis	NM	46	M	23:46	23:56	0:55:32	0:56:39	0:35:19
212	George Aldridge	Birkenhead North End	Mer	66	M	24:30	24:38	1:04:24	1:04:30	0:34:51
213	Steven Madeley	Ogmore Valley Whs	SWIs	55/56	M	24:02	25:57	0:57:16	0:58:03	0:34:47
214	David Pritchard	Kennoway RC	Scot	61	M	23:55	24:07	1:02:38	1:02:42	0:34:31
215	John Leonard	Velopreda	Scot	56	M	22:43	23:50	1:01:00	1:02:57	0:34:28
216	Carol Middleton	Ythan CC	Scot	58	F	26:05	26:23	1:06:17	1:07:07	0:34:26
217	Gary Bratt	Fruin RC	Scot	41	M	22:19	23:16	0:56:03	0:58:31	0:34:15
218	Peter Haigh	Nelson Whs	NL&L	63/64	M	25:06	25:27	1:00:30	1:03:08	0:34:04
219	Michael Giles	Ythan CC	Scot	51/52	M	23:29	23:48	0:58:38	1:00:31	0:34:00
220	Alan Norton	Harworth & Dist CC	NM	55/56	M	23:51	24:01	0:59:20	1:02:45	0:33:48
221	James Muir	SVTTA	Scot	55	M	23:31	23:52	1:01:18	1:01:35	0:32:35
222	Wayne Fuller	Rotherham Wh CC	NM	73	M	25:45	27:27	1:06:28	1:07:42	0:32:31
223	Phil Wright	Hartlepool CC	N	63	M	00:00	00:00	0:57:57	0:00:00	0:32:21
224	George Skinner	Royal Albert CC	Scot	72	M	25:17	25:52	1:08:32	1:08:44	0:32:19
225	Kevin Lackie	RT23	Scot	54/55	M	23:37	24:03	0:59:59	1:02:43	0:32:16

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
226	Neil Dyble	Bournemouth Arrow CC	Wsx	54	M	23:32	23:56	1:00:48	1:01:57	0:31:39
227	Richard Lunt	Rossington Whs	NM	40	M	22:40	22:43	0:58:12	0:58:42	0:31:33
228	ED Atkinson	Elgin CC	Scot	51	M	23:25	24:03	1:00:02	1:00:39	0:31:17
229	Tim Fowler	VTTA (London & HC)	L&HC	51/52	M	24:14	24:21	0:58:14	1:01:29	0:30:37
230	Matt Stell	Springfield Financial	NL&L	40	M	21:43	26:47	0:54:54	0:55:15	0:30:31
231	Ian Corrin	Port Sunlight Whs	Mer	64	M	24:23	24:44	1:04:54	1:05:57	0:30:04
232	Brendan McCabe	Aberdeen Whs	Scot	53/54	M	24:09	24:22	1:00:13	1:01:52	0:29:54
233	Michael Lamb	Kiveton Park CC	NM	49	M	22:54	23:44	1:00:54	1:01:45	0:29:51
234	<i>Gillian Morgan</i>	<i>Westerley CC</i>	<i>L&HC</i>	<i>56/57</i>	<i>F</i>	<i>25:44</i>	<i>26:21</i>	<i>1:09:04</i>	<i>1:09:16</i>	<i>0:29:42</i>
235	Chris Lawson	Graham Weigh Racing	Mer	53	M	22:59	23:10	1:02:46	1:04:26	0:29:38
236	Paul Jennings	Lyme RC	M&NW	71	M	25:56	26:50	1:06:08	1:08:10	0:29:09
237	John Gadie	Barton Wh	NM	53	M	23:40	25:19	0:57:24	1:03:32	0:28:49
238	<i>Claire Jessop</i>	<i>Otley CC</i>	<i>Yks</i>	<i>48</i>	<i>F</i>	<i>26:27</i>	<i>26:48</i>	<i>1:02:51</i>	<i>1:05:29</i>	<i>0:28:12</i>
239	Ian Hawkins	Port Sunlight Whs	Mer	60	M	23:50	24:09	1:03:51	1:07:25	0:27:39
240	David Hilditch	Ribble Valley	NL&L	65	M	25:01	26:33	1:04:03	1:04:56	0:27:12
241	<i>Jenny Newton</i>	<i>Nova Raiders</i>	<i>Mer</i>	<i>48</i>	<i>F</i>	<i>24:52</i>	<i>25:12</i>	<i>1:08:12</i>	<i>1:09:20</i>	<i>0:26:57</i>
242	David Buxton	Rotherham Wh CC	NM	61/62	M	25:34	25:34	1:02:50	1:04:29	0:26:39
243	Ian Casson	Birkenhead Victoria	Mer	64/65	M	25:19	25:19	1:05:49	1:06:56	0:26:09
244	Andy Whitehead	Rockingham CC	NM	52	M	23:23	24:35	1:02:06	1:03:16	0:26:05
245	<i>Helen Tudor</i>	<i>Oswestry Paragon</i>	<i>Mer</i>	<i>49</i>	<i>F</i>	<i>25:35</i>	<i>26:19</i>	<i>1:07:15</i>	<i>1:07:59</i>	<i>0:25:31</i>
246	Stephen Glenwright	VTTA (Merseyside)	Mer	55	M	24:23	24:53	0:59:51	1:05:34	0:25:20
247	Bob Jolliffe	New Forest CC	Wsx	65	M	25:56	26:08	1:04:16	1:05:26	0:25:14
248	Alan Solway	Kennoway RC	Scot	66/67	M	25:48	26:03	1:06:25	1:08:29	0:24:26
249	Steve Cowlbeck	VTTA (North Mids)	NM	47/48	M	23:34	24:01	1:02:04	1:03:22	0:24:05
250	Andrew Clark	Rutland CC	NM	52	M	23:40	24:27	1:03:31	1:03:46	0:23:47
251	John Glaysher	..a3crg	Wsx	40	M	21:38	24:09	1:02:07	1:02:16	0:23:05
252	Adrian Watkins	Tornado RCC	Wsx	50	M	23:50	24:37	1:02:47	1:03:00	0:22:54
253	<i>Joanna Spragg</i>	<i>Bossard Whs</i>	<i>L&HC</i>	<i>40/41</i>	<i>F</i>	<i>24:27</i>	<i>24:50</i>	<i>1:00:29</i>	<i>1:00:54</i>	<i>0:22:42</i>
254	Oliver Wright	Common Lane Occasionals	NM	46	M	24:53	24:59	0:58:37	1:01:32	0:21:56
255	Brian Ward	Scarborough Paragon CC	Yks	83	M	29:42	31:41	1:17:29	1:20:00	0:21:40
256	Dave York	Mid Shroshire Whs	Mer	63	M	24:57	26:00	1:05:58	1:07:31	0:21:36
257	Gerry Peppin	Corinium CC	West	54/55	M	24:58	25:08	1:03:54	1:04:16	0:21:09
258	Philip Skinner	Welwyn Whs	L&HC	53	M	23:58	24:23	1:00:58	1:09:18	0:21:05
259	Terry Belbin	Poole Whs	Wsx	54	M	23:58	24:54	1:04:45	1:05:39	0:20:30
260	Harry Cowley	Chester RC	Mer	70	M	27:24	27:28	1:07:07	1:08:37	0:20:28
261	Craig Buchanan	SVTTA	Scot	59	M	25:16	25:16	1:05:29	1:06:03	0:19:56

