

HANDBOOK

2017



VETERANS TIME TRIALS ASSOCIATION

THE VTTA - A SHORT CHRONICLE

E H Strevens (initials were *de rigueur* in the past) established in the North London area in 1939 an organisation (indeed he was that organisation), by the name of Nor-0-Lon for the promotion of Veteran Time Trials and these he both ran, financed and developed until by his inspiration and enterprise there was formed, in the spring of 1943, the Veterans' Time Trials Association with Mr Strevens as its first Secretary. The inaugural meeting was held at The Old Sal, Barnet, on Monday 7th March 1943 to which prominent veteran riders of the day were invited to attend and forty-five of whom did.

The VTTA, at its inception, visualised "a nation-wide organisation offering congenial membership and road competition for all over-40 cyclists, no matter where they may reside".

It remained an all male organisation until 1971 when London Group finally managed to effect a change of rules which allowed applications from women to be accepted.

An early edition of the magazine contained the following proclamation:

"As we 'grow up' we discover that life is a series of revelations, each more attractive than the last. We call ourselves 'Veterans', but only the under 40s regard the word as meaning 'has-beens'. We know that the most satisfying feature in life's continuous approach to maturity is the stuff called experience and the wiser expertness that solidly emphasises the worthiness of achievement. Only the misguided folk who stop natural bodily exercise unwind from early middle age to decrepitude. The fit man blossoms as he takes on years.

One thing only we lose as we grow older – whip cord fleetness. But there still remains the competition, the club companionship and rivalry, the grand enjoyment of cycling and – The Game".

By September 1944, membership was 157.

In June 1947 a 'Special Luncheon' was held which was attended by thirty people and the whole affair was paid for by the President, E H Strevens.

Much has changed since then. Membership rose rapidly in the post-war boom, and has steadied at around 3000 today.



Veterans Time Trials Association

HANDBOOK 2017

Containing details of National and Group Officers

Rules and Regulations

The 2017 Event Programme

Results of the 2016 Championships

The Current National Age Records

Past Champions

Guide to Standard Awards

Standards Tables

Veterans Time Trials Association Handbook 2017

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	E H Bricknell	1957 - 1970	R H Clarke	1971 - 1994
	Mrs E Brambleby	1995 - 1999	Mrs D Mahar	2000 - 2004
	J P Ogden	2005 - 2009	A Colburn	2010 - 2014
	Carole Gandy	2015		

Chairman	C W Cooke	1943	L F Dixon	1944 -1948
	A E Lang	1949 - 1959	M C Rees	1960 -1962
	W G Knight	1963 - 1980	S Harvey	1980 -1984
	I Jones	1985	Mrs E Brambleby	1986 - 1994
	E A Green	1995 - 2004	G Nowland	2005 - 2010
	J Burgin	2011 - 2016	A Simpkins	2017

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	H Webb	1945	C W Cooke	1946 - 1948
	J C Ballard	1949	H L Lincoln	1950 - 1964
	S E Hayward	1965 - 1995	M J Ellis BEM	1996
	W G Pickering	1997 - 2007	Ann Butterworth	2007 - 2013
	Rachael Elliott	2014		

Treasurer	E H Strevens	1943	C A Sturt	1944 - 1945
	E W Harman	1946 - 1948	L S Davis	1949 - 1952
	A E Tester	1953 - 1956	H L Lincoln	1957 - 1964
	S E Hayward	1965 - 1995	T N Anderson	1996 - 2000
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1. CONSTITUTION

The VTTA is the National Authority promoting Time Trialling for cyclists who are 40 years of age and older.

All VTTA events are open to any cyclist of 40 years of age and older and shall be conducted in accordance with Cycling Time Trials (CTT) or the Scottish Cyclists' Union (SCU) Regulations.

2. RULES

2.1 The Association

2.1.1 The name of the Association shall be the VETERANS TIME TRIALS ASSOCIATION. Membership shall be open to all cyclists who are 40 years of age and older.

2.2 Management of the Association

2.2.1 The management of the Association shall be vested in an elected National Executive Committee (NEC) consisting of a President and Chairman, Treasurer, Recorder, Records Secretary, Awards Secretary, Editor and Advertising Secretary, Membership Secretary, and up to five Committee members.

2.2.2 A National Secretary may be appointed at the discretion of the NEC to manage the day-to-day business of the VTTA in accordance with the instructions of the NEC.

2.3 National Executive Committee Meetings

2.3.1 The NEC shall meet quarterly, or as required, to transact the affairs of the VTTA. Five members shall form a quorum. In the absence of the Chairman, an officer of the Committee shall be elected to take his/her place on the day. Any member of the Committee who is absent from three consecutive meetings without prior arrangement shall be deemed to have resigned from the committee who shall have the power to fill the vacancy.

2.3.2 Any VTTA member may attend and speak at NEC meetings, but may not vote. (The Chairman may decide that agenda items are not appropriate for open discussion and these items will be taken in private session with only NEC members in attendance.)

2.4 Powers of the National Executive Committee

2.4.1 The NEC shall have the power to appoint/dismiss a National Secretary and to determine the remuneration required. The National Secretary shall be co-opted as a member of the NEC and have full voting rights but need not be a member of the Association.

2.4.2 The NEC shall have the power to co-opt additional members in order to carry out tasks necessary for the smooth running of the Association. These members will have the same voting rights as other NEC members.

2.4.3 The NEC shall have the power to appoint sub-committees that shall prepare minutes of their proceedings. These shall be read at the next meeting of the NEC and duly recorded in the books of the VTTA.

2.4.4 The NEC shall have the power to take such steps as may be deemed necessary to carry out the programme of events for the current or following season.

2.5 NEC Expenses

2.5.1 NEC members may claim reasonable expenses (as agreed by the Committee) for attending meetings.

2.6 Duties of National Officers

2.6.1 The National Secretary shall take, or cause to be taken, minutes of all National meetings. The National Secretary shall carry out the duties defined in the National Secretary Job Description. The contents of the National Secretary Job Description may be amended as necessary by the NEC.

2.6.2 The National Treasurer shall keep, or cause to be kept, proper Accounts of the monies of the VTTA. Such monies shall be kept in the name of the VTTA in a Joint Stock Bank. No monies shall be withdrawn except with the sanction of the NEC. All cheques must be signed by any two of the current officers as follows: the National Treasurer; the National Secretary; the Chairman; the Editor.

2.7 Financial Year

2.7.1 The VTTA's financial year shall commence on 1st November and end on 31st October, after which date the National Treasurer shall prepare a Balance Sheet and Accounts for the year. An Auditor elected at the previous AGM will audit these. The Balance Sheet and Accounts shall be submitted to the NEC for approval and subsequent presentation to the AGM for ratification.

2.8 Formation of Regional Groups

2.8.1 The VTTA shall be divided into Groups as may be necessary.

2.8.2 The minimum number of members to form a Group shall be ten. The NEC shall have the authority to sanction the formation of a Group with fewer than ten members if they consider the circumstances are justified.

2.8.3 A member shall have the right to choose the Group to which he/she wishes to be attached. A member wishing to change from one Group to another shall give one month's notice to the National Membership Secretary who shall advise the Group Secretaries concerned and the change shall be effected as soon as possible.

2.8.4 All Groups shall affiliate to their local District Council of CTT

2.8.5 Each Group shall elect its own officials for the purpose of local administration and the observance of the National Rules and Regulations.

2.8.6 All Group officials shall act in accordance with the instructions of the NEC.

2.8.7 Where Groups are not self-supporting the NEC may, when it is deemed necessary, afford financial support.

- 2.8.8 Each Group shall be run as a club, hold an AGM and make such extra rules and arrangements for the running of the Group as may be considered necessary, provided they do not conflict with the National Rules and Regulations of the VTTA.
- 2.8.9 In the event of the dissolution of a Group, monies and assets held by that Group should be distributed to such cycling organisations or charities as the Group's membership think fit.
- 2.8.10 Each Group Committee shall have the authority to suspend and/or expel a member for conduct considered detrimental to the VTTA. Such suspension/expulsion to be confirmed or reversed by a subsequent general meeting of the Group Membership.
- 2.8.11 Copies of the Minutes of all meetings (signed by the Group Chairman and Secretary) shall be available for submission to the NEC.
- 2.8.12 Each Group shall consider the Agenda of the National AGM, as issued by the National Secretary, in order to mandate its delegates on proposals on the Agenda.

2.9 Subscriptions

- 2.9.1 The annual subscription shall consist of two parts, payable together.
- (a) A National subscription which shall include the cost of *The Veteran* and will be determined annually at the National AGM.
- (b) A Group subscription which will be determined annually at the Group AGM.
- 2.9.2 The combined subscription for any member is payable on election and on 1st January of each year thereafter, except that new members elected after 30th September in any year will be entitled to the privileges of membership until 31st December of the following year.
- 2.9.3 An applicant for membership must complete the prescribed form and submit it with the appropriate subscription to the Secretary of his/her chosen Group or using the VTTA website. If the applicant is not elected, the subscription will be returned.
- 2.9.4 Where one member of a household is a member or Life Member, other members of the household may join at a reduced rate to be determined annually at the National and Group AGMs as appropriate. Such members will have the same rights and privileges as other members but will not receive personal copies of VTTA publications. This will be referred to as 'joint membership'.
- 2.9.5 A member who has not paid his/her subscription by 31st March in any year shall forfeit all rights and privileges of membership.
- 2.9.6 Within four weeks after the end of each quarter, the Group Treasurer shall forward to the National Treasurer all National subscriptions received during the quarter together with a statement of accounts. For the purpose of these Rules, quarters shall consist of the three-month periods ending 31st March, 30th June, 30th September and 31st December.

2.9.7 Where the National Treasurer has received any Group subscriptions in the previous quarter, he/she will prepare a statement of account detailing the Group subscriptions received and forward these to the Group Treasurer within four weeks after the end of each quarter or within two weeks of receipt of the items specified in Rule 2.9.6, whichever is the later.

2.10 Categories of Life Membership

There are three types of Life membership: Life Membership; Honorary Life Membership; and Distinguished Life Membership.

2.10.1 Life Membership

A member who has completed ten years' continuous membership may apply to his/her Group for Life Membership of the VTTA.

The fee for Life Membership for individual members will be £50. The fee will include the cost of an annual Handbook, but will not include the cost of *The Veteran* which, if required, will be charged at a rate determined annually at the National AGM.

Joint members applying for combined Life Membership shall pay the same as a single member plus one third of the appropriate fee.

Twenty-five per cent of the Life Membership fee shall go to the member's Group, the rest to the National Treasurer.

2.10.2 Honorary Life Membership

Honorary Life membership will be granted to any member of 80 years of age (or over) who, in the opinion of their group committee, has made a significant contribution to the VTTA. HLM Membership will include receiving copies of *The Veteran* and the VTTA Handbook free of charge.

Where the Honorary Life Member holds a joint membership, the other partner may remain a member in his/her own right for an annual individual subscription less the cost of *The Veteran* as charged to Life Members. They will not receive an additional copy of *The Veteran*.

2.10.3 Distinguished Life Membership

Distinguished Life Membership may be awarded to members who, in the opinion of the NEC, have rendered singular and meritorious services to the VTTA. Distinguished Life Members will receive copies of *The Veteran* and the VTTA handbook free of charge.

Where the Distinguished Life Member holds a joint membership, the other partner may remain a member in his/her own right for an annual individual subscription less the cost of *The Veteran* as charged to Life Members. They will not receive an additional copy of *The Veteran*.

2.11 National Annual General Meeting

2.11.1 All VTTA members are entitled to attend the National AGM where they may speak, but they are not entitled to vote unless they are delegates for their Groups.

- 2.11.2 Those entitled to vote at the National AGM shall be:
Two delegates representing each Group plus a further delegate for every 100, or part of 100, members in excess of 200; and two delegates representing the NEC.
- 2.11.3 Voting at an AGM shall be by a show of hands unless the meeting demands that a ballot is taken. The Chairman shall have only a casting vote.
- 2.11.4 When a Group is not represented, any proposal tabled by that Group on the Agenda will be withdrawn by the Chairman.
- 2.11.5 The National AGM shall elect annually a President, who may hold office for not more than five years. Nominations must be submitted to the National Secretary not later than 21st November for inclusion in the Agenda and publication in *The Veteran*. The AGM shall also elect the NEC for the ensuing year.
- 2.11.6 Not less than 14 days' notice of the AGM shall be given in *The Veteran*, on the website and sent to Group Secretaries who shall furnish the names of their delegates to the National Secretary as soon as they have been appointed. A copy of the agenda of the meeting shall be published in the current issue of *The Veteran* and also sent to Group Secretaries and delegates. Fifteen delegates and/or ex-officio members shall form a quorum.
- 2.11.7 Motions for the National Annual General Meeting can be submitted only by:
(a) the NEC; and
(b) Groups – providing the motion has been agreed by a majority at the Group AGM.
Such motions must reach the National Secretary not later than 21st November of the respective year.
- 2.11.8 Any matter not on the National AGM Agenda may be brought forward without notice provided that it does not involve the alteration of any rule or regulation and subject to the consent of two-thirds of those present and voting.
- 2.11.9 A special meeting may be called by the NEC or, alternatively, by the National Secretary on receiving a request signed by 25 members. All members entitled to attend shall receive 14 days' notice of the special meeting with a copy of the agenda stating the special business to be transacted.
- 2.12 Alterations to Rules and Regulations**
- 2.12.1 No alteration or addition to these Rules shall be made except with the consent of not less than two-thirds of the members present and voting at the AGM or at any special meeting for this purpose. Alterations or additions to Regulations at such meetings will be decided by a simple majority.

3. REGULATIONS

3.1 Time Trials Regulations

- 3.1.1 All VTTA time trials shall be run in accordance with the rules and regulations of CTT or the SCU. VTTA time trials will be Type A events: either 'Open', 'Semi-open' or 'Association', as defined in the CTT regulations.
- 3.1.2 Any member wishing to enter a time trial shall submit to the Event Secretary a standard CTT entry form, properly completed, or enter via the Cycling Time Trials Entry System.
- 3.1.3 In all VTTA events, only VTTA members will be eligible for any of the awards made on Standard.
- 3.1.4 Only first-claim members of a club are eligible for team awards in events promoted by the VTTA.
- 3.1.5 Overall prizes in all VTTA events shall be decided on the basis of the official VTTA Standard Tables. Other prizes may be awarded at the discretion of the organiser.

3.2 Regulations for Standard Awards

- 3.2.1 Standard Medals will be awarded for rides at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours based on the VTTA Standard Tables. 12 hours and 24 hours distances shall be shown to two decimal places.
- 3.2.2 Any VTTA member may attempt to gain VTTA standard medals in any Open, Semi-Open or Association event authorised by CTT or the SCU. Events that are eligible for Standards shall also be eligible for Records, Best All Rounder Competition (BAR), Three Distance Competition, Short Distance Competition and Trophies.
- 3.2.3 Applications for standards may be made as follows:
- (a) A single attempt at any distance or time on one type of machine (i.e. bicycle, tricycle, tandem bicycle or tandem tricycle) in a nominated event.
 - (b) Any number of attempts in the same season at any one distance or time on one type of machine.
 - (c) Any number of attempts per season at all distances or times on one type of machine.
- 3.2.4 Riders making any type of attempt listed in Regulation 3.2.3 must give notice direct to the Group Recorder. This notice, which must be accompanied by the appropriate fee (see Regulation 3.2.5), must be received by the Group Recorder at least two days before the date of the event. Riders who have paid bulk fees as per Regulations 3.2.3 (b) and 3.2.3 (c) need not notify the Group Recorder of their intention to ride in a particular event.
- 3.2.5 Each Group shall be allowed to determine its own standard ride entry fees. Payment of one fee does not cover two types of machine.

- 3.2.6 Only one award for a ride at each distance will be made during any one year, but there is no limit to the number of attempts that may be made.
- 3.2.7 Claims for Standards must be submitted to the Group Recorder at the end of the racing season or not later than 31st October. A rider must have a minimum of four medals to qualify for a plaque in lieu.
- 3.2.8 Each VTTA Group may elect to have either Standard or Actual times engraved on Standard Medals/Plaques.
- 3.2.9 Once a rider has won a Standard Award, the rider must improve their previous best plus or minus against Age Standard in order to obtain another award in a later age group. However, a rider may elect not to count any rides done more than three years before if they have not received a Standard Award on that machine at that distance during that period.
- 3.3 Regulations for Age Records**
- 3.3.1 Road record rides will be recognised only when achieved in events authorised by CTT or the SCU, timed on watches complying with the requirements of those bodies and run in conformity with their regulations.
- 3.3.2 Record Certificates are awarded for rides at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours to riders of solo bicycle, solo tricycle, tandem bicycle or tandem tricycle (Men, Women and Mixed) in any Open, Semi-Open or Association event authorised by CTT.
- 3.3.3 The VTTA also recognises Indoor and Outdoor Track records on solo bicycle and tandem bicycle at the following distances: 5, 10 and 25 miles; 1 hour; 5, 10, 20, 50 and 100 km. Records in the VTTA Handbook are as at 31st October of the previous year.
- 3.3.4 A claimant for any records must be a paid-up member of the VTTA at the time of the ride.
- 3.3.5 No record will be considered if a better time or distance has already been achieved by a record holder of a greater age.
- 3.3.6 Claims for records will be for the period from 1st November to 31st October and must be made to the National Records Secretary not later than 31st October of the current year giving full details of the event together with a printed copy of the official result sheet or an electronic version of the result sheet. In the event of a discrepancy between a printed result sheet and an electronic copy, the printed result sheet will take precedence.
- 3.4 Regulations for National Championships**
- 3.4.1 National Championships will be promoted on behalf of the NEC at 10, 25, 30, 50 and 100 miles, 12 hours and 24 hours. The dates of all National Championships will be published in the VTTA Handbook.

