



**VETERANS  
TIME TRIALS  
ASSOCIATION  
1943 - 2018**

**2018  
HANDBOOK**

## THE VTTA - A SHORT CHRONICLE



*E H Strevens September 1945*

E H Strevens (initials were *de rigueur* in the past) established in the North London area in 1939 an organisation (indeed he was that organisation), by the name of Nor-O-Lon for the promotion of Veteran Time Trials and these he both ran, financed and developed until by his inspiration and enterprise there was formed, in the spring of 1943, the Veterans Time Trials Association with Mr Strevens as its first Secretary. The inaugural meeting was held at The Old Sal, Barnet, on Monday 7th March 1943 to which prominent veteran riders of the day were invited to attend and forty-five of whom did.

The VTTA, at its inception, visualised “a nation-wide organisation offering congenial membership and road competition for all over-40 cyclists, no matter where they may reside”.

It remained an all male organisation until 1971 when London Group finally managed to effect a change of rules which allowed applications from women to be accepted.

An early edition of the magazine contained the following proclamation:

“As we ‘grow up’ we discover that life is a series of revelations, each more attractive than the last. We call ourselves ‘Veterans’, but only the under 40s regard the word as meaning ‘has beens’.

We know that the most satisfying feature in life’s continuous approach to maturity is the stuff called experience and the wiser expertness that solidly emphasises the worthiness of achievement. Only the misguided folk who stop natural bodily exercise unwind from early middle age to decrepitude. The fit man blossoms as he takes on years.

One thing only we lose as we grow older – whip cord fleetness. But there still remains the competition, the club companionship and rivalry, the grand enjoyment of cycling and – The Game”.

By September 1944, membership was 157.

In June 1947 a ‘Special Luncheon’ was held which was attended by thirty people and the whole affair was paid for by the President, E H Strevens.

Much has changed since then. Membership rose rapidly in the post-war boom, and has steadied at around 3000 today.



# Veterans Time Trials Association

*National association for the 40 years old and over racing cyclist*

## **HANDBOOK 2018**

Containing details of National and Group Officers

Rules and Regulations

Event Programme for 2018

Results of 2017 Championships

Current National Age Records

Past Champions

Guide to Standard Awards

Standards Tables

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*National Association for the 40 years old and over racing cyclist*

## **NATIONAL EXECUTIVE 2018/19**

### **President**

Carole Gandy (Kent)  
01622 762837 : carole.gandy12@gmail.com

### **Honorary Life Vice President**

Keith Robbins

### **Vice Presidents**

Mrs D Maher E A Green

### **Chairman**

Andrew Simpkins (Midlands)  
18 Richmond Close, Hollywood, Birmingham, B47 5QD  
07767 835004 : a.j.d.simpkins@btinternet.com

### **Treasurer**

Mary Corbett (Wessex)  
28 The Meadows  
Lyndhurst, Hampshire, SO43 7EL  
07837 551768 mary.corbett7@btinternet.com

### **National Secretary**

Rachael Elliott  
6 Pindar Place  
Newbury, RG14 2RR  
07931 722817  
secretary@vtta.org.uk

### **Records Secretary**

Geoff Perry (London & Home Counties)  
8 The Meadway  
Loughton, Milton Keynes, MK5 8AN  
07808 839811  
geoffreyperry@aol.com

### **Membership Secretary**

Merv Player (East Anglian)  
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### **Editor & Advertising Secretary**

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### **Awards Secretary**

Ian Greenstreet (London & Home Count)  
Davandy, Long Lane, Shaw  
Newbury, RG14 2TH  
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### **National Recorder**

Position vacant

### **National Executive Committee Members**

Robert Jones (South Wales)  
Barry Quick (London & Home Counties)  
Alan Colburn (Midlands)  
John Hawkrige (Kent)  
Keith Dorling (East Anglian)

**Website : [vtta.org.uk](http://vtta.org.uk) and Facebook**

## PAST AND CURRENT OFFICIALS

President	E H Strevens	1945 - 1952	H G Gibbs	1953 - 1956
	E H Bricknell	1957 - 1970	R H Clarke	1971 - 1994
	Mrs E Brambleby	1995 - 1999	Mrs D Mahar	2000 - 2004
	J P Ogden	2005 - 2009	A Colburn	2010 - 2014
	Carole Gandy	2015		
Chairman	C W Cooke	1943	L F Dixon	1944 -1948
	A E Lang	1949 - 1959	M C Rees	1960 -1962
	W G Knight	1963 - 1980	S Harvey	1980 -1984
	I Jones	1985	Mrs E Brambleby	1986 - 1994
	E A Green	1995 - 2004	G Nowland	2005 - 2010
	J Burgin	2011 - 2016	A Simpkins	2017
Secretary	E H Strevens	1943	G Hibbs	1944
	H Webb	1945	C W Cooke	1946 - 1948
	J C Ballard	1949	H L Lincoln	1950 - 1964
	S E Hayward	1965 - 1995	M J Ellis BEM	1996
	W G Pickering	1997 - 2007	Ann Butterworth	2007 - 2013
	Rachael Elliott	2014		
Treasurer	E H Strevens	1943	C A Sturt	1944 - 1945
	E W Harman	1946 - 1948	L S Davis	1949 - 1952
	A E Tester	1953 - 1956	H L Lincoln	1957 - 1964
	S E Hayward	1965 - 1995	T N Anderson	1996 - 2000
	G Smart	2001 - 2005	J D Gresty	2006 - 2010
	C Grant	2011 - 2014	W J Gladwin	2014 - 2016
	Mary Corbett	2017		

## VTTA NATIONAL CHAMPIONSHIPS FOR 2018

Date	Organising Club	Distance	Course	Start	Fee	NEC Representative
Sun 29 <sup>th</sup> April	VTTA Kent Group	30 mile	Q30/1	7.00	£10	Carole Gandy
<i>Tom Morton, 42 Chiltern End, Ashford, Kent, TN24 8QJ. 01233 665081</i>						
Mon 7 <sup>th</sup> May	VTTA LH&C	10 mile	F11/10	12.00	£10	Geoff Perry
<i>Geoff Perry, 8 The Meadoway, Loughton, Milton Keynes, Bucks, MK5 8AN. 07808 839811</i>						
Sun 20 <sup>th</sup> May	VTTA N Lancs & Lakes	50 mile	L5012	7.00	£8.50	Andrew Simpkins
<i>Richard Taylor, 23 Heywood Road, Castleton, Rochdale, Lancs OL11 3AU. 01706 345977</i>						
Mon 28 <sup>th</sup> May	Anfield BC	100 mile	D100/2A	6.00	£12	Geoff Perry
<i>Peter Catherall, 49 Elm Grove, Buckley, Flintshire, CH7 2LU. 07773 587793</i>						
Sun 17 <sup>th</sup> June	Farnborough & Camberley CC	12 hour	H12H/8	7.00	£30 solos £20 per rider tandems	Rachael Elliott
<i>Donald Ashton, 6 Minley Close, Cove, Farnborough, Hants, GU14 9RT. 01252 650783</i>						
Sat/Sun 21 <sup>st</sup> /22 <sup>nd</sup> July	Mersey Roads Club	24 hour	D24hr	13.00	£32	Alan Colburn
<i>Jon Williams, 6 Balfour Road, Prenton, Merseyside, CH43 4UD. 07753 612619</i>						
Sat 28 <sup>th</sup> July	VTTA Notts & East Midlands	25 mile	A25/34	14.00	£12	Andrew Simpkins
<i>Collin Parkinson, The Old Baptist Chapel, 11 Main Street, Huncote, Leicester, LE9 3AU. 01162 750203 / 07971 090461</i>						
Sat 25 <sup>th</sup> August	VTTA LH&C	15 mile	H15/1	14.00	£10	Barry Quick
<i>Rachael Elliott, 6 Pindar Place, Newbury, Berkshire RG14 2RR. 07931 722817</i>						

# GROUP OFFICIALS & EVENTS FOR 2018

## EAST ANGLIAN GROUP OFFICIALS

<b>President</b>	Peter Horsnell	Skylarks, Pleshey, Chelmsford, Essex CM3 1HB	01245 237283
<b>Chairman</b>	Andrew Grant	Rose Cottage, 42 High Street, Swaffham Prior, Cambridge CB25 0LD	01638 741433 chairman@vttaea.co.uk
<b>General / Membership Secretary</b>	Merv Player	18 New Close, Knebworth, Herts SG3 6NU	01438 814154 gen.sec@vttaea.co.uk
<b>Treasurer</b>	Keith Dorling	Willows, Henham Road, Debden Green, Saffron Walden, Essex CB11 3L	07595 151315 treasurer@vttaea.co.uk
<b>Recorder / Age Records Secretary</b>	Ken Platts	7 Offa Lea, Newton, Cambridge, CB22 5PW	01223 870963 records@vttaea.co.uk
<b>Awards Secretary</b>	Position vacant		
<b>Time Trial Secretary</b>	John Golder	6 Middlemead, West Hanningfield, Chelmsford, Essex CM2 8UT	07708 328113 tt.sec@vttaea.co.uk
<b>Press Secretary</b>	Mrs Mary Horsnell	Skylarks, Pleshey, Chelmsford, Essex CM3 1HB	01245 237283
<b>Newsletter Editor</b>	Andrew Grant	Details above	newsletter@vttaea.co.uk
<b>Webmaster &amp; Group Administrator</b>	Noel Toone	5 Sondes Close, Oundle, Peterborough, PE8 4QH	01832 274369 07976 988542 webmaster@vttaea.co.uk
<b>Luncheon Organiser</b>	Ian Mackenzie	27 Laburnum Grove, Hockley, Essex SS5 4SQ	01702 204550 dinner@vttaea.co.uk
<b>Auditor</b>	Ian Davidson	154 Heath Row, Bishops Stortford, Hertfordshire CB24 4RA	01279 655927



## EAST ANGLIAN GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 14th April	VTTA East Anglian	25	E33/25	14.00	£10	Mick Hodson, 8 Brickhill Close, Blunham, Beds, MK44 3NF. 07919 352227  Also includes 2-up and tandem events (fee per rider)
Sat 28th April	VTTA East Anglian	25	E2/25	14.00	£10	Rebecca Murley, Fairfield, Wisbech Road, Walpole St Andrew, PE14 7HW. 07515 475747  Pref EA Group members. Ladies event open BBAR. Also includes tandem event (fee per rider)
Sun 29th April	VTTA East Anglian	10	B10/38	7.30	£10	Ron Back, 11 Smithy Close, Stanningfield, Bury St Edmunds, Suffolk, IP29 4RH. 01284 828657  Pref EA Group members. Also includes tandem event (fee per rider)
Sat 26th May	Victoria CC	10	E1/10	8.00	£10	Christine Yareham, 3 Hailswood Close, Elsenham, Bishops Stortford, Herts, CM22 6EN. 01279 813683  Also includes 2-up and 3-up events (fee per rider)
Wed 6th June	VTTA East Anglian	10	E2/10	19.00	£10	Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS. 07729 250305  Pref 60 EA Group members and 30 open
Wed 13th June	VTTA East Anglian	10	E2/10	19.00	£10	Antony Stapleton, 35 Whitlock Drive, Great Yeldham, Essex, CO9 4EE. 07881 502505  Pref 60 EA Group members and 30 open
Wed 20th June	VTTA East Anglian	10	E2/10	19.00	£10	Keith Dorling, Willows, Henham Road, Debden Green, Saffron Walden, Essex, CB11 3LZ. 07595 151315  Pref 60 EA Group members and 30 open
Sat 23rd June	Victoria CC	10	E1/10	8.00	£10	Christine Yareham, 3 Hailswood Close, Elsenham, Bishops Stortford, Herts, CM22 6EN. 01279 813683  Also includes 2-up and 3-up events (fee per rider)
Wed 27th June	VTTA East Anglian	10	E2/10	19.00	£10	Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT. 01462 895424  Pref 60 EA Group members and 30 open

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sun 1st July	VTTA East Anglian	50	E2/50c	6.00	£10	Mark Arnold, 49 Heathersett Road, Red Lodge, Suffolk, IP28 8TF. 07779 639677 Pref 40 EA Group members and 80 BBAR. Also includes tandem event (fee per rider)
Sun 15th July	EDCA	100	B100/4	6.00	£10	Richard Reade, 15 Kingfisher, Attleborough, Norfolk, NR17 2RL. 07702 305358 EA Group Championship
Sat 28th July	Victoria CC	10	E1/10	8.00	£10	Christine Yareham, 3 Hailswood Close, Elsenham, Bishops Stortford, Herts, CM22 6EN. 01279 813683 Also includes 2-up and 3-up events (fee per rider)
Sun 29th July	VTTA East Anglian	25	E2/25	6.00	£10	Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS. 07729 250305 Pref EA Group members. Also includes tandem event (fee per rider)
Sat 11th Aug.	VTTA East Anglian	10	B10/43	14.00	£10	Barry Freeman, Shrublands, Nuttery Vale, Hoxne, Eye, Suffolk, IP21 5BD. 01379 668749
Sun 19th Aug.	ECCA	12hr	E2/12hr	5.00	£19	Leonard Gordon, & Cambridge Close, Langdon Hills, Basildon, Essex, SS16 6UW. 07807 839204 Group championship
Sat 25th Aug.	Victoria CC	10	E1/10	8.00	£10	Christine Yareham, 3 Hailswood Close, Elsenham, Bishops Stortford, Herts, CM22 6EN. 01279 813683 Also includes 2-up and 3-up events (fee per rider)
Sat 1st Sept.	VTTA East Anglian	10	E2/10	14.00	£10	Dominic Whitehead, 4 Dovehouse Close, Godmanchester, Huntingdon, PE29 2DY. 01480 380297 Pref EA Group members. Also includes tandem event (fee per rider)
Sat 22nd Sept.	VTTA East Anglian	30	E2/30c	14.00	£10	John Golder, 6 Middlemead, West Hanningfield, Chelmsford, Essex, CM2 8UT. 07709 328113 Group championship. Pref 50 EA Group members and 100 open. Also includes tandem event (fee per rider)

## KENT GROUP OFFICIALS

<b>President</b>	Mark Vowells	Penny Green, Round Street, Cobham, Kent DA13 9BA	01474 393402 markvowells@hotmail.co.uk
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<b>Chairman</b>	Mark Vowells	Details above	
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<b>Vice Chairman</b>	John Hawkridge	12 Regent Drive, Loose, Maidstone, Kent ME15 6DG	01622 762837 john.hawklaw@googlemail.com
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<b>General Secretary</b>	Carole Gandy	12 Regent Drive, Loose, Maidstone, Kent ME15 6DG	01622 762837 carole.gandy12@gmail.com
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<b>Treasurer</b>	Chris Bax	23 Garrard Avenue, Margate, Kent, CT9 5PY	01843 223146 chris.bax@talktalk.net
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<b>Social Secretary</b>	Tom Morton	42 Chiltern End, Ashford, Kent TN24 8QJ	01233 665081 tommorton1@sky.com
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<b>Group Recorder</b>	Ian Turner	6 Parkway, Tonbridge, Kent TN10 4RA	01732 358714 ic.turner@btinternet.com
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<b>Group Reporter</b>	Ian Turner	Details above	
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<b>Time Trial Secretary</b>	Robert Giles	91 Park Way, Coxheath, Maidstone, Kent ME17 4EX	07905 086613 robertggiles@icloud.com
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<b>Kent Vet News Production</b>	Neil Quarmby	Hatton House, Perry Street, Chislehurst BR7 6PU	02030153626 neil@islimited.co.uk
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<b>Committee Members</b>	Dave Wright, Mark Wright and Duncan Leith		
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## KENT GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 24th March	VTTA Kent	10	Q10/22	7.30	£7	Mrs Val Peachey, 63 Beverley Road, Barming, Maidstone, ME16 9DU. 01622 727649 : valpe42@gmail.com
Also includes tandem event (fee per rider)						
Sun 29th April	VTTA National Championship	30	Q30/2	6.30	£10	Tom Morton, 42 Chiltern End, Ashford, TN24 8QJ. 01233 665081 : tommorton1@sky.com
Also includes tandem event (fee per rider)						
Sun 17th June	VTTA Kent	25	Q25/8	6.30	£7	Robert Giles, 91 Park Way, Maidstone, ME17 4EX. 07905 086613 : robertgiles@icloud.com
BBAR for women. Also includes tandem event (fee per rider)						
Sun 1st July	VTTA Kent	10	Q10/30	6.30	£7	Colin Inett, 63 Burgess Road, Aylesham, canterbury, CT3 3AX. 01304 840700 : colininett@aol.com
Also includes tandem event (fee per rider)						
Sun 15th July	VTTA Kent	50	Q50/11	6.30	£7	Robert Giles, 91 Park Way, Maidstone, ME17 4EX. 07905 086613 : robertgiles@icloud.com
BBAR for women. Also includes tandem event (fee per rider)						
Sat 21st July	VTTA Kent	10	Q10/22	7.30	£7	Tom Morton, 42 Chiltern End, Ashford, TN24 8QJ. 01233 665081 : tommorton1@sky.com
Also includes tandem event (fee per rider)						
Sun 16th Sept	VTTA Kent	25	Q25/12	6.30	£7	Peter Rowe, 16 Vine Court Road, Sevenoaks, TN13 3UY. 01732 460358 : pcrowe64@yahoo.com
Also includes tandem event (fee per rider)						
Sun 14th Oct	VTTA Kent	15	Q15/20	8.00	£7	Robert Giles, 91 Park Way, Maidstone, ME17 4EX. 07905 086613 : robertgiles@icloud.com
Paper entry only						

## VTTA KENT CLUB 10@10 SERIES

Wed 4th April, Wed 2nd May, Wed 6th June, Wed 4th July, Wed 1st Aug, Wed 2nd Sept, Wed 17th Oct (2-up TTT), Wed 12th Dec (road bikes)	All events are 10 miles, on course Q10/33 and start at 10.00. Enter at the event.
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## LONDON & HOME COUNTIES GROUP OFFICIALS

<b>President</b>	Jim Burgin	33 Pinelands Park, Welshman's Road, Padworth Common, Reading, RG7 4QB	0118 970 1147 jim.burgin1@btinternet.com
<b>Chairman</b>	David Guy	3 Grey's Inn Square, 3 <sup>rd</sup> Floor South, London, WC1R 5AH	07711 697900 ovcyclingclub@hotmail.co.uk
<b>Secretary</b>	John Hoskins	8 Ryvers Road, Langley, Slough, Berks, SL3 8SB	07717 086689 secretarylahc@btinternet.com
<b>Treasurer</b>	John Hoskins	Details above	
<b>Social Secretary</b>	Katja Rietdorf	24 Vyne Crescent, Great Holm, Milton Keynes, MK8 9EJ	07543 852940 katja.rietdorf@gmail.com
<b>Awards, Medals &amp; Age Records Secretary</b>	Geir Robinson	8 Landrock Road, London, N8 9HP	07773 771902 geir.robinson@bp.com
<b>Committee Members</b>	David Devine, Paul Marchant, Tim Childs (race organiser), Philip Melville (race organiser), Stuart Stow (website)		

## LONDON & HOME COUNTIES GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Mon 7th May	VTTA National Championship	10	F11/10	12.00	£10	Geoff Perry, 5 Meadway, Loughton, Milton Keynes, MK5 8AN. 07808 905879 : geoffreyperry@aol.com
VTTA members only. 150 riders. Also includes tandem event (fee per rider)						
Thur 31st May	VTTA London & Home Counties	10	H10/2	14.00	£10	David Guy, 3 Gray's Inn Square, 3rd Floor South, London, WC1R 5AH. 0207 242 6543 : ovcyclingclub@hotmail.co.uk
Pref. To VTTA members. Also includes tandem event (fee per rider)						
Sun 15th July	VTTA London & Home Counties	10	F11/10	8.00	£10	David Guy, 3 Gray's Inn Square, 3rd Floor South, London, WC1R 5AH. 0207 242 6543 : ovcyclingclub@hotmail.co.uk
VTTA members only. 150 riders. Also includes tandem event (fee per rider)						
Thur 9th Aug	VTTA London & Home Counties	10	H10/2	14.00	£10	Phillip Melville, Farthings, Little Gaddesden, Berkhamstead, Herts, HP4 1PE. 01442 842381 : phil@farthings.biz
Pref. To VTTA members. Also includes tandem event (fee per rider)						
Sun 25th Aug	VTTA National Championship	15	H15/1	14.00	£10	Rachael Elliott, 6 Pindar Place, Newbury, Berks, RG14 2RR. 07931 722817 : rachael.elliott@gmail.com
Pref VTTA members. Also includes tandem event (fee per rider)						
Sun 7th Oct	VTTA London & Home Counties (Rocco 25)	25	H25/2	8.00	£10	Tim Childs, 73 Windmill Lane, Greenford, Middx, UB6 9DR. 07941 284733 : tmc164@yahoo.co.uk
VTTA members only. Also includes tandem event (fee per rider)						

## MANCHESTER & NORTH WEST GROUP OFFICIALS

<b>Chairman</b>	Jim Ogden	The Old Boundary Cottage, 3 Pexhill Road, Broken Cross, Macclesfield, SK10 3LL	01625 429594 ogdenjim@yahoo.co.uk
<b>Secretary</b>	Neville Ashman	77 Hulme Hall Road, Cheadle Hulme, Cheadle, Cheshire, SK8 6JZ	0161 485 7969 neville.ashman@ntlworld.com
<b>Treasurer</b>	Edgar Reynolds	141 Main Street, Halton Village, Runcorn, cheshire, WA7 2PP	01928 581416 e.reynolds2013@outlook.com
<b>Recorder</b>	Tony Farrell	Lealtad, Brooke Edge Lane, Adlington, Cheshire, SK10 4JU	01625 820210 f.t.a.1@icloud.com

**News Editor** Jim Ogden Details above

**Committee Members** Wilf Lewis, Roy Deakin, Barbara Wellings, Ken Workman

## MANCHESTER & NORTH WEST GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Tue 10th April	VTTA Manchester & NW	10	J2/3	14.00	£8	Roy Deakin, 14 Heathend Road, Alsager, Stoke-on-Trent, ST7 2SQ. 01270 873978
Also includes tandem event (Fee is per rider)						
Sat 26th May	Warrington RC / VTTA Manchester & NW	50	J4/16	14.00	£8.50	David Wright, 46 Coppice Green, Kingswood, Warrington, WA5 7WA. 01925 710633
Also includes tandem event (Fee is per rider)						
Sat 9th June	Janus RC / VTTA Manchester & NW	25	J2/9	14.00	£8	Peter Brocklehurst, 14 Fawns Keep, Stalybridge, SK15 2UL. 01457 762639
Sat 28th July	Seamons CC / VTTA Manchester & NW	25	J2/9	14.00	£8	Charles Caraz, 36 Barkers Lane, Sale, M33 6RG. 07789 747116

## MERSEYSIDE GROUP OFFICIALS

<b>President</b>	Doreen Mahar	30 Bromborough Road, Bebington, Wirral, CH63 7RF	0151 645 5159
<b>Chairman</b>	Mel Griffiths	54 Kendal Road, Harlescott, Shrewsbury, SY1 4ES	07784 904954
<b>Secretary</b>	Vacant. All correspondence to Phil Guy		
<b>Treasurer</b>	Phil Guy	6 Old Farm Road, Hadnall, Shrewsbury, SY4 4BH	01939 210569 grandadguy@gmail.com
<b>Recorder</b>	Geoff Edgerton	10 Hazlitt Place, Wem, Shropshire, SY4 5JR	01939 234304 geoff.edgerton@btinternet.com
<b>News Editor</b>	Geoff Edgerton	Details above	
<b>Web Admin.</b>	Geoff Edgerton	Details above	

## MERSEYSIDE GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sun 25th March	VTTA Merseyside	15	D315/1	8	£8	Phil Guy, 6 Old Farm Road, Hadnall, Shrewsbury, SY4 4BH. 01939 210569
Pref to VTTA members. Also includes tandem event (fee per rider)						
Sun 13th May	Mid Shropshire Whs	50	D50/4	7	£8	John Robertson, 2 Emmanuel Terrace, Faulsgreen, Whitchurch, SY13 2AX. 07933 788657
Also includes tandem event (fee per rider)						
Sun 20th May	West Cheshire TTCA	30	D30/12	8	£8.50	Roger Squire, Erw Las, Village Road, Llandegla, LL11 3AW. 07525 055435
Sun 3rd June	Chester RC	25	D25/8E	7	£8	Ian Taylor, 8 Greenbank Road, Hoole, Chester, CH2 3RP. 07799 431267
Sun 10th June	West Cheshire TTCA	10	D10/15	7.3	£8.50	Mike Burns, 40 Abbey Road, Rhos on Sea, Conwy, LL28 4NU. 07899 062089
Sun 1st July	Liverpool Phoenix CC(Aintree)	25	D25/3	8	£9	John Hampson, 3 Kellit Road, Wavertree, Liverpool, L15 0ER. 0151 733 3984
Sun 12th Aug	Rhos on Sea CC	10	D10/15	7.3	£10	Mike Burns, 40 Abbey Road, Rhos on Sea, Conwy, LL28 4NU. 07899 062089
Sun 26th Aug	North Shropshire Whs	25	D25/8E	7	£8	David Drew, 4 Pantulf Road, Wem, Shropshire, SY4 5LT. 01939 234073

## MIDLANDS GROUP OFFICIALS

<b>President</b>	Peter Rose	11 Margreaves Lane, Winshill, Burton on Trent, DE15 0DY	02476 410010 mrpeter.rose10@gmail. com
<b>Chairman</b>	Jeff Matthews	8 The Square, Feckenham, B96 6HR	07976 921106 jeff@the-madison- group.co.uk
<b>Secretary</b>	Scott Westwood	4 Woodpecker Way, Heath Hayes, Cannock, Staffs, WS11 7WJ	07764 952024 scott.westwood41@btinter net.com
<b>Treasurer</b>	Margaret Colburn	The Willows, Jury Lane, Martley, Worcester, WR6 6PE	01886 888575 margaret.colburn@martley .org
<b>Recorder</b>	Steve Jenks	43 Kimberley Road, Olton, Solihull, B92 8PX	0121 684 5240 stevejmo7@hotmail.com
<b>Competitions Secretary</b>	Vacant		
<b>Editor</b>	David Steel	The Oast House, Ocle Mead, Ocle Pychard, Herefordshire, HR1 3RN	radfordmill@aol.com
<b>Press / Communications</b>	Jeff Matthews	Details above	
<b>Membership Secretary</b>	Andrew Simpkins / Alan Colburn (interim)		
<b>Committee Members</b>	Alan Colburn, Bob Franks, Norman Fenn		

## MIDLANDS GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 7th April	VTTA Midlands (Welland Trophy)	16	K47/16	14.00	£10	Mike Amery, 18 Giffard Drive, Welland, Malvern, Worcs, WR13 6SE. 01684 587464 : mikeamery58@gmail.com
Solo and 2-up. Joint competition between VTTA and LVRC						
Sat 21st April	VTTA Midlands	10	K48/10	14.00	£9	Scott Westwood, 4 Woodpecker Way, Cannock, Staffs. 07983 587440 : scott.westwood41@icloud.com
Cheques to Scott Westwood. Pref to VTTA members						