Pos	Name	Club	Group	Age	Cat	10 time	10 time	25 time	25 time	Plus
262	Dominic Watts	Velo Viewer	NM	47/48	M	23:50	24:02	1:01:58	1:07:41	0:19:21
263	<i>Julia Smith</i>	<i>Port Sunlight Whs</i>	<i>Mer</i>	<i>47</i>	<i>F</i>	<i>26:02</i>	<i>26:04</i>	<i>1:09:36</i>	<i>1:09:58</i>	<i>0:19:04</i>
264	Ken Rayson	..a3crg	Wsx	70/71	M	27:20	27:12	1:09:20	1:11:30	0:18:42
265	Stephen Dickson	Falkirk Bicycle Club	Scot	45	M	24:06	24:45	1:02:30	1:03:01	0:18:23
266	Stuart White	Sleaford Wheeler CC	NM	42	M	23:06	24:53	1:02:56	1:02:58	0:17:45
267	Ian Hayden	Tornado RCC	Wsx	54	M	24:04	24:09	1:06:01	1:10:32	0:15:59
268	Robert Hutchinson	Bristol South CC	West	63/64	M	25:27	25:28	1:09:34	1:12:28	0:15:25
269	Chris Summers	Sotonia CC	Wsx	66	M	25:40	26:10	1:10:06	1:11:44	0:15:10
270	Russell Carter	South Pennine RC	N&EM	55/56	M	25:32	26:16	1:05:42	1:05:08	0:14:58
271	<i>Mary-Jane Hutchinson</i>	<i>Bristol South CC</i>	<i>West</i>	<i>61</i>	<i>F</i>	<i>27:39</i>	<i>27:42</i>	<i>1:13:41</i>	<i>1:15:47</i>	<i>0:14:44</i>
272	James Robb	Deeside Thistle CC	Scot	61	M	25:39	28:22	1:04:45	1:05:25	0:14:44
273	<i>Amanda Wagstaffe</i>	<i>East Sutherland Whs</i>	<i>Scot</i>	<i>46</i>	<i>F</i>	<i>26:13</i>	<i>26:21</i>	<i>1:09:27</i>	<i>1:12:27</i>	<i>0:14:43</i>
274	Andrew Stewart	Dunfermline CC	Scot	54	M	24:53	24:55	1:06:33	1:07:42	0:14:19
275	Gordon Scott	Weymouth CC	West	57	M	25:05	28:15	1:01:48	1:06:27	0:14:13
276	Andrew Wilson	St. Christopher CC	Scot	68	M	26:47	27:05	1:10:00	1:11:13	0:13:57
277	Miriam Rennit	Kinross CC	Scot	56	M	25:26	26:00	1:05:13	1:07:18	0:13:42
278	<i>Catherine Pascoe</i>	<i>New Forest CC</i>	<i>Wsx</i>	<i>55</i>	<i>F</i>	<i>26:45</i>	<i>26:48</i>	<i>1:12:09</i>	<i>1:16:44</i>	<i>0:13:11</i>
279	Les Boughey	North Shropshire Whs	Mer	55	M	24:51	25:54	1:06:16	1:08:02	0:12:45
280	Michael Weaver	Rotherham Wh CC	NM	69	M	27:02	27:52	1:06:03	1:16:24	0:11:52
281	Neil Trench	Rockingham CC	NM	55	M	26:31	27:36	1:03:56	1:04:22	0:10:20
282	Martin Sturge	Graham Weigh Racing	Mer	51	M	24:30	25:33	1:06:42	1:09:58	0:08:51
283	<i>Isobel Fletcher</i>	<i>VC Glasgow South</i>	<i>Scot</i>	<i>57</i>	<i>F</i>	<i>28:03</i>	<i>28:04</i>	<i>1:12:36</i>	<i>1:16:52</i>	<i>0:08:12</i>
284	Martin Whitty	..a3crg	Wsx	50	M	25:01	25:11	1:06:44	1:10:24	0:07:11
285	Michael Ferguson	Johnstone Whs	Scot	60/61	M	26:43	26:57	1:10:15	1:11:51	0:03:59
286	<i>Angela Dixon</i>	<i>Dunfermline CC</i>	<i>Scot</i>	<i>54</i>	<i>F</i>	<i>28:30</i>	<i>29:43</i>	<i>1:16:52</i>	<i>1:16:56</i>	<i>-0:04:24</i>
287	David Kirton	Kennoway RC	Scot	53	M	29:09	29:59	1:19:13	1:22:04	-0:36:54
288	<i>Caroline Heighton</i>	<i>Stockton Whs</i>	<i>N</i>	<i>40</i>	<i>F</i>	<i>29:42</i>	<i>31:41</i>	<i>1:17:29</i>	<i>1:20:00</i>	<i>-0:42:13</i>
289	George Adam	SVTTA	Scot	58	M	31:29	32:54	1:26:07	1:30:06	-1:00:22

GROUP TEAMS OF 6 ON PLUS

Pos	Group	Name	Club	Plus	Team Plus
1	East Anglian	Andrew Grant	Cambridge CC	1:23:02	7:42:21
		Peter Horsnell	Chelmer CC	1:21:08	
		Jackie Field	CC Ashwell	1:17:05	
		Ken Platts	Cambridge CC	1:15:00	
		Keith Dorling	Team Bottrill	1:13:36	
		Chris Dyason	Cambridge CC	1:12:30	
2	Wessex	Terry Icke	Poole Whs	1:24:12	7:32:29
		Sarah Matthews	..a3crg	1:16:50	
		Angela Carpenter	..a3crg	1:16:10	
		Greg Parker	CC Weymouth	1:14:43	
		Andy Langdown	Blazing Saddles	1:11:09	
		Neil Mackley	Fareham Whs	1:09:24	
3	London & Home Counties	Mark Jones	Drag2Zero	1:15:37	7:12:57
		Liam Maybank	Twickenham CC	1:15:29	
		Alan Murchison	Drag2Zero	1:14:34	
		Danuta Tinn	Maidenhead & Dist CC	1:10:34	
		Ian Greenstreet	AeroCoach	1:08:36	
		Gier Robinson	Regents Park Rouleurs	1:08:08	
4	Notts & East Midlands	Ron Hallam	South Pennine RC	1:28:58	7:06:23
		Ken Stevens	South Pennine RC	1:14:49	
		Karen Ledger	Team Bottrill	1:13:20	
		Sean Hunt	Lincoln Whs	1:05:46	
		Sean Vincent	Team Bottrill	1:03:45	
		Michael Wills	Lutterworth CCRT	0:59:46	
5	North Lancs & Lakes	Peter Greenwood	Team Swift	1:13:36	7:00:37
		David Hargreaves	North Lancs RC	1:13:17	
		Mick Black	Springfield Financial	1:09:24	
		Stephen Irwin	North Lancs RC	1:08:55	
		Mike Westmorland	Border City Whs	1:08:13	
		Paul Fleming	Preston Whs	1:07:11	
6	West	Chris Scawn	Plymouth Corinthians	1:10:52	6:32:27
		Steven Cottington	Bath CC	1:10:15	
		John Murphy	Glouester City CC	1:06:26	
		Ray Retter	Born To Bike	1:03:02	
		Robin Vessey	Didcot Phoenix CC	1:00:59	
		Paul Winchcombe	Chippenham & Dist Whs	1:00:53	