- 3.4.2 To be eligible for Championship awards, riders must be paid-up VTTA members at the closing date for entries. Riders who are aged 39, but who will be aged 40 by the day of the Championship, may apply to the National Membership Secretary for their membership to commence on their 40th birthday. If their application is accepted, they will be eligible for Championship awards.
- 3.4.3 Each of the seven Championships will incorporate men, women, bicycles and tricycles. Where the event is run by a VTTA Group and it is oversubscribed, acceptance of entries shall be in order of best on Standard with preference given to VTTA members.
- 3.4.4 The rider with the biggest plus overall will be declared the National Champion.
- 3.4.5 Medals will be awarded to the first three riders overall on Standard. Medals will be awarded to the first three male riders and to the first three female riders overall on Standard. The first on Standard will receive a gold medal and a Championship jersey. The second on Standard will receive a silver medal. The third on Standard will receive a bronze medal.
- 3.4.6 Club teams shall consist of three first-claim members of the same club. Group teams shall consist of three members of the same Group. In each case, the Team with the biggest cumulative plus on standard shall be the Championship Team and a medal will be awarded to each member of the team.
- 3.4.7 Tandem Championships will be run in conjunction with the solo Championships and the pair with the biggest plus on Standard will be the Tandem Champions and will receive VTTA gold medals.
- 3.4.8 All VTTA awards will be made regardless of the number of entries and irrespective of any prizes given by the promoting Group.

3.5 Regulations for the BAR Competition

Qualifying events must be Type A events approved by CTT.

- 3.5.1 A Best All Rounder competition is promoted annually by the VTTA and is open to all its members. Eligible rides must be done in events authorised by CTT or the SCU and shall be over 25, 50 and 100 miles and 12 hours.
- 3.5.2 The closing date for eligible events to count will be 15th October.
- 3.5.3 The BAR competition will be based on the rider's cumulative plus from all four events. The rider's plus or minus times for 25, 50 and 100 miles will be calculated from the Standards Tables.

Each rider's 12 hour distance will be converted to a 'plus or minus time' equivalent to completing 200 miles using a Standards table for a 200 mile event that is based on the same principles used for the other new Standards Tables.

The plus or minus times for the four events will be added together proportionately, i.e.
the plus or minus time for 25 miles;
the plus or minus time for 50 miles divided by 2;
the plus or minus time for 100 miles divided by 4; and the equivalent 12 hour 200 miles plus or minus time divided by 10.

The rider with the greatest combined plus or minus will be the winner of the Best All Rounder Competition.

3.5.4 Claim forms, supported by printed copies of official result sheets or electronic versions of the result sheets, must be sent to the Group Recorder for verification. The Group Recorder will then send the verified claim form to the National Recorder to arrive not later than 31st October of the current year. In the event of a discrepancy between a printed result sheet and an electronic copy, the printed result sheet will take precedence.

3.5.5 BAR Certificates shall be presented to all riders completing the four distances. Tandem riders who complete all distances with the same partner are eligible for certificates, but not for any other awards. The winner of the BAR will receive a VTТА gold medal, the second will receive a VTТА silver medal and the third will receive a VTТА bronze medal.

3.5.6 Club teams shall consist of three first-claim members of the same club. Group teams shall consist of six members of the same Group. Medals will be awarded to each member of the winning teams.

3.6 Regulations for the Three Distance Competition

3.6.1 A Three Distance Competition will be promoted annually over 25, 50 and 100 miles.

3.6.2 The Three Distance competition will be based on the rider's cumulative plus or minus from all three events.

Each rider's plus or minus times for 25, 50 and 100 miles will be calculated from the Standards Tables.

The plus or minus times for the three events will be added together proportionately, i.e.
the plus or minus for 25 miles;
the plus or minus for 50 miles divided by 2 and
the plus or minus for 100 miles divided by 4.

The rider with the greatest combined plus or minus will be the winner of the Three Distance Competition.

3.6.3 All other conditions of qualification to this competition shall be those of the BAR Competition. Awards shall be the same as for the BAR Competition.

3.7 Regulations for the Short Distance Competition

3.7.1 A Short Distance Competition will be promoted annually over 10 and 25 miles and shall be twice over 10 and 25 miles, giving four events in total.

Each rider's plus or minus times for 10 and 25 miles will be calculated from the Standards Tables.

The plus or minus times for the four events will be added together proportionately, i.e.:

the plus or minus time for the fastest 10 multiplied by 2.5;

the plus or minus time for the fastest 25 multiplied by 1.0;

the plus or minus time for the second fastest 10 multiplied by 2.5; and

the plus or minus time for the second fastest 25 multiplied by 1.0.

The rider with the greatest combined plus or minus for the four events will be the winner of the Short Distance Competition.

3.7.2 All other conditions of qualification to this competition shall be those of the BAR Competition. Awards shall be the same as for the BAR Competition.

3.8 Entry to, and Claims for, the BAR, Three Distance and Short Distance Competitions

3.8.1 There are no entry fees for the BAR, the Three Distance and the Short Distance Competitions. Claims for one, two or all competitions must be made on the current National BAR, Three Distance and Short Distance Claim Form.

3.9 Meritorious Award

3.9.1 The C. W. Cooke trophy is awarded annually to the rider whose performance is considered by the NEC to be the most meritorious during the season. Nominations from Groups should be received by the National Secretary no later than 21st November.

3.10 Bricknell Memorial Award

3.10.1 This award was created to perpetuate the memory of former President Ted Bricknell and provides for the presentation of an annual prize, new each year, in recognition of outstanding services to the VTTA. Nominations from Groups should be received by the National Secretary no later than 21st November each, following which the NEC shall decide the name of the recipient.

3.11 Return of Trophies

3.11.1 Should there be a time when a trophy or trophies is/are no longer required for presentation (e.g. the demise of the VTTA or abandonment of events at specific distances) then all reasonable measures will be taken to return them to the original donors or their heirs. In the event that they cannot be traced they shall be offered to such cycling organisations as the NEC think fit.

TROPHY ALLOCATIONS

(Recipients to be presented with an A5 Photograph excepting the Ted Bricknell)

PETRONELLA TROPHY	1st on plus 4 distance BAR
H LIONEL LINCOLN SHIELD	1st actual fastest mph 4 distance BAR
SOUTHCOTT BOWL	1st Woman on plus 4 distance BAR
RALEIGH SHIELD	Best Group Team (6 riders) on plus in 4 distance BAR
JOHNSON SHIELD	Best Club Team (3 riders) on plus in 4 distance BAR
DICK CLARKE CUP	1st on aggregate plus time 3 Distance Competition
DON HACKING TROPHY	1st on aggregate actual time 3 Distance Competition
BRAMBLEBY CUP	1st Woman on aggregate plus time 3 Distance Competition
LONDON GROUP SHIELD	Best Group Team (6 riders) aggregate plus time 3 Distance Competition
DOREEN HUGILL MEMORIAL SHIELD	Best Club Team (3 riders) aggregate plus time 3 Distance Competition
L DE CAMELLIS BOWL	1st on standard Short Distance Competition
KEN MATTHEWS CUP	1st on standard National 10 miles Championship
DOUG BRUNWIN MEMORIAL SALVER	1st on standard National 100 miles Championship
FRED THORPE TROPHY	1st on standard National 30 miles Championship
CHARLIE COLE CUP	1st on standard National 25 miles Championship
CECIL PAGET CUP	1st on standard National 50 miles Championship
JIM PAINTER CUP	1st on standard National 12 Hour Championship
C W COOKE CUP	1st on standard National 24 Hour Championship
STREVENS MEMORIAL TROPHY	1st on standard in an event nominated annually by National Committee (by rotation at each distance)
BRAFMAN CUP	Best club team on standard in an event nominated annually by National Committee (by rotation at each distance)
PETT CUP	1st on standard nominated event
C W COOKE TROPHY	Most meritorious racing performance of the season nominated by Groups to National Committee
TED BRICKNELL MEMORIAL AWARD	An award purchased annually for outstanding services to the Association, nominated by Groups to the National Committee. The award is retained permanently by the recipient

NATIONAL CHAMPIONSHIPS 2017

Event Date	Distance	Fee	Course	Organising Club
8 April 2017 Roy Deakin, 14 Heathend Road, Alsager, Stoke-on-Trent ST7 2SQ 01270 873978 royager531@yahoo.co.uk NEC Rep: Brian Camfield	10	£8.00	J2/1	VTTA Manchester & NW
30 April 2017 Mike Williams, 10 Manor Garth, Skidby, Cottingham, Hull HU16 5UF 01482 849264 NEC Rep: Rachael Elliott	15	£10.00	V728	VTTA Yorkshire
29 May 2017 Peter Cathrall, 49 Elm Grove, Buckley, Flintshire CH7 2LU anfieldpeter@icloud.com NEC Rep: Brian Camfield	100		D100/2	Anfield BC
8 July 2017 John Golder, 6 Middlemead, West Hanningfield, Chelmsford CM2 8UT 07709 328113 NEC Rep: Geoff Perry	25	£10.00	E2/25	VTTA East Anglia
22-23 July 2017 Jon Wilkinson; oggy_merseyroads@hotmail.com NEC Rep: Alan Colburn	24 hour			Mersey Roads Club
13 August 2017 Dave Nock, 81 Woodhall Road, Chelmsford CM1 4AF NEC Rep: Geoff Perry	12 hour	£15.00	E2/12hr	VTTA East Anglia
20 August 2017 Gordon Scott, 5 Pride Close, Moreton, Dorchester DT2 8FN NEC Rep: Rachael Elliott	50 mile	£8.00	U109	VTTA West
17 September 2017 Robert Jones, 16 Springhall Road, Sawbridgeworth, Herts CM21 9ET NEC Rep: Robert Jones	30 mile	£12.00	R30/7	VTTA South Wales

2017 Event Programme

(Entrants should check details)

Name	Distance	Course	Start	Cost	Event Secretary
Saturday 11 March VTTA North Midlands	14.7	O14/C	14.00	£10.00	Craig Devonshire Teversal Manor Buttery Lane Teversal Village Nottinghamshire NG17 3JN 07790 300203 craigdevonshire@sky.com
Sunday 19 March VTTA (Inc Kent VTTA Champs)	30	Q30/2	7.00	£10.00 Tandem £20.00	Tom Morton 42 Chiltern End Ashford Kent TN24 8QJ 07791 666553 tommorton1@sky.com
Saturday 25 March VTTA (Kent)	10	Q10/22	7.00	£7.00 Tandem £14.00	events@cyclingtimetrials.org.uk
Saturday 8 April Manchester & North West NATIONAL CHAMPIONSHIP	10	J2/1	14.00	£8.00 Tandem £16.00	Roy Deakin 14 Heathend Road Alsager, Stoke-on-Trent Staffs ST7 2SQ 07443 832819 royager531@yahoo.co.uk
Wednesday 12 April VTTA North Lancs & Lakes	25	L2521	13.00	£8.50 Tandem £17.00	Richard Taylor 23 Heywood Road Castleton Rochdale OL11 3AU 07533 679101
Saturday 15 April	25	E33/25	14.00	£10.00 2-up £20.00 Tandem £20.00	Eric Angell 118 Tankerville Drive Leigh on Sea Essex SS9 3DD 01702 711384

Saturday 15 April VTTA (Midlands)	10	K48/10	14.00	£9.00	Scott Westwood 4 Woodpecker Way Heath Hayes Cannock Staffordshire WS11 7WJ 07764 952024 scott.westwood41@btinternet.com
Saturday 22 April Hartlepool CC VTTA North	10	T105	14.00	£10.00 Tandem £20.00	P Wright 265 Stockton Road Hartlepool TS25 5AU 07702 244922 jagryk@aol.com
Saturday 22 April Nottingham and East Midlands (cheques to D Yarham)	10	A10/14A	15.00	£8.00	D Yarham 7 Torpel Way Maxey Peterborough Cams, PE6 9EQ 01778 343077
Sunday 23 April East Anglian Pref EA Group Members	10	B10/35	7.30	£10.00 Tandem £20.00	Ron Back 11 Smithy Close Stanningfield Bury St Edmunds Suffolk IP29 4RH 01284 828657
Sunday 30 April VTTA National Championship	15	V728	10.00	£10.00 Tandem £20.00	Mike Williams 10 Manor Garth Skidby Cottingham Hull HU16 5UF 01482 849264
Monday 1 May London & Home Counties Don Byham Memorial	10	F10/11	14.00	£10.00 Tandem £20.00	Geoff Perry 8 The Meadway, Loughton Milton Keynes MK5 8AN 01908 200680 geoffperry@aol.com

Friday 5 May 10 UC861
 VTTA Wessex 10
 Championships

Entry for the Group's Championship is 1 week prior to the event on a CTT entry form.
 Those not wishing to be eligible and just wanting an evening ride can EOL as per a club event

Sunday 7 May 25 P413/25 7.00 £8.00 Linda Connor
 VTTA Wessex/ 21 Colbury Cottage
 Bournemouth & District WCA Deerleap Lane
 Totton
 Southampton SO40 7EH
 07539 219080 / 023 8029 2542
 linda@marcus-hanks.co.uk

Saturday 13 May 10 R10/17 14.00 £12.00 Robert Jones
 VTTA South Wales Tandem 16 Springhall Road
 £24.00 Sawbridgeworth
 Herts CM21 9ET
 07873 353207
 robert.jones33@virgin.net

Sunday 14 May 25 T252/3 7.00 £10.00 P Garstang
 Hartlepool CC Tandem 20 Crocus Gardens
 VTTA North £20.00 Hartlepool
 TS26 0ZG
 07784 781221
 paulgarstang@gmail.com

Sunday 14 May 50 D50/4 7.00 £8.00 Mick Ward
 Mid Shropshire Wheelers 8 Cedar Close,
 (Merseyside) Bayston Hill
 Shrewsbury SY3 0PD
 01743 872276

Saturday 20 May 25 A25/34 14.00 £9.00 K R Gent
 Nottingham and East Midlands 14 Westfield Road
 (cheques to K. R. Gent) Leicester LE3 6HR
 0116 2858738

Sunday 21 May Surrey/Sussex (Lewes Wanderers CC)	30	G30/88	7.30	£8.00	Simon Yates The Old Stables Crowborough Hill Crowborough East Sussex TN6 2HL 01892 655785
Sunday 21 May VTTA North Lancs & Lakes	50	L505R	7.00	£8.50 Tandem £17.00	Richard Taylor 23 Heywood Road Castleton Rochdale OL11 3AU
Sunday 21 May West Cheshire TTCA (Merseyside)	30	D30/12	8.00	£8.00	Roger Squire Erw Las, Village Road Llandegla LL11 3AW 07525 055435
Thursday 25 May London & Home Counties	10	H10/2	14.00	£10.00 Tandem £20.00	David Guy 3 Gray's Inn Square London WC1R 5AH 0207 242 6543 ovcyclingclub@hotmail.co.uk
Saturday 27 May East Anglian Organised by Victoria CC	10	E1/10	9.00	£9.00 Tandem £18.00	Christine Yareham 3 Haileswood Close Elsenham Bishops Stortford Herts CM22 6EN 01279 813683
Saturday 27 May Manchester & North West (Joint with Warrington RC)	50	J4/16	14.00	£8.50 Tandem £17.00	Warrington RC – David Wright 46 Coppice Green Kingswood, Warrington Cheshire WA5 7WA 07764730801 davidwright1000@btinternet.com
Saturday 3 June Surrey/Sussex	10	G10/87	6.30	£8.00	David Pollard 2 Harison Road, Seaford East Sussex BN25 3PN 01323 893455

Saturday 3 June VTTA North	10	T104	14.00	£10.00 Tandem £20.00	Ruth Crossley Merle Cottage 66 Cooper Lane Potto, Northallerton DL6 3HA 01642 701264
Sunday 4 June Chester RC (Merseyside)	25	D25/8E	7.00	£8.00	Ian Taylor 8 Greenbank Road Hoole Chester CH2 3RP 07799 431267
Thursday 8 June East Anglian	10	E2/10	19.00	£10.00	Mark Arnold 49 Heathersett Way Red Lodge Suffolk IP28 8TF 01638 552781
Saturday 10 June East Anglian Group Championship	50	E2/50c	14.00	£10.00 Tandems £20.00	Paul Hirst 85 Peterborough Avenue Upminster Essex RH14 3LL 07704 622446
Sunday 11 June KCA (B) (Including VTTA Kent Group Champs)	100	Q/100	6.00	£8.00 Tandem £16.00	Peter Hayes 95 Marvels Lane Grove Park London SE12 9PH 7831 623837 peter.hayes87@ntlworld.com
Sunday 11 June West Cheshire TTCA (Merseyside)	10	D10/15	7.30	£8.00	Tony Lord 20 Cadnant Park Conwy, North Wales LL32 8PR 01492 592397
Wednesday 14 June VTTA North Lancs & Lakes	25	L256	19.00	£8.00 Tandem £16.00	Richard Taylor 23 Heywood Road Castleton Rochdale OL11 3AU 07533 679101

Thursday 15 June East Anglian	10	E2/10	19.00	£10.00	Mark Arnold 49 Heathersett Way Red Lodge Suffolk IP28 8TF 01638 552781
Saturday 17 June East Anglian Organised by Victoria CC	10	E1/10	9.00	£9.00 Tandem £18.00	Christine Yareham 3 Haileswood Close Elsenham Bishops Stortford Herts CM22 6EN 01279 813683
Sunday 18 June VTTA (Kent) 25	25	Q25/8	6.30	£7.00 Tandem £14.00	events@cyclingtimetrials.org.uk
Sunday 18 June Surrey/Sussex (East Sussex CA)	50	G50/90	6.00	£8.00	Sam Dix 11 Woodlands Close Uckfield East Sussex TN22 1TS 07841 197342
Thursday 22 June East Anglian	10	E2/10	19.00	£10.00	Mark Arnold 49 Heathersett Way Red Lodge Suffolk IP28 8TF 01638 552781
Sunday 25 June VTTA Wessex/Alton CC	10	H10/8	6.00	£10.00	Paul Jones 2 Warren Court Ackender Road Alton GU34 1JT 07786 646499/01420 82849 pjones2204@aol.com
Sunday 25 June KCA (B) (VTTA Kent Group Champs)	12hr	Q12	6.00	£12.00 Tandem £24.00	Esther Carpenter 10 Maplehurst Road Baldslow St Leonards on Sea East Sussex TN27 7NA