## NORTH GROUP OFFICIALS

<b>President</b>	Albert Harrison	39 Ridley Avenue, Middlesborough, TS5 7AR	01642 270758
<b>Chairman</b>	Paul Dawson	45 Yearby Close, Acklam, Middlesborough, TS5 8LY	01642 850435 andrew.dawson9 @btinternet. com
<b>Secretary</b>	Gavin Russell	2 Antrim Avenue, Fairfield, Stockton- on-Tees, TS20 1EP	01642 654419 gavin_russell@h otmail.co.uk
<b>Treasurer</b>	Paul Dawson	Details above	
<b>Recorder</b>	David Oliver	Ryhill, Kirk Merrington, Spennymoor, Co Durham, DL16 7DJ	d.oliversen@ Btconnect.com
<b>Points Competition Recorder</b>	Ruth Crossley	Merle Cottage, 66 Cooper Lane, Potto, Northallerton, North Yorkshire, DL6 3HA	01642 701264
<b>Press Secretary</b>	Gavin Russell	Details above	
<b>Social Secretary</b>	Ruth Crossley	Details above	
<b>Committee Members</b>	R Lockett; A Armstrong; H D Clayton		

## NORTH GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 21st April	Hartlepool CC / VTTA North	10	T105	14.00	£10	Phil Wright, 265 Stockton Road, Hartlepool, TS25 5AU. 07702 244922 : jagryk@aol.com
Also tandem event (fee per rider)						
Sun 13th May	Hartlepool CC / VTTA North	10	T105	9.00	£10	Paul Garstang, 20 Crocus Gardens, Hartlepool, TS26 0ZG. 07784 781221 : paulgarstang@ymail.com
Also tandem event (fee per rider)						
Sat 2nd June	VTTA North	10	T104	14.00	£10	Ruth Crossley, Merle Cottage, 66 Cooper Lane, Potto, Northallerton, DL6 3HA. 01642 701264 : ruth.crossley@lrqa.com
Also tandem event (fee per rider). Paper entry only						
Sun 22nd July	Cleveland Coureurs / VTTA North	25	T252/3	8.00	£10	Gavin Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF. 01642 654419 : gavin_russell@hotmail.co.uk
Also tandem event (fee per rider)						
Sun 12th Aug	Hartlepool CC / VTTA North	50	T502	7.00	£10	Phil Wright, 265 Stockton Road, Hartlepool, TS25 5AU. 07702 244922 : jagryk@aol.com
Also tandem event (fee per rider)						
Sun 2nd Sept	Cleveland Coureurs / VTTA North	25	T252/3	8.00	£10	Gavin Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF. 01642 654419 : gavin_russell@hotmail.co.uk
Also tandem event (fee per rider)						
Sun 16th Sept	Hartlepool CC / VTTA North	25	T254	9.00	£10	Paul Garstang, 20 Crocus Gardens, Hartlepool, TS26 0ZG. 07784 781221 : paulgarstang@ymail.com
Also tandem event (fee per rider)						
Sun 30th Sept	Cleveland Whs CC	Hill Climb	THC32	10.00	£10	Steven Tilly, 6 Elgin Court, Darlington, DL1 3RQ. 07982 255809 : secretary@clevelandwheelers.com
VTTA North hill climb championship. Also tandem event (fee per rider)						

## NORTH LANCASHIRE & LAKES GROUP OFFICIALS

<b>Chairman</b>	Richard Taylor	23 Heywood Road, Castleton, Rochdale, OL11 3AU	07533 679101 rtaylor023@aol.com
<b>Vice Chairman</b>	Paul Fleming	21 Holland Avenue, Walton-le- Dale, Preston, PR5 4RJ	01772 316366 paul3665@tiscali.co.uk
<b>Secretary</b>	Sue Cheetham	25 Full View, Livesey, Blackburn, BB2 4QB	07790 949141 suecheetham63@gmail. com
<b>Treasurers</b>	Bob & Hazel Matthews	5 Clockhouse Avenue, Burnley, BB10 2SU	01282 438295 haz.matt@hotmail.co.uk
<b>Recorder</b>	Richard Taylor	Details above	
<b>Press Secretary</b>	Dave Brown	1 Prospect View, Harwood, Bolton, BL2 4FN	01204 776602 davebrown.cyclist@tiscali.c o.uk
<b>Lunch Secretary</b>	John Leach	16 Rushbed Drive, Reedsholme, Rossendale, Rawtenstall, Lancs, BB4 8NQ	jsleach45@gmail.com

## NORTH LANCASHIRE & LAKES GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Wed 11th April	VTTA NL&L	25	L2521a	13.00	£8.50	Richard Taylor, 23 Heywood Road, Castleton, Rochdale, OL11 3AU. 07533 679101: rtaylor023@aol.com
Paper entry only. Also tandem event (fee per rider)						
Sun 20th May	VTTA National Championship	50	L5012	7.00	£8.50	Richard Taylor, 23 Heywood Road, Castleton, Rochdale, OL11 3AU. 07533 679101: rtaylor023@aol.com
Paper entry only. Also tandem event (fee per rider)						
Wed 13th June	West Pennine RC/VTTA NL&L	25	L256	19.00	£8.50	Richard Taylor, 23 Heywood Road, Castleton, Rochdale, OL11 3AU. 07533 679101: rtaylor023@aol.com
Paper entry only. Also tandem event (fee per rider)						

## NORTH MIDLANDS GROUP OFFICIALS

<b>Chairman</b>	Phil Morgan	The Four Limes, 27b High Street, Whitwell, Worksop, S80 4RB	07710 556209 : thefourlimes@btopenworld.com
<b>Secretary</b>	John Smith	1 Abbotsford Drive, Thurcroft, Rotherham, S66 9PQ	01709 709109 : john@whitepeakexpeditions.co.uk
<b>Treasurer</b>	John Slater	68 Spring Lane, Sprotborough, Doncaster, DN5 7QL	01302 851444 pandjlater@btinternet.com
<b>Social Secretary</b>	Alan Sides	3 Blyth Road, Maltby, Rotherham, S66 8HX	01709 813538 : alan.sides@live.co.uk
<b>Web &amp; Press Secretary</b>	Alex Deck	4 Cobden Road, Chesterfield, S40 4TD	07941 673814 : AJDeck67@gmail.com

## NORTH MIDLANDS GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 24th March	VTTA North Midlands	10	O10/16	14.00	£10	Chris Melia, 27 Sterndale Road, Sheffield, S7 2LB. 07500 737707
Sat 23rd June	VTTA North Midlands	14.7	O14/C	14.00	£10	Gordon Wordsworth, Wyncot, Coggers Lane, Hathersage, S32 1AL. 07942 318223
Also tandem event (fee per rider)						
Sat 6th Oct	VTTA North Midlands	10	O10/3	14.00	£10	David Buxton, 10 Gillott Lane, Wickersley, Rotherham, S66 1EH. 07751 518488

## NOTTINGHAM & EAST MIDLANDS GROUP OFFICIALS

<b>President</b>	Bill Stanley	16 Kipling Drive, Melton Mowbray, Leics, LE13 1LW	01664 850627 william.stanley@sky.com
<b>Chairman</b>	Sue Bowler	14 Sunnyhill Ave, Littleover, Derbys, DE23 1JP	01332 763775 suejbowler@gmail.com
<b>Vice Chairman</b>	Jim Goodwin	7 John Street, Eckington, Sheffield, S Yorks, S31 9DU	01246 434595
<b>Secretary</b>	Russell Gent	14 Westfield Road, Leicester, LE3 6HR	01162 858738 rwgent@btinternet.com
<b>Treasurer</b>	Kath Smith	14 Main Street, Wilsford, Grantham, Lincs, NG32 3NP	01400 230512 davidandkathsmith@btinte rnet.com
<b>Recorder</b>	Graham Green	6 Rumsey Close, Thringston, Coalville, Leics, LE6 7NY	01530 224385 grahamgreen42@btinternet.com
<b>Trophies Secretary (Joint)</b>	Ron Hallam Colin Parkinson	21 Church Street, Heanor, Derbys, DE75 7AH 12 Collingham Road, Leicester, LE3 2BA	01773 717985 reaphallam@gmail.com 01162 091371 cdp@lineone.net
<b>Dinner Secretary</b>	Gail Summerlin	19 The Paddocks, Sandiacre, Nottingham, NG10 5HQ	01159 398984 gailgs@gmail.com
<b>'Veteran' Reporter</b>	David Herd	2 Meadows Close, Long Bennington, Newark, Notts, NG23 5EQ	01400 281116 davidherd63@outlook.com

## NOTTINGHAM & EAST MIDLANDS GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 7th April	Melton Olympic (incorp. VTTA Notts & East Mids Jack Watts Memorial 25)	25	A25/34	14.00	£9	KR Gent 14 Westfield Road, Leicester LE3 6HR. 0116 2858738
Sat 21st April	VTTA Nottingham & East Midlands	10	A10/14A	15.00	£8	D Yarham, 7 Torpel Way, Maxey, Peterborough, Cambs, PE6 9EQ. 01778 343077
Strevens Memorial Trophy to 1 <sup>st</sup> on standard						
Sat 19th May	VTTA Nottingham & East Midlands	25	A25/34	14.00	£9	KR Gent 14 Westfield Road, Leicester LE3 6HR. 0116 2858738
Sat 28th July	VTTA National Championship	25	A25/34	14.00	£12	C Parkinson, The Old Baptist Chapel, 11 Main Street, Huncote, Leicester, LE9 3AU. 01162 750203 / 07971 090461
Sat 22nd Sept	VTTA Nottingham & East Midlands	25	A25/34	14.00	£9	Mrs Julie Christian, Corner House, 1 Bentinck Street, Hucknall, Nottingham, NG15 7EH

## SCOTLAND GROUP OFFICIALS

<b>President / Chairman</b>	Michael Devlin	36 Erskine Hill, Polmont, Stirlingshire FK2 0UQ	01324 310242
<b>Secretary</b>	George McLaughlan	151 Netherton Road, Wishaw, Lanarkshire ML2 0AR	01698 374201 george.mclaughlan@blueyonder.co.uk
<b>Treasurer</b>	Steve Beech		01506 207232 beechs@blueyonder.co.uk
<b>Time Trial Secretary</b>	Jim Harris	20 Lomond View, Condorrat, Cumbernauld, Glasgow G67 4JR	01236 730157 jimharris35@yahoo.co.uk
<b>Track Secretary</b>	Gordon Johnston	Reigmor, Stoop Loaning, Gasstown, Dumfries DG1 3JP	01387 263248 gordon@reigmor.co.uk
<b>Press Secretary</b>	James Skinner	84 Kirkwall Avenue, Blantyre, South Lanarkshire G72 9NX	01698 325902 jamesmskinner@hotmail.com
<b>Webmaster</b>	Steve Nutley	Caitlins, Bottom Craig, Newport on Tay, DD6 8RN	01382 330081 info@svtta.org.uk
<b>Web Administrator</b>	James Skinner	84 Kirkwall Avenue, Blantyre, South Lanarkshire G72 9NX	01698 325902 jamesmskinner@hotmail.com
<b>Records Secretary</b>	Frank Anderson	26 Palmers Rise, Livingston, West Lothian	01506 281701 frank.anderson@westlothian.gov.uk
<b>Social Secretary</b>	George Skinner	14 Lembert Drive, Clarkston, Glasgow G78 7NQ	0141 638 5634 georgeskinner22@yahoo.co.uk
<b>Committee members</b>	Iain McLeod; Alex Munro; Tom Glendinning; Alan Solway		

## SCOTLAND GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary	Org.
Sun 1st April	Law Whs/SVTTA (J & B. Train Trophy)	10	WM10/01	8.00	£9	Stephen Kelly, 92 Carvale Avenue, Salsburgh, Lanarkshire ML7 4NQ. 07984 434971	CTT
		HQ - Community Hall, St Ninians Road, Cambusbarron, Stirling FK7 9NU					
Sun 8th April	SVTTA	15	WM15/01	8.00	£10	Mrs. M. Laffoley, 22 Frankfield Place, Dalgety Bay, Fife KY11 9LR. 01383 822349 : mhairilafolley@gmail.com	CTT
		HQ - Community Hall, St Ninians Road, Cambusbarron, Stirling FK7 9NU					

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary	Org.
Sun 17th June	Granite City Neish Low (SVTTA J Cramb Handicap Trophy)	25		9.00	£12	R. Gibson, Ellington, Station Place, Johnshaven, Montrose DD10 0JD. robmag.bg@gmail.com	SC
HQ - Fordoun Memorial Hall, Fordoun, AB30 1NN							
Sun 24th June	Tom Anderson Memorial (SVTTA J Connor & J Lyon Trophies)	RR	Falkirk		£20	B. Fullerton, 6 Peddie Place, Grangemouth, Stirlingshire FK3 9JW. 07779 032451 : tomathome2005@yahoo.com	SC
Closing date: 15th June. HQ - Grangemouth Rugby Club, Glensburgh Road, Grangemouth FK3 8XL							
Sun 24th June	Alastair Speed Memorial (SVTTA H Roberts Trophy)	50		8.00	£12	Mrs. M. Laffoley, 22 Frankfield Place, Dalgety Bay, Fife KY11 9LR. 01383 822349 : mhairlafolley@gmail.com	SC
Closing date: 11th June. HQ - Freuchie Cricket Club, Muir Road, Freuchie, Fife KY15 7HW. <b>VTTA Brafman Cup to best club team on standard.</b>							
Sun 1st July	Law Whs/SVTTA (Ben Smith Trophy)	25	WM25/1	8.00	£9	Robert Clements, 18 Holmwood Avenue, Uddingston, Glasgow G71 7AJ. 01698 810540 : robertclements55@gmail.com	CTT
HQ - Community Hall, St Ninians Road, Cambusbarron, Stirling FK7 9NU							
Sun 26th Aug	Deeside Thistle / Furneux CC (SVTTA The Reilly & J Sharp Trophies)	100	AB100/1	7.00	£15	Kenneth Anderson, 76 Arduthie Road, Stonehaven AB39 2EH. 07711 524526 : kennyatstoney@gmail.com	SC
Closing date: 13th August. HQ - Fordoun Memorial Hall, Fordoun, AB30 1NN							
Sun 26th Aug	Ivy CC Auld Yins RR (SVTTA Jim Lyons Trophy)	RR (57)	Balfron	11.00	£?	Paul Hornby, 17 Allander Drive, Torrance, Glasgow G64 4LA. 01360 622677 : pjhornbys@fsmail.net	SC
HQ - Balfron High School, Roman Road, Balfron - Open 9.30am							
Sun 2nd Sept	SVTTA (Pinky Williams Trophy)	30	WM30/1	8.00	£10	Michael Devlin, 36 Erskine Hill, Polmont, Stirlingshire FK2 0UQ. 01324 310242	CTT
HQ - Community Hall, St Ninians Road, Cambusbarron, Stirling FK7 9NU							
Sun 7th Oct	Ivy CC Tour de Trossachs (SVTTA Bill Lennon Trophy)	28.5 MTT	Aberfoyle	10.00	£15	Janette Hazlett, 9 Jane Rae Gardens, Clydebank G81 1HR. 0141 952 7337 : janette@hazlettcycling.org.uk	CTT
Also includes tandem event (fee per rider). Strip / Aberfoyle							

## SOUTH WALES GROUP OFFICIALS

<b>Sole Official (Secretary, Treasurer &amp; 'Veteran' Reporter)</b>	Barry Williams	34 Millbrook Road, Dinas Powys, South Glamorgan, CF6 4DA	02920 514751 bazspeed@gmail.com
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## SOUTH WALES GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 12 <sup>th</sup> May	VTTA South Wales	10	R10/17	14.00	£12	Barry Williams, 34 Millbrook Road, Dinas Powys, South Glamorgan, CF6 4DA 02920 514751 : bazspeed@gmail.com

Includes events for solos and 2-up (fee per rider)

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## SURREY/SUSSEX GROUP OFFICIALS

<b>Chairman</b>	Keith Wilkinson	Croft House, Chapel Road, Smallfield, Horley, Surrey, RH6 9JH	07983 332792 keithwilkinson@talktalk.net
<b>Secretary</b>	Position vacant. Send correspondence to the Chairman and membership enquiries to the Treasurer.		
<b>Treasurer &amp; Membership Secretary</b>	Jon Fairclough	Romer Cottage, Long Reach, Ockham, Surrey, GU23 6PF	01483 285562 jon.fairclough54@gmail.com
<b>Recorder</b>	Position vacant		
<b>Time Trials Secretary</b>	David Pollard	2 Harison Road, Seaford, East Sussex, BN25 3PN	01323 893455
<b>Press Secretary</b>	Jon Fairclough	Details above	
<b>Social Secretary</b>	Position vacant		

## SURREY/SUSSEX GROUP EVENTS 2018

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Saturday 28th April	Surrey/Sussex VTTA	10	G10/87	6.30	£8	David Pollard, 2 Harison Road, Seaford, East Sussex BN25 3PN 01323 893455
Sunday 20 <sup>th</sup> May	Surrey/Sussex VTTA (Lewes Wanderers CC)	30	G30/88	7.30	£8	Simon Yates, The Old Stables, Crowborough Hill, Crowborough, East Sussex TN6 2HL 01892 655785
Sunday 17th June	Surrey/Sussex VTTA (East Sussex CA)	50	G50/90	6.00	£8	Mark Gidney, 28 Chantlers Mead, Cowden, Kent TN8 7HU 01342 851255
Sunday 12th August	Surrey/Sussex VTTA (East Sussex CA)	100	G100/861	6.00	£10	Bob Harber, 51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP 01903 879598
Sunday 19th August	Surrey/Sussex VTTA (Bec CC)	25	G25/54	7.00	£8.50	Andrew Green, 164 Sorrel Bank, Linton Glade, Forestdale, Surrey CR0 9LZ 07791 578262
Sunday 23rd Sept.	Surrey/Sussex VTTA <b>VTTA Pett Cup to 1<sup>st</sup> on standard</b>	25	G25/89	7.30	£8	Keith Wilkinson, Croft House, Chapel Road, Smallfield, Horley, Surrey RH6 9JH 07983 332792

## WESSEX GROUP OFFICIALS

<b>Chairman</b>	David Collard-Berry	59 Midhurst Road, Fernhurst, Haslemere, Surrey GU27 3EN	01428 651 843 chair@wessexvtta.org.uk
<b>Secretary</b>	Lizzy Yates	42 Cauldron Barn Farm Park, Cauldron Barn Road, Swanage, Dorset BH19 1QQ	07786 006551 secretary@wessexvtta.org.uk
<b>Treasurer</b>	Mary Corbett	28 The Meadows, Lyndhurst, Hampshire SO43 7EL	07837 551768 treasurer@wessexvtta.org.uk
<b>Recorder</b>	Claire Newman	31 Main Road, Totton, Southampton SO40 7EP	02380 667394 recorder@wessexvtta.org.uk
<b>Membership Secretary</b>	Norman Harvey	Yonne, Beaulieu Road, Marchwood, Southampton SO40 4UQ	02380 863048 membership@wessexvtta.org.uk
<b>Veteran Reporter</b>	Bob Jolliffe	Sweetbriar, Vicarage Lane, Hordle, Lymington, SO41 0HS	01425 616525 veteranreporter@wessexvtta.org.uk
<b>Trophy Secretary</b>	Alan Sharpen	12 Bassett Close, Bassett, Southampton SO16 7PE	02380 768295 trophysecretary@wessexvtta.org.uk
<b>Media Co-ordinator</b>	Adrian Watkins	49 Hill View Road, Ensburry Park, Bournemouth BH10 5BT	01202 772254 media@wessexvtta.org.uk
<b>Social Sec.</b>	Vacant		social@wessexvtta.org.uk
<b>Webmaster</b>	Claire Newman & Steve Brown		webmaster@wessexvtta.org.uk
<b>Committee</b>	Glenn Longland	32 Testlands Avenue, Nursling, Southampton, SO16 0XG	02380 731771 rukglentli@gmail.com

## WESSEX GROUP CHAMPIONSHIP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Sat 23rd June	Alton CC	10	H10/8	14.00	£9	Charlie Williams, 24 Medstead Road, Beech, Alton, Hampshire, GU34 4AD. 07824 968991 : ya-charlie.williams@yandex.com
						Includes tandem event (fee per rider)
Wed 27 <sup>th</sup> June	...a3crg	15	P884/15	19.00	£5	David Collard-Berry, 59 Midhurst Road, Fernhurst, Haslemere, Surrey GU27 3EN 07770 885428
Sun 22nd July	Southdown Velo	50	P901/50	7.00	£10	Kim Piper, 24 Pipers Mead, Birdham, West Sussex, PO20 7BJ. 07920 762155 : kimlouisepiper@gmail.com
						Includes tandem event (fee per rider)
Sat 11th Aug	North Hants RC	25	H25/8	14.00	£10	Maggie Smith, 60 Portway, Baughurst, Tadley, Hampshire, RG26 5PE. 0118 981 2120 : maggiesmith195@googlemail.com
						Includes tandem event (fee per rider)

## WEST GROUP OFFICIALS

<b>President</b>	Ted King MBE	48 Friary Grange Park, Winterbourne, Bristol, BS36 1NA	01454 778483
<b>Chairman</b>	Brian Barraclough	Seven Stars House, Lower Road, Hinton Blewitt, Bristol, BS18 5AU	01761 452643
<b>Vice Chair</b>	Mary-Jane Hutchinson	Mill Lodge, 1 Kingsmill, Stoke Bishop, Bristol, BS9 1BZ	01179 681105
<b>Secretary</b>	Gordon Scott	5 Pride Close, Moreton, Dorchester, DT2 8FN	01305 853281 westvetsec@gmail.com
<b>Treasurer</b>	Ian Pritchard	21 Channel View Road, Portishead, Bristol, BS20 6LZ	01275 845779
<b>Recorder</b>	Rob Hutchinson	Mill Lodge, 1 Kingsmill, Stoke Bishop, Bristol, BS9 1BZ	01179 681105
<b>'Westvet' Editor</b>	Mike Jupp	22 North Home Road, Cirencester, Gloucestershire, GL7 1DL	01285 656528 hetchinslugsthebest@talktalk.net
<b>'The Veteran' Contact</b>	Brian Griffiths	27 Hobhouse Close, Henleaze, Bristol, BS9 4LZ	01179 622589 bricyclehenleaze@mypostoffice.co.uk
<b>Webmaster (including national)</b>	Tony Emery	Little Orchard, Overton Lane, Arlingham, Gloucester, GL2 7JJ	01453 860667 Website - www.westvet.org.uk

## WEST GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Fri 11th May	VTTA West	10	UC861			
Group championship. Run as club event. HQ Goss Croft Hall						

## YORKSHIRE GROUP OFFICIALS

<b>Chairman</b>	Chris Goode	56 Raleigh Street, Scarborough, North Yorkshire, YO12 7LQ	01723 341050 twentytwoheels@hotmail.com
<b>Secretary</b>	Tony Stott	Brighton Hall, Brighton, Selby, North Yorkshire YO8 6DH	01757 288933 hazel.stott@talk21.com
<b>Treasurer</b>	George Young	59 Burton Fields Road, Stamford Bridge, York YO41 1JJ	01759 372832 g.young832@btinternet.com
<b>Racing Secretary</b>	Blair Buss	6 Bramley View, Lightcliffe, Halifax HX3 8ST	01422 202957 blairbuss@btinternet.com
<b>Recorder</b>	Jim Trevor	34 Cavendish Park, Welton Road, Brough, HU15 1AU	07970 966458 jim.trevor@hotmail.co.uk
<b>Press Secretary</b>	Chris Goode	Details above	
<b>Website Administrator</b>	Jim Trevor	Details above	
<b>Social Secretary</b>	Mike Williams	10 Manor Garth, Skidby, Cottingham, Hull HU16 5UF	01482 849264 mikettbike@hotmail.com

## YORKSHIRE GROUP EVENTS

Date	Event Name	Dist.	Course	Start	Fee	Event Secretary
Saturday 7th April	VTTA Yorks	25	V236/1	14.00	£10	Blair Buss, 6 Bramley View, Lightcliffe, Halifax, HX3 8ST. 01422 202957 : blairbuss@btinternet.com
VTTA members only. Also tandems and medium gear (fee per rider)						
Saturday 21st July	VTTA Yorks	10	V718	14.30	£10	Mike Penrice, Tawnylands, South Duffield Rd, Osgodby, Selby. 01757 291196 : mike@mrpenrice.plus.com
VTTA members only. Also tandems (fee per rider)						
Saturday 22nd Sept	VTTA Yorks	10	V718	14.30	£10	Blair Buss, 6 Bramley View, Lightcliffe, Halifax, HX3 8ST. 01422 202957 : blairbuss@btinternet.com
VTTA members only. Also tandems (fee per rider)						

## **1. CONSTITUTION**

The VTTA is the National Authority promoting Time Trialling for cyclists who are 40 years of age and older.

All VTTA events are open to any cyclist of 40 years of age and older and shall be conducted in accordance with Cycling Time Trials (CTT) or the Scottish Cyclists' Union (SCU) Regulations.

## **2. RULES**

### **2.1 The Association**

2.1.1 The name of the Association shall be the VETERANS TIME TRIALS ASSOCIATION. Membership shall be open to all cyclists who are 40 years of age and older.

### **2.2 Management of the Association**

2.2.1 The management of the Association shall be vested in an elected National Executive Committee (NEC) consisting of a President and Chairman, Treasurer, Recorder, Records Secretary, Awards Secretary, Editor and Advertising Secretary, Membership Secretary, and up to five Committee members.

2.2.2 A National Secretary may be appointed at the discretion of the NEC to manage the day-to-day business of the VTTA in accordance with the instructions of the NEC.

### **2.3 National Executive Committee Meetings**

2.3.1 The NEC shall meet quarterly, or as required, to transact the affairs of the VTTA. Five members shall form a quorum. In the absence of the Chairman, an officer of the Committee shall be elected to take his/her place on the day. Any member of the Committee who is absent from three consecutive meetings without prior arrangement shall be deemed to have resigned from the committee who shall have the power to fill the vacancy.

2.3.2 Any VTTA member may attend and speak at NEC meetings, but may not vote. (The Chairman may decide that agenda items are not appropriate for open discussion and these items will be taken in private session with only NEC members in attendance.)

### **2.4 Powers of the National Executive Committee**

2.4.1 The NEC shall have the power to appoint/dismiss a National Secretary and to determine the remuneration required. The National Secretary shall be co-opted as a member of the NEC and have full voting rights but need not be a member of the Association.

2.4.2 The NEC shall have the power to co-opt additional members in order to carry out tasks necessary for the smooth running of the Association. These members will have the same voting rights as other NEC members.

2.4.3 The NEC shall have the power to appoint sub-committees that shall prepare minutes of their proceedings. These shall be read at the next meeting of the NEC and duly recorded in the books of the VTTA.

2.4.4 The NEC shall have the power to take such steps as may be deemed necessary to carry out the programme of events for the current or following season.

### **2.5 NEC Expenses**

2.5.1 NEC members may claim reasonable expenses (as agreed by the Committee) for attending meetings.

## **2.6 Duties of National Officers**

2.6.1 The National Secretary shall take, or cause to be taken, minutes of all National meetings. The National Secretary shall carry out the duties defined in the National Secretary Job Description. The contents of the National Secretary Job Description may be amended as necessary by the NEC.