Pos	Group	Name	Club	Plus	Team Plus
7	North Midlands	Keith Ainsworth	Sheffrec CC	1:23:47	6:16:24
		Sydney Wilson	Sheffield Phoenix CC	1:07:02	
		Chris Lea	Buxton CC	0:57:08	
		Stuart Wells	FlexTech Ettridge Cycles	0:56:44	
		Alex Deck	Rutland CC	0:56:26	
		Patrick Gould	Matlock CC	0:55:17	
8	Yorkshire	Brian Sunter	Condor RC	1:12:40	5:59:23
		Darren Yarwood	Vive le Velo	1:03:38	
		Blair Buss	Halifax Imperial Whs	0:56:50	
		Andrew Askwith	Bridlington CC	0:55:52	
		Karen Taylor	Team Sportslab	0:55:32	
		Andy Jackson	AeroCoach	0:54:51	
9	Midlands	Vince Jenkins	LeisureLakesBikes.com	1:06:06	5:54:10
		Joseph Castello	Walsall RCC	1:01:58	
		Susan Semple	Born To Bike	1:01:06	
		Alastair Semple	Stafford RC	1:00:16	
		Andrew Simpkins	Solihull CC	0:54:20	
		Simon Dighton	Beacon RCC	0:50:24	
10	Scotland	James Cusick	Dooleys R.T.	1:02:36	5:48:01
		A.B.G. Washington	Caithness CC	1:01:55	
		Angus Wilson	Dundee Thistle RC	0:56:56	
		Neil Pendrich	SVTTA	0:56:15	
		Brian Muir	Royal Albert CC	0:55:55	
		Carlos Riise	Shetland Whs	0:54:23	
11	Merseyside	Andy Hazell	Nova Raiders	1:10:11	5:36:59
		Kevin Larmer	Port Sunlight Whs	0:55:39	
		Arthur Winstanley	Liverpool Phoenix CC	0:54:38	
		Phil Guy	North Shropshire Whs	0:53:52	
		Andrew Clarke	Mid Shroshire Whs	0:53:34	
		Simon Higgins	Liverpool Century	0:49:06	

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2580	Top £18-short £25
1800	Each add £15 + vat



CLUB TEAMS OF 3 ON PLUS

Pos	Club	Name	Group	Plus	Team Plus
1	Cambridge CC	Andrew Grant	East Anglian	1:23:02	3:50:32
		Ken Platts	East Anglian	1:15:00	
		Chris Dyason	East Anglian	1:12:30	
2	Team Bottrill	James Rix	Surrey/Sussex	1:18:18	3:45:15
		Keith Dorling	East Anglian	1:13:36	
		Karen Ledger	Notts & E Midlands	1:13:20	
3	Drag2Zero	Mark Jones	London & Home Counties	1:15:37	3:41:30
		Alan Murchison	London & Home Counties	1:14:34	
		Gavin Hinxman	East Anglian	1:11:19	
4	..a3crg	Sarah Matthews	Wessex	1:16:50	3:32:26
		Angela Carpenter	Wessex	1:16:10	
		David Shepherd	Wessex	0:59:26	
5	Fareham Whs	Neil Mackley	Wessex	1:09:24	3:20:22
		Nigel Sign	Wessex	1:06:02	
		Alan Emmott	Wessex	1:04:56	
6	North Lancs RC	David Hargreaves	North Lancs & Lakes	1:13:17	3:17:55
		Stephen Irwin	North Lancs & Lakes	1:08:55	
		Mark Haydock	North Lancs & Lakes	0:55:43	
7	Twickenham CC	Liam Maybank	London & Home Counties	1:15:29	3:16:35
		Stuart Stow	London & Home Counties	1:03:41	
		Martin Winter	London & Home Counties	0:57:25	
8	Born To Bike	Ray Retter	West	1:03:02	2:58:59
		Susan Semple	Midlands	1:01:06	
		Kevin Stokes	London & Home Counties	0:54:51	
9	South Pennine RC	Ron Hallam	Notts & E Midlands	1:28:58	2:58:44
		Ken Stevens	Notts & E Midlands	1:14:49	
		Russell Carter	Notts & E Midlands	0:14:58	
10	Springfield Financial	Mick Black	North Lancs & Lakes	1:09:24	2:48:16
		Derek Parkinson	North Lancs & Lakes	0:57:43	
		Paul Russell	North Lancs & Lakes	0:41:08	
11	Team Swift	Peter Greenwood	North Lancs & Lakes	1:13:36	2:43:25
		Kirsty Bramley	Yorkshire	0:49:11	
		Mark Burtonshaw	Yorkshire	0:40:38	
12	Rutland CC	Alex Deck	North Midlands	0:56:26	2:27:25
		Joe Le Sage	North Midlands	0:51:41	
		Ben Hamilton	North Midlands	0:39:18	

Pos	Club	Name	Group	Plus	Team Plus
13	North Shropshire Whs	Phil Guy	Merseyside	0:53:52	2:23:35
		David Wilson	Merseyside	0:47:44	
		Geoff Edgerton	Merseyside	0:41:59	
14	Team Sportslab	Karen Taylor	Yorkshire	0:55:32	2:23:00
		Sarah Lewthwaite	Yorkshire	0:44:42	
		Karen Brooks	North Midlands	0:42:46	
15	Mid Shroshire Whs	Andrew Clarke	Merseyside	0:53:34	2:17:49
		John Robertson	Merseyside	0:42:14	
		Jenny York	Merseyside	0:42:00	
16	Port Sunlight Whs	Kevin Larmer	Merseyside	0:55:39	2:11:17
		Stuart McCormick	Merseyside	0:45:35	
		Ian Corrin	Merseyside	0:30:04	
17	SVTTA	Neil Pendrich	Scotland	0:56:15	2:10:57
		Alexander Munro	Scotland	0:42:07	
		James Muir	Scotland	0:32:35	
18	Bristol South CC	Mark Bradley	West	0:57:01	2:06:50
		Joanna Knight	West	0:54:24	
		Robert Hutchinson	West	0:15:25	
19	Kiveton Park CC	Anthony Keyworth	North Midlands	0:52:58	2:02:15
		Paul Mapletoft	North Midlands	0:39:26	
		Michael Lamb	North Midlands	0:29:51	
20	Sotonia CC	Graham Harman	Wessex	0:51:37	1:54:56
		Norman Harvey	Wessex	0:48:09	
		Chris Summers	Wessex	0:15:10	
21	New Forest CC	Antony Green	Wessex	1:09:24	1:47:48
		Bob Jolliffe	Wessex	0:25:14	
		Catherine Pascoe	Wessex	0:13:11	
22	Rotherham Wh CC	Wayne Fuller	North Midlands	0:32:31	1:11:02
		David Buxton	North Midlands	0:26:39	
		Michael Weaver	North Midlands	0:11:52	
23	Kennoway RC	David Pritchard	Scotland	0:34:31	0:22:03
		Alan Solway	Scotland	0:24:26	
		David Kirton	Scotland	-0:36:54	

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VTTA NATIONAL 15 MILE CHAMPIONSHIP

Saturday 25th August 2018

NEC Representative Barry Quick

The 15 miles championship was run by our national secretary Rachael Elliot this year on behalf of the London & Home Counties Group. It was held on the H15/1 on a famous section of the A4 just west of Pangbourne Lane, which has witnessed countless records over the years. In keeping with this tradition the event itself realised new CTT competition records for both men's and women's teams as well as what is believed to be a new course record.

A field of 110 riders entered including 3 tandems and conditions were good with a slightly gusty breeze.

The men's race on standard was very close indeed and adding yet another championship to his ever growing list, 87 year old Ron Hallam was the eventual winner. He recorded a plus of +10:55 beating second placed Keith Ainsworth, 28 years his junior, by a slim 4 seconds (+10:51) with third placed Liam Maybank being competitive for the young vets with +10:14.

The women's event was also keenly contested with Angela Carpenter running out the eventual winner with +9:12 from Helen Reynolds +8:38 and Liz Powell +8:33.

The club team award was won by Drag2Zero with a combined plus of +26:56 whilst the group team winners were, appropriately, London and Home Counties with an total plus of +29:18.

In the tandem event victory went to VTTA National Treasurer Mary Corbett and Norman Harvey with a plus of +6:32.

With what is believed to be a course record of 29:00 Stuart Travis won the scratch (all ages) event from Liam Maybank 29:40 and George Evans 29:58. Alice Lethbridge was fastest lady with 32:54 from Angela Carpenter 34:15 and Liz Powell 34:17.

Headquarters was the Woolhampton Village Hall which provided excellent facilities and car parking and Rachael laid on a superb spread of refreshments which raised a total of over £260 for Guide Dogs for the Blind. Rachael herself is awaiting a guide dog following her brain haemorrhage earlier this year which has left her with severe sight impairment. Notwithstanding this she still organised the whole event and processed the results on her laptop - what an inspiration.

Our very grateful thanks to Rachael and the team from London and Home Counties for providing such an outstanding event and also to all the riders and helpers for their contributions to the charity and adding to the happy party atmosphere.



From left to right: Liz Powell, Mary Corbett, Norman Harvey, Helen Reynolds, Angela Carpenter, Keith Ainsworth, Alan Murchison, Ron Hallam, Liam Maybank, Gavin Hinxman, John Lacey

AWARD WINNERS - 2018 VTТА NATIONAL 15 MILE TIME TRIAL CHAMPIONSHIPS

Award	Name	Club	Group	Std.	Medals
Champion & 1st Man on Std.	Ron Hallam	South Pennine RC	Nottingham & East Midlands	+10:55	Gold
2nd Man on Std.	Keith Ainsworth	Sheffrec CC	North Midlands	+10:51	Silver
3rd Man on Std.	Liam Maybank	Twickenham CC	London & Home Counties	+10:14	Bronze
1st Woman on Std.	Angela Carpenter	...a3crg	Wessex	+09:12	Gold
2nd Woman on Std.	Helen Reynolds	Hemel Hempstead CC	East Anglian	+08:38	Silver
3rd Woman on Std.	Liz Powell	Drag2Zero	Midlands	+08:33	Bronze
Group Team Champions	Liam Maybank	Twickenham CC	London & Home Counties	+29:18	Gold
	Greg Woodford	Reading CC			Gold
	John Lacey	Hemel Hempstead CC			Gold
Club Team Champions	Gavin Hinxman	Drag2Zero	East Anglian	+26:56	Gold
	Alan Murchison		London & Home Counties		Gold
	Liz Powell		Midlands		Gold
Tandem Champions	Norman Harvey	Sotonia CC	Wessex	+06:32	Gold
	Mary Corbett				Gold

FINISH ORDER - 2018 VTТА NATIONAL 15 MILE TIME TRIAL CHAMPIONSHIP

Pos.	Name	Club	VTТА Group	Gdr	Age	Std.	Actual	Plus
1	Ron Hallam	South Pennine RC	N&EM	M	87	52:56	42:01	+10:55
2	Keith Ainsworth	Sheffrec CC	NMids	M	59	41:32	30:41	+10:51
3	Liam Maybank	Twickenham CC	L&HC	M	46	39:54	29:40	+10:14
4	Gregory Woodford	Reading CC	L&HC	M	57	41:14	31:33	+09:41
5	James Rix	Team Bottrill	S&S	M	42	39:26	30:00	+09:26
6	John Lacey	Hemel Hempstead CC	L&HC	M	54	40:50	31:27	+09:23
7	Gavin Hinxman	Drag2Zero	EA	M	50	40:21	31:03	+09:18
8	Ken Platts	Cambridge CC	EA	M	66	42:51	33:37	+09:14
9	Angela Carpenter	...a3crg	Wsx	W	49	43:27	34:15	+09:12
10	Alan Murchison	Drag2Zero	L&HC	M	47	40:01	30:56	+09:05
11	Kenneth Stevens	South Pennine RC	N&EM	M	88	53:57	45:00	+08:57
12	Michiel Vaal	Team Backstedt Bike Perf	N&EM	M	56	41:06	32:13	+08:53
13	Roger Porter	Verulam CC	L&HC	M	71	44:09	35:16	+08:53
14	Helen Reynolds	Hemel Hempstead CC	EA	W	53	43:58	35:20	+08:38
15	Brian Sunter	Condor RC	Yks	M	75	45:31	36:54	+08:37
16	Liz Powell	Drag2Zero	Mids	W	44	42:50	34:17	+08:33
17	Arja Scarsbrook	Bush Healthcare CRT	West	W	70	47:26	39:02	+08:24
18	Ray Retter	Born to Bike	West	M	72	44:28	36:12	+08:16

Pos.	Name	Club	VTTA Group	Gdr	Age	Std.	Actual	Plus
19	Ian Greenstreet	AeroCoach	L&HC	M	54	40:50	32:38	+08:12
20	Martin Reynolds	Cambridge CC	EA	M	55	40:58	32:50	+08:08
21	Jon Simpkins	Drag2Zero	Mids	M	47	40:01	31:58	+08:03
22	Nicolas Stagg	Hounslow & Dist Whs	L&HC	M	47	40:01	31:59	+08:02
23	Linda Dewhurst	Team Milton Keynes	L&HC	W	59	44:53	36:56	+07:57
24	Gareth Williams	Twickenham CC	L&HC	M	52	40:35	32:42	+07:53
25	Katja Rietdorf	Born to Bike	L&HC	W	47	43:12	35:30	+07:42
26	Mandy Bunn	CC Sudbury	EA	W	49	43:27	35:47	+07:40
27	Benjamin Allen	Westerley CC	L&HC	M	43	39:33	31:54	+07:39
28	Simon Amies	Bicester Millennium CC	L&HC	M	49	40:14	32:39	+07:35
29	Steven Cottington	Bath Cycling Club	West	M	56	41:06	33:38	+07:28
30	Andrew Askwith	Bridlington CC	Yks	M	54	40:50	33:24	+07:26
31	Joy Payne	Amersham Road CC	L&HC	W	61	45:14	37:53	+07:21
32	Stuart Stow	Twickenham CC	L&HC	M	53	40:43	33:22	+07:21
33	John Dowling	Hemel Hempstead CC	L&HC	M	61	41:52	34:32	+07:20
34	Christina Murray	Army Cycling Union	Wsx	W	42	42:34	35:20	+07:14
35	David Wilson-Evans	Bynea Cycling Club	SWIs	M	61	41:52	34:38	+07:14
36	Alan Allcock	Didcot Phoenix CC	L&HC	M	63	42:14	35:09	+07:05
37	Murray Kirton	A5 Rangers CC	Mids	M	77	46:21	39:18	+07:03
38	Rob Vessey	Didcot Phoenix CC	West	M	55	40:58	33:58	+07:00
39	Gillian Reynolds	Willesden CC	L&HC	W	69	47:07	40:08	+06:59
40	David Driver	Yeovil Cycling Club	West	M	77	46:21	39:27	+06:54
41	Tim Davies	Icknield RC	L&HC	M	51	40:28	33:34	+06:54
42	Colin Parkinson	South Western RC	N&EM	M	56	41:06	34:15	+06:51
43	Cliff Voller	Newbury RC	West	M	67	43:05	36:16	+06:49
44	Michelle Walter	Bournemouth Arrow CC	Wsx	W	57	44:33	37:47	+06:46
45	David Cook	Bedfordshire Road RT	L&HC	M	62	42:02	35:20	+06:42
46	Mervyn Wilson	North Lancashire RC	NL&L	M	67	43:05	36:29	+06:36
47	Barry Eeles	North Hampshire RC	Wsx	M	52	40:35	34:04	+06:31
48	John Eames	Chippenham & Dist Whs	NL&L	M	71	44:09	37:49	+06:20
49	David Guy	OV Cycling Club	L&HC	M	73	44:47	38:30	+06:17
50	Roger Taylor	Frome and Dist Whs	West	M	72	44:28	38:13	+06:15
51	Andrew Simpkins	Solihull CC	Mids	M	64	42:25	36:20	+06:05
52	Kevin Stokes	Born to Bike	L&HC	M	56	41:06	35:09	+05:57
53	John McGlashan	Redmon CC	Kent	M	67	43:05	37:18	+05:47
54	Peter Stainer	Amersham Road CC	L&HC	M	56	41:06	35:30	+05:36
55	Sue Rust	Kettering CC	EA	W	55	44:15	38:45	+05:30
56	Nick McCormick	Epsom CC	L&HC	M	55	40:58	35:37	+05:21
57	Brian James	Brighton Mitre CC	L&HC	M	88	53:57	48:54	+05:03



Another gutsy ride from Ron Hallam saw him retain the championship by only 4 seconds



Helen Reynolds - third woman



David Guy - L&HC Chairman

NATIONAL 15 MILES CHAMPIONSHIP

Championship images courtesy of

Kimroy Photography



Tandem champions were Norman Harvey and Mary Corbett

A top ten finish by Angela Carpenter rewarded her with first woman award



Pos.	Name	Club	VTTA Group	Gdr	Age	Std.	Actual	Plus
58	Bob Awcock	Born to Bike	Mids	M	74	45:09	40:08	+05:01
59	Glen Knight	KISS Racing Team	Mids	M	40	39:10	34:13	+04:57
60	Richard Moule	Bossard Whs	L&HC	M	61	41:52	36:56	+04:56
61	Diane Wilson-Evans	Bynea Cycling Club	SWIs	W	58	44:43	39:49	+04:54
62	Geoff Perry	Born to Bike	L&HC	M	58	41:23	36:31	+04:52
63	Gary Pamment	3T-Racing	EA	M	47	40:01	35:11	+04:50
64	Mary-Jane Hutchinson	Bristol South CC	West	W	61	45:14	40:29	+04:45
65	Paul Welsby	Drag2Zero	Mids	M	51	40:28	35:46	+04:42
66	Robert Hutchinson	Bristol South CC	West	M	65	42:38	38:23	+04:15
67	Roy Oakes	South Pennine RC	N&EM	M	73	44:47	40:43	+04:04
68	Abi Vyner	Rapha Cycling Club	L&HC	W	48	43:20	39:20	+04:00
69	Annette Lacey	Hemel Hempstead CC	L&HC	W	55	44:15	41:35	+02:40
70	Gary Martin	Westerley Cycling Club	L&HC	M	59	41:32	39:11	+02:21
71	Robert Engers	Shorter Rochford RT	L&HC	M	57	41:14	38:59	+02:15
72	David Steel	Hereford & Dist Whs CC	Mids	M	71	44:09	42:48	+01:21
73	Catherine Pascoe	New Forest CC	Wsx	W	55	44:15	43:02	+01:13
74	John Bush	Maidenhead & Dist CC	S&S	M	58	41:23	40:11	+01:12
75	Bob Brabbins	Wellington Whs CC	L&HC	M	75	45:31	44:29	+01:02
76	Lorna Rowland	Twickenham CC	L&HC	W	48	43:20	44:19	-00:59
77	John Howells	Corinium Cycle Club	West	M	77	46:21	47:43	-01:22
78	Brian Moon	Willesden CC	L&HC	M	72	44:28	47:21	-02:53
DNS	Joanna Wells (Hounslow & Dist), Chris Roberts (Team Pedal Revolution), Dave Johnson (Bicester Millenium)							
DNS (A)	Wendy Gooding (Team Bottrill), Julia Shaw (Drag2Zero), Antony Green (New Forest CC), Phil Wright (Hartlepool CC), Chris Lowe (Swindon RC), Tony Flynn (Willesden CC), Norman Griffin (Vive Le Velo), Colin Lizieri (Cambridge CC), Robert Watson (Cambridge CC), Frank Anderson (SVTTA)							
DNF	Chris Dyason (Cambridge CC)							