Thursday 29 June East Anglian	10	E2/10	19.00	£10.00	Mark Arnold 49 Heathersett Way Red Lodge Suffolk IP28 8TF 01638 552781
Sunday 2 July Liverpool Phoenix CC (Aintree) (Merseyside)	25	D25/3	8.00	£9.00	John Hampson 3 Kellit Rd Wavertree Liverpool, L15 0ER 0151 733 3984
Sunday 2 July VTTA (Kent Group Champs) All Ages	30	Q10/30	7.00	£7.00 Tandem £14.00	Colin Inett 63 Burgess Road Aylesham Canterbury Kent CT3 3AX 01304 340700 colininett@aol.com
Sunday 2 July VTTA Wessex/ Blazing Saddles Cycles	50	P885/50	6.30	£8.00	Chris Wallis 2 Boundary Cottages Ford Lane Arundel BN18 0DF 07748 705538 chris@wallisphotos.co.uk
Saturday 8 July Manchester & North West (Joint with Nova CC)	25	J4/8	14.00	£8.00 Tandem £16.00	Nova CC - Ian Ross 26 Brook Rd Lymm Cheshire WA13 9AH 01925 755 080 ianrossinlymm@aol.com
Saturday 8 July East Anglian National Championship Women's Open BBAR	25	E2/25	14.00	£10.00 Tandem £20.00	John Golder 6 Middlemead West Hanningfield Chelmsford CM2 8UT 07709 328113

Sunday 16 July VTTA/Echelon Cycles Midlands	25	K33/25a	7.00	£9.00 Tandem £18.00	Jeff Matthews 8 The Square Feckenham Worcestershire B96 6HR 01527 894801 jeff@the-madison-group.co.uk
Sunday 16 July VTTA (Kent Group Champs) All Ages	50	Q50/11	6.30	£7.00 Tandem £14.00	events@cyclingtimetrials.org.uk
Sunday 16 July EDCA Group Championship East Anglian	100	B100/4	6.00	£10.00	Richard Reade 15 Kingfisher Road Attleborough Norfolk NR17 2RL 07702 305358
Wednesday 19 July London & Home Counties	10	F10/11	14.00	£10.00 Tandem £20.00	David Guy 3 Gray's Inn Square London WC1R 5AH 0207 242 6543 ovcyclingclub@hotmail.co.uk
Saturday 22 July VTTA Yorkshire VTTA Members Only	10	V718	14.30	£10.00 Tandem £20.00	A Vaughan 8 Beech Avenue Beverley East Yorkshire HU17 9QZ
Saturday 22 July Melton Olympic Open 25 (Incorporating Notts & East Mids Jack Watts Memorial)	25	S25/34	14.00	£10.00	K R Gent 14 Westfield Road Leicester LE3 6HR 0116 285873
Saturday 22 July VTTA (Kent Group) All Ages	10	Q10/1	7.30	£7.00 Tandem £14.00	Tom Morton 42 Chiltern End Ashford, Kent TN24 8QJ 07791 666553 tommorton1@sky.com

Saturday 29 July East Anglian Organised by Victoria CC	10	E1/10	9.00	£9.00 Tandem £18.00	Christine Yareham 3 Haileswood Close Elsenham Bishops Stortford Herts CM22 6EN 01279 813683
Saturday 29 July Manchester & North West (Joint with Nova CC)	25	J2/9	14.00	£8.00 Tandem £16.00	Seamons CC – Charles Carraz 36 Barkers Lane Sale Cheshire M33 6RG 07789 747116 seamonsstsec@hotmail.co.uk
Sunday 30 July East Anglian	25	E2/25	6.00	£10.00 Tandem £20.00	Paul Hirst 85 Peterborough Ave. Upminster Essex RH14 3LL 07704 622446
Thursday 3 August London & Home Counties	10	H10/2	14.00	£10.00 Tandem £20.00	David Guy 3 Gray's Inn Square London WC1R 5AH 0207 242 6543 ovcyclingclub@hotmail.co.uk
Saturday 12 August East Anglian	10	B10/44	14.00	£10.00	Barry Freeman Shrublands Nuttery Vale, Hoxne, Eye Suffolk IP21 5BD 01379 668749
Sunday 13 August East Anglian Group Championship National Championship	12hr	E2/12Hr	5.00	£15.00 Tandem £30.00	Dave Nock 81 Woodhall Road Chelmsford CM1 4AF 07939 695523
Sunday 13 August Rhos on Sea CC (Merseyside)	10	D10/15	7.30	£10.00	Tony Lord 20 Cadnant Park Conwy, North Wales LL32 8PR 01492 592397

Sunday 13 August Surrey/Sussex (East Sussex CA)	100	G100/861	6.00	£10.00	Bob Harber 51 Church Lane Upper Beeding Steyning West Sussex BN44 3HP 01903 879598
Sunday 13 August Darlington CC VTTA North	50	T502	9.00	£10.00 £20.00	D Bennett Tandem 12 Heslop Drive Darlington DL1 5TQ 01642 564419 dbc Bennett@goolemail.com
Sunday 20 August Surrey/Sussex (Bec CC)	25	G25/54	7.00	£8.50	Andrew Green 164 Sorrel Bank Linton Glade Forestdale. Surrey CR0 9LZ 07791 578262
Sunday 20 August VTTA National Championships Wessex Championships	50	U109	8.00	£8.00	Details in handbook (not in CTT website)
Saturday 26 August East Anglian Organised by Victoria CC	10	E1/10	14.00	£9.00 £18.00	Christine Yareham Tandem 3 Haileswood Close Elsenham Bishops Stortford Herts CM22 6EN 01279 813683
Sunday 27 August North Shropshire Wheelers (Merseyside)	25	D25/8E	8.00	£8.00	David Drew 4 Pantulf Road Wem, Shropshire SY4 5LT 01939 234073
Saturday 2 September VTTA Yorkshire (VTTA Members Only)	10	V718	14.30	£10.00 £20.00	M Penrice Tandem Tawnylands South Duffield Road Osgodby Selby YO8 5HP

Sunday 3 September Cleveland Couriers VTTA North	25	T252/3	9.00	£10.00 Tandem £20.00	Gavin Russell 2 Antrim Avenue Fairfield Stockton-on-Tees TS19 7JF. 01642 654419 gavin_russell@hotmail.co.uk
Saturday 9 September East Anglian	10	E2/10	14.00	£10.00 Tandem £20.00	Dominic Whitehead 4 Dovehouse Close Godmanchester Huntingdon Cambs PE29 2DY 01480 380297
Sunday 10 September VTTA Wessex Championships	25	U370	9.00	£8.00	Nigel Viagniaux 3 Michael's Mead Bath BA1 4JD 01225 482363
Sunday 17 September VTTA National Championship	30	R30/7	8.00	£12.00 Tandem £24.00	Robert Jones 16 Springhall Road Sawbridgeworth Herts CM21 9ET 07873 353207 robert.jones33@virgin.net
Sunday 17 September Hartlepool CC VTTA North	25	T254	7.00	£10.00 Tandem £20.00	P Garstang 20 Crocus Gardens Hartlepool TS26 0ZG 07784 781221 paulgarstang@gmail.com
Sunday 17 September VTTA (Kent Group) (All Ages)	25	Q25/12	7.30	£7.00 Tandem £14.00	Peter Rowe 16 Vine Court Road Sevenoaks Kent TN3 3UY 01732 460358 pcrowe63@yahoo.com

Sunday 24 September Surrey/Sussex	25	G25/89	7.30	£8.00	Keith Wilkinson Croft House, Chapel Road Smallfield Horley Surrey RH6 9JH 07983 332792
Sunday 24 September Lea Valley CC East Anglian Championship	30	E1/30	9.00	£9.00	Mark Freeman 61 Lonsdale Ave East Ham London E6 3JZ 0208 5481311
Saturday 30 September VTTA North Lancs & Lakes	25	O10/16	14.00	£10.00	Craig Devonshire Teversal Manor Buttery Lane Teversal Village Nottinghamshire NG17 3JN 07790 300203 craigdevonshire@sky.com
Sunday 1 October London & Home Counties Rocco Memorial	25	H25/2	7.00	£10.00 Tandem £20.00	Tim Childs 48 Claygate Road London W13 9XG 079412 284733 tmc164@yahoo.co.uk
Sunday 15 October VTTA (Kent)	15	Q15/1	10.00	£7.00 Tandem £14.00	Bob Burden 1 Mayhew Close Ashford Kent TN23 7QH 07540 053742

SVTTA CHAMPIONSHIPS EVENTS 2017

16 April Sunday SVTTA : SC Closing date 10 April	15	Mid Cambusbarron Community Hall	08:00	£12.00	Dave Millar 71 Landemer Drive Rutherglen G73 2TA 0141 5696585 davemillar@ntlworld.com
13 May Saturday Law Wheelers SVTTA J & B Train Trophy CTT Closing date 8 May	10	M1/10/1R Cambusbarron Community Hall	08:00	£9.00	Stephen Kelly 59 Carvale Avenue Salsburgh Lanarkshire M17 4NF 079844 34971
21 May SVTTA : CTT Pinky Williams Trophy Entry on the Day	30	M1/30/R Thornhill Community Hall	08.00	10.00	Michael Devlin 30 Erskine Hill Polmont Stirlingshire FK2 0UG 01324 310242
11 June Sunday SVTTA : Neish Low J Cramb H'cap Trophy	25	Aberdeen Wheelers	00.00	00.00	TBC
11 June Sunday SVTTA : J Connor & J Lyon Trophies Tom Anderson Memorial	RR	Falkirk	00:00	00.00	TBC
18 June Sunday SVTTA H Roberts Trophy Closing date 11 June	50	Lumsden Hall Freuchie Community Hall Fife KY15 7EX	08:00	£12.00	Mrs M Laffole 22 Frankfield Place Dalgety Bay Fife KY11 9LR 01383822349 mhainlaffolley@ gmail.com
2 July Sunday SVTTA : CTT Law Wheelers Ben Smith Trophy Closing date 19 June	25	M125/1	08:00	£10.00	Robert Clements Cambusbarron 18 Holmwood Avenue Uddingston Glasgow G71 7AJ 01698 810540

(continued next page)

SVTTA CHAMPIONSHIPS EVENTS 2017 *(continued)*

27 August Sunday SVTTA : The Reilly & J Sharp Trophies	100	AB100/1	15:00	£7.00	Kenneth Anderson 76 Arduthie Road Stonehaven AB39 2EH 07711 524526 kennyat- stoney@gmail.com
1 October Sunday SVTTA : Bill Lennon Trophy : Ivy CC Tour de Trossachs	28.5 MTT	Aberfoyle Strip/ Aberfoyle	10.00		Janette Hazlett 9 Jane Rae Gardens Clydebank G81 1HR 0141 952 7337 janettehazlett@ scottishcycling.or.uk

A Guide to Standard Awards

Many members will be familiar with Standards Awards because we have had them for many years. However, it is worth explaining how they work for a number of reasons

- New members may wish to see them explained
- Even old hands may want a 'refresher'
- All members may need some guidance on what they can claim

How do Standard Awards work?

Here's how it works:

- You can attempt Standard Awards at any of the standard distances: 10, 15, 25, 30, 50 and 100 miles and 12 and 24 hours. Attempts can be made on bicycle, tricycle, solo or tandem.
- Standards Awards are based on how well you ride compared with the VTTA standard. If you beat standard that is referred to as a 'plus'. If you don't beat the standard this is referred to as a 'minus'.
- To gain your Standard Award you have to improve on your previous best plus or minus for which you claimed a Standard Award. If you don't have a previous best at a particular distance you can claim your best plus or minus in the year to get you started.
- Before you make any attempts at Standard Awards you should tell your group recorder in advance which distances you are going to be making attempts on and pay the appropriate fee. (Note, though, that some groups will accept claims at the end of the season.)

If your attempt is successful you will receive an engraved medal. If you get four medals or more in a season you can have an engraved plaque instead.

The above is a very simple summary of Standard Awards. The full rules are given in Regulation 3.2 of the VTTA Regulations.

Your new best plus or minus becomes the target you need to beat if you want to win another Standard Award in subsequent years. Because the age standards give you an extra allowance as you get older this makes beating your previous plus an achievable target. However, you can elect to ignore any rides done more than three seasons ago.

Questions and Answers

How do I work out what I need to beat?

- You only need consider performances done in the past three seasons for which you claimed either a Standard Award or (in 2013) a Performance Award.
- Your target to beat will be the plus (or minus) on standard achieved for each of those performances.

Do I need to beat the standard in order to claim?

No, you don't. Standard Awards are open to riders of all abilities.

This means that:

- If you've never claimed before, you can simply claim for your best performance on standard in the year whether or not you have beaten standard.
- In subsequent years you will need to improve on standard in order to claim. So if you previously claimed for a minus you can claim if you achieve a smaller minus (or, of course, a plus). If you previously had a plus you will need to achieve a bigger plus.

*Tandem standards to be determined as the average
of the two riders' individual standards,
minus 4% for fixed distance or plus 4% for fixed time events.*

National Championships 2016

10 Miles

Ron Hallam	Nottingham & East Midlands
Bronwen Ewing	Kent
Brian Sunter	Yorkshire
<i>Women</i>	
Bronwen Ewing	Kent
Karen Ledger	North Midlands
Alison Vessey	West
<i>Tandem: Jeff Bowler and David Bates</i>	Nottingham & East Midlands
<i>Team: Ron Hallam, Ian Guilor and Nick Cave</i>	Nottingham & East Midlands

25 Miles

Brian Sunter	Yorkshire
David Hargreaves	Yorkshire
Philip Brown	East Anglian
<i>Women</i>	
Liz Powell	Midlands
Alison Vessey	West
Sarah Soden	Nottingham & East Midlands
<i>Tandem: Murray Kirton and Michael Ives</i>	West
<i>Team: Brian Sunter, Blair Buss and Tony Scott</i>	Yorkshire

30 Miles

Kevin Tye	Kent
Andy Jackson	Kent
Brian Sunter	Yorkshire
<i>Women</i>	
Bronwen Ewing	Kent
Julia Hawksworth	Kent
Alison Vessey	West
<i>Tandem: Nikki Hunt and Brian Foran</i>	London & Home Counties
<i>Team: Kevin Tye, Jonathan Parker & Bronwen Ewing</i>	Kent

50 Miles

Kevin Tye	Kent
Brian Sunter	Yorkshire
Terry Icke	Wessex
<i>Women</i>	
Sarah Wheeler	West
Jill Bartlett	London & Home Counties
Joanna Wells	London & Home Counties
<i>Tandem: Nikki Hunt and Brian Foran</i>	London & Home Counties
<i>Team: Terry Icke, Philip Watts and Stephan Williamson</i>	Wessex

National Championships 2016

100 Miles

David Hargreaves	North Lancs and Lakes
Andy Ashurst	Manchester & North West
Neil Skellern	Manchester & North West
<i>Women</i>	
Alison Vessey	West
Pauline Atkinson	Manchester & North West
Jeanette Barber	Manchester & North West
<i>Team: Andy Ashurst, Neil Skellern & Darren Maironis</i>	Manchester & North West

12 Hours

Chris Scawn	West
Garry Drew	West
Katja Rietdorf	London & Home Counties
<i>Women</i>	
Katja Rietdorf	London & Home Counties
Lynne Biddulph	Midlands
<i>Tandem: Bob Richards & Mark Gorman</i>	West
<i>Team: Chris Scawn, Gary Drew & John Murphy</i>	West

24 Hours

Edgar Reynolds	Manchester & North West
Jim Williams	Manchester & North West
Lynne Biddulph	Midlands
<i>Women</i>	
Lynne Biddulph	Midlands
Libby McLaren	Manchester & North West
<i>Tandem: Don McLean & Mark Leadbetter</i>	Scotland
<i>Team: Jim Williams, Edgar Reynolds & Rob Waghorne</i>	Manchester & North West

Team Awards were to Groups in 2016

National Trophy Awards 2016

Ted Bricknell Memorial	Outstanding Service Award	Ken Matthews Cup	10 Miles Championship
Jim Burgin		Ron Hall	+6:41
Petronella Trophy	1st on Plus 4 Distance BAR	Doug Brunwin Salver	100 Miles Championship
Richard Bideau	+86:51	David Hargreaves	+64:43
H Lionel Lincoln Shield	Fastest 4 Distance BAR	Charlie Cole Cup	25 Miles Championship
Richard Bideau	29.503	Brian Sunter	+16:27
Raleigh Shield	Group Team - 4 Distance BAR	Cecil Paget Cup	50 Miles Championship
East Anglian	+56:47	Kevin Tye	+38:28
Johnson Shield	Club Team 4 Distance BAR	Jim Painter Cup	12 Hour Championship
Not Awarded		Chris Scawn	+76.39
Southcott Bowl	1st Woman 4 Distance BAR	C W Cooke Cup	24 Hour National Championship
Katja Rietdorf	+66:25	Edgar Reynolds	+113.30
Dick Clarke Cup	1st 3 Distance Competition	Fred Thorpe Trophy	30 Miles Championship
Peter Horsnell	+67:15	Kevin Tye	+18:59
Don Hacking Trophy	Fastest 3 Distance Competition	Strevens Memorial Trophy	
Richard Bideau	30.845		
London Group Shield	Group Team 3 Distance Competition	Brafman Cup	Surrey Sussex 10 - 4.06.2016
North Lancs and Lakes	+348:00	Lewes Wanderers CC	+8:09
Doreen Hugjill Shield	Club Team 3 Distance Competition	Pett Cup	
Team Swift	+166:13		
Brambleby Cup	1st Woman 3 Distance Competition	C W Cooke Trophy	Meritorious Award
Katja Rietdorf	+49:25	Lynn Biddulph	National Championship Performances