2.6.2 The National Treasurer shall keep, or cause to be kept, proper Accounts of the monies of the VTTA. Such monies shall be kept in the name of the VTTA in a Joint Stock Bank. No monies shall be withdrawn except with the sanction of the NEC. All cheques must be signed by any two of the current officers as follows: the National Treasurer; the National Secretary; the Chairman; the Editor.

## **2.7 Financial Year**

2.7.1 The VTTA's financial year shall commence on 1st November and end on 31st October, after which date the National Treasurer shall prepare a Balance Sheet and Accounts for the year. An Auditor elected at the previous AGM will audit these. The Balance Sheet and Accounts shall be submitted to the NEC for approval and subsequent presentation to the AGM for ratification.

## **2.8 Formation of Regional Groups**

2.8.1 The VTTA shall be divided into Groups as may be necessary.

2.8.2 The minimum number of members to form a Group shall be ten. The NEC shall have the authority to sanction the formation of a Group with fewer than ten members if they consider the circumstances are justified.

2.8.3 A member shall have the right to choose the Group to which he/she wishes to be attached. A member wishing to change from one Group to another shall give one month's notice to the National Membership Secretary who shall advise the Group Secretaries concerned and the change shall be effected as soon as possible.

2.8.4 All Groups shall affiliate to their local District Council of CTT

2.8.5 Each Group shall elect its own officials for the purpose of local administration and the observance of the National Rules and Regulations.

2.8.6 All Group officials shall act in accordance with the instructions of the NEC.

2.8.7 Where Groups are not self-supporting the NEC may, when it is deemed necessary, afford financial support.

2.8.8 Each Group shall be run as a club, hold an AGM and make such extra rules and arrangements for the running of the Group as may be considered necessary, provided they do not conflict with the National Rules and Regulations of the VTTA.

2.8.9 In the event of the dissolution of a Group, monies and assets held by that Group should be distributed to such cycling organisations or charities as the Group's membership think fit.

- 2.8.10 Each Group Committee shall have the authority to suspend and/or expel a member for conduct considered detrimental to the VTTA. Such suspension/expulsion to be confirmed or reversed by a subsequent general meeting of the Group Membership.
- 2.8.11 Copies of the Minutes of all meetings (signed by the Group Chairman and Secretary) shall be available for submission to the NEC.
- 2.8.12 Each Group shall consider the Agenda of the National AGM, as issued by the National Secretary, in order to mandate its delegates on proposals on the Agenda.

## **2.9 Subscriptions**

- 2.9.1 The annual subscription shall consist of two parts, payable together.
- (a) A National subscription which shall include the cost of *The Veteran* and will be determined annually at the National AGM.
- (b) A Group subscription which will be determined annually at the Group AGM.
- 2.9.2 The combined subscription for any member is payable on election and on 1st January of each year thereafter, except that new members elected after 30th September in any year will be entitled to the privileges of membership until 31st December of the following year.
- 2.9.3 An applicant for membership must complete the prescribed form and submit it with the appropriate subscription to the Secretary of his/her chosen Group or using the VTTA website. If the applicant is not elected, the subscription will be returned.
- 2.9.4 Where one member of a household is a member or Life Member, other members of the household may join at a reduced rate to be determined annually at the National and Group AGMs as appropriate. Such members will have the same rights and privileges as other members but will not receive personal copies of VTTA publications. This will be referred to as 'joint membership'.
- 2.9.5 A member who has not paid his/her subscription by 28th February in any year shall forfeit all rights and privileges of membership.
- 2.9.6 Within four weeks after the end of each quarter, the Group Treasurer shall forward to the National Treasurer all National subscriptions received during the quarter together with a statement of accounts. For the purpose of these Rules, quarters shall consist of the three-month periods ending 31st March, 30th June, 30th September and 31st December.
- 2.9.7 Where the National Treasurer has received any Group subscriptions in the previous quarter, he/she will prepare a statement of account detailing the Group subscriptions received and forward these to the Group Treasurer within four weeks after the end of each quarter or within two weeks of receipt of the items specified in Rule 2.9.6, whichever is the later.

## **2.10 Categories of Life Membership**

There are three types of Life membership: Life Membership; Honorary Life Membership; and Distinguished Life Membership.

### **2.10.1 Life Membership**

*Note - This category of membership is discontinued with effect from 27th January 2018.*

*Existing Life Members retain their benefits and must continue to pay for the Veteran at a rate to be determined annually at the National AGM.*

### **2.10.2 Honorary Life Membership**

Honorary Life membership will be granted to any member of 80 years of age (or over) who, in the opinion of their group committee, has made a significant contribution to the VTTA. HLM Membership will include receiving copies of *The Veteran* and the VTTA Handbook free of charge.

Where the Honorary Life Member holds a joint membership, the other partner may remain a member in his/her own right for an annual individual subscription less the cost of *The Veteran* as charged to Life Members. They will not receive an additional copy of *The Veteran*.

### **2.10.3 Distinguished Life Membership**

Distinguished Life Membership may be awarded to members who, in the opinion of the NEC, have rendered singular and meritorious services to the VTTA. Distinguished Life Members will receive copies of *The Veteran* and the VTTA handbook free of charge.

Where the Distinguished Life Member holds a joint membership, the other partner may remain a member in his/her own right for an annual individual subscription less the cost of *The Veteran* as charged to Life Members. They will not receive an additional copy of *The Veteran*.

## **2.11 National Annual General Meeting**

2.11.1 All VTTA members are entitled to attend the National AGM where they may speak, but they are not entitled to vote unless they are delegates for their Groups.

2.11.2 Those entitled to vote at the National AGM shall be:

Two delegates representing each Group plus a further delegate for every 100, or part of 100, members in excess of 200; and two delegates representing the NEC.

2.11.3 Voting at an AGM shall be by a show of hands unless the meeting demands that a ballot is taken. The Chairman shall have only a casting vote.

2.11.4 When a Group is not represented, any proposal tabled by that Group on the Agenda can be taken up by any Group who would have supported the motion if they so wish.

2.11.5 The National AGM shall elect annually a President, who may hold office for not more than five years. Nominations for President must be submitted to the National Secretary not later than 21st November for inclusion in the Agenda and publication in *The Veteran*. The AGM shall also elect the NEC for the ensuing year.

2.11.6 Not less than 14 days' notice of the AGM shall be given in *The Veteran*, on the website and sent to Group Secretaries who shall furnish the names of their delegates to the National Secretary as soon as they have been appointed. A copy of the agenda of the meeting shall be published in the current issue of *The Veteran* and also sent to Group Secretaries and delegates. Fifteen delegates and/or ex-officio members shall form a quorum.

2.11.7 Motions for the National Annual General Meeting can be submitted only by:



(a) the NEC; and

(b) Groups – providing the motion has been agreed by a majority at the Group AGM.

Such motions must reach the National Secretary not later than 21st November of the respective year.

- 2.11.8 Any matter not on the National AGM Agenda may be brought forward without notice provided that it does not involve the alteration of any rule or regulation and subject to the consent of two-thirds of those present and voting.
- 2.11.9 A special meeting may be called by the NEC or, alternatively, by the National Secretary on receiving a request signed by 25 members. All members entitled to attend shall receive 14 days' notice of the special meeting with a copy of the agenda stating the special business to be transacted.

## **2.12 Alterations to Rules and Regulations**

- 2.12.1 No alteration or addition to these Rules shall be made except with the consent of not less than two-thirds of the members present and voting at the AGM or at any special meeting for this purpose. Alterations or additions to Regulations at such meetings will be decided by a simple majority.

## **3. REGULATIONS**

### **3.1 Time Trials Regulations**

- 3.1.1 All VTTA time trials shall be run in accordance with the rules and regulations of CTT or the SCU. VTTA time trials will be Type A events: either '*Open*', '*Semi-open*' or '*Association*', as defined in the CTT regulations.
- 3.1.2 Any member wishing to enter a time trial shall submit to the Event Secretary a standard CTT entry form, properly completed, or enter via the Cycling Time Trials Entry System. Any member wishing to enter a time trial held in Scotland shall enter via the Cycling Time Trials or Scottish Cycling entry system as appropriate.
- 3.1.3 In all VTTA events, only VTTA members will be eligible for any of the awards made on Standard.
- 3.1.4 Only first-claim members of a club are eligible for team awards in events promoted by the VTTA.
- 3.1.5 Overall prizes in all VTTA events shall be decided on the basis of the official VTTA Standard Tables. Other prizes may be awarded at the discretion of the organiser.

### **3.2 Regulations for Standard Awards**

- 3.2.1 Standard Medals will be awarded for rides at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours based on the VTTA Standard Tables. 12 hours and 24 hours distances shall be shown to two decimal places.
- 3.2.2 Any VTTA member may attempt to gain VTTA standard medals in any Open, Semi-Open or Association event authorised by CTT or the SCU. Events that are eligible for Standards shall also be eligible for Records, Best All Rounder Competition (BAR), Three Distance Competition, Short Distance Competition and Trophies.
- 3.2.3 Applications for standards may be made as follows:

(a) A single attempt at any distance or time on one type of machine (i.e. bicycle, tricycle, tandem bicycle or tandem tricycle) in a nominated event.

(b) Any number of attempts in the same season at any one distance or time on one type of machine.

(c) Any number of attempts per season at all distances or times on one type of machine.

- 3.2.4 Riders making any type of attempt listed in Regulation 3.2.3 must give notice direct to the Group Recorder. This notice, which must be accompanied by the appropriate fee (see Regulation 3.2.5), must be received by the Group Recorder at least two days before the date of the event. Riders who have paid bulk fees as per Regulations 3.2.3 (b) and 3.2.3 (c) need not notify the Group Recorder of their intention to ride in a particular event.
- 3.2.5 Each Group shall be allowed to determine its own standard ride entry fees. Payment of one fee does not cover two types of machine.
- 3.2.6 Only one award for a ride at each distance will be made during any one year, but there is no limit to the number of attempts that may be made.
- 3.2.7 Claims for Standards must be submitted to the Group Recorder at the end of the racing season or not later than 31st October. A rider must have a minimum of four medals to qualify for a plaque in lieu.
- 3.2.8 Each VTTA Group may elect to have either Standard or Actual times engraved on Standard Medals/Plaques.
- 3.2.9 Once a rider has won a Standard Award, the rider must improve their previous best plus or minus against Age Standard in order to obtain another award in a later age group. However, a rider may elect not to count any rides done more than three years before if they have not received a Standard Award on that machine at that distance during that period.

### **3.3 Regulations for Age Records**

- 3.3.1 Road record rides will be recognised only when achieved in events authorised by CTT or the SCU, timed on watches complying with the requirements of those bodies and run in conformity with their regulations.
- 3.3.2 Record Certificates are awarded for rides at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours to riders of solo bicycle, solo tricycle, tandem bicycle or tandem tricycle (Men, Women and Mixed) in any Open, Semi-Open or Association event authorised by CTT.
- 3.3.3 The VTTA also recognises Indoor and Outdoor Track records on solo bicycle and tandem bicycle at the following distances: 5, 10 and 25 miles; 1 hour; 5, 10, 20, 50 and 100 km. Records in the VTTA Handbook are as at 31st October of the previous year.
- 3.3.4 A claimant for any records must be a paid-up member of the VTTA at the time of the ride.
- 3.3.5 No record will be considered if a better time or distance has already been achieved by a record holder of a greater age.

3.3.6 Claims for records will be for the period from 1st November to 31st October and must be made to the National Records Secretary not later than 31st October of the current year giving full details of the event together with a printed copy of the official result sheet or an electronic version of the result sheet. In the event of a discrepancy between a printed result sheet and an electronic copy, the printed result sheet will take precedence.

### **3.4 Regulations for National Championships**

3.4.1 National Championships will be promoted on behalf of the NEC at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours. The dates of all National Championships will be published in the VTTA Handbook.

3.4.2 To be eligible for Championship awards, riders must be paid-up VTTA members at the closing date for entries. Riders who are aged 39, but who will be aged 40 by the day of the Championship, may apply to the National Membership Secretary for their membership to commence on their 40th birthday. If their application is accepted, they will be eligible for Championship awards.

3.4.3 Each of the Championships will incorporate men, women, bicycles and tricycles. Where the event is run by a VTTA Group and it is oversubscribed, acceptance of entries shall be in order of best on Standard with preference given to VTTA members.

3.4.4 The rider with the biggest plus overall will be declared the National Champion.

3.4.5 Medals will be awarded to the first three riders overall on Standard. Medals will be awarded to the first three male riders and to the first three female riders overall on Standard. The first on Standard will receive a gold medal and a Championship jersey. The second on Standard will receive a silver medal. The third on Standard will receive a bronze medal.

3.4.6 Club teams shall consist of three first-claim members of the same club. Group teams shall consist of three members of the same Group. In each case, the Team with the biggest cumulative plus on standard shall be the Championship Team and a medal will be awarded to each member of the team.

3.4.7 Tandem Championships will be run in conjunction with the solo Championships and the pair with the biggest plus on Standard will be the Tandem Champions and will receive VTTA gold medals.

3.4.8 All VTTA awards will be made regardless of the number of entries and irrespective of any prizes given by the promoting Group.

### **3.5 Regulations for the BAR Competition**

***Qualifying events must be Type A events approved by CTT.***

3.5.1 A Best All Rounder competition is promoted annually by the VTTA and is open to all its members. Eligible rides must be done in events authorised by CTT or the SCU and shall be over 25, 50 and 100 miles and 12 hours.

3.5.2 The closing date for eligible events to count will be 15th October.

- 3.5.3 The BAR competition will be based on the rider's cumulative plus from all four events. The rider's plus or minus times for 25, 50 and 100 miles will be calculated from the Standards Tables.

Each rider's 12 hour distance will be converted to a 'plus or minus time' equivalent to completing 200 miles using a Standards table for a 200 mile event that is based on the same principles used for the other new Standards Tables.

The plus or minus times for the four events will be added together proportionately, i.e. the plus or minus time for 25 miles;

the plus or minus time for 50 miles divided by 2;

the plus or minus time for 100 miles divided by 4; and the equivalent 12 hour 200 miles plus or minus time divided by 10.

The rider with the greatest combined plus or minus will be the winner of the Best All Rounder Competition.

- 3.5.4 Claim forms, supported by printed copies of official result sheets or electronic versions of the result sheets, must be sent to the Group Recorder for verification. The Group Recorder will then send the verified claim form to the National Recorder to arrive not later than 31st October of the current year. In the event of a discrepancy between a printed result sheet and an electronic copy, the printed result sheet will take precedence.

- 3.5.5 BAR Certificates shall be presented to all riders completing the four distances. Tandem riders who complete all distances with the same partner are eligible for certificates, but not for any other awards. The winner of the BAR will receive a VTTA gold medal, the second will receive a VTTA silver medal and the third will receive a VTTA bronze medal.

- 3.5.6 Club teams shall consist of three first-claim members of the same club. Group teams shall consist of six members of the same Group. Medals will be awarded to each member of the winning teams.

### **3.6 Regulations for the Three Distance Competition**

- 3.6.1 A Three Distance Competition will be promoted annually over 25, 50 and 100 miles.

- 3.6.2 The Three Distance competition will be based on the rider's cumulative plus or minus from all three events.

Each rider's plus or minus times for 25, 50 and 100 miles will be calculated from the Standards Tables.

The plus or minus times for the three events will be added together proportionately, i.e.

the plus or minus for 25 miles;

the plus or minus for 50 miles divided by 2 and

the plus or minus for 100 miles divided by 4.

The rider with the greatest combined plus or minus will be the winner of the Three Distance Competition.

3.6.3 All other conditions of qualification to this competition shall be those of the BAR Competition. Awards shall be the same as for the BAR Competition.

### **3.7 Regulations for the Short Distance Competition**

3.7.1 A Short Distance Competition will be promoted annually over 10 and 25 miles and shall be twice over 10 and 25 miles, giving four events in total.

Each rider's plus or minus times for 10 and 25 miles will be calculated from the Standards Tables.

The plus or minus times for the four events will be added together proportionately, i.e.:

the plus or minus time for the fastest 10 multiplied by 2.5;

the plus or minus time for the fastest 25 multiplied by 1.0;

the plus or minus time for the second fastest 10 multiplied by 2.5; and

the plus or minus time for the second fastest 25 multiplied by 1.0.

The rider with the greatest combined plus or minus for the four events will be the winner of the Short Distance Competition.

3.7.2 All other conditions of qualification to this competition shall be those of the BAR Competition. Awards shall be the same as for the BAR Competition.

### **3.8 Entry to, and Claims for, the BAR, Three Distance and Short Distance Competitions**

3.8.1 There are no entry fees for the BAR, the Three Distance and the Short Distance Competitions. Claims for one, two or all competitions must be made on the current National BAR, Three Distance and Short Distance Claim Form.

3.8.2 In the three season long competitions riders can only make solo claim and/or one tandem claim.

### **3.9 Meritorious Award**

3.9.1 The C. W. Cooke trophy is awarded annually to the rider whose performance is considered by the NEC to be the most meritorious during the season. Nominations from Groups should be received by the National Secretary no later than 21st November.

### **3.10 Bricknell Memorial Award**

3.10.1 This award was created to perpetuate the memory of former President Ted Bricknell and provides for the presentation of an annual prize, new each year, in recognition of outstanding services to the VTTA. Nominations from Groups should be received by the National Secretary no later than 21st November each, following which the NEC shall decide the name of the recipient.

### **3.11 Return of Trophies**

3.11.1 Should there be a time when a trophy or trophies is/are no longer required for presentation (e.g. the demise of the VTTA or abandonment of events at specific distances) then all reasonable measures will be taken to return them to the original donors or their heirs. In the event that they cannot be traced they shall be offered to such cycling organisations as the NEC think fit.

# VTTA STANDARDS EXPLAINED

Competitions for VTTA members are based on 'Standards'. So what are they?

The Standards are effectively a handicapping system which takes into account a rider's age so even the oldest riders, some in their 80s and even 90s, can compete against "younger" veterans who are in their 40s and 50s. The handicapping system also allows men and women to compete against each other. They also cover riders on different machines - bikes, tandems and tricycles. The Standards system thus provides fair competition for all ages and both men and women.

The system works by setting a **standard time** for the distance, age and sex of the rider. For example:

- The standard time for a 40 year old man riding 10 miles is 25 minutes 50 seconds
- For a 70 year old man the standard for 10 miles is 29 minutes and 2 seconds
- For a 40 year old woman it is 28 minutes and 2 seconds
- And for a 70 year old woman, 31 minutes 24 seconds

You can see all the standard times for individuals riding solos, trikes, tandems or tandem trikes in tables at the back of this handbook or on the VTTA website.

## Calculating your 'Plus' time

Many riders go faster than their standard time and the amount by which you beat your standard time is referred to as your **plus**. So if a 40 year old man completes 10 miles in 25 minutes exactly they will have beaten the standard by 50 seconds. This is referred to as a plus of 50 seconds. If a 70 year old man rides the same event in 28 minutes exactly, he will have beaten standard by 1 minute and 2 seconds. In this case the older rider has the greater **plus** and will have beaten the 40 year old **on standard**, despite going slower in real terms.

Thus your 'plus' is calculated by subtracting your standard time from your actual time (or distance in the case of 12 and 24 hour events)

(Riders do go slower than the standard and this will produce a **minus time**. There's no shame in getting a minus - it's quite common.)

## Results on Standard

For veterans' events and competitions results are presented in order of performance **on standard** (actual times are reported as well). The **fastest veteran on standard** (or Best on Standard (BOS)) is the person with the biggest plus i.e. the person who beat their standard by the biggest margin.

So Standards provide VTTA members with a goal and motivation as they grow older and allow all members to compete against each other on a level playing field.

**Historical Note:** The Standards were first devised by EH Strevens in 1943. In 2011, the VTTA convened a sub-committee to review the standards. Based on a thorough mathematical analysis of over 26000 performances by veterans in the preceding three years the committee proposed a new and fairer set of standards across all ages that reflected these actual recent performances of veterans. While the base standard for a 40 year old man or woman is slightly arbitrary the annual increments thereafter are based on a statistical analysis of actual performances. The revised standards also use a formula linking, age, gender, distance, type of machine to standard time. As a consequence standards can also be generated for non standard distances or time durations

These new standards tables were adopted by the VTTA in January 2012 (with some minor revisions in 2013) and have proved very successful in providing a level playing field for all VTTA members.

### **Claiming a Standard Award**

Standard Awards may be claimed at the Standard distances and times (10, 15, 25, 30, 50, 100 miles and 12 and 24 hours).

To gain your Standard Award you have to improve on your previous best plus or minus for which you claimed a Standard Award. If you don't have a previous best at a particular distance you can claim your best plus or minus in the year to get you started. If you have not claimed an award at a time/distance for three seasons you can start again with your best performance in the current year.

Before you make any attempts at Standard Awards you should tell your group recorder in advance which distances you are going to be making attempts on and pay the appropriate fee. (Note, though, that some groups will accept claims and fees at the end of the season.)

To claim an award you must send a completed standards claim form to your Group Recorder together with the result sheets for the events in which you qualified, marking your name and time.

If your attempt is successful you will receive an engraved medal. If you get four medals or more in a season you can have an engraved plaque instead.

Your new best plus or minus becomes the target you need to beat if you want to win another Standard Award in subsequent years. Because the age standards give you an extra allowance as you get older this makes beating your previous plus an achievable target. However, you can elect to ignore any rides done more than three seasons ago.

The above is a simple summary of Standard Awards. The full rules are given in Regulation 3.2 of the VTTA Regulations.

# NATIONAL COMPETITIONS EXPLAINED

There are three National Competitions held each season. During the season you have to complete the necessary qualifying rides for each competition. You can have as many attempts as you wish at any distance (or times for 12 and 24 hours) but they must be in open events (those listed on the CTT website). At the end of the season you submit a claim form to your Group Recorder setting out the best plus times you have achieved at each of the relevant distances or times. A national result of all qualifying riders is produced – see the Championship Results pages of the website. Most groups also run their own local competitions based on the same criteria..

## **Best All Rounder (BAR) Competition**

The BAR Competition is an annual season long competition in which competitors have to complete events at 25 miles, 50 miles, 100 miles and 12 hours. Riders performance is taken as their Best Plus performance at each of these distances. (Note: the "plus time" for the 12 hour is converted, using a conversion factor, into an equivalent 200 mile plus time).

The resulting plus times are then weighted to ensure a balance between the various events. All qualifying riders are then listed in order of their aggregate weighted plusses with the Champion having the highest total.

It sounds complicated but basically all you have to do is ride as fast as you can! The competition calculations just allow riders of different ages and both men and women to compete on a level playing field (which is what standard times and plusses are all about).

## **Three Distance Competition**

This works the same way as the BAR competition but riders only have to complete rides at 25 miles, 50 miles and 100 miles. Riders performance is again taken as their Best Plus performance at each of these distances. All qualifying riders are then listed in order of their aggregate weighted plusses with the Champion having the highest total.

## **Short Distance Competition**

Again the same principles apply as for the BAR and 3 Distance but for The Short Distance Competition competitors must complete two rides at 10 miles and two rides at 25 miles. Riders performance is again taken as their Best Plus performance in the four events. All qualifying riders are then listed in order of their aggregate weighted plusses with the Champion having the highest total.



## NATIONAL TROPHIES & 2017 RECIPIENTS

PETRONELLA TROPHY	1 <sup>st</sup> on plus 4 Distance BAR	Richard Bideau (Pendle Forest CC) +1:28:47
H LIONEL LINCOLN SHIELD	1 <sup>st</sup> actual fastest mph 4 Distance BAR	Richard Bideau (Pendle Forest CC) 29.541 mph
SOUTHCOTT BOWL	1 <sup>st</sup> woman on plus 4 Distance BAR	Katja Rietdorf (Born to Bike) +1:07:42
RALEIGH SHIELD	Best group team (6 riders) on plus 4 Distance BAR	No qualifiers
JOHNSON SHIELD	Best club team (3 riders) on plus 4 Distance BAR	Born to Bike (Katja Rietdorf, Lynne Biddulph, Bob Awcock) +2:55:20
DICK CLARKE CUP	1 <sup>st</sup> on plus 3 Distance Competition	Peter Horsnell (Chelmer CC) +1:12:38
DON HACKING TROPHY	1 <sup>st</sup> actual fastest mph 3 Distance Competition	Richard Bideau (Pendle Forest CC) 30.72 mph
BRAMBLEBY CUP	1 <sup>st</sup> woman on plus 3 Distance Competition	Chris Melia (Born to Bike) +46:22
LONDON GROUP SHIELD	Best group team (6 riders) on plus 3 Distance Competition	East Anglian (Peter Horsnell, Dave Green, Jackie Field, David Procter, Ken Platts, Susan Triplow) +5:55:59
DOREEN HUGILL MEMORIAL SHIELD	Best club team (3 riders) on plus 3 Distance Competition	Born to Bike (Chris Melia, Katja Rietdorf, Lynne Biddulph) +2:31:56
L DE CAMELLIS BOWL	1 <sup>st</sup> on standard Short Distance Competition	Ron Hallam (South Pennine RC) +1:33:40
KEN MATTHEWS CUP	1 <sup>st</sup> on standard in 10 Mile Championship	Ron Hallam (South Pennine RC) +6:18
DOUG BRUNWIN MEMORIAL SALVER	1 <sup>st</sup> on standard in 100 Mile Championship	Richard Bideau (Pendle Forest CC) +1:13:52
FRED THORPE TROPHY	1 <sup>st</sup> on standard in 30 Mile Championship	Terry Icke (VC St Raphael) +23:46
CHARLIE COLE CUP	1 <sup>st</sup> on standard in 25 Mile Championship	Peter Horsnell (Chelmer CC) +22:19
CECIL PAGET CUP	1 <sup>st</sup> on standard in 50 Mile Championship	Brian Sunter (Condor RC) +27:47
JIM PAINTER CUP	1 <sup>st</sup> on standard in 12 Hour Championship	Richard Bideau (Pendle Forest CC) +107.571 miles
C W COOKE CUP	1 <sup>st</sup> on standard in 24 Hour Championship	James McKenzie (CC Ashwell) +123.36 miles
STREVENS MEMORIAL TROPHY	1 <sup>st</sup> on standard in an event nominated annually by NEC (by rotation at each distance) <b>2018 - N&amp;EM 10 - 21st April</b>	Keith Ainsworth (Langsett Cycles RT) +6:20 (1 <sup>st</sup> on standard in North Midlands 10)
BRAFMAN CUP	Best club team on standard in an event nominated annually by NEC (by rotation at each distance) <b>2018 - Scotland 50 - 24th June</b>	East Anglian (Andrew Grant, Chris Dyason, Colin Lizieri) +57:57 (Best club team on standard in National 30)
PETT CUP	1 <sup>st</sup> on standard in nominated event <b>2018 Surrey/Sussex 25 - 23rd Sept.</b>	Ron Hallam (South Pennine RC) +10:45 (1 <sup>st</sup> on standard in 15 Championship)
C W COOKE TROPHY	Most meritorious racing performance of the season nominated by Groups to NEC	2017 recipient : Ron Hallam (South Pennine RC) (For champs performances)
TED BRICKNELL MEMORIAL AWARD	An award purchased annually for outstanding services to the Association, nominated by Groups to NEC. The award is retained permanently by the recipient.	Les Dawson (Teesside RC & North Group)

# CHAMPIONSHIP AWARDS 2017

## 10 MILES

### 8<sup>th</sup> April 2017 - Manchester & NW Group - Course J2/1

Champion and 1st on Std	Ron Hallam	Nottingham & East Mids / South Pennine RC
2nd on Standard	Terry Icke	Wessex / VC St Raphael
Equal 3rd on Standard	Gavin Hinxman	East Anglian / Drag2Zero
	David Hargreaves	North Lancashire & Lakes / North Lancashire RC
1st Woman on Standard	Liz Powell	Midlands / Mike Vaughan Cycles
2nd Woman on Standard	Jayne Dickens	Manchester & North West / Vision Racing
3rd Woman on Standard	Susan Semple	Midlands / Born to Bike
Group Team Champions	Nottingham & East Mids	Ron Hallam, Colin Parkinson, Ken Stevens
Club Team Champions	Vision Racing	Jayne Dickens, Claire Harrison, Tony Haley
Tandem Champions	David Stockley	Midlands / A5 Rangers
	Murray Kirton	

Full result published in The Veteran June 2017 (number 53)

## 15 MILES

### 30<sup>th</sup> April 2017 - Yorkshire Group - Course V728

Champion and 1st on Std	Ron Hallam	Nottingham & East Mids / South Pennine RC
2nd on Standard	Peter Greenwood	North Lancashire & Lakes / Team Swift
3rd on Standard	Brian Sunter	Yorkshire / Condor RC
1st Woman on Standard	Karen Ledger	North Midlands / Rutland CC
2nd Woman on Standard	Christine McLean	Scotland / Shetland Whs
3rd Woman on Standard	Susan Semple	Midlands / Born to Bike
Group Team Champions	Nottingham & East Mids	Ron Hallam, Ian Guilor, Dan Barnett
Club Team Champions	Cambridge CC	Andrew Grant, Chris Dyason, Ken Platts
Tandem Champions	Richard Dixon	Yorkshire / Team Swift
	Alex Deck	N Midlands / Rutland CC

Full result published in The Veteran June 2017 (number 53)

## 25 MILES

### 27<sup>th</sup> August 2017 - East Anglian Group - Course E2/25

Champion and 1st on Std	Peter Horsnell	East Anglia / Chelmer CC
2nd on Standard	Brian Sunter	Yorkshire / Condor RC
3rd on Standard	Liam Maybank	London & Home Counties / Twickenham CC
1st Woman on Standard	Jackie Field	East Anglia / CC Ashwell
2nd Woman on Standard	Karen Dennett	East Anglia / Bishop's Stortford CC
3rd Woman on Standard	Rachel Jarvis	East Anglia / Colchester Rovers CC
Group Team Champions	East Anglian	Peter Horsnell, Jackie Field, Andrew Grant
Club Team Champions	Cambridge CC	Andrew Grant, Chris Dyason, Andre Dyason
Tandem Champions	Glenn Taylor	East Anglia / Shorter Rochford RT
	Mark Arnold	East Anglia / CC Desiragear

Full result published in The Veteran December 2017 (number 55)

**30 MILES****17<sup>th</sup> September 2017 - South Wales Group - Course R30/7**

Champion and 1st on Std	Terry Icke	Wessex / VC St Raphael
2nd on Standard	Brian Sunter	Yorkshire / Condor RC
3rd on Standard	Keith Ainsworth	North Midlands / Langsett Cycles RT
1st Woman on Standard	Chris Melia	North Midlands / Born to Bike
2nd Woman on Standard	Alison Vessey	West / Mickey Cranks CC
3rd Woman on Standard	Tracy Rowlinson	Manchester & North West / Lyme RC
Group Team Champions	East Anglian	Andrew Grant, Gavin Hinxman, Chris Dyason
Club Team Champions	Cambridge CC	Andrew Grant, Chris Dyason, Colin Lizieri

Full result published in The Veteran December 2017 (number 55)

**50 MILES****20<sup>th</sup> August 2017 - West Group - Course U109**

Champion and 1st on Std	Brian Sunter	Yorkshire / Condor RC
2nd on Standard	Rob Pears	West / Bath CC
3rd on Standard	Terry Icke	Wessex / Velo Club St Raphael
1st Woman on Standard	Chris Melia	North Midlands / Born to Bike
2nd Woman on Standard	Jayne Dickens	Manchester & North West / Vision Racing
3rd Woman on Standard	Zoe Betteridge	West / Southfork Racing
Group Team Champions	West	Rob Pears, Steve Cottingham, Derek Dowdeswell
Club Team Champions	Bath CC	Rob Pears, Steve Cottingham, Peter Wilson
Tandem Champions	Michael Ives	Midlands / Team Jewson - MI Racing
	Murray Kirton	Midlands / A5 Rangers

Full result published in The Veteran December 2017 (number 55)

**100 MILES****29<sup>th</sup> May 2017 - Anfield BC - Course D100/2**

Champion and 1st on Std	Richard Bideau	North Lancashire & Lakes / Pendle Forest CC
2nd on Standard	Peter Greenwood	North Lancashire & Lakes / Team Swift
3rd on Standard	David Hargreaves	North Lancashire & Lakes / North Lancs RC
1st Woman on Standard	Lynne Biddulph	Midlands / Born to Bike
2nd Woman on Standard	Theresa Taylor	North Lancashire & Lakes / Preston CC
3rd Woman on Standard	Alison Vessey	West / Mickey Cranks CC
Group Team Champions	North Lancashire & Lakes	Richard Bideau, Peter Greenwood, David Hargreaves
Club Team Champions	Born to Bike	Lynne Biddulph, Bob Awcock, Edgar Reynolds

Full result published in The Veteran September 2017 (number 54)

<b>12 HOURS</b>		
<b>13<sup>th</sup> August 2017 - ECCA - Course E2/12hr</b>		
Champion and 1st on Std	Richard Bideau	North Lancashire & Lakes / Pendle Forest CC
2nd on Standard	Andy Jackson	Yorkshire / SLL RT
3rd on Standard	Gray Turnock	East Anglian / Finsbury Park CC
1st Woman on Standard	Katja Rietdorf	London & Home Counties / Born to Bike
2nd Woman on Standard	Lynne Biddulph	Midlands / Born to Bike
3rd Woman on Standard	Janet Fairclough	Merseyside / St Helens CRC
Group Team Champions	London & Home Counties	John Lacey, Katja Rietdorf, Daren Austin
Club Team Champions	Born to Bike	Katja Rietdorf, Lynne Biddulph, Bob Awcock
Full result published in The Veteran September 2017 (number 54)		
<b>24 HOURS</b>		
<b>22<sup>nd</sup>/23<sup>rd</sup> July 2017 - Mersey Roads Club - Course D24hr</b>		
Champion and 1st on Std	James McKenzie	East Anglian / CC Ashwell
2nd on Standard	Edgar Reynolds	Manchester & North West / Born to Bike
3rd on Standard	Lynne Biddulph	Midlands / Born to Bike
1st Woman on Standard	Lynne Biddulph	Midlands / Born to Bike
2nd Woman on Standard	Jane Moore	London & Home Counties / Willesden CC
3rd Woman on Standard	Jacqueline Hobson	Midlands / Born to Bike
Group Team Champions	Midlands	Lynne Biddulph, Bob Awcock, Jacqueline Hobson
Club Team Champions	Born to Bike	Edgar Reynolds, Lynne Biddulph, Bob Awcock
Tandem Champions	Don McLean	Scotland / Stirling Bike Club
	Mark Leadbetter	
Full result published in The Veteran September 2017 (number 54)		

## COMPETITION AWARDS 2017

<b>BEST ALL ROUNDER</b>				
<b>25, 50, 100 miles &amp; 12 hours</b>				
First	Richard Bideau	Pendle Forest CC	North Lancs & Lakes	1:28:47
Second	Dave Green	Velo Velocity	East Anglian	1:22:04
Third	Stephen Williamson	...a3crg	Wessex	1:16:34
First woman	Katja Rietdorf	Born To Bike	London & Home Counties	1:07:42
Fastest actual mph	Richard Bideau	Pendle Forest CC	North Lancs & Lakes	29.541mph
Club team of 3 winners	Born To Bike - Bridgtown Cycles	Katja Rietdorf	London & Home Counties	2:55:20
		Lynne Biddulph	Midlands	
		Bob Awcock	Midlands	
Group team of 6 winners	No team qualified			
Full result published in The Veteran December 2017 (number 55)				

**THREE DISTANCE COMPETITION  
25, 50 & 100 miles**

First	Peter Horsnell	Chelmer CC	East Anglian	1:12:38
Second	Peter Greenwood	Team Swift	North Lancs & Lakes	1:04:07
Third	Richard Bideau	Pendle Forest CC	North Lancs & Lakes	1:03:00
First woman	Chris Melia	Born To Bike	North Midlands	0:59:57
Fastest actual mph	Richard Bideau	Pendle Forest CC	North Lancs & Lakes	30.720mph
Club team of 3 winners	Born To Bike - Bridgtown Cycles	Chris Melia	North Midlands	2:31:56
		Katja Rietdorf	London & Home Counties	
		Lynne Biddulph	Midlands	
Group team of 6 winners	East Anglian	Peter Horsnell	Chelmer CC	5:55:59
		Dave Green	Velo Velocity	
		Jackie Field	CC Ashwell	
		David Procter	Team Velovelocity	
		Ken Platts	Cambridge CC	
		Susan Triplow	Essex Roads CC	

Full result published in The Veteran December 2017 (number 55)

**SHORT DISTANCE COMPETITION  
2 x 10 miles & 2 x 25 miles**

First	Ron Hallam	South Pennine RC	Notts & East Midlands	1:33:40
Second	Terry Icke	VC St Raphael	Wessex	1:28:09
Third	Brian Sunter	Condor RC	Yorkshire	1:22:09
Club team of 3 winners	North Lancs RC	Stephen Irwin	North Lancs & Lakes	3:47:25
		Dave Hargreaves	North Lancs & Lakes	
		Mervyn Wilson	North Lancs & Lakes	
Group team of 6 winners	Notts & East Midlands	Ron Hallam	South Pennine RC	7:44:05
		Ian Guilor	Mapperley CC	
		Dan Barnett	Team Bottrill / HSS Hire	
		Graham Green	Team Bottrill / HSS Hire	
		Gill Henshaw	VC Long Eaton	
		Ken Stevens	South Pennine RC	

Full result published in The Veteran December 2017 (number 55)

# PAST CHAMPIONS

*(All on plus except where noted)*

## MEN'S BAR

1943 E H Strevens  
1944 No winner  
1945 J B Austin  
1946 E W Miles  
1947 J B Austin  
1948 C Cole  
1949 C Cole  
1950 C G Baxter  
1951 C Cole  
1952 C Cole  
1953 C Cole  
1954 C Cole  
1955 C Cole  
1956 T H Henderson  
1957 H Aspden  
1958 A C Harding  
1959 A C Harding  
1960 A C Harding  
1961 A C Harding  
1962 A C Harding  
1963 A C Harding  
1964 A C Harding  
1965 R B Smith  
1966 R Waters  
1967 A C Harding  
1968 R G H Deering  
1969 A C Harding  
1970 K J Brooker  
1971 H G Shawyer  
1972 H H Hill  
1973 H H Hill  
1974 C Holland  
1975 C Holland  
1976 H G Shawyer  
1977 H H Hill  
1978 H H Hill  
1979 P J Woodburn  
1980 P J Woodburn  
1981 D Kellaway  
1982 A C Boutell  
1983 H H Hill  
1984 D Kellaway  
1985 P J Woodburn  
1986 G A Poole  
1987 P J Woodburn

1988 P Bennett  
1989 P J Woodburn  
1990 H Featherstone  
1991 H Featherstone  
1992 D Hacking  
1993 P Crofts  
1994 L Benton  
1995 J A Bailey  
1996 J A Bailey  
1997 J Goodwin  
1998 O G Blower  
1999 B Haskell  
2000 K Platts  
2001 T W Coging  
2002 B Sunter  
2003 B Sunter  
2004 I Cammish  
2005 M Shacklock  
2006 M Shacklock  
2007 K Platts  
2008 K Platts  
2009 J Gresty  
2010 K Platts  
2011 K Platts  
2012 N Bowdler  
2013 K Platts  
2014 A Topham  
2015 P Horsnell  
2016 R Bideau  
2017 R Bideau

## MEN'S BAR (ACTUAL MPH)

1956 A C Harding  
1957 A C Harding  
1958 A C Harding  
1959 A C Harding  
1960 A C Harding  
1961 A C Harding  
1962 A C Harding  
1963 R Murgatroyd  
1964 A C Harding  
1965 J C Park  
1966 R Waters  
1967 E Grocock  
1968 N Carline  
1969 N Carline  
1970 W H Griffiths

1971 N Carline  
1972 N Carline  
1973 N Carline  
1974 R W Buchan  
1975 M McNamara  
1976 M McNamara  
1977 J B Byers  
1978 J B Byers  
1979 P J Woodburn  
1980 P J Woodburn  
1981 E C Holloway  
1982 J Dixson  
1983 P Spowage  
1984 R Iddles  
1985 P J Woodburn  
1986 S Giles  
1987 S Giles  
1988 P Bennett  
1989 E Adkins  
1990 S Giles  
1991 P J Woodburn  
1992 D Hatton  
1993 T W Icke  
1994 G Nowland  
1995 G Nowland  
1996 J Blacker  
1997 G Longland  
1998 G Platts  
1999 P Smith  
2000 I S Cammish  
2001 N Portess  
2002 I S Cammish  
2003 G Robinson  
2004 I Cammish  
2005 N Skellern  
2006 N Skellern  
2007 K Platts  
2008 I Cammish  
2009 N Bowdler  
2010 J Jenkinson  
2011 N Bowdler  
2012 N Bowdler  
2013 J Dewhirst  
2014 A Topham  
2015 A Topham  
2016 R Bideau  
2017 R Bideau

## WOMEN'S BAR

1971 M Horsnell  
1972 W Maddock  
1973 I Southart  
1974 L Campbell  
1975 E Brambleby  
1976 E Brambleby  
1977 E Brambleby  
1978 E Brambleby  
1979 M Dawson  
1980 M Dawson  
1981 M Dawson  
1982 M Dawson  
1983 I Campbell  
1984 M Dawson  
1985 M Dawson  
1986 M Dawson  
1987 M Dawson  
1988 M Dawson  
1989 M Dawson  
1990 M Dawson  
1991 M Dawson  
1992 M Dawson  
1993 M Dawson  
1994 M Dawson  
1995 J Wilson  
1996 J Wilson  
1997 L Creese  
1998 C Gasgoigne  
1999 J Wilson  
2000 G Henshaw  
2001 C Roberts  
2002 J Wilson  
2001 C Roberts  
2002 J Wilson  
2003 C Smerdon  
2004 K M Smith  
2005 A Bath  
2006 C Colquhoun  
2007 K Smith  
2008 C McLean  
2009 C McLean  
2010 C McLean  
2011 C McLean  
2012 C McLean  
2013 A Shuttleworth  
2014 Sharon Clifford  
2015 Lynne Biddulph  
2016 Katja Rietdorf  
2017 Katja Rietdorf

## BAR GROUP TEAMS

1959 London & Home Counties  
1960 London & Home Counties  
1961 London & Home Counties  
1962 London & Home Counties  
1963 London & Home Counties  
1964 London & Home Counties  
1965 London & Home Counties  
1966 London & Home Counties  
1967 London & Home Counties  
1968 London & Home Counties  
1969 London & Home Counties  
1970 London & Home Counties  
1971 London & Home Counties  
1972 London & Home Counties  
1973 Manchester & North West  
1974 Manchester & North West  
1975 Manchester & North West  
1976 London & Home Counties  
1977 London & Home Counties  
1978 Manchester & North West  
1979 London & Home Counties  
1980 London & Home Counties  
1981 Yorkshire  
1982 Manchester & North West  
1983 Manchester & North West  
1984 West  
1985 London & Home Counties  
1986 Yorkshire  
1987 London & Home Counties  
1988 London & Home Counties  
1989 Surrey & Sussex  
1990 Surrey & Sussex  
1991 Surrey & Sussex  
1992 East Anglia  
1993 Surrey & Sussex  
1994 Yorkshire  
1995 North Lancashire  
1996 London & Home Counties  
1997 North Lancashire  
1998 Yorkshire  
1999 Yorkshire  
2000 East Anglia  
2001 Yorkshire  
2002 Yorkshire  
2003 Yorkshire  
2004 Yorkshire  
2005 Yorkshire  
2006 Manchester & North West

2007 North Lancashire  
2008 East Anglia  
2009 Manchester & North West  
2010 East Anglian  
2011 East Anglian  
2012 East Anglian  
2013 Yorkshire  
2014 No team finished  
2015 East Anglian  
2016 East Anglian  
2017 No team finished

## BAR CLUB TEAMS

1959 Lancashire RC  
1960 Leicester Forest CC  
1961 Addiscombe CC  
1962 Middlesex RC  
1963 Middlesex RC  
1964 Middlesex RC  
1965 Glasgow Regent  
1966 West Scotland Clarion  
1967 Middlesex RC  
1968 Leicester Forest CC  
1969 Middlesex RC  
1970 Luton Wheelers  
1971 Verulam CC  
1972 Luton Wheelers  
1973 Oldham Century RC  
1974 Norwood Paragon CC  
1975 Addiscombe CC  
1976 Rockingham CC  
1977 Addiscombe CC  
1978 Derby Mercury RC  
1979 East Midlands CC  
1980 East Midlands CC  
1981 Birkenhead North End CC  
1982 Altrincham Ravens CC  
1980 Farnboro' & Camberley CC  
1981 Farnboro' & Camberley CC  
1982 Tees-Side RC  
1983 Farnboro' & Camberley CC  
1984 Farnboro' & Camberley CC  
1985 Tees-Side RC  
1986 Otley CC  
1987 Farnboro' & Camberley CC  
1988 Farnboro' & Camberley CC  
1989 Norwood Paragon CC  
1990 Norwood Paragon CC  
1991 Norwood Paragon CC

1992 Farnboro' & Camberley CC  
 1993 Tees-side RC  
 1994 Long Eaton Paragon CC  
 1995 Rockingham CC  
 1996 Rockingham CC  
 1997 Otley CC  
 1998 San Fairy Ann CC  
 1999 San Fairy Ann CC  
 2000 East Anglian CC  
 2001 East Anglian CC  
 2002 Yorkshire RC  
 2003 Yorkshire RC  
 2004 Yorkshire RC  
 2005 Otley CC  
 2006 Congleton CC  
 2007 Congleton CC  
 2008 Chelmer CC  
 2009 Team Swift  
 2010 Yorkshire RC  
 2011 Chelmer CC  
 2012 Chelmer CC  
 2013 Chelmer CC  
 2014 No team finished  
 2015 No Team Finished  
 2016 Hounslow & District Wh  
 2017 Born to Bike

**BAR CLUB TEAM - WOMEN**

1998 Airedale Olympic CC  
 1999 Airedale Olympic CC  
 2000-2005 No team finished  
 2006 Kingston Phoenix RC  
 2007 Kingston Phoenix RC  
 2008 Kingston Phoenix  
 2009 - 2011 No Team Finished  
 Discontinued

**THREE DISTANCE - MEN**

1995 J A Bailey  
 1996 J A Bailey  
 1997 B Haskell  
 1998 E P Marsh  
 1999 G Steers  
 2000 E P Marsh (T)  
 2001 D Hodgins  
 2002 G L Dawson (T)  
 2003 G L Dawson (T)  
 2004 J Goodwin  
 2005 J Goodwin  
 2006 R Hallam

2007 D Hodgins  
 2008 F Kerry  
 2009 F Kerry  
 2010 F Kerry  
 2011 R Hallam  
 2012 P Greenwood  
 2013 K Platts  
 2014 P Horsnell  
 2015 P Horsnell  
 2016 P Horsnell  
 2017 P Horsnell

**THREE DISTANCE - AGGREGATE**

1995 G Nowland  
 1996 S Giles  
 1997 G Longland  
 1998 G Platts  
 1999 P Smith  
 2000 I S Cammish  
 2001 I S Cammish  
 2002 I S Cammish  
 2003 I S Cammish  
 2004 I S Cammish  
 2005 I S Cammish  
 2006 I S Cammish  
 2007 P Holdsworth  
 2008 Barry Charlton  
 2009 N Bowdler  
 2010 J Jenkinson  
 2011 N Bowdler  
 2012 N Bowdler  
 2013 J Dewhirst  
 2014 A Topham  
 2015 A Topham  
 2016 R Bideau  
 2017 R Bideau

**THREE DISTANCE - WOMEN**

1995 Mary Dawson  
 1996 Carole Gandy  
 1997 Carole Gandy  
 1998 Carole Gandy  
 1999 Carole Gandy  
 2000 Carole Gandy  
 2001 Carole Gandy  
 2002 Carole Gandy  
 2003 Mary Dawson  
 2004 Carole Gandy  
 2005 Carole Gandy  
 2006 A Scarsbrook

2007 A Scarsbrook  
 2008 A Scarsbrook  
 2009 Carole Gandy  
 2010 Carole Gandy  
 2011 Christine McLean  
 2012 Competition Discontinued

**THREE DISTANCE - GROUP**

1995 North Lancashire  
 1996 North Lancashire  
 1997 North Lancashire  
 1998 Nottingham & East Mids  
 1999 Nottingham & East Mids  
 2000 Nottingham & East Mids  
 2001 Nottingham & East Mids  
 2002 Nottingham & East Mids  
 2003 Yorkshire RC  
 2004 Nottingham & East Mids  
 2005 Nottingham & East Mids  
 2006 North Lancashire  
 2007 North Lancashire  
 2008 North Lancashire  
 2009 North Lancashire  
 2010 North Lancs & Lakes  
 2011 East Anglian  
 2012 East Anglian  
 2013 East Anglian  
 2014 East Anglian  
 2015 East Anglian  
 2016 North Lancs & Lakes  
 2017 East Anglian

**THREE DISTANCE - CLUB**

1995 Altrincham Ravens CC  
 1996 Altrincham Ravens CC  
 1997 Altrincham Ravens CC  
 1998 Altrincham Ravens CC  
 1999 Altrincham Ravens CC  
 2000 Rutland CC  
 2001 Tees-side RC  
 2002 Tees-side RC  
 2003 Tees-side RC  
 2004 Yorkshire RC  
 2005 Yorkshire RC  
 2006 Lancashire RC  
 2007 Yorkshire RC  
 2008 Yorkshire RC  
 2009 North Shropshire Wheelers  
 2010 Yorkshire RC  
 2011 Yorkshire RC



2012 Chelmer CC  
2013 Chelmer CC  
2014 Chelmer CC  
2015 Chelmer CC  
2016 Chelmer CC  
2017 Born to Bike

**THREE DISTANCE - CLUB  
TEAMS - WOMEN**

1995 Wolsey RC  
1996 San Fairy Ann CC  
1997 San Fairy Ann CC  
1998 San Fairy Ann CC  
1999 San Fairy Ann CC  
2000 San Fairy Ann CC  
2001 Lancaster CC  
2002 San Fairy Ann CC  
2003 Wolsey RC  
2004-2005 No team finished  
2006 Kingston Phoenix RC  
2007 Kingston Phoenix RC  
2008 Kingston Phoenix RC  
2009 Nil  
2010 Born to Bike  
2011 Nil  
2012 Competition Discontinued

**SHORT DISTANCE  
COMPETITION**

2013 T Icke  
2014 T Icke  
2015 R Hallam  
2016 R Hallam  
2017 R Hallam

**SHORT DISTANCE  
COMPETITION TEAM**

2013 South Pennine RC  
2014 South Pennine RC  
2015 South Pennine RC  
2016 Cambridge CC  
2017 North Lancs RC

**SHORT DISTANCE  
COMPETITION GROUP**

2013 Notts & East Midlands  
2014 Notts & East Midlands  
2015 Notts & East Midlands  
2016 North Lancs & Lakes  
2017 Notts & East Midlands

**10 MILES CHAMPIONS**

1977 A C Boutell  
1978 A C Boutell  
1979 A L Wilkins  
1980 H H Hill  
1981 A C Boutell  
1982 A C Boutell  
1983 A Dwyer  
1984 A C Boutell  
1985 J E Sibun  
1986 H H Hill  
1987 H H Hill  
1988 J E Sibun  
1989 D McKellow  
1990 D Longbottom  
1991 D McKetlow  
1992 J R McKellow  
1993 G Steers  
1994 E P Marsh (T)  
1995 L King  
1996 E P Marsh  
1997 K Biddulph  
1998 G L Dawson (T)  
1999 B Haskell  
2000 G L Dawson (T)  
2001 G L Dawson (T)  
2002 G L Dawson (T)  
2003 B Haskell  
2004 E P Marsh  
2005 D Milsom  
2006 D Milsom  
2007 D Milsom  
2008 D Milsom  
2009 D Milsom  
2010 R Hallam  
2011 R Hallam & D Milsom  
2012 R Pears  
2013 R Pears  
2014 R Pears & D Stewart  
2015 D Stewart  
2016 R Hallam  
2017 R Hallam

**10 MILES TEAM CHAMPIONS**

1977 VC Slough  
1978 VC Slough  
1979 Calder Clarion CC  
1980 Birkenhead N E CC  
1981 Altrincham Ravens CC

1982 VC Slough  
1983 San Fairy Ann CC  
1984 VC Slough  
1985 VC Slough  
1986 Otley CC  
1987 North Lancs Clarion  
1988 Polytechnic CC  
1989 Farnboro' & Camberley CC  
1990 Altrincham Ravens CC  
1991 Tees-side RC  
1992 Birkenhead N E CC  
1993 Sheffield Phoenix CC  
1994 San Fairy Ann CC  
1995 Altrincham Ravens CC  
1996 Stevenage RC  
1997 Altrincham Ravens CC  
1998 Altrincham Ravens CC  
1999 San Fairy Ann CC  
2000 Altrincham Ravens CC  
2001 Rockingham CC  
2002 PCA Ciclos Uno  
2003 Huddersfield RC  
2004 PCA Ciclos Uno  
2005 Stourbridge CC  
2006 Stourbridge CC  
2007 Icknield RC  
2008 South Pennine RC  
2009 PCA Ciclos Uno  
2010 South Pennine RC  
2011 Team Swift  
2012 Westmead Team 88  
2013 Cambridge CC  
2014 Cambridge CC  
2015 Team Swift  
2016 Notts & East Midlands  
2017 Notts & E Midlands (Group)  
Vision Racing (Club)

**15 MILES CHAMPIONS**

2017 R Hallam

**15 MILES TEAM CHAMPIONS**

2017 Notts & E Midlands (Group)  
Cambridge CC (Club)

**25 MILES CHAMPIONS**

1959 C Cole  
1960 A L Wilkins  
1961 J E Brownhill  
1962 J E Brownhill

1963 H A Wenman  
1964 J E Brownhill  
1965 A L Wilkins  
1966 C Cole  
1967 C Cole  
1968 C Cole  
1969 C Cole  
1970 H H Hill  
1971 A L Wilkins  
1972 R Goodman  
1973 B W Bentley  
1974 H H Hill  
1975 H H Hill  
1976 C Holland  
1977 H H Hill  
1978 R Webber  
1979 H H Hill  
1980 H H Hill  
1981 H H Hill  
1982 H H Hill  
1983 A C Boutell  
1984 L Dexter  
1985 J E Sibun  
1986 G Poole  
1987 J E Sibun  
1988 P G Smith  
1989 E G Smith  
1990 P G Smith  
1991 D McKellow  
1992 E P Marsh  
1993 J Brownhill  
1994 W B Chapman  
1995 V H Palk  
1996 V H Palk  
1997 R H Little  
1998 B Haskell  
1999 J Goodwin  
2000 G L Dawson (T)  
2001 E P Marsh  
2002 J Goodwin  
2003 J Goodwin  
2004 J Goodwin  
2005 P J Woodburn  
2006 D Milsom  
2007 D Milsom  
2008 D Milsom  
2009 R Hallam  
2010 R Hallam  
2011 D Stewart

2012 K Tye  
2013 R Pears  
2014 E Marsh  
2015 D Stewart  
2016 B Sunter  
2017 P Horsnell

### **25 MILES TEAM CHAMPIONS**

1959 Middlesex RC  
1960 Viking RC  
1961 Glasgow Regent  
1962 Southport RC  
1963 Merseyside VTTA  
1964 Sheffield Phoenix CC  
1965 No team finished  
1966 Luton Wheelers CC  
1967 Luton Wheelers CC  
1968 Stretford Wheelers CC  
1969 Luton Wheelers CC  
1970 Law Wheelers  
1971 Verulam CC  
1972 Luton Wheelers CC  
1973 Luton Wheelers CC  
1974 Walton C & A C  
1975 Verulam CC  
1976 Cwmcam Paragon Wheelers  
1978 Cheshire Roads Club  
1978 Glasgow Wheelers  
1979 Luton Wheelers CC  
1980 Oldham Century RC  
1982 Calder Clarion C & A C  
1982 Derby Mercury RC  
1983 V C Slough  
1984 Vegetarian C & A C  
1985 Hillingdon CC  
1986 Mapperley CC  
1987 Famboro' & Camberley CC  
1988 Tees-side RC,  
1989 Tees-side RC  
1990 Tees-side RC  
1991 Altrincham Ravens CC  
1992 Norwood Paragon CC  
1993 Birkenhead N E CC  
1994 Altrincham Ravens CC  
1995 Altrincham Ravens CC  
1996 Lindsey Roads CC  
1997 Altrincham Ravens CC  
1998 Altrincham Ravens CC  
1999 Altrincham Ravens CC

2000 Altrincham Ravens CC  
2001 Ciclos Uno  
2002 PCA Ciclos Uno  
2003 Team Clean  
2004 Huddersfield RC  
2005 Huddersfield RC  
2006 Stourbridge CC  
2007 M I Racing  
2008 M I Racing  
2009 South Pennine RC  
2010 South Pennine RC  
2011 PCA Ciclos Uno  
2012 Datateam Allstars  
2013 Kingston Wheelers CC  
2014 Chelmer CC  
2015 Bynea CC  
2016 Yorkshire  
2017 East Anglian (Group)  
Cambridge CC (Club)

### **30 MILES CHAMPIONS**

1967 T McGuinness  
1968 J E Brownhill  
1969 A L Wilkins  
1970 C Cole  
1971 A L Wilkins  
1972 C W Hill  
1973 B W Bentley  
1974 B W Bentley  
1975 H H Hill  
1976 E Davie  
1977 C Holland  
1978 A L Wilkins  
1979 J Baines  
1980 A L Wilkins  
1981 A L Wilkins  
1982 H H Hill  
1983 L Dexter  
1984 G Ashley  
1985 L Dexter  
1986 J E Sibun  
1987 J Baines  
1988 P G Smith  
1989 J Brownhill  
1990 J Brownhill  
1991 D Longbottom  
1992 A Smith  
1993 V H Palk  
1994 D Hacking

1995 B Haskell  
1996 K Biddulph  
1997 R Longstaff  
1998 J Goodwin  
1999 G Steers  
2000 G L Dawson (T)  
2001 D Hodgins  
2002 G L Dawson (T)  
2003 B Haskell  
2004 G L Dawson (T)  
2005 E P Marsh  
2006 J Goodwin  
2007 R Hallam  
2008 E Marsh  
2009 J Woodburn  
2010 D Hodgins  
2011 P Crofts  
2012 R Pears  
2013 R Pears  
2014 M Woods  
2015 B Sunter  
2016 K Tye  
2017 T Icke

### **30 MILES TEAM CHAMPIONS**

1967 Regent CC  
1968 Yorkshire RC  
1969 Luton Wheelers CC  
1970 Luton Wheelers CC  
1971 Calder Clarion C & AC  
1972 Verulam CC  
1973 Merseyside VTTA  
1974 Verulam CC  
1975 Clayton Velo  
1976 Regent CC  
1977 Luton Wheelers CC  
1978 Hounslow & Dist Wheelers  
1979 Leicestershire Road Club  
1980 Norwich ABC  
1981 Altrincham Ravens CC  
1982 Altrincham Ravens CC  
1983 Bramley Wheelers  
1984 Chelmer RC  
1985 N Lancashire Clarion  
1986 Willesden CC  
1987 Mapperley CC  
1988 Norwich ABC  
1989 Birkenhead NE CC  
1990 Birkenhead CC  
1991 Altrincham Ravens CC

1992 Altrincham Ravens CC  
1993 Altrincham Ravens CC  
1994 Sheffield Phoenix CC  
1995 Altrincham Ravens CC  
1996 Altrincham Ravens CC  
1997 Altrincham Ravens CC  
1998 Altrincham Ravens CC  
1999 Altrincham Ravens CC  
2000 Glasgow Wheelers  
2001 Birkenhead NE CC  
2002 Otley CC  
2003 Huddersfield RC  
2004 Huddersfield RC  
2005 Huddersfield RC  
2006 Sheffield Phoenix  
2007 South Pennine RC  
2008 M I Racing  
2009 Icknield RC  
2010 North Shropshire Wheelers  
2011 Icknield RC  
2012 Seamons CC  
2013 Team Swift  
2014 Lewes Wanderers  
2015 Hounslow & District Whs  
2016 Kent  
2017 East Anglian (Group)  
Cambridge CC (Club)

### **50 MILES CHAMPIONS**

1959 J E Brownhill  
1960 T Crowther  
1961 S Parker  
1962 C Cole  
1963 J E Brownhill  
1964 J W Brooke  
1965 A Williams  
1966 A L Wilkins  
1967 C Cole  
1968 C Cole  
1969 C Cole  
1970 C Cole  
1971 A L Wilkins  
1972 H H Hill  
1973 B W Bentley  
1974 B W Bentley  
1975 H H Hill  
1976 S E Harvey  
1977 H H Hill  
1978 H H Hill  
1979 A L Wilkins

1980 C W Hill  
1981 E Grocock  
1982 H H Hill  
1983 D Kellaway  
1984 A C Boutell  
1985 E Grocock  
1986 G A Poole  
1987 J E Sibun  
1988 J Brownhill  
1989 Mary Dawson  
1990 Mary Dawson  
1991 D Hacking  
1992 A J Smith  
1993 P G Smith  
1994 J A Bailey  
1995 J A Bailey  
1996 J Goodwin  
1997 J Goodwin  
1998 G L Dawson (T)  
1999 J Goodwin  
2000 G L Dawson (T)  
2001 J A Bailey  
2002 E P March  
2003 B Sunter  
2004 J Goodwin  
2005 P J Woodburn  
2006 B Fittes  
2007 D Hodgins  
2008 B Sunter  
2009 Derek Hodgins  
2010 D Milsom  
2011 D Milsom  
2012 B Sunter  
2013 B Sunter  
2014 B Sunter  
2015 B Sunter  
2016 K Tye  
2017 B Sunter

### **50 MILES TEAM CHAMPIONS**

1959 Sheffield Phoenix CC  
1960 Salisbury R C  
1961 Cheshire Roads Club  
1962 Luton Wheelers CC  
1963 Glasgow Wheelers  
1964 Merseyside VTTA  
1965 Houghton CC  
1966 Luton Wheelers CC  
1967 Luton Wheelers CC  
1968 Luton Wheelers CC

1969 Luton Wheelers CC  
 1970 Luton Wheelers CC  
 1971 Luton Wheelers CC  
 1972 Addiscombe CC  
 1973 Luton Wheelers CC  
 1974 Walton C & A C  
 1975 Walton C & A C  
 1976 Bournemouth Jubilee  
 1977 Coalville Wheelers  
 1978 Walton C & A C  
 1979 Altrincham Ravens CC  
 1980 Calder Clarion C & A C  
 1981 Altrincham Ravens CC  
 1982 Bramley Wheelers  
 1983 Farnboro' & Camberley CC  
 1984 Hillingdon CC  
 1985 Derby Mercury R C  
 1986 Otley CC  
 1987 Farnboro' & Camberley CC  
 1988 Birkenhead NE CC  
 1989 Tees-Side RC  
 1990 Tees-Side RC  
 1991 Sheffield Phoenix CC  
 1992 Altrincham Ravens CC  
 1993 Norwich ABC  
 1994 Birkenhead NE CC  
 1995 Altrincham Ravens CC  
 1996 Altrincham Ravens CC  
 1997 Altrincham Ravens CC  
 1998 Altrincham Ravens CC  
 1999 Altrincham Ravens CC  
 2000 Icknield CC  
 2001 Rockingham CC  
 2002 PCA Ciclos Uno  
 2003 Huddersfield RC  
 2004 Huddersfield RC  
 2005 Huddersfield RC  
 2006 Lancashire RC  
 2007 Lancashire RC  
 2008 Lancashire RC  
 2009 Otley CC  
 2010 South Pennine RC  
 2011 North Lancashire RC  
 2012 Bynea CC  
 2013 North Lancashire RC  
 2014 North Shropshire Wheelers  
 2015 GS Stella  
 2016 Wessex  
 2017 West (Group)  
     Bath CC (Club)

### 100 MILES CHAMPIONS

1959 J E Brownhill  
 1960 S E Armstrong (T)  
 1961 G Pooley (T)  
 1962 C W Hill  
 1963 W Harrison  
 1964 H A Wenman  
 1965 A L Wilkins  
 1966 J E Brownhill  
 1967 H A Wenman  
 1968 A L Wilkins  
 1969 A L Wilkins  
 1970 K Brooker  
 1971 H A Wenman  
 1972 R Narris  
 1973 R Webber  
 1974 B W Bentley  
 1975 R Webber  
 1976 L Dexter  
 1977 J Hatfield  
 1978 A L Wilkins  
 1979 F H Dale  
 1980 F H Dale  
 1981 H H Hill  
 1982 L Dexter  
 1983 B W Bentley  
 1984 No event  
 1985 F H Dale  
 1986 H Wilkinson  
 1987 H Wilkinson  
 1988 Mary Dawson  
 1989 J E Sibun  
 1990 Mary Dawson  
 1991 H Featherstone  
 1992 D Hacking  
 1993 D Hacking  
 1994 A J Smith  
 1995 B Haskell  
 1996 D Wright  
 1997 D J Hodgins  
 1998 J Goodwin  
 1999 J Goodwin  
 2000 J Goodwin  
 2001 G L Dawson (T)  
 2002 G L Dawson (T)  
 2003 J Goodwin  
 2004 J Goodwin  
 2005 F Kerry  
 2006 B Sunter

2007 S Giles  
 2008 D Hodgins  
 2009 P Wilson  
 2010 B Sunter  
 2011 No Event  
 2012 B Camfield  
 2013 J Gresty  
 2014 S Giles  
 2015 S Irwin  
 2016 D Hargreaves  
 2017 R Bideau

### 100 MILES TEAM CHAMPIONS

1959 Sheffield Phoenix CC  
 1960 Addiscombe CC  
 1961 North Road Club  
 1962 Leicester Forest CC  
 1963 Stretford Wheelers  
 1964 Sheffield Phoenix CC  
 1965 Solihull CC  
 1966 Leicester Forest CC  
 1967 Bee CC  
 1968 Tyne RC  
 1969 Notts Castle BC  
 1970 Sotonia CC  
 1971 Verulam CC  
 1972 Farnham RC  
 1973' West of Scotland Clarion  
 1974 N Lancashire Clarion  
 1975 London Clarion  
 1976 Bramley Wheelers  
 1977 Chippenham & Dist Whs  
 1978 London Clarion  
 1979 Bournemouth Jubilee  
 1980 Derby Mercury RC  
 1981 Tees-side RC  
 1982 Altrincham Ravens CC  
 1983 Birkenhead NE CC  
 1984 No event  
 1985 Hounslow & Dist Wheelers  
 1986 Chelmer CC  
 1987 Lewes Wanderers CC  
 1988 Tees-side R C  
 1989 Hounslow & Dist Wheelers  
 1990 Tees-side RC  
 1991 Farnboro' & Camberley CC  
 1992 Birkenhead NE CC  
 1993 Tees-side RC  
 1994 Yorkshire RC  
 1995 Altrincham Ravens CC

1996 Medway Velo  
 1997 Altrincham Ravens CC  
 1998 Altrincham Ravens CC  
 1999 Bath CC  
 2000 Seamons CC  
 2001 Tees-side RC  
 2002 Tees-side RC  
 2003 Lancashire RC  
 2004 Southport CC  
 2005 Lancashire RC  
 2006 Icknield RC  
 2007 Rye & District Wheelers  
 2008 Congleton CC  
 2009 Bath CC  
 2010 Congleton CC  
 2011 No Event  
 2012 Lewes Wanderers  
 2013 Stone Wheelers CC  
 2014 Hemel Hempstead CC  
 2015 North Lancs RC  
 2016 Manchester & North West  
 2017 North Lancs & Lakes (Group)  
 Born to Bike (Club)

### 12 HOUR CHAMPIONS

1959 J E Brownhill  
 1960 H Aspden  
 1961 J E Brownhill  
 1962 A L Wilkins  
 1963 H A Wenman  
 1964 J E Brownhill  
 1965 L Jones  
 1966 H Wilkinson  
 1967 W Griffiths  
 1968 C W Alexander  
 1969 A L Wilkins  
 1970 Not Held  
 1971 C W Hill  
 1972 R Goodman  
 1973 R Goodman  
 1974 J Welsh  
 1975 G E Jones  
 1976 H H Hill  
 1977 D H Smith  
 1978 G Thompson  
 1979 G Thompson  
 1980 Mary Dawson  
 1981 C G Robson  
 1982 D Jennings

1983 C Smith  
 1984 D Woodman  
 1985 R J Maitland  
 1986 S Giles  
 1987 P J Woodburn  
 1988 H Wilkinson  
 1989 G A Poole  
 1990 S Giles  
 1991 J A Bailey  
 1992 M W Winter  
 1993 E A Green  
 1994 P D Saynor  
 1995 J A Bailey  
 1996 B Wood  
 1997 D J Hodgins  
 1998 B Haskell  
 1999 B Haskell  
 2000 T W Cogging  
 2001 M Evans  
 2002 I S Cammish  
 2003 R Retter  
 2004 S Woodrup  
 2005 M Shacklock  
 2006 J Gresty  
 2007 K Platts  
 2008 K Platts  
 2009 D Shepherd  
 2010 Ken Platts  
 2011 Brian Camfield  
 2012 N Bowdler  
 2013 K Platts  
 2014 R Retter  
 2015 D Shepherd  
 2016 C Scawn  
 2017 R Bideau

### 12 HOUR TEAM CHAMPIONS

1959 No team finished  
 1960 Phoenix CC (Aintree)  
 1961 No team finished  
 1962 London Clarion  
 1963 Middlesex RC  
 1964 Bec CC  
 1965 No team finished  
 1966 Stretford Wheelers  
 1967 Middlesex RC  
 1968 London Clarion  
 1969 Walton C & A C  
 1970 Not held

1971 Verulam CC  
 1972 Luton Wheelers CC  
 1973 Luton Wheelers CC  
 1974 Long Eaton CC  
 1975 Birkenhead NE CC  
 1976 No team finished  
 1977 Bramley Wheelers  
 1978 Norwich ABC  
 1979 Birkenhead NE CC  
 1980 Tees-side RC  
 1981 Tees-side RC  
 1982 Norwich RC  
 1983 Leicester Forest CC  
 1984 Cardiff Ajax CC  
 1985 Tees-side RC  
 1986 San Fairy Ann CC  
 1987 Verulam CC  
 1988 Oldham Century RC  
 1989 Tees-side RC  
 1990 Leo RC  
 1991 Cleveland & Dist RC  
 1992 No team finished  
 1993 Farnboro' & Camberley CC  
 1994 Thanet CC  
 1995 Otley CC  
 1996 Preston Wheelers  
 1997 No team finished  
 1998 Bath CC  
 1999 Otley CC  
 2000 San Fairy Ann CC  
 2001 Southborough & Dist Whs  
 2002 Icknield CC  
 2003 No team finished  
 2004 Lancashire RC  
 2005 Otley CC  
 2006 North Shropshire Wheelers  
 2007 Kingston Phoenix RC  
 2008 Chelmer CC  
 2009 Chelmer CC  
 2010 Chelmer CC  
 2011 Seamons CC  
 2012 No Team Finished  
 2013 Chelmer CC  
 2014 Chelmer CC  
 2015 No Team Finished  
 2016 West  
 2017 London & HC (Group)  
 Born to Bike (Club)

## 24 HOUR CHAMPIONS

1960 H S Spelling  
1961 C Smith  
1962 C W Alexandra  
1963 C W Alexandra  
1964 C Smith  
1965 C Smith  
1966 A J Cropper  
1967 C W Alexandra  
1968 C Smith  
1969 C Smith  
1970 L W Mills  
1971 R Griffiths  
1972 C Smith  
1973 S J King  
1974 P E A Carter  
1975 S J King  
1976 L Lowe  
1977 R W O'Dell  
1978 J McAllister  
1979 C Smith  
1980 J Brownhill  
1981 C Smith  
1982 C G Robson  
1983 D Spraggett  
1984 C G Robson  
1985 K Usher  
1986 E Millington  
1987 K Usher  
1988 RC Newport  
1989 J R Crosby  
1990 R Sant (T)  
1991 J Baines  
1992 T Fouldes  
1993 T Fouldes  
1994 T Fouldes  
1995 G Hugill  
1996 J Hopper (T)  
1997 D Brabbin  
1998 J Hopper (T)  
1999 K Usher  
2000 J Hopper (T)  
2001 J Hopper (T)  
2002 D Shepherd  
2003 G Jones

2004 G Barker  
2005 G Barker  
2006 G Barker  
2007 G Barker  
2008 J Gresty  
2009 B Fielden  
2010 G Barker  
2011 A Wilkinson  
2012 P Moon  
2013 P Yates  
2014 E Reynolds  
2015 P Jackson  
2016 E Reynolds  
2017 J McKenzie

## 24 HOUR TEAM CHAMPIONS

1960 No team finished  
1961 Wren Wheelers  
1962 No team finished  
1963 No team finished  
1964 No team finished  
1965 Wren Wheelers  
1966 No team finished  
1967 Balham CC  
1968 Balham CC  
1969 No team finished  
1970 Mersey Roads  
1971 Lea Valley CC  
1972 Farnboro & Camberley CC  
1973 Colchester Rovers CC  
1974 South Lancashire RC  
1975 Bournemouth Jubilee  
1976 Cheshire Roads Club  
1977 No team finished  
1978 Cheshire Roads Club  
1979 No team finished  
1980 Abbotsford Park RC  
1981 Spalding CC  
1982 No team finished  
1983 No team finished  
1984 Spalding CC  
1985 Houghton CC  
1986 Edinburgh RC  
1987 No team finished  
1988 No team finished

1989 No team finished  
1990 Weaver Valley CC  
1991 No team finished  
1992 Cardiff Ajax CC  
1993 No team finished  
1994 No team finished  
1995 Medway Velo  
1996 Prescott Eagle RC  
1997 Medway Velo  
1998 No Team Finished  
1999 No Team Finished  
2000 Coventry CC  
2001 No Team Finished  
2002 No Team Finished  
2003 No Team Finished  
2004 Johnstone Wheelers CC  
2005 Seamons CC  
2006 Congleton CC  
2007 Congleton CC  
2008 No Team Finished  
2009 Edinburgh RC  
2010 Edinburgh RC  
2011 Team Stella  
2012 No Team Finished  
2013 RNRMCA  
2014 Lewes Wanderers CC  
2015 RN & RM CA  
2016 Manchester & North West  
2017 Midlands (Group)  
Born to Bike (Club)

# NATIONAL AGE RECORDS - ROAD TT

(As at 31<sup>st</sup> October 2017)

<b>Men Solo Bicycle - 10 Miles</b>							
41	James Rix	2017	17:47	69	Terry Icke	2013	52:38
45	Steve Irwin	2016	17:49	70	Terry Icke	2014	53:11
46	Steve Irwin	2017	17:59	73	Terry Icke	2017	53:13
50	Ian Guilor	2017	18:02	74	Brian Sunter	2017	55:12
51	Rob Pears	2014	18:49	75	John Woodburn	2012	56:08
54	Kevin Tye	2016	18:56	77	Ron Hallam	2008	57:48
55	Kevin Tye	2017	19:00	78	Ron Hallam	2009	57:58
58	Keith Ainsworth	2017	19:11	81	Dennis Milsom	2009	59:13
60	Peter Greenwood	2012	19:49	82	Dennis Milsom	2010	1:00:38
65	Roger Iddles	2009	19:51	83	Dennis Milsom	2011	1:00:52
73	Terry Icke	2017	20:21	85	Eric Marsh	2015	1:03:02
74	Brian Sunter	2017	21:08	86	Ron Hallam	2016	1:04:03
75	Len Grayson	2012	22:20	87	Ron Hallam	2017	1:06:54
76	Vincent Jenkins	2016	22:26	88	Ray Dare	2014	1:12:26
77	Frank Kerry	2012	22:31	90	Ray Dare	2016	1:20:14
78	Derek Stewart	2015	22:35	<b>Men Solo Bicycle - 30 Miles</b>			
79	Ron Hallam	2009	22:42	46	Steve Irwin	2017	56:52
80	Dennis Milsom	2008	22:56	55	Kevin Tye	2017	58:19
82	Dennis Milsom	2010	23:20	58	Keith Ainsworth	2017	59:45
85	Ron Hallam	2015	23:46	63	Ken Platts	2015	1:02:21
86	Ron Hallam	2016	24:24	65	John Woodburn	2002	1:02:53
88	Syd Wilson	2017	26:50	66	Chris Scawn	2017	1:05:21
91	Jack Brownhill	2003	29:43	69	John Woodburn	2006	1:05:30
<b>Men Solo Bicycle - 15 Miles</b>				70	Roger Sewell	2017	1:07:14
55	Michael Ellerton	2016	28:27	72	John Woodburn	2009	1:07:36
58	Keith Dorling	2017	31:50	73	Terry Icke	2017	1:07:45
63	Andrew Grant	2016	32:02	74	Peter Crofts	2012	1:08:37
69	Michael Allen	2016	32:03	77	Leonard Benton	2015	1:10:06
71	Graham Green	2014	34:35	78	Ron Hallam	2009	1:11:42
73	Brian Sunter	2017	34:56	79	Ron Hallam	2010	1:13:18
75	Ron Back	2014	36:13	83	Eric Marsh	2013	1:13:51
78	John Smith	2016	36:23	85	Eric Marsh	2015	1:16:05
86	Ron Hallam	2017	41:15	87	Peter Horsnell	2017	1:26:01
88	Syd Wilson	2017	47:46	88	Syd Wilson	2017	1:37:47
<b>Men Solo Bicycle - 25 Miles</b>				<b>Men Solo Bicycle - 50 Miles</b>			
46	Steve Irwin	2017	46:53	45	Steve Irwin	2016	1:35:13
55	Kevin Tye	2017	47:08	46	Adam Topham	2014	1:37:19
60	Ken Platts	2012	49:57	47	Adam Topham	2015	1:38:10
61	Roger Iddles	2005	50:36	54	Kevin Tye	2016	1:39:23
62	Ken Platts	2014	51:06	56	Ken Platts	2008	1:42:36
63	Peter Greenwood	2015	51:18	64	Peter Greenwood	2016	1:44:23
64	Andrew Grant	2017	51:44	65	Peter Greenwood	2017	1:46:46
65	Roger Iddles	2009	51:52	68	Terry Icke	2012	1:50:29
68	Terry Icke	2012	52:14	70	Terry Icke	2014	1:50:56
				72	Brian Sunter	2015	1:50:57

<b>Men Solo Bicycle - 50 Miles (Continued)</b>			
73	Brian Sunter	2016	1:56:45
74	Derek Hodgins	2008	1:58:28
75	Jim Goodwin	2007	2:01:43
76	Ron Hallam	2006	2:02:13
78	Ron Hallam	2009	2:04:02
80	Ron Hallam	2011	2:05:24
83	Ron Hallam	2014	2:15:12
86	Ron Hallam	2017	2:15:45
87	Ray Dare	2013	2:23:59
88	Ray Dare	2014	2:52:01

<b>Men Solo Bicycle - 100 Miles</b>			
46	Richard Bideau	2017	3:18:54
47	Adam Topham	2015	3:22:40
53	Dave Green	2017	3:30:34
54	Rob Pears	2017	3:32:58
60	Brian Sunter	2003	3:39:03
65	Peter Greenwood	2017	3:43:16
68	Chris Nudds	2017	3:57:54
69	Rod Brooks	2014	3:59:05
74	Frank Kerry	2009	4:09:52
75	Derek Hodgins	2009	4:14:11
76	Derek Hodgins	2010	4:28:36
77	Ron Hallam	2008	4:29:03
78	Ron Hallam	2009	4:32:39
80	Ron Hallam	2011	4:33:53
81	Peter Horsnell	2011	4:55:07
84	Peter Horsnell	2014	4:55:36
85	Peter Horsnell	2015	5:09:35
87	Peter Horsnell	2017	5:11:47

<b>Men Solo Bicycle - 12 Hours</b>			
47	Adam Topham	2015	313.870
53	Dave Green	2017	291.649
56	David Shepherd	2017	287.241
58	Ken Platts	2010	280.673
61	Ken Platts	2013	275.060
65	Brian Camfield	2013	264.570
66	Owen Blower	1998	260.263
67	Brian Haskell	1996	254.210
70	Brian Haskell	1999	247.960
71	Brian Haskell	2000	238.265
72	Len Dexter	1985	230.353
74	Brian Haskell	2003	227.840
75	Jim Goodwin	2007	227.220
76	Peter Wilson	2010	218.300
77	Peter Horsnell	2007	217.816
81	Peter Horsnell	2011	212.960
85	Peter Horsnell	2015	207.370

<b>Men Solo Bicycle - 24 Hours</b>			
47	Andy Wilkinson	2011	541.170
48	Eamonn Deane	2007	501.040
50	Mick Potts	1991	486.650
51	Gerry Smith	1985	473.500
56	Graham Barker	2006	465.253
57	Robert Newell	1993	457.770
60	Cliff Smith	1981	450.600
68	Ray Retter	2014	440.620
70	G A Foulkes	1996	393.250
75	W H Swann	1985	347.820
80	Peter Yates	2013	343.040

<b>Women Solo Bicycle - 10 Miles</b>			
43	Karen Ledger	2016	20:27
50	Bronwen Ewing	2016	20:34
52	Chris Melia	2016	21:24
53	Chris Melia	2017	21:26
55	Lindsay Clarke	2017	21:59
57	Sarah Matthews	2017	22:06
61	Carole Gandy	2005	22:09
66	Carole Gandy	2010	22:21
67	Carole Gandy	2011	22:28
68	Carole Gandy	2012	23:51
70	Mary Dawson	1998	24:26
71	Cheryl Trueman	2016	25:07
74	Gill Henshaw	2008	25:41
79	Gill Henshaw	2013	26:02
80	Gill Henshaw	2014	26:35
82	Gill Henshaw	2016	27:05
83	Gill Henshaw	2017	27:30
84	Mary Dawson	2012	29:39
85	Connie Tapper	2014	30:09
86	Mary Dawson	2014	30:26

<b>Women Solo Bicycle - 15 Miles</b>			
43	Karen Ledger	2016	31:47
46	Alex Deck	2014	34:10
49	Karen Taylor	2016	34:11
54	Pauline Atkinson	2016	35:19
56	Helen Bailey	2016	36:41
67	Gillian Reynolds	2016	38:05
69	Arja Scarsbrook	2017	39:15
71	Cheryl Trueman	2016	39:25
79	Gill Henshaw	2013	41:28
80	Gill Henshaw	2014	42:10
81	Gill Henshaw	2015	42:58
85	Mary Dawson	2014	46:26



<b>Women Solo Bicycle - 25 Miles</b>			
42	Liz Powell	2017	53:12
53	Bronwen Ewing	2017	53:47
52	Jackie Field	2017	54:50
53	Chris Melia	2017	54:58
55	Carole Gandy	1999	56:24
64	Carole Gandy	2009	56:30
68	Carole Gandy	2012	57:09
70	Constance Tapper	1999	1:03:38
72	Constance Tapper	2001	1:04:56
73	Constance Tapper	2002	1:06:50
78	Gill Henshaw	2012	1:07:54
79	Gill Henshaw	2013	1:10:11
82	Gill Henshaw	2016	1:12:40
83	Gill Henshaw	2017	1:13:49
84	Mary Dawson	2012	1:20:02
86	Mary Dawson	2014	1:25:05

<b>Women Solo Bicycle - 30 Miles</b>			
40	Julia Shaw	2006	1:05:40
44	Gill Pears	2013	1:08:01
47	Carole Gandy	1991	1:08:59
53	Chris Melia	2017	1:09:53
67	Carole Gandy	2011	1:10:51
70	Constance Tapper	1998	1:18:18
72	Constance Tapper	2001	1:19:57
73	Constance Tapper	2002	1:21:40
74	Constance Tapper	2003	1:25:18
80	Gill Henshaw	2014	1:26:01
82	Mary Dawson	2010	1:35:56

<b>Women Solo Bicycle - 50 Miles</b>			
40	Lynne Taylor	2009	1:51:22
52	Chris Melia	2016	1:52:24
53	Carole Gandy	1997	1:53:55
58	Carole Gandy	2002	1:56:42
60	Carole Gandy	2004	1:59:47
61	Mary Dawson	1989	2:01:37
68	Carole Gandy	2012	2:01:39
70	Mary Dawson	1999	2:19:26
75	Mary Dawson	2003	2:20:39
76	Mary Dawson	2005	2:30:02
77	Mary Dawson	2005	2:30:09
78	Mary Dawson	2007	2:31:53

<b>Women Solo Bicycle - 100 Miles</b>			
46	Katja Rietdorf	2017	3:55:15
53	Chris Melia	2017	3:55:41
54	Carole Gandy	1998	4:09:48
56	Carole Gandy	2001	4:11:58

57	Carole Gandy	2002	4:13:52
60	Carole Gandy	2004	4:15:03
61	Mary Dawson	1990	4:15:25
66	Carole Gandy	2010	4:20:26
67	Mary Dawson	1995	4:45:15
69	Isobel Campbell	1983	4:56:46
75	Mary Dawson	2003	4:58:31
77	Brenda Littlefair	2013	6:01:59

<b>Women Solo Bicycle - 12 Hours</b>			
43	Jill Wilkinson	2017	272.802
50	Bronwen Ewing	2016	270.911
54	Virginia McGee	2017	242.530
59	Mary Dawson	1988	241.108
65	Mary Dawson	1994	232.533
69	Isobel Campbell	1983	213.709
70	Isobel Campbell	1984	212.854
71	Brenda Littlefair	2007	203.600
73	Brenda Littlefair	2009	195.290
77	Brenda Littlefair	2013	179.660

<b>Women Solo Bicycle - 24 Hours</b>			
46	Sheila Simpson	1991	426.180
47	Lynne Biddulph	2016	418.070
48	Lynne Biddulph	2017	403.000
50	Kathryn Smith	2004	395.555
52	Mary Horsnell	1983	394.150
59	Janet Wilson	1993	386.040
63	Ann Bath	2012	327.360
70	Janet Tebbutt	2006	313.459

<b>Men Solo Tricycle - 10 Miles</b>			
49	Gavin Hinxman	2017	20:49
60	Eric Marsh	1990	22:27
68	Eric Marsh	1998	22:56
71	Eric Marsh	2001	23:18
73	Les Dawson	1999	23:31
74	Les Dawson	2000	24:37
77	Les Dawson	2003	25:20
80	Eric Marsh	2010	25:35
81	Les Dawson	2008	26:55
82	Les Dawson	2008	27:23
83	Les Dawson	2009	28:04
84	Les Dawson	2010	29:03
85	Eric Marsh	2015	29:14
86	Les Dawson	2012	30:05
88	Les Dawson	2014	30:22

<b>Men Solo Tricycle - 15 Miles</b>			
47	Gavin Hinxman	2017	33:41
64	Mark Vowells	2017	39:17

<b>Men Solo Tricycle - 15 Miles (Continued)</b>			
72	Bernard Lamb	2015	41:15
88	Les Dawson	2014	47:22
<b>Men Solo Tricycle - 25 Miles</b>			
49	Gavin Hinxman	2017	53:17
53	N Wood	2008	58:06
59	Eric Marsh	1989	58:08
68	Eric Marsh	1998	1:00:00
69	Eric Marsh	1999	1:00:55
71	Eric Marsh	2001	1:01:03
74	Eric Marsh	2004	1:02:48
75	Les Dawson	2001	1:03:48
77	Les Dawson	2003	1:05:55
80	Eric Marsh	2010	1:06:24
81	Les Dawson	2007	1:09:22
82	Eric Marsh	2012	1:11:48
85	Les Dawson	2011	1:15:14
86	Les Dawson	2012	1:20:02
87	Les Dawson	2013	1:25:13
<b>Men Solo Tricycle - 30 Miles</b>			
45	Carl Saint	2010	1:06:22
62	Eric Marsh	1992	1:11:14
71	Eric Marsh	2001	1:13:40
72	Bernard Lamb	2015	1:17:16
75	Eric Marsh	2005	1:19:26
77	Les Dawson	2004	1:23:52
81	Les Dawson	2007	1:25:09
82	Les Dawson	2008	1:31:03
84	Les Dawson	2010	1:32:35
<b>Men Solo Tricycle - 50 Miles</b>			
49	Gavin Hinxman	2017	1:49:08
53	P C Etheridge	1982	2:03:48
54	P C Etheridge	1983	2:04:43
62	Eric Marsh	1992	2:05:09
64	Eric Marsh	1994	2:07:27
68	Eric Marsh	1998	2:07:51
70	Eric Marsh	2000	2:09:53
73	Eric Marsh	2003	2:10:18
76	Les Dawson	2002	2:12:14
77	Les Dawson	2003	2:15:51
79	Les Dawson	2005	2:22:34
80	Les Dawson	2006	2:26:27
81	Les Dawson	2007	2:26:38
82	Les Dawson	2008	2:31:53
<b>Men Solo Tricycle - 100 Miles</b>			
47	Dave Keene	2006	4:00:01
48	Dave Keene	2007	4:08:04

55	P C Etheridge	1984	4:16:34
58	Eric Marsh	1988	4:28:34
61	Cliff Tremaine	1996	4:37:36
62	Ken Usher	1997	4:38:13
64	Cliff Tremaine	1999	4:39:38
67	Cliff Tremaine	2002	4:40:49
68	Eric Marsh	1998	4:40:53
69	Cliff Tremaine	2004	4:49:17
77	Les Dawson	2003	4:49:47
<b>Men Solo Tricycle - 12 Hours</b>			
48	Howard Waller	2012	255.709
65	Ken Usher	1999	239.230
67	Cliff Tremaine	2002	223.300
69	D A Wright	1999	191.347
70	Ellis Smith	1993	189.964
71	J Smith	1985	182.607
75	Ellis Smith	1998	172.330
76	V L Lilley	1988	171.193
<b>Men Solo Tricycle - 24 Hours</b>			
41	Eric Tremaine	1983	447.020
54	Jim Hopper	1996	417.300
59	Jim Hopper	2001	408.560
64	Jim Hopper	2006	393.240
65	Ken Usher	1999	381.770
68	J Smith	1982	345.557
<b>Women Solo Tricycle - 10 Miles</b>			
48	Pauline Graystock	1989	26:48
59	Christine Minto	2000	27:09
61	Christine Minto	2002	27:58
62	Christine Minto	2003	30:53
64	Jacqueline Davey	1998	34:02
71	Jacqueline Davey	2005	36:46
80	Greta Spiers	2017	53:41
<b>Women Solo Tricycle - 25 Miles</b>			
61	Christine Minto	2002	1:12:21
62	Christine Minto	2003	1:20:08
<b>Women Solo Tricycle - 50 Miles</b>			
58	Christine Minto	1999	2:26:28
61	Christine Minto	2002	2:34:16
<b>Women Solo Tricycle - 100 Miles</b>			
59	Christine Minto	2000	5:30:28
<b>Women Solo Tricycle - 12 Hours</b>			
46	Jane Swain	2013	188.120
54	Sian Charlton	1987	171.577
<b>Women Solo Tricycle - 24 Hours</b>			
45	Jane Swain	2012	333.628
54	Sian Charlton	1987	316.270

<b>Women Solo Tricycle - 24 Hours (Continued)</b>				<b>Men Tandem Bicycle - 30 Miles</b>		
55	Sian Charlton	1988	309.600	113	Roy Manser & Laurie Broad	1991 58:48
56	Sian Charlton	1989	297.650	126	Kevin Gill & Vic Haines	2011 1:02:50
61	Sian Charlton	1994	282.993	131	Jim Bailey & Geoff Hick	1997 1:03:17
<b>Men Tandem Bicycle - 10 Miles</b>				<b>Men Tandem Bicycle - 50 Miles</b>		
87	Mark Arnold & Glenn Taylor	2015	17:36	92	Mark Arnold & Glenn Taylor	2017 1:35:02
89	Mark Arnold & Glenn Taylor	2016	17:42	115	Jeff Bowler & Dave Bates	2004 1:44:23
90	Peter Donovan & Gary Woodward	1987	18:38	127	Jeff Bowler & Dave Bates	2010 1:45:50
98	Kevin Neary & Alan Rochford	2003	18:45	128	Alistair Banks & John Swanbury	2015 1:54:28
103	Ray Manser & Bob Crayford	1988	18:49	139	Jeff Bowler & Dave Bates	2016 1:54:35
107	Martyn Winter & Eddie Green	1987	19:07	143	Ken Hartley & Ronnie Bailey	1990 2:08:51
109	Martyn Winter & Eddie Green	1988	19:08	144	Joe Summerlin & Russ Elliott	2003 2:16:56
118	Simon Beldon & Cliff Beldon	2017	19:28	154	Murray Kirton & Michael Ives	2017 2:36:24
129	Shaun Walsh & Dave Driver	2010	19:45	<b>Men Tandem Bicycle - 100 Miles</b>		
131	Jeff Bowler & Dave Bates	2012	20:39	95	Roy Manser & G Hodgson	1986 3:37:40
135	Jeff Bowler & Dave Bates	2014	20:42	105	R W Smith & G W Irons	1986 3:49:57
137	Martyn Winter & Ray Dare	1998	21:09	127	Jeff Bowler & Dave Bates	2010 3:50:04
139	Jeff Bowler & Dave Bates	2016	21:20	130	Ron Murgatroyd & Robert Newell	1994 4:04:02
141	Terry Anderson & T J O'Herlihy	2008	21:23	141	Ken Hartley & Ronnie Bailey	1989 4:22:14
150	George Steers & Alan Steward	2009	21:56	<b>Men Tandem Bicycle - 12 Hours</b>		
154	Arthur Thackray & Brian Musson	2008	23:34	104	R W Smith & G W Irons	1985 263.960
156	Vin Fitzgerald & Jack Brownhill	1997	25:12	118	Ken Hartley & Maurice Jones	1990 251.197
158	Vin Fitzgerald & Jack Brownhill	1998	25:14	<b>Men Tandem Bicycle - 24 Hours</b>		
<b>Men Tandem Bicycle - 15 Miles</b>				94	Les Lowe & Pat Kenny	1982 430.512
90	Mark Arnold & Glenn Taylor	2016	26:53	105	Mark Leadbetter & Donald McLean	2016 407.560
101	Ian Marshall & Kevin Stokes	2016	29:37	132	Philip Jurczyk & George Berwick	2009 371.310
105	Kevin Stokes & Geoff Perry	2014	30:13	138	Philip Jurczyk & George Berwick	2012 362.611
111	Kevin Stokes & Geoff Perry	2017	32:23	142	Philip Jurczyk & George Berwick	2014 340.250
141	Jeff Bowler & Dave Bates	2017	34:09	146	Philip Jurczyk & George Berwick	2016 332.230
<b>Men Tandem Bicycle - 25 Miles</b>				<b>Women Tandem Bicycle - 10 Miles</b>		
92	Mark Arnold & Glenn Taylor	2017	44:50	82	Gwen Cook & Lea Marshall	2010 20:33
99	Glenn Taylor & Neil Dowie	2017	49:10	84	Gwen Cook & Lea Marshall	2011 21:43
102	Kevin Stokes & Geoff Perry	2012	49:37	<b>Women Tandem Bicycle - 25 Miles</b>		
105	Jeff Bowler & Dave Bates	1999	49:39	82	Gwen Cook & Lea Marshall	2010 51:33
109	Jeff Bowler & Dave Bates	2001	50:11	84	Gwen Cook & Lea Marshall	2011 57:09
115	Jeff Bowler & Dave Bates	2004	50:16			
123	Eric Beauchamp & J Evans	1997	50:58			
127	Jeff Bowler & Dave Bates	2010	51:00			
131	Jeff Bowler & Dave Bates	2012	53:12			
135	Jeff Bowler & Dave Bates	2014	53:17			
139	Jeff Bowler & Dave Bates	2016	54:07			
141	Jeff Bowler & Dave Bates	2017	56:03			
154	Murray Kirton & Michael Ives	2017	1:00:16			

<b>Women Tandem Bicycle - 30 Miles</b>				117	Maurice Jones & Christine Minto	1998	1:05:27
84	Gwen Cook & Lea Marshall	2011	1:06:26	119	A E Bouchard & Rina Brown	1991	1:05:48
<b>Women Tandem Bicycle - 50 Miles</b>				130	Terry Anderson & Constance Tapper	2000	1:06:34
82	Gwen Cook & Lea Marshall	2010	1:53:06	132	Terry Anderson & Constance Tapper	2001	1:09:24
84	Gwen Cook & Lea Marshall	2011	1:56:09	138	Terry Anderson & Constance Tapper	2004	1:10:23
90	Lindsay Clayton & Jane Swain	2013	2:32:11	139	Les & Mary Dawson	1997	1:13:40
<b>Women Tandem Bicycle - 100 Miles</b>				149	Mike & Barbara Penrice	2015	1:15:45
84	Gwen Cook & Lea Marshall	2011	4:04:15	150	Les & Mary Dawson	2003	1:19:05
<b>Women Tandem Bicycle - 12 Hours</b>				<b>Mixed Tandem Bicycle - 50 Miles</b>			
95	Rachel Crowther & Christine Bell	2016	187.017	94	Andy Fisher & Ruth Crossley	2009	1:44:53
<b>Mixed Tandem Bicycle - 10 Miles</b>				95	Andy Fisher & Ruth Crossley	2010	1:45:01
104	Richard Dixon & Alex Deck	2017	18:22	114	Paul Bennett & Nikki Hunt	1999	1:47:03
116	Paul Bennett & Nikki Hunt	2000	20:24	115	Maurice Jones & Christine Minto	1997	1:55:53
119	Jeff Bowler & Anne Staley	2007	20:45	116	Mike & Barbara Penrice	1999	1:56:15
127	Terry Anderson & Constance Tapper	1998	21:28	120	Norman & Sylvia Powell	1999	1:59:04
132	W B Chapman & Wynne Clarke	1987	21:46	138	Peter & Janet Wilson	2003	2:01:01
140	Les & Mary Dawson	1997	21:54	139	Terry Anderson & Connie Tapper	2004	2:03:16
144	Les & Mary Dawson	1999	22:10	146	Peter & Janet Wilson	2007	2:09:06
146	Peter & Janet Wilson	2007	23:00	148	Peter & Janet Wilson	2008	2:15:54
150	Les & Mary Dawson	2003	23:03	149	Mike & Barbara Penrice	2015	2:22:25
152	Les & Mary Dawson	2003	23:12	<b>Mixed Tandem Bicycle - 100 Miles</b>			
154	Les & Mary Dawson	2005	23:55	93	Colin Knapp & Ruth Crossley	2009	3:45:03
158	Vin Fitzgerald & Wynne Clarke	2002	26:44	98	Paul Holdsworth & Jill Bartlett	2011	3:56:49
<b>Mixed Tandem Bicycle - 15 Miles</b>				102	Jim Churton & Rose Almond	2003	3:57:12
100	Richard Dixon & Alex Deck	2016	28:58	114	Robert & Noreen Newell	1992	3:59:40
102	Richard Dixon & Alex Deck	2017	31:01	116	Robert & Noreen Newell	1993	4:05:23
104	Edric & Caroline Hobbs	2016	37:40	118	Norman & Sylvia Powell	1998	4:22:16
150	Mike & Barbara Penrice	2016	38:17	120	Norman & Sylvia Powell	1999	4:23:10
152	Mike & Barbara Penrice	2017	41:54	128	Norman & Sylvia Powell	2003	4:23:21
<b>Mixed Tandem Bicycle - 25 Miles</b>				138	Peter & Janet Wilson	2003	4:29:12
84	Alan & Christine Roberts	1999	49:50	142	Peter & Janet Wilson	2005	4:39:09
93	Andy Fisher & Ruth Shorter	2009	51:15	146	Peter & Janet Wilson	2007	4:41:55
95	Andy Fisher & Ruth Crossley	2010	51:18	<b>Mixed Tandem Bicycle - 12 Hours</b>			
113	Paul Bennett & Nikki Hunt	1999	51:50	90	Dave & Eileen Brabbin	2002	263.910
115	Maurice Jones & Christine Minto	1997	53:09	116	Robert & Noreen Newell	1993	257.938
119	Jeff Bowler & Anne Staley	2007	53:11	122	Norman & Sylvia Powell	2000	241.930
138	Terry Anderson & Constance Tapper	2004	55:29	125	Mike & Barbara Penrice	2003	225.340
139	Les & Mary Dawson	1997	1:00:15	137	Mike & Barbara Penrice	2009	219.930
149	Les & Mary Dawson	2002	1:00:31	<b>Mixed Tandem Bicycle - 24 Hours</b>			
152	Les & Mary Dawson	2003	1:05:32	90	Dave & Eileen Brabbin	2002	464.924
156	Les & Mary Dawson	2005	1:07:57	95	Colin Knapp & Ruth Crossley	2009	403.517
<b>Mixed Tandem Bicycle - 30 Miles</b>				99	Simon Hall & Mary Corbett	2013	369.474
93	Andy Fisher & Ruth Crossley	2009	1:02:04	116	Norman Harvey & Mary Corbett	2003	366.922
115	Maurice Jones & Christine Minto	1997	1:03:13				

<b>Men Tandem Tricycle - 10 Miles</b>				128	Ellis Smith & John Nicholson	1995	4:56:53
87	Dave Keene & Barry Charlton	2006	20:00	131	Ellis Smith & John Nicholson	1996	5:01:13
89	Ralph Dadswell & David Johnson	2006	20:32	136	Ellis Smith & John Nicholson	1999	5:05:03
<b>Men Tandem Tricycle - 12 Hours</b>				99	Les Lowe & W J Ithell	1985	237.714
90	Ralph Dadswell & David Johnson	2006	21:05	133	Ellis Smith & John Nicholson	1997	205.316
98	T Heron & T Graystock	1989	21:14	<b>Men Tandem Tricycle - 24 Hours</b>			
111	Bernard Lamb & L Colella	1991	22:22	87	Ralph Dadswell & David Johnson	2005	466.723
119	Bernard Lamb & L Colella	1995	22:36	97	Les Lowe & Jim Hopper	1985	419.150
134	Peter Hopkins & Colin Bunnett	2011	23:31	109	Pete Holland & B Richards	1998	390.840
145	John Nicholson & Vin Fitzgerald	2005	25:29	<b>Women Tandem Tricycle - 10 Miles</b>			
146	John Nicholson & Vin Fitzgerald	2005	25:55	134	Greta Spiers & Gwyneth Holland	2006	39:22
149	Les Dawson & Peter Hopkins	2010	26:39	<b>Women Tandem Tricycle - 50 Miles</b>			
157	Ellis Smith & Vin Fitzgerald	2003	32:15	90	Lindsay Clayton & Jane Swain	2013	2:32:11
<b>Men Tandem Tricycle - 25 Miles</b>				<b>Women Tandem Tricycle - 24 Hours</b>			
87	Dave Keene & Barry Charlton	2006	50:13	91	Arabella Maude & Jane Swain	2013	349.600
90	Ralph Dadswell & David Johnson	2006	51:29	<b>Mixed Tandem Tricycle - 10 Miles</b>			
92	Ralph Dadswell & David Johnson	2007	53:27	91	Carl Saint & Ruth Crossley	2010	20:10
104	A Jones & G Jenkins	1998	57:57	93	Colin Knapp & Ruth Shorter	2008	21:41
115	Bernard Lamb & L Colella	1993	58:28	94	Colin Knapp & Ruth Shorter	2009	21:42
118	W Finch & J Powell	1994	1:03:11	118	Dave & Eileen Keene	2009	21:52
119	Bernard Lamb & L Colella	1995	1:03:41	119	Dave & Eileen Keene	2009	22:29
136	Peter Hopkins & C Bunnett	2012	1:04:12	120	Les Lowe & Greta Spiers	1994	27:39
137	Ellis Smith & John Nicholson	1999	1:07:46	137	Ellis Smith & Christine Minto	2001	28:09
138	Ellis Smith & John Nicholson	2000	1:09:01	138	Mike Smith & Cheryl Trueman	2013	31:28
139	Ellis Smith & John Nicholson	2000	1:09:40	148	Don & Elizabeth Simpkin	1999	35:02
140	Ellis Smith & John Nicholson	2001	1:10:05	<b>Mixed Tandem Tricycle - 25 Miles</b>			
144	Ellis Smith & John Nicholson	2003	1:11:18	92	Carl Saint & Ruth Crossley	2010	53:36
148	Ellis Smith & W Fullwood	1993	1:19:24	94	Colin Knapp & Ruth Crossley	2009	55:45
<b>Men Tandem Tricycle - 30 Miles</b>				95	Colin Knapp & Ruth Crossley	2009	56:34
87	Dave Keene & Barry Charlton	2006	1:02:42	118	Dave & Eileen Keene	2009	58:34
103	A Jones & G Jenkins	1998	1:11:34	120	Les Lowe & Greta Spiers	1994	1:13:04
109	Bernard Lamb & L Colella	1990	1:11:44	123	Les Lowe & Greta Spiers	1996	1:14:12
134	Peter Hopkins & Colin Bunnett	2011	1:13:39	127	Les Lowe & Greta Spiers	1998	1:16:37
138	Ellis Smith & John Nicholson	2000	1:23:18	132	Mike Smith & Cheryl Trueman	2010	1:22:10
144	Ellis Smith & John Nicholson	2003	1:28:08	136	Les Lowe & Greta Spiers	2002	1:30:12
<b>Men Tandem Tricycle - 50 Miles</b>				<b>Mixed Tandem Tricycle - 30 Miles</b>			
89	Dave Keene & Barry Charlton	2007	1:43:46	92	Carl Saint & Ruth Crossley	2010	1:07:00
94	Colin Knapp & J Carr	2003	1:57:42	95	Colin Knapp & Ruth Crossley	2009	1:07:33
103	A Jones & G Jenkins	1998	2:02:10	96	Colin Knapp & Ruth Crossley	2010	1:13:53
136	Peter Hopkins & Colin Bunnett	2012	2:05:25	106	C G & Christine Willmets	2007	1:17:24
142	Ellis Smith & John Nicholson	2002	2:30:10	132	Peter Hopkins & Nikki Hunt	2011	1:25:18
<b>Men Tandem Tricycle - 100 Miles</b>				<b>Mixed Tandem Tricycle - 50 Miles</b>			
83	Ralph & Tim Dadswell	2008	4:22:01	94	Colin Knapp & Ruth Shorter	2009	1:59:09
99	Les Lowe & W J Ithell	1985	4:25:13	96	Colin Knapp & Ruth Crossley	2010	2:09:47
106	Les Lowe & W J Ithell	1988	4:32:25	97	C G & Christine Willmets	2003	2:16:57
				103	C G & Christine Willmets	2006	2:19:28

**Mixed Tandem Tricycle - 50 Miles (Continued)**

105	C G & Christine Willmets	2007	2:21:41
118	Les Lowe & Greta Spiers	1993	2:33:45
124	Les Lowe & Greta Spiers	1996	2:34:15

**Mixed Tandem Tricycle - 100 Miles**

89	Colin Knapp & Ursula Betterton	2003	4:27:48
99	T & Pauline Graystock	1986	4:31:32

**Mixed Tandem Tricycle - 12 Hours**

103	Mark Brooking & Jane Moore	2016	215.220
104	Jim & Vera Staines	1996	209.939

**Mixed Tandem Tricycle - 24 Hours**

103	Mark Brooking & Jane Moore	2015	347.95
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## NATIONAL AGE RECORDS - TRACK

(As at 31<sup>st</sup> December 2017)

**Men Indoor Solo Bicycle - 5 Miles**

48	Steve McCaw	2011	10:39.970
64	Robert Gilmour	2015	10:44.498
65	Robert Gilmour	2016	10:48.780
68	B Newton	2007	11:26.820
70	Mike Cotgreave	2014	11:46.980
72	Ray Retter	2017	12:02.239
75	Trevor Fenwick	2005	12:32.450
80	Harry H Hill	1996	12:43.758

**Men Indoor Solo Bicycle - 10 Miles**

48	Steve McCaw	2011	21:25.090
64	Robert Gilmour	2015	21:34.618
65	Robert Gilmour	2016	21:39.728
68	B Newton	2007	22:43.580
70	Mike Cotgreave	2014	23:30.230
72	Ray Retter	2017	24:22.141
75	Trevor Fenwick	2005	24:56.450
80	Harry H Hill	1996	25:25.808

**Men Indoor Solo Bicycle - 15 Miles**

65	Robert Gilmour	2016	32:33.128
70	Mike Cotgreave	2014	35:09.970
72	Ray Retter	2017	36:49.741

**Men Indoor Solo Bicycle - 25 Miles**

64	Robert Gilmour	2015	54:24.553
65	Robert Gilmour	2016	54:26.671
68	B Newton	2007	57:36.780
70	Mike Cotgreave	2014	58:35.360
75	Trevor Fenwick	2005	1:02:09.840
80	Harry H Hill	1996	1:04:15.378

**Men Indoor Solo Bicycle - 1 Hour**

64	Robert Gilmour	2015	27.556 mi
65	Robert Gilmour	2016	27.509 mi
68	B Newton	2007	26.012 mi
70	Mike Cotgreave	2014	25.645 mi
72	Ray Retter	2017	24.352 mi
75	Trevor Fenwick	2005	24.129 mi
80	Harry H Hill	1996	23.352 mi

**Men Indoor Solo Bicycle - 5 Km**

48	Steve McCaw	2011	6:39.563
50	Roy Caspell	1997	6:42.310

64	Robert Gilmour	2015	6:42.390
65	Robert Gilmour	2016	6:44.130
68	B Newton	2007	7:14.000
70	Mike Cotgreave	2014	7:21.410
72	Ray Retter	2017	7:26.938
75	Trevor Fenwick	2005	7:52.130
80	Harry H Hill	1996	7:55.613

**Men Indoor Solo Bicycle - 10 Km**

48	Steve McCaw	2011	13:14.999
64	Robert Gilmour	2015	13:20.920
65	Robert Gilmour	2016	13:27.430
68	B Newton	2007	14:10.280
70	Mike Cotgreave	2014	14:37.640
72	Ray Retter	2017	15:01.526
75	Trevor Fenwick	2005	15:34.010
80	Harry H Hill	1996	15:48.155

**Men Indoor Solo Bicycle - 20 Km**

48	Steve McCaw	2011	26:38.754
64	Robert Gilmour	2015	26:54.270
65	Robert Gilmour	2016	26:56.054
68	B Newton	2007	28:16.890
70	Mike Cotgreave	2014	29:10.430
72	Ray Retter	2017	30:24.388
75	Trevor Fenwick	2005	30:57.270
80	Harry H Hill	1996	31:40.138

**Men Outdoor Solo Bicycle - 5 Miles**

44	J A French	1997	10:59.680
48	Steve McCaw	2011	11:06.370
60	Paul Bennett	1999	11:15.000
61	Derek Hodgins	1995	11:24.890
63	Robert Gilmour	2014	11:46.400
68	L A King	1995	12:02.500
69	L A King	1996	12:24.000
70	L A King	1997	12:41.900
72	L A King	1999	13:25.990
77	John M Lee	2006	13:40.200
79	John M Lee	2008	13:51.900
80	John M Lee	2009	14:01.900
84	John M Lee	2013	14:32.010
87	John M Lee	2016	15:34.970

**Men Outdoor Solo Bicycle - 10 Miles**

48	Steve McCaw	2011	22:14.780
60	Paul Bennett	1999	22:36.300
61	Derek Hodgins	1995	23:07.240
63	Robert Gilmour	2014	23:25.380
68	L A King	1995	24:38.700
69	J P A Howell	2000	24:45.150
70	R Venis	1998	26:38.230
75	Trevor Fenwick	2005	27:14.050
77	John M Lee	2006	27:27.200
80	John M Lee	2009	27:52.800
84	John M Lee	2013	28:55.345
87	John M Lee	2016	31:04.770

**Men Outdoor Solo Bicycle - 15 Miles**

44	Howard Heighton	2017	34:22.455
51	Lawrence Wintergold	2016	34:36.226
63	Robert Gilmour	2014	35:08.600
87	John M Lee	2016	47:40.823

**Men Outdoor Solo Bicycle - 25 Miles**

44	J A French	1997	56:11.380
51	Lawrence Wintergold	2016	57:37.855
63	Robert Gilmour	2014	58:33.670
67	L A King	1994	1:02:50.100
68	L A King	1995	1:04:00.000
79	John M Lee	2008	1:11:28.900

**Men Outdoor Solo Bicycle - 1 Hour**

44	J A French	1997	26.694 mi
48	Steve McCaw	2011	26.608 mi
51	Lawrence Wintergold	2016	26.022 mi
63	Robert Gilmour	2014	25.612 mi
67	L A King	1994	23.920 mi
68	L A King	1995	23.330 mi
75	Trevor Fenwick	2005	22.380 mi
80	John M Lee	2009	21.381 mi
84	John M Lee	2013	20.433 mi
87	John M Lee	2016	18.811 mi

**Men Outdoor Solo Bicycle - 5 Km**

44	J A French	1997	6:47.580
48	Steve McCaw	2011	6:55.580
60	Paul Bennett	1999	7:04.160
61	Derek Hodgins	1995	7:04.670
63	Robert Gilmour	2014	7:22.710
69	L A King	1996	7:41.500
70	L A King	1997	7:52.200
72	L A King	1999	8:17.370
73	L A King	2000	8:19.700
74	L A King	2001	8:28.180
77	John M Lee	2006	8:33.600
79	John M Lee	2008	8:37.800
80	John M Lee	2009	8:43.400
84	John M Lee	2013	9:03.700
87	John M Lee	2016	9:38.526

**Men Outdoor Solo Bicycle - 10 Km**

44	J A French	1997	13:42.830
48	Steve McCaw	2011	13:48.800
60	Paul Bennett	1999	14:04.300
61	Derek Hodgins	1995	14:14.400
63	Robert Gilmour	2014	14:34.770
68	L A King	1995	15:06.500
70	R Venis	1998	16:36.400
72	L A King	1999	16:49.560
77	John M Lee	2006	17:02.400
79	John M Lee	2008	17:17.800
80	John M Lee	2009	17:25.300
84	John M Lee	2013	18:01.640
87	John M Lee	2016	19:22.291

**Men Outdoor Solo Bicycle - 20 Km**

48	Steve McCaw	2011	27:41.990
51	Lawrence Wintergold	2016	28:42.900
61	Derek Hodgins	1995	28:48.930
63	Robert Gilmour	2014	29:08.970
68	L A King	1995	31:00.000
75	Trevor Fenwick	2005	33:40.730
77	John M Lee	2006	34:31.700
80	John M Lee	2009	34:51.400
84	John M Lee	2013	36:27.350
87	John M Lee	2016	39:26.235

**Men Outdoor Solo Bicycle - 50 Km**

63	Robert Gilmour	2014	1:12:56.450
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**Men Outdoor Solo Bicycle - 100 Km**

42	K Gill	1989	2:32:09.410
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**Women Indoor Solo Bicycle - 5 Miles**

40	Auriel Forrester	1998	11:56.804
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**Women Indoor Solo Bicycle - 10 Miles**

40	Auriel Forrester	1998	23:53.412
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**Women Indoor Solo Bicycle - 25 Miles**

40	Auriel Forrester	1998	59:20.589
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**Women Indoor Solo Bicycle - 1 Hour**

40	Auriel Forrester	1998	25.297 mi
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**Women Indoor Solo Bicycle - 5 Km**

40	Auriel Forrester	1998	07:27.174
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**Women Indoor Solo Bicycle - 10 Km**

40	Auriel Forrester	1998	14:50.146
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**Women Indoor Solo Bicycle - 20 Km**

40	Auriel Forrester	1998	29:41.124
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**Women Outdoor Solo Bicycle - 5 Miles**

54	Nikki Hunt	1999	13:16.000
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**Women Outdoor Solo Bicycle - 10 Miles**

54	Nikki Hunt	1999	26:52.000
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**Women Outdoor Solo Bicycle - 5 Km**

54	Nikki Hunt	1999	8:13.000
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**Women Outdoor Solo Bicycle - 10 Km**

54	Nikki Hunt	1999	16:38.000
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**Men Outdoor Tandem Bicycle - 5 Km**

132	Paul Bennett & L King	1999	6:52.690
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144	G H Edmonds & L King	2000	8:13.100
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## AGE STANDARDS - MEN SOLO BICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H
40	25:59	39:10	1:06:00	1:19:37	2:15:35	4:46:07	212:59	372:79
41	26:04	39:18	1:06:13	1:19:53	2:16:04	4:47:16	211:12	369:12
42	26:09	39:26	1:06:26	1:20:09	2:16:32	4:48:22	209:71	365:63
43	26:13	39:33	1:06:39	1:20:25	2:16:59	4:49:26	208:35	362:28
44	26:18	39:40	1:06:51	1:20:39	2:17:26	4:50:29	207:05	359:05
45	26:23	39:47	1:07:03	1:20:54	2:17:52	4:51:31	205:77	355:91
46	26:27	39:54	1:07:15	1:21:09	2:18:18	4:52:32	204:53	352:85
47	26:32	40:01	1:07:26	1:21:23	2:18:43	4:53:33	203:30	349:85
48	26:36	40:08	1:07:38	1:21:37	2:19:09	4:54:33	202:08	346:89
49	26:41	40:14	1:07:50	1:21:52	2:19:34	4:55:34	200:87	343:95
50	26:45	40:21	1:08:02	1:22:06	2:20:00	4:56:36	199:66	341:01
51	26:50	40:28	1:08:14	1:22:21	2:20:27	4:57:39	198:44	338:06
52	26:54	40:35	1:08:26	1:22:36	2:20:54	4:58:43	197:21	335:08
53	26:59	40:43	1:08:39	1:22:51	2:21:21	4:59:49	195:95	332:06
54	27:04	40:50	1:08:52	1:23:07	2:21:49	5:00:57	194:68	328:99
55	27:09	40:58	1:09:05	1:23:24	2:22:19	5:02:08	193:36	325:85
56	27:14	41:06	1:09:19	1:23:41	2:22:49	5:03:21	192:02	322:64
57	27:20	41:14	1:09:34	1:23:58	2:23:21	5:04:37	190:63	319:34
58	27:26	41:23	1:09:49	1:24:17	2:23:54	5:05:57	189:19	315:94
59	27:32	41:32	1:10:04	1:24:36	2:24:29	5:07:21	187:71	312:44
60	27:38	41:42	1:10:21	1:24:56	2:25:05	5:08:49	186:17	308:81
61	27:44	41:52	1:10:38	1:25:17	2:25:43	5:10:22	184:57	305:06
62	27:51	42:02	1:10:57	1:25:40	2:26:24	5:12:00	182:91	301:17
63	27:59	42:14	1:11:16	1:26:03	2:27:06	5:13:43	181:17	297:14
64	28:06	42:25	1:11:36	1:26:28	2:27:51	5:15:33	179:37	292:96
65	28:14	42:38	1:11:58	1:26:55	2:28:38	5:17:29	177:49	288:63
66	28:23	42:51	1:12:20	1:27:22	2:29:29	5:19:33	175:52	284:12
67	28:32	43:05	1:12:44	1:27:52	2:30:22	5:21:44	173:48	279:44
68	28:42	43:19	1:13:10	1:28:23	2:31:18	5:24:04	171:34	274:59
69	28:52	43:35	1:13:37	1:28:56	2:32:18	5:26:33	169:11	269:55
70	29:02	43:51	1:14:06	1:29:31	2:33:22	5:29:13	166:79	264:32

Age	10M	15M	25M	30M	50M	100M	12H	24H
71	29:14	44:09	1:14:36	1:30:09	2:34:30	5:32:03	164:36	258:89
72	29:26	44:28	1:15:09	1:30:48	2:35:43	5:35:06	161:82	253:26
73	29:39	44:47	1:15:43	1:31:31	2:37:00	5:38:21	159:18	247:42
74	29:53	45:09	1:16:20	1:32:16	2:38:23	5:41:51	156:42	241:38
75	30:07	45:31	1:16:59	1:33:04	2:39:51	5:45:37	153:54	235:11
76	30:23	45:55	1:17:41	1:33:56	2:41:26	5:49:41	150:54	228:62
77	30:40	46:21	1:18:26	1:34:51	2:43:08	5:54:04	147:40	221:91
78	30:58	46:48	1:19:14	1:35:51	2:44:57	5:58:49	144:14	214:96
79	31:17	47:18	1:20:06	1:36:54	2:46:55	6:03:59	140:73	207:78
80	31:37	47:49	1:21:02	1:38:03	2:49:02	6:09:36	137:17	200:36
81	32:00	48:24	1:22:02	1:39:16	2:51:19	6:15:44	133:46	192:69
82	32:23	49:00	1:23:06	1:40:36	2:53:48	6:22:27	129:60	184:78
83	32:49	49:40	1:24:16	1:42:03	2:56:30	6:29:52	125:57	176:62
84	33:17	50:23	1:25:32	1:43:36	2:59:27	6:38:03	121:36	168:21
85	33:47	51:09	1:26:55	1:45:19	3:02:40	6:47:08	116:97	159:53
86	34:20	52:00	1:28:25	1:47:10	3:06:13	6:57:19	112:39	150:60
87	34:56	52:56	1:30:04	1:49:13	3:10:08	7:08:46	107:62	
88	35:35	53:57	1:31:52	1:51:28	3:14:28	7:21:46	102:63	
89	36:18	55:04	1:33:53	1:53:58	3:19:19	7:36:39	97:42	
90	37:06	56:18	1:36:06	1:56:45	3:24:45	7:53:55	91:98	
91	37:59	57:41	1:38:36	1:59:51	3:30:55	8:14:12	86:29	
92	38:58	59:14	1:41:24	2:03:22	3:37:58	8:38:27	80:34	
93	40:05	1:00:58	1:44:35	2:07:23	3:46:07	9:08:05	74:10	
94	41:21	1:02:58	1:48:15	2:12:00	3:55:40	9:45:17	67:57	
95	42:48	1:05:15	1:52:29	2:17:23	4:07:02	10:33:51		
96	44:29	1:07:56	1:57:29	2:23:46	4:20:51			
97	46:28	1:11:06	2:03:29	2:31:27	4:38:07			
98	48:51	1:14:55	2:10:51	2:40:59	5:00:27			
99	51:47	1:19:39	2:20:08	2:53:10				
100	55:28	1:25:42	2:32:22	3:09:28				



# AGE STANDARDS - WOMEN SOLO BICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H	Age	10M	15M	25M	30M	50M	100M	12H	24H
40	28:02	42:17	1:11:14	1:25:56	2:26:20	5:08:49	193.19	336.74	71	31:37	47:45	1:20:41	1:37:30	2:47:08	5:59:17	149.65	237.51
41	28:08	42:25	1:11:28	1:26:14	2:26:52	5:10:04	191.86	333.59	72	31:50	48:05	1:21:17	1:38:14	2:48:28	6:02:38	147.35	232.52
42	28:13	42:34	1:11:43	1:26:31	2:27:23	5:11:17	190.59	330.59	73	32:04	48:27	1:21:55	1:39:00	2:49:53	6:06:13	144.96	227.33
43	28:19	42:42	1:11:56	1:26:48	2:27:53	5:12:28	189.37	327.71	74	32:20	48:50	1:22:35	1:39:50	2:51:23	6:10:04	142.46	221.95
44	28:24	42:50	1:12:10	1:27:05	2:28:22	5:13:37	188.19	324.93	75	32:36	49:15	1:23:19	1:40:43	2:53:01	6:14:12	139.85	216.37
45	28:29	42:57	1:12:23	1:27:21	2:28:51	5:14:45	187.05	322.24	76	32:53	49:42	1:24:05	1:41:40	2:54:45	6:18:40	137.13	210.57
46	28:34	43:05	1:12:36	1:27:37	2:29:19	5:15:52	185.92	319.60	77	33:11	50:10	1:24:54	1:42:41	2:56:37	6:23:29	134.29	204.56
47	28:39	43:12	1:12:49	1:27:52	2:29:47	5:16:58	184.82	317.02	78	33:31	50:40	1:25:47	1:43:46	2:58:37	6:28:42	131.32	198.33
48	28:43	43:20	1:13:02	1:28:08	2:30:15	5:18:05	183.72	314.46	79	33:52	51:12	1:26:44	1:44:56	3:00:46	6:34:23	128.23	191.88
49	28:48	43:27	1:13:15	1:28:24	2:30:43	5:19:12	182.63	311.92	80	34:15	51:47	1:27:45	1:46:11	3:03:06	6:40:33	125.00	185.19
50	28:53	43:35	1:13:28	1:28:40	2:31:12	5:20:20	181.54	309.37	81	34:39	52:25	1:28:51	1:47:32	3:05:37	6:47:17	121.63	178.27
51	28:58	43:42	1:13:41	1:28:56	2:31:41	5:21:29	180.44	306.82	82	35:05	53:05	1:30:02	1:49:00	3:08:20	6:54:41	118.12	171.11
52	29:03	43:50	1:13:55	1:29:12	2:32:10	5:22:40	179.32	304.24	83	35:33	53:49	1:31:19	1:50:35	3:11:18	7:02:49	114.45	163.71
53	29:09	43:58	1:14:09	1:29:29	2:32:41	5:23:52	178.19	301.63	84	36:04	54:36	1:32:42	1:52:18	3:14:32	7:11:48	110.63	156.05
54	29:14	44:07	1:14:23	1:29:47	2:33:12	5:25:07	177.04	298.96	85	36:37	55:27	1:34:13	1:54:10	3:18:05	7:21:48	106.63	148.14
55	29:20	44:15	1:14:38	1:30:05	2:33:44	5:26:24	175.86	296.24	86	37:13	56:23	1:35:52	1:56:13	3:21:59	7:32:59	102.46	
56	29:26	44:24	1:14:53	1:30:24	2:34:18	5:27:45	174.64	293.45	87	37:53	57:24	1:37:41	1:58:28	3:26:16	7:45:34	98.10	
57	29:32	44:33	1:15:09	1:30:43	2:34:52	5:29:09	173.39	290.58	88	38:36	58:31	1:39:40	2:00:56	3:31:03	7:59:51	93.55	
58	29:38	44:43	1:15:25	1:31:03	2:35:29	5:30:37	172.09	287.62	89	39:23	59:45	1:41:52	2:03:41	3:36:22	8:16:13	88.79	
59	29:44	44:53	1:15:43	1:31:24	2:36:07	5:32:09	170.75	284.56	90	40:16	1:01:06	1:44:19	2:06:44	3:42:21	8:35:11	83.81	
60	29:51	45:03	1:16:01	1:31:47	2:36:47	5:33:45	169.36	281.40	91	41:14	1:02:37	1:47:03	2:10:09	3:49:07	8:57:29	78.60	
61	29:59	45:14	1:16:20	1:32:10	2:37:29	5:35:27	167.92	278.13	92	42:19	1:04:19	1:50:08	2:14:01	3:56:52	9:24:08	73.14	
62	30:06	45:26	1:16:40	1:32:35	2:38:13	5:37:15	166.41	274.73	93	43:33	1:06:14	1:53:38	2:18:25	4:05:50	9:56:41		
63	30:14	45:38	1:17:01	1:33:00	2:39:00	5:39:09	164.85	271.20	94	44:56	1:08:25	1:57:39	2:23:30	4:16:19	10:37:34		
64	30:23	45:51	1:17:24	1:33:28	2:39:49	5:41:09	163.22	267.54	95	46:32	1:10:57	2:02:19	2:29:25	4:28:48			
65	30:31	46:05	1:17:47	1:33:57	2:40:41	5:43:17	161.52	263.73	96	48:23	1:13:53	2:07:49	2:36:25	4:44:00			
66	30:41	46:19	1:18:12	1:34:27	2:41:36	5:45:33	159.75	259.77	97	50:34	1:17:21	2:14:25	2:44:53	5:02:58			
67	30:51	46:34	1:18:39	1:35:00	2:42:35	5:47:57	157.90	255.66	98	53:11	1:21:33	2:22:30	2:55:21				
68	31:01	46:50	1:19:06	1:35:34	2:43:37	5:50:31	155.96	251.38	99	56:23	1:26:45	2:32:42	3:08:44				
69	31:12	47:07	1:19:36	1:36:10	2:44:43	5:53:15	153.95	246.94	100	1:00:27	1:33:24						
70	31:24	47:26	1:20:08	1:36:49	2:45:53	5:56:10	151.84	242.31									

# AGE STANDARDS - MEN SOLO TRICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H
40	27:33	41:32	1:09:59	1:24:25	2:23:46	5:03:24	197:55	344:65
41	27:38	41:41	1:10:13	1:24:43	2:24:17	5:04:37	196:19	341:40
42	27:43	41:49	1:10:27	1:25:00	2:24:47	5:05:48	194:89	338:30
43	27:49	41:57	1:10:40	1:25:16	2:25:16	5:06:58	193:64	335:32
44	27:54	42:04	1:10:54	1:25:33	2:25:45	5:08:05	192:43	332:45
45	27:59	42:12	1:11:07	1:25:48	2:26:13	5:09:12	191:25	329:66
46	28:03	42:19	1:11:19	1:26:04	2:26:41	5:10:17	190:10	326:94
47	28:08	42:27	1:11:32	1:26:19	2:27:08	5:11:23	188:97	324:26
48	28:13	42:34	1:11:45	1:26:35	2:27:36	5:12:28	187:85	321:62
49	28:18	42:41	1:11:57	1:26:50	2:28:03	5:13:33	186:73	319:00
50	28:23	42:49	1:12:10	1:27:06	2:28:31	5:14:40	185:61	316:37
51	28:28	42:56	1:12:23	1:27:22	2:29:00	5:15:47	184:49	313:73
52	28:33	43:04	1:12:36	1:27:38	2:29:29	5:16:56	183:35	311:07
53	28:38	43:12	1:12:50	1:27:54	2:29:58	5:18:07	182:19	308:37
54	28:43	43:20	1:13:04	1:28:11	2:30:29	5:19:21	181:01	305:62
55	28:49	43:28	1:13:18	1:28:29	2:31:00	5:20:36	179:80	302:81
56	28:54	43:37	1:13:33	1:28:47	2:31:33	5:21:55	178:55	299:93
57	29:00	43:46	1:13:49	1:29:06	2:32:07	5:23:17	177:27	296:97
58	29:06	43:55	1:14:05	1:29:26	2:32:43	5:24:43	175:94	293:92
59	29:13	44:05	1:14:22	1:29:47	2:33:20	5:26:13	174:57	290:77
60	29:19	44:15	1:14:40	1:30:09	2:33:59	5:27:48	173:15	287:51
61	29:26	44:26	1:14:58	1:30:31	2:34:40	5:29:28	171:67	284:13
62	29:34	44:37	1:15:18	1:30:55	2:35:24	5:31:13	170:13	280:63
63	29:42	44:49	1:15:39	1:31:21	2:36:09	5:33:04	168:53	277:00
64	29:50	45:02	1:16:01	1:31:48	2:36:57	5:35:02	166:86	273:22
65	29:59	45:15	1:16:24	1:32:16	2:37:48	5:37:07	165:12	269:30
66	30:08	45:29	1:16:48	1:32:46	2:38:42	5:39:20	163:31	265:23
67	30:18	45:44	1:17:14	1:33:17	2:39:40	5:41:41	161:41	261:00
68	30:28	46:00	1:17:41	1:33:51	2:40:40	5:44:12	159:44	256:59
69	30:39	46:17	1:18:10	1:34:27	2:41:45	5:46:52	157:37	252:02
70	30:50	46:34	1:18:41	1:35:04	2:42:54	5:49:44	155:22	247:27

Age	10M	15M	25M	30M	50M	100M	12H	24H
71	31:03	46:53	1:19:14	1:35:45	2:44:07	5:52:47	152:97	242:33
72	31:16	47:13	1:19:49	1:36:27	2:45:25	5:56:03	150:62	237:20
73	31:30	47:35	1:20:26	1:37:13	2:46:48	5:59:33	148:17	231:88
74	31:44	47:57	1:21:06	1:38:02	2:48:17	6:03:19	145:62	226:35
75	32:00	48:22	1:21:48	1:38:53	2:49:52	6:07:22	142:95	220:62
76	32:17	48:47	1:22:33	1:39:49	2:51:34	6:11:44	140:16	214:67
77	32:35	49:15	1:23:21	1:40:48	2:53:23	6:16:27	137:26	208:51
78	32:54	49:45	1:24:13	1:41:52	2:55:21	6:21:34	134:23	202:12
79	33:15	50:16	1:25:09	1:43:01	2:57:27	6:27:07	131:06	195:51
80	33:37	50:50	1:26:09	1:44:14	2:59:44	6:33:09	127:76	188:66
81	34:01	51:27	1:27:13	1:45:34	3:02:12	6:39:45	124:32	181:58
82	34:26	52:07	1:28:22	1:46:59	3:04:52	6:46:59	120:73	174:25
83	34:54	52:49	1:29:38	1:48:32	3:07:46	6:54:56	116:98	166:68
84	35:24	53:35	1:30:59	1:50:13	3:10:56	7:03:44	113:07	158:85
85	35:56	54:25	1:32:28	1:52:03	3:14:24	7:13:31	108:99	150:77
86	36:32	55:20	1:34:05	1:54:03	3:18:13	7:24:27	104:72	
87	37:10	56:20	1:35:51	1:56:15	3:22:25	7:36:46	100:27	
88	37:53	57:25	1:37:48	1:58:40	3:27:05	7:50:45	95:62	
89	38:39	58:37	1:39:58	2:01:21	3:32:17	8:06:46	90:76	
90	39:30	59:57	1:42:21	2:04:21	3:38:09	8:25:19	85:68	
91	40:27	1:01:26	1:45:02	2:07:41	3:44:46	8:47:08	80:36	
92	41:31	1:03:06	1:48:03	2:11:28	3:52:21	9:13:13	74:79	
93	42:43	1:04:59	1:51:29	2:15:47	4:01:07	9:45:04	68:95	
94	44:05	1:07:07	1:55:24	2:20:45	4:11:23	10:25:05		
95	45:38	1:09:35	1:59:58	2:26:32	4:23:36			
96	47:27	1:12:27	2:05:21	2:33:24	4:38:28			
97	49:35	1:15:52	2:11:48	2:41:40	4:57:01			
98	52:09	1:19:58	2:19:43	2:51:55	5:21:03			
99	55:17	1:25:03	2:29:42	3:05:01				
100	59:15	1:31:34	2:42:51					

## AGE STANDARDS - WOMEN SOLO TRICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H	Age	10M	15M	25M	30M	50M	100M	12H	24H
40	29:46	44:53	1:15:36	1:31:13	2:35:19	5:27:48	179.13	311.74	71	33:36	50:45	1:25:47	1:43:39	2:57:41	6:22:04	138.84	221.85
41	29:52	45:02	1:15:52	1:31:32	2:35:54	5:29:09	177.90	308.92	72	33:51	51:08	1:26:25	1:44:26	2:59:07	6:25:40	136.71	217.29
42	29:57	45:11	1:16:07	1:31:51	2:36:27	5:30:27	176.73	306.22	73	34:06	51:31	1:27:06	1:45:16	3:00:39	6:29:31	134.49	212.54
43	30:03	45:20	1:16:22	1:32:09	2:36:59	5:31:43	175.60	303.63	74	34:22	51:56	1:27:49	1:46:10	3:02:16	6:33:39	132.18	207.60
44	30:09	45:28	1:16:37	1:32:27	2:37:31	5:32:57	174.51	301.13	75	34:40	52:23	1:28:36	1:47:07	3:04:01	6:38:06	129.76	202.48
45	30:14	45:36	1:16:51	1:32:44	2:38:02	5:34:10	173.45	298.71	76	34:58	52:51	1:29:25	1:48:08	3:05:53	6:42:54	127.23	197.15
46	30:19	45:44	1:17:05	1:33:01	2:38:32	5:35:22	172.41	296.34	77	35:18	53:21	1:30:19	1:49:13	3:07:53	6:48:05	124.60	191.62
47	30:25	45:52	1:17:19	1:33:18	2:39:02	5:36:34	171.39	294.00	78	35:39	53:54	1:31:15	1:50:23	3:10:02	6:53:42	121.85	185.88
48	30:30	46:00	1:17:33	1:33:35	2:39:32	5:37:46	170.38	291.70	79	36:02	54:29	1:32:17	1:51:38	3:12:21	6:59:48	118.97	179.93
49	30:35	46:08	1:17:47	1:33:52	2:40:03	5:38:58	169.37	289.41	80	36:26	55:06	1:33:22	1:52:59	3:14:51	7:06:26	115.98	173.75
50	30:41	46:17	1:18:01	1:34:09	2:40:33	5:40:11	168.36	287.12	81	36:52	55:46	1:34:33	1:54:26	3:17:34	7:13:41	112.85	167.35
51	30:46	46:25	1:18:15	1:34:26	2:41:05	5:41:25	167.34	284.81	82	37:20	56:30	1:35:49	1:56:01	3:20:30	7:21:38	109.58	160.71
52	30:51	46:33	1:18:29	1:34:44	2:41:36	5:42:41	166.31	282.49	83	37:51	57:17	1:37:12	1:57:43	3:23:41	7:30:22	106.18	153.83
53	30:57	46:42	1:18:44	1:35:02	2:42:09	5:43:59	165.27	280.12	84	38:24	58:07	1:38:42	1:59:34	3:27:10	7:40:03	102.62	
54	31:03	46:51	1:19:00	1:35:21	2:42:42	5:45:19	164.20	277.72	85	38:59	59:02	1:40:19	2:01:34	3:30:58	7:50:48	98.90	
55	31:09	47:00	1:19:16	1:35:40	2:43:17	5:46:43	163.10	275.26	86	39:38	1:00:02	1:42:06	2:03:47	3:35:10	8:02:49	95.02	
56	31:15	47:09	1:19:32	1:36:01	2:43:53	5:48:09	161.98	272.73	87	40:20	1:01:08	1:44:03	2:06:11	3:39:47	8:16:20	90.96	
57	31:22	47:19	1:19:49	1:36:21	2:44:31	5:49:39	160.82	270.14	88	41:07	1:02:20	1:46:11	2:08:51	3:44:55	8:31:42	86.71	
58	31:28	47:30	1:20:07	1:36:43	2:45:10	5:51:14	159.62	267.46	89	41:58	1:03:39	1:48:33	2:11:48	3:50:38	8:49:18	82.28	
59	31:35	47:40	1:20:26	1:37:06	2:45:51	5:52:53	158.38	264.69	90	42:54	1:05:07	1:51:11	2:15:05	3:57:04	9:09:42	77.63	
60	31:43	47:52	1:20:45	1:37:30	2:46:34	5:54:37	157.10	261.82	91	43:57	1:06:45	1:54:08	2:18:46	4:04:21	9:33:40	72.76	
61	31:51	48:04	1:21:06	1:37:55	2:47:19	5:56:27	155.76	258.85	92	45:07	1:08:34	1:57:27	2:22:55	4:12:41	10:02:20	67.66	
62	31:59	48:16	1:21:27	1:38:21	2:48:06	5:58:22	154.37	255.77	93	46:26	1:10:38	2:01:13	2:27:39	4:22:18	10:37:20		
63	32:07	48:29	1:21:50	1:38:49	2:48:57	6:00:25	152.92	252.56	94	47:56	1:12:59	2:05:32	2:33:07	4:33:35			
64	32:16	48:43	1:22:14	1:39:19	2:49:50	6:02:34	151.41	249.23	95	49:39	1:15:42	2:10:33	2:39:28	4:47:01			
65	32:26	48:58	1:22:39	1:39:50	2:50:46	6:04:52	149.84	245.77	96	51:38	1:18:51	2:16:27	2:47:00	5:03:21			
66	32:36	49:13	1:23:06	1:40:23	2:51:45	6:07:18	148.19	242.17	97	53:59	1:22:36	2:23:33	2:56:06	5:23:45			
67	32:47	49:30	1:23:35	1:40:57	2:52:48	6:09:53	146.48	238.42	98	56:48	1:27:07	2:32:14	3:07:21				
68	32:58	49:47	1:24:05	1:41:34	2:53:55	6:12:38	144.69	234.52	99	1:00:15	1:32:42						
69	33:10	50:05	1:24:37	1:42:13	2:55:06	6:15:35	142.83	230.47	100	1:04:36							
70	33:23	50:25	1:25:11	1:42:55	2:56:21	6:18:43	140.88	226.24									

# AGE STANDARDS (PER RIDER) - MEN TANDEM BICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H	Age	10M	15M	25M	30M	50M	100M	12H	24H
40	12:28	18:48	31:41	38:13	1:05:05	2:17:20	110:55	193:85	71	14:02	21:12	35:48	43:16	1:14:10	2:39:23	85:47	134:62
41	12:31	18:52	31:47	38:21	1:05:19	2:17:53	109:78	191:94	72	14:08	21:21	36:04	43:35	1:14:45	2:40:51	84:15	131:70
42	12:33	18:56	31:53	38:28	1:05:32	2:18:25	109:05	190:13	73	14:14	21:30	36:21	43:56	1:15:22	2:42:24	82:77	128:66
43	12:35	18:59	32:00	38:36	1:05:45	2:18:56	108:34	188:39	74	14:21	21:40	36:38	44:17	1:16:01	2:44:05	81:34	125:52
44	12:37	19:02	32:05	38:43	1:05:58	2:19:26	107:67	186:71	75	14:27	21:51	36:57	44:40	1:16:44	2:45:54	79:84	122:26
45	12:40	19:06	32:11	38:50	1:06:11	2:19:56	107:00	185:07	76	14:35	22:02	37:17	45:05	1:17:29	2:47:51	78:28	118:88
46	12:42	19:09	32:17	38:57	1:06:23	2:20:25	106:36	183:48	77	14:43	22:15	37:39	45:32	1:18:18	2:49:57	76:65	115:39
47	12:44	19:12	32:22	39:04	1:06:35	2:20:54	105:72	181:92	78	14:52	22:28	38:02	46:00	1:19:11	2:52:14	74:95	111:78
48	12:46	19:16	32:28	39:11	1:06:48	2:21:23	105:08	180:38	79	15:01	22:42	38:27	46:31	1:20:07	2:54:43	73:18	108:05
49	12:48	19:19	32:34	39:18	1:07:00	2:21:52	104:45	178:85	80	15:11	22:57	38:54	47:04	1:21:08	2:57:24	71:33	104:19
50	12:50	19:22	32:39	39:24	1:07:12	2:22:22	103:82	177:33	81	15:22	23:14	39:23	47:39	1:22:14	3:00:21	69:40	100:20
51	12:53	19:25	32:45	39:32	1:07:25	2:22:52	103:19	175:79	82	15:33	23:31	39:53	48:17	1:23:25	3:03:35	67:39	96:09
52	12:55	19:29	32:51	39:39	1:07:38	2:23:23	102:55	174:24	83	15:45	23:50	40:27	48:59	1:24:43	3:07:08	65:30	91:84
53	12:57	19:33	32:57	39:46	1:07:51	2:23:55	101:89	172:67	84	15:59	24:11	41:03	49:44	1:26:08	3:11:04	63:11	87:47
54	13:00	19:36	33:03	39:54	1:08:04	2:24:27	101:23	171:07	85	16:13	24:33	41:43	50:33	1:27:41	3:15:25	60:82	82:96
55	13:02	19:40	33:10	40:02	1:08:19	2:25:01	100:55	169:44	86	16:29	24:58	42:26	51:26	1:29:23	3:20:19	58:44	78:31
56	13:04	19:44	33:16	40:10	1:08:33	2:25:36	99:85	167:77	87	16:46	25:24	43:14	52:25	1:31:16	3:25:48	55:96	
57	13:07	19:48	33:24	40:18	1:08:48	2:26:13	99:13	166:06	88	17:05	25:54	44:06	53:30	1:33:21	3:32:03	53:37	
58	13:10	19:52	33:31	40:27	1:09:04	2:26:51	98:38	164:29	89	17:25	26:26	45:04	54:42	1:35:40	3:39:12	50:66	
59	13:13	19:56	33:38	40:36	1:09:21	2:27:32	97:61	162:47	90	17:48	27:01	46:08	56:02	1:38:17	3:47:29	47:83	
60	13:16	20:01	33:46	40:46	1:09:38	2:28:14	96:81	160:58	91	18:14	27:41	47:20	57:32	1:41:14	3:57:13	44:87	
61	13:19	20:06	33:54	40:56	1:09:57	2:28:59	95:98	158:63	92	18:42	28:26	48:40	59:13	1:44:37	4:08:51	41:78	
62	13:22	20:11	34:03	41:07	1:10:16	2:29:46	95:11	156:61	93	19:14	29:16	50:12	1:01:09	1:48:32	4:23:05	38:53	
63	13:26	20:16	34:12	41:18	1:10:36	2:30:35	94:21	154:51	94	19:51	30:13	51:58	1:03:22	1:53:07	4:40:56	35:14	
64	13:29	20:22	34:22	41:30	1:10:58	2:31:28	93:27	152:34	95	20:33	31:19	54:00	1:05:57	1:58:35	5:04:15		
65	13:33	20:28	34:33	41:43	1:11:21	2:32:24	92:29	150:09	96	21:21	32:36	56:24	1:09:00	2:05:12			
66	13:37	20:34	34:43	41:56	1:11:45	2:33:23	91:27	147:74	97	22:18	34:08	59:16	1:12:42	2:13:30			
67	13:42	20:41	34:55	42:11	1:12:11	2:34:26	90:21	145:31	98	23:27	35:58	1:02:48	1:17:16	2:24:13			
68	13:47	20:48	35:07	42:25	1:12:37	2:35:33	89:10	142:79	99	24:51	38:14	1:07:16	1:23:07				
69	13:51	20:55	35:20	42:41	1:13:06	2:36:45	87:94	140:17	100	26:37	41:08	1:13:08	1:30:57				
70	13:56	21:03:00	35:34	42:58	1:13:37	2:38:01	86:73	137:45									

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

## AGE STANDARDS (PER RIDER) - WOMEN TANDEM BICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H	Age	10M	15M	25M	30M	50M	100M	12H	24H
40	13:27	20:18	34:12	41:15	1:10:14	2:28:14	100:46	175:10	71	15:11	22:55	38:44	46:48	1:20:13	2:52:27	77:82	123:51
41	13:30	20:22	34:18	41:24	1:10:30	2:28:50	99:77	173:47	72	15:17	23:05	39:01	47:09	1:20:52	2:54:04	76:62	120:91
42	13:33	20:26	34:25	41:32	1:10:45	2:29:25	99:11	171:91	73	15:24	23:15	39:19	47:31	1:21:33	2:55:47	75:38	118:21
43	13:36	20:30	34:32	41:40	1:10:59	2:29:59	98:47	170:41	74	15:31	23:26	39:38	47:55	1:22:16	2:57:38	74:08	115:41
44	13:38	20:34	34:38	41:48	1:11:13	2:30:32	97:86	168:96	75	15:39	23:38	40:00	48:21	1:23:03	2:59:37	72:72	112:51
45	13:40	20:37	34:45	41:56	1:11:27	2:31:05	97:27	167:56	76	15:47	23:51	40:22	48:48	1:23:53	3:01:46	71:31	109:50
46	13:43	20:41	34:51	42:03	1:11:40	2:31:37	96:68	166:19	77	15:56	24:05	40:45	49:17	1:24:47	3:04:04	69:83	106:37
47	13:45	20:44	34:57	42:11	1:11:54	2:32:09	96:11	164:85	78	16:05	24:19	41:11	49:48	1:25:44	3:06:35	68:29	103:13
48	13:47	20:48	35:03	42:18	1:12:07	2:32:41	95:53	163:52	79	16:15	24:35	41:38	50:22	1:26:46	3:09:18	66:68	99:78
49	13:49	20:51	35:10	42:26	1:12:21	2:33:13	94:97	162:20	80	16:26	24:51	42:07	50:58	1:27:53	3:12:16	65:00	96:30
50	13:52	20:55	35:16	42:34	1:12:35	2:33:46	94:40	160:87	81	16:38	25:10	42:39	51:37	1:29:06	3:15:30	63:25	92:70
51	13:54	20:59	35:22	42:41	1:12:48	2:34:19	93:83	159:55	82	16:50	25:29	43:13	52:19	1:30:24	3:19:03	61:42	88:98
52	13:57	21:02	35:29	42:49	1:13:02	2:34:53	93:25	158:20	83	17:04	25:50	43:50	53:05	1:31:49	3:22:57	59:51	85:13
53	14:00	21:06	35:36	42:57	1:13:17	2:35:27	92:66	156:85	84	17:19	26:12	44:30	53:54	1:33:23	3:27:16	57:53	81:15
54	14:02	21:11	35:42	43:06	1:13:32	2:36:03	92:06	155:46	85	17:35	26:37	45:13	54:48	1:35:05	3:32:04	55:45	77:03
55	14:05	21:14	35:49	43:14	1:13:48	2:36:40	91:45	154:04	86	17:52	27:04	46:01	55:47	1:36:57	3:37:26	53:28	
56	14:08	21:19	35:57	43:24	1:14:04	2:37:19	90:81	152:59	87	18:11	27:33	46:53	56:52	1:39:00	3:43:28	51:01	
57	14:11	21:23	36:04	43:33	1:14:20	2:38:00	90:16	151:10	88	18:32	28:05	47:50	58:03	1:41:18	3:50:20	48:65	
58	14:13	21:28	36:12	43:42	1:14:38	2:38:42	89:49	149:56	89	18:54	28:41	48:54	59:22	1:43:51	3:58:11	46:17	
59	14:16	21:33	36:21	43:52	1:14:56	2:39:26	88:79	147:97	90	19:20	29:20	50:04	1:00:50	1:46:44	4:07:17	43:58	
60	14:20	21:37	36:29	44:03	1:15:15	2:40:12	88:07	146:33	91	19:48	30:03	51:23	1:02:28	1:49:59	4:18:00	40:87	
61	14:24	21:43	36:38	44:14	1:15:36	2:41:01	87:32	144:63	92	20:19	30:52	52:52	1:04:20	1:53:42	4:30:47	38:03	
62	14:27	21:48	36:48	44:26	1:15:57	2:41:53	86:53	142:86	93	20:54	31:48	54:33	1:06:26	1:58:00	4:46:24		
63	14:31	21:54	36:58	44:38	1:16:19	2:42:48	85:72	141:02	94	21:34	32:50	56:23	1:08:53	2:03:02	5:06:02		
64	14:35	22:00	37:09	44:52	1:16:43	2:43:45	84:87	139:12	95	22:20	34:03	58:43	1:11:43	2:09:01			
65	14:39	22:07	37:20	45:06	1:17:08	2:44:47	83:99	137:14	96	23:13	35:28	1:01:21	1:15:05	2:16:19			
66	14:44	22:14	37:32	45:20	1:17:34	2:45:52	83:07	135:08	97	24:16	37:08	1:04:31	1:19:09	2:25:25			
67	14:48	22:21	37:45	45:36	1:18:02	2:47:01	82:11	132:94	98	25:32	39:09	1:08:24	1:24:10				
68	14:53	22:29	37:58	45:52	1:18:32	2:48:15	81:10	130:72	99	27:04	41:38	1:13:18	1:30:36				
69	14:59	22:37	38:12	46:10	1:19:04	2:49:34	80:05	128:41	100	29:01	44:50						
70	15:04	22:46	38:28	46:28	1:19:37	2:50:58	78:96	126:00									

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

# AGE STANDARDS (PER RIDER) - MEN TANDEM TRICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H
40	13:13	19:56	33:36	40:31	1:09:00	2:25:38	102:73	179:22
41	13:16	20:00	33:42	40:40	1:09:15	2:26:13	102:02	177:53
42	13:18	20:04	33:49	40:48	1:09:30	2:26:47	101:34	175:92
43	13:21	20:08	33:55	40:56	1:09:44	2:27:21	100:69	174:37
44	13:24	20:12	34:02	41:04	1:09:58	2:27:53	100:06	172:87
45	13:26	20:15	34:08	41:11	1:10:11	2:28:25	99:45	171:42
46	13:28	20:19	34:14	41:19	1:10:24	2:28:56	98:85	170:01
47	13:30	20:23	34:20	41:26	1:10:37	2:29:28	98:26	168:62
48	13:33	20:26	34:26	41:34	1:10:51	2:29:59	97:68	167:24
49	13:35	20:29	34:32	41:41	1:11:04	2:30:30	97:10	165:88
50	13:37	20:33	34:38	41:48	1:11:17	2:31:02	96:52	164:51
51	13:40	20:36	34:45	41:56	1:11:31	2:31:35	95:93	163:14
52	13:42	20:40	34:51	42:04	1:11:45	2:32:08	95:34	161:76
53	13:45	20:44	34:58	42:12	1:11:59	2:32:42	94:74	160:35
54	13:47	20:48	35:04	42:20	1:12:14	2:33:17	94:13	158:92
55	13:50	20:52	35:11	42:28	1:12:29	2:33:53	93:50	157:46
56	13:52	20:56	35:18	42:37	1:12:45	2:34:31	92:85	155:96
57	13:55	21:00	35:26	42:46	1:13:01	2:35:11	92:18	154:42
58	13:58	21:05	35:34	42:56	1:13:18	2:35:52	91:49	152:84
59	14:01	21:10	35:42	43:06	1:13:36	2:36:35	90:78	151:20
60	14:04	21:14	35:50	43:16	1:13:55	2:37:21	90:04	149:51
61	14:08	21:20	35:59	43:27	1:14:14	2:38:09	89:27	147:75
62	14:12	21:25	36:09	43:38	1:14:36	2:38:59	88:47	145:93
63	14:15	21:31	36:19	43:51	1:14:57	2:39:52	87:64	144:04
64	14:19	21:37	36:29	44:04	1:15:20	2:40:49	86:77	142:07
65	14:24	21:43	36:40	44:17	1:15:45	2:41:49	85:86	140:04
66	14:28	21:50	36:52	44:32	1:16:11	2:42:53	84:92	137:92
67	14:33	21:57	37:04	44:47	1:16:38	2:44:00	83:93	135:72
68	14:37	22:05	37:17	45:03	1:17:07	2:45:13	82:91	133:43
69	14:43	22:13	37:31	45:20	1:17:38	2:46:30	81:83	131:05
70	14:48	22:21	37:46	45:38	1:18:12	2:47:52	80:71	128:58

Age	10M	15M	25M	30M	50M	100M	12H	24H
71	14:54	22:30	38:02	45:58	1:18:47	2:49:20	79:54	126:01
72	15:00	22:40	38:19	46:18	1:19:24	2:50:54	78:32	123:34
73	15:07	22:50	38:36	46:40	1:20:04	2:52:35	77:05	120:58
74	15:14	23:01	38:56	47:03	1:20:47	2:54:24	75:72	117:70
75	15:22	23:13	39:16	47:28	1:21:32	2:56:20	74:33	114:72
76	15:30	23:25	39:37	47:55	1:22:21	2:58:26	72:88	111:63
77	15:38	23:38	40:00	48:23	1:23:13	3:00:42	71:38	108:43
78	15:48	23:53	40:25	48:54	1:24:10	3:03:09	69:80	105:10
79	15:58	24:08	40:52	49:27	1:25:11	3:05:49	68:15	101:67
80	16:08	24:24	41:21	50:02	1:26:16	3:08:43	66:44	98:10
81	16:20	24:42	41:52	50:40	1:27:27	3:11:53	64:65	94:42
82	16:32	25:01	42:25	51:21	1:28:44	3:15:21	62:78	90:61
83	16:45	25:21	43:01	52:06	1:30:08	3:19:10	60:83	86:67
84	17:00	25:43	43:40	52:54	1:31:39	3:23:24	58:80	82:60
85	17:15	26:07	44:23	53:47	1:33:19	3:28:05	56:67	78:40
86	17:32	26:34	45:10	54:45	1:35:09	3:33:20	54:45	
87	17:50	27:02	46:00	55:48	1:37:10	3:39:15	52:14	
88	18:11	27:34	46:57	56:58	1:39:24	3:45:58	49:72	
89	18:33	28:08	47:59	58:15	1:41:54	3:53:39	47:20	
90	18:58	28:47	49:08	59:41	1:44:43	4:02:33	44:55	
91	19:25	29:29	50:25	1:01:17	1:47:53	4:13:01	41:79	
92	19:56	30:17	51:52	1:03:06	1:51:32	4:25:33	38:89	
93	20:30	31:12	53:31	1:05:11	1:55:44	4:40:50	35:85	
94	21:10	32:13	55:24	1:07:34	2:00:40	5:00:02		
95	21:54	33:24	57:35	1:10:20	2:06:32			
96	22:47	34:47	1:00:10	1:13:38	2:13:40			
97	23:48	36:25	1:03:16	1:17:36	2:22:34			
98	25:02	38:23	1:07:04	1:22:31	2:34:06			
99	26:32	40:49	1:11:51	1:28:48				
100	28:26	43:57	1:18:10					

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

# AGE STANDARDS (PER RIDER) - WOMEN TANDEM TRICYCLE

Age	10M	15M	25M	30M	50M	100M	12H	24H
40	14:17	21:33	36:17	43:47	1:14:33	2:37:21	93:15	162:10
41	14:20	21:37	36:25	43:56	1:14:50	2:38:00	92:51	160:64
42	14:23	21:41	36:32	44:05	1:15:06	2:38:37	91:90	159:23
43	14:25	21:46	36:39	44:14	1:15:21	2:39:13	91:31	157:89
44	14:28	21:49	36:47	44:23	1:15:36	2:39:49	90:75	156:59
45	14:31	21:53	36:53	44:31	1:15:51	2:40:29	90:19	155:33
46	14:33	21:57	37:00	44:39	1:16:06	2:40:59	89:65	154:10
47	14:36	22:01	37:07	44:47	1:16:20	2:41:33	89:12	152:88
48	14:38	22:05	37:13	44:55	1:16:35	2:42:08	88:60	151:68
49	14:41	22:09	37:20	45:03	1:16:49	2:42:42	88:07	150:49
50	14:44	22:13	37:27	45:12	1:17:04	2:43:17	87:55	149:30
51	14:46	22:17	37:34	45:20	1:17:19	2:43:53	87:02	148:10
52	14:48	22:21	37:40	45:28	1:17:34	2:44:29	86:48	146:89
53	14:51	22:25	37:48	45:37	1:17:50	2:45:07	85:94	145:66
54	14:54	22:29	37:55	45:46	1:18:06	2:45:45	85:38	144:41
55	14:57	22:34	38:03	45:55	1:18:23	2:46:25	84:81	143:14
56	15:00	22:38	38:11	46:05	1:18:40	2:47:07	84:23	141:82
57	15:03	22:43	38:19	46:15	1:18:58	2:47:50	83:63	140:47
58	15:06	22:48	38:27	46:25	1:19:17	2:48:36	83:00	139:08
59	15:10	22:53	38:36	46:36	1:19:36	2:49:23	82:36	137:64
60	15:13	22:59	38:46	46:48	1:19:57	2:50:13	81:69	136:15
61	15:17	23:04	38:56	47:00	1:20:19	2:51:06	81:00	134:60
62	15:21	23:10	39:06	47:12	1:20:41	2:52:01	80:27	133:00
63	15:25	23:16	39:17	47:26	1:21:06	2:53:00	79:52	131:33
64	15:29	23:23	39:28	47:40	1:21:31	2:54:02	78:73	129:60
65	15:34	23:30	39:40	47:55	1:21:58	2:55:08	77:92	127:80
66	15:39	23:37	39:53	48:11	1:22:26	2:56:18	77:06	125:93
67	15:44	23:46	40:07	48:27	1:22:57	2:57:33	76:17	123:98
68	15:49	23:54	40:22	48:45	1:23:29	2:58:52	75:24	121:95
69	15:55	24:02	40:37	49:04	1:24:03	3:00:17	74:27	119:84
70	16:01	24:12	40:53	49:24	1:24:39	3:01:47	73:26	117:64

  

Age	10M	15M	25M	30M	50M	100M	12H	24H
71	16:08	24:22	41:11	49:45	1:25:17	3:03:24	72:20	115:36
72	16:15	24:33	41:29	50:08	1:25:59	3:05:07	71:09	112:99
73	16:22	24:44	41:48	50:32	1:26:43	3:06:58	69:93	110:52
74	16:30	24:56	42:09	50:58	1:27:29	3:08:57	68:73	107:95
75	16:38	25:09	42:32	51:25	1:28:20	3:11:05	67:48	105:29
76	16:47	25:22	42:55	51:54	1:29:13	3:13:24	66:16	102:52
77	16:57	25:36	43:21	52:25	1:30:11	3:15:53	64:79	99:64
78	17:07	25:52	43:48	52:59	1:31:13	3:18:35	63:36	96:66
79	17:18	26:09	44:18	53:35	1:32:20	3:21:30	61:86	93:56
80	17:29	26:27	44:49	54:14	1:33:32	3:24:41	60:31	90:35
81	17:42	26:46	45:23	54:56	1:34:50	3:28:10	58:68	87:02
82	17:55	27:07	46:00	55:41	1:36:14	3:31:59	56:98	83:57
83	18:10	27:30	46:39	56:30	1:37:46	3:36:11	55:21	79:99
84	18:26	27:54	47:23	57:24	1:39:26	3:40:49	53:36	
85	18:43	28:20	48:09	58:21	1:41:16	3:45:59	51:43	
86	19:01	28:49	49:00	59:25	1:43:17	3:51:45	49:41	
87	19:22	29:21	49:57	1:00:34	1:45:30	3:58:14	47:30	
88	19:44	29:55	50:58	1:01:51	1:47:58	4:05:37	45:09	
89	20:09	30:33	52:06	1:03:16	1:50:42	4:14:04	42:79	
90	20:36	31:15	53:22	1:04:50	1:53:48	4:23:51	40:37	
91	21:06	32:02	54:47	1:06:36	1:57:17	4:35:22	37:84	
92	21:39	32:55	56:23	1:08:36	2:01:17	4:49:07	36:18	
93	22:17	33:54	58:11	1:10:52	2:05:54	5:05:55		
94	23:00	35:02	1:00:15	1:13:30	2:11:19			
95	23:50	36:20	1:02:40	1:16:33	2:17:46			
96	24:47	37:51	1:05:30	1:20:10	2:25:36			
97	25:55	39:39	1:08:54	1:24:32	2:35:24			
98	27:16	41:49	1:13:04	1:29:56				
99	28:55	44:30						
100	31:00							

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