FINISH ORDER - 2018 VTТА NATIONAL 15 MILE TIME TRIAL TANDEM CHAMPIONSHIP

Pos.	Name	Club	VTТА Group	Gdr	Age	Std.	Actual	Plus
1	Norman Harvey	Sotonia CC	Wsx	M	85	46:16	39:44	+06:32
	Mary Corbett			W	61			
2	Brian Foran	Lampard RC	L&HC	M	58	43:07	37:30	+05:37
	Nikki Hunt	VTТА (L&HC)		W	73			
DNF	Sharon Clifford (SheHair Racing) & Phil Barnes (Team Swift)							

CYCLE IN THE ORANGE AND LEMON GROVES OF PORTUGAL

If you want the most pleasant winter escape, you can do little better than the Sotavento district of the Algarve in southern Portugal.

We can offer luxury accommodation for cyclists and this is a pleasure as I am myself a lifelong cyclist. I can advise on routes, destinations and perhaps more importantly, cafes and restaurants. You can hardly go wrong eating here. A typical Casa de Pasto (rough translation, house of food) will serve you a meal, wine and coffee for around five to eight euros.

You can bring your own bike or borrow one of mine. If you advise in advance, I could sort out the best option for fit and style.

The accommodation comprises an independent house with two bedrooms (sleeps four), bathroom and kitchen. There is an outside covered area overlooking the garden. It is difficult to explain how quiet and secluded we are here. At night the cicadas are all you will hear unless there is a southern wind bringing the distant whisper of the sea.

You can fly economically from many UK airports to Faro which is 30 minutes away by car. You can get to Faro centre by bus and take a magnificent coastal train journey to within 3 km of our house where we would happily collect you. Alternatively, car hire is cheap in the winter months.

I live next door and share the garden with the holiday cottage. My partner is Italian and she will probably be making bread and/or pasta at some point.

If you have ever thought of going somewhere apart from Majorca, then I thoroughly recommend this area. It has a reputation for tranquility and good roads so your only concern may be how many kilometres it takes to work off one of the local sweet cakes. My estimate is one hour riding per cake - make it two hours if you drink beer (One Euro is an average price for a beer. Eight Euros is the price of a "Cacau de leite")

Inland there are modest hills whereas the coast is fairly flat and quiet. It is the perfect place

I hope to see you here, Stephen Howells

Tel +351 281961820 or email steveinjava@gmail.com

Stephen Howells
Quinta das Corujas CXP1317G
Luz de Tavira 8800-111
Portugal





OBITUARIES



GEORGE NOWLAND

A Life Lived to the Max

5th November 1948 – 10th September 2018

It is with great sadness that we report the death of George Nowland, the larger than life Chairman of the CTT North District and current longstanding President of the NLTTA, where he previously held the position of Chairman. He was also a former Chairman for the VTTA National Executive Committee, from 2005 to 2010.

George was a keen cyclist and a very respected time triallist, achieving Lancashire Best All Rounder a record nine times and nationally eleventh and tenth positions in the British Best All Rounder competition in 1994 and 1995 respectively.

George was a great believer in giving back to the sport he loved and not only channelled this into the cycling committees and associations he supported, but could often be seen marshalling and time keeping, as well as organising events and dinners. To secure the future of the local 10-mile time trials he was instrumental in setting up the Preston Evening Time Trial Series (PETTS) with several local clubs and he also established two racing clubs during his lifelong cycling career.



George's cycling career started aged 22. Prior to this he was heavy drinker and smoker and at 16 stone was not a natural athlete. When Val, his beloved wife and long suffering team mate, left him due to his

wayward lifestyle he directed his obsessive nature to cycling to win her back. His grit and determination led him to successes at many distances with a 20:42 ten mile, 52:51 twenty-five mile, 1:48:30 fifty mile and 3:48:49 hundred mile time trials and 272.68 miles in the 12-hour, of which he won a record nine times. He also won many open events locally and nationally.

He actively encouraged many into the sport, providing support and training sessions and also organising cycling trips to Scotland and Wales.

His family, wife Val and daughters Sue and Janet, remain George's biggest fans *(and kindly provided this obituary - Ed)*.

George will be remembered for his passion for the sport, his crazy antics, his humour, his friendship and the love of his family. Not to be forgotten is his farewell catchphrase "thanks for coming".

Derek Black reports that the day of the funeral was very wet but this failed to deter a massive turn out of 450 to 500, confirmation of the high esteem in which George was held.

22 cyclists preceded the hearse to the crematorium. The coffin was carried in by George's wife and daughters - Val, Susan and Janet - and other family members. These three each gave eulogies, which were followed by a round of applause.

DON BARDOE 1942 - 2018

Don was a one club , Gravesend CC, cyclist, but his active cycling and racing career was short and over two spells. The first spell ended with marriage and family life, the second cut short by Motor Neurone disease. However despite this he continued to support GCC in whatever way he could, most obviously to any time trial entrant through his photography, taking action pictures at Kent time-trials. As Len Brown, another Kent cycling stalwart has said, we probably all have a little of Don with us in the form of one of his photographs somewhere in a scrapbook or cycling file. He was a devoted cycling enthusiast – had himself discharged to home care so he could watch as much as possible of this year's Tour.

For all but his first two years Don lived in Gravesend and he first joined GCC in 1956. He met his future wife when out circuit racing at Brands Hatch; Pete Williams, another very strong GCC junior, and Don crashed at the feet of two sisters, one of whom Pete was dating. The other, Faith, then turned out to be the one for Don! In his own words, he then had to give up his 'metal mistress' as romance, marriage, and two daughters followed.

Don was a very strong rider and would be out on the bike as much as possible. He produced some excellent performances during this period – his first 100 was 4:42:22 in the Bournemouth event; in a KCA 50 he clocked 2:13:15 and 1:5:19 in the Comrades 25. As a Junior he rode as part of the A team in Woolwich CA 32m event with the team coming 4th and he was 3rd in the GCC 30 in 1:18:12. In 1962 he rode a 12hr achieving 221 miles. He also rode local road races – in 1961 in the Wigmore and also the Rochester Olympique, both on the Higham circuit.

Married life, children and work intervened from 1962. He had trained as a carpenter and then worked in the construction industry, going on to be a project manager.

He returned to active cycling in 1979, until the MN diagnosis in the late 80s. He gradually trained his way back to form with 1984 being one of his best seasons with times of 24:51, 1:05:58 and 2:16:42.

Many are the anecdotes from riders who rode or trained with him during this second period. Don's idea of training was more and more miles at a faster and faster pace; rest was not part of his schedule and whenever he had free time he would 'train'. So come Saturday Faith would witness him getting his overalls on, the ladder out, tools and equipment ready for DIY and house maintenance. His training partners would arrive, he would make a hasty change and off they would go. Faith would return home to see Don in his overalls and praise him for his hard work and dedication to home improvement. 'Let me make you a cup of tea Donald, you work so hard'.

Once the MN took hold he started to develop other interests. One was to help re-establish the GCC Newsletter which still runs. He would write articles (mainly about how it was in the 'old days' and about technology taking over!), provide photos and in those early stages stuff the copies into envelopes and post them. He was an avid photographer and was out at most time trial events in Kent with his photos being available to all. As the MN progressed he would come out to the races, park his car and slowly, holding onto the side of the car,

work his way around to the boot where he would sit and take the pictures.

Don wrote poetry and there were two of his quite moving poems at the funeral, held at the new crematorium at Gravesend. He also liked country and western music, a stetson being on the coffin. He had a dry sense of humour as evidenced by the closing music as the curtains drew together and hid the coffin – Johnny Cash's Ring of Fire.

Don always seemed to be positive with a can-do attitude, despite the physical and mental pressures he must have been under. We hold him in very high esteem for his cycling achievements and enthusiasm, for his continued support to our club through all his trials and tribulations, but most of all for his strength of mind and character, his fortitude, in dealing with the MN disease over 30 years.

Mike Coulter



SHIRLEY GISBEY 28th September 1932 - 2nd August 2018

It is with great sadness the Scottish group record the passing of Shirley Gisbey, honorary life member and wife to Malcolm, who is a past committee member of the group.

All through their marriage Shirley and Malcolm enjoyed the outdoor life - cycling, hill walking, skiing and in retirement they frequently went to Marjorca with their cycling friends.

Through illness Shirley lost one of her limbs, which she bore with great strength and always a smile. In 2010 the Group awarded Shirley the Tom McGinness Meritorious Trophy awarded to members who fight back to health from illness or injury and Shirley certainly fought back, attending the group's functions whenever possible. Unfortunately Shirley lost her second limb and again she fought it well. Shirley always greeted everyone with a smile and enjoyed attending club events if her health allowed.



She was a keen gardener and kept her own garden perfectly while fit enough to do so. Latterly, she and Malcolm would visit garden centres where she continued to enjoy her love of plants. She also liked Scottish traditional music and attended the local accordion and fiddle club monthly, even on a cold winter's night.

Alas time finally caught up with Shirley after her many health problems. The measure of her popularity was seen when every seat at the crematorium was

occupied.

Our sincere sympathies and thoughts go to Malcolm, their daughters Lorna and Sheila and their families. We will all miss her.

Jim Harris and Jeanette Alexander

JOHN RUSHTON 1928 - 2018

John Rushton died peacefully in Blackpool Victoria Hospital on September 29th 2018.

It was in 1946 when a meeting was called to re-start the Cleveleys Road Club that John joined and was soon to take a leading role in all aspects of the club. He first proposed that the club should open a clubroom and he played a large part in the eventual purchase of one at Little Thornton.

With the club entering into racing John was to make his mark and in 1954 he recorded 235 miles in the NLTTA 12 hour event. But it was as an organiser that John will be most remembered - as the Cleveleys' club secretary for 40 years, club president for 25 years and organiser the club's open 100 miles time trial for 30 years!

He was a timekeeper for time trials and also served as commissaire in road races. He even found time to act as an instructor for cycling proficiency awards and for all his services to cycling he was awarded a trophy in 1983 by Blackpool Sports Council.

John's greatest achievement was in organising the Blackpool Cycling Weekend for 20 years. This alone became an all year task in trying to get sponsors, yet despite his other commitments he did this in remarkable style.

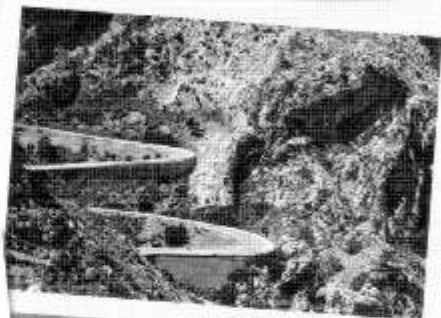
John was involved in everything that the Cleveleys promoted, whether racing, touring or social. He was the Cleveleys Road Club for many years and he will be sadly missed by everyone.

Les Cross

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ANNIVERSARY MEMORABILIA

The First VTТА 25

JUNE 23, 1943.

CYCLING

FIRST VETERANS' T.T.A. EVENT

J. B. Austin Wins With New Course Record

THAT tough 41-year old rider, Jock Austin, now in his 19th year of racing, won the first Veterans' T.T.A. "25" which has taken the place of the Nor O Lon promotions. Austin's 25th was a course record of 1:7.47, beating the old figure of 1:8.47, beaten by S. W. Cox. The conditions were far from ideal, being a flyer to the turn and a hard slow bank, and Austin, being an 85 year, beat Charles Cole (43), Luton, by 41 secs., and this would have been good enough to have given him first handi-cap, but there was a one-prize-only rule, so he takes fastest award only. Section B produced another win for the scratch man, E. F. Butt (50), Hampshire R.C., with a time of 1:15.45, with S. Parkinson (52), Southern Rites, second, 1:15.55. Then we come to the real veterans, Section C, for the 60s and over, with the name of 85-year-old F. George heading the start card, but who was unable to start through working 18 to 14 hours a day in his boot-copping business and his spare time on his allotment. Again the scratch man was fastest, the honour going to J. J. Gardner (60), London Clarion, 1:12 seen outside event. The fastest loser was A. G. Keen (64), Unity, and the first handicap in Gardner. The second award (two riders) was taken by the same two as last year, O. Colson and E. D. Smith, Luton W., 2:32.10, beating the Clarion by 42 secs. From a card of 25 there were 8 non-starters and 1 non-finisher.

The watch was held by I. F. Dixon, who returned the following times:—

Section A		Name, Club and Age	H'cap.	Time	h. m. s.
		J. B. Austin, Oxford City (41)	scr.	1:7.47	1 7 47
		O. Cole, Luton (43)	5/2	1:11.53	1 11 53
		C. F. Balcock, Kent Rd. (44)	5	1:13.19	1 13 19
		A. E. Milsdale, Barnet (45)	5		
		H'cap:—W. E. Dalton, Birchfield (49), 1; C. V. Balcock, Kent Rd. (5), 2			
Section B		Name, Club and Age	H'cap.	Time	h. m. s.
		E. F. Butt, Hampshire Rd. (50)	scr.	1:15.45	1 15 45
		S. Parkinson, Southern Rites (52)		1:15.55	1 15 55
		A. S. Palmer, Highgate (54)	3/4	1:16.53	1 16 53
		C. Bindler, V.T.T.A. (55)	5	1:18.12	1 18 12
		H'cap:—W. Richmondian, V.T.T.A. (63), 1; C. Bindler, V.T.T.A. (5), 2			
Section C		Name, Club and Age	H'cap.	Time	h. m. s.
		J. J. Gardner, London Clarion (60)	scr.	1:12.56	1 12 56
		A. G. Keen, Unity (64)	5/2	1:24.48	1 24 48
		E. H. Stevens, Upper Holloway (73)	8/4	1:25.56	1 25 56
		J. H. Johnson, Lincoln Co-op. (60)	2	1:26.29	1 26 29
		H'cap:—J. J. Gardner, London Clarion (scr.), 1.			

There were a few veteran's events before the formation of the VTТА and even before Steven's Nor-O-Lon events. It is known that on 6th October 1935 Norwood Paragon promoted a veterans' 25; this was won by Rene Menzies of Western RCC in 1:10:20. In second place was the Paragon's own George Butler (grandfather of Gethin?) in 1:11:22.

In its inaugural season the VTТА's first ever promotion was a 25, reported here in 'Cycling', which was won by Jock Austin of Oxford City RC.. Jock went on to win the VTТА BAR in 1945 and 1947, but had earlier won his own club's BAR in 1932, 1934 and 1936.

Jock was feted at the First Luncheon, Prize Distribution & Concert, held at The Royal Hotel, Russell Square, WC1 on Sunday 5th March 1944. He received a special prize given by the Pickwick Bicycle Club for best standard and course record.

Thanks to Mike Jupp for the cutting and the photo from the Jim Love archive. (Jim is believed to be the last surviving rider of those selected for the 1948 Olympic squad trials.)



CORRESPONDENCE WITH THE EDITOR

Dear Editor

Since I was born, my life has been shaped - if that's the right word - by women. School friends were just that – they played no part in my intuitive development. There was no father figure and, once a member of the labouring classes, I discovered that my workmates were misogynistic, viewing women from a different perspective. I lived with philogyny without thinking too much about it, in spite of suggestions from friends that I was mistaken in 'placing women on a pedestal'.

Many years passed before I became fully aware of just how society degraded women.

It's a big leap from the whole picture to the minor sport of time trialling but I was surprised, when becoming a member of that fraternity some 66 years ago, that women had separate events and were not allowed to mingle with male riders. As most of us older members know, it was Beryl Burton who changed that, she needed the equality of male competitors!

Later I became a Veteran and discovered the *Standard Tables*. Here was a measurement of the differing strengths of the sexes. It was many years later before the VTTA got around to really trying to equalise everyone and, for a brief period, accepted the concept that when it came to competition it was possible, by use of mathematically created tables, to achieve equality in at least 'our' sport. Women were no longer the frail '*Ladies*' but were '*Women*' and the equal of men.

But it didn't last long – it seemed that women wanted equality on their terms, however unequal. And so the Association reverted to separate Championships for women. Now it has been suggested that women feel so unequal that they want Championship jerseys too. Thus there will need to be the purchase of a further twelve Championship jerseys and the possibility of a Champion having to wear two jerseys for the prize presentation. Please note that in the London Group 25 in October, a woman was first and another was third!

After all these years, I have been wrong – women do not want equality (except in certain cases)!

Jim Burgin

VTTA PUBLICATIONS ARCHIVE

On behalf of the Association the editor holds an archive of old VTTA publications, which is a useful source of historical information for researchers. However there are a few gaps in the collection. Can anyone please supply any of the following missing publications?

THE VETERAN MAGAZINES

Any before December 1964

April, June and August 1965

June and August 1966

Issues numbered 273 to 283 inclusive (between December 1999 and August 2002)

HANDBOOKS/YEAR BOOKS

1951 and earlier, 1953, 1957

Please contact the editor, Mike Penrice, on 01757 291196 or editor@vttarj.uk

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WHEN RESPONDING TO ADVERTISERS PLEASE MENTION *THE VETERAN* AND THE VTTA

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ONCE UPON A TIME

A long time ago in the middle of the last century there was a military posting known as the Canal Zone. They used to have a ruler in Egypt called King Farouk and in 1951 he was given his demob. papers by the Egyptian Army. Our Government decided that this constituted an international crisis because the Canal might be closed, so they drafted thousands of British soldiers and airman to keep the peace. I found myself posted to RAF Fayid Hospital in 1952 and soon found a small but thriving cycling scene in the Zone with quite a full programme of racing either on the road or camp circuits. One of the more active clubs, the Exiles CC, was based at Kasfareet and this is where this particular story begins. Lifelong friendships were formed at this time and continued on our return to the UK. The Kasfareet Exiles maintained their activities and over the years have met up for a short ride with old friends, a bit of leg-pulling and reminiscing followed by a decent lunch in comfortable surroundings.



Although I was a member of the Scorpion CC based at Fayid I was invited, a few years ago, to join the Exiles on their runs and renewed friendships and made new ones. On one of these outings at Long Itchington in 2013 I had taken along my RAF scrapbook which circulated round the group. While we were chatting and having a laugh, I suddenly realised that out of a group photograph of five riders – four of us were actually present in the room. After a gap of 60 years it was an opportunity not to be missed and a few photographs were taken and after some time a composite photo. was engineered by John Basell, mainstay of the Exiles club, and the result added to the monochrome image taken in Fayid at the finish of the RAF Three Day Tour of the Zone in 1952.

The 1952 image shows Alan Colburn, Brian Gee, Jim Pike, Ron Calvert and Alex McWhirter and the more colourful picture shows four of us – still standing – and the mystery figure of Jim Pike. When I say mystery, I'm referring to the fact that, despite a massive effort by John Basell over the past few years to trace him, Jim Pike seems to have vanished. He was stationed at Kasfareet as a clerk and was formerly a member of the Dulwich Paragon CC; the last known sighting of him was a casual meeting by one of John's friends in a transport café in the Home Counties about forty years ago. He got chatting with a chap at the same table, who said his name was Jim, who had served in the RAF in Egypt, was a cyclist and had won a few races. (I have to say that "won a few races" didn't quite fit – Jim won practically everything he entered !!)



Well, that's the story that goes back 66 years to a memory of heat, flies and boredom followed by intense action, sandstorms, competitive bike racing and enduring friendships.

Does anyone remember Jim? Would anyone know his whereabouts now or have any further information on this talented cyclist who seems to have slipped through the net?

Please let me know and I'll pass the news on to John B. and the rest of the mob.

Alan Colburn



Mick Phillips (Drighlington BC) approaching Ribbleshead Viaduct whilst completing his 40th Nelson Wheelers 50 - the classic Circuit of the Yorkshire Dales - on 8th April 2018