RESULTS OF THE SEASON-LONG COMPETITIONS

BAR

Richard Bideau	Pendle Forest CC	North Lancs and Lakes	0:47:45	1:35:22	3:22:16	305.765	1:26:51	1
Dave Green	Velo Velocity	East Anglian	0:50:40	1:43:41	3:37:01	289.508	1:18:56	2
Ian Holbrook	Stone Wh CC	Manchester & NW	0:50:14	1:41:55	3:52:47	291.250	1:11:53	3
Gray Turnock	Finsbury Park CC	East Anglian	0:51:18	1:41:57	3:39:32	277.646	1:11:21	4
Steve Williamson	...a3crg	Wessex	0:49:59	1:47:47	3:44:29	293.333	1:09:52	5
Neil Skellern	Team Swift	Manchester & NW	0:51:03	1:47:49	3:52:22	273.250	1:08:45	6
John Golder	Chelmer CC	East Anglian	0:55:35	1:56:32	4:04:34	262.927	1:07:31	7
David Shepherd	GS Stella	Surrey/Sussex	0:56:10	1:48:02	3:54:09	277.032	1:07:07	8
Katja Rietdorf	BornToBike Rt/Bridgetown Cycles	London and Home Counties	0:56:58	1:56:01	4:04:26	257.950	1:06:25	9
Trevor Mayne	Birdwell Wheelers	North Midlands	0:51:40	1:49:38	3:56:47	267.050	1:04:38	10
John J Murphy	Gloucester City CC	West	1:00:44	2:09:16	4:45:26	214.442	1:04:25	11
Julian Pegg	Hitchin Nomads CC	East Anglian	0:54:06	1:48:40	3:54:44	263.440	1:03:21	12
Elliot Gowland	Team Bottrill	North	0:53:23	1:47:40	3:55:20	284.778	1:00:47	13
Adrian Hughes	Seamons CC	Manchester & NW	0:52:12	1:48:48	4:03:20	263.640	0:59:08	14
Paul Holdsworth	Hounslow & District Wheelers	London and Home Counties	0:54:36	1:51:53	4:04:23	266.930	0:58:39	15
Andrew Askwith	Bridlington CC	Yorkshire	0:53:01	1:49:54	4:08:06	259.500	0:57:45	16
Tom Glandfield	Lewes Wanderers CC	Surrey/Sussex	0:54:41	1:51:21	3:53:59	282.560	0:56:27	17
Nicholas Stagg	Hounslow & District Wheelers	London and Home Counties	0:52:18	1:52:41	3:57:59	269.350	0:55:58	18
Arthur Winstanley	Liverpool Phoenix	Merseyside	0:57:32	1:58:43	4:11:50	245.290	0:54:25	19
Rob Dulson	Hainault RC	East Anglian	0:59:27	1:56:44	4:09:04	260.890	0:51:53	20
Jim Trevor	Hull Thursday RC	Yorkshire	0:53:09	1:50:53	4:01:43	254.050	0:50:14	21
Theresa Taylor	Preston CC	North Lancs and Lakes	1:00:06	2:18:07	4:36:40	234.779	0:50:04	22
Peter Baker	Lewes Wanderers CC	Surrey/Sussex	0:58:36	1:53:59	4:24:35	241.580	0:49:05	23
Lynne Biddulph	Born to Bike	Midlands	0:58:18	2:13:38	4:29:53	242.720	0:48:15	24
Graham Painter	Chelmer CC	East Anglian	0:56:40	1:56:52	4:03:07	270.184	0:47:45	25

THREE DISTANCE

Peter Horsnell	East Anglian	1:07:24	2:26:09	5:12:31	1:07:15	1
Richard Bideau	North Lancs and Lakes	0:47:45	1:35:22	3:22:16	1:02:52	2
Stephen Irwin	North Lancs and Lakes	0:47:01	1:35:13	3:28:25	1:02:08	3
Peter Greenwood	North Lancs and Lakes	0:51:55	1:44:23	3:58:15	1:00:45	4
Liam Maybank	London and Home Counties	0:47:36	1:37:34	3:25:28	1:00:26	5
Jon Wynn	West	0:50:01	1:40:03	3:32:50	0:58:15	6
Ken Platts	East Anglian	0:53:00	1:50:08	3:53:24	0:58:00	7
Dave Green	East Anglian	0:50:40	1:43:41	3:37:01	0:56:48	8
Rob Pears	West	0:48:42	1:41:41	3:53:54	0:56:16	9
David Hargeaves	North Lancs and Lakes	0:55:08	1:54:40	4:16:14	0:55:25	10
Gavin Hinxman	East Anglian	0:49:28	1:43:01	3:38:02	0:55:22	11
Mick Black	North Lancs and Lakes	0:53:37	2:00:51	4:09:35	0:54:58	12
Gray Turnock	East Anglian	0:51:15	1:41:57	3:39:32	0:53:13	13
Julian Elliott	East Anglian	0:48:35	1:42:00	3:44:45	0:53:06	14
Steve Whitewick	Wessex	0:52:50	1:48:49	3:43:20	0:52:42	15
Keith Murray	North	0:47:37	1:41:16	3:41:05	0:52:33	16
Paul David Fleming	North Lancs and Lakes	0:50:24	1:45:27	3:51:26	0:51:53	17
Keith Dorling	East Anglian	0:52:22	1:48:12	3:56:19	0:51:51	18
Ian Greenstreet	London and Home Counties	0:50:51	1:48:58	3:49:37	0:50:50	19
Ian Holbrook	Manchester & North West	0:50:14	1:41:55	3:52:47	0:50:48	20
Neil Skellern	Manchester & North West	0:51:03	1:47:49	3:52:22	0:50:31	21
Katja Rietdorf	London and Home Counties	0:56:58	1:56:01	4:04:26	0:49:25	22
John J Murphy	West	1:00:44	2:09:16	4:45:26	0:49:06	23
Steve Williamson	Wessex	0:49:59	1:47:47	3:44:29	0:48:52	24
John Lacey	London and Home Counties	0:51:33	1:49:11	3:54:22	0:48:50	25
Tony Stott	Yorkshire	0:58:03	2:02:09	4:28:14	0:48:41	26
John Golder	East Anglian	0:55:35	1:56:32	4:04:34	0:47:54	27
Trevor Mayne	North Midlands	0:51:40	1:49:38	3:56:47	0:47:53	28
Alan Emmott	Wessex	0:58:43	2:00:49	4:19:09	0:47:30	29
Phil Watts	Wessex	0:53:58	1:52:20	3:56:45	0:47:15	30

SHORT DISTANCE

Ron Hallam	Nottingham and East Midlands	24:24	24:46	1:03:55	1:04:03	1:34:45	1
Brian Sumter	Yorkshire	20:44	21:27	0:54:36	0:56:46	1:22:52	2
Terry Icke	Wessex	21:00	21:26	0:54:08	0:54:54	1:22:21	3
Stephen Irwin	North Lancs and Lakes	17:49	18:09	0:47:01	0:47:06	1:21:59	4
Peter Greenwood	North Lancs and Lakes	19:51	20:11	0:51:55	0:52:02	1:19:40	5
Michael Ellerton	North Lancs and Lakes	19:01	19:02	0:49:31	0:50:05	1:19:12	6
Mick Black	North Lancs and Lakes	20:46	21:18	0:53:37	0:54:45	1:18:02	7
Rob Pears	West	19:04	19:06	0:48:42	0:50:21	1:17:45	8
Gavin Hinxman	East Anglian	18:38	18:59	0:49:28	0:49:40	1:15:06	9
Keith Murray	North	18:17	18:43	0:47:37	0:47:46	1:14:53	10
Ken Platts	East Anglian	20:33	20:37	0:53:00	0:53:01	1:14:46	11
Ian Guilor	Nottingham and East Midlands	18:35	18:49	0:49:41	0:50:35	1:14:43	12
Mark Jones	London and Home Counties	18:06	18:17	0:49:33	0:50:27	1:14:14	13
Liam Maybank	London and Home Counties	18:43	19:14	0:47:36	0:49:10	1:13:34	14
Karen Ledger	North Midlands	20:27	20:57	0:53:56	0:54:48	1:13:13	15
Jon Wynn	West	19:41	18:48	0:50:01	0:50:02	1:12:49	16
Stuart Evans	South Wales	21:16	21:48	0:56:17	0:56:47	1:12:38	17
Simon Norman	London and Home Counties	18:48	19:08	0:48:40	0:50:01	1:12:30	18
Paul David Fleming	North Lancs and Lakes	19:24	19:27	0:50:24	0:50:38	1:12:16	19
Chris Melia	North Midlands	21:24	21:37	0:55:11	0:58:09	1:12:13	20
Keith Ainsworth	North Midlands	19:43	20:27	0:51:18	0:51:54	1:12:11	21
David Hargreaves	North Lancs and Lakes	21:38	21:55	0:55:08	0:55:55	1:12:04	22
Andy Hazell	Merseyside	21:31	21:53	0:54:55	0:56:10	1:11:59	23
Keith Lea	Surrey/Sussex	19:13	19:22	0:48:25	0:50:03	1:11:50	24
Andrew Grant	East Anglian	20:26	20:52	0:53:27	0:53:50	1:11:36	25
Dan Barnett	Nottingham and East Midlands	18:26	18:57	0:48:51	0:49:34	1:11:32	26
Geoff Platts	Nottingham and East Midlands	19:59	20:56	0:52:49	0:53:31	1:11:19	27
Roger Sewell	London and Home Counties	21:29	21:55	0:54:49	0:55:13	1:11:18	28
John J Murphy	West	22:47	23:25	1:00:44	1:00:54	1:10:09	29
Peter Horsnell	East Anglian	27:57	27:59	1:07:24	1:11:16	1:10:00	30

Past Champions

MEN'S BAR	1991	H Featherstone	1978	J B Byers	
1943	E H Strevens	1992	D Hacking	1979	P J Woodburn
1944	No winner	1993	P Crofts	1980	P J Woodburn
1945	J B Austin	1994	L Benton	1981	E C Holloway
1946	E W Miles	1995	J A Bailey	1982	J Dixon
1947	J B Austin	1996	J A Bailey	1983	P Spowage
1948	C Cole	1997	J Goodwin	1984	R Iddles
1949	C Cole	1998	O G Blower	1985	P J Woodburn
1950	C G Baxter	1999	B Haskell	1986	S Giles
1951	C Cole	2000	K Platts	1987	S Giles
1952	C Cole	2001	T W Coging	1988	P Bennett
1953	C Cole	2002	B Sunter	1989	E Adkins
1954	C Cole	2003	B Sunter	1990	S Giles
1955	C Cole	2004	I Cammish	1991	P J Woodburn
1956	T H Henderson	2005	M Shacklock	1992	D Hatton
1957	H Aspden	2006	M Shacklock	1993	T W Icke
1958	A C Harding	2007	K Platts	1994	G Nowland
1959	A C Harding	2008	K Platts	1995	G Nowland
1960	A C Harding	2009	J Gresty	1996	J Blacker
1961	A C Harding	2010	K Platts	1997	G Longland
1962	A C Harding	2011	K Platts	1998	G Platts
1963	A C Harding	2012	N Bowdler	1999	P Smith
1964	A C Harding	2013	K Platts	2000	I S Cammish
1965	R B Smith	2014	A Topham	2001	N Portess
1966	R Waters	2015	P Horsnell	2002	I S Cammish
1967	A C Harding	2016	R Bideau	2003	G Robinson
1968	R G H Deering			2004	I Cammish
1969	A C Harding	MEN'S BAR - ACTUAL		2005	N Skellem
1970	K J Brooker	1956	A C Harding	2006	N Skellem
1971	H G Shawyer	1957	A C Harding	2007	K Platts
1972	H H Hill	1958	A C Harding	2008	I Cammish
1973	H H Hill	1959	A C Harding	2009	N Bowdler
1974	C Holland	1960	A C Harding	2010	J Jenkinson
1975	C Holland	1961	A C Harding	2011	N Bowdler
1976	H G Shawyer	1962	A C Harding	2012	N Bowdler
1977	H H Hill	1963	R Murgatroyd	2013	J Dewhirst
1978	H H Hill	1964	A C Harding	2014	A Topham
1979	P J Woodburn	1965	J C Park	2015	A Topham
1980	P J Woodburn	1966	R Waters	2016	R Bideau
1981	D Kellaway	1967	E Grocock		
1982	A C Boutell	1968	N Carline		
1983	H H Hill	1969	N Carline		
1984	D Kellaway	1970	H Griffiths	1971	WOMEN'S BAR
1985	PJ Woodburn	1971	N Carline	1972	M Horsnell
1986	G A Poole	1972	N Carline	1973	W Maddock
1987	P J Woodburn	1973	N Carline	1974	I Southart
1988	P Bennett	1974	R W Buchan	1975	L Campbell
1989	P J Woodburn	1975	M McNamara	1976	E Brambleby
1990	H Featherstone	1976	M McNamara	1977	E Brambleby
		1977	J B Byers	1978	E Brambleby

2015 No Team Finished
2016 No Team Finished

BAR CLUB TEAM - WOMEN

1998 Airdale Olympic CC
1999 Airdale Olympic CC
2000-2005 No team finished
2006 Kingston Phoenix RC
2007 Kingston Phoenix RC
2008 Kingston Phoenix
2009 - 2011 No Team Finished
Discontinued

THREE DISTANCE - MEN

1995 J A Bailey
1996 J A Bailey
1997 B Haskell
1998 E P Marsh
1999 G Steers
2000 E P Marsh (T)
2001 D Hodgins
2002 G L Dawson (T)
2003 G L Dawson (T)
2004 J Goodwin
2005 J Goodwin
2006 R Hallam
2007 D Hodgins
2008 F Kerry
2009 F Kerry
2010 F Kerry
2011 R Hallam
2012 P Greenwood
2013 K Platts
2014 P Horsnell
2015 P Horsnell
2016 P Horsnell

THREE DISTANCE - AGGREGATE

1995 G Nowland
1996 S Giles
1997 G Longland
1998 G Platts
1999 P Smith
2000 I S Cammish
2001 I S Cammish
2002 I S Cammish
2003 I S Cammish
2004 I S Cammish
2005 I S Cammish
2006 I S Cammish
2007 P Holdsworth
2008 B Charlton
2009 N Bowdler
2010 J Jenkinson
2011 N Bowdler

2012 N Bowdler
2013 J Dewhirst
2014 A Topham
2015 A Topham
2016 R Bideau

THREE DISTANCE - WOMEN

1995 Mary Dawson
1996 Carole Gandy
1997 Carole Gandy
1998 Carole Gandy
1999 Carole Gandy
2000 Carole Gandy
2001 Carole Gandy
2002 Carole Gandy
2003 Mary Dawson
2004 Carole Gandy
2005 Carole Gandy
2006 A Scarsbrook
2007 A Scarsbrook
2008 A Scarsbrook
2009 Carole Gandy
2010 Carole Gandy
2011 Christine McLean
2012 Competition Discontinued

THREE DISTANCE - GROUP

1995 North Lancashire
1996 North Lancashire
1997 North Lancashire
1998 Nottingham & East Mids
1999 Nottingham & East Mids
2000 Nottingham & East Mids
2001 Nottingham & East Mids
2002 Nottingham & East Mids
2003 Yorkshire RC
2004 Nottingham & East Mids
2005 Nottingham & East Mids
2006 North Lancashire
2007 North Lancashire
2008 North Lancashire
2009 North Lancashire
2010 North Lincs and Lakes
2011 East Anglian
2012 East Anglian
2013 East Anglian
2014 East Anglian
2015 East Anglian
2016 East Anglian

THREE DISTANCE - CLUB

1995 Altrincham Ravens CC
1996 Altrincham Ravens CC
1997 Altrincham Ravens CC
1998 Altrincham Ravens CC

1999 Altrincham Ravens CC
2000 Rutland CC
2001 Tees-side RC
2002 Tees-side RC
2003 Tees-side RC
2004 Yorkshire RC
2005 Yorkshire RC
2006 Lancashire RC
2007 Yorkshire RC
2008 Yorkshire RC
2009 North Shropshire Wheelers
2010 Yorkshire RC
2011 Yorkshire RC
2012 Chelmer CC
2013 Chelmer CC
2014 Chelmer CC
2015 Chelmer CC
2016 Team Swift

THREE DISTANCE -

CLUB TEAMS - WOMEN

1995 Wolsey RC
1996 San Fairy Ann CC
1997 San Fairy Ann CC
1998 San Fairy Ann CC
1999 San Fairy Ann CC
2000 San Fairy Ann CC
2001 Lancaster CC
2002 San Fairy Ann CC
2003 Wolsey RC
2004-2005 No team finished
2006 Kingston Phoenix RC
2007 Kingston Phoenix RC
2008 Kingston Phoenix RC
2009 Nil
2010 Born to Bike
2011 Nil
2012 Competition Discontinued

SHORT DISTANCE COMPETITION

2013 T Icke
2014 T Icke
2015 R Hallam
2016 R Hallam

SHORT DISTANCE COMPETITION

TEAM

2013 South Pennine RC
2014 South Pennine RC
2015 South Pennine RC
2016 Cambridge CC

SHORT DISTANCE COMPETITION GROUP

2013 Notts and East Midlands
2014 Notts and East Midlands

1978	Cheshire Roads Club	1980	A L Wilkins	1981	Altrincham Ravens CC
1978	Glasgow Wheelers	1981	A L Wilkins	1982	Altrincham Ravens CC
1979	Luton Wheelers CC	1982	H H Hill	1983	Bramley Wheelers
1980	Oldham Century RC	1983	L Dexter	1984	Chelmer RC
1982	Calder Clarion C & A C	1984	G Ashley	1985	N Lancashire Clarion
1982	Derby Mercury RC	1985	L Dexter	1986	Willesden CC
1983	V C Slough	1986	J E Sibun	1987	Mapperley CC
1984	Vegetarian C & A C	1987	J Baines	1988	Norwich ABC
1985	Hillingdon CC	1988	P G Smith	1989	Birkenhead NE CC
1986	Mapperley CC	1989	J Brownhill	1990	Birkenhead CC
1987	Famborough & Camberley CC	1990	J Brownhill	1991	Altrincham Ravens CC
1988	Tees-side RC,	1991	D Longbottom	1992	Altrincham Ravens CC
1989	Tees-side RC	1992	A Smith	1993	Altrincham Ravens CC
1990	Tees-side RC	1993	V H Palk	1994	Sheffield Phoenix CC
1991	Altrincham Ravens CC	1994	D Hacking	1995	Altrincham Ravens CC
1992	Norwood Paragon CC	1995	B Haskell	1996	Altrincham Ravens CC
1993	Birkenhead N E CC	1996	K Biddulph	1997	Altrincham Ravens CC
1994	Altrincham Ravens CC	1997	R Longstaff	1998	Altrincham Ravens CC
1995	Altrincham Ravens CC	1998	J Goodwin	1999	Altrincham Ravens CC
1996	Lindsey Roads CC	1999	G Steers	2000	Glasgow Wheelers
1997	Altrincham Ravens CC	2000	G L Dawson (T)	2001	Birkenhead NE CC
1998	Altrincham Ravens CC	2001	D Hodgins	2002	Otley CC
1999	Altrincham Ravens CC	2002	G L Dawson (T)	2003	Huddersfield RC
2000	Altrincham Ravens CC	2003	B Haskell	2004	Huddersfield RC
2001	Ciclos Uno	2004	G L Dawson (T)	2005	Huddersfield RC
2002	PCA Ciclos Uno	2005	E P Marsh	2006	Sheffield Phoenix
2003	Team Clean	2006	J Goodwin	2007	South Pennine RC
2004	Huddersfield RC	2007	R Hallam	2008	M I Racing
2005	Huddersfield RC	2008	E Marsh	2009	Icknield RC
2006	Stourbridge CC	2009	J Woodburn	2010	North Shropshire Wheelers
2007	M I Racing	2010	D Hodgins	2011	Icknield RC
2008	M I Racing	2011	P Crofts	2012	Seamons CC
2009	South Pennine RC	2012	R Pears	2013	Team Swift
2010	South Pennine RC	2013	R Pears	2014	Lewes Wanderers
2011	PCA Ciclos Uno	2014	M Woods	2015	Hounslow & District Wheelers
2012	Dateam Allstars	2015	B Sunter	2016	Kent
2013	Kingston Wheelers CC	2016	K Tye		
2014	Chelmer CC				
2015	Bynea CC				
2016	Yorkshire				

30 MILES CHAMPIONS

1967	T McGuiness	1967
1968	J E Brownhill	1968
1969	A L Wilkins	1969
1970	C Cole	1970
1971	A L Wilkins	1971
1972	C W Hill	1972
1973	B W Bentley	1973
1974	B W Bentley	1974
1975	H H Hill	1975
1976	E Davie	1976
1977	C Holland	1977
1978	A L Wilkins	1978
1979	J Baines	1979

30 MILES TEAM CHAMPIONS

1967	Regent CC	1967
1968	Yorkshire RC	1968
1969	Luton Wheelers CC	1969
1970	Luton Wheelers CC	1970
1971	Calder Clarion C & AC	1971
1972	Verulam CC	1972
1973	Merseyside VTTA	1973
1974	Verulam CC	1974
1975	Clayton Velo	1975
1976	Regent CC	1976
1977	Luton Wheelers CC	1977
1978	Hounslow & Dist Wheelers	1978
1979	Leicestershire Road Club	1979
1980	Norwich ABC	1980

50 MILES CHAMPIONS

1959	J E Brownhill	1959
1960	T Crowther	1960
1961	S Parker	1961
1962	C Cole	1962
1963	J E Brownhill	1963
1964	J W Brooke	1964
1965	A Williams	1965
1966	A L Wilkins	1966
1967	C Cole	1967
1968	C Cole	1968
1969	C Cole	1969
1970	C Cole	1970
1971	A L Wilkins	1971
1972	H H Hill	1972
1973	B W Bentley	1973
1974	B W Bentley	1974
1975	H H Hill	1975

Past Winners of the Ted Bricknell Memorial Award

1973	A Burnet	1988	J Reaney	2003	K A Blowe
1974	W S Lewis	1989	J L Armstrong	2004	G Jones
1975	S E Hayward	1990	R Yates	2005	D Humphreys
1976	R H Clark	1991	A Williams	2006	G Newsome
1977	H A G Keates	1992	G W Morgan	2007	L Lowe
1978	F Wells	1993	Doreen Mahar	2008	T Kay
1979	W Massie	1994	K Waterhouse	2009	Gordon and Barbara Scott
1980	J Walton	1995	F H Dale	2010	R May
1981	R Webber	1996	R Blythe	2011	S Lockwood
1982	B Hall	1997	H F Nevill	2012	J Burgin
1983	H F Nevill	1998	J P Ogden	2013	Ann Butterworth
1984	H A G Keates	1999	Ethel Brambleby	2014	J Burgin
1985	S Eccles	2000	K J Matthews	2015	J Golder
1986	F Howell	2001	I Morgan	2016	J Burgin
1987	J L Armstrong	2002	G Keeble		

Past Winners of the C W Cooke Trophy

1943	W C S Harris	1968	J C Park	1993	W Clayton
1944	C Cole	1969	J McRae	1994	G Foulds
1945	C W Cooke	1970	L W Miles	1995	G Steers
1946	E H Strevens	1971	F B Wood	1996	G Steers
1947	F C Bause	1972	R Smith	1997	E P Marsh
1948	W J Pett	1973	D Haldane	1998	J Brownhill
1949	J E Ackland	1974	J Hurley	1999	J Pugh
1950	W J Pett	1975	Ethel Brambleby	2000	G L Dawson
1951	A H Wenman	1976	I Jones	2001	D J Hodgins
1952	W H Steer	1977	R Packer	2002	W Davidson
1953	W W Brown	1978	S J King	2003	P Holden
1954	G E Saunders	1979	A Boutell	2004	Carole Gandy
1955	R H Harris	1980	J H Trenowden	2005	D Keene
1956	E Potter	1981	H Marsh	2006	G Steers
1957	E F Butt	1982	J E Sibun	2007	E Deane
1958	C A Lovegrove	1983	P Reilly	2008	D Milsom
1959	C W Alexander	1984	J Read	2009	G Steers
1960	C E Green	1985	G A Goat	2010	P Horsnell
1961	J Brinkins	1986	R O'Dell	2011	A Wilkinson
1962	J W Brooke	1987	T E Forbes	2012	K Platts
1963	J Spencer	1988	J E Sibun	2013	P Yates
1964	R H Clarke	1989	H Wilkinson	2014	M Cotgreave
1965	W Gallagher	1990	W H Swann	2015	J Golder
1966	No claims received	1991	D E Cotterell	2016	Lynne Biddulph
1967	J A Shuter	1992	C Richards		

RECORDS

Men Solo Bicycle - 10 Miles

45	Steve Irwin	2016	17:49
48	Jon Surtees	2015	18:38
49	Ian Guilor	2016	18:35
51	Rob Pears	2014	18:49
53	Michael Ellerton	2014	19:00
58	Roger Iddles	2002	19:31
60	Peter Greenwood	2012	19:49
65	Roger Iddles	2009	19:51
66	Terry Icke	2010	20:23
68	Michael Allen	2015	20:33
73	Brian Sunter	2016	20:44
74	Len Grayson	2011	22:12
75	Len Grayson	2012	22:20
76	Vincent Jenkins	2016	22:26
77	Frank Kerry	2012	22:31
78	Derek Stewart	2015	22:35
79	R E Hallam	2009	22:42
80	Dennis Milsom	2008	22:56
82	Dennis Milsom	2010	23:20
83	Dennis Milsom	2011	23:50
84	Eric Marsh	2014	24:11
86	Ron Hallam	2016	24:24
88	Ray Dare	2014	27:57
91	J Brownhill	2003	29:43

Men Solo Bicycle - 15 Miles

52	Robbie Krygsman	2014	30:21
53	Kevin Tye	2015	31:54
63	Michael Allen	2016	32:03
67	Anthony Keyworth	2014	34:22
71	Graham Green	2014	34:35
73	Graham Green	2016	35:42
75	Ron Back	2014	36:13
78	John Smith	2016	36:23
79	Allen Armstrong	2016	42:25
83	Norman Harvey	2016	43:08
85	Ron Hallam	2016	44:04

Men Solo Bicycle - 25 Miles

45	Steve Irwin	2016	47:01
51	Rob Pears	2014	48:14
53	Rob Pears	2016	48:42
54	Michael Ellerton	2015	49:18
60	Ken Platts	2012	49:57
61	Roger Iddles	2005	50:36
62	Ken Platts	2014	51:06
63	Peter Greenwood	2015	51:18
65	Roger Iddles	2009	51:52
68	Terry Icke	2012	52:14
69	Terry Icke	2013	52:38
70	Terry Icke	2014	53:11

Men Solo Bicycle - 25 Miles (continued)

72	Terry Icke	2016	54:08
73	Brian Sunter	2016	54:36
75	John Woodburn	2012	56:08
77	Ron Hallam	2008	57:48
78	R E Hallam	2009	57:58
81	Dennis Milsom	2009	59:13
82	Dennis Milsom	2010	1:00:38
83	Dennis Milsom	2011	1:00:52
85	Eric Marsh	2015	1:03:02
86	Ron Hallam	2016	1:04:03
87	Ray Dare	2013	1:08:21
88	Ray Dare	2014	1:12:26

Men Solo Bicycle - 30 Miles

44	Steve Irwin	2015	57:46
49	Rob Pears	2012	58:36
52	Rob Pears	2015	59:09
55	Ian Cammish	2011	1:00:39
56	Roger Iddles	2000	1:01:00
63	Ken Platts	2015	1:02:21
65	John Woodburn	2002	1:02:53
69	John Woodburn	2006	1:05:30
72	John Woodburn	2009	1:07:36
74	Peter Crofts	2012	1:08:37
77	Leonard Benton	2015	1:10:06
78	Ron Hallam	2009	1:11:42
79	Ron Hallam	2010	1:13:18
83	Eric Marsh	2013	1:13:51
85	Eric Marsh	2015	1:16:05
86	George Steers	2009	1:29:45

Men Solo Bicycle - 50 Miles

45	Steve Irwin	2016	1:35:13
47	Adam Topham	2015	1:38:10
51	I S Cammish	2008	1:40:26
53	Kevin Tye	2015	1:40:57
56	Ken Platts	2008	1:42:36
58	Roger Iddles	2002	1:45:32
60	Peter Greenwood	2012	1:45:36
65	John Woodburn	2002	1:47:40
68	Terry Icke	2012	1:50:29
70	Terry Icke	2014	1:50:56
72	Brian Sunter	2015	1:50:57
73	Brian Sunter	2016	1:56:45
74	Derek Hodgins	2008	1:58:28
75	Jim Goodwin	2007	2:01:43
76	Ron Hallam	2006	2:02:13
78	Ron Hallam	2009	2:04:02
80	Ron Hallam	2011	2:05:24
83	Ron Hallam	2014	2:15:12

Men Solo Bicycle - 50 Miles (continued)

85	Peter Horsnell	2015	2:16:55
87	Ray Dare	2013	2:23:59
88	Ray Dare	2014	2:52:01

Men Solo Bicycle - 100 Miles

45	Richard Bideau	2016	3:22:16
47	Adam Topham	2015	3:22:40
49	Jon Wynn	2016	3:32:50
52	Dave Green	2016	3:37:01
60	Brian Sunter	2003	3:39:03
62	Ken Platts	2014	3:47:39
64	Jim Gresty	2009	3:52:03
69	Rod Brooks	2014	3:59:05
74	Frank Kerry	2009	4:09:52
75	Derek Hodgins	2009	4:14:11
76	Derek Hodgins	2010	4:28:36
77	Ron Hallam	2008	4:29:03
78	Ron Hallam	2009	4:32:39
80	Ron Hallam	2011	4:33:53
81	Peter Horsnell	2011	4:55:07
84	Peter Horsnell	2014	4:55:36
85	Peter Horsnell	2015	5:09:35
86	Peter Horsnell	2016	5:12:31

Men Solo Bicycle - 12 Hours

47	Adam Topham	2015	313.870
52	David Shepherd	2013	288.487
54	David Shepherd	2015	284.810
55	Ken Platts	2007	283.103
58	Ken Platts	2010	280.673
61	Ken Platts	2013	275.060
65	Brian Camfield	2013	264.570
66	Owen Blower	1998	260.263
67	Brian Haskell	1996	254.210
70	Brian Haskell	1999	247.960
71	Brian Haskell	2000	238.265
72	Len Dexter	1985	230.353
74	Brian Haskell	2003	227.840
75	Jim Goodwin	2007	227.220
76	Peter Wilson	2010	218.300
77	Peter Horsnell	2007	217.816
81	Peter Horsnell	2011	212.960
85	Peter Horsnell	2015	207.370

Men Solo Bicycle - 24 Hours

47	Andy Wilkinson	2011	541.170
48	E Deane	2007	501.040
50	M W Potts	1991	486.650
51	G C Smith	1985	473.500
56	G S Barker	2006	465.253
57	R Newell	1993	457.770
60	C Smith	1981	450.600

Men Solo Bicycle - 24 Hours (continued)

68	Ray Retter	2014	440.620
70	G A Foulkes	1996	393.250
75	W H Swann	1985	347.820
80	Peter Yates	2013	343.040

Men Solo Tricycle - 10 Miles

42	Carl Saint	2009	21:08
45	Carl Saint	1900	21:38
46	D Keene	2005	21:44
48	D Keene	2008	21:53
60	Eric Marsh	1990	22:27
68	Eric Marsh	1998	22:56
73	George Dawson	1999	23:31
74	George Dawson	2000	24:37
77	George Dawson	2003	25:20
80	Eric Marsh	2010	25:35
81	George Dawson	2008	26:55
82	George Dawson	2008	27:23
83	George Dawson	2009	28:04
84	George Dawson	2010	29:03
85	Eric Marsh	2015	29:14
86	George Dawson	2012	30:05
88	George Dawson	2014	30:22

Men's Solo Tricycle - 15 Miles

63	Mark Vowells	2016	39:31
72	Bernard Lamb	2015	41:15
88	George Dawson	2014	47:22

Men Solo Tricycle - 25 Miles

42	B Charlton	2008	55:02
47	D Keene	2006	55:19
48	D Keene	2007	55:44
53	N Wood	2008	58:06
59	Eric Marsh	1989	58:08
68	Eric Marsh	1998	1:00:00
69	Eric Marsh	1999	1:00:55
71	Eric Marsh	2001	1:01:03
74	Eric Marsh	2004	1:02:48
75	George Dawson	2001	1:03:48
77	George Dawson	2003	1:05:55
80	Eric Marsh	2010	1:06:24
81	George Dawson	2007	1:09:22
82	Eric Marsh	2012	1:11:48
85	George Dawson	2011	1:15:14
86	George Dawson	2012	1:20:02
87	George Lawson	2013	1:25:13

Men Solo Tricycle - 30 Miles

45	Carl Saint	2010	1:06:22
62	Eric Marsh	1992	1:11:14

Men Solo Tricycle - 30 Miles (continued)

71	Eric Marsh	2001	1:13:40
72	Bernard Lamb	2015	1:17:16
75	Eric Marsh	2005	1:19:26
77	George Dawson	2004	1:23:52
81	George Dawson	2007	1:25:09
82	George Dawson	2008	1:31:03
84	George Dawson	2010	1:32:35

Men Solo Tricycle - 50 Miles

44	C Saint	2009	1:54:43
47	D Keene	2006	1:55:23
49	D Keene	2008	2:00:23
53	P C Etheridge	1982	2:03:48
54	P C Etheridge	1983	2:04:43
62	Eric Marsh	1992	2:05:09
64	Eric Marsh	1994	2:07:27
68	Eric Marsh	1998	2:07:51
70	Eric Marsh	2000	2:09:53
73	Eric Marsh	2003	2:10:18
76	George Dawson	2002	2:12:14
77	George Dawson	2003	2:15:51
79	George Dawson	2005	2:22:34
80	George Dawson	2006	2:26:27
81	George Dawson	2007	2:26:38
82	George Dawson	2008	2:31:53

Men Solo Tricycle - 100 Miles

47	D Keene	2006	4:00:01
48	D Keene	2007	4:08:04
55	P C Etheridge	1984	4:16:34
58	Eric Marsh	1988	4:28:34
61	C Tremaine	1996	4:37:36
62	Ken Usher	1997	4:38:13
64	C Tremaine	1999	4:39:38
67	C Tremaine	2002	4:40:49
68	Eric Marsh	1998	4:40:53
69	C Tremaine	2004	4:49:17
77	George Dawson	2003	4:49:47

Men Solo Tricycle - 12 Hours

48	Howard Waller	2012	255.709
65	Ken Usher	1999	239.230
67	C Tremaine	2002	223.300
69	D A Wright	1999	191.347
70	E B Smith	1993	189.964
71	J Smith	1985	182.607
75	E B Smith	1998	172.330
76	V L Lilley	1988	171.193

Men Solo Tricycle - 24 Hours

41	E Tremaine	1983	447.020
54	J W Hopper	1996	417.300
59	J W Hopper	2001	408.560

Men Solo Tricycle - 24 Hours (continued)

64	J W Hopper	2006	393.240
65	Ken Usher	1999	381.770
68	J Smith	1982	345.557

Women Solo Bicycle - 10 Miles

43	Karen Ledger	2016	20:27
50	Bronwen Ewing	2016	20:34
52	Chris Melia	2016	21:24
61	Carole Gandy	2005	22:09
66	Carole Gandy	2010	22:21
67	Carole Gandy	2011	22:28
68	Carole Gandy	2012	23:51
70	Mary Dawson	1998	24:26
71	Cheryl Trueman	2016	25:07
74	Gill Henshaw	2008	25:41
79	Gill Henshaw	2013	26:02
80	Gill Henshaw	2014	26:35
82	Gill Henshaw	2016	27:05
83	Mary Dawson	2011	29:19
84	Mary Dawson	2012	29:39
85	Connie Tapper	2014	30:09
86	Mary Dawson	2014	30:26

Women Solo Bicycle - 15 Miles

48	Alex Deck	2016	28:58
51	Tracy Rowlinson	2016	36:11
56	Helen Bailey	2016	36:41
67	Gillian Reynolds	2016	38:05
71	Cheryl Trueman	2016	39:25
69	Cheryl Trueman	2014	40:48
79	Gill Henshaw	2013	41:28
80	Gill Henshaw	2014	42:10
81	Gill Henshaw	2015	42:58
85	Mary Dawson	2014	46:26

Women Solo Bicycle - 25 Miles

41	Julia Shaw	2006	53:36
43	Karen Ledger	2016	53:56
48	Helen Reynolds	2014	54:49
52	Chris Melia	2016	55:11
55	Carole Gandy	1999	56:24
64	Carole Gandy	2009	56:30
68	Carole Gandy	2012	57:09
70	Constance Tapper	1999	1:03:38
72	Constance Tapper	2001	1:04:56
73	Constance Tapper	2002	1:06:50
78	Gill Henshaw	2012	1:07:54
79	Gill Henshaw	2013	1:10:11
82	Gill Henshaw	2016	1:12:40
84	Mary Dawson	2012	1:20:02
86	Mary Dawson	2014	1:25:05

Women Solo Bicycle - 30 Miles

40	Julia Shaw	2006	1:05:40
41	Lynne Taylor	2010	1:08:17
47	Carole Gandy	1991	1:08:59
48	Christine McLean	2009	1:10:50
67	Carole Gandy	2011	1:10:51
70	Constance Tapper	1998	1:18:18
72	Constance Tapper	2001	1:19:57
73	Constance Tapper	2002	1:21:40
74	Constance Tapper	2003	1:25:18
80	Gill Henshaw	2014	1:26:01
82	Mary Dawson	2010	1:35:56
53	Carole Gandy	1997	1:53:55
58	Carole Gandy	2002	1:56:42
60	Carole Gandy	2004	1:59:47
61	Mary Dawson	1989	2:01:37
68	Carole Gandy	2012	2:01:39
70	Mary Dawson	1999	2:19:26
75	Mary Dawson	2003	2:20:39
76	Mary Dawson	2005	2:30:02
77	Mary Dawson	2005	2:30:09
78	Mary Dawson	2007	2:31:53

Women Solo Bicycle - 100 Miles

50	Bronwen Ewing	2016	3:59:33
52	Carole Gandy	1996	4:01:54
54	Carole Gandy	1998	4:09:48
56	Carole Gandy	2001	4:11:58
57	Carole Gandy	2002	4:13:52
60	Carole Gandy	2004	4:15:03
61	Mary Dawson	1990	4:15:25
66	Carole Gandy	2010	4:20:26
67	Mary Dawson	1995	4:45:15
69	Isobel Campbell	1983	4:56:46
75	Mary Dawson	2003	4:58:31
77	Brenda Littlefair	2013	6:01:59

Women Solo Bicycle - 12 Hours

50	Bronwen Ewing	2016	270.911
59	Mary Dawson	1988	241.108
65	Mary Dawson	1994	232.533
69	Isobel Campbell	1983	213.709
70	Isobel Campbell	1984	212.854
71	Brenda Littlefair	2007	203.600
73	Brenda Littlefair	2009	195.290
77	Brenda Littlefair	2013	179.660

Women Solo Bicycle - 24 Hours

46	Sheila Simpson	1991	426.180
47	Lynne Biddulph	2016	418.070
50	Kathryn Smith	2004	395.555
52	Mary Horsnell	1983	394.150
59	Janet Wilson	1993	386.040
63	Ann Bath	2012	327.360
70	Janet Tebbutt	2006	313.459

Women Solo Tricycle - 10 Miles

48	Pauline Graystock	1989	26.48
59	Christine Minto	2000	27.09
61	Christine Minto	2002	27.58
62	Christine Minto	2003	30.53
64	Jacqueline Davey	1998	34.02
71	Jacqueline Davey	2005	36.46

Women Solo Tricycle - 25 Miles

61	Christine Minto	2002	1:12:21
62	Christine Minto	2003	1:20:08

Women Solo Tricycle - 50 Miles

58	Christine Minto	1999	2:26:28
61	Christine Minto	2002	2:34:16

Women Solo Tricycle - 100 Miles

59	Christine Minto	2000	5:30:28
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Women Solo Tricycle - 12 Hours

46	Jane Swain	2013	188:120
54	Sian Charlton	1987	171.577

Women Solo Tricycle - 24 Hours

45	Jane Swain	2012	333.628
54	Sian Charlton	1987	316.270
55	Sian Charlton	1988	309.600
56	Sian Charlton	1989	297.650
61	Sian Charlton	1994	282.993

Men Tandem Bicycle - 10 Miles

Combined			
Age			
87	Mark Arnold & Glen Taylor	2015	17:36
89	Mark Arnold & Glen Taylor	2016	17:42
107	Martyn Winter & Eddie Green	1987	19:07
109	Martyn Winter & Eddie Green	1988	19:08
117	R Manser & L Broad	1993	19:44
129	Shaun Walsh & Dave Driver	2010	19:45
131	Jeff Bowler & Dave Bates	2012	20:39
135	Jeff Bowler & Dave Bates	2014	20:42
139	Dave Bates & Jeff Bowler	2016	21:20
150	G Steers & A Steward	2009	21:56
156	V Fitzgerald & J Brownhill	1997	25:12
158	V Fitzgerald & J Brownhill	1998	25:14

Men Tandem Bicycle - 15 Miles

90	Mark Arnold & Glenn Taylor	2016	26:53
101	Ian Marshall & Kevin Stokes	2016	29:37

Men Tandem Bicycle - 25 Miles

90	Mark Arnold & Glenn Taylor	2016	45:50
98	Chris Goode & Andy Fisher	2013	49:26
102	Kevin Stokes & Geoff Perry	2012	49:37
127	Jeff Bowler & Dave Bates	2010	51:00
131	Jeff Bowler & Dave Bates	2012	53:12
135	Jeff Bowler & Dave Bates	2014	53:17

Men Tandem Bicycle - 25 Miles

139	Dave Bates & Jeff Bowler	2016	54:07
140	E Wells & A M Fielding	1995	59:25
143	K Williams & D Jones	2006	1:00:58
144	K Hartley & R Bailey	1990	1:01:12
147	K Williams & D Jones	2008	1:02:18
151	Murray Kirton & Michael Ives	2016	1:03:27
152	Murray Kirton & Michael Ives	2016	1:04:18
154	A Thackray & B R Musson	2008	1:07:29

Men Tandem Bicycle - 30 Miles

113	R Manser & L Broad	1991	58:48
126	Kevin Gill & Vic Haines	2011	1:02:50
131	J A Bailey & F G Hick	1997	1:03:17
137	M W Winter & R Dare	1998	1:06:53
140	E Wells & A M Fielding	1995	1:15:16
141	T Anderson & T J O'Herlihy	2008	1:10:32
152	A Thackray & B R Musson	2007	1:20:20
154	A Thackray & B R Musson	2008	1:21:42

Men Tandem Bicycle - 50 Miles

88	G Empson & G Taylor	2012	1:36:27
115	J Bowler & D Bates	2004	1:44:23
127	J Bowler & D Bates	2010	1:45:50
128	A Banks & John Swanbury	2015	1:54:28
139	Daves Bates & Jeff Bowler	2016	1:54:35
143	K Hartley & R Bailey	1990	2:08:51
144	F J Summerlin & R V Elliott	2003	2:16:56

Men Tandem Bicycle - 100 Miles

95	R Manser & G Hodgson	1986	3:37:40
105	R W Smith & G W Irons	1986	3:49:57
127	J Bowler & D Bates	2010	3:50:04

Men Tandem Bicycle - 100 Miles (continued)

130	R Murgatroyd & R Newell	1994	4:04:02
141	K Hartley & R Bailey	1989	4:22:14

Men Tandem Bicycle - 24 Hours

105	Mark Leadbetter & Donald McLean	2016	407.560
146	Philip Jurczyk & George Berwick	2016	332.230

Men Tandem Tricycle - 10 Miles

87	D Keene & B Charlton	2006	20:00
89	R Dadswell & D Johnson	2006	20:32
90	R Dadswell & D Johnson	2006	21:05
98	T Heron & T Graystock	1989	21:14
111	B J Lamb & L Colella	1991	22:22
134	P Hopkins & C Bunnett	2011	23:31
145	J Nicholson & V Fitzgerald	2005	25:29
146	J Nicholson & V Fitzgerald	2005	25:55
149	G L Dawson & P Hopkins	2010	26:39
157	E B Smith & V Fitzgerald	2003	32:15

Men Tandem Tricycle - 25 Miles

87	D Keene & B Charlton	2006	50:13
90	R Dadswell & D Johnson	2006	51:29
92	R Dadswell & D Johnson	2007	53:27
104	A Jones & G Jenkins	1998	57:57
115	B J Lamb & L Colella	1993	58:28
118	W Finch & J Powell	1994	1:03:11
119	B J Lamb & L Colella	1995	1:03:41
136	P Hopkins & C Bunnett	2012	1:04:12
137	E B Smith & J Nicholson	1999	1:07:46
138	E B Smith & J Nicholson	2000	1:09:01
139	E B Smith & J Nicholson	2000	1:09:40
140	E B Smith & J Nicholson	2001	1:10:05
144	E B Smith & J Nicholson	2003	1:11:18
148	E B Smith & W Fullwood	1993	1:19:24

Men Tandem Tricycle - 30 Miles

87	D Keene & B Charlton	2006	1:02:42
109	B J Lamb & L Colella	1990	1:11:44
134	P Hopkins & C Bunnett	2011	1:13:39
138	E B Smith & J Nicholson	2000	1:23:18
144	E B Smith & J Nicholson	2003	1:28:08

Men Tandem Tricycle - 50 Miles

89	D Keene & B Charlton	2007	1:43:48
94	C Knapp & J Carr	2003	1:57:42
103	A Jones & G Jenkins	1998	2:02:10
136	P Hopkins & C Bunnett	2012	2:05:25
142	E B Smith & J Nicholson	2002	2:30:10

Men Tandem Tricycle - 100 Miles

83	R Dadswell & T Dadswell	2008	4:22:01
99	L E Lowe & W J Ithell	1965	4:25:13
106	L E Lowe & W J Ithell	1988	4:32:25
128	E B Smith & J Nicholson	1995	4:56:53
131	E B Smith & J Nicholson	1996	5:01:13
136	E B Smith & J Nicholson	1999	5.05.03

Men Tandem Tricycle - 12 Hours

99	L E Lowe & W J Ithell	1985	237.714
133	E B Smith & J Nicholson	1997	205.316

Men Tandem Tricycle - 24 Hours

87	R Dadswell & D Johnson	2005	466.723
97	L E Lowe & J W Hopper	1985	419.150
109	P Holland & B Richards	1998	390.840

Women Tandem Tricycle - 10 Miles

134	Greta Spiers & Gwyneth Holland	2006	39:22
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Women Tandem Tricycle - 50 Miles

90	Lindsay Clayton & Jane Swain	2013	2:32:11
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Women Tandem Tricycle - 24 Hours

91	Arabella Maude & Jane Swain	2013	349.600
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Women Tandem Bicycle - 10 Miles

82	Gwen Cook & Lea Marshall	2010	20:33
84	Gwen Cook & Lea Marshall	2011	21:43

Women Tandem Bicycle - 25 Miles

82	Gwen Cook & Lea Marshall	2010	51:33
84	Gwen Cook & Lea Marshall	2011	57:08

Women Tandem Bicycle - 30 Miles

82	Gwen Cook & Lea Marshall	2010	1:15:59
84	Gwen Cook & Lea Marshall	2011	1:06:26

Women Tandem Bicycle - 50 Miles

82	Gwen Cook & Lea Marshall	2010	1:53:06
84	Gwen Cook & Lea Marshall	2011	1:56:09
90	Lindsay Clayton & Jane Swain	2013	2:32:11

Women Tandem Bicycle - 100 Miles

84	Gwen Cook & Lea Marshall	2011	4:04:15
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Women Tandem Bicycle - 12 Hours

95	Rachel Crowther & Christine Bell	2016	187.02
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Mixed Tandem Bicycle - 10 Miles

90	Alex Deck & Richard Dixon	2016	19:05
91	A Fisher & Ruth Shorter	2008	19:27
94	A Fisher & Ruth Crossley	2009	19:40
95	A Fisher & Ruth Crossley	2010	19:44
99	A Fisher & Ruth Crossley	2012	20:05
116	P A Bennett & Nikki Hunt	2000	20:24
119	A E Bouchard & Rina Brown	1991	21:19
127	T N Anderson & Constance Tapper	1998	21:28
132	W B Chapman & Wynne Clarke	1987	21:46
140	G L Dawson & Mary Dawson	1997	21:54
144	G L Dawson & Mary Dawson	1999	22:10
146	W P Wilson & Janet Wilson	2007	23:00
150	G L Dawson & Mary Dawson	2003	23:03
152	G L Dawson & Mary Dawson	2003	23:12
154	G L Dawson & Mary Dawson	2005	23:55
158	V Fitzgerald & Wynne Clarke	2002	26:44

Mixed Tandem Bicycle - 15 Miles

90	Richard Dixon & Alex Deck	2016	28:58
104	Edric Hobbs & Caroline Hobbs	2016	37:40
150	M Penrice & Barbara Penrice	2016	38:17

Mixed Tandem Bicycle - 25 Miles

84	A Roberts & Christine Roberts	1999	49:50
93	A Fisher & Ruth Shorter	2009	51:15
95	A Fisher & Ruth Crossley	2010	51:18
113	P A Bennett & Nikki Hunt	1999	51:50
115	M M Jones & Christine Minto	1997	53:09
118	P A Bennett & Nikki Hunt	2001	54:24
119	J Bowler & Anne Staley	2007	53:11
138	T N Anderson & Constance Tapper	2004	55:29

Mixed Tandem Bicycle - 25 Miles (continued)

139	G L Dawson & Mary Dawson	1997	1:00:15
149	G L Dawson & Mary Dawson	2002	1:00:31
152	G L Dawson & Mary Dawson	2003	1:05:32
156	G L Dawson & Mary Dawson	2005	1:07:57

Mixed Tandem Bicycle - 30 Miles

93	A Fisher & Ruth	2009	1:02:04
115	M M Jones & Christine Minto	1997	1:03:13
117	M M Jones & Christine Minto	1998	1:05:27
119	A E Bouchard & Rina Brown	1991	1:05:48
130	T N Anderson & Constance Tapper	2000	1:06:34
132	T N Anderson & Constance Tapper	2001	1:09:24
138	T N Anderson & Constance Tapper	2004	1:10:23
139	G L Dawson & Mary Dawson	1997	1:13:40
149	M Penrice & Barbara Penrice	2015	1:15:45
150	G L Dawson & Mary Dawson	2003	1:19:05

Mixed Tandem Bicycle - 50 Miles

93	A Fisher & Ruth Crossley	2009	1:44:53
95	A Fisher & Ruth Crossley	2010	1:45:01
113	P A Bennett & Nikki Hunt	1999	1:47:03
115	M M Jones & Christine Minto	1997	1:55:53
116	M Penrice & Barbara Penrice	1999	1:56:15
120	N Powell & Sylvia Powell	1999	1:59:04
138	W P Wilson & Janet Wilson	2003	2:01:01
139	T N Anderson & Connie Tapper	2004	2:03:16
146	W P Wilson & Janet Wilson	2007	2:09:06
148	W P Wilson & Janet Wilson	2008	2:15:54
149	Mike Penrice & Barbara Penrice	2015	2:22:25

Mixed Tandem Bicycle - 100 Miles

94	C Knapp & Ruth Crossley	2009	3:45:03
98	P Holdsworth & Jill Bartlett	2011	3:56:49
102	J Churton & Rose Almond	2003	3:57:12
114	R Newell & Noreen Newell	1992	3:59:40
116	R Newell & Noreen Newell	1993	4:05:23
118	N Powell & Sylvia Powell	1998	4:22:16
120	N Powell & Sylvia Powell	1999	4:23:10
128	N Powell & Sylvia Powell	2003	4:23:21
138	W P Wilson & Janet Wilson	2003	4:29:12
142	W P Wilson & Janet Wilson	2005	4:39:09
146	W P Wilson & Janet Wilson	2007	4:41:55

Mixed Tandem Bicycle - 12 Hours

90	D Brabbin & Eileen Brabbin	2002	263.910
116	R Newell & Noreen Newell	1993	257.938

Mixed Tandem Bicycle - 12 Hours (continued)

122	N Powell & Sylvia Powell	2000	241.930
125	M Penrice & Barbara Penrice	2003	225.340
137	M Penrice & Barbara Penrice	2009	219.930

Mixed Tandem Bicycle - 24 Hours

93	C Knapp & Ruth Crossley	2009	403.520
99	S Hall & Mary Corbett	2013	369.474
116	N Harvey & Mary Corbett	2003	366.922

Mixed Tandem Tricycle - 10 Miles

91	C Saint & Ruth Crossley	2010	20:10
93	G Knapp & Ruth Shorter	2008	21:41
94	C Knapp & Ruth Shorter	2009	21:42
118	D Keene & Eileen Keene	2009	21:52
119	D Keene & Eileen Keene	2009	22:29
120	L E Lowe & Greta Spiers	1994	27:39
137	E B Smith & Christine Minto	2001	28:09
138	M Smith & Cheryl Trueman	2013	31:28
148	D H Simpkin & Elizabeth Simpkin	1999	35:02

Mixed Tandem Tricycle - 25 Miles

92	C Saint & Ruth Crossley	2010	53:36
94	C Knapp & Ruth Crossley	2009	55:45
95	C Knapp & Ruth Crossley	2009	56:34
118	D Keene & Eileen Keene	2009	58:34
120	L E Lowe & Greta Spiers	1994	1:13:04
123	L E Lowe & Greta Spiers	1996	1:14:12
127	L E Lowe & Greta Spiers	1998	1:16:37
132	M Smith & Cheryl Trueman	2010	1:22:10
136	L E Lowe & Greta Spiers	2002	1:30:12

Mixed Tandem Tricycle - 30 Miles

92	C Saint & Ruth Crossley	2010	1:07:00
95	C Knapp & Ruth Crossley	2009	1:07:33
96	C Knapp & Ruth Crossley	2010	1:13:53
106	C G Willmets & Christine Willmets	2007	1:17:24
132	P Hopkins & Nikki Hunt	2011	1:25:18

Mixed Tandem Tricycle - 50 Miles

94	C Knapp & Ruth Shorter	2009	1:59:09
96	C Knapp & Ruth Crossley	2010	2:09:47
97	C G Willmets & Christine Willmets	2003	2:16:57

Mixed Tandem Tricycle - 50 Miles (continued)

103	C G Willmets & Christine Willmets	2006	2:19:28
105	C G Willmets & Christine Willmets	2007	2:21:41
118	L E Lowe & Greta Spiers	1993	2:33:45
124	L E Lowe & Greta Spiers	1996	2:34:15

Mixed Tandem Tricycle - 12 Hours

104	J Staines & Vera Staines	1996	209.939
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Mixed Tandem Tricycle - 24 Hours

91	Arabella Maud & Jane Swain	2013	349.600
101	Jane Moore & Mark Brooking	2015	347.950
103	Jane Moore & Mark Brooking	2016	215.22

TRACK RECORDS**Men Indoor - Solo Bicycle****5 Miles**

48	Steve McCaw	2011	10:39.970
64	Robert Gilmour	2015	10:44.496
65	Derek Hodgins	1999	11:13.900
68	B Newton	2007	11:26.820
70	Mike Cotgreave	2014	11:46.980
75	T Fenwick	2005	12:32.450
80	H H Hill	1996	12:43.758

10 Miles

48	Steve McCaw	2011	21:25.090
64	Robert Gilmour	2015	21:33.620
65	Derek Hodgins	1999	22:35.845
68	B Newton	2007	22:43.580
70	Mike Cotgreave	2014	23:30.000
75	T Fenwick	2005	24:56.450
80	H H Hill	1996	25:25.808

15 Miles

64	Robert Gilmour	2015	32:34.690
70	Mike Cotgreave	2014	35:10.000

25 Miles

64	Robert Gilmour	2015	54:24.550
65	Derek Hodgins	1999	57:23.840
68	B Newton	2007	57:36.780
70	Mike Cotgreave	2014	58:35.000
75	T Fenwick	2005	1:02:09.840
80	H H Hill	1996	1:04:15.378

1 Hour

64	Robert Gilmour	2015	27.556
65	Derek Hodgins	1999	26.127
68	B Newton	2007	26.012
70	Mike Cotgreave	2014	25.645
75	T Fenwick	2005	24.129
80	H H Hill	1996	23.352

5Km

48	Steve McCaw	2011	6:39.563
50	R Caspell	1997	6:42.310
64	Robert Gilmour	2015	6:42.390
65	Derek Hodgins	1999	6:58.869
68	B Newton	2007	7:14.000
70	Mike Cotgreave	2014	7:21.410
75	T Fenwick	2005	7:52.130
80	H H Hill	1996	7:55:613

10Km

48	Steve McCaw	2011	13:14.999
64	Robert Gilmour	2015	13:20.920
65	Derek Hodgins	1999	13:58:615
68	B Newton	2007	14:10:280
70	Mike Cotgreave	2014	14:37.640
75	T Fenwick	2005	15:34:010
80	H H Hill	1996	15:48:155

20Km

48	Steve McCaw	2011	26:38.754
64	Robert Gilmour	2015	26:54.270
65	Derek Hodgins	1999	28:12:032
68	B Newton	2007	28:16:890
70	Mike Cotgreave	2014	29:10.430
75	T Fenwick	2005	30:57:270
80	H H Hill	1996	31:40:138

Men Outdoor - Solo Bicycle**5 Miles**

44	J A French	1997	10:59:680
48	Steve McCaw	2011	11:06.370
60	P A Bennett	1999	11:15:000
61	D Hodgins	1995	11:24:890
68	L A King	1995	12:02:500
69	L A King	1996	12:24:000
70	L A King	1997	12:41:900
72	L A King	1999	13:25:990
77	J M Lee	2006	13:40:200
79	J M Lee	2008	13:51:900
80	J M Lee	2009	14:01:900
84	John M Lee	2013	14:32.010
86	S W Miles	1999	17:27:900

10 Miles

48	Steve McCaw	2011	22:14.780
60	P A Bennett	1999	22:36:300
61	Derek Hodgins	1995	23:07:240
63	Robert Gilmour	2014	23:25.000
68	L A King	1995	24:38:700
69	J P A Howell	2000	24:45:150
70	R Venis	1998	26:38:230
75	T Fenwick	2005	27:14:050
77	J M Lee	2006	27:27:200
80	J M Lee	2009	27:52:800
84	John M Lee	2013	28:55.345

15 Miles

63	Robert Gilmour	2014	35:09.000
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One Hour

44	J A French	1997	26.694
48	Steve McCaw	2011	26.608
63	Robert Gilmour	2014	25.612
67	L A King	1994	23.920
68	L A King	1995	23.330
75	T Fenwick	2005	22.380
80	J M Lee	2009	21.381
84	John M Lee	2013	20.433

5Km

44	J A French	1997	6:47:580
48	Steve McCaw	2011	6:55.580
60	P A Bennett	1999	7:04.160
61	Derek Hodgins	1995	7:04.670
63	Robert Gilmour	2014	7:22.710
69	L A King	1996	7:41.500
70	L A King	1997	7:52.200
72	L A King	1999	8:17.370
73	L A King	2000	8:19.700
74	L A King	2001	8:28.180
77	J M Lee	2006	8:33.600
79	J M Lee	2008	8:37.800
80	J M Lee	2009	8:43.400
84	John M Lee	2013	9:03.700
86	S W Miles	1999	10:50.000

Women Outdoor - Solo Bicycle**5 Miles**

54	Nikki Hunt	1999	13:16.000
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10 Miles

54	Nikki Hunt	1999	26:52.000
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10Km

44	J A French	1997	13:42.830
48	Steve McCaw	2011	13:48.800
60	P A Bennett	1999	14:04.300
61	Derek Hodgins	1995	14:14.400
63	Robert Gilmour	2014	14:34.770
68	L A King	1995	15:06.500
70	R Venis	1998	16:36.400
72	L A King	1999	16:49.560
77	J M Lee	2006	17:02.400
79	J M Lee	2008	17:17.800
80	J M Lee	2009	17:25.300
84	John M Lee	2013	18:01.640

20Km

48	Steve McCaw	2011	27:41.990
61	Derek Hodgins	1995	28:48.930
63	Robert Gilmour	2014	29:08.970
68	L A King	1995	31:00.000
75	T Fenwick	2005	33:40.730
77	J M Lee	2006	34:31.700
80	J M Lee	2009	34:51.400
84	John M Lee	2013	36:27.350

50 Km

63	Robert Gilmour	2014	1:12:56.450
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100Km

42	K Gill	1989	2:32:09.410
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Men Outdoor - Tandem Bicycle**5Km**

132	P A Bennett & L King	1999	6:52:690
144	G H Edmonds & L King	2000	8:13.100

Women Indoor - Solo Bicycle**5 Miles**

40	Auriel Forrester	1998	11:56.804
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10 Miles

40	Auriel Forrester	1998	23:53.412
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25 Miles

40	Auriel Forrester	1998	59:20.589
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1 Hour

40	Auriel Forrester	1998	25.297
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5Km

40	Auriel Forrester	1998	7:27.174
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10 Km

40	Auriel Forrester	1998	14:50.146
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20Km

40	Auriel Forrester	1998	29:41.124
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Women Outdoor - Solo Bicycle**5 Km**

54	Nikki Hunt	1999	8:13.000
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10 Km

54	Nikki Hunt	1999	16:38.000
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TEN MILES

Age	Male	Female	Trike	Female-Trike
40	00:25:59	00:28:02	00:27:33	00:29:46
41	00:26:04	00:28:08	00:27:38	00:29:52
42	00:26:09	00:28:13	00:27:43	00:29:57
43	00:26:13	00:28:19	00:27:49	00:30:03
44	00:26:18	00:28:24	00:27:54	00:30:09
45	00:26:23	00:28:29	00:27:59	00:30:14
46	00:26:27	00:28:34	00:28:03	00:30:19
47	00:26:32	00:28:39	00:28:08	00:30:25
48	00:26:36	00:28:43	00:28:13	00:30:30
49	00:26:41	00:28:48	00:28:18	00:30:35
50	00:26:45	00:28:53	00:28:23	00:30:41
51	00:26:50	00:28:58	00:28:28	00:30:46
52	00:26:54	00:29:03	00:28:33	00:30:51
53	00:26:59	00:29:09	00:28:38	00:30:57
54	00:27:04	00:29:14	00:28:43	00:31:03
55	00:27:09	00:29:20	00:28:49	00:31:09
56	00:27:14	00:29:26	00:28:54	00:31:15
57	00:27:20	00:29:32	00:29:00	00:31:22
58	00:27:26	00:29:38	00:29:06	00:31:28
59	00:27:32	00:29:44	00:29:13	00:31:35
60	00:27:38	00:29:51	00:29:19	00:31:43
61	00:27:44	00:29:59	00:29:26	00:31:51
62	00:27:51	00:30:06	00:29:34	00:31:59
63	00:27:59	00:30:14	00:29:42	00:32:07
64	00:28:06	00:30:23	00:29:50	00:32:16
65	00:28:14	00:30:31	00:29:59	00:32:26
66	00:28:23	00:30:41	00:30:08	00:32:36
67	00:28:32	00:30:51	00:30:18	00:32:47
68	00:28:42	00:31:01	00:30:28	00:32:58
69	00:28:52	00:31:12	00:30:39	00:33:10

TEN MILES

70	00:29:02	00:31:24	00:30:50	00:33:23
71	00:29:14	00:31:37	00:31:03	00:33:36
72	00:29:26	00:31:50	00:31:16	00:33:51
73	00:29:39	00:32:04	00:31:30	00:34:06
74	00:29:53	00:32:20	00:31:44	00:34:22
75	00:30:07	00:32:36	00:32:00	00:34:40
76	00:30:23	00:32:53	00:32:17	00:34:58
77	00:30:40	00:33:11	00:32:35	00:35:18
78	00:30:58	00:33:31	00:32:54	00:35:39
79	00:31:17	00:33:52	00:33:15	00:36:02
80	00:31:37	00:34:15	00:33:37	00:36:26
81	00:32:00	00:34:39	00:34:01	00:36:52
82	00:32:23	00:35:05	00:34:26	00:37:20
83	00:32:49	00:35:33	00:34:54	00:37:51
84	00:33:17	00:36:04	00:35:24	00:38:24
85	00:33:47	00:36:37	00:35:56	00:38:59
86	00:34:20	00:37:13	00:36:32	00:39:38
87	00:34:56	00:37:53	00:37:10	00:40:20
88	00:35:35	00:38:36	00:37:53	00:41:07
89	00:36:18	00:39:23	00:38:39	00:41:58
90	00:37:06	00:40:16	00:39:30	00:42:54
91	00:37:59	00:41:14	00:40:27	00:43:57
92	00:38:58	00:42:19	00:41:31	00:45:07
93	00:40:05	00:43:33	00:42:43	00:46:26
94	00:41:21	00:44:56	00:44:05	00:47:56
95	00:42:48	00:46:32	00:45:38	00:49:39
96	00:44:29	00:48:23	00:47:27	00:51:38
97	00:46:28	00:50:34	00:49:35	00:53:59
98	00:48:51	00:53:11	00:52:09	00:56:48
99	00:51:47	00:56:23	00:55:17	01:00:15
100	00:55:28	01:00:27	00:59:15	01:04:36

FIFTEEN MILES

Age	Male	Female	Trike	Female-Trike
40	00:39:10	00:42:17	00:41:32	00:44:53
41	00:39:18	00:42:25	00:41:41	00:45:02
42	00:39:26	00:42:34	00:41:49	00:45:11
43	00:39:33	00:42:42	00:41:57	00:45:20
44	00:39:40	00:42:50	00:42:04	00:45:28
45	00:39:47	00:42:57	00:42:12	00:45:36
46	00:39:54	00:43:05	00:42:19	00:45:44
47	00:40:01	00:43:12	00:42:27	00:45:52
48	00:40:08	00:43:20	00:42:34	00:46:00
49	00:40:14	00:43:27	00:42:41	00:46:08
50	00:40:21	00:43:35	00:42:49	00:46:17
51	00:40:28	00:43:42	00:42:56	00:46:25
52	00:40:35	00:43:50	00:43:04	00:46:33
53	00:40:43	00:43:58	00:43:12	00:46:42
54	00:40:50	00:44:07	00:43:20	00:46:51
55	00:40:58	00:44:15	00:43:28	00:47:00
56	00:41:06	00:44:24	00:43:37	00:47:09
57	00:41:14	00:44:33	00:43:46	00:47:19
58	00:41:23	00:44:43	00:43:55	00:47:30
59	00:41:32	00:44:53	00:44:05	00:47:40
60	00:41:42	00:45:03	00:44:15	00:47:52
61	00:41:52	00:45:14	00:44:26	00:48:04
62	00:42:02	00:45:26	00:44:37	00:48:16
63	00:42:14	00:45:38	00:44:49	00:48:29
64	00:42:25	00:45:51	00:45:02	00:48:43
65	00:42:38	00:46:05	00:45:15	00:48:58
66	00:42:51	00:46:19	00:45:29	00:49:13
67	00:43:05	00:46:34	00:45:44	00:49:30
68	00:43:19	00:46:50	00:46:00	00:49:47
69	00:43:35	00:47:07	00:46:17	00:50:05

FIFTEEN MILES

70	00:43:51	00:47:26	00:46:34	00:50:25
71	00:44:09	00:47:45	00:46:53	00:50:45
72	00:44:28	00:48:05	00:47:13	00:51:08
73	00:44:47	00:48:27	00:47:35	00:51:31
74	00:45:09	00:48:50	00:47:57	00:51:56
75	00:45:31	00:49:15	00:48:22	00:52:23
76	00:45:55	00:49:42	00:48:47	00:52:51
77	00:46:21	00:50:10	00:49:15	00:53:21
78	00:46:48	00:50:40	00:49:45	00:53:54
79	00:47:18	00:51:12	00:50:16	00:54:29
80	00:47:49	00:51:47	00:50:50	00:55:06
81	00:48:24	00:52:25	00:51:27	00:55:46
82	00:49:00	00:53:05	00:52:07	00:56:30
83	00:49:40	00:53:49	00:52:49	00:57:17
84	00:50:23	00:54:36	00:53:35	00:58:07
85	00:51:09	00:55:27	00:54:25	00:59:02
86	00:52:00	00:56:23	00:55:20	01:00:02
87	00:52:56	00:57:24	00:56:20	01:01:08
88	00:53:57	00:58:31	00:57:25	01:02:20
89	00:55:04	00:59:45	00:58:37	01:03:39
90	00:56:18	01:01:06	00:59:57	01:05:07
91	00:57:41	01:02:37	01:01:26	01:06:45
92	00:59:14	01:04:19	01:03:06	01:08:34
93	01:00:58	01:06:14	01:04:59	01:10:38
94	01:02:58	01:08:25	01:07:07	01:12:59
95	01:05:15	01:10:57	01:09:35	01:15:42
96	01:07:56	01:13:53	01:12:27	01:18:51
97	01:11:06	01:17:21	01:15:52	01:22:36
98	01:14:55	01:21:33	01:19:58	01:27:07
99	01:19:39	01:26:45	01:25:03	01:32:42
100	01:25:42	01:33:24	01:31:34	

TWENTY FIVE MILES

Age	Male	Female	Trike	Female-Trike
40	01:06:00	01:11:14	01:09:59	01:15:36
41	01:06:13	01:11:28	01:10:13	01:15:52
42	01:06:26	01:11:43	01:10:27	01:16:07
43	01:06:39	01:11:56	01:10:40	01:16:22
44	01:06:51	01:12:10	01:10:54	01:16:37
45	01:07:03	01:12:23	01:11:07	01:16:51
46	01:07:15	01:12:36	01:11:19	01:17:05
47	01:07:26	01:12:49	01:11:32	01:17:19
48	01:07:38	01:13:02	01:11:45	01:17:33
49	01:07:50	01:13:15	01:11:57	01:17:47
50	01:08:02	01:13:28	01:12:10	01:18:01
51	01:08:14	01:13:41	01:12:23	01:18:15
52	01:08:26	01:13:55	01:12:36	01:18:29
53	01:08:39	01:14:09	01:12:50	01:18:44
54	01:08:52	01:14:23	01:13:04	01:19:00
55	01:09:05	01:14:38	01:13:18	01:19:16
56	01:09:19	01:14:53	01:13:33	01:19:32
57	01:09:34	01:15:09	01:13:49	01:19:49
58	01:09:49	01:15:25	01:14:05	01:20:07
59	01:10:04	01:15:43	01:14:22	01:20:26
60	01:10:21	01:16:01	01:14:40	01:20:45
61	01:10:38	01:16:20	01:14:58	01:21:06
62	01:10:57	01:16:40	01:15:18	01:21:27
63	01:11:16	01:17:01	01:15:39	01:21:50
64	01:11:36	01:17:24	01:16:01	01:22:14
65	01:11:58	01:17:47	01:16:24	01:22:39
66	01:12:20	01:18:12	01:16:48	01:23:06
67	01:12:44	01:18:39	01:17:14	01:23:35
68	01:13:10	01:19:06	01:17:41	01:24:05
69	01:13:37	01:19:36	01:18:10	01:24:37

TWENTY FIVE MILES

70	01:14:06	01:20:08	01:18:41	01:25:11
71	01:14:36	01:20:41	01:19:14	01:25:47
72	01:15:09	01:21:17	01:19:49	01:26:25
73	01:15:43	01:21:55	01:20:26	01:27:06
74	01:16:20	01:22:35	01:21:06	01:27:49
75	01:16:59	01:23:19	01:21:48	01:28:36
76	01:17:41	01:24:05	01:22:33	01:29:25
77	01:18:26	01:24:54	01:23:21	01:30:19
78	01:19:14	01:25:47	01:24:13	01:31:15
79	01:20:06	01:26:44	01:25:09	01:32:17
80	01:21:02	01:27:45	01:26:09	01:33:22
81	01:22:02	01:28:51	01:27:13	01:34:33
82	01:23:06	01:30:02	01:28:22	01:35:49
83	01:24:16	01:31:19	01:29:38	01:37:12
84	01:25:32	01:32:42	01:30:59	01:38:42
85	01:26:55	01:34:13	01:32:28	01:40:19
86	01:28:25	01:35:52	01:34:05	01:42:06
87	01:30:04	01:37:41	01:36:51	01:44:03
88	01:31:52	01:39:40	01:37:48	01:46:11
89	01:33:53	01:41:52	01:39:58	01:48:33
90	01:36:06	01:44:19	01:42:21	01:51:11
91	01:38:36	01:47:03	01:45:02	01:54:08
92	01:41:24	01:50:08	01:48:03	01:57:27
93	01:44:35	01:53:38	01:51:29	02:01:13
94	01:48:15	01:57:39	01:55:24	02:05:32
95	01:52:29	02:02:19	01:59:58	02:10:33
96	01:57:29	02:07:49	02:05:21	02:16:27
97	02:03:29	02:14:25	02:11:48	02:23:33
98	02:10:51	02:22:30	02:19:43	02:32:14
99	02:20:08	02:32:42	02:29:42	
100	02:32:22		02:42:51	

THIRTY MILES

Age	Male	Female	Trike	Female-Trike
40	01:19:37	01:25:56	01:24:25	01:31:13
41	01:19:53	01:26:14	01:24:43	01:31:32
42	01:20:09	01:26:31	01:25:00	01:31:51
43	01:20:25	01:26:48	01:25:16	01:32:09
44	01:20:39	01:27:05	01:25:33	01:32:27
45	01:20:54	01:27:21	01:25:48	01:32:44
46	01:21:09	01:27:37	01:26:04	01:33:01
47	01:21:23	01:27:52	01:26:19	01:33:18
48	01:21:37	01:28:08	01:26:35	01:33:35
49	01:21:52	01:28:24	01:26:50	01:33:52
50	01:22:06	01:28:40	01:27:06	01:34:09
51	01:22:21	01:28:56	01:27:22	01:34:26
52	01:22:36	01:29:12	01:27:38	01:34:44
53	01:22:51	01:29:29	01:27:54	01:35:02
54	01:23:07	01:29:47	01:28:11	01:35:21
55	01:23:24	01:30:05	01:28:29	01:35:40
56	01:23:41	01:30:24	01:28:47	01:36:01
57	01:23:58	01:30:43	01:29:06	01:36:21
58	01:24:17	01:31:03	01:29:26	01:36:43
59	01:24:36	01:31:24	01:29:47	01:37:06
60	01:24:56	01:31:47	01:30:09	01:37:30
61	01:25:17	01:32:10	01:30:31	01:37:55
62	01:25:40	01:32:35	01:30:55	01:38:21
63	01:26:03	01:33:00	01:31:21	01:38:49
64	01:26:28	01:33:28	01:31:48	01:39:19
65	01:26:55	01:33:57	01:32:16	01:39:50
66	01:27:22	01:34:27	01:32:46	01:40:23
67	01:27:52	01:35:00	01:33:17	01:40:57
68	01:28:23	01:35:34	01:33:51	01:41:34
69	01:28:56	01:36:10	01:34:27	01:42:13

THIRTY MILES

70	01:29:31	01:36:49	01:35:04	01:42:55
71	01:30:09	01:37:30	01:35:45	01:43:39
72	01:30:48	01:38:14	01:36:27	01:44:26
73	01:31:31	01:39:00	01:37:13	01:45:16
74	01:32:16	01:39:50	01:38:02	01:46:10
75	01:33:04	01:40:43	01:38:53	01:47:07
76	01:33:56	01:41:40	01:39:49	01:48:08
77	01:34:51	01:42:41	01:40:48	01:49:13
78	01:35:51	01:43:46	01:41:52	01:50:23
79	01:36:54	01:44:56	01:43:01	01:51:38
80	01:38:03	01:46:11	01:44:14	01:52:59
81	01:39:16	01:47:32	01:45:34	01:54:26
82	01:40:36	01:49:00	01:46:59	01:56:01
83	01:42:03	01:50:35	01:48:32	01:57:43
84	01:43:36	01:52:18	01:50:13	01:59:34
85	01:45:19	01:54:10	01:52:03	02:01:34
86	01:47:10	01:56:13	01:54:03	02:03:47
87	01:49:13	01:58:28	01:56:15	02:06:11
88	01:51:28	02:00:56	01:58:40	02:08:51
89	01:53:58	02:03:41	02:01:21	02:11:48
90	01:56:45	02:06:44	02:04:21	02:15:05
91	01:59:51	02:10:09	02:07:41	02:18:46
92	02:03:22	02:14:01	02:11:28	02:22:55
93	02:07:23	02:18:25	02:15:47	02:27:39
94	02:12:00	02:23:30	02:20:45	02:33:07
95	02:17:23	02:29:25	02:26:32	02:39:28
96	02:23:46	02:36:25	02:33:24	02:47:00
97	02:31:27	02:44:53	02:41:40	02:56:06
98	02:40:59	02:55:21	02:51:55	03:07:21
99	02:53:10	03:08:44	03:05:01	
100	03:09:28			

FIFTY MILES

Age	Male	Female	Trike	Female-Trike
40	02:15:35	02:26:20	02:23:46	02:35:19
41	02:16:04	02:26:52	02:24:17	02:35:54
42	02:16:32	02:27:23	02:24:47	02:36:27
43	02:16:59	02:27:53	02:25:16	02:36:59
44	02:17:26	02:28:22	02:25:45	02:37:31
45	02:17:52	02:28:51	02:26:13	02:38:02
46	02:18:18	02:29:19	02:26:41	02:38:32
47	02:18:43	02:29:47	02:27:08	02:39:02
48	02:19:09	02:30:15	02:27:36	02:39:32
49	02:19:34	02:30:43	02:28:03	02:40:03
50	02:20:00	02:31:12	02:28:31	02:40:33
51	02:20:27	02:31:41	02:29:00	02:41:05
52	02:20:54	02:32:10	02:29:29	02:41:36
53	02:21:21	02:32:41	02:29:58	02:42:09
54	02:21:49	02:33:12	02:30:29	02:42:42
55	02:22:19	02:33:44	02:31:00	02:43:17
56	02:22:49	02:34:18	02:31:33	02:43:53
57	02:23:21	02:34:52	02:32:07	02:44:31
58	02:23:54	02:35:29	02:32:43	02:45:10
59	02:24:29	02:36:07	02:33:20	02:45:51
60	02:25:05	02:36:47	02:33:59	02:46:34
61	02:25:43	02:37:29	02:34:40	02:47:19
62	02:26:24	02:38:13	02:35:24	02:48:06
63	02:27:06	02:39:00	02:36:09	02:48:57
64	02:27:51	02:39:49	02:36:57	02:49:50
65	02:28:38	02:40:41	02:37:48	02:50:46
66	02:29:29	02:41:36	02:38:42	02:51:45
67	02:30:22	02:42:35	02:39:40	02:52:48
68	02:31:18	02:43:37	02:40:40	02:53:55
69	02:32:18	02:44:43	02:41:45	02:55:06

FIFTY MILES

70	02:33:22	02:45:53	02:42:54	02:56:21
71	02:34:30	02:47:08	02:44:07	02:57:41
72	02:35:43	02:48:28	02:45:25	02:59:07
73	02:37:00	02:49:53	02:46:48	03:00:39
74	02:38:23	02:51:23	02:48:17	03:02:16
75	02:39:51	02:53:01	02:49:52	03:04:01
76	02:41:26	02:54:45	02:51:34	03:05:53
77	02:43:08	02:56:37	02:53:23	03:07:53
78	02:44:57	02:58:37	02:55:21	03:10:02
79	02:46:55	03:00:46	02:57:27	03:12:21
80	02:49:02	03:03:06	02:59:44	03:14:51
81	02:51:19	03:05:37	03:02:12	03:17:34
82	02:53:48	03:08:20	03:04:52	03:20:30
83	02:56:30	03:11:18	03:07:46	03:23:41
84	02:59:27	03:14:32	03:10:56	03:27:10
85	03:02:40	03:18:05	03:14:24	03:30:58
86	03:06:13	03:21:59	03:18:13	03:35:10
87	03:10:08	03:26:16	03:22:25	03:39:47
88	03:14:28	03:31:03	03:27:05	03:44:55
89	03:19:19	03:36:22	03:32:17	03:50:38
90	03:24:45	03:42:21	03:38:09	03:57:04
91	03:30:55	03:49:07	03:44:46	04:04:21
92	03:37:58	03:56:52	03:52:21	04:12:41
93	03:46:07	04:05:50	04:01:07	04:22:18
94	03:55:40	04:16:19	04:11:23	04:33:35
95	04:07:02	04:28:48	04:23:36	04:47:01
96	04:20:51	04:44:00	04:38:28	05:03:21
97	04:38:07	05:02:58	04:57:01	05:23:45
98	05:00:27		05:21:03	
99				
100				

ONE HUNDRED MILES

Age	Male	Female	Trike	Female-Trike
40	04:46:07	05:08:49	05:03:24	05:27:48
41	04:47:16	05:10:04	05:04:37	05:29:09
42	04:48:22	05:11:17	05:05:48	05:30:27
43	04:49:26	05:12:28	05:06:58	05:31:43
44	04:50:29	05:13:37	05:08:05	05:32:57
45	04:51:31	05:14:45	05:09:12	05:34:10
46	04:52:32	05:15:52	05:10:17	05:35:22
47	04:53:33	05:16:58	05:11:23	05:36:34
48	04:54:33	05:18:05	05:12:28	05:37:46
49	04:55:34	05:19:12	05:13:33	05:38:58
50	04:56:36	05:20:20	05:14:40	05:40:11
51	04:57:39	05:21:29	05:15:47	05:41:25
52	04:58:43	05:22:40	05:16:56	05:42:41
53	04:59:49	05:23:52	05:18:07	05:43:59
54	05:00:57	05:25:07	05:19:21	05:45:19
55	05:02:08	05:26:24	05:20:36	05:46:43
56	05:03:21	05:27:45	05:21:55	05:48:09
57	05:04:37	05:29:09	05:23:17	05:49:39
58	05:05:57	05:30:37	05:24:43	05:51:14
59	05:07:21	05:32:09	05:26:13	05:52:53
60	05:08:49	05:33:45	05:27:48	05:54:37
61	05:10:22	05:35:27	05:29:28	05:56:27
62	05:12:00	05:37:15	05:31:13	05:58:22
63	05:13:43	05:39:09	05:33:04	06:00:25
64	05:15:33	05:41:09	05:35:02	06:02:34
65	05:17:29	05:43:17	05:37:07	06:04:52
66	05:19:33	05:45:33	05:39:20	06:07:18
67	05:21:44	05:47:57	05:41:41	06:09:53
68	05:24:04	05:50:31	05:44:12	06:12:38
69	05:26:33	05:53:15	05:46:52	06:15:35

ONE HUNDRED MILES

70	05:29:13	05:56:10	05:49:44	06:18:43
71	05:32:03	05:59:17	05:52:47	06:22:04
72	05:35:06	06:02:38	05:56:03	06:25:40
73	05:38:21	06:06:13	05:59:33	06:29:31
74	05:41:51	06:10:04	06:03:19	06:33:39
75	05:45:37	06:14:12	06:07:22	06:38:06
76	05:49:41	06:18:40	06:11:44	06:42:54
77	05:54:04	06:23:29	06:16:27	06:48:05
78	05:58:49	06:28:42	06:21:34	06:53:42
79	06:03:59	06:34:23	06:27:07	06:59:48
80	06:09:36	06:40:33	06:33:09	07:06:26
81	06:15:44	06:47:17	06:39:45	07:13:41
82	06:22:27	06:54:41	06:46:59	07:21:38
83	06:29:52	07:02:49	06:54:56	07:30:22
84	06:38:03	07:11:48	07:03:44	07:40:03
85	06:47:08	07:21:48	07:13:31	07:50:48
86	06:57:19	07:32:59	07:24:27	08:02:49
87	07:08:46	07:45:34	07:36:46	08:16:20
88	07:21:46	07:59:51	07:50:45	08:31:42
89	07:36:39	08:16:13	08:06:46	08:49:18
90	07:53:55	08:35:11	08:25:19	09:09:42
91	08:14:12	08:57:29	08:47:08	09:33:40
92	08:38:27	09:24:08	09:13:13	10:02:20
93	09:08:05	09:56:41	09:45:04	10:37:20
94	09:45:17	10:37:34	10:25:05	
95	10:33:51			
96				
97				
98				
99				
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TWELVE HOURS

Age	Male	Female	Trike	Female-Trike
40	212.59	193.19	197.55	179.13
41	211.12	191.86	196.19	177.90
42	209.71	190.59	194.89	176.73
43	208.35	189.37	193.64	175.60
44	207.05	188.19	192.43	174.51
45	205.77	187.05	191.25	173.45
46	204.53	185.92	190.10	172.41
47	203.30	184.82	188.97	171.39
48	202.08	183.72	187.85	170.38
49	200.87	182.63	186.73	169.37
50	199.66	181.54	185.61	168.36
51	198.44	180.44	184.49	167.34
52	197.21	179.32	183.35	166.31
53	195.95	178.19	182.19	165.27
54	194.68	177.04	181.01	164.20
55	193.36	175.86	179.80	163.10
56	192.02	174.64	178.55	161.98
57	190.63	173.39	177.27	160.82
58	189.19	172.09	175.94	159.62
59	187.71	170.75	174.57	158.38
60	186.17	169.36	173.15	157.10
61	184.57	167.92	171.67	155.76
62	182.91	166.41	170.13	154.37
63	181.17	164.85	168.53	152.92
64	179.37	163.22	166.86	151.41
65	177.49	161.52	165.12	149.84
66	175.52	159.75	163.31	148.19
67	173.48	157.90	161.41	146.48
68	171.34	155.96	159.44	144.69
69	169.11	153.95	157.37	142.83

TWELVE HOURS

70	166.79	151.84	155.22	140.88
71	164.36	149.65	152.97	138.84
72	161.82	147.35	150.62	136.71
73	159.18	144.96	148.17	134.49
74	156.42	142.46	145.62	132.18
75	153.54	139.85	142.95	129.76
76	150.54	137.13	140.16	127.23
77	147.40	134.29	137.26	124.60
78	144.14	131.32	134.23	121.85
79	140.73	128.23	131.06	118.97
80	137.17	125.00	127.76	115.98
81	133.46	121.63	124.32	112.85
82	129.60	118.12	120.73	109.58
83	125.57	114.45	116.98	106.18
84	121.36	110.63	113.07	102.62
85	116.97	106.63	108.99	98.90
86	112.39	102.46	104.72	95.02
87	107.62	98.10	100.27	90.96
88	102.63	93.55	95.62	86.71
89	97.42	88.79	90.76	82.28
90	91.98	83.81	85.68	77.63
91	86.29	78.60	80.36	72.76
92	80.34	73.14	74.79	67.66
93	74.10			
94	67.57			
95				
96				
97				
98				
99				
100				

TWENTY FOUR HOURS

Age	Male	Female	Trike	Female-Trike
40	372.79	336.74	344.65	311.74
41	369.12	333.59	341.40	308.92
42	365.63	330.59	338.30	306.22
43	362.28	327.71	335.32	303.63
44	359.05	324.93	332.45	301.13
45	355.91	322.24	329.66	298.71
46	352.85	319.60	326.94	296.34
47	349.85	317.02	324.26	294.00
48	346.89	314.46	321.62	291.70
49	343.95	311.92	319.00	289.41
50	341.01	309.37	316.37	287.12
51	338.06	306.82	313.73	284.81
52	335.08	304.24	311.07	282.49
53	332.06	301.63	308.37	280.12
54	328.99	298.96	305.62	277.72
55	325.85	296.24	302.81	275.26
56	322.64	293.45	299.93	272.73
57	319.34	290.58	296.97	270.14
58	315.94	287.62	293.92	267.46
59	312.44	284.56	290.77	264.69
60	308.81	281.40	287.51	261.82
61	305.06	278.13	284.13	258.85
62	301.17	274.73	280.63	255.77
63	297.14	271.20	277.00	252.56
64	292.96	267.54	273.22	249.23
65	288.63	263.73	269.30	245.77
66	284.12	259.77	265.23	242.17
67	279.44	255.66	261.00	238.42
68	274.59	251.38	256.59	234.52
69	269.55	246.94	252.02	230.47

TWENTY FOUR HOURS

70	264.32	242.31	247.27	226.24
71	258.89	237.51	242.33	221.85
72	253.26	232.52	237.20	217.29
73	247.42	227.33	231.88	212.54
74	241.38	221.95	226.35	207.60
75	235.11	216.37	220.62	202.48
76	228.62	210.57	214.67	197.15
77	221.91	204.56	208.51	191.62
78	214.96	198.33	202.12	185.88
79	207.78	191.88	195.51	179.93
80	200.36	185.19	188.66	173.75
81	192.69	178.27	181.58	167.35
82	184.78	171.11	174.25	160.71
83	176.62	163.71	166.68	153.83
84	168.21	156.05	158.85	
85	159.53	148.14	150.77	
86	150.60			
87				
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The Association's Trophies are on show at the Sports Museum in Coventry and winners each year are presented with a facsimile.

Photographs of the complete collection of the trophies are included within the VTTA page of Facebook.

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