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# VETERAN

Photo by James Gunn



Featured rider - Caithness CC's super-vet Alasdair Washington





# VETERANS TIME TRIALS ASSOCIATION

*National Association for the 40 years old and over racing cyclist*



## NATIONAL EXECUTIVE 2021/2

### President



Tony Farrell (Manchester & North West)  
Lealtad, Brookledge Lane, Adlington, Cheshire, SK10 4JU  
01625 820210 : [f.t.a.1@icloud.com](mailto:f.t.a.1@icloud.com)

### Chairman



Andrew Simpkins (Midlands)  
13 Lupin Drive, Walton Cardiff, Tewksbury, GL20 7FT  
07767 835004 : [chairman@vtta.org.uk](mailto:chairman@vtta.org.uk)

### National Secretary



Rachael Elliott (London & Home Counties)  
6 Pindar Place, Newbury, RG14 2RR  
07931 722817 : [secretary@vtta.org.uk](mailto:secretary@vtta.org.uk)

### Treasurer



Ian Pritchard (West)  
Doverscourt, 21 Channel Road, Portishead, Bristol, BS20 6LZ  
01275 845779 : [i.pritchard@sky.com](mailto:i.pritchard@sky.com)

### Membership Secretary



Merv Player (East Anglian)  
18 New Close, Knebworth, Herts, SG3 6NU  
01438 814154 : [mervplayer33@gmail.com](mailto:mervplayer33@gmail.com)

### Road Records Secretary



Geoff Perry (London & Home Counties)  
5 The Meadway, Loughton, Milton Keynes, MK5 8AN  
07808 839811 : [geoffreyperry@aol.com](mailto:geoffreyperry@aol.com)

### Editor & Advertising Secretary



Mike Penrice (Yorkshire)  
Tawnylands, South Duffield Road, Osgodby, Selby, YO8 5HP  
01757 291196 / 07598 168709 : [editor@vtta.org.uk](mailto:editor@vtta.org.uk)

### Track Records & Awards Secretary



Ian Greenstreet (London & Home Count)  
Davandy, Long Lane, Shaw, Newbury, RG14 2TH  
07980 301321 : [iangreenstreet@gmail.com](mailto:iangreenstreet@gmail.com)

### IT Manager



Jon Fairclough (Surrey/Sussex)  
Currently relocating. Address to be advised.  
07976 558616 : [itmanager@vtta.org.uk](mailto:itmanager@vtta.org.uk)

**The National Executive is supported by the National Forum,  
comprising delegates from each of our 16 groups  
and is chaired by the President.**

### Vice Presidents

Eddie Green, Jim Burgin

Website : [vtta.org.uk](http://vtta.org.uk) and Facebook



**Merry Christmas and a Happy New Year**



# THE VETERAN

## THE QUARTERLY MAGAZINE OF THE VETERANS TIME TRIALS ASSOCIATION

*Founded in 1943 to promote cycle time trialling for those aged 40 and over*

Number 72

December 2021

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### THE LAST HALF PAGE

The final edition of the The Veteran for 2021 is, as usual, dominated by updated age records and the results of our three season long competitions. Thanks to the efficiency of the new website based system these tables are now considerably easier to compile.

Whilst we all look at the top few names and marvel at their performances, the competitions tables confirm just how very many participants gain reward through competing with the VTTA. Most of us can only finish down the list but all deserve credit and hopefully some applause at their Group Awards Lunches. The VTTA is serving an important function in providing competition and a reason to maintain fitness for the older rider, although to do so we must continue to attract new and younger members, hence why at national level we look at updating the image, marketing, social media and new racing opportunities.

Late in the 2021 season I had the honour to attend as NEC representative both the National 10 Miles Championship in North Midlands area and the trial inaugural Closed Circuit Championship at Croft Motor Racing Circuit. The 10 was on a beautiful late summer afternoon and was well supported by all the usual and expected riders. The event at Croft however was late October, cold and windy, but was considered a great success by all who took part and has opened the door to VTTA events for new members. Although conceived and organised late in the year by Gavin Russell it is certainly something for us to expand upon as the roads become ever busier and more prone to disruption. So it's great news that for 2022 the concept will be expanded upon and we will 'officially' have both Northern and Southern Closed Circuit Championships..

During my time as editor of this journal I have become friendly with VTTA East Anglian's reporter Mary Horsnell. However these five years are but a blink of an eye compared to the time that both she and husband Peter have supported the VTTA in a variety of roles, despite both competing at a high level themselves. So it is only fitting that they have now been awarded Distinguished Life Membership of the Association. Congratulations Peter and Mary!

All that remains is to wish you all a Merry Christmas and a Happy New Year festooned with PB's.

*Mike Penrice*

## PRESIDENT'S PIECE

Hello to one and all, and Season's Greetings.

As we approach the end of another year still amidst Covid 19 concerns, it is good to be able to look back on VTTA successes both on and off the bike. All our Championships took place, embracing some excellent performances.

Mention must be made of Angela Carpenter's overall successes across five events, 15, 25, 30, 50 and equal first in the 10. Such a range of performances is an inspiring example to us all. Well done, Angela.

From Scotland came forth Christina Murray for the CTT and Veteran National 24 hour Championship. She set a new women's national record for the event and with it a new VTTA age record. Her distance of 490.28 miles gained her second overall in the event, beaten only by Robbie Mitchell's 521.68 miles. It was a tremendous performance over one of the hottest weekends of the year.

Keeping Scotland to the fore was the Lejog record ride from Christina Mackenzie. Over the weekend of July 30<sup>th</sup> she covered the 839 miles in a time of 51 hours 5 minutes and 27 seconds, beating the previous record by a significant 1 hour 39 minutes 44 seconds.

There were many other inspiring performances across the country which will receive acknowledgements in this edition of The Veteran. Such achievements would not be possible without the time given to our sport by the organisers.

Whether Championship or other events the task of organising is becoming more and more difficult. Thanks to all those promoters who gave up their time during the season. I will mention one particular event, the VTTA National 25 mile Championship, which was the event that was postponed following the tragic accident in the Midlands. Phil Guy and the Merseyside Group stepped forward at very short notice to stage a very successful event. Thank you, Phil, and colleagues.

Our final event was the inaugural closed circuit 10 mile at the Croft Circuit. Thanks to Gavin Russell and his team from CTT Teesside for ensuring a successful promotion. This was a pilot event for next season's closed-circuit promotions at Croft and Goodwood, the latter as a result of David Collard-Berry's involvement.

The year also saw the introduction of the National Forum and personally I believe that this has brought a new dimension to the structure and development of the VTTA. Our thanks to all the Group representatives who gave of their time and shared opinions on a range of points in open, critical, and constructive discussion.

In a year in which global warming has been to the forefront of our minds, I had a conversation recently with a colleague regarding the green credentials of our sport. We ride a very green machine as a major aspect of our lives. Paradoxically, we then drive many miles to compete on same machine, for a shorter time in each event. Is there a future that might see more local events and more of the "riding out to" races? I leave you with that thought.

To all members, have a great Christmas and all you wish yourself for the New Year 2022.

*Tony Farrell*

## CHAIRMAN'S PIECE

It seems that despite the ongoing effects of the pandemic many of us have had a reasonably full racing season this year, albeit with quite a few postponed and cancelled events. I managed 20 open and club events from 10 miles up to the VTTA 100 mile championship. Perhaps my most memorable event was sadly to have ridden exactly 1:00:00 in the Notts & East Midlands '25' back in May. My Garmin thought I had got under the hour, but the lesson is I need to start it a couple of seconds before the 'off' to help avoid such a potential disappointment. I have also been taking part in a Zwift time trial league organised by the VTTA Midlands Group this autumn that has kept the competitive pressure on until the end of November. Are Zwift-type events something we should be looking at more as the VTTA? Let the Editor know your thoughts.

The recovery in events this year has also been reflected in our national membership numbers. They fell by 179 in 2020 with the pandemic but we recovered more than half of that number (94) in 2021 to give a total of 2644 at the end of September. Attracting new members and encouraging renewals remains as ever a priority and we will again use the national membership database to send out renewal reminders to members over the next 3 months. If you have not yet rejoined, why not go to the website and do it now ([www.vtta.org.uk](http://www.vtta.org.uk))?

One way of attracting members is to provide some new types of events and October saw us run our first closed circuit championship over 10 miles at the Croft motor racing circuit near Darlington. Our thanks to Gavin Russell for organising this very successful event on top of his role as CTT chairman this year. Next year we plan both a Northern and Southern closed circuit championship with Gavin running the Northern event in October and David Collard-Berry running a Southern event at the Goodwood motor racing circuit in July. We will again open these events to all veterans with the intention of using them to help recruit new members.

After a season with no standards medals in 2020, I got two this year, at 15 and 50 miles. With the roll-out of the new standards automation system this year, I was able to confirm my improvements and submit my claim on the website in less than two minutes and my Group Recorder no longer needed to validate my claim on the CTT website. 332 members successfully recorded their standards claim on the new system (or their Group Recorders helped do it for them). The new system will make it easy for all members to understand their standards' targets and to track their achievement. This is a big benefit and by taking away the complexity should encourage greater participation by members in our unique VTTA scheme of personal awards. So sign up for standard awards with your membership in 2022.

Finally, my best wishes to you all for a happy Christmas and a good New Year on your bikes.

*Andrew Simpkins*

## THE MONEY COLUMN

Many thanks to all the Group Treasurers for their prompt returns that took us to the end of the VTTA Financial Year. This enabled me to finalise the end of Year Accounts in preparation for the VTTA AGM in January.

You will see when you look at the Accounts that we made another loss for 2020-2021, the Balance sheet shows a deficit of £2394.43. This led the NEC to again review how we can increase our income to provide a balanced budget. It is difficult, we did consider asking the Groups who run Championships to donate, from any profit they may make in running the event. However, following discussions this was not going to be viable.

It was then agreed that to achieve a balanced budget for 2022 we needed to increase the membership levy for 2022. We needed to act quickly to bring in this change for the coming year; many thanks to all Groups who quickly responded enabling this to be completed. There is a motion to formalise an agreement with a rule change, so we won't be in a repeat position going forward. This will enable a balanced budget to be set for the coming financial year.

One of the big outgoings is the VTTA website, however it is essential that it is kept up to date and, where we can, to automate the running and management of the VTTA so it becomes easier for the committee and the membership. The development over the past few years with Online Membership Payments, the management of membership and now Automation of Standards has really brought the organisation up to date – reducing paperwork and making things easier for all the membership.

The payments we make to Xncreations who manage the website comprise of three distinct parts; our IT Manager Jon, who manages the Website, covers the liaison work:

- The monthly management costs, this covers the service-level agreement (SLA) between Xncreations and the VTTA - the maintenance, hosting and backup of the VTTA website.
- General enhancements and fixes - these are ongoing improvements that Jon and Andrew prioritise. These are generated from feedback from users and group officials.
- Major upgrades to the system, e.g., for 2021 it was the Standards Automation that required a lot of fault finding and extensive testing. Some changes are planned for 2022 which are under discussion, but these are not expected to be of the similar scope and cost as the membership system, competitions, and standards awards projects.

I hope the above helps explain the need to increase the levy for 2022.

Remember stay safe and let's be careful out there

*Ian Pritchard*

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## **IT MANAGER'S THOUGHTS (A BIT OFF SUBJECT THIS TIME)**

The new system on the website that automates the claiming of Standards Awards has received good feedback from group recorders and members. So, what's next? Last issue I said: "The standards awards system is the last piece in the architecture planned when I took the IT manager role in 2017 with the goal of automating membership, records, season long competitions and standards awards". I forgot to say that I realised a while later that the strategy was incomplete. There is one more major area still to automate: claiming of age records. It is quite possible to check every result against an age record, notify the riders and automatically submit a claim to a recorder. I hope in the next issue that we have started a project to achieve this in 2022. If it is something you want, please tell your group committee!

Over the last three years I have done Q&A articles with many of our leading riders. Andrew Grant is the subject of my interrogation in this issue. I thought it would be fun to pick out nuggets of cycling wisdom from past articles and list them for you as you plan your 2022 season.

*Do you have any advice for people new to time trialling?*

Christina Murray: Think what you may be capable of, and then double it. As humans we shy away from failure and so we often set our goals too conservatively. So, dream big. I'm a huge believer in the phrase "the body achieves what the mind believes" – if you think you might, then you probably will.

Andy Jackson: Be clear on your goals - hardly anyone can excel at all distances, pick your focus or to your strengths (be it long or short) and train specifically to the demands of the event. Optimise your kit and position - as much as you can and can afford. £400 spent on say a decent aero testing and positional analysis will help you way more than the latest new wheel or 'fad' we see coming. Be honest - with yourself, about HOW you are performing and how you need to develop, employing a coach can be a great way to get some quality, impartial support, advice and feedback. But also, it's not rocket science! Consistency is ABSOLUTELY key, in training, recovery and preparation. The best thing you can do is maintain a consistent approach to training and racing. Remember to enjoy it! It's just a hobby and fun. Too many people get too hung up and lose perspective. Perspective is key!

*What do you think about when you are racing?*

David Hargreaves: I try to concentrate on pedalling smoothly at a pace that I can maintain for the full distance. I glance at my computer from time to time to check my 3s power and average power. I ride based on perceived effort but if I notice my power has dropped significantly below what I think it should be, I ride a bit harder. This can happen if I lose focus.

Keith Ainsworth: Initially it is important to control that early enthusiasm and false strength - I occasionally get it wrong though, so I try and stay smooth and "let the bike do the work." No panics, no surging. Towards the end, pain is just the brain's failsafe, so I try and ignore it and think of the chequered flag!

*What is your approach to training?*

Peter Horsnell: At home, all major jobs which cause physical strain or mental stress should be completed before undertaking an annual training routine. The brain needs to be completely clear and concentrated before starting this, not just at the start of the event. I follow a daily exercise routine, mainly stretching, and find Pilates very helpful all the year round, and especially when increasing training mileage on the bike. I am fortunate to have the support of an excellent masseur, specialising in natural therapy - expensive but worth it. Finally, sleep is important to me. I need 10 hours before I feel like tackling anything.

Ron Hallam: Early season I use a turbo trainer with a heart monitor. I race at weekends. If a race is on a Saturday, then I will go out for a steady 30/40 mile training ride on the Sunday. On Tuesday I have turbo session and on Wednesday I am out for a 50/60 mile reasonably hard training ride. For me, no amount of training replaces the fitness gained from racing.

Peter Baker: Riding my bike and "getting the miles in." Many years ago, I used rollers and tried a turbo when they first appeared but didn't enjoy using them, for me it just isn't cycling. However, I have just bought a new turbo and joined Zwift, I can now "climb" virtual mountains without leaving home (in the previous question asking about his mileage that year, Peter said: "to date (10th November 2018) 16,849 miles and over 564,000 since I first started recording in 1974".

*What sacrifices do you make to perform so well in time trialling?*

Christina Mackenzie: Committing 100% to my training, following a strict training plan and diet. Training so many hours a week and I had to sacrifice weekends to commit fully to the training, more often than not it was eat, train, sleep, repeat.

James Rix: My weekday evenings. I'm either training or working late to allow me to leave early on training nights. My coach Dan Barnett is the master at setting training off limited available time. I have a very understanding wife who makes it all possible.

I expect many will join me in saying "Me too!" to the last comment!

*Jon Fairclough*

# AGE 80+ MEMBERS WHO COMPETED IN 2021

(Listed in decreasing age order based on date of birth)

Peter Horsnell	Chelmer CC	E Ang	91
Ken Stevens	South Pennine RC	N&EM	91
Ron Hallam	South Pennine RC	N&EM	91
Norman Harvey	Sotonia CC	Wssx	88
Les Hayman	Southborough & D Whs	Kent	88
Bob Loader	Sydenham Whs	Kent	88
Alex Munro	SVTTA	Scot	88
Derek Hodgins	Stockport Clarion CC	M&NW	87
Pete Wilson	Bath CC	West	87
Mike Daniels	Southborough & D Whs	Kent	86
Bob Ibell	Bynea CC	S Wls	86
Alasdair Washington	Caithness CC	Scot	84
Peter Norman	Wrexham RC	Mer	84
Brian Hygate	Fareham Whs	Wssx	83

Brian Lewis	Bicester Millennium CC	West	83
Nev Ashman	Manchester Velo CRC	M&NW	82
Malcolm Adams	De Laune CC	Kent	82
Stewart Mitchell	Deeside Thistle CC	Scot	82
Les Humphrey	South Eastern RC	S/S	81
John Murphy	Gloucester City CC	West	81
John Froud	Festival RC	S/S	81
David Stockley	A5 Rangers CC	Mids	81
Keith Alderson	Cleveland Whs	North	81
Colin Inett	Thanet RC	Kent	81
Alan Robinson	Central Sussex CC	S/S	80
Murray Kirton	A5 Rangers CC	Mids	80
John Howells	Corinium CC	West	80

List based on best available information. Please report any omissions to the editor.

Several of our older racing members had an enforced sabbatical in 2020 and have found it difficult to return, so the 80+ list is still shorter than pre-pandemic. Not so chart topping Peter Horsnell, whose 2020 'shielding year' still included regular daily exercise and cycling, albeit alone, but with a careful avoidance of excessive work in their large garden.

Making a comeback at 91 years old must present some challenges so Peter was advised by his personal physio/masseur to treat 2021 as a beginner and with little effort. Despite that advice he still managed to amass 7 age records during the year, 3 of which he subsequently updated himself. So either he ignored that well meaning advice or next year will be something really special! Peter gets assistance travelling to some races from the ever helpful Dave Nock but has to plan his year carefully due to his difficulty getting into the faster events. Of course he also has personal difficulty with caring for wife Mary, recently retired scribe in this magazine, who now suffers badly with arthritis and her sight.

We still have an 80+ list devoid of any female racing members. Perhaps some of them can be tempted out of retirement to ride one of the veterans closed circuit championships at either Croft or Goodwood in 2022. They are on safe, traffic free, and well surfaced roads and road bikes are welcomed if the TT bike has long gone.



# RIDER Q & A WITH ANDREW GRANT

## Jon Fairclough gets let into some secrets to his outstanding speed

Andrew Grant is this year's Men's 50 mile and Short Distance Competition Champion and holds 10 national age records and also three East Anglian Group records at distances of 10 to 100 miles. He is also the Chairman of the East Anglian VTTA group. This issue it's his turn to tell us how and why he goes so fast at the age of 68.

1. When did you start time trialling?

The year Tom Simpson died, in 1967. 1982 was my last season in that incarnation, so the alternative and probably more relevant answer is 2015, when I was able to resume a career which had been interrupted by family commitments and the need to earn a living. I view the intervening 33 years not as lost but as extended tapering. It was, of course, a completely different sport to which I returned, but I was pretty different, too.

2. What are your greatest achievements in your time trialling career?

In 1971, when I was still a junior, I did 21:39 in drizzle, gloom and heavy traffic on the old F4, which used part of the A1 and a bit of what became the M25. No helmets, no rear lights! no warning signs - we must have been crazy. I was 19 seconds off junior comp record. There wasn't an official senior record until the following year, when Willie Moore set 20:36. That ride has got to be a candidate, though it's a bit sad to be going back 50 years for your greatest achievement. I was going quite well though; the previous autumn, I'd won the Eastern Counties Hill Climb on Claypits at Epping and broken the hill record. It seems inconceivable now. Ten years later, I was pretty pleased to come second and only a minute behind Mick Ballard with a 53:38 PB on the E72.

However, for the elderly me in the new aero age, I guess my 50-mile age records, especially the 1:43 in 2018 and the 1:45 in 2020 after lockdown stand out for still being competitive with younger riders, though I actually got closest to Paul Hart in the ECCA 50 on the new F2/50 at the beginning of this season with a 1:48, that I've subsequently beaten. Obviously, I'm delighted this year to have won the VTTA National 50 Championship and the men's Short Distance Competition.

3. What is your TT bike?

Until this year it was a Planet X Exocet, much-modified to be reasonably up-to-date. Over lockdown, though, I decided I'd try buying some more speed to offset the passing years and bought a barely-used Canyon Speedmax from a retiring triathlete. It's probably been worth 15 watts or so.

4. What is your approach to training?

Ordinarily, I would be aiming for just upwards of 200 miles per week from January to March including at least one group ride and probably a long midweek cafe ride, usually with Ken Platts, plus a couple of brutal interval sessions on the turbo. Much more than that results in diminishing returns because I don't recover sufficiently. Obviously, once the season starts, the mileage drops and races substitute for some of the turbo sessions.

This year, however, Hilary, my wife, broke her arm in early January (falling off her bike) and we decided, it being lockdown, that if I fell off too and injured myself, even if I didn't

die in a ditch because she couldn't come to get me we'd be seriously stuck if we were both incapacitated, so I used Zwift exclusively for three months. It didn't seem to do any harm, though I learned that a two-and-a-half-hour group ride on Zwift is about my limit in all sorts of ways.

5. How do you explain your phenomenal speed for someone your age?

I always could go quite quickly in fast conditions. When I was younger, I did as much, if not more, track racing as time trialling and, in the distance events provided I picked the right wheels – which meant someone like Ron Keeble or Dave Le Grys or Peter Hamilton - I'd be in the mix at the end, even if I couldn't get past the really fast guys. So, I guess I had the fast twitch muscles, but I never did enough training to keep them twitching for long when conditions got tough. Now they don't twitch quite so fast, but because I'm training far more methodically and scientifically, I don't slow down as much as the distance goes up.

6. What have you done (and not done!) to allow you to ride that fast?

I've taken modern training methods seriously, read coaching programmes and adapted them to someone my age, embraced the available technology including aerodynamics, power and a smart turbo and recognised the importance of rest and recovery. According to Windsock, I'm improbably aerodynamic. Some of that, on the faster courses, will be down to passing traffic, but even on the quieter courses, it's quoting a scarcely believable figure. Whatever, it makes sense that if I hide as well as I can from the air and the wind, what little power I can produce won't be wasted.

7. What is your favourite type of time trialling event?

I like 10s less and less. You have to ride them at VO2 max, and when you're young you can do that for 20 minutes, but at my age you're well into VO2 minus by the turn. 25 is still probably my favourite distance, but I can see it's heading where 10 has already gone. Reluctantly, because it's a long way to ride at threshold and the pain goes on for just short of two hours, I've come to the conclusion that 50 is now my best distance. I rode my first 100 for 37 years in 2018 and was amazed a) that I quite enjoyed it and b) how much easier it was to ride at 26 mph for 3 hours and 47 minutes than at 29 mph for 20 minutes so I fear there may come a day when 100 miles is my best distance.

8. What do you think about when you are racing?

I used to think about when I would see my next minute man, but these days I'm assessing the conditions, the course, my cadence and how much power I can afford to be putting down if I want to make it to the finish. Oh, and on three occasions this year, I've been speculating intermittently on the point at which Keith Dorling will catch me off a minute and after he does, why he doesn't seem to be going away as

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fast as he must have been going before he caught me. In my last event of the season, the Chelmer GP des Gentlemen, which I rode with my son, I was thinking about whether I could bear the shame of asking him to ease off a bit on the hills. I could and I did.

9. What sacrifices do you make to perform so well in time trialling?

It plays havoc with one's social calendar during the season and we tend to go on holiday at unconventional times of the year

10. What are you aiming to achieve in time trialling in the future?

Since I came back, I have managed to record at least one all-time PB at one distance or other every year. That's now happening only with the more esoteric distances and this year I only managed it at 30 miles. As I don't ever plan to ride a 12-hour or a 24, I suspect the writing is on the wall, but the great thing about VTTA competition is that you can succeed either by getting faster or by getting older. I plan to adopt the latter approach, so I'll hope to break a few more age records.

11. Do you have any advice for people new to time trialling?

Bikes like stealth bombers, helmets like Star Troopers and mixing it with fast traffic on dual carriageways can make time trialling seem very daunting and very exclusive. The initiative embraced by the VTTA, to promote events on closed circuits, is very much to be welcomed, but the local club evening 10 is still the best introduction to the sport. I applaud, too, the increasing availability of road bike open events which make time trialling accessible to newcomers as it always used to be, without a huge initial financial investment. Give it a go. It can be surprisingly addictive.



Photo by Len Thorpe



Photo by Davey Jones

*This is what 40 years has done to Andrew Grant - 1981 to 2021*

# CYCLE SPORT IS THRIVING IN CAITHNESS THANKS TO THE INSPIRATION OF VTTA MEMBER ALASDAIR WASHINGTON

*By Mike Penrice, with thanks to Alasdair Washington, James Gunn, Debbie Irvine and Malcolm Gray*

To many cyclists Caithness is a single road from Wick to John O'Groat's in the far north of Scotland. It's a windswept road through an open and barren landscape, to be ridden once as the final miles of a Lejog ambition and then deleted from the bucket list. But even in this corner of the UK cycling is prospering and the Caithness Cycling Club is thriving thanks in no small part to the enthusiasm and inspiration of 84 years old Alasdair Washington, a VTTA member since the 1980s. The club boasts that it is the most northerly cycling club on mainland UK, so is very remote from mainstream cycling activity.

Alasdair began his lifelong cycling career aged 14 whilst growing up in Cheshire. "I can remember at about 14 years old setting off with my pal and we did 120 miles that day, on really old bikes with no proper gears compared with today. That was an exception, but we did often go off for 20 or 30 miles in our early teens on these old bikes.

"In 1957, aged 19, I started racing with Sale Road Club, a BLRC road racing club in the Manchester Division. I was a 1st cat rider two years later and in 1960/61 was rarely outside the first ten, predominantly road racing but with the occasional time trial. In 1960 I had my best wins in the Macclesfield GP and the South Buxton RR. I also rode my first 50 and 100, both promoted by the South Lancashire RC, winning both, with 2:6:20 and 4:23:43. Not impressive these days but this was only 4 years after Ray Booty had become the first to beat 4 hours. And of course it was on a 23lb road bike, with 14oz Fiamme rims, 14oz Wolber tubulars and with two 500cc bottles on the handlebars the only drink available."

In 1962, at the age of 24 and with a wife and young son, a career move took Alasdair to Thurso on the north coast of Scotland, where he worked as a physicist at the Dounreay nuclear reactor, and he has remained in Thurso ever since.

Alasdair quickly became involved in the local cycling scene, such as it was - consisting mainly of track racing at the ever popular highland games. It was at one such games meeting that a number of riders discussed forming a cycling club in Thurso and thus Alasdair became a founder member of the Caithness CC. The inaugural meeting was held in February 1963 and they were soon running a programme of racing, club runs, weekends away and grass track meetings. Local cycle shop owner and former Caithness Track Champion Mack Mowat became the first Life President of the club and regularly drove members to weekend races.

Alasdair takes up the story, "In the club's first year, 1963, we were very successful, mainly time trials but also road and track races. In time trials I had many wins and we often took 1st, 2nd and 3rd placings, while on the track local rider Donnie Bruce won the Scottish 2 mile grass championship. We travelled as far as Dundee and Aberdeen, round trips of about 500 miles. We held track meetings, complete with a Caithness Bicycle Queen competition, races for boys and girls and novelty events. Entry fee was 2 shillings! We also held dinner dances, hostelling weekends and a Cyclists v Harriers event. My best times in 1963 were 23:23 / 1:0:37 / 2:5:30. For me family commitments then took over and my next race was a club 10 in 1977.

"The club went on to produce four outstanding riders who rode for Scotland: Sandy Christie (b 1952) who won the Scottish 25 and 50m championships aged 18 and later signed a contract with Peugeot, Gary Paterson (b 1973) who rode for a French team in Brittany aged 18 and rode the Tour

of Britain, Alexander Ross (b 1986) raced for Scotland in Luxembourg, South Africa and Saudi Arabia and was selected for the 2002 Commonwealth Games but missed due to injury, and David Smith (b 1985), winner of the Junior Tour of Wales aged 18, rode in France for a French team for four years and rode the Tour of Britain twice. Also, in 1987 a second Caithness club, Wick Wheelers, was formed that produced Evan Oliphant, a member of several pro teams."

For many years the club have held 10 mile events and Alasdair regularly won these with 25mph rides and often won the club trophy for the fastest 25 of the year. Like so many 'younger' vets he did not join the VTTA as soon as he was able, but signed up to Scotland Group when he reached 50 in 1987 and has been competing in vets' events and competitions since then. He has achieved numerous Scottish age records at 10, 25,50 and 100 miles and been SVTTA 100 miles champion (std) and BAR champion (std. 25/50/100m) on a number of occasions, the last in 2018 and 2019. He was also the Scottish Cycling (North) Vet-on-std BAR for most of the years from 1981 to 2019 and in 1986 was Caithness Sportsman of the Year.

Being in the far north Alasdair is keenly aware of the difference in times on different courses, although this is not unique to Caithness. The only 'fast' course which he has ridden was the Dundee 25 course (DD25/1), which stopped being used in about 2000. Aged 51, doing around 1:1's at 25 miles, he went to Dundee and did 56:30 (on a bog-standard road bike), then back to 1:1s up north. He never did break the hour in Caithness but always did in Dundee, including a 57:37 aged 63. Luckily he has never really been one for fast courses, he just enjoys racing.

Alasdair remains a strong supporter of the Caithness CC, participating in their activities and riding club and open events whenever possible. The club promote 10s most Tuesdays, interspersed with a non-standard distance hilly once per month and a club hill climb. A racing highlight is always the

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annual interclub against Wick Wheelers, a distance of 19 miles between the outskirts of the two towns. The organising club and direction of the race alternates, so all are hoping for a tailwind ride - times vary greatly year-on-year dependent on race and wind direction. Alasdair stresses that this is a social event and the only prize is a team award (for best 8 team counters) so even the slower riders play an important part. He is President for Life of the club and in the words of club secretary Debbie Irvine is an inspiration to all the members and an icon in showing that age is not a barrier to competitive sport.

Debbie tells us, "Alasdair broke his hip 3 years ago on our 2018 Christmas club run - we ran into black ice and most of us fell off our bikes. Sadly Alasdair had to have a hip replacement and spent Christmas Day in hospital. Afterwards he had to undertake months of rehab which he did religiously every day and remarkably by June (6 months later) he was competing in our club open time trials weekend and he then went on to win the SVTTA 100 miles championship with a fabulous time. This is an incredible recovery for anyone, never mind a man in his 80's. If ever I have an injury and feel despondent, I think of Alasdair and it focuses me on what's possible when you have a positive 'can do' mindset."

There was no racing in Scotland in 2020 and in 2021 the only events in the Highland Region were the 10 and 25 mile events in Caithness at the end of June; these were his only races apart from a few club events. Club activities had virtually ceased and Alasdair was riding on his own until May of this year, when club events were able to re-start.

After a lifetime of cycling he has excellent stamina and maintains his fitness with about 3 rides per week, totalling approximately 100 miles. He is a reluctant turbo user, reserving it for building up race speed. Without competition honed speed he still managed 27:31 for the 10 and 1:12:20 for the 25, not bad for an 84 year old on deserted Caithness roads.

Caithness Cycling Club annually promote their weekend of time trials (under CTT rules) in late June. It makes a great weekend with traditional Scottish hospitality, mid-summer daylight which goes on for 2 hours longer than on the English south coast and with the opportunity to race on some traffic free roads. Anyone wishing to spend this weekend in Thurso could also make it a stopping off point along the scenic and world renowned North Coast 500 route.

Alasdair comments "We currently run our 3-event race weekend in late June, with a 25 on Saturday afternoon followed by a 10 and a 'hilly 11' on Sunday. In 2022 it will be on 25th/26th June. Being 110 miles north of Inverness we don't have large fields and a typical entry is 30 for each event with most entering all three. Small numbers do however make it



*Time trial U-turns persist in this remote part of Scotland, here expertly negotiated by Alasdair*

easier for everyone to return to our clubrooms for a good social get-together with plenty of home baking etc, the announcing of results and the prize presentation; this is typical of events in the Highland Region. Our weekend prizes usually total about £600 and include GC prizes and "names-out-of-a-hat" bottles of wine for our helpers. We may not be the fastest but we do have a very friendly time and we do encourage the not-so-fast riders as well as the speed merchants." Our 10 and 25 courses have little traffic but they have excellent road surfaces; in our 25 this year 15 out of 29 riders were under the hour, the best being 51:19. We had an award winning sports photographer on course and a full page article with 4 action photos in the local paper, the John O'Groat's Journal."

Alasdair has forged a strong connection with his local paper and during the season has written a weekly report of the club's activities for about 40 years, never missing a single week even when on holiday. He and the Caithness CC have also been frequent supporters of End-to-End record attempts, turning out and offering encouragement over those final excruciating miles, and Alasdair has an official role as an RRA recorder.

It is clear that much of the success of club cycling and racing in this remote corner of the country is down to Alasdair's love of the sport and his firm belief that the club must be all inclusive. " Our club 10's have been ridden on mountain bikes and if someone turned up on a 'shopper' they would be made most welcome. For several years after I had my first disc wheel I didn't use it for club events until several others had them too. In the North of Scotland CA (now SC(North)) I introduced a 'Special Series' of non-standard events, where time is less relevant. (No one asks what you did for a 17 mile hilly!) In our club I introduced a 'Handicap League' with points for every club race, because at the time the same folk were winning every week. This has proved very popular and is keenly contested."

As well as winning multiple honours Alasdair has shown what can be achieved, regardless of age, through dedication and hard work and by keeping as fit as possible. "People do say 'you're an inspiration to me' and I think that's great, I feel privileged," he said. "I'm probably only where I am now because I was really inspired by other people."



*Riders' get-together at the Caithness TT weekend (Alasdair 3rd from left)*



## **EAST MIDLANDS**

### **David Herd**

There are a number of interesting and exciting topics and consultations taking place with the National Forum. Much of the focus of the work is updating the image of VTTA, making the Association appear slicker and more stylish. Much of this work is ongoing so let's hope that these changes will be agreed and notified to members soon.

It is pretty certain that, not wishing to pre-empt the AGM decision (21 November 2021) that as far as the East Midlands Group it is concerned we will drop the Nottingham (or Notts) from our title and become the VTTA East Midlands Group. (This change was passed - Ed)

As far as VTTA East Midlands yearly subscriptions are concerned they will be increased to £16 for individual members and £18 for Joint Membership.

A belated congratulations to Nigel Briggs (South Pennine RC) and Jez Willows (Sherwood CC) for completing the combined RTTC and VTTA National 24 hour championships held on 17/18 July under very hot conditions. Nigel took THE bronze medal by covering an actual distance of 412.97 miles and Jez came in 12th with a actual distance of 382.64 miles.

Well done also to Mick Stevens (Melton Olympic CC), who had a great season, for completing the VTTA National 12 hour on the 1st August covering 254.39 miles and was also the Oldest competitor. Congratulations again to Jez Willows, who also rode this event with the 24 hour National Championships only two weeks earlier, completing it with a distance of 246.94 actual miles.

Colin Parkinson (South Western RC) had a good ride in the RTTC National 50 mile Championships in Cheshire on 29th August, finishing in 1:59:01, while Mick Stevens came in on 2:11:07. The fastest rider on the day was Christopher Fennell (Independent Pedaler-Nopin) on 1:39:37.

The Sherwood CC 25 held on 14th August on the A25/34 attracted a large number of veteran entries. Richard Oakes (Team Ohten Aveas) was fastest on 47:52, Ian Guilor (Mapperley CC) 4th on 50:26, Neal Parkin (Team Bottrill) 6th with 50:51. Other times were: Matthew Stonley (Mapperley CC) with an excellent ride of 52:11, Chris Ward (Spalding CC) 52:22, Geoff Platts (Team Bottrill) came in on 55:03, with Ed Watson (Ratae RC) on 56:11, Giles White (Sherwood CC) had a good ride on 56:55 and Mick Stevens continued his fine season with 59:00. Ian Pike (Lincoln Wheelers CC) riding trike 59:30, visiting East Anglian veteran Roger Sewell (Wisbech Wheelers CC) sneaked in just under the hour, Michael Wilkinson (North Notts Olympic CC) 1:01:07. Fastest East Midlands female rider was Jo Corbett 1:03:33 but overall fastest female time was taken by Emily Martin (Weaver Valley CC) on 57:17. It has been interesting to compare the times set in the VTTA 25 that followed this event several weeks later.

Ratae RC open 10 was held on the 5th September on the A10/13 Seagrave course with Senior William Perrett (AeroLab Ward WheelZ) on good form with a 18:53. Sean Vincent (Race Hub) was 6th on 21:15, Geoff Platts 22:02, Ed Watson 22:26, Michael Wills (Lutterworth CC) 22:45 and Giles White 23:03. Chris Sprott and Chris Spray from the promoting club came in on 23:16 and 23:26 respectively, with Ashley Roue of Mapperley CC on 23:41, Tim Baggs (VC Flintham) 24:43 and Ben Turner VTTA (East Mids.) 25:08. Senior Lucy Sturgess (Ratae RC) was fastest female with 25:43 and Pamela Moore (Coalville Wheelers) 26:41. Finally Ron Hallam (South Pennine RC) recorded 30:39.

The VTTA East Midlands 25 promoted and supported by Team Ohten Aveas on 11th September was held on the A25/34 Farndon course. It gave some excellent times but generally not as quick as the Sherwood event, Richard Oakes again going fastest with a 48:21 and Ian Guilor came in 4rd with 52:19. Other East Midlands riders: Nick Cave (Team Lutterworth Cycle Centre) 53:50, Geoff Platts also



going well with 54:20, another member of Team Ohten Aveas, Wayne Smith, came in on 54:30 and two good rides were done by Ian Pike 55:05 and Colin Parkinson 55:09. Jo Corbett Sherwood CC was the fastest of the three female riders with 1:05:12, Yorkshire member Michelle Morley (Swift Racing) 1:06:23 and Pamela Moore 1:22:18.

Congratulations to all the East Midlands VTTA members who rode the VTTA National 10 which was held on the 010/1 at Hatfield 18th September. Richard Oakes was fastest with an incredible time of 19:25 and also tied for the win on standard with Angela Carpenter on +07:36. Ian Guilor did 21:19, Jo Corbett with 26:11 was third on female standard +05:14, Dave Meaden 26:43. Richard's Oakes dad Roy, also riding for Team Ohten Aveas, 28:13 and Ron Hallam 30:16. Ron also took the third placed man on standard medal, our group took the group team award and Ohten Aveas the club team, so a good day all round for East Midlands riders.

Thanks to Gail Summerlin for organising the annual luncheon and prize presentation which will be held on 23rd January 2022 at Risley Park, Derby Road, Risley DE72 3SS 12:00 for 12:30. Please support the lunch; for tickets contact Gail on 07525 848184.

It does appear that although there are still issues and dangers with the Covid 19 virus, time trialling is back on stream and is becoming more relaxed in terms of how we meet, socialise and generally run events. So let's hope we can have a good season again next year. There have been some good times set this year and this goes to make our sport more challenging and interesting. So please ride safely, have a good Christmas and a Happy New Year.

## **EAST ANGLIAN Andrew Grant**

The Group's racing programme drew to a close in September with some fast conditions.

In the last 10 of the season, ably organised on 4th September by Dominic Whitehead, the E2 produced some rapid times, with Team Bottrill's in-form Keith Dorling taking the honours on standard with a scintillating PB of 19:45.

Chronological seniority gave him the edge on plus over team mate Tim Hood, who bettered him by two

seconds on scratch, and the podium was completed by a tie on standard between Michael Allen (Team Jewson – MI Racing – Poly Pipe – McCann) and top woman, CC Ashwell's Jackie Field. The top four riders on standard were separated by only 19 seconds. As best East Anglian riders on standard, Keith and Jackie share the Ron Fisher/Jack King Memorial Shield.

Keith's ride was a fine effort and would have been a 62 yrs age record had Keith Ainsworth not got there earlier this season. Overall, the results suggested some curious conditions with a clutch of fast times at the top contrasting with rather indifferent times from normally quick performers.

Tandem honours went to the usual suspects, Ian Greenstreet and Rachael Elliot, with 18:26, fast enough to see off all but the top three soloists on scratch: Aerolab's Tom Ward, with 17:58; George Fox Cycling Solution's eponymous George Fox, with 18:17 and James Jenkins (Richardson Trek RT) with 18:22 – all of them Senior interlopers.

Talking of interlopers, as we were, the VTTA East Anglian Care Home for Bewildered Elderly Cyclists was raided for a second time this season on Saturday 25th September in another smash and grab attack by notorious 26-year-old time bandit Christopher Fennell.

Fennell was apprehended by timekeeper Tim Groves after 44 minutes and 10 seconds, red-handed in possession of an F2A/25 course record, formerly the treasured possession of a Mr Matthew Smith, a frail, vulnerable, 43-year-old local resident. Mr Smith, of Drag2Zero, had first been deprived of his property only two weeks earlier in a professional heist at the Cambridge CC event, after which the culprit made off with the spoils to Ireland.

It was perhaps some consolation that the stolen goods were repatriated by Fennell, who, in another illustration of the innumerable benefits of Brexit, recorded the fastest ever "25" on UK roads by a UK passport holder. Competition Record itself, of course, remains securely locked in a trophy cabinet in Poland, where most of our HGV drivers are now to be found.

Mr Smith put up a spirited defence, finishing in 46:00, but in the end was subjected to a brutal mugging by the ruthless highwayman, being caught and passed by the flying Fennell after half distance.

Away from the drama, fastest overall on standard went to Jackie Field, with a superb age record of 54:42. Keith Ainsworth (Sheffrec CC), on day release from the North Midlands branch of Age Concern, braved petrol shortages to come down and show the soft southerners how it's done, recording a frustrating 50:00, also an age record, as best man on standard.

Keith was 7 seconds in arrears of Jackie on plus and 17 ahead of East Anglian Group Chairman Andy Grant, who, for the third time this season was caught for a minute by Group Treasurer Keith Dorling. The Group auditor will no doubt find it reassuring that the Chairman cannot outpace the Treasurer. Despite this indignity, as best East Anglian man on standard, Andy shares the Geri Lang Memorial Cup with Jackie.

Chelmer's Pete Horsnell set a new age record of 1:13:16, leaving all the other 91-year-olds trailing in his wake, and a new junior women's competition record was set by Drag2Zero's Isabel Sharp, in 52:25. Messrs Smith, Jay and Harrison of Drag2Zero also carried off the team award.

Well clear of the field in the tandem event were Ian Greenstreet and Rachael Elliot, with 47:39 and a new combined age record.

Superb organisation by Michael Martin brought us excellent marshalling (thanks all) and such half-

remembered delights as a pusher-off, tea and cakes, a result board (bravo Keith West) and a real sense of occasion.

Next year's programme, already fully staffed thanks to John Golder's impeccable recruitment drive, sees us return to the E2. In its absence this year, the F2 courses have proved a more than adequate substitute and I may not be the only one wondering whether, on re-acquaintance, we'll like the E2 quite as much as we thought we did.

## KENT Ian Turner

The Group's AGM was held on Sunday 21 November at Lenham Community Hall. The meeting was attended by ten members, nine of whom were committee members.

The election of officers and committee members for 2022 resulted in the following individuals being elected:-

President: no election; Carole Gandy was elected at the 2020 AGM to a three year office.

Vice Presidents: Peter Baker, Bob Giles and Ian Turner

Chair: Mark Vowells



*Keith Dorling (left) and Jackie Field (right) both caught by Stuart Field's camera at the exact instant they happened to be looking down at their computers.*

Vice-Chair: John Hawkridge  
General Secretary: Carole Gandy  
Treasurer: Chris Bax  
Social Secretary: Tom Morton  
Time Trial Secretary: Robert Giles  
Recorder and Reporter: Ian Turner  
KVN Editor: Neil Quarmby  
Committee Members: Dave Wright, Anthony Bee and Dave Greenwood (Dave Wright and Dave Greenwood elected in their absence and subject to confirmation)  
Accounts Examiner: Andy McCall  
KCA Delegates: Bob Giles and Tom Morton  
CTT Delegates: Carole Gandy and Tom Morton  
National VTTA Delegates: Bob Giles and Carole Gandy

Reports were received from officers, including the General Secretary; the Treasurer, the Time Trial Secretary; the Recorder and the Social Secretary, KCA delegates and CTT delegates.

Our Secretary, Carole Gandy, reported that our membership stands at 163 which is made up of 42 HLM, 3 LM. (Life membership is historical as this type of membership is no longer on offer) and 118 general members. Whilst each year we do have people leave the group our overall numbers have remained basically the same and this is due to 11 new members joining, which is most welcome and ensures that the VTTA will continue to flourish. Sadly as with an organisation such as ours which covers a wide age group we have over the year had members or their partners passing away. We also had several members who had serious accidents but have now thankfully recovered, with Maurice Wilkins resuming his time keeping duties for the 10@10 series and Shay Giles back racing. Our thoughts are with Esther Carpenter, who ran the KCA 12 hour event for many years, recovering from a serious stroke.

Chris Bax, our Treasurer, in presenting the Annual Accounts - which were approved – stated that the financial situation of the Group had deteriorated slightly compared to 2020, not unexpectedly, because of Covid. A small surplus had been achieved for the year. The forecast for 2022 was quite healthy however, provided that all planned events could be run.

Bob Giles, our Time Trial Secretary noted that the first two events of the season, the spring 10 and 30 mile championship, had been cancelled due to Covid,

which was exacerbated by the lack of availability of HQ venues. Once the restrictions were eased, we were bedevilled by road works which led to further problems. Recruitment of marshals and event organisers also continued to be an issue, and we had the deplorable situation where Bob had to organise most events himself. For 2022, recruitment of organisers has improved slightly, but we are still desperate for more volunteers to undertake this vital role.

On the social side, a most important date for Kent Group members is Saturday 5th February 2022 when the Annual Lunch and Prize Giving will be held. This event is once again at the Weald of Kent Golf Club, and Tom Morton was able to confirm that the Guest of Honour will be Paul Tuohy, until recently CEO of Cycling UK, and now CEO for Campaign for Better Transport. The Annual Lunch is always a hugely entertaining event, with Paul Mephram once again taking on the Master of Ceremony's role in his inimitable way. Trophies, medals and certificates will be handed to all prize winners who attend the lunch by the Guest of Honour.

My Recorder's report noted that, notwithstanding the continuation of Covid 19, especially in the early part of the season, it had been a good year in terms of claims, with all of the championship trophies except the 30 miles being awarded. That said, there was only one claimant for the BAR, the Kent Cycling Association 12 Hour event having been cancelled, which meant that potential competitors had to travel to Wales to compete. Disappointingly, there were no claimants for the Ladies BAR or the Pete Avis Cup this year.

With the introduction of the automated Standards Claims System, we saw a significant increase in Standards awards, there being four individuals qualifying for plaques, and sixteen qualifying for a total of 33 individual medals. A number of qualifying members did not personally claim, but the facility for the Group Recorders to claim on members' behalves was utilised. Thus everyone who qualified received an award.

David Greenwood (Rye & District Wheelers) is the Group's Best All Rounder this year with a plus of 2.725 mph.

Andrew Meilak (Velorefined Rule 5) is winner of the 2021 85 Competition with +56 minutes 55 seconds. Second was Mark Vowells (San Fairy Ann CC), with +42.52 and third was David Greenwood (Rye & District Wheelers), with +23.47.

The Group's champions for 2021 are:

10 miles: Andrew Meilak (Velorefined Rule 5) +6:52  
25 miles: Mark Vowells (San Fairy Ann CC) +13:57  
30 miles: Not awarded  
50 miles: Andrew Meilak (Velorefined Rule 5) +34:16  
100 miles: Andrew Meilak (Velorefined Rule 5) +1:14:25  
12 hours: David Greenwood (Rye & District Whs) +41.69  
24 hours: David Greenwood (Rye & District Whs) +82.97

The result of the Wednesday 10 at 10 series of seven events, with the best four events counting, was as follows:

1st Gilt Medal: Mark Vowells (San Fairy Ann CC) +29:24  
2nd Silver medal: Chris Bax (Thanet RC) +22:40  
3rd Bronze medal: Ian Turner (Southborough & Dist Whs) +21:40

The following new Group records have been established in 2021:

Men's solo bike - Kevin Tye (Velorefined Rule 5) aged 59 - 10 miles in 19:11\*, 15 miles in 30:00\*, 25 miles in 49:10

Men's solo bike - Andrew Meilak (Velorefined Rule 5) aged 54 - 100 miles in 3:39:09

Men's solo trike - Mark Vowells (San Fairy Ann CC) aged 68 - 10 miles in 22:58, 15 miles in 39:03\*, 25 miles in 1:01:04, 50 miles in 2:20:53

Records marked \* are also national age records. In addition Mark Vowells (with Ian Pike of Lincoln Wheelers) set an age 121 men's tandem trike record of 15 miles in 33:23.

Congratulations to all riders who have taken part in the Group's 2021 programme, and in particular to trophy, medal and certificate winners and record breakers. Medals are no longer awarded for places in all of the Group's open events, these having been replaced by cash prizes this year. This leaves just the BAR, 85 Competition, the Wednesday 10 at 10 Series and Standards qualifying for medals and plaques. All medals and trophies will be presented

at the annual lunch on Saturday 5th February to those winners who attend, although on another departure from previous years, trophies will not be available to be taken home.

The meeting considered and approved two propositions, both brought by the Committee. The first was that the Annual Membership Subscription for 2022 would be increased in line with the increase shortly to be announced by the NEC, i.e. £20, up from £19, for single membership, and £21, up from £20, for couples. The second was that the Group's own regular publication, the Kent Veterans News, will be sent by email attachment in future instead of printed copy by post, except to those members who do not have email addresses, and any members who request to continue to receive a paper copy. The reasons for the latter proposition were twofold – first, cost; each edition costs £8 per member to produce and despatch; secondly environmental by reducing the use of paper.

On closing the meeting, Mark Vowells, the Chair, thanked all officers, especially Bob Giles for his exceptionally hard work on organising time trials. For his contribution in 2021 Bob has been awarded the 'Sacred Post' trophy for non-racing excellence by the Committee.

So, on to winter training once again - stay safe out there!

## **LONDON & HOME COUNTIES**

### **John Hoskins**

2021 has been a successful year for the group. We had a substantial increase in membership numbers, six successful event promotions (including a National Championship) and an active committee (albeit relying on Zoom of course).

We continue to provide a range of events, with mid-week circuit events as well as full fields enjoying the speed of the F11 course. We will continue to cater for a range of abilities and the requirements of our members. As always we are grateful to those who give up their time to promote on our behalf, and that includes Glen Knight and the Newbury Velo, Wolfgang Emmerich and the London Phoenix with individual organisers like David Guy and Geoff Perry ensuring once again we provide for so many riders.

In 2022 there will once again be a VTTA National Championship within our group when the Hounslow & District Wheelers include the 100 Championship within their Hounslow 100 on the H100/8 course at Farnham. This of course is on top of our normal promotions of four 10s and a 25.

By the time you read this, our AGM will have come and gone (once again on Zoom), and this year the elections will include a new post – that of Time Trials Secretary. This role has been created to take some of the workload off the secretary and to act as a middle ground between the event organisers and the committee. David Guy will be taking this job (subject to the election of course) and most other officers within the group are willing to stand again to continue to promote the VTTA and time trialling within our area.

Covid-19 continued to affect all of our promotions in 2021, and also meant that our prize-giving for the somewhat truncated 2020 season was held online, but we still had an excellent guest in Jonathon Shubert, recent 100 mile record holder. The event attracted many members, and most of the prize winners “attended” the event to receive their awards publicly from Jonathon. It seems likely that we will be returning to a physical Prize-Giving Luncheon in January 2022, although dates and details are yet to be confirmed. If held it will be at our normal venue at Aldenham Golf Club (details from Katja Rietdorf [katja.rietdorf@gmail.com](mailto:katja.rietdorf@gmail.com)).

At the AGM this year there was a discussion regarding how we should be promoting the Group through Social Media and there was an official position created to handle this subject. However, at the meeting there were no volunteers and the position of Social Media co-ordinator remains open. If you feel that you could help the group in this direction can you please contact me ([secretarylahc@btinternet.com](mailto:secretarylahc@btinternet.com)) to discuss what is entailed. Whilst the main thrust of the job would be Facebook, other social platforms may well be an equally efficient way of keeping in touch with our members.

Also at the meeting, our Chair (Katja Rietdorf) announced that due to extra work commitments her contributions to the L & HC will have to be reduced so we are actively looking for both a new chair for the committee and also to take over from Katja as Social Secretary and to be responsible for the Annual

Prize-Giving Luncheon. Katja will be continuing to organise the event in January 2022 which we are expecting to be held on either the 16th or the 23rd January. Otherwise all of the officials were elected, including the new job of Time Trial Secretary. I will be continuing as secretary and treasurer for 2022.

We also discussed the subject of online time trialling, and whether it is the responsibility of the VTTA Groups to promote such events for their members, or whether the lead should come from the VTTA nationally. There was a general acceptance that this was now a permanent part of time trialling and that probably the VTTA should be taking their part (nationally or through the Groups) in promoting such events for their members.

The question of subscriptions was discussed, in view of the decision by the NEC to raise the part that goes to the VTTA national rather than the group by £1 per member. The overall group subscription would not go up for 2022, with the Group finances being healthy enough to cope with the loss of income that will result. However, the committee were given the responsibility to ensure that future rises in costs would, if necessary, be covered by a future rise in the Group subscription.

Our 2022 events are:

Sunday 8 May, 8am  
F11/10 10 miles Geoff Perry

Thursday 17 June, 2pm  
H10/3r 10 miles Stuart Stow

Sunday 17 July, 8am  
F11/10 10 miles David Guy

Wednesday 17 August, 2pm  
H10/3r 10 miles Claire Emons

Sunday 18 September, 8am  
H25/2 25 miles Wolfgang Emmerich

## **MANCHESTER & NORTH WEST Ken Workman**

Looking ahead to next season's M&NW Group events, the stand out event must be our promotion of the National 15 mile Championship on April 16th. As I often encourage all VTTA members to volunteer ahead of events, I hope I can claim some influence that 'our' 91 year old Cyril Wynne's offer to help was

partly down to me. If not, well done Cyril anyway, I'll see you there on the day and hopefully, many other M&NW Group members.

As this newsletter was being finalised we heard of the passing of two Group stalwarts: Trevor Bracegirdle and Alan Rayner. Sadly, Alan's wife, Betty, survived him by less than two weeks. Their obituaries will follow in a later edition.

Might I ask any senior members of M&NW Group who know 92 year old Fred Nightingale to contact him? Fred is unwell and I'm sure he would appreciate a visit or phone call from any of his old riding pals. I can help you with his contact details if needed.

28 members registered for Standards in 2020 which were rolled over to this season due to the effect of lockdown on our sport. A further 11 members registered this year, making 39 members eligible for Standards awards in all. Ten members have made claims and will receive medals or plaques for a total of 28 standards awards. These are:

Alan Ottiwell (Warrington RC): '10' 26:10

Derek Hodgins (Stockport Clarion): '10' 32:16, '25' 1:26:07

David Wright (Warrington RC): '10' 22:22, '25' 58:35

Malcolm Horner (Warrington RC): '10' 20:55, '25' 54:20

Spencer Clarkson (Nantwich Cycling Group): '10' 24:46, '25' 1:06:25

Simon Phillips (Stockport Tri Club): '10' 25:24, '25' 1:01:58, '50' 2:05:54

Nev Ashman (Manchester Velo): '10' 29:04, '15' 44:24, '25' 1:14:35, '30' 1:30:56

Adrian Hughes (Seamons CC): '10' 20:36, '30' 1:07:39, '50' 1:45:19, '100' 3:56:53

Daniel Shackleton (ABC Centreville): '10' 19:54, '25' 52:02, '100' 3:48:01, '12 Hours' 274.13

Alan Chorley (Seamons CC): '10' 19:28, '25' 49:39, '50' 1:41:13, '12 Hours' 263.87

Due to circumstances imposed on us by the pandemic, our Prize Presentation and Luncheon was held later than usual, returning after last year's gap. The winners of the Group's various competitions were:

ES (Ted) Ward Memorial Championship Cup (1st Group member on standard in the Group 50-mile TT): Alan Chorley

Bert Starkey Shield (Highest placed Group member in the National VTTA BAR): Alan Chorley

The Stan Livingston Memorial Trophy (Highest placed Group member in J Courses BAR on standard - local courses J/D/L): Daniel Shackleton

3 Distance (Butterworth) Competition Championship Cup (Highest placed Group member in the National 3 Distance competition): Adrian Hughes

3 Distance Watterson Team Shield (First team of 2 group members/same club riders on standard aggregate plus in the 3 distance competition): Seamons CC - Alan Chorley and Adrian Hughes

Local Courses 3 Distance Shield (Best group member on standard in an open 25, 50 and 100 on local courses (J/D/L)): Alan Chorley

Lamp Trophy (Presented to the last counter in the BAR competition, or in 3 Distance competition if no qualifiers in BAR): Ronan O'Cualain

Short Distance Trophy (For the best group member on standard in any two open 10s and two open 25s): Alan Chorley

FTA (Finely Tuned Athlete) Trophy (For best group member on standard in any two open 10s and two open 25s, all on local courses (J/D/L)): Alan Chorley

Presidents Trophy (Best aggregate performance on standard across all Group events (any number of events qualify)): Adrian Hughes

We have had another successful year with six members setting seven new Group age records. As a team, our men finished well up in the National BAR, with that Seamons CC duo, Ade Hughes and Alan Chorley taking 5th and 7th places respectively, backed up by our intrepid roadside reporter, Ian Peacock (Leek CC), in 16th place.

I mentioned in the last newsletter of the Hope/Lotus GB track bikes used in the Olympics, and that a road-going time trial version might be available for next season. But like the bikes, things moved on swiftly as a prototype has already been used to win a CTT event. It may be worthy of note that the rider achieved his first ever British time trial win on this

machine (beating the runner-up by a sizeable margin) on a bike made from heavier carbon than that to be used on the production version, yet Hope Technology still consider this a 'work in progress.' The 21 year-old rider was familiar with the bike as he competed for the GB track team in Tokyo. Could this be a game-changer for our sport? It remains to be seen, but with Christmas looming I wonder how many schoolboys, juniors (and even seniors and vets) have been hoping Santa will leave a £12,000 - £15,000 bike on the big day?

I'm a regular on the Time Trialling Forum website, where in September one former CTT director requested suggestions on the future of time trials. It was responded to enthusiastically with 239 replies; some serious and imaginative, others were less so. Respondents wanted to see more closed circuit events, while others wanted to see the end of early morning starts and dual carriageway or fixed distance events. An interesting suggestion was that the BBAR should include a '10' and a hill climb. Curiously, another suggested that event entry should be on a first-come-first-served basis. Those of our members who are retired would certainly have the time to take advantage of that!

With little competition to report on at the tail end of the season I was surprised to see 'our' Joanna Cebrat's name on the list for the National Hill-Climb Championship. The Bury Clarion rider is more at home with much longer distance events, but may have had a presentiment about the (above) suggestion that the BBAR might include a hill-climb from next season, and decided to see what an anti-gravity event is all about; Joanna finished half-way down the field. However the champion, the runner-up and 8th placed lady were, if not already VTTA members, all qualified by age to be one of us.

It's also worthy of mention that Joanna finished 3rd, 4th and 6th fastest women on standard in VTTA National events at 12 hours, 100 miles and 10 miles respectively. Her 12 hour figure was very impressive with an actual 264.03 miles, she also took fourth place in our National 30 championship.

As we went to press it was still intended that our group AGM should return to its usual format in Goostrey Village Hall on Sunday, 28th November. However, in view of the worrying rising figures of Covid-19

victims, we have been obliged to revert to a 'Zoom' meeting.

We happily welcome these new members since the last issue: Jeff Whelan, David Fox, James Arthur Fearick, Spencer Clarkson, Mike Walker. Two others who await the 2022 season are Warren Giddings and Steve Morris.

Were you in the famous Buckshee Wheelers? For those not in the know this was a club for military personnel stationed in Egypt and nearby war zones during and immediately after WW2. I am compiling my own history of the club and have received various anecdotes, but before finalising it I would be interested to hear any personal experiences, both while serving with them or being involved with the Bully Beef trophy races back in Blighty. The late Joe Pilling told me of this club some years back, sadly there are now few members left. Our M&NW Group president, Jim Ogden, is one who rode with them, while Reg Harris is probably the most famous name on the roster. With the Editor's indulgence I may be able to include part, or all of this in future edition(s) of this magazine.

In the full expectation that the final 'Veteran' of the year will drop onto your doormat (or into your inbox) in time, apart from my usual exhortations to take care on the road, my last words this year must be to wish everyone a Merry Christmas and a happy, healthy, and prosperous New Year.

## **MERSEYSIDE Phil Guy**

The delayed and disjointed 2021 season has finally come to its conclusion. Now is the time to celebrate what we have achieved at our Annual Presentation Lunch, and to prepare at the AGM for what we hope will be a better and more "normal" 2022.

The Group AGM was held on November 19th with the best attendance for several years. It was good to have a face to face get together - so much more was achieved than at a virtual meeting. Reports from officers and subsequent discussions showed a very positive outlook going forward.

With the passing, earlier this year, of long-time (23 years) Group President Doreen Mahar, it was time to elect a successor and the meeting was unanimous in

its approval of Phil Guy as the new President after 30+ years Group membership and many years as Treasurer and other posts.

Mel Griffiths was confirmed as Chairman for a sixth year.

Sue Aldridge was re-elected as Secretary, to include Membership and Social Media Secretary.

Geoff Edgerton continues his excellent work as Recorder, with assistance from Janet Fairclough who also continues as Records Secretary.

Brigid Night takes over as Social Secretary, her first task being the organisation of the upcoming Annual Lunch.

Our 60th Annual Lunch and Prize Presentation will take place on Sunday, 16th January 2022, at Cheshire View, Christleton, near Chester. Tickets are priced at £20 for a two course lunch and are available from:- Brigid Night on 07979 184232 or [brigidnight@gmail.com](mailto:brigidnight@gmail.com) or: Phil Guy on 07970 047734 or [grandadguy@gmail.com](mailto:grandadguy@gmail.com)

They can also advise on and take details of your menu choices.

Full details of Merseyside members placings in the VTTA National Short, Two and Three distance championship tables are now published on the VTTA website. Participation by Group members was down slightly on previous years, but Group champions in these competitions are:

Victor Chetta in the three and four distance, winning the Wally Gradden Cup and Tom Johnson Memorial Cup, respectively, and

Deb Hutson-Lumb in the short distance competition, winning the Harry Mahar Memorial Salver.

The Group Ladies' Championship, and the Doreen Mahar Rose Bowl for best on standard, was won by Janet Fairclough, whilst the Ladies' Championship on actual time, and the Dave Swales Cup, was won by new member Emma Serjeant. Brilliant performances all round.

In addition, 28 group members achieved standard medals and plaques in 2021.

All these awards, and many more, will be presented at the Annual Lunch. Contact Brigid or Phil to make

sure of your place. Full details of all award winners will be included in the Group newsletter, due out soon.

In the meantime, I wish all Vets the compliments of the season and I look forward to seeing you up the road in 2022.

## **MIDLANDS**

### **Alastair Semple with help from Steeleie**

I am pleased to report the Midlands VTTA is nearly back up to full speed in the sense of riders racing outdoors in 2021, with 46 active in open events and 41 standards awards achieved.

In the National Short Distance Competition, where it is the aggregate of two best 10s and two best 25s, we had 16 members enter – our first was Jo Costello (Walsall RC) + 1:07:29 55th overall, 45th male, second was Simon Adcock (Worcester St. Johns CC ) +1:06:15 62nd overall 51st male and third was Richard Coleman (Stourbridge Velo) +1:04:05 overall 76th, 63rd male. As well as a lot more members completing the required four events the standard was a lot higher than previously.

In the Three Distance, where the best times for 25, 50 and 100 are aggregated, we had three riders. First was Simon Adcock +44:16, 38th overall, 32nd male, second Emma Bexson (Stratford Cycling Club), +41:21 overall 50th, 9th female and third Andrew Simpkins (Echelon Cycles) +38:36 overall 61st, 50th male.

Steve Jenks (Midlands VTTA Competition Sec) has promoted a winter series of Zwift TT's with 12 Midlands riders taking part. With just one event left Susan Semple (Stafford RC) looks to have the top spot on the podium secured with a close second place to Andrew Simpkins and third place to David Finn (Cheltenham & County CC). The Midlands is hoping to run another Zwift series in the New Year using the ZHR Masters TT series at 19:30 Thursday night each week. So if you fancy some indoor competition against fellow VTTA members why not join us and help develop a little race speed in the lead up to the 2022 open events?

Midland VTTA have just received confirmation that the two Midlands VTTA open events to take place next year have been confirmed. The first is the Welland Trophy to be held on Saturday 9th April on



the K47/15, where the Midlands VTTA will take on the mighty BMCR once again and hopefully retain the trophy we won in some style in 2021. Then on the 17th September we will host the VTTA 10 on the K48/10, hopefully many of you in the region will be able to join us for one if not both of these events.

The Midlands VTTA send some warm Season's Greetings to you all and wish you a Happy New Year.

## **NORTH**

### **Gavin Russell**

With the time trial racing season concluded, our thoughts now turn to who has been successful in the group's season long competitions together with the annual social luncheon. In addition, behind the scenes the group's officials have been actively working to establish the North group's open time trial event programme for 2022.

#### Group Awards

The 2021 winners of the group awards are:

"Joe Jones Memorial Cup" is awarded to the group Best All Rounder. - Phillip Kennell

There was no qualifier for the "Team Shield" in 2021. The shield is awarded to the club/racing team of 2 who finish 1st on standard in the group Best All Rounder.

"25 Shield", awarded to the group member who is actually fastest in the group Best All Rounder. - Phillip Kennell

"Hill Climb Trophy", awarded to the 1st group member on standard in the Hill Climb Championship (held in conjunction with the Cleveland Wheelers CC) on 26th September. - Steve Tilly

"George Siddle Memorial Trophy", awarded to the 1st group member on standard in the 3 Distance Competition. - Lee J Foster

"Jubilee Cup" awarded to the group member who finishes 1st on standard in the Sept VTTA (North Group) 15 mile time trial on the T155 course on 12 September, has not been awarded in 2021, as the event was cancelled.

"Nouveau Shield", awarded to the group member who finishes 1st on standard in the Houghton CC 25 mile time trial on 27th June. - Philip Kennell

"Joe Sander Cup", awarded to the group member who finishes 1st on standard in the short distance competition. - Russell Richardson

"Doreen Hugill Memorial Cup", awarded to the group member who finishes 1st on handicap in the group points competition. - Caroline Ratcliff

"Jim Burton Memorial Cup", awarded to the group member who finishes 1st on standard in the group points competition. - Gary Hunt

"President's Cup", awarded to the group member who finishes 1st on actual time in the points competition. - Gary Hunt

"Lenny Downs Shield", awarded to the club/racing team of 3 who finish 1st on standard in the Points Competition. - Hartlepool CC (Gary Hunt, Phil Wright & Richie Grant)

"Tom Charlton Cup", awarded to the group member who achieves the season best plus at 50 miles (age 40 to 55).- Philip Kennell.

"Tom Mathews Cup", awarded to the group member who achieves the season best plus at 50 miles (age 56 & over) - Gary Hunt.

"Northern Unity Cup", awarded to the group member who achieves the season best plus at 100 miles. - Philip Kennell

Our thanks go to Phil Wright and Ruth Crossley for collating the results on behalf of the group.

A full set of the 2021 competition results will be published in the 2022 North Group VTTA Handbook, which will be forwarded to all members on their renewal of membership for 2022.

#### Group Luncheon & Award Presentation

By the time you read this you should have all received an invite to the group's annual luncheon and award presentation. It is taking place at the usual venue, Hardwick Hall Hotel on Sunday 9 January 2022. The hotel has maintained the cost, as was previously agreed for the 2021 function, which unfortunately had to be cancelled due to the pandemic restrictions and which caused the hotel to close for all functions. At

a reasonable cost of £25 for a full and enjoyable 4 course meal, it is an opportunity to celebrate the season's successes, whilst providing the opportunity to catch up with fellow group members and their guests. It is always considered a very social and nice occasion, so it is hoped that as many of you, especially the award recipients and those achieving their 2021 standard medals/plaques are able to attend.

### 2021 Event Review

The 2021 Season came to an end with the organizing of the group hill climb and the inaugural VTTA national closed circuit 10 mile championship.

The hill climb was, as usual, organised on Ingleby Greenhow Bank - this is the road to the east of and leading up to the top of Clay Bank, just south of Stokesley in North Yorkshire; it saw persistent hill climb participant, Steve Tilly, of the promoting club, being declared the winner on standard. Thanks go to Cleveland Wheelers for allowing the group to use their event for this competition.

The inaugural VTTA national closed circuit 10mile championship was held as a trial event on the Croft Motor Racing Circuit in North Yorkshire on Sunday 24 October 2021. It was organised in conjunction with the "Autumn "Come & Try It" time trial series that is held during October each year. The full result is published elsewhere in this edition of the "Veteran". With the event being run as a type B, open to both members and non-members, together with entries on the day, 93 riders pre-entered via the CTT on-line entry system, with a further 7 entering on the day. Unfortunately, a number of those who pre-entered chose not to meet the start timekeeper on the day.

Medals were awarded using the recently developed VTTA handicap system, which received some positive feedback. Gold, silver and bronze awards were presented to both men and women in each of the open (time trial bikes) and road bike category.

Thanks go to the Croft support team for incorporating this trial event into their autumn series and also especially to Nuala Lewis of Stockton Wheelers who



*Make a date for the next Northern Vets Championship, if only to sample Nuala's cakes.*

*Photo by Kimroy Photography (who will be there!)*

kindly provided the cakes and refreshments for and during the event.

Subsequent to the event, the VTTA NEC have now confirmed that in 2022, there will be both Northern and Southern closed-circuit championships, organised as Type A events, and open to both members and non-members. The northern event has been confirmed as Sunday 23rd October, with the venue as Croft in North Yorkshire, the southern edition's venue and date is still to be confirmed.

### 2022 Events

Sunday 22 May, 9am  
10 miles - T102 - Hartlepool CC/VTTA (North) - P. Wright

Sunday 5 June, 9am  
10 miles - T102 - VTTA (North)/ Cleveland Coureurs (No Prizes) - G Russell

Sunday 31 July, 8am  
25 miles - T252/3 - Cleveland Coureurs/ VTTA (North) Teesside District Championship - G Russell

Sunday 23 October, 1pm  
10 miles - T10C - VTTA (North)VTTA North Closed Circuit Championship - G Russell

In addition, in 2022, the CTT National 50 is being organised, on behalf of Teesside district, by Hartlepool CC on the superfast A19 course. This is your opportunity to compete against the best 50 milers in the country, whilst also sampling great north-east hospitality.

As CTT celebrate 100 years since the first official time trial taking place in 1922, there are to be two centenary events held in the North East during 2022. Look out for details and announcements on both the local VTTA and CTT websites, as well as on the national CTT websites. All participants will receive a memento medal.

### Group Administration

The North Group hosted the 2021 AGM, to which all members received an invitation. All existing officers agreed to stand for a further year.

It was again stressed at the meeting that more VTTA events need to be organised in the northern region of the group. Can you please consider whether you can persuade your club or team to run their event in

conjunction with the VTTA North Group. In addition to supporting the group's activities and competitions, you may also get additional officials/marshals to assist at your event. If you require any further information or wish to discuss organising any event(s) in conjunction with the VTTA, please do not hesitate to contact the group secretary, Gavin Russell, ([gavin\\_russell@hotmail.co.uk](mailto:gavin_russell@hotmail.co.uk)).

You will be receiving membership renewal reminders from the VTTA in the coming months. Please renew your membership and support the efforts of the officials who administer the group, as well as organise the events that form the basis of the annual competitions.

Cost of membership for 2022 is £16 for individual membership and £18.50 for joint membership (for a couple living at the same property). The slight increase is due to the VTTA NEC increasing our 2022 contribution by £1 per member. The North Group are maintaining their part of the membership fee at the 2021 rate.

2022 Standards Fees: For £12 you can attempt all distances, from 10 miles to 24 hours, including any track records, as many times as you like.

(The above fees apply to each of the four machines, solo cycle, solo tricycle, tandem cycle and tandem tricycle).

Only rides completed after the payment of the relevant fee(s) will count for "Standard" medals.

You can now pay on line via the VTTA website for both your membership and standards or if you wish, you can send payment to: Mr A.P. Dawson, 45, Yearby Close, Acklam, Middlesbrough. TS5 8LY. Cheques are to be made payable to: VTTA North

### Age Records

A number of claims for any age records have been received and have been verified. The historical age records have been updated and will appear in the 2022 North Group Handbook. If you consider any of your rides would improve on the existing age records, please forward any claims to the group recorder as they are achieved, so that all are recorded in timely order. This will enable all claims to be assessed, reviewed and published for the 2022 season in the group handbook.

With some members now accredited to ride the velodrome at the Middlesbrough Sport Village, record attempts which were to be organised during late 2021, have been postponed until 2022. Anyone interested in this form of racing, please do not hesitate to contact the group Secretary, who can arrange for participation in training to gain accreditation and also include you in any record attempt sessions.

#### Closing Information

Thanks go out to Phil Wright, Ruth Crossley and Paul Dawson, for providing the writer with the background information, used in the preparation of this report.

Finally, as I always say at the end of these reports, should any group members require additional information regarding any of above, the group's activities or wish for anything to be included in future "Veteran" magazines, please do not hesitate to contact the writer either by email on [gavin\\_russell@hotmail.co.uk](mailto:gavin_russell@hotmail.co.uk) or by telephone on 01642 654419.

As I write this, in mid-November, the sun is shining, however the temperature is at a high of 5 degrees, it's started raining on and off, and definitely too cold to go out for a bike ride, I am faced with the daunting thought of setting up the turbo in the garage. I do realise that my excuse of 1lb in weight increase per week, due to pandemic shut down, only has a limited time span, so in the garage it is.

Please have a good festive season, not too much celebration, keep safe and we hope to see you all next season

## **NORTH LANCASHIRE & LAKES**

### **Richard Taylor**

So the 2021 season has come to a close and an air of normality has returned to the cycling world. Most of the group competitions have been contested and events promoted. We have even held our AGM, OK only 13 turned up and all the business was concluded in 35 minutes, but it was good to see friends again, and for them to have the opportunity to pay their subs and purchase dinner tickets.

The meeting coincided with the National Hill Climb Championship on Winnats Pass in Derbyshire, the first time on there since 1977. I remember it well as

I rode it and still a junior! My time that day would have put me 116th in 2021 out of about 300, so no great shakes there then! More importantly, back in the here and now, the meeting was informed of increased membership and a healthy profit of £607 over the last year, therefore it was decided not to increase subs for the next two years, despite our donation to 'head office' increasing in 2022. We also welcomed Richard Belk onto the committee, the remainder of officials and committee remain the same for the next 12 months.

As Group Recorder, yours truly informed the meeting of the standard applications and championships achieved by our membership.

#### Standards

28 applicants via the all singing and dancing online entry facility on the VTTA website, apparently to encourage increased membership. A shame then that I still have to badger individuals to actually submit a claim ...16 returns only so far by the deadline. One rider, Simon Horsley has 5 successful rides from 10 up to 50 miles and 8 riders up to now have 3 successful efforts with the rest having one or two. Those with 3 are Derek Parkinson, Paul Blackburn, Bill and Rachael Maxwell, Andy Whiteside, Gav McDonald, Debbie Moss and Richard Tyson. Congratulations to all those successful, of which I believe four are new members.

#### Group Championship

Of the 10 qualifying events, the Anfield 100 was cancelled and the M&D 50 was totally ignored by our membership; the 8 remaining races saw good participation from our riders. 42 rode at least one with 8 completing the 4 qualifying criteria. The Group Champion for 2021 is Mike Westmorland of the Border City Whs who amassed 479 points, only one short of perfection, second and Ladies Champion was Debbie Moss of Team Merlin with third place going to David Rundall of the Chorley CC. The Team Shield was not awarded.

#### Other Championships

As well as the Group Championship, Mike Westmorland won the Paddy Maloney trophy for his best on standard in our 50 at Keswick. Andy Whiteside excelled at the longer distances, winning on standard at both 100 miles and 12 hours to take

the Karrimor Saddle and Ken Priestley trophies. Martin Horrobin of the Horwich CC won the Baxter Rose Bowl and Crowther Shield for his ride in the NLTTA 100. Richard Bideau was best on standard in the June 25 and wins the Dobson Trophy.

Our trophy winners are:

Traders Cup GC Champion:

1st - Mike Westmorland (Border City Whs)

2nd - Debbie Moss (Team Merlin)

3rd - David Rundall (Chorley CC)

Ladies Champion:

Debbie Moss (Team Merlin)

Dobson Trophy 25 on std:

Richard Bideau (Pendle Forest CC)

Paddy Maloney 50 on std:

Mike Westmorland (Border City Whs)

Crowther Shield 100...7th on std:

Martin Horrobin (Horwich CC)

Baxter Rose Bowl 100 h'cap:

Martin Horrobin (Horwich CC)

Karrimor Saddle 100 on std  
Andrew Whiteside (Bella in Sella)

Ken Priestley Trophy 12 hour:  
Andrew Whiteside (Bella in Sella)

Team Shield Not awarded

### National Championships

Nationally, Peter Greenwood was first man on std at the National 30 in Yorkshire and 2nd overall, Debbie Moss was 2nd woman in the same event. Debbie was also 3rd placed woman in the 25 championship in Shropshire. Andy Whiteside recorded an incredible 311.56 miles in the VTTA National champs in East Anglia, 2nd overall on distance, he also took silver medal on std. A special mention to Paul Russell who completed the Mersey Roads National 24 with a superb distance of 421.9 miles and then followed it up with a PB 242.7 mile 12 hour. Well done!

### Age Records

31 age records were updated in 2021 with 18 remaining on the sheet at season's end. Sue Cheetham beat the previous mark on nine occasions and ended with new records at four distances from

Record	Time	Age	Name	Club	Date	Event	Course
10 Men	19:26	49	Jason Bateman	VTTA NL&L	31/07/2021	Pendle Forest CC	L1015
10 Men	20:03	56	Paul Fleming	Preston Whs	21/08/2021	Wigan Whs	L1015
25 Men	51:19	49	Jason Bateman	VTTA NL&L	11/07/2021	Border City Whs	L2511
25 Men	55:38	69	Peter Greenwood	Clayton Velo	18/07/2021	East Lancs RC	L2524
25 Men	59:52	76	Mike Westmorland	Border City Whs	18/07/2021	East Lancs RC	L2524
30 Men	1:06:18	52	Gethin Butler	Preston Whs	22/08/2021	Wigan Whs	L308
30 Men	1:06:23	56	Paul Fleming	Preston Whs	22/08/2021	Wigan Whs	L308
30 Men	1:13:12	76	Mike Westmorland	Border City Whs	22/08/2021	Wigan Whs	L308
50 Men	2:05:47	76	Mike Westmorland	Border City Whs	04/07/2021	VTTA NL&L	L5012
10 Women	22:10	51	Debbie Moss	Team Merlin	12/06/2021	Springfield Financial	L1015
10 Women	23:56	58	Sue Cheetham	North Lancs RC	21/08/2021	Wigan Whs	L1015
10 Women	24:11	61	Theresa Taylor	Ribble Valley	21/08/2021	Wigan Whs	L1015
25 Women	57:28	51	Debbie Moss	Team Merlin	27/06/2021	VC Cumbria	L2511
25 Women	1:02:15	58	Sue Cheetham	North Lancs RC	11/07/2021	Border City Whs	L2511
25 Women	1:04:19	61	Theresa Taylor	Ribble Valley	27/06/2021	VC Cumbria	L2511
30 Women	1:17:26	58	Sue Cheetham	North Lancs RC	22/08/2021	Wigan Whs	L308
50 Women	2:01:38	51	Debbie Moss	Team Merlin	04/07/2021	VTTA NL&L	L5012
50 Women	2:12:21	58	Sue Cheetham	North Lancs RC	04/07/2021	VTTA NL&L	L501

10 miles to 50. Theresa Taylor updated her own records seven times at 10 and 25. Debbie Moss and Mike Westmorland ended the season with three new age records apiece, Paul Fleming and Jason Bateman created two each with Gethin Butler and Peter Greenwood claiming one. These are all listed in the table.

### National BAR Competitions

At the time of writing the group had two qualifiers in the 4 distance BAR, with in 5th place Andy Whiteside and Paul Russell 24th. The three distance saw far less group involvement than in previous years with only 5 riders on the VTTA list. That said, I am aware of at least two others mysteriously missing, perhaps the much vaunted link with the CTT results page isn't quite what it should be? For what it's worth, Nigel Clementson is 19th, Andy Whiteside 22nd, Dave Hilditch 62nd, Paul Russell 77th and Ken Addison 89th.

(Editor's comment - The statement about two riders missing from the BAR puzzled me, so I checked a possible candidate who I knew had ridden the NLTTA 100. That rider was not listed in the national competitions because he had not entered them! He should have done this by ticking the appropriate boxes when linking his VTTA and CTT accounts, or later by accessing the "Competitions" tab on his VTTA website profile. This needs doing before any qualifying rides.)

The Short Distance enjoyed more group involvement with 16 riders given placings. Our highest placed riders were Peter Greenwood 17th, Mike Westmorland 27th, Jason Bateman 33rd, and Debbie Moss 39th (8th woman). Also representing the group were Dave Rundall, Gav McDonald, Sue Cheetham, Gethin Butler, Simon Horsley, Greg Plummer, Matt Stell, Richard Tyson, Denis Thompson, Paul Russell, Richard Belk, and John Leach.

All in all, not a bad season, and hopefully one we can enjoy at the Annual Luncheon and Prize Presentation at Crofters Hotel, Garstang, on Sunday 9th January 2022, tickets are £25 and can be obtained from John Leach on 07922 013016.

It's really important that we maintain the tradition of raising a glass to our champions whilst meeting up with old friends. We have quite a lot of new members who have both trophies and standard awards to

collect, and I would find it soul destroying if these had to be posted to the recipients.

Anyway, rant over, we've plenty to look forward to next year, not only are we promoting our usual three events, but Nigel Clementson is promoting the Wigan Whs 30 as the VTTA National Championship and the NLTTA 100 as the CTT National champs. I am sure any help would be gratefully accepted

A fond welcome to trikie Brian Moore and his wife Tracy, my timekeeping colleague, to the fold of the Vets.

In conclusion, all I can do is wish all our members a Merry Christmas and a successful New Year.

### **NORTH MIDLANDS**

#### **Chris Lea**

The closing months of the 2021 racing season saw some fine performances by North Midlands' veterans. Picking out just a few that particularly caught my attention:

Saturday 21st August, and the VTTA National 30 mile Championship: Keith Ainsworth (Sheffrec CC) was just pipped by Peter Greenwood for the win in the men's event, with pluses of 19:09 and 19:12, respectively, with Keith's actual time being 1:06:39 for 7th fastest overall, and that on heavy rolling roads.

In the Breckland CC 30 a week later, on the A11 south west of Norwich, Andy Newham (Lincoln Whs) smashed his own Group Age Record by over four minutes, riding his trike to 1:09:53 despite a marked north easterly wind.

The VTTA National 25 mile Championships were held in Shropshire early on the morning of 5th September, using a course which covers some of the same roads as the National 24 and the Anfield 100. Not super-fast then. Nevertheless, Keith Ainsworth did 53:44 for 4th overall and 2nd on standard (+17:27) in the men's event. Keith's result came after the outright win and a National Age Record at age 62 in the Icknield RC 10 on the F11/10 the previous afternoon. There was a headwind to the first awkward turn at 2 miles, then a tailwind to the second turn at 8 miles, before the headwind finish. Keith did 19:23 (31 mph, average). Sheehan Quirke (LincsQuad) also had a great ride; 6th overall with 20:11.

Also setting a superb new National Age Record, aged 75, Mick Allen (Team Jewson) rode 22:19 in the East Anglian VTTA 10 on September 4th. The course was the E2/10 which uses the A11 between Six Mile Bottom and Fourwentways – evocative names for those that race on that road – and conditions were good, with 27 riders under 20 minutes. Stuart Wells (Lindsey Roads CC) and John Martin (Elmsall RC) also had rapid rides, with 20:07 and 21:42, respectively.

To the 11th September: Sheffrec CC promoted their open 25 on the O25/11. Their own rider, Keith Ainsworth, won in a superb time of 53:25 and course PB, almost 4 minutes in front of 2nd placed rider Allan Wailoo (7 Hills CC) but who also had a very good ride with 57:10, with fast times also being ridden by Anthony Nash (Lindsey Roads CC) with 57:56 for 3rd spot and Trevor Mayne (Birdwell Whs) 59:07. Trevor reported that it was breezy but the perfect temperature (21 C) and that Keith Ainsworth flew past him yet still had time to say hello!

The following weekend the top event was the VTTA National 10 mile Championships on the O10/1 at Hatfield Woodhouse, promoted by the VTTA North Mids and organised by Gordon Wordsworth (Rutland CC), with a great turnout of North Mids Vets, both riders and helpers. Full report and result elsewhere in this magazine.

In his final event of the season, Keith Ainsworth did a splendid 50:00 for a National Age Record in the East Anglian VTTA 25 on the F2A/25 south west of Cambridge, on the 25th September, in what were good conditions for the time of year. The Saturday afternoon event saw a host of superb rides, including John Martin 55:52 and Mick Allen 56:18 for a Group Age Record at age 75. Martin Bullen (Peterborough cc) did his fastest time of the season, with 58:50.

Early the next morning, Mat Ivings (Buxton CC) won the WCTTA 25 on the single carriageway roads of the D25/23T in Shropshire between Market Drayton and Telford. It's a traditional out and back course, with just a few undulations, and very quiet and with a rural HQ.

Over the next few weeks, Sarah Harrison (Sheffield Tri Club) and Simon Warren (Norwood Paragon CC), honed their hill climbing form in events such as Tan Hill, Mam Nick, The Snake, Monsal Head, Riber and

Bank Road, in preparation for the National Championships on Winnats. Tracy Gregory (Buxton CC) chose her own club's open hill climb, up Bunsal Cob out of the Goyt Valley, and a late season 10 as part of her prep.

Looking ahead to Winnats, VTTA North Mids Chair, Peter McNally, recalled his experience on the climb in 1956, aged 17:

*At the end of 1956, 14th October, my second season of racing, I decided to enter the Uppertorpe CC open hill climb on The Winnats Pass, which had been held from 1950. It had been the National Championship in 1953 but wasn't this year. Riding out from Sheffield I don't think the weather could have been very good, as from an entry of only 23, but with some top riders, six were DNS and three were DNF. The climb is fearsome, length 983 yards average 1 in 6 with steepest gradient 1 in 4.4 (900 m, average gradient 16%, maximum 23%). The winner Frank Buckley, Bramley Wheelers did 3m 52.8s. Pete Graham, who would later win the championship and many other climbs, did 3m 56.6s. Ron Franklin did 3m 57.8s. I don't remember what gear I had on my Raleigh Lenton or if I was able to change it to a more suitable gear but I managed to complete the climb before collapsing at the finish. It was the worst I would feel after any event. My time was 5m 50.0s which was some 33 seconds slower than the next rider BUT I did finish 14th. Maybe no one will be as slow as this in 2021, but I think there could be a lot of DNF. The first prize was £2.*

For the 2021 championship, the start was just beyond the cattle grid at Speedwell Cavern, the finish at the cattle grid sign just before the top cattle grid. In the start sheet, three things caught my eye: course record Pete Greenhalgh 3:11.2 from 1966; for spectators there will be a food van at the bottom of the climb and a Rapha coffee van at the top; and for riders there will be "catchers at the finish who will move you to the side of the road to recover....."

Winnats then. Wow. What a Championships. Brilliant organisation by Chris Myhill and Nick Latimer, supported by Rutland CC, Peak Road Club and many others.

Oh, but the suffering! Stationed some 150 yards from the finish, at the crux of the course, where the accumulated effort was at its maximum, yet the finish was not quite in sight, and where spirits could be

broken, it was humbling to see riders who had given all they'd got, finding reserves they didn't know existed, digging even deeper and then deeper again, fighting, on and up, to the skyline.

Beyond the finish line, competitors reached the sanctuary of the catchers, many collapsed, with bodies strewn on the grass at the side of the road. Those just finished gasped for air, still on their bikes, unable to muster the energy to unclip. Others recovering, as race officials punched holes in bin bags to wrap them against the elements.

Supporters and spectators with bells, whistles, rattles, forming an alley of noise, and were hoarse after the event.

A spectacular race, lashed by heavy rain and only easing a tad for the very final competitors.

To the results:

Sarah Harrison won her age category (B), with a time of 5:24.9, 27th from 59 women finishers.

Tracy Gregory, 2nd in her age category (D), enduring a 'baptism of fire' in her first year of racing, 56th in 8:14.2.

Both riders were ever so focused as they passed me, and looked good.

And the women's winner, retaining her title from 2020, veteran Bithja Jones in a superb 4:00.4. It was close though, with Mary Wilkinson (also a vet) 2nd in 4:01.8.

Simon Warren, of 100 Cycling Climbs fame (<https://www.100climbs.co.uk/>), 4:34.0 and revelling in the madness of it all.

The men's winner, Tom Bell, in a new course record of 3:01.6, an average speed between cattle grids of 11 mph. Incredible. But 'only' 10 seconds faster than the previous record of 3:11.2 set over half a century ago.

It's not a race as such, nevertheless Mat Ivings (Buxton CC) finished 12th in All Points North 2021, a sort of extreme reliability trial in which entrants ride solo or in pairs, but unsupported, and must make their own route from the start and finish in Sheffield to reach 10 controls: Beverley, Rievaulx, Leeds Pals Memorial near Ripon, Grassholme Reservoir at Barnard Castle, Runswick Bay, Upper Coquetdale deep in the Cheviots on the Scottish Border, Honister

Pass, Silverdale, Malham Tarn, and Dent Station. Not flat, then. Mat covered 620 miles in 62 hours; an average of 240 miles a day.

Announcement: This year's VTTA North Midlands Annual Luncheon and Prize Presentation is postponed until Sunday 27th March 2022. It will be at The Holiday Inn, Canklow Meadows, Rotherham. As usual, the luncheon will be a 3-course menu, from a choice of options per course. On the day we will also have a raffle, as well as the main Trophy and Awards Presentation. When the time comes, please do join us. More details provided nearer the time, including how to book. The event is kindly organised by our Social Secretary, Mrs Ala Whitehead of Rockingham CC, Tel: 07887 409239 or e-mail [alaj2005@gmail.com](mailto:alaj2005@gmail.com).

## SCOTLAND

### James Skinner

#### News

McQs in Bannockburn will host our 70th anniversary Prize Presentation Lunch on Sunday 16th January 2022. Doors open at 12 noon for a 1pm start, tickets are priced at £13, and as per previous years. Contact George Skinner for tickets.

Recently our AGM was held in the same venue; 15 attended the meeting, of which 13 stayed for lunch. It was Davie Millar as usual putting us all to shame by riding to and from the event. The Scottish group welcomes our new Honorary President Mhairi Laffoley, and new committee members Patricia Baird and John Campbell.

#### Racing

With this year's racing concluded, here are some late results after our last edition:

Patricia Baird of Ecosse Performance Cycling Coach lifted the Pinky Williams 30 mile Trophy ahead of Robert Brown (EH Star) and Ian Dobbie (West Lothian Clarion). 35 SVTTA members took to the Cambusbarrow course.

Eight SVTTA members took part in the Tour of the Campsies organised by Glasgow Wheelers, with Ben Dixon of RMRN CA being fastest with a 1:06:06.



It was good to see Randle Shenton of Legato Racing Team riding well in the National 25 with a 1:00.52. Sean Quinn of Law Wheelers rode a 58.58 that day. Sean has enjoyed a lot of racing across the border due to work commitments and might be the man to ask about courses if you're thinking about travelling south to race.

At the Rothesay weekend organised by the Bute Wheelers, Christina Murray of Army Cycling Union was the fastest of seven SVTTA members riding the 10. Her 24:11 was just 1 second faster than Alisdair Pell of the Nightingale CC. Christina was also the fastest SVTTA member in the Serpentine Hill climb finishing in 2 min 50.5 seconds. In the 20 mile 2-up the fastest SVTTA was Jim Cusick competing with Lynsey Curran and finished in a 48:52.

With good form starting to show ahead of next season, Jim Cusick of Dooleys RT was the fastest SVTTA member in the Tour of the Trossachs, his 1:14:15 earning a 13th overall.

There were some great times produced by the three SVTTA members riding in the BDCA 100 mile TT. Sean Quinn of Law Wheelers rode a 3:43:47, Derek McMillan of St Christophers CC a 3:53:02 and Bud Johnson riding for SVTTA finishing in a 3:58:47.

George Findlater riding for SVTTA was the only member competing in the Cairngorm CC Mackie Trophy, finishing in a 40:21

Another race with only one SVTTA member in attendance was the Hawick CC Olympic TT Championship; this event saw Michele Highfield of Berwick Wheelers riding a 1:58:18

The 2022 SVTTA championships as listed at the time of the AGM are as follows:

29th May 50TT WE50/01 - Fife: Fife Century Alastair Speed Trophy / SVTTA (H. Roberts Trophy)

19th June 100TT WE100/01 – Dundee Thistle / SVTTA (Jim Reilly & Jim Sharpe Trophies)

11th June 10TT W10/02 - VC Glasgow South, Kenny Morrice Memorial & SVTTA (J & B. Train Trophy)

14th August 25TT WW25/01 - West: St Christopher's /SVTTA (B. Smith Trophy and J, Cramb Handicap)

21st August 30TT WM30/02 - Mid: SVTTA (Pinky Williams Trophy)

11th September 13TTT WE13/01 - Fife: Archie Speed Grand prix de Gentleman 2up / SVTTA (Boomerang Trophy)

25th September 15TT WE15/01 - Cambusbarron: SVTTA (Speed Family Trophy)

All at the Scottish group wish you all the best over the festive period, and hope to see you all at the prize presentation, or out on the roads in 2022.

If readers have any information, news, or gossip, get in touch at [jamesmskinner@hotmail.com](mailto:jamesmskinner@hotmail.com) or [INFO@SVTTA.ORG.UK](mailto:INFO@SVTTA.ORG.UK).

## **SOUTH WALES**

### **Barry Williams**

In the unlikely situation we find ourselves in at present, beset as we are with Brexit and Covid, I have made two recent journeys to EU countries. Before I could travel anywhere there is a form filling exercise, followed by a loading of all this information into my smart phone, mostly only achievable 24 hours before departure. On arrival in the EU, UK people come up against new Brexit restrictive border controls. At Schiphol Airport I found myself behind a long queue reserved for foreign non-EU peoples, when previously as EU members UK citizens could walk straight through. The staff gleefully reminded me what we have lost with Brexit. Travel from the UK also involves completion of a crazy passenger location form full of unnecessary questions before return to UK is allowed. All I can advise is, think twice before travelling outside UK.

Fortunately, I have seen a couple of recent time trials in South Wales area, which had me wishing I could still compete and produce respectable times. The weather has been uncommonly calm this fall, so conditions for the Cardiff 100 Miles 10 on 9th October on R10/17 Abergavenny-Raglan section of the A40 were near to perfect. Two young teenage Cardiff riders, Sam Beckett 19:24 and Elizabeth Bennett 20:21 finishing just behind George Kimber 18:51, another teenager from Birmingham. Our members also produced some fast times with Daniel Wyatt 20:51, Iain Bell 21:28, Steve Curry 22:31, Emma Wyatt 22:52, Marco Marletta 22:59 and evergreen Hugh Davies also 22:59. Mike Broadbent 23:42, John Shehan 24:56 and Bob Jones 25:22 posted

good times as did two of my old rivals John Howells 28:17 and Pete Wilson 28:48.

Two weeks earlier under similar calm conditions the Welsh championship 50 was won by Chris Gibbard (Bynea CC) in 1:40:09, possibly a new Welsh record. This event saw super-fast personal, bests from local senior riders, Dave Medhurst 1:49:37, Adam Bowden 1:51:35, Rob Dyke 1:51:56; even in my youthful years I could only dream of producing performances like these. Our members also joined in the fun, Daniel Wyatt 1:54:32, Iain Bell 1:59:03, Ian Gibson 2:4:22, Emma Wyatt 2:8:32, Sue Shook 2:11:18 and I guess I was surprised that Claire Greenwood missed the event, I remember Claire doing great times in the past. Finally, I have to mention that two of my old friends, John Murphy and John Howells posted times that reflected the difficulty of doing longer events in old age, that's the reason that I decided to stop competing.

Luckily in my mid-eighties, I can still enjoy riding my bike, having clocked almost 6000 miles this year. I have a group of friends who join in regular rides in the Vale of Glamorgan, we have nice quiet farm lanes with plenty of short sharp climbs to open our lungs. I have already mentioned cycling in the Netherlands, I keep a bike out there with my lady friend in Almere which enables me to explore riding on high quality cycle paths. Cyclists get preference over motorists at every junction and these paths are well maintained with clean and smooth surfaces. I can only think that this asset is responsible for the many great Dutch professional riders in today's pro pelotons.

Keep safe on our dangerous roads, Happy New Year to all.

## **SURREY & SUSSEX** **Jon Fairclough**

### Membership news

A welcome to new members: Kevin Denson (Kingston Wheelers CC), David Hickman (Old Portlians Cycling Club), Lee Holdaway (Hastings & St Leonards), Adam Rogers (Eastbourne Rovers), Tina Lohr (Horsham Cycling) and Tom McCall. Our group has grown by 13% in the last year and now has 142 members.

### Surrey/Sussex open events

The Group Open 25 was held on course G25/89 on 19th September. The first four VTTA Surrey/Sussex Group members on standard were Adrian Blacker (+13:25), David Clark (+12:27), Don Parker (+11:34) and Roland Kitson (+11:09). Adrian Blacker wins the Robin Buchan Memorial Trophy. The first and only club team of group members was Donald Parker, John Marinko and Robin Johnson from Brighton Mitre (+19:44). They win the Pound Hill Trophy.

The 12 hour held by Kent CA was cancelled.

### Records

There were nine new group records in 2021:

10 miles, age 47, Howard Bayley, 19:47  
10 miles, age 50, Paul Deen, 19:57 (beaten)  
10 miles, age 50, Nik Allen, 19:53  
10 miles, age 68, Chris Lord, 21:33  
15 miles, age 68, Chris Lord, 33:03  
25 miles, age 68, Chris Lord, 55:25 (beaten)  
25 miles, age 69, Chris Lord, 55:06  
30 miles, age 50, Paul Deen, 1:02:25  
12 hr, age 67, Jon Fairclough, 235.87 miles

### Standards medals

Twenty-eight members claimed standards – eleven of which were for plaques, with four of them claiming standards at five distances/times.

The winners were:

Adam Bidwell, Jon Fairclough, Tracey Williams, Colin McDermott, Paul Deen, John Allen, Eimear D'Arcy, Sam Dix, Nick Dwyer, Clive Jackson, Robin Johnson, Chris Lord, John Marinko, Donald Parker, David Pollard, Carl Richardson, David Rumm, Mike Hannay, Lisa Davis, Brett Davis, John McDonald, Andy Critchlow, Lucy Hurn, Matt Hill, Mark Welch, Gavin Richards, Paul Fletcher, Christopher Rosam.

### Season Long Competitions

We had one finisher in the 4 Distance BAR, down from two in 2020, 2019 and 2018. Few people like to ride a 12 hour! There were 8 finishers in the 3 Distance BAR, up on previous years, most likely due to automatic enrollment. The Short Distance BAR had 22 finishers, a significant increase from prior years and again due to the automatic enrollment.

The winners were:

Surrey/Sussex Men's B.A.R. Champion, Palmer Trophy, Best on Standard over 25, 50, 100 miles and 12 Hours, Jon Fairclough 40 min 25 sec

Surrey/Sussex 3 Distance Champion, Jim Ballard Trophy, Best on Standard over 25, 50 and 100 miles, Mark Smith, 51 min 36 sec

Surrey/Sussex Short Distance Champion, Featherstone Trophy, Best on Standard over two '10' and two '25' miles, Matt James Hill, 73 min 29 sec

Surrey/Sussex Ladies Short Distance Champion, Charles Robson Cup, Best on Standard over, 10, 25 & 50 Miles, Lisa Davis, 37 min 36 sec

### Over 70 racing

The following members are over 70 years of age and have raced in 2021: Brian Jones (70), Peter Horsfield (71), Colin Jarman (72), Donald Parker (72), Paul Townsley (72), Robin Johnson (73), Paul Valks (77), Alan Robinson (80), Les Humphrey (81) and John Froud (81).

### Martin Aldridge

Martin sadly passed away on September 1st shortly after he was diagnosed with pancreatic cancer. He had been a lifelong cyclist, first with Croydon CTC and then joining their associated racing club, the East Surrey RC. In recent years he organised the classic East Surrey Hardriders event for 10 years and was still the club's secretary at the time of his death. He had been elected to the CTT London South District Committee for at least the last 10 years, most of them as open events secretary, and he attended the annual CTT National Council meetings. Since joining the VTTA Surrey/Sussex in 2010 he attended our lunch each year taking the official photos of the winners of the awards and he will be sadly missed in the local cycling community.

### Annual Lunch and Awards

The date for our annual prize giving lunch in Horsham is for Sunday 6th February at our usual venue, the Normandy Centre in Horsham. All members and partners are encouraged to attend. All the trophies, plaques, medals, and certificates will be presented by Harry Featherstone's granddaughter Louise Lord, and she will give us a bit of an insight into Harry's long love affair with time trialling. The new short distance

competition trophy is named after Harry, who stills holds the most Group Age Records – 25! You can buy tickets, price £27 per person on the VTTA website or by direct payment to the social secretary Eimear D'Arcy.

### Committee News

The S/S AGM was held on 14th November. The minutes are available from the Chairman. Jon Fairclough has moved to Scotland and has resigned his roles as Treasurer, Membership Secretary and Press Secretary. Dave Pollard resigned his role as Time Trials secretary and will take over as Treasurer and Membership Secretary. We therefore have vacancies for a Press Secretary and Time Trials Secretary. Group members interested in these roles are invited to ask for more details from the Chairman, Keith Wilkinson by email at [keithwilkinson@talktalk.net](mailto:keithwilkinson@talktalk.net).

### **WESSEX Bob Jolliffe**

Time trials in the South concluded, as usual, with the CTT Circuit Championships at Thruxton motor race circuit near Andover on Sunday, October 10. Aply organised by Antelope RT there was a mammoth turnout for the series of events which, this year included non-championship competitions such as a class for pre-1996 bikes and team time trials in the afternoon.

Wessex Group vets who shone by taking age category wins were Andy Langdown (Atlas Clever Racing) and ...a3crg's James Fawcett and Angela Carpenter.

### Super Angela

Angela has had a brilliant season with VTTA National Championship wins at five distances: 10, 15, 25, 30 and 50 miles and a handful of personal bests. But, surprisingly, it was not the season she had aimed for. At the start of the year she had targeted the VTTA Best All Rounder competition. However, electronic gear issues put an end to her bid in the CC Breckland 100, which was abandoned anyway because of a crash on the course, and a follow-up attempt at the distance. However, she said she has the BAR in her sights for next season.



Her 2021 PBs and Wessex records are: 10 miles 20:27, 15 miles 33:13, 25 miles 51:12, 30 miles 1:05:57, 50 miles 1:46:34.

### Tandem trike tales

Tandem trike pair Norman Harvey and Mary Corbett (Sotonia CC) also had a super season claiming, veteran age records with combined totals of 151 and 152 years.

Their spree started back in April in the National Championship 15 with a time of 42:42 which gave them a plus of 8:32. The second 151-year record was taken in the National Championship 50 with 2:24:39 and a plus of 33:36.

Norman then went off on his own and rode solo in the ...a3crg 10 on P881 in 30:32, which gave him a plus of 4:11 and a new Wessex age record for 88-year-olds.

Then by 1st August 1 he and Mary had graduated into the 152-year age bracket and rode the CC Breckland-promoted National 12hr, recording 182.67 miles for +53.74 miles to take the win and national age record. A few days later they rode the VTTA National 25 in 1:12:21 which was another national record. Then in the group championship 25 in the Epsom CC event on H25/8 they improved to 1:10:07

for another record plus. If that was not enough, they set another age record of 29:24 (+4:38) in the Bournemouth Arrow CC 10 on 3rd October.

Mary also took "Shut up legs" retired pro Jens Voigt for a three-wheeled ride in the Sotonia CC club 10 on 12th September, clocking a 28-minute time on the tough P164 course in the New Forest as part of her Tandem Tart challenge to raise money into ME research. Another to take to the back seat behind Mary was Sotonia CC's veteran timekeeper Dave Crocker who did a five-mile ride on the last day of October to become her 66th "TT" partner. Apparently he is now thinking about stoking in a 10 or 15.

### Determined Dave

Crabwood CC's Dave England successfully claimed Wessex Group 78-year-old age records this season with 1:06:39 for 25 miles, 41:03 for 15 and most recently 25:35 in the Utag 10 on P881r. Dave's rides are particularly impressive as he sustained a broken leg a couple of years ago and has also suffered from a series of health-related issues.

Terry Icke (VC St Raphael) was another who took advantage of excellent conditions in the Utag 10 with 23:04 at age 77.

Unfortunately the Utag event had to be called off midway through the field because of an accident between a motorcycle and car on the course, denying the faster riders the chance of posting a good time.

### More records tumbled

David Shepherd of ...a3crg added to his outstanding national 12 hour record of 300.26 miles with a Wessex 60-year-olds' record of 3:34:21 for 100 miles in the BDCA event on A100/4 and another Wessex record of 1:47:02 in the Vets' Championship on F2/50.

Also setting a Wessex record for 55-year-olds was David's teammate James Fawcett with 19:22 in the Lea Valley CC 10 on E2/10.

### Zooming

By the time you read this the group will have held its AGM on Zoom. As yet there has been no decision made on whether there will be a group prize presentation lunch.

## Festive 10s

For the hardy time trial enthusiast, there are two upcoming events to enter, both over 10 miles and both with tandem categories.

They are the Farnborough and Camberley CC event on H10/8 at Bentley and the New Forest Boxing Day event on - wait for it - 26th December. Course is P311 Ringwood to Sopley and back and festive costume is welcome.

## **WEST** **Brian Griffiths**

Winter is here and the long damp days with it. Racing bikes will have been put away and for some enthusiasts plans are already being made for next season. Everything is getting back to normal, though there is to some of us a hidden fear that there might be yet another lockdown if essential precautions are not adhered to more seriously than they appear to be at present.

Time is running out for decisions to be made about the VTTA's intended future plans and despite the hard work being done to resolve the issues I am beginning to wonder if we really are beginning to come to some satisfactory conclusions. We shall have to wait and see! You can never please everyone all of the time

The Westvets prize presentation in October went off very well. The rain relented a little bit for the preceding time trial, sufficient to encourage about half the riders to venture out and record a time. Because of the pandemic many members were meeting for the first time in quite a while and there was obviously plenty of news to catch up on. Meanwhile an enthusiastic team of ladies had been busy in the kitchen and were soon to start laying out a very tempting variety of food, which rapidly started to disappear.

Two years worth of trophies were on display and many of the prize winners were there to collect their awards from President Ted King MBE. Everyone I am sure has to agree that there were some commendable rides done this year. Once again Gordon Scott and his dear wife Gemma had arranged things to perfection and we all went home very satisfied indeed with the proceedings

Shortly afterwards, on 6th November we held our AGM. When we arrived, tea and delicious cakes were immediately available and much appreciated. With an attendance of twenty members, mostly from the older end, our chairman Brian Barraclough welcomed everyone and promptly got things underway. Soon we were onto reports from the Secretary, Treasurer, Recorder, Veteran Contact, Webmaster and finally our magazine editor.

Our treasurer reported good financial news and was happy to say that subscriptions could stay at their present rate for the time being but would clearly have to rise in the not too distant future.

Despite two members of the committee at, or decidedly near the age of ninety, everyone agreed to continue in their present posts for a further year with the exception of the webmaster Tony Emery, who might prove difficult to replace.

We have agreed to run the National "10" mile championships next year and some of the stringent requirements for organizing were outlined by Gordon, our secretary, for members benefit. It will be held on the U7B which is easy to access from the M5 and it looks to me that most of the course is being resurfaced.

Kim Barfoot-Brace of the Bath CC was nominated by our Group for the C. W. Cooke Trophy for her amazing ride of 277.9 miles in the VTTA National 12 hours incorporated in the CC Breckland event. Her reaction on winning was recorded in the September Veteran and she went on to tell us that she was riding in support of the Natasha Lewis Foundation. Her friend Natasha tragically died following a collision with a car whilst out running, training towards GB marathon selection. Kimberley has exceeded her £1000 goal, raising £1744. Tony Emery is to get the Janet Wilson Trophy for his many years as our dedicated Webmaster and is retiring only due to ill health.

It was good to attend such an encouraging meeting and interesting to note that about fifty percent of our members rode at least one time trial. The only thing is we would be delighted if some of our younger members attended the AGM so that we could hear their views and get their opinions.

## **YORKSHIRE**

### **Chris Goode**

Thank you to all group officials for their hard work throughout the year. At our AGM on 13th November Tony Stott stepped down as our secretary, after ten successful years at the helm, with John Hallas taking over. Karen Taylor has been voted in as our digital champion, with the task of increasing our use of the website and social media. Our treasurer, George Young, is continuing in the role in the short-term but would like to pass the mantle on, after sixteen years balancing the books. Also, John Hallas organised the group zoom committee meetings, which has been extremely helpful.

Other changes at the AGM include a subscription increase to £17 for individual and £20 for joint membership, plus an increase in the standards fee to £15. Membership remains stable at 197 members in our group but the number of lapsed members is disappointing. Although we lost a significant number of members in the earlier stages of the pandemic these do now seem to be returning or being replaced. We would like to welcome the following new members: Mark Bedford (Harrogate Nova), Mark Casey, Danny and Melissa Kelly, Mick Flaherty, Angela Hannon-Flaherty and Keith Storey (all six are Seacroft Wheelers!).

Congratulations to all those who have achieved their standard awards in different races and a big thank you to our recorder, Jymmy Trevor. Chapeau! Vive le Velo stars Darren Yarwood, Richard Sharp and Fiona Sharp are third, fifth and eleventh respectively in the CTT BBAR – superb performances throughout the season. Well done also to Sean Sanders (Drighlington BC) and Gary Simpson (Yorkshire RC) who were 24th and 49th in the National BBAR.

Darren Yarwood took the vast majority of the Yorkshire VTTA trophies in an impressive season. More detail of the trophies, times and pluses will be in the next copy of The Veteran.

Fiona Sharp (Vive le Velo) has won the VTTA Yorkshire Ladies BAR (Harry McKechnie Trophy and the Len Dexter Memorial Cup), 2nd in the 3 Distance BAR and won the Yorkshire Ladies Special BAR. Liz Ball (Valley Striders CC), Sandra Burrows (Vive

le Velo) and Susan Sanders (Drighlington BC) have had successful seasons and were well-placed in the competitions.

Jymmy comments that the new system of applying for standards requires members to decide on how they want to complete this process. For this season he has processed members claims for those who have not gone on line. This will be the last year Jymmy can do this; he will engage with the membership at local events to explain the system and answer any queries the membership has. He adds that it is encouraging to see that many members have gone on line and completed the task themselves.

The race programme for next year includes two 25 mile TTs on 10th April and 18th September, with a 10 miles TT on 7th August, all on the A168/A19 Thirk By-pass DC course. Thanks to Blair Buss and Mike Penrice for organising this year's events. Additionally, we are very grateful for the hundreds of hours dedicated to organising races and administration in Yorkshire generally by George Barker (Pennine CC and YCF) and Keith Lawton (Elmet CC and CTT) over the last fifty years, both of whom are now retiring.

The Annual Lunch will take place on Sunday 30th January at The Bridge Hotel, Walshford, with tickets priced at £24. Our Guest of Honour will be Gavin Russell, secretary of CTT Teesside District and of VTTA North Group, organiser of numerous time trials each year (including the Croft closed circuit events), CTT temporary National Chairman and CTT Board Member. Despite all that work for the sport we all love he still finds time to ride his bike. Our social secretary, Mike Williams will be in touch with a menu and booking forms.

If you have any news for the group report or to go to the National Forum please use my email address [cgoode@yorkshire.net](mailto:cgoode@yorkshire.net) to make contact.

Keep those wheels turning both inside and out and see you at the lunch.

## REVIEW OF THE NATIONAL SEASON LONG COMPETITIONS

The serious disruption to all our lives of 2020 was used by the VTTA to develop and test the web based automation of the season long competitions. 2021 was the first season the system has been used 'in anger' and despite a late start to the season and a perceived lower number of TT riders generally the numbers achieving qualification in our competitions seems to indicate a successful outcome.

NATIONAL SEASON LONG COMPETITIONS PARTICIPATION BY YEAR									
		2014	2015	2016	2017	2018	2019	2020	2021
Men	BAR	32	40	36	33	30	35	9	30
	Three Distance	92	108	100	81	80	116	33	86
	Short Distance	140	207	199	257	240	288	96	298
Women	BAR	4	4	4	7	6	5	2	2
	Three Distance	9	12	17	18	20	19	4	13
	Short Distance	21	23	29	52	49	42	11	20
Total	<b>BAR</b>	<b>36</b>	<b>44</b>	<b>40</b>	<b>40</b>	<b>36</b>	<b>40</b>	<b>11</b>	<b>32</b>
	<b>Three Distance</b>	<b>101</b>	<b>120</b>	<b>117</b>	<b>99</b>	<b>100</b>	<b>135</b>	<b>37</b>	<b>99</b>
	<b>Short Distance</b>	<b>161</b>	<b>230</b>	<b>228</b>	<b>309</b>	<b>289</b>	<b>330</b>	<b>107</b>	<b>_318</b>

2019 had been a record year for participants as several Group Recorders took on the onerous task of compiling claims on behalf of their members by trawling through CTT results. For 2021 the website undertook this process although it is known that some members failed to 'tick the boxes' to enter the competitions on their VTTA website profile, so the website ignored their rides. For 2022 it is hoped that every eligible rider will correctly enter the competitions before the season commences and this is something which Group Recorders could usefully encourage their members to do. At a more basic level riders must also have linked their VTTA and CTT accounts for the system to be able to harvest their CTT results.

Angela Carpenter has dominated all our championships up to 50 miles, so naturally also led the way in the Short Distance Championship with an unbeatable plus, over 5 minutes ahead of the leading man Andrew Grant, who is himself no slouch.

Qualifier numbers for the Three Distance Competition and the Best All Rounder appear to be in decline. With very few 100 mile and 12 hour events available it is becoming more difficult to find the rides; the problem was further exacerbated in 2021 by ECCA 12 hour being unable to be held due to roadworks and the Breckland 100 being abandoned due to a RTA.

Whilst the competitions processing were being revamped in 2020 the opportunity was taken to reallocate some awards.. The outcome is that there are now actual fastest awards for both men and women in all 3 competitions (ie 6 total) where previously there were just actual fastest (so always a man) in the BAR and the Three Distance. This provides gender equality across all the competitions and also gives more interest for the younger vets who have not yet begun losing their speed. The competition tables have been expanded to incorporate this 'actual mph' result.

## BEST ALL ROUNDER COMPETITION - MEN

Pos on +	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Plus (+)	Av. Mph	Pos on mph
1	David Shepherd	...a3crg	Wssx	60	0:52:27	1:47:02	3:34:21	300.26	1:22:05	27.410	4
2	Michael Stevens	Melton Olympic CC	N Mid	71	0:57:02	1:54:44	4:03:44	254.39	1:15:45	24.566	14
3	Darren Yarwood	Chapeau! Vive Le Velo	Yrks	47	0:49:38	1:40:29	3:28:16	305.35	1:15:39	28.583	1
4	Philip Kennell	GS Metro	North	54	0:52:07	1:50:21	3:34:45	291.97	1:11:10	27.060	6
5	Andrew Whiteside	Bella in Sella Racing	NL&L	47	0:52:28	1:47:48	3:30:56	311.56	1:09:50	27.707	3
6	Derek Mcmillan	St Christopher's CC	Scot	60/61	0:54:35	1:52:21	3:53:02	280.21	1:09:23	25.820	10
7	Nick Tarmey	Velo Club Venta	Wssx	43	0:51:11	1:42:40	3:32:03	301.46	1:07:37	27.986	2
8	Alan Chorley	Seamons CC	M&NW	49/50	0:49:39	1:41:33	3:44:55	263.85	1:04:47	27.104	5
9	Chris Lea	Buxton CC	N Mid	58/59	0:56:14	1:53:04	3:53:53	263.55	1:00:39	25.206	11
10	Dan Shackleton	ABC Centreville	M&NW	50	0:52:08	1:49:49	3:48:01	274.13	0:59:53	26.312	8
11	Sean Sanders	Drighlington BC	Yrks	51	0:53:15	1:50:57	3:46:03	271.29	0:59:01	26.090	9
12	Paul Winchcombe	Chippenham & Dist Whs	West	61	0:54:32	1:57:40	4:06:08	253.39	0:58:00	24.624	12
13	Ian Peacock	Leek CC	M&NW	69	0:59:13	1:58:03	4:08:10	211.55	0:57:26	23.138	24
14	Martin Bullen	Peterborough CC	N Mid	69	0:58:50	2:02:45	4:29:48	245.27	0:57:24	23.153	23
15	Victor Chetta	Pirate Juice CC	Mer	43	0:53:05	1:50:47	3:42:57	279.11	0:54:03	26.377	7
16	Philip Jones	Peterborough CC	E Ang	62/63	0:57:29	2:01:19	4:12:52	252.33	0:53:36	23.895	18
17	Chris Shaw	Fenland Clarion CC	E Ang	58	0:54:00	1:54:02	4:21:15	256.30	0:52:53	24.603	13
18	Jez Willows	Sherwood CC	N Mid	55/56	0:55:34	1:52:46	4:20:07	246.94	0:47:28	24.311	15
19	Jon Fairclough	Woking CC	S/S	67	1:06:15	2:07:16	4:34:46	235.87	0:40:26	21.927	29
20	Simon Bowler	Berkhamsted CC	L&HC	58	1:01:10	2:03:56	4:23:46	254.20	0:39:40	23.165	22
21	Iain Bell	Monmouthshire Whs	S Wls	49	0:53:37	1:59:03	4:20:39	249.62	0:39:09	24.249	16
22	Paul Russell	Springfield Financial RT	NL&L	54	0:59:04	2:05:01	4:10:28	242.69	0:37:15	23.393	21
23	Chris Hopkinson	Team Hoppo	Wssx	53	1:00:11	1:53:06	4:19:59	228.75	0:35:26	23.397	20
24	Miles Haslam	Buxton CC	N Mid	62	1:01:41	2:10:21	4:42:30	239.84	0:34:00	22.140	27
25	Ronan O'Cualain	Seamons CC	M&NW	44/45	0:58:32	1:59:18	4:01:15	244.27	0:33:42	24.000	17
26	David Greenwood	Rye & Dist Whs CC	Kent	56	1:02:02	2:07:22	4:23:52	240.85	0:31:42	22.636	26
27	Nigel Briggs	South Pennine RC	N Mid	60	0:59:40	2:14:01	4:33:41	228.55	0:30:56	22.123	28
28	Robert Jones	Cardiff 100 Miles RCC	S Wls	69	1:04:52	2:11:37	5:08:17	215.77	0:30:54	20.840	30
29	Ian Casson	Birkenhead Victoria CC	Mer	68/69	1:05:45	2:23:36	4:57:54	207.74	0:23:22	20.289	31
30	James Meldrum	Liverpool Phoenix CC	Mer	41	0:58:57	2:02:34	4:21:23	231.98	0:20:50	23.052	25



## BEST ALL ROUNDER COMPETITION - WOMEN

Pos on +	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Plus (+)	Av. Mph	Pos on mph
1	Patricia Baird	Ecosse Cycling Coaching	Scot	56	0:59:13	2:04:30	4:11:51	245.98	1:05:45	23.437	2
2	Joanna Cebrat	Bury Clarion CC	M&NW	42	1:00:19	1:57:04	4:04:20	264.03	0:59:09	24.264	1

### GROUP TEAMS OF 6 ON PLUS

No group finished 6 riders

### CLUB TEAMS OF 3 ON PLUS

No club finished 3 riders

## THREE DISTANCE COMPETITION - MEN

Pos on +	Name	Club	Group	Age	25 time	50 time	100 time	Plus (+)	Av. Mph	Pos on mph
1	David Shepherd	...a3crg	Wssx	60	0:52:27	1:47:02	3:34:21	0:58:32	28.206	9
2	Michael Stevens	Melton Olympic CC	N&EM	71	0:57:02	1:54:44	4:03:44	0:57:11	25.688	40
3	Darren Yarwood	Chapeau! Vive Le Velo	Yrks	47	0:49:38	1:40:29	3:28:16	0:55:34	29.629	1
4	Grant Orsborn	Bedfordshire Road CC	E Ang	60/61	0:52:25	1:51:25	3:44:26	0:54:33	27.426	17
5	Adrian Hughes	Seamons CC	M&NW	53/54	0:52:53	1:45:19	3:35:47	0:52:51	28.219	8
6	Mark Sanders	Mid Devon CC	West	62	0:52:01	1:51:37	3:58:31	0:52:46	26.957	25
7	Alan Chorley	Seamons CC	M&NW	49/50	0:49:39	1:41:33	3:44:55	0:52:38	28.810	5
8	Colin Parkinson	South Western RC	N&EM	59	0:53:49	1:49:25	3:44:18	0:52:29	27.347	19
9	Mark Smith	Crawley Whs	S/S	47	0:50:24	1:42:25	3:37:12	0:51:36	28.893	4
9	Philip Kennell	GS Metro	Nrth	54	0:52:07	1:50:21	3:34:45	0:51:36	27.969	12
11	Paul Lunn	Fenland Clarion	E Ang	48	0:49:38	1:47:04	3:39:56	0:50:00	28.508	6
12	Neal Parkin	Team Bottrill	N&EM	42	0:50:08	1:43:24	3:30:30	0:49:57	29.146	2
13	Derek McMillan	St Christopher's CC	Scot	60/61	0:54:35	1:52:21	3:53:02	0:49:46	26.644	30
14	Nick Tarmey	Velo Club Venta	Wssx	43	0:51:11	1:42:40	3:32:03	0:49:28	28.941	3
15	Nigel Clementson	Wigan Whs	NL&L	60	0:54:16	1:54:58	3:48:51	0:49:07	26.651	29
16	Ian Peacock	Leek CC	M&NW	69	0:59:13	1:58:03	4:08:10	0:49:03	24.974	50
17	Alan Davidson	Dundee Thistle	Scot	60	0:55:30	1:50:46	3:54:06	0:48:40	26.580	32
18	Andrew Whiteside	Bella in Sella Racing	NL&L	47	0:52:28	1:47:48	3:30:56	0:48:24	28.288	7
19	Stephen l'Anson	Buxton CC	M&NW	64/65	0:57:40	1:55:33	4:01:06	0:47:42	25.620	42
20	Ian Dobbie	West Lothian Clarion	Scot	57	0:53:40	1:51:03	3:54:40	0:47:19	26.844	26
21	Andy Critchlow	Norwood Paragon CC	S/S	47	0:50:38	1:49:42	3:39:49	0:47:03	28.089	11
22	Tony Chapman	Frome & Dist Whs	West	49	0:53:44	1:48:26	3:36:42	0:46:43	27.757	14
23	Kevin Baumber	Shaftesbury CC	E Ang	46/47	0:51:13	1:45:01	3:46:50	0:46:39	28.102	10
24	Nicholas Cave	Team Lutterworth	N&EM	55	0:52:48	1:53:48	3:49:42	0:46:18	26.964	24
25	Peter Richards	Icknield RC	L&HC	57	0:54:48	1:52:26	3:51:28	0:46:17	26.659	28
26	Chris Lea	Buxton CC	N Mid	58/59	0:56:14	1:53:04	3:53:53	0:45:32	26.287	34
27	Dan Shackleton	ABC Centreville	M&NW	50	0:52:08	1:49:49	3:48:01	0:45:30	27.468	16
28	Sean Sanders	Drighlington BC	Yrks	51	0:53:15	1:50:57	3:46:03	0:45:02	27.250	20
29	David Nichol	Ferryhill Whs	Nrth	69	0:57:52	1:59:58	4:26:08	0:44:57	24.491	61
30	Simon Adcook	Worcester St Johns	Mids	47	0:50:44	1:48:15	3:53:32	0:44:16	27.657	15

Pos on +	Name	Club	Group	Age	25 time	50 time	100 time	Plus (+)	Av. Mph	Pos on mph
31	Paul Winchcombe	Chippenham & Dist Whs	West	61	0:54:32	1:57:40	4:06:08	0:44:13	25.793	38
32	Ben Houston	East Grinstead CC	Wssx	44	0:51:26	1:51:18	3:37:17	0:44:12	27.911	13
33	Cliff Voller	Newbury RC	West	70	0:57:58	2:11:19	4:13:18	0:43:57	24.137	66
34	Mark Bradley	Bristol South CC	West	56	0:53:53	1:55:54	3:57:51	0:43:00	26.316	33
35	Sean Quinn	Law Whs	Scot	48	0:54:34	1:49:23	3:43:47	0:42:58	27.242	21
36	Martin Bullen	Peterborough CC	N Mid	69	0:58:50	2:02:45	4:29:48	0:41:41	24.058	67
37	Christopher Green	Drighlington BC	Yrks	61/62	0:57:36	1:59:12	4:02:47	0:41:38	25.308	46
38	Neil Harrigan	Gemini BC	Kent	47	0:53:41	1:47:25	3:56:31	0:40:59	27.079	23
39	Victor Chetta	Pirate Juice CC	Mer	43	0:53:05	1:50:47	3:42:57	0:40:46	27.416	18
40	Tim Beardmore	Bridgnorth CC	Mer	49	0:53:30	1:53:25	3:53:15	0:40:19	26.737	27
41	Robin Short	Cotswold Veldrijden	West	45	0:53:40	1:47:54	3:54:22	0:40:00	27.118	22
42	Chris Shaw	Fenland Clarion	E Ang	58	0:54:00	1:54:02	4:21:15	0:39:46	25.684	41
43	Paul Colman	Haverfordwest Hornets	S Wls	60	0:58:00	1:57:05	4:07:31	0:39:39	25.242	47
44	Philip Jones	Peterborough CC	E Ang	62/63	0:57:29	2:01:19	4:12:52	0:39:37	24.850	52
45	Jymmy Trevor	Jem Hadar Racing	Yrks	49	0:53:28	1:53:51	3:56:34	0:39:18	26.589	31
46	Andrew Simpkins	Team Echelon	Mids	67	0:59:43	2:02:22	4:27:43	0:38:36	24.016	68
47	Roger Sheridan	North Devon Whs	West	60	0:59:14	2:01:09	4:02:39	0:37:36	24.938	51
47	Mike Hall	Port Talbot Whs	S Wls	52	0:53:57	1:54:57	4:07:58	0:37:36	26.033	36
49	Bud Johnston	SVTTA	Scot	62	0:59:33	2:07:01	3:58:47	0:37:28	24.645	56
50	Jez Willows	Sherwood CC	N&EM	55/56	0:55:34	1:52:46	4:20:07	0:37:03	25.555	43
51	Ian Pike	Lincoln Whs CC	N&EM	53	0:58:51	2:08:56	4:28:55	0:36:54	23.689	72
52	Jonathan Mills-Keeling	Bridgnorth CC	Mer	48	0:54:51	1:54:47	3:56:56	0:36:41	26.269	35
53	David Hilditch	Ribble Valley C&RC	NL&L	68	1:00:11	2:10:23	4:25:41	0:36:03	23.505	73
54	Tom Cox	Saint Piran	Wssx	67	0:57:54	2:05:56	4:39:50	0:35:36	23.723	71
55	Luke Smith	Bristol South CC	West	52/53	0:54:15	1:53:13	4:19:30	0:35:31	25.756	39
56	Michael Wilkinson	North Notts Olympic CC	N&EM	61/62	0:59:36	2:01:22	4:18:45	0:34:34	24.358	63
57	Martin Brown	7Oaks Tri Club	Kent	60/61	0:59:00	1:58:01	4:24:06	0:34:21	24.521	59
58	Allan Ross	Fruin RC	Scot	61	0:59:58	2:04:04	4:17:23	0:32:47	24.169	65
59	Rob Jackson	Wrekinsport CC	Mer	56/57	0:57:52	2:01:30	4:19:06	0:31:30	24.590	58
60	Neil Cleminshaw	Chapeau! Vive Le Velo	Yrks	51	0:54:09	2:06:58	4:06:02	0:31:09	25.239	48
61	Gary Bratt	Fruin RC	Scot	44	0:56:32	1:55:30	4:01:12	0:31:01	25.794	37
62	John Marinko	Brighton Mitre CC	S/S	56	0:56:52	1:59:37	4:26:54	0:30:53	24.646	55
63	Roland Kitson	Horsham Cycling	S/S	61/62	0:58:36	2:05:59	4:29:44	0:30:51	23.885	69
64	Iain Bell	Monmouthshire Whs	S Wls	49	0:53:37	1:59:03	4:20:39	0:30:32	25.398	44
65	Chris Hopkinson	Team Hoppo	Wssx	53	1:00:11	1:53:06	4:19:59	0:30:03	24.842	53
66	Paul Looke	Shaftesbury CC	E Ang	54	0:58:03	1:59:19	4:23:11	0:29:05	24.594	57
67	Paul Russell	Springfield Financial RT	NL&L	54	0:59:04	2:05:01	4:10:28	0:28:24	24.449	62
68	Richard Mellor	Team Bottrill	E Ang	52	0:55:23	2:01:17	4:27:12	0:28:12	24.758	54
69	Jon Fairclough	Woking CC	S/S	67	1:06:15	2:07:16	4:34:46	0:27:51	22.684	78
70	Richard Tully	Elite Cycling	E Ang	44	0:54:55	1:59:19	4:14:20	0:27:27	25.349	45
71	Ronan O'Cualain	Seamons CC	M&NW	44/45	0:58:32	1:59:18	4:01:15	0:27:20	25.215	49
72	Simon Bowler	Berkhamsted CC	L&HC	58	1:01:10	2:03:56	4:23:46	0:27:01	23.826	70

Pos on +	Name	Club	Group	Age	25 time	50 time	100 time	Plus (+)	Av. Mph	Pos on mph
73	Billy Dyer	BJ Cycling	Wssx	51	1:02:05	1:56:59	4:12:55	0:26:28	24.510	60
74	John Murphy	Gloucester City CC	West	81	1:09:10	2:26:07	5:49:23	0:25:02	19.797	85
75	Peter Baker	Lewes Wanderers CC	S/S	63	1:02:05	2:08:48	4:43:06	0:24:05	22.882	76
76	Nigel Briggs	South Pennine RC	N&EM	60	0:59:40	2:14:01	4:33:41	0:22:59	23.149	75
77	Kenneth Addison	Southport CC	NL&L	65	1:04:30	2:08:49	4:47:52	0:22:54	22.463	79
78	Miles Haslam	Buxton CC	N Mid	62	1:01:41	2:10:21	4:42:30	0:22:44	22.857	77
79	David Greenwood	Rye & Dist Whs CC	Kent	56	1:02:02	2:07:22	4:23:52	0:22:36	23.491	74
80	Robert Jones	Cardiff 100 Miles RCC	S Wls	69	1:04:52	2:11:37	5:08:17	0:21:36	21.793	82
81	James Meldrum	Liverpool Phoenix	Mer	41	0:58:57	2:02:34	4:21:23	0:18:14	24.292	64
82	Ian Casson	Birkenhead Victoria CC	Mer	68	1:05:45	2:23:36	4:57:54	0:15:49	21.282	83
83	Robert Royle-Evatt	Addiscombe CC	S/S	53/54	1:01:51	2:17:53	4:50:14	0:08:41	22.228	80
84	Martin Sturge	Deeside Olympic	Mer	54	1:04:14	2:17:09	4:46:37	0:08:07	22.053	81
85	Chris Lowe	Swindon RC	West	62	1:00:47	2:32:24	5:29:08	0:00:57	20.864	84
86	Chris Parker	Hastings & St. Leonards CC	Kent	65	1:16:14	2:49:29	5:57:04	-0:26:29	18.060	86

### THREE DISTANCE COMPETITION - WOMEN

Pos on +	Name	Club	Group	Age	25 time	50 time	100 time	Plus (+)	Av. Mph	Pos on mph
1	Jackie Field	CC Ashwell	E Ang	56	00:54:42	01:53:54	04:05:39	01:01:41	26.062	1
2	Christina Murray	Army Cycling Union	Scot	44/45	00:55:51	01:54:11	04:02:06	00:51:58	25.971	2
3	Patricia Baird	Ecosse Cycling Coaching	Scot	56	00:59:13	02:04:30	04:11:51	00:50:19	24.417	6
4	Fiona Sharp	Chapeau! Vive Le Velo	Yrks	42	00:56:20	01:52:25	04:07:06	00:49:19	25.865	3
5	Marianne Holt	Fareham Whs	Wssx	40	00:56:06	01:55:43	04:11:05	00:45:36	25.520	4
6	Joanna Cebzat	Bury Clarion CC	M&NW	42	01:00:19	01:57:04	04:04:20	00:43:42	25.017	5
7	Andrea Parish	VeloSistas TT Team	S Wls	53	00:58:22	02:08:36	04:26:07	00:42:45	23.858	8
8	Emma Bexson	Stratford CC	Mids	46	01:03:18	01:58:23	04:10:12	00:41:21	24.340	7
9	Judy Reid	Icknield RC	L&HC	61	01:03:30	02:14:35	04:40:55	00:39:09	22.424	11
10	Janet Fairclough	Liverpool Phoenix	Mer	60/61	01:03:29	02:21:23	04:52:53	00:32:02	21.778	12
11	Claire Davies	Mark White Coaching	N&EM	43/44	01:04:51	02:15:12	04:18:38	00:27:27	22.840	9
12	Lucy Hurn	Woking CC	S/S	44	01:01:41	02:11:43	04:48:25	00:25:20	22.632	10
13	Helen Tudor	Oswestry Paragon CC	Mer	52	01:09:40	02:40:13	05:08:19	00:04:13	19.905	13

### THREE DISTANCE COMPETITION - CLUB TEAMS OF 3 ON PLUS

Pos	Club	Team Members	Team Plus
1	Chapeau! Vive Le Velo	Darren Yarwood, Fiona Sharp, Neil Clemminshaw	2:16:02
2	Seamons CC	Adrian Hughes, Alan Chorley, Ronan O'Cualain	2:12:49
3	Buxton CC	Stephen l'Anson, Chris Lea, Miles Haslam	1:55:58

### THREE DISTANCE COMPETITION - GROUP TEAMS OF 6 ON PLUS

Pos	Group	Team Members	Team Plus
1	East Anglian	Jackie Field (CC Ashwell), Grant Orsborn (Bedfordshire Road CC), Paul Lunn (Fenland Clarion), Kevin Bamber (Shaftesbury CC), Chris Shaw (Fenland Clarion), Philip Jones (Peterborough CC)	4:52:16
2	Manchester & North West	Adrian Hughes (Seamons CC), Alan Chorley (Seamons CC), Ian Peacock (Leek CC), Stephen l'Anson (Buxton CC), Dan Shackleton (ABC Centreville), Joanna Cebat (Bury Clarion CC)	4:51:26
3	Scotland	Christina Murray (Army Cycling Union), Patricia Baird (Ecosse Perf Coaching), Derek McMillan (St Christopher's CC), Alan Davidson (Dundee Thistle), Ian Dobbie (West Lothian Clarion), Sean Quinn (Law Whs)	4:51:00
4	Nottingham & East Midlands	Michael Stevens (Melton Olympic CC), Colin Parkinson (South Western RC), Neal Parkin (Team Bottrill), Nicholas Cave (Team Lutterworth), Jez Willows (Sherwood CC), Ian Pike (Lincoln Whs CC)	4:39:52
5	West	Mark Sanders (Mid Devon CC), Tony Chapman (Frome & Dist Whs), Paul Winchcombe (Chippenham & Dist Whs), Cliff Voller (Newbury RC), Mark Bradley (Bristol South CC), Robin Short (Cotswold Veldrijden)	4:30:39
6	Wessex	David Shepherd (...a3crg), Nick Tarmey (Velo Club Venta), Marianne Holt (Fareham Whs), Ben Houston (East Grinstead CC), Tom Cox (Saint Piran), Chris Hopkinson (Team Hoppo)	4:23:27
7	Yorkshire	Darren Yarwood (Chapeau! Vive Le Velo), Fiona Sharp (Chapeau! Vive Le Velo), Sean Sanders (Drighlington BC), Christopher Green (Drighlington BC), Jymmy Trevor (Jem Hadar Racing), Neil Clemenshaw (Chapeau! Vive Le Velo)	4:22:00
8	London & Home Counties	Mark Smith (Crawley Whs), Andy Critchlow (Norwood Paragon CC), John Marinko (Brighton Mitre CC), Roland Kitson (Horsham Cycling), Jon Fairclough (Woking Cycle Club), Lucy Hurn (Woking CC)	3:33:34
9	Merseyside	Victor Chetta (Pirate Juice CC), Tim Beardmore (Bridgnorth CC), Jonathan Mills-Keeling (Bridgnorth CC), Janet Fairclough (Liverpool Phoenix), Rob Jackson (Wrekinsport CC), James Meldrum (Liverpool Phoenix)	3:19:32

### SHORT DISTANCE COMPETITION - MEN

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
1	Andrew Grant	Cambridge CC	E Ang	68	20:15	20:16	0:52:06	0:52:34	1:25:49	29.14	31
2	Keith Ainsworth	Sheffrec CC	N Mid	62	19:23	19:36	0:50:00	0:50:41	1:24:44	30.291	9
3	Richard Oakes	Team Ohten Aveas	N&EM	52	18:08	18:21	0:47:52	0:48:21	1:24:26	32.037	2
4	Kevin Tye	VeloRefined Rule 5	Kent	59	19:11	19:26	0:49:10	0:49:40	1:23:46	30.715	5
5	Matthew Smith	Drag2zero	E Ang	43	17:51	17:59	0:45:59	0:46:00	1:23:05	33.052	1
6	Keith Dorling	Team Bottrill	E Ang	62	19:45	19:59	0:50:53	0:50:55	1:21:45	29.836	16
7	Mick Allen	Team Jewson	N Mid	74/75	22:19	22:07	0:56:18	0:58:01	1:19:16	26.628	137
8	Conrad Moss	Primera-Teamjobs	West	46	18:42	19:06	0:46:59	0:48:47	1:16:38	31.543	3
9	Peter Horsnell	Chelmer CC	E Ang	91	27:49	28:46	1:13:16	1:16:54	1:16:18	20.602	286
10	Colin Lizieri	Cambridge CC	E Ang	65/66	20:51	20:55	0:53:45	0:54:25	1:15:12	28.234	70

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
11	Andy Proffitt	Arctic Aircon RT	E Ang	48	18:39	19:00	0:49:22	0:50:30	1:14:28	30.960	4
12	James Fawcett	...a3crg	Wssx	55	19:22	19:34	0:51:19	0:52:27	1:13:38	29.869	15
13	Peter Greenwood	Clayton Velo	NL&L	69	21:38	21:42	0:55:38	0:55:57	1:13:35	27.289	119
14	Matt Hill	VCGH	S/S	60 61	20:08	20:17	0:52:50	0:53:35	1:13:29	28.942	36
15	Nick Dwyer	Lewes Wanderers CC	S/S	57.5	19:40	19:54	0:50:39	0:54:22	1:13:27	29.466	25
16	Mark Sanders	Mid Devon CC	West	62	20:54	20:56	0:52:01	0:52:54	1:13:22	28.641	49
17	Grant Orsborn	Bedfordshire RCC	E Ang	60 61	20:07	20:38	0:52:25	0:53:32	1:13:08	28.885	38
18	Geoffrey Platts	Team Bottrill	N&EM	66	21:31	21:41	0:53:08	0:54:20	1:13:03	27.849	86
19	Mark Ellis	Mercedes Petronas CC	E Ang	56	19:39	20:03	0:51:48	0:51:51	1:12:53	29.587	21
20	Mike Westmorland	Border City Whs CC	NL&L	76	23:03	23:14	0:59:52	0:59:55	1:12:48	25.486	201
21	Mark Vowells	San Fairy Ann CC	Kent	68	22:58	24:23	1:01:04	1:01:37	1:12:42	24.910	224
22	Hugh Davies	Port Talbot Whs CC	S Wls	76	22:59	23:19	0:58:15	1:01:39	1:12:38	25.480	202
23	Chris Dyason	Cambridge CC	E Ang	73	22:16	22:28	0:58:23	0:59:06	1:12:01	26.181	160
24	Chris Lord	Brighton Excelsior CC	S/S	68 69	21:33	22:21	0:55:06	0:55:25	1:11:58	27.245	121
25	Darran Bennett	Ely & Dist CC	E Ang	51	19:34	19:36	0:50:23	0:51:01	1:11:41	30.113	12
26	Jason Bateman	Team Bottrill	NL&L	49	19:23	19:26	0:49:44	0:51:19	1:11:11	30.305	8
27	Roger Sewell	Wisbech Whs	E Ang	73 74	23:08	22:56	0:58:16	0:58:37	1:10:56	25.858	178
28	Lee Foster	Border City Whs CC	Nrth	72	22:22	22:44	0:57:17	0:58:23	1:10:51	26.274	154
29	Alan Chorley	Seamons CC	M&NW	49 50	19:28	19:49	0:49:39	0:50:49	1:10:49	30.207	11
30	Neil Mackley	...a3crg	Wssx	57.5	20:09	20:19	0:51:50	0:53:36	1:10:47	29.058	33
31	Martin Reynolds	Cambridge CC	E Ang	58	20:07	20:14	0:52:33	0:54:05	1:10:27	28.940	37
32	Ian Guilor	Mapperley CC	N&EM	53.5	20:15	20:30	0:50:26	0:50:53	1:10:05	29.530	24
32	Andy Thomas	Lindsey Roads CC	N&EM	51 52	19:43	19:59	0:50:52	0:51:27	1:10:05	29.775	18
34	Russ Richardson	Teesdale CRC	Nrth	64	21:05	21:19	0:54:45	0:54:50	1:10:02	27.840	87
35	Steven Cottington	Bath CC	West	59	20:38	20:56	0:52:25	0:53:04	1:09:44	28.656	47
36	Colin McDermott	Festival RC	S/S	53	19:31	19:51	0:52:02	0:52:41	1:09:41	29.567	22
37	Darren Yarwood	Chapeau! Vive Le Velo	Yrks	47	19:36	19:48	0:49:38	0:50:00	1:09:30	30.284	10
38	Philip Kennell	GS Metro	Nrth	54	19:39	20:02	0:52:07	0:53:20	1:09:05	29.348	30
39	Michael Stevens	Melton Olympic CC	N&EM	71	22:40	23:00	0:57:02	0:57:42	1:08:20	26.214	158
40	Nick Partridge	VC Baracchi	E Ang	43	19:18	19:19	0:49:30	0:50:41	1:07:56	30.512	7
41	Michael Wills	Team Lutterworth	N&EM	62	21:15	21:24	0:53:38	0:54:49	1:07:48	27.901	81
42	Robert Watson	Cambridge CC	E Ang	60 61	20:29	21:04	0:54:35	0:54:24	1:07:47	28.207	72
43	Mark Smith	Crawley Whs	S/S	47	19:11	20:15	0:50:24	0:51:08	1:07:32	30.001	13
44	Joseph Costello	Walsall Roads CC	Mids	62	21:33	21:33	0:53:31	0:54:08	1:07:29	27.856	83
45	Neville Martin	Velo Culture	Nrth	62	21:10	21:24	0:54:26	0:54:37	1:07:24	27.851	85
46	David Rundall	Chorley CC	NL&L	71	22:31	22:48	0:58:10	0:58:32	1:07:15	26.094	162
47	Colin Parkinson	South Western RC	N&EM	59	20:42	20:46	0:53:49	0:54:27	1:07:12	28.325	65
48	Neal Parkin	Team Bottrill	N&EM	42	18:59	19:19	0:50:08	0:50:51	1:07:11	30.522	6
49	Mark Bradley	Bristol South CC	West	56	19:54	20:42	0:53:53	0:54:03	1:06:20	28.682	46
50	Simon Adcock	Worcester St Johns	Mids	47	19:42	20:14	0:50:44	0:50:49	1:06:15	29.799	17
51	Chris Ward	Spalding CC	N&EM	55	20:33	21:14	0:51:52	0:52:22	1:06:03	28.755	44
52	Nik Allen	Team TMC	S/S	50	19:53	20:05	0:50:33	0:53:37	1:06:02	29.425	26

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
53	Stuart Wells	Lindsey Roads CC	N Mid	49/50	19:51	20:07	0:52:02	0:52:21	1:05:24	29.383	27
54	Mathew Stonley	Mapperley CC	N&EM	48	19:27	20:34	0:51:20	0:51:45	1:05:20	29.557	23
55	Ian Patterson	Utag RT	Wssx	55	20:40	21:07	0:52:01	0:53:06	1:05:10	28.633	50
56	Gav McDonald	Ayr Roads CC	NL&L	54	20:09	20:27	0:53:14	0:54:05	1:04:56	28.757	42
57	Nicholas Cave	Team Lutterworth	N&EM	55	20:21	20:57	0:52:48	0:53:50	1:04:52	28.599	51
58	Sean Vincent	Race Hub	N&EM	51	19:55	20:41	0:52:20	0:52:23	1:04:48	29.108	32
59	Derek McMillan	St Christopher's CC	Scot	61	21:23	21:27	0:54:35	0:55:12	1:04:41	27.672	98
60	Wayne Smith	Team Ohten Aveas	N&EM	53/54	20:33	20:51	0:51:50	0:53:21	1:04:34	28.757	43
61	Stuart Evans	Port Talbot Whs CC	S Wls	75	24:03	24:09	0:59:07	1:01:56	1:04:16	24.846	226
62	Richard Coleman	Stourbridge Velo	Mids	67	22:22	22:40	0:56:23	0:57:09	1:04:05	26.537	144
63	Philip Watts	North Hampshire RC	Wssx	61	21:29	21:36	0:54:48	0:55:08	1:03:54	27.571	105
64	Ron Hallam	South Pennine RC	N&EM	90/91	30:16	30:39	1:12:59	1:14:18	1:03:44	20.035	295
65	Ben Houston	East Grinstead CC	Wssx	44	19:41	19:49	0:51:26	0:51:32	1:03:40	29.758	19
66	Michael Schofield	Bishop's Stortford CC	E Ang	55/56	20:08	20:59	0:51:47	0:57:24	1:03:16	28.374	60
67	Mark Woolford	Team Swindon Cycles	West	55	20:43	20:57	0:53:32	0:53:56	1:03:07	28.358	62
68	Robert Gilmour	Hounslow & Dist Whs	L&HC	69/70	22:09	23:14	0:59:13	0:59:08	1:03:05	25.903	176
69	Adrian Hughes	Seamons CC	M&NW	53.5	20:36	20:53	0:52:53	0:53:44	1:02:55	28.534	53
70	Steve Clarke	TMG Horizon CT	E Ang	66/67	22:45	22:55	0:55:46	0:56:48	1:02:12	26.465	147
71	Paul Winchcombe	Chippenham & Dist Wh	West	61	21:38	22:06	0:54:32	0:55:35	1:02:05	27.344	117
72	Chris Shaw	Fenland Clarion CC	E Ang	58	21:21	21:28	0:54:00	0:55:01	1:01:54	27.774	90
72	Dan Shackleton	ABC Centreville	M&NW	50	19:54	21:13	0:52:08	0:53:18	1:01:54	28.836	40
74	Alan Davidson	Dundee Thistle	Scot	60	21:12	21:28	0:55:30	0:56:21	1:01:49	27.475	112
75	Michael Parker	TMG Horizon CT	L&HC	56	20:25	20:30	0:53:52	0:57:53	1:01:44	28.104	77
76	Paul Pardoe	Peterborough CC	E Ang	40	18:33	20:37	0:49:29	0:53:26	1:01:41	29.958	14
77	Paul Schofield	St Ives CC	E Ang	41	19:40	19:53	0:50:51	0:52:12	1:01:17	29.730	20
78	Wayne Coates	Team Bottrill	Nrth	62	21:38	21:59	0:55:41	0:56:54	1:01:15	27.082	126
79	Malcolm Horner	Warrington RC	M&NW	57/58	20:55	21:24	0:54:20	0:56:12	1:01:04	27.755	91
80	Ian Pike	Lincoln Whs CC	N&EM	53	22:30	23:02	0:58:51	0:59:30	1:00:47	25.854	180
81	Stephen Murphy	Shaftesbury CC	E Ang	65	21:18	21:41	0:58:10	1:00:37	1:00:46	26.593	138
82	Steven Loraine	Legato RT	Mids	65	22:37	22:39	0:56:31	0:56:43	1:00:37	26.502	146
83	Cliff Voller	Newbury RC	West	70	23:33	23:41	0:57:58	0:58:58	1:00:20	25.532	198
83	Mark Hill	VeloRefined Rule 5	Kent	53/54	20:53	20:58	0:52:33	0:56:02	1:00:20	28.165	73
85	Derek Ricketts	Ely & Dist CC	E Ang	58/59	21:22	21:58	0:54:37	0:55:36	1:00:17	27.459	113
86	Michael Watson	Lowestoft Whs CC	E Ang	57	21:15	21:16	0:54:52	0:55:24	1:00:15	27.716	94
86	Richard Harrison	Drag2zero	L&HC	43/44	19:32	19:46	0:50:43	0:56:01	1:00:15	29.356	29
88	John Manlow	Ely & Dist CC	E Ang	52/53	20:32	21:25	0:53:29	0:54:06	1:00:07	28.252	67
89	Howard Bayley	Blazing Saddles	S/S	46/47	19:47	19:58	0:53:21	0:54:16	1:00:05	29.034	35
90	Adrian Blacker	C & N Cycles RT	S/S	57	20:46	20:57	0:56:14	0:56:14	1:00:03	27.720	93
91	Mat Iivings	Buxton CC	N Mid	48	20:42	20:58	0:51:10	0:53:06	1:00:02	28.792	41
92	Sean Sanders	Drighlington BC	Yrks	50/51	20:37	20:42	0:53:15	0:54:13	1:00:01	28.481	55
92	Dan Jenkins	Southend Whs	E Ang	53/54	20:29	20:59	0:54:03	0:55:33	1:00:01	28.160	74
94	Rob Young	Team Vision Racing	E Ang	47	19:45	20:58	0:50:04	0:56:29	0:59:18	28.878	39

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
95	Gary Hunt	Hartlepool CC	Nrth	58	21:34	21:50	0:55:06	0:55:24	0:58:58	27.400	116
96	Nicholas Cousins	Ilkeston Cycle Club	N&EM	41	20:13	20:39	0:50:26	0:51:41	0:58:56	29.375	28
97	Roger Taylor	Frome & Dist Whs	West	75	24:25	24:47	1:00:36	1:03:20	0:58:53	24.305	237
98	Andy Critchlow	Norwood Paragon CC	S/S	47	20:52	22:10	0:50:38	0:50:51	0:58:34	28.736	45
99	Jon Howard	Team Echelon	Mids	52	19:58	20:22	0:50:06	1:02:25	0:58:31	28.371	61
100	Mike Skillings	Full Moo Cycling	E Ang	62	21:19	21:23	0:58:30	0:59:09	0:58:29	26.802	134
101	Ed Moss	Beacon RCC	Mids	51	19:58	21:47	0:52:12	0:56:15	0:58:11	28.249	69
102	Thomas Woollard	Northover VT	Wssx	75	24:49	24:52	1:01:23	1:02:06	0:58:07	24.224	242
103	Mark Wolstenholme	Swift Racing	Yrks	43	20:36	20:41	0:50:41	0:52:48	0:57:58	29.035	34
104	Robert Brown	EH Star Cycling	Scot	77	24:28	25:37	1:02:36	1:05:16	0:57:41	23.722	249
105	Steven Hilton	Warrington RC	M&NW	51	21:02	21:04	0:53:17	0:54:54	0:57:34	28.120	76
105	Tony Chapman	Frome & Dist Whs	West	49	20:02	20:25	0:53:44	0:56:51	0:57:34	28.410	58
107	Gethin Butler	Preston Whs	NL&L	52	21:06	21:09	0:54:05	0:54:37	0:57:32	28.001	79
108	Mark Hamer	Stratford CC	Mids	46	20:31	20:54	0:52:34	0:53:19	0:57:29	28.655	48
109	Jonathan Mills-Keeling	Bridgnorth Cycle Club	Mer	48/49	20:02	20:45	0:54:51	0:54:52	0:57:12	28.388	59
110	Andrew Tucker	Velo Clinic	L&HC	49	20:03	20:47	0:53:20	0:56:45	0:57:07	28.338	64
111	David Nichol	Ferryhill Whs	Nrth	69	23:39	24:37	0:57:52	0:57:53	0:57:06	25.395	206
112	Bob Quarton	Wolsey RC	E Ang	67	23:11	23:12	0:58:15	0:59:10	0:56:49	25.711	190
113	Barrie Whittaker	Lyme Racing Club	M&NW	64	22:04	22:21	0:57:57	0:59:52	0:56:45	26.244	156
114	Tim Beardmore	Bridgnorth CC	Mer	49	20:59	21:03	0:53:30	0:54:07	0:56:35	28.213	71
115	Andrew Sharman	Team Bottrill	L&HC	50	20:08	20:36	0:55:27	0:56:19	0:56:32	28.154	75
116	Cliff Price	Metropolitan Police CC	E Ang	45	20:23	20:32	0:53:38	0:54:03	0:56:07	28.594	52
117	Christopher Green	Drighlington BC	Yrks	61/62	22:01	22:03	0:57:36	0:58:01	0:56:06	26.590	139
118	Wolfgang Emmerich	London Phoenix CC	L&HC	55	21:24	23:03	0:53:29	0:54:08	0:56:00	27.456	114
119	Ian Short	Salesengine.co.uk	E Ang	47/48	20:37	20:58	0:53:40	0:54:47	0:55:38	28.263	66
120	Graham Heaton	City RC (Hull)	Yrks	54	21:19	21:45	0:54:39	0:55:57	0:55:29	27.498	110
121	Michael Costello	Race Hub	N&EM	45	20:13	21:11	0:53:31	0:53:40	0:55:24	28.495	54
122	Alan Chalmers	Valley Striders CC	Yrks	69	23:40	23:56	0:59:27	0:59:41	0:55:22	25.196	214
123	Mike Hall	Port Talbot Whs	S Wls	52	21:24	21:33	0:53:57	0:55:18	0:55:14	27.702	96
124	Patrick Ellerbeck	St Neots CC	E Ang	66/67	21:10	22:59	1:00:35	1:03:13	0:55:11	25.735	187
125	Angus Wilson	Team Andrew Allan	Scot	51/52	20:58	21:05	0:55:31	0:55:57	0:55:04	27.726	92
126	Martin Bullen	Peterborough CC	N Mid	68/69	23:27	24:38	0:58:50	0:59:13	0:54:50	25.193	215
127	Alastair Semple	Stafford RC	Mids	53/54	21:27	21:39	0:55:25	0:55:43	0:54:37	27.419	115
128	Adrian Gower	Hitchin Nomads cc	E Ang	58	22:06	22:13	0:55:59	0:56:37	0:54:34	26.861	131
129	Daniel Wyatt	Hereford Whs	S Wls	44	20:47	20:51	0:53:00	0:53:51	0:54:27	28.451	56
130	Jamie Sparrow	King's Lynn CC	E Ang	45/46	21:40	21:52	0:51:49	0:51:52	0:54:11	28.250	68
131	Peter Richards	Icknield RC	L&HC	57	21:51	22:07	0:54:48	0:57:58	0:54:08	26.960	127
132	David Smith	Sleaford Whs CC	N&EM	69/70	23:53	24:02	0:59:24	1:00:42	0:54:05	25.013	222
133	James Churchard	Reading CC	L&HC	44	20:39	20:40	0:52:47	0:55:16	0:54:03	28.412	57
134	Neil Cleminshaw	Chapeau! Vive Le Velo	Yrks	51	21:24	21:58	0:54:09	0:54:25	0:54:01	27.654	99

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
135	Drew Donaldson	Glasgow United CC	N&EM	62	21:45	24:02	0:56:53	0:57:45	0:53:47	26.224	157
136	Carmelo Lugerri	CC Ashwell	E Ang	64/65	23:03	23:04	0:58:22	0:59:14	0:53:45	25.766	184
137	Peter Tibbitts	Ford CC	E Ang	69	22:28	23:16	1:02:44	1:03:03	0:53:23	25.049	221
138	Tom Cox	Saint Piran	Wssx	67	23:54	24:10	0:57:54	0:58:48	0:53:20	25.337	208
139	Pete Wilson	Bath CC	West	87	28:48	29:32	1:11:48	1:15:03	0:53:17	20.507	289
140	Robert Pisolkar	Shaftesbury CC	E Ang	62	22:04	23:54	0:57:04	0:57:39	0:53:14	26.150	161
141	David Clements	Eastbourne Rovers CC	S/S	49	20:15	20:27	0:56:31	0:57:54	0:53:07	27.854	84
142	Alasdair Bruce	Yorkshire RC	Yrks	64	23:15	23:16	0:58:06	0:58:11	0:53:02	25.798	182
143	David Taylor	Ravensthorpe CC	Yrks	65/66	23:50	23:52	0:57:11	0:58:51	0:52:52	25.509	199
144	Adrian Talley	Portsmouth NE CC	Wssx	48	20:54	21:16	0:54:24	0:56:00	0:52:39	27.820	88
145	Chris Lea	Buxton CC	N Mid	58/59	22:29	22:34	0:56:14	0:56:48	0:52:36	26.589	140
146	Sam Wightman	Team Bottrill	E Ang	43/44	19:55	19:56	0:56:26	0:56:29	0:52:29	28.341	63
147	Andrew Simpkins	Team Echelon	Mids	67	23:24	23:53	0:59:43	1:00:00	0:52:16	25.220	213
148	Andrew Clarke	North Shropshire Whs	Mer	62	22:41	22:49	0:58:03	0:58:55	0:52:10	26.012	168
149	Tony Ball	Legato RT	L&HC	52	21:27	21:45	0:54:53	0:56:58	0:52:00	27.305	118
150	John Bourton	Oxford City RC	L&HC	68	22:54	22:55	1:02:32	1:02:43	0:51:59	25.072	220
151	Steven Burrows	Vlve le Velo	Yrks	61/62	22:18	22:49	0:58:07	0:59:10	0:51:48	26.091	163
152	Iain Bell	Monmouthshire Whs	S Wls	49	21:28	22:04	0:53:37	0:55:07	0:51:42	27.583	104
153	John Shehan	Port Talbot Whs CC	S Wls	75	24:56	25:24	1:03:02	1:05:20	0:51:36	23.611	254
153	Jymmy Trevor	Jem Hadar Racing	Yrks	48/49	21:21	21:37	0:53:28	0:56:35	0:51:36	27.606	103
155	Paul Burrows	Thanet RC	Kent	44	20:31	20:35	0:55:18	0:55:50	0:51:30	28.096	78
156	Peter Macklam	Yorkshire RC	Yrks	78	26:14	26:20	1:05:15	1:05:21	0:51:29	22.900	267
156	Chris Nudds	CC Breckland	E Ang	72	23:14	23:47	1:04:55	1:05:20	0:51:29	24.280	239
158	Andrew Halliday	Westerley CC	L&HC	49	20:59	21:39	0:55:23	0:56:09	0:51:10	27.526	107
159	Sean Quinn	Law Whs	Scot	48	21:23	21:48	0:54:34	0:54:48	0:51:08	27.611	102
160	Ian Wroblewski	Team Lutterworth	N&EM	47	21:13	21:48	0:53:48	0:55:15	0:51:03	27.708	95
161	Peter Howarth	Stretford Whs	M&NW	61	22:45	22:56	0:58:04	0:58:16	0:51:00	26.028	167
162	Edward Watson	Ratae RC	N&EM	46	21:17	21:28	0:53:49	0:55:14	0:50:59	27.793	89
163	Tom Houghton	TMC - Strada	S/S	49	21:01	21:07	0:55:03	0:57:58	0:50:56	27.522	108
164	Daniel Shaw	Halifax Imperial Whs	Yrks	52	21:28	21:44	0:56:13	0:56:54	0:50:45	27.151	123
165	Neil Harrigan	Gemini BC	Kent	47	21:18	22:33	0:53:41	0:53:49	0:50:31	27.648	100
165	Craig Lamb	Alford Whs	N&EM	52	21:20	22:03	0:55:54	0:56:59	0:50:31	27.123	124
167	Nick Webber	CC Sudbury	E Ang	61	22:46	22:56	0:58:12	0:58:43	0:50:22	25.959	172
168	David Wright	Warrington RC	M&NW	62	22:22	23:47	0:58:35	0:58:50	0:50:05	25.788	183
169	Simon Horsley	Legato RT	NL&L	56/57	22:08	22:14	0:57:09	0:58:04	0:49:53	26.544	143
170	Simon Henderson	Thanet RC	Kent	58	21:58	22:04	0:58:56	0:59:05	0:49:52	26.336	153
171	David Shepherd	...a3crg	Wssx	60	23:23	24:21	0:52:27	0:59:06	0:49:26	26.070	165
172	Greg Plummer	Springfield Financial	NL&L	60/61	22:05	22:07	0:58:19	1:03:00	0:49:25	25.957	173
173	Jamie Murray	Peterborough CC	N&EM	42	21:19	21:36	0:51:47	0:55:34	0:49:16	27.972	80
174	Simon Phillips	Stockport Tri Club	M&NW	60	22:10	22:27	0:58:06	1:01:28	0:49:13	26.004	169
175	Luke Smith	Bristol South CC	West	52/53	21:45	22:24	0:54:15	0:58:47	0:49:10	26.885	129
176	Peter Main	34th Nomads	E Ang	55/56	21:26	21:42	0:58:37	1:00:04	0:48:59	26.551	142



Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
177	Brett Lowndes	Pro Vision	Mids	46	20:53	21:26	0:55:52	0:56:21	0:48:54	27.548	106
178	Andy Whitehead	Rockingham CC	N Mid	55	22:03	22:25	0:55:42	0:59:06	0:48:47	26.572	141
179	John Murphy	Gloucester City CC	West	81	26:22	27:22	1:09:10	1:10:21	0:48:39	21.922	279
180	Kevin Blades	Bury Clarion	M&NW	50	21:09	22:05	0:56:08	0:57:16	0:48:38	27.113	125
181	Martin Brown	7Oaks Tri Club	Kent	60/61	22:09	23:29	0:59:00	0:58:58	0:48:35	25.875	177
182	Simon Inman	OVB	N&EM	48	21:47	21:51	0:55:19	0:55:36	0:48:27	27.275	120
183	Rob Jackson	Wrekinsport CC	Mer	56/57	22:19	22:25	0:57:52	0:58:48	0:48:04	26.271	155
184	Richard Hutt	Harp RC	L&HC	63/64	22:47	23:00	0:59:06	1:03:01	0:47:55	25.401	205
184	Matt Stell	Springfield Financial	NL&L	43/44	20:49	20:56	0:55:21	0:57:13	0:47:55	27.700	97
186	Ian Holbrook	Stone Whs CC	M&NW	52	21:52	22:26	0:56:03	0:57:15	0:47:49	26.787	135
187	Ian Swinscoe	Royal Air Force CA	Yrks	52	20:51	22:00	0:57:43	0:59:14	0:47:47	26.841	132
188	David England	Crabwood CC	Wssx	77/78	25:35	26:23	1:06:59	1:08:08	0:47:45	22.651	271
188	Michael Martin	CC Ashwell	E Ang	56	21:56	22:34	0:57:18	0:59:28	0:47:45	26.336	152
188	David Yarham	Peterborough CC	N&EM	68/69	24:11	24:39	1:01:02	1:01:47	0:47:45	24.502	234
191	James Moss	North Road CC	L&HC	44	20:30	20:41	0:57:20	0:57:32	0:47:34	27.628	101
192	Paul Tyler	Ferryhill Whs	Nrth	63	23:07	23:07	1:00:04	1:01:06	0:47:22	25.358	207
193	Christopher Spray	Ratae RC	N&EM	54/55	22:33	23:03	0:56:13	0:56:58	0:47:19	26.413	149
194	Richard Tully	Elitecycling	E Ang	44	21:26	21:44	0:54:55	0:55:24	0:47:10	27.498	109
195	Daniel Kingston	Cwmcam Paragon CC	S Wls	40	21:03	21:19	0:54:25	0:55:04	0:47:07	27.864	82
196	Mark Thomas	Bigfoot CC	E Ang	58	22:37	22:39	0:57:47	0:59:55	0:47:05	26.003	170
197	John Froud	Festival RC	S/S	81	27:09	27:36	1:08:04	1:11:02	0:46:32	21.748	280
198	Richard Tyson	Rock to Roll CC	NL&L	54	22:10	22:32	0:57:48	0:57:56	0:46:15	26.385	150
199	Peter Baker	Lewes Wanderers CC	S/S	63	22:02	22:30	1:02:05	1:04:51	0:45:52	25.297	210
200	Dominic Whitehead	Cambridge CC	E Ang	62/63	23:15	23:26	1:00:38	1:00:39	0:45:50	25.220	212
201	Michael Wilkinson	North Notts Oly CC	N&EM	61/62	22:56	23:26	0:59:36	1:00:35	0:45:46	25.424	204
202	Spencer Kirkham	Worthing Excelsior CC	S/S	53/54	21:37	22:08	0:58:41	0:59:47	0:45:39	26.379	151
203	Paul Colman	Haverfordwest Homets	S Wls	60	22:50	23:59	0:58:00	0:59:41	0:45:36	25.572	196
204	Richard Mellor	Team Bottrill	E Ang	52	22:47	22:49	0:55:23	0:56:54	0:45:34	26.519	145
205	Giles White	Sherwood CC	N&EM	56/57	22:57	23:05	0:56:55	0:59:23	0:45:11	25.938	174
206	Alex Garner	VeloElite RC	N&EM	45/46	21:06	23:31	0:54:30	0:55:08	0:45:08	27.170	122
207	Scott Beard	Shaftesbury CC	E Ang	47/48	20:52	22:28	0:55:32	0:59:18	0:45:05	26.942	128
208	Philip Wilkinson	Milton Keynes RC	N&EM	48	21:40	21:55	0:56:56	0:57:50	0:44:44	26.838	133
209	Justin Webb	...a3crg	Wssx	42	20:09	21:15	0:54:09	1:01:48	0:44:28	27.496	111
210	Graham Jones	Edinburgh RC	Scot	56	22:33	23:10	0:58:54	0:58:57	0:43:38	25.855	179
211	Matt Yardley	Macclesfield Whs	M&NW	50/51	22:47	22:55	0:54:46	0:58:10	0:43:37	26.423	148
211	Simon Bowler	Berkhamsted CC	L&HC	58	21:37	22:48	1:01:10	1:02:08	0:43:37	25.684	193
213	Edward Smith	Kettering CC	N&EM	57/58	23:26	24:13	0:57:10	0:57:17	0:43:32	25.701	191
214	Denis Thompson	West Pennine RC	NL&L	71	24:07	25:32	1:04:25	1:05:17	0:43:25	23.660	252
215	Ian Braybrook	Basildon CC	E Ang	46	21:19	22:21	0:54:49	0:59:47	0:43:09	26.862	130
216	Noel Toone	Kettering CC	E Ang	60	23:39	23:50	0:57:35	1:00:54	0:43:08	25.306	209
217	Nigel Finch	Mercia CC	N&EM	66	23:48	24:51	1:01:43	1:02:08	0:43:03	24.450	235
218	Alan Crane	Chronos RT	L&HC	52	22:17	22:49	0:57:38	0:58:38	0:42:50	26.208	159

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
219	Matt Plews	Welland Valley CC	N&EM	46/47	22:25	22:28	0:55:56	0:56:24	0:42:34	26.721	136
220	Mark Burtonshaw	Harrogate Nova	Yrks	62/63	24:19	25:25	0:58:27	0:58:42	0:42:21	24.874	225
221	Stewart Smith	Velo Club Veggies	N Mid	53	22:33	23:20	0:57:40	0:58:41	0:41:46	25.974	171
222	John Swanbury	VC Baracchi	E Ang	74	25:29	25:44	1:05:05	1:08:44	0:41:40	22.933	265
223	Richard Durham	Settle Whs	Yrks	66/67	24:17	24:13	1:03:17	1:03:37	0:41:12	24.192	243
224	Philip Skinner	Welwyn Whs	L&HC	56	23:04	23:32	0:58:44	0:59:32	0:41:00	25.561	197
225	Paul Looke	Shaftesbury CC	E Ang	54/55	23:02	23:37	0:58:03	0:58:31	0:40:48	25.732	188
226	Anthony Bye	Wisbech Whs	E Ang	66	23:25	24:13	1:04:17	1:04:44	0:40:25	24.226	241
227	Simon Geraci	Swift Racing	Yrks	53	23:15	23:28	0:57:35	0:58:44	0:39:43	25.741	186
228	Paul Russell	Springfield Financial	NL&L	54	22:47	23:21	0:59:04	1:00:10	0:39:11	25.589	195
229	Tony Russell	FTP Racing	West	49	22:30	22:56	0:55:36	1:01:11	0:38:54	26.081	164
230	Andy Kennedy	Ipswich BC	E Ang	56	20:55	21:59	1:01:15	1:08:24	0:38:53	25.600	194
231	David Cook	Bedfordshire RCC	L&HC	65	22:47	24:02	1:02:05	1:09:08	0:38:45	24.290	238
232	Chris Bax	Thanet RC	Kent	69	24:15	24:35	1:06:20	1:06:44	0:38:22	23.560	255
233	Tim Baggs	Velo Club Flintham	N&EM	51/52	21:54	24:43	0:57:55	0:59:02	0:38:09	25.745	185
234	Dave Nolan	TrainSharp	Yrks	48/49	22:44	23:02	0:56:52	0:59:15	0:38:08	26.034	166
235	Karl Moseley	Stourbridge CC	Mids	57	22:54	24:11	1:00:02	1:00:59	0:38:05	25.149	217
236	Shay Giles	VC Elan	Kent	76	27:20	27:46	1:05:54	1:06:51	0:37:48	22.190	277
237	Robert Latchem	Somer Valley CC	West	76	25:29	26:24	1:04:33	1:16:16	0:37:46	22.294	275
238	Nigel Briggs	South Pennine RC	N&EM	60	24:02	24:04	0:59:40	1:02:58	0:37:27	24.714	231
239	Jason Turner	Norwich ABC	E Ang	50	22:13	22:47	0:58:13	1:02:10	0:37:14	25.809	181
239	Brian Carr	Great Yarmouth CC	E Ang	66/67	24:26	24:41	1:04:26	1:04:54	0:37:14	23.814	247
241	Les Thomas	Port Talbot Whs	S Wls	59	23:46	23:49	1:01:12	1:01:46	0:37:13	24.808	228
242	Mike Cole	Huddersfield RC	Yrks	76	26:59	27:18	1:07:32	1:07:52	0:37:11	22.132	278
243	John Marinko	Brighton Mitre CC	S/S	56	23:58	24:14	0:56:52	1:01:46	0:36:38	25.114	218
244	Geoff Edgerton	North Shropshire Whs	Mer	73/74	24:59	25:29	1:06:38	1:12:41	0:36:24	22.677	270
245	Robert Barnard	Team Cystic Fibrosis	N Mid	49	23:44	23:48	0:56:12	0:58:16	0:35:58	25.731	189
246	Garry Shuker	Walsall Roads CC	Mids	65/66	25:05	24:57	1:03:24	1:03:28	0:35:49	23.816	245
247	Kevin Humphreys	Sherwood CC	N&EM	61	24:03	24:05	1:00:53	1:04:51	0:35:29	24.407	236
248	Graeme Carter	Stockton Whs CC	Nrth	47	22:00	22:00	1:00:14	1:02:01	0:35:23	25.909	175
249	Peter Iffland	Chippenham & Dist Wh	West	56/57	23:42	24:06	1:01:03	1:01:04	0:34:39	24.837	227
250	Mark Fairhead	CC Breckland	E Ang	57	23:36	23:46	1:00:46	1:03:11	0:34:26	24.774	230
250	Gary Kondor	Sherwood CC	N&EM	58/59	23:27	24:36	1:01:07	1:02:53	0:34:26	24.593	233
252	Richard Belk	Kent Valley RC	NL&L	70	25:16	25:35	1:06:23	1:07:40	0:34:11	22.991	263
253	Andrew Gibson	Gravesend CC	Kent	52/53	23:24	24:13	0:59:25	0:59:48	0:33:50	25.187	216
254	Hedley Rhodes	North Hampshire RC	Wssx	57	23:07	24:24	1:01:26	1:03:15	0:33:20	24.669	232
255	Alan Grant	VTTA (London & HC)	L&HC	53/54	23:41	24:13	0:59:46	1:00:49	0:33:12	24.968	223
256	Martin Beale	VC St Raphael	Wssx	48	22:39	22:54	1:00:10	1:01:32	0:32:53	25.500	200
257	Martin Gargett	Halifax Imperial Whs	Yrks	47/48	23:37	23:37	0:57:53	0:59:42	0:32:35	25.463	203
258	Jon Fairclough	Woking CC	S/S	67	24:41	25:21	1:06:15	1:06:38	0:32:13	23.282	260
259	Robert Jones	Cardiff 100 Miles RCC	S Wls	69	25:22	25:22	1:04:52	1:10:23	0:31:25	22.936	264
260	Ian Casson	Birkenhead Victoria CC	Mer	68/69	25:27	25:49	1:05:45	1:07:53	0:30:51	22.932	266

Pos on +	Name	Club	Gr	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
261	John Allen	Redmon CC	S/S	61	24:13	24:40	1:03:44	1:06:05	0:29:31	23.834	244
262	Nev Ashman	Manchester Velo CRC	M&NW	82	29:04	29:42	1:14:35	1:14:54	0:29:26	20.246	291
263	Michael Weaver	Rotherham Whs CC	N Mid	72	26:48	27:25	1:06:26	1:08:17	0:29:01	22.205	276
264	Michael Dalton	Stockton Whs CC	Nrth	41	21:57	21:57	1:01:18	1:03:30	0:28:40	25.690	192
265	Stuart Henderson	VTTA (Yorkshire)	Yrks	45/46	23:01	23:09	0:59:45	1:04:18	0:27:15	25.105	219
266	Gary Chiverton	Boumemouth Jub Whs	Wssx	59/60	23:35	26:46	1:02:29	1:05:45	0:25:55	23.669	250
267	Chris Lowe	Swindon RC	West	62	25:24	25:38	1:00:47	1:08:56	0:25:34	23.367	258
268	James Meldrum	Liverpool Phoenix	Mer	41	23:21	23:50	0:58:57	1:00:46	0:25:32	25.25	211
269	Anthony Boynton	City RC (Hull)	Yrks	61	24:54	25:22	1:04:58	1:05:34	0:25:20	23.429	257
270	John Leach	Rosendale RC	NL&L	76	27:48	27:56	1:11:30	1:12:09	0:25:19	21.208	282
271	Alan Morris	Hinckley CRC	N&EM	60	25:27	25:40	1:03:49	1:03:52	0:24:51	23.486	256
272	Philip Gardner	Mid Shropshire Whs	Mids	53	23:41	23:43	1:04:04	1:05:34	0:24:41	24.231	240
273	Ben Turner	VTTA (Notts & E.Mids)	N&EM	45/46	22:37	25:08	1:01:08	1:02:03	0:24:09	24.778	229
274	David Greenwood	Rye & Dist Whs CC	Kent	56	25:21	25:34	1:02:02	1:02:39	0:23:48	23.815	246
275	Christopher Rosam	Epsom CC	S/S	60/61	24:13	24:46	1:06:53	1:08:15	0:23:38	23.352	259
276	Phil Wright	Hartlepool CC	Nrth	66	24:52	26:26	1:08:50	1:09:14	0:22:13	22.571	273
277	David York	Mid Shropshire Whs	Mer	66	26:34	26:37	1:07:01	1:07:20	0:21:13	22.447	274
278	Robert Royle-Evatt	Addiscombe CC	S/S	53/54	25:27	25:30	1:01:51	1:03:20	0:20:59	23.760	248
279	Les Boughey	North Shropshire Whs	Mer	58	25:04	25:25	1:04:58	1:06:45	0:20:02	23.276	261
280	Wayne Hill	Bourne Whs	E Ang	54	24:30	24:31	1:05:45	1:05:59	0:19:28	23.627	253
281	Paul Dawson	VTTA (North)	Nrth	60	26:16	26:16	1:06:22	1:07:45	0:14:53	22.607	272
282	Wesley Iyanda	Liverpool Phoenix	Mer	47/48	23:17	24:38	1:06:41	1:08:02	0:13:32	23.667	251
283	David Fenn	CC Sudbury	E Ang	71	27:33	27:51	1:12:47	1:12:55	0:13:03	21.126	283
284	David Steel	Hereford & Dist Whs	Mids	74	27:43	28:42	1:14:09	1:15:41	0:12:39	20.651	285
285	Mark Stock	Velo Long Eaton	N&EM	57	26:12	27:17	1:03:42	1:06:56	0:12:28	22.713	269
286	Harry Cowley	Chester RC	Mer	73	27:44	29:03	1:13:40	1:16:05	0:09:38	20.591	287
287	John Orridge	Witham Whs	N Mid	50	25:06	25:52	1:06:37	1:07:00	0:09:06	23.001	262
288	Robin Johnson	Brighton Mitre CC	S/S	72/73	27:26	28:47	1:15:22	1:16:07	0:08:49	20.581	288
289	Martin Wood	VTTA (North Mids)	N Mid	63	27:25	28:21	1:07:58	1:09:02	0:07:42	21.712	281
290	Mike Perry	Thanet RC	Kent	76	29:08	29:22	1:17:56	1:18:25	0:05:42	19.851	296
291	Mick Chappel	North Tyneside Riders CC	Nrth	47/48	25:20	25:29	1:05:03	1:11:20	0:04:37	22.829	268
292	Alan Shuttleworth	Weaver Valley CC	M&NW	74	28:58	29:25	1:16:37	1:16:58	0:03:59	20.044	294
293	John Scott	Sleaford Whs	N&EM	76/77	28:20	30:11	1:17:50	1:25:30	0:00:33	19.468	297
294	Steven Robinson	1485 Tri Club	N&EM	64	28:05	28:34	1:12:13	1:13:44	-0:01:58	20.871	284
295	Chris Summers	Sotonia CC	Wssx	69	27:52	28:34	1:17:30	1:19:39	-0:04:44	20.18	292
296	Clive Jackson	Central Sussex CC	S/S	69	28:22	28:28	1:15:01	1:21:32	-0:05:08	20.155	293
297	Howard Clark	Sherwood CC	N&EM	66/67	27:04	30:31	1:12:59	1:18:02	-0:05:12	20.401	290
298	Chris Parker	Hastings & St. Leonards CC	Kent	65	30:21	32:01	1:16:14	1:17:15	-0:22:25	19.401	298

## SHORT DISTANCE COMPETITION - WOMEN

Pos on +	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
1	Angela Carpenter	...a3crg	Wssx	52	20:27	21:06	0:51:12	0:51:35	1:31:02	29.038	1
2	Jackie Field	CC Ashwell	E Ang	56	21:26	21:41	0:54:42	0:55:33	1:24:03	27.522	3
3	Claire Emons	Newbury RC	L&HC	52	21:51	21:59	0:55:24	0:55:29	1:17:13	27.216	4
4	Danuta Tinn	Maidenhead & Dist CC	L&HC	56	22:01	22:46	0:57:19	0:58:28	1:14:21	26.358	9
5	Louise Robinson	Essex Roads CC	E Ang	44\45	21:14	21:31	0:55:15	0:55:17	1:13:11	27.606	2
6	Julia Freeman	Easterley RC	E Ang	57	22:48	23:09	0:57:36	0:57:52	1:12:56	26.049	11
7	Sue Rust	Kettering CC	E Ang	57\58	22:39	22:51	0:58:04	0:59:14	1:12:50	25.976	13
8	Deborah Moss	Team Merlin	NL&L	51	22:10	22:26	0:57:28	0:57:31	1:10:13	26.499	7
9	Joy Payne	High Wycombe CC	L&HC	64	23:41	24:21	1:01:41	1:02:33	1:08:48	24.568	23
10	Susan Shook	Bush Healthcare CRT	S Wls	63	23:59	24:46	1:00:07	1:01:03	1:08:26	24.691	22
11	Jen Clegg	Team Bottrill	N&EM	67	24:42	25:29	1:02:23	1:03:27	1:06:57	23.880	28
12	Deborah Hutson-Lumb	Nova Raiders CC	Mer	56	23:21	23:26	0:59:57	1:00:33	1:04:38	25.274	17
13	Andrea Parish	VeloSistas TT Team	S Wls	53	23:16	23:23	0:58:22	0:59:28	1:04:16	25.593	16
14	Fiona Sharp	Chapeau! Vive Le Velo	Yrks	42	21:55	22:44	0:56:20	0:56:40	1:04:05	26.717	5
15	Jo Corbett	Sherwood CC	N&EM	65	25:03	25:31	1:01:32	1:03:21	1:03:23	23.880	29
16	Christina Murray	Army Cycling Union	Scot	44\45	22:48	22:50	0:55:51	0:57:38	1:03:01	26.369	8
17	Lisa Davis	trainSharp	S/S	46	22:01	23:00	0:57:39	0:59:56	1:01:57	26.096	10
18	Marianne Holt	Fareham Whs	Wssx	40	22:19	22:53	0:56:06	0:56:45	1:01:18	26.569	6
19	Liz Ball	Valley Striders CC	Yrks	68	25:46	26:03	1:02:58	1:06:33	1:01:02	23.170	39
20	Joanna Knight	Bristol South CC	West	61	24:31	24:31	1:02:16	1:03:35	1:00:07	24.157	26
21	Sue Cheetham	North Lancashire RC	NL&L	58	23:56	24:19	1:02:15	1:02:15	0:59:22	24.484	25
22	Emma Wyatt	Hereford Whs	S Wls	44	22:45	22:52	0:57:31	0:59:30	0:59:19	25.976	14
23	Denise Burrows	AeroCoach	Mids	42	22:11	23:03	0:58:46	0:59:11	0:57:41	25.987	12
24	Judy Reid	Icknield RC	L&HC	60\61	24:36	25:04	1:03:30	1:03:58	0:56:34	23.850	32
25	Ann Shuttleworth	Cambridge CC	E Ang	54\55	23:39	24:55	1:00:50	1:02:21	0:56:02	24.541	24
26	Janet Fairclough	Liverpool Phoenix	Mer	60\61	24:25	24:35	1:03:29	1:06:58	0:54:32	23.752	34
27	Kirsty Mcseveney	...a3crg	Wssx	40	22:13	22:25	1:00:01	1:01:47	0:53:46	25.761	15
28	Sandra Burrows	Vive le Velo	Yrks	55	24:20	24:54	1:03:05	1:04:45	0:49:59	23.925	27
29	Joanna Cebzat	Bury Clarion CC	M&NW	41\42	23:19	23:27	1:00:19	1:01:30	0:49:49	25.145	19
30	Kerry Tate	Newmarket Cyc & Tri	E Ang	40	23:41	24:06	0:58:23	0:59:36	0:49:43	25.273	18
31	Lucy Mitchell	...a3crg	Wssx	43\44	22:59	23:18	1:02:11	1:03:00	0:48:52	24.947	20
32	Fiona Prew	Stone Whs CC	Mids	42	23:14	23:32	1:00:50	1:03:39	0:47:18	24.886	21
33	Jenny Newton	Nova Raiders CC	Mer	51	25:00	25:18	1:03:40	1:04:48	0:42:29	23.606	35
34	Alison Fox	Ely & Dist CC	E Ang	54	23:36	24:09	1:04:56	1:13:52	0:41:40	23.419	38
35	Miriam Rennet	Kinross CC	Scot	59	25:39	26:38	1:05:30	1:08:46	0:40:51	22.658	42
36	Michelle Morley	Swift Racing	Yrks	55	25:13	26:40	1:05:19	1:06:10	0:39:43	22.982	40
37	Susan Sanders	Drighlington BC	Yrks	47	24:25	27:07	1:01:02	1:05:08	0:37:55	23.577	36

Pos on +	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus (+)	Av. Mph	Pos on mph
38	Claire Davies	Mark White Coaching	N&EM	43	23:28	25:05	1:04:51	1:06:29	0:36:51	23.795	33
39	Su-Anne Bullock	Icknield RC	L&HC	41\42	24:24	24:52	1:04:04	1:04:21	0:36:47	23.860	31
40	Emma Serjeant	Hafren CC	Mer	41\42	24:12	24:57	1:02:42	1:05:59	0:36:37	23.874	30
41	Tracey Williams	Brighton Excelsior CC	S/S	52	25:57	25:59	1:06:04	1:06:26	0:35:21	22.874	41
42	Gillian Morgan	Westerley CC	L&HC	60\61	26:40	27:21	1:08:18	1:10:22	0:34:31	21.929	45
43	Pamela Moore	Coalville Whs	N&EM	53\54	26:12	26:41	1:05:58	1:07:25	0:33:26	22.594	43
44	Sarah Foulds	Sowerby Sunday Club	Nrth	40	25:14	25:16	1:03:59	1:05:27	0:31:29	23.472	37
45	Joanna Butcher	CC Sudbury	E Ang	52\53	25:13	27:17	1:05:28	1:14:08	0:27:37	22.233	44
46	Sarah Soden	Leicester Forest CC	N&EM	57	26:57	29:35	1:08:27	1:09:24	0:24:06	21.518	47
47	Helen Tudor	Oswestry Paragon CC	Mer	52	27:12	27:14	1:09:40	1:10:11	0:21:46	21.749	46
48	Ala Whitehead	Rockingham CC	N Mid	47	30:44	32:19	1:22:02	1:23:43	-0:30:28	18.573	48

### SHORT DISTANCE COMPETITION - CLUB TEAMS OF 3 ON PLUS

Pos	Club	Team Members	Team Plus
1	...a3crg	Angela Carpenter, James Fawcett, Neil Mackley	3:55:27
2	Cambridge CC	Andrew Grant, Colin Lizieri, Chris Dyason	3:53:02
3	Team Bottrill	Keith Dorling, Geoffrey Platts, Neal Parkin	3:41:59
4	Ely & Dist CC	Darran Bennett, Derek Ricketts, John Manlow	3:12:05
5	Port Talbot Whs CC	Hugh Davies, Stuart Evans, John Shehan	3:08:30
6	Chapeau! Vive Le Velo	Darren Yarwood, Fiona Sharp, Neil Cleminshaw	3:07:36
7	CC Ashwell	Jackie Field, Carmelo Luggeri, Michael Martin	3:05:33
8	Team Lutterworth	Michael Wills, Nicholas Cave, Ian Wroblewski	3:03:43
9	Bristol South CC	Mark Bradley, Joanna Knight, Luke Smith	2:55:37
10	Warrington RC	Malcolm Horner, Steven Hilton, David Wright	2:48:43
11	Peterborough CC	Paul Pardoe, Martin Bullen, Jamie Murray	2:45:47
12	Legato RT	Steven Loraine, Tony Ball, Simon Horsley	2:42:30
13	Kettering CC	Sue Rust, Edward Smith, Noel Toone	2:39:30
14	Shaftesbury CC	Stephen Murphy, Robert Pisolkar, Scott Beard	2:39:05
15	Drighlington BC	Sean Sanders, Christopher Green, Susan Sanders	2:34:02
16	Sherwood CC	Jo Corbett, Giles White, Kevin Humphreys	2:24:03
17	Thanet RC	Paul Burrows, Simon Henderson, Chris Bax	2:19:44
18	Swift Racing	Mark Wolstenholme, Michelle Morley, Simon Geraci	2:17:24
19	Springfield Financial RT	Greg Plummer, Matt Stell, Paul Russell	2:16:31
20	Liverpool Phoenix CC (Aintree)	Janet Fairclough, James Meldrum, Wesley Iyanda	1:33:36

## SHORT DISTANCE COMPETITION - GROUP TEAMS OF 6 ON PLUS

Pos	Group	Team Members	Team Plus
1	East Anglian	Andrew Grant (Cambridge CC), Jackie Field (CC Ashwell), Matthew Smith (Drag2zero), Keith Dorling (Team Bottrill), Peter Horsnell (Chelmer CC), Colin Lizieri (Cambridge CC),	8:06:12
2	Nottingham & East Midlands	Richard Oakes (Team Ohten Aveas), Geoffrey Platts (Team Bottrill), Ian Guilor (Mapperley CC), Andy Thomas (Lindsey Roads CC), Michael Stevens (Melton Olympic CC), Michael Wills (Team Lutterworth),	7:13:47
3	Wessex	Angela Carpenter (...a3crg), James Fawcett (...a3crg), Neil Mackley (...a3crg), Ian Patterson (Uttag RT), Philip Watts (North Hampshire RC), Ben Houston (East Grinstead CC),	7:08:11
4	Surrey/Sussex	Matt Hill (VCGH), Nick Dwyer (Lewes Wanderers CC), Chris Lord (Brighton Excelsior CC), Colin McDermott (Festival RC), Mark Smith (Crawley Whs), Nik Allen (Team TMC),	7:02:09
5	North Lancashire & Lakes	Peter Greenwood (Clayton Velo), Mike Westmorland (Border City Whs CC), Jason Bateman (Team Bottrill ), Deborah Moss (Team Merlin), David Rundall (Chorley CC), Gav McDonald (Ayr Roads CC),	6:59:58
6	West	Conrad Moss (Primera-Teamjobs), Mark Sanders (Mid Devon CC), Steven Cottington (Bath CC), Mark Bradley (Bristol South CC), Mark Woolford (Team Swindon Cycles), Paul Winchcombe (Chippenham & Dist Whs),	6:51:16
7	London & Home Counties	Claire Emons (Newbury RC), Danuta Tinn (Maidenhead & Dist CC), Joy Payne (High Wycombe CC), Robert Gilmour (Hounslow & Dist Whs), Michael Parker (TMG Horizon CT), Richard Harrison (Drag2zero),	6:45:26
8	North	Lee Foster (Border City Whs CC), Russ Richardson (Teesdale CRC), Philip Kennell (GS Metro), Neville Martin (Velo Culture), Wayne Coates (Team Bottrill), Gary Hunt (Hartlepool CC),	6:37:35
9	North Midlands	Keith Ainsworth (Sheffrec CC), Mick Allen (Team Jewson), Stuart Wells (Lindsey Roads CC), Mat Iivings (Buxton CC), Martin Bullen (Peterborough CC), Chris Lea (Buxton CC),	6:36:52
10	South Wales	Hugh Davies (Port Talbot Whs CC), Susan Shook (Bush Healthcare CRT), Andrea Parish (VeloSistas TT Team), Stuart Evans (Port Talbot Whs CC), Emma Wyatt (Hereford Whs), Mike Hall (Port Talbot Whs),	6:24:09
11	Midlands	Joseph Costello (Walsall Roads CC), Simon Adcock (Worcester St Johns), Richard Coleman (Stourbridge Velo), Steven Loraine (Legato RT), Jon Howard (Team Echelon), Ed Moss (Beacon RCC),	6:15:08
12	Manchester & North West	Alan Chorley (Seamons CC), Adrian Hughes (Seamons CC), Dan Shackleton (ABC Centreville), Malcolm Horner (Warrington RC), Steven Hilton (Warrington RC), Barrie Whittaker (Lyme Racing Club),	6:11:01
13	Yorkshire	Darren Yarwood (Chapeau! Vive Le Velo), Fiona Sharp (Chapeau! Vive Le Velo), Liz Ball (Valley Striders CC), Sean Sanders (Drighlington BC), Mark Wolstenholme (Swift Racing), Christopher Green (Drighlington BC),	6:08:42
14	Kent	Kevin Tye (VeloRefined Rule 5), Mark Vowells (San Fairy Ann CC), Mark Hill (VeloRefined Rule 5), Paul Burrows (Thanet RC), Neil Harrigan (Gemini BC), Simon Henderson (Thanet RC),	6:08:41
15	Scotland	Derek McMillan (St Christopher's CC), Christina Murray (Army Cycling Union), Alan Davidson (Dundee Thistle ), Robert Brown (EH Star Cycling), Angus Wilson (Team Andrew Allan), Sean Quinn (Law Whs),	5:53:24
16	Merseyside	Deborah Hutson-Lumb (Nova Raiders CC), Jonathan Mills-Keeling (Bridgnorth Cycle Club), Tim Beardmore (Bridgnorth CC), Janet Fairclough (Liverpool Phoenix), Andrew Clarke (North Shropshire Whs), Rob Jackson (Wrekinsport CC),	5:33:11

# AGE RECORDS ROUND UP

## Geoff Perry - Road Records Secretary

Following the major disruption that Covid caused to record breaking last year 2021 seems to have heralded a return to normality. On the road 37 riders from 9 groups have set (at the year end) 68 records over distances from 10 miles to 24 hours. In addition 16 records were set during the year but subsequently beaten.

Many familiar names continue to appear; as in the film Casablanca, there are the usual record breaking suspects, who succeed most years. Once you are of recording breaking standard whether at Group or National level one tends to continue to be a record breaker despite ageing, so long as you continue to keep fit, train and splash the cash on equipment, a coach and aero testing. If ever there was a good reason for the triple-lock-on pensions then here it is.

Our most prolific record breaker is Jackie Field, who has set records at 6 distances this year (plus 2 subsequently beaten by herself). These were over the full range from 10m to 100m, so her knee operation has been a great success. Perhaps she will go for all 7 next year or even 8 (as she has unfinished business from 2019)?

The following riders have all set age records over five distances in 2021:

- Andrew Grant (plus 2 subsequently beaten by himself)
- Angela Carpenter (plus 2 subsequently beaten by herself)
- Rachael Elliott and Ian Greenstreet on the Mixed Tandem Bike (plus 3 subsequently beaten by themselves)
- Mary Corbett & Norman Harvey on the Mixed Tandem Trike (plus 2 subsequently beaten by themselves)

Others who have set an age record and then beaten it themselves later in the season were Richard Oakes, Keith Ainsworth and Peter Horsnell.

The full range of ages is represented from 40 to 90/91, where Ron Hallam and Peter Horsnell continue to push the performance envelope for the older rider. Peter is normally a fixture on the E2 but with this being

unavailable for all except 10 miles in 2021 he has had to spread his wings further and take up residence on the F2 for the longer distances.

So where are the fast courses these days? The V718 is a distant memory but still clogs up the 10m record tables, no one has been able to ride the ski slope in Wales this year, and anything on the A50 dual carriageway seems to be unpopular since Matt Bottrill stopped setting records, although it still seems to provide the 100 mile end of season show stopper to the BARs. The new-kid-on-the-block is the F2 since roadworks on the E2 have prevented anything longer than 10m. Rabbit after rabbit has been pulled out of the F2-hat; originally there were two versions of a 10m course, but necessity is the mother of invention and out pops a 15m event, and then a 25 mile, and then a 30 mile and then a Flemish Giant is pulled out and, hey presto, there is a 50 mile event! A good road surface, maturing hedges, Ian Cammish cheering you on from the roadside and benign winds this year, have led to record after record. 23 out of the 68 records have been set on the F2.

Chuck in six records on the F11/10 and London North District provides most record breaking opportunities. Tag on the adjoining E-courses and then the adjacent B-courses, and the dual carriageway from Caxton Gibbet RAB (West of St Neots) to Mulbarton RAB (East of Norwich) provides time trial heaven. Unsurprisingly it was on these roads that Jonathan Schubert (too young to be a VTTA member) set the 100m RRA record in less than 3 hours, and it's the go-to route for the RRA side-to-side record (Pembroke to Great Yarmouth).

It's been a record breaking year. So looking forward to 2022 - Will the E2 be back at full strength? Will the concrete ever get replaced on the A11? Could there be an F2/100? Will the A428 Black Cat to Caxton Gibbet road improvement get the go ahead?

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Track age records secretary Ian Greenstreet reports much less activity, with only one record. That distinction belongs to Peter Horton (Team Bottrill) who rode 200 laps on Newport Velodrome to claim a 50km record.

## Road records set during 2021 (Subsequently beaten records are shown ~~struck out~~)

Name	Club	Grp	Age	Dist	Record	Course	Event	Date
<b>Solo Bike - Men</b>								
Richard Oakes	Team Ohten Aveas	N&EM	52	40	<del>0:18:34</del>	F11/40	Hemel Hempstead CC	12-Jun
Richard Oakes	Team Ohten Aveas	N&EM	52	40	<del>0:18:21</del>	E2/40	Lea Valley CC	03-Jul
Richard Oakes	Team Ohten Aveas	N&EM	52	10	0:18:08	F11/10	VTTA L&HC	18-Jul
Kevin Tye	VeloRefined Rule 5	Kent	59	10	0:19:11	E2/10	Lea Valley CC	03-Jul
Tim Hood	Team Bottrill	Mid	<del>60</del>	40	<del>0:19:31</del>	E2/40	Lea Valley CC	03-Jul
Antony Brown	George Fox Cycling	E Ang	61	40	<del>0:19:47</del>	E2	VTTA (EA)	02-Jun
Keith Ainsworth	Sheffrec CC	N Mid	62	40	<del>0:19:36</del>	E2/40	Lea Valley CC	03-Jul
Keith Ainsworth	Sheffrec CC	N Mid	62	10	0:19:23	F11/10	Icknield RC	04-Sep
Andrew Grant	Cambridge CC	E Ang	<del>68</del>	40	<del>0:20:16</del>	E2/40	VTTA (EA)	23-Jun
Andrew Grant	Cambridge CC	E Ang	68	10	0:20:15	F11/10	VTTA L&HC	18-Jul
Michael Allen	Team Jewson	N Mid	75	10	0:22:19	E2/10	East Anglian VTТА	04-Sep
Peter Horsnell	Chelmer CC	E Ang	91	10	0:27:49	E2/10	ECCA	26-Jun
Matthew Smith	Drag2zero	E Ang	43	15	0:27:44	F2/15	Cambridge CC	30-May
Kevin Tye	VeloRefined Rule 5	Kent	59	15	0:30:00	P884B	A3crg..	22-May
Andrew Grant	Cambridge CC	E Ang	68	15	0:31:36	F2/15	Cambridge CC	30-May
Ron Hallam	South Pennine RC	N&EM	90	15	0:47:04	V225	Yorkshire CF	14-Aug
Matthew Smith	Drag2zero	E Ang	43	25	0:45:59	F2A/25	VTТА (EA)	07-Aug
Keith Ainsworth	Sheffrec CC	N Mid	62	25	0:50:00	F2A/25	East Anglian VTТА	25-Sep
Andrew Grant	Cambridge CC	E Ang	68	25	0:52:06	F2A/25	VTТА (EA)	07-Aug
Peter Horsnell	Chelmer CC	E Ang	<del>91</del>	<del>25</del>	<del>1:19:56</del>	F2A/25	Shaftesbury M/M	24-Apr
Peter Horsnell	Chelmer CC	E Ang	<del>91</del>	<del>25</del>	<del>1:16:54</del>	F2A/25	VTТА (EA)	07-Aug
Peter Horsnell	Chelmer CC	E Ang	91	25	1:13:16	F2A/25	VTТА (EA)	25-Sep
Keith Ainsworth	Sheffrec CC	N Mid	62	30	1:01:36	R30/7	Welsh CA Champs	25-Jul
Andrew Grant	Cambridge CC	E Ang	68	30	1:03:01	B30/1B	CC Breckland	28-Aug
Peter Horsnell	Chelmer CC	E Ang	91	30	1:37:26	F2/30	VTТА EA (Leo 30)	01-May
Keith Ainsworth	Sheffrec CC	N Mid	62	50	1:42:56	A50/6	BDCA	10-Jul
Andrew Grant	Cambridge CC	E Ang	<del>68</del>	<del>50</del>	<del>1:48:45</del>	F2/50	ECCA Championship	22-May
Andrew Grant	Cambridge CC	E Ang	68	50	1:47:54	F2/50	VTТА (EA)	13-Jun
Peter Horsnell	Chelmer CC	E Ang	<del>91</del>	<del>50</del>	<del>2:49:26</del>	F2/50	ECCA Championship	22-May
Peter Horsnell	Chelmer CC	E Ang	91	50	2:37:32	F2/50	VTТА (EA)	13-Jun
David Shepherd	...a3crg	Wssx	60	100	3:34:21	A100/4	BDCA	04-Sep
Michael Stevens	Melton Olympic CC	N&EM	71	12H	254.39	B12/3	RTTC/VTТА Champs	01-Aug
Derek McMillan	St Christopher's CC	Scot	61	12H	280.21	B12/3	RTTC/VTТА Champs	01-Aug
David Shepherd	...a3crg	Wssx	60	12H	300.26	B12/3	RTTC/VTТА Champs	01-Aug
Tim McEvoy	FTP Racing	West	43	12H	313.91	B12/3	RTTC/VTТА Champs	01-Aug
<b>Solo Bike - Women</b>								
Angela Carpenter	...a3crg	Wssx	52	40	<del>0:21:06</del>	F11/40	VTТА L&HC	16-May
Angela Carpenter	...a3crg	Wssx	52	10	0:20:27	E2/10	Lea Valley CC	03-Jul
Jackie Field	CC Ashwell	E Ang	56	10	0:21:26	E2/10	Lea Valley	03-Jul
Lindsay Clarke	Fenland Clarion	E Ang	59	10	0:22:01	A10/3	Sherwood CC	18-Sep



Name	Club	Grp	Age	Dist	Record	Course	Event	Date
Gill Reynolds	Willesden CC	L&HC	72	10	0:24:59	F11/10	Icknield RC	04-Sep
Arja Scarsbrook	Team Echelon	West	73	10	0:25:15	R10/17	Cardiff 100 mile RC	09-Oct
Angela Carpenter	...a3crg	Wssx	52	15	0:33:13	H15/3	VTTA Natl Champs	11-Apr
Jackie Field	CC Ashwell	E Ang	56	15	0:33:21	F2/15	Cambridge CC	30-May
Sarah Matthews	...a3crg	Wssx	61	15	0:34:54	H15/3	Newbury RC	31-May
Deborah Sheridan	Warwickshire RC	Mids	64	15	0:36:49	R15/5	Realteam.Co.Uk	30-Jun
Jen Clegg	Team Bottrill	N&EM	67	15	0:36:59	F2/15	Cambridge CC 15	30-May
Angela Carpenter	...a3crg	Wssx	52	25	0:54:14	H25/2	High Wycombe CC	23-May
Angela Carpenter	...a3crg	Wssx	52	25	0:51:12	R25/7	Royal Dean Forest CC	29-Aug
Jackie Field	CC Ashwell	E Ang	56	25	0:54:42	F2A/25	VTTA (EA)	25-Sep
Arja Scarsbrook	Team Echelon	West	73	25	1:04:10	R25/7	Royal Dean Forest CC	29-Aug
Angela Carpenter	...a3crg	Wssx	52	30	1:05:57	F2/30	VTTA EA (Leo 30)	01-May
Jackie Field	CC Ashwell	E Ang	56	30	1:08:59	F2/30	Leo 30	01-May
Jackie Field	CC Ashwell	E Ang	56	30	1:06:46	B30/1B	CC Breckland	28-Aug
Angela Carpenter	...a3crg	Wssx	52	50	1:46:34	F2/50	Viking RC	13-Jun
Jackie Field	CC Ashwell	E Ang	56	50	1:55:33	F2/50	ECCA Championship	22-May
Jackie Field	CC Ashwell	E Ang	56	50	1:53:54	F2/50	Cambridge CC	13-Jun
Jackie Field	CC Ashwell	E Ang	56	100	4:05:39	Q100	VTTA Championship	06-Jun
Patricia Baird	Ecosse Coaching	Scot	56	12H	246.03	R12/16	Welsh Championship	05-Sep
Kimberley Barfoot-Brace	Bath CC	West	40	12H	277.90	B12/3	RTTC/VTTA Champs	01-Aug
Christina Murray	Army CU	Scot	44	24H	490.28	D24HR	RTTC/VTTA Champs	18-Jul
<b>Solo Trike - Men</b>								
Mark Vowells	San Fairy Ann CC	Kent	68	15	0:39:03	G15/92	Sussec CA	09-Jun
Ian Pike	Lincoln Whs CC	N&EM	53	30	1:09:31	B30/1B	CC Breckland	28-Aug
<b>Tandem Bike - Men</b>								
Murray Kirton	A5 Rangers CC	Mids	161	10	0:23:23	F11/10	Icknield RC	04-Sep
David Stockley	A5 Rangers CC	Mids						
Murray Kirton	A5 Rangers CC	Mids	160	15	0:40:01	H15/3	VTTA Natl Champs	11-Apr
David Stockley	A5 Rangers CC	Mids						
John Swanbury	VC Baracchi	E Ang	140	25	0:54:58	F2A/25	VTTA (EA)	25-Sep
Allistair Banks	VC Baracchi	E Ang						
Murray Kirton	A5 Rangers CC	Mids	161	25	1:02:12	F2/25	VTTA EA	25-Sep
David Stockley	A5 Rangers CC	Mids						
Murray Kirton	A5 Rangers CC	Mids	160	30	1:20:53	F2/30	VTTA EA (Leo 30)	01-May
David Stockley	A5 Rangers CC	Mids						
John Swanbury	VC Baracchi	E Ang	140	50	1:57:26	B50/20	CC Breckland	27-Jun
Allistair Banks	VC Baracchi	E Ang						
<b>Tandem Bike - Mixed</b>								
Ian Greenstreet	Newbury Velo CC	L&HC	100	10	0:18:20	E2/10	Lea Valley CC	03-Jul
Rachael Elliott	Newbury Velo CC	L&HC						

Name	Club	Grp	Age	Dist	Record	Course	Event	Date
Andrew Hutchison	Lowestoft Whs CC	E Ang	114	15	0:33:02	F2/15	Cambridge CC	30-May
Catherine Hutchison	Lowestoft Whs CC	E Ang						
John Swanbury	VC Baracchi	E Ang	136	15	0:35:34	F2/15	Cambridge CC	13-May
Kate Churchill	VC Baracchi	E Ang						
Ian Greenstreet	Aerocoach	L&HC	400	25	0:48:42	H25/8	Farnboro' & Gamberley CC	17-Apr
Rachael Elliott	Aerocoach	L&HC						
Ian Greenstreet	Newbury Velo CC	L&HC	100	25	0:47:39	F2/25	VTTA EA	25-Sep
Rachael Elliott	Newbury Velo CC	L&HC						
Ian Greenstreet	Aerocoach	L&HC	400	30	0:58:48	F2/30	Lee 30	04-May
Rachael Elliott	Aerocoach	L&HC						
Ian Greenstreet	Newbury Velo CC	L&HC	100	30	0:57:02	B30/1B	CC Breckland	28-Aug
Rachael Elliott	Newbury Velo CC	L&HC						
Ian Greenstreet	Newbury Velo CC	L&HC	400	50	1:41:34	F2/50	VTTA Natl Champs	13-Jun
Rachael Elliott	Newbury Velo CC	L&HC						
Ian Greenstreet	Newbury Velo CC	L&HC	100	50	1:38:54	A50/6	BDCA	10-Jul
Rachael Elliott	Newbury Velo CC	L&HC						
Ian Greenstreet	Newbury Velo CC	L&HC	100	100	3:46:51	H100/88	Hounslow & Dist Whs	01-Aug
Rachael Elliott	Newbury Velo CC	L&HC						

#### Tandem Trike - Men

Ian Pike	Lincoln Whs CC	N&EM	121	15	0:33:32	Q15/1	VTTA Kent	10-Oct
Mark Vowells	San Fairy Ann CC	Kent						

#### Tandem Trike - Mixed

Mary Corbett	Sotonia CC	Wssx	454	40	0:30:04	H10/17 R	Newbury Velo	25-Apr
Norman Harvey	Sotonia CC	Wssx						
Mary Corbett	Sotonia CC	Wssx	152	10	0:29:24	P311	Bournemouth Arrow CC	03-Oct
Norman Harvey	Sotonia CC	Wssx						
Mary Corbett	Sotonia CC	Wssx	151	15	0:42:42	H15/3	VTTA Natl Champs	11-Apr
Norman Harvey	Sotonia CC	Wssx						
Mary Corbett	Sotonia CC	Wssx	452	25	1:12:24	D25/23 T	VTTA Natl Champs	05-Sep
Norman Harvey	Sotonia CC	Wssx						
Mary Corbett	Sotonia CC	Wssx	152	25	1:10:07	H25/8	Epsom CC	26-Sep
Norman Harvey	Sotonia CC	Wssx						
Mary Corbett	Sotonia CC	Wssx	151	50	2:24:39	F2/50	VTTA Natl Champs	13-Jun
Norman Harvey	Sotonia CC	Wssx						
Mary Corbett	Sotonia CC	Wssx	152	12H	182.67	B12/3	CC Breckland	01-Aug
Norman Harvey	Sotonia CC	Wssx						

#### Indoor Track - Solo Bike - Men

Name	Club	Grp	Age	Dist	Record	Track	Date
Peter Horton	Team Bottrill	Mids	54	50km	1:11:17	Newport	29-May

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## MEMBERSHIP RENEWAL REMINDER

Just a reminder that memberships are now due for renewal, unless you joined after 1<sup>st</sup> October 2021. To continue to receive all the benefits of VTTA membership why wait, do it now! You can rejoin by logging into your account at [vtta.org.uk](http://vtta.org.uk) or by sending the appropriate fee to your Group Secretary. Fees differ by group but can be found on the website.

If you have not already linked your VTTA and CTT accounts this is also a good opportunity; your VTTA profile will show whether this still needs to be done.

While you are doing this please also check that your personal details, including email and postal addresses and phone numbers are correct. If you intend racing and wish to be entered for the season long competitions ensure these boxes are checked on the competitions tab and ensure your club is correct and if possible uses the same spelling as on your CTT profile.

Whilst doing your membership admin you could also enter for your personal standard awards.

Life members should also remember that they need to now pay their annual subscription to The Veteran. This is currently £6 but proposed for an increase at the forthcoming AGM.

### VTTA PUBLICATIONS ARCHIVE

On behalf of the Association the editor holds an archive of old VTTA publications, which is a useful source of historical information for researchers. However there are a few gaps in the collection. Can anyone please supply any of the following missing publications?

#### THE VETERAN MAGAZINES

Any before December 1964

April, June and August 1965

June and August 1966

Issues numbered 273 to 283 inclusive  
(between December 1999 and August 2002)

#### HANDBOOKS/YEAR BOOKS

1951 and earlier, 1953, 1957

Please contact the editor, Mike Penrice,  
on 01757 291196 or [editor@vtta.rg.uk](mailto:editor@vtta.rg.uk)

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76 Foredown Drive, Portslade  
Brighton, BN41 2BE

Email: [adampride@talktalk.net](mailto:adampride@talktalk.net)

Website: [www.fcot.org.uk](http://www.fcot.org.uk)



# NATIONAL 10 MILE CLOSED CIRCUIT CHAMPIONSHIP SUNDAY 24<sup>TH</sup> OCTOBER 2021



*NEC Representative Mike Penrice*

The VTTA have explored opportunities to provide further and more varied competition for members and have been keen to reach out to non-members, aware that the majority of time trial fields are now made up of the over-40s, of which a significant proportion are not members. Consequently the inaugural Veterans' National Closed Circuit 10 Mile Championship was held on the Croft Motor Racing Circuit, near Darlington in North Yorkshire. Unlike our established championship events this was open to all riders over the age of 40. This was a pilot event with the idea to run both a southern and northern championships in future years. The recently introduced VTTA age adjusted results system was used to determine the medal winning times.

Organised by Gavin Russell, the North Group secretary, with assistance from the regular, established Croft time trial support team, it proved to be a resounding success. The organising team have run a series of time trials on the Croft circuit for 6 years, with large fields of cyclists attracted for their "Come and Try It" type B events. Many of the riders are complete novices, with a lower age limit of 6, families are able to take part in the same event. Riders are able to compete on various types of machines, whether bespoke TT bikes, road, gravel, cyclo-cross, mountain, hybrid, trikes and tandems. In the championship event there were separate competitions for time trial bikes (open) and road bikes (ie to the published road bike specification). VTTA medals (gold, silver & bronze) were awarded to both male and female in 'open' and 'road bike' categories, regardless whether VTTA members or not.

Whilst the late October weather was uninviting, cold and windy, thankfully the earlier rain had abated; 24 of the 93 advance entrants failed to start, but on the plus side there were 7 further entries on the day. Of a total entry of 100, 47 were existing members and 53 were potential members. For many of the further travelled riders this was their first chance to ride a closed circuit time trial with all seemingly revelling in the experience and enquiring when they can do it again.

*"Smooth tarmac, flat and traffic free, what's not to like! Thanks to all the organisers " - Liz Ball*

*"A fantastic event, well done to all involved and hope it can be a permanent fixture in the future." - David Leckenby*

*"Attended at the weekend and it was terrific. Superb organisation and a great welcome. A big well done to Gavin and his team. Yes windy, and yes a bit chilly and throwing a TT bike through corners etc makes for a different challenge, but loved every minute. Will be back." - Gareth Shepherd*

*"Congrats to the VTTA and organiser for putting this on. As the roads get ever busier we need more of these closed circuit events for sure. Have promoted at Rockingham and raced at Thruxton, Silverstone and Mallory Park and loved all of them. Imagine if we could get a series of events in a season coordinated...." - Steve Robinson*

Winners in the various categories were:

Men time trial bikes - 1st Richard Oakes (Team Ohten Aveas / N&EM Group) 19:32, 2nd Mike Twelves (Team Ohten Aveas / N&EM Group) 20:09, 3rd Marcel Schubert (Darlington CC / North Group) 20:42

Women time trial bikes - 1st Liz Ball (Valley Striders CC / Yorkshire Group) 21:13, 2nd Angela Hannon-Flaherty (Seacroft Whs) 21:37, Miriam Rennet (Kinross CC / Scotland Group) 22:25

Men road bikes - 1st Shaun Tyson (Protech Velo / North Group) 21:56, 2nd Douglas Watson (GTR - Return to Life) 22:02, 3rd John Blomeley (Yorkshire RC) 22:03

Women road bikes - 1st Janet Fairclough (Liverpool Phoenix CC (Aintree) / Merseyside Group) 24:32, 2nd Karen Haldane (Derwentside CC) 29:28, 3rd Heather Gould (North Shields Polytechnic Club) 30:15



### OPEN CHAMPIONSHIP (TT BIKES)

VH Pos.	Name	Club	VTTA Group	Gdr	Age	Act. Time	VH Time	Act. Pos.
1	Richard Oakes	Team Ohten Aveas	N&EM	M	52	20:27	19:32	1
2	Mike Twelves	Team Ohten Aveas	N&EM	M	58	21:40	20:09	4
3	Marcel Schubert	Darlington CC	North	M	40	20:42	20:42	2
4	Chris Smart	GTR - Return To Life		M	40	20:49	20:49	3
5	Michael Cross	Harrogate Nova CC	Yorks	M	59	22:50	21:12	7
6 (1W)	Liz Ball	Valley Striders CC	Yorks	Fem	68	26:54	21:13	39 (4W)
7	Wayne Coates	Team Bottrill	North	M	62	23:16	21:16	10
8	Craig Horseman	Beacon Wheelers	NL&L	M	47	21:47	21:17	5
9	Adrian Dent	Team Ohten Aveas	North	M	60	23:12	21:27	9
10 (2W)	Angela Hannon-Flaherty	Seacroft Whs	Yorks*	Fem	52	25:06	21:37	27 (1W)
11	Paul Sander	Stockton Wheelers CC		M	66	24:13	21:40	20
12	Simon Horsley	Legato Racing Team	NL&L	M	57	23:19	21:55	12
13	David Leckenby	VTTA (Yorkshire)	Yorks	M	58	23:30	21:59	16
14	Mick Flaherty	Seacroft Whs	Yorks*	M	59	23:41	22:03	17
14	Ian Richardson	Selby CC	Yorks	M	59	23:41	22:03	17



Liz Ball - winner of women's TT bike event




Marcel Schubert - winner of men's TT bike event



Karen Haldane - 2nd in women's road bike event



Miriam Rennet - 3rd in women's TT bike event

Championship images  
courtesy of  
**Kimroy  
Photography** 

VH Pos.	Name	Club	VTTA Group	Gdr	Age	Act. Time	VH Time	Act. Pos.
16	Neil Withington	Beacon Wheelers		M	42	22:27	22:19	6
17 (3W)	Miriam Rennet	Kinross CC	Scot	Fem	59	26:42	22:25	38 (3W)
18	Ian Swinscoe	RAF Cycling Ass'n	Yorks	M	52	23:27	22:32	14
19	Ian Hutchinson	Cleveland Wheelers CC	North	M	66	25:08	22:35	28
20	Terry Parvin	Ferryhill Whs	North	M	61	24:32	22:40	24
21	Jymmy Trevor	Jem Hadar Racing	Yorks	M	49	23:22	22:42	13
22	Ian Hampton	Clifton CC York	Yorks	M	67	25:27	22:44	30
23	Ian Taylor	Blumilk.com		M	46	23:11	22:45	8
24	Peter Gunn	Cleveland Wheelers CC		M	47	23:16	22:46	10
25	Malcolm Steer	Darlington CC		M	56	24:13	22:55	20
25	Andrew Smith	VC Glasgow South	Scot	M	56	24:13	22:55	20
25	Mark Burtonshaw	Harrogate Nova CC	Yorks	M	63	25:03	22:55	25
28 (4W)	Kate Sanderson	Cleveland Wheelers CC		Fem	53	26:37	23:02	36 (2W)
29	Chris Taylor	Holmfirth C C		M	44	23:28	23:11	15
30	Daryl May	Sheffrec CC	N.Mids	M	47	24:07	23:37	19
31	Stewart Yates	Holmfirth C C		M	61	25:48	23:56	31
32	Peter Greenan	Ferryhill Whs		M	54	25:09	24:03	29
33	Duncan Smart	Scarborough Paragon CC	Yorks	M	53	25:05	24:04	26
34	Daniel Hornsby	Swift Racing		M	40	24:17	24:17	23
35 (5W)	Michelle Highfield	Berwick Wheelers CC	Scot	Fem	55	28:11	24:23	42 (5W)
36	Richard Durham	Settle Wheelers	Yorks	M	67	27:09	24:26	40
37	Keith Storey	Seacroft Whs	Yorks*	M	60	26:13	24:28	33
38	David King	Ferryhill Whs		M	75	29:06	24:52	46
39	Paul Hickman	Malton Whs		M	51	25:55	25:05	32
40	Dave Carrick	Holmfirth C C		M	60	27:16	25:31	41
41	Andy Harland	Darlington Tri		M	54	26:41	25:35	37
42	Mark Bartley	Cambridge CC		M	49	26:36	25:56	34
43	Gareth Shepherd	Bramley Wheelers CC	Yorks	M	45	26:36	26:15	34
44	Phil Wright	Hartlepool CC	North	M	66	28:59	26:26	45
45	Ronnie Thompson	Derwentside CC	North	M	83	33:11	26:39	47
46 (6W)	Erica Short	Darlington Cycling Club		Fem	73	33:33	26:50	48 (6W)
47	Andy Delaney	Northumbria Police C.C.	North	M	53	28:43	27:42	44
48	Peter Richardson	Swift Racing		M	43	28:16	28:03	43
DNF	Adrian Osborn (Stratford Cycling Club), Brian Parker (Total Tri Training)							
DNF	Madeline Moore (TORQ Performance), Brett Lowndes (Pro Vision RC / Mids), Gary Hunt (Hartlepool CC / North), Mark Halliday (North Bucks RC / L&HC), Dan Venner (North Shields Poly Club), Mark Tallon (Ely & District CC)							



VH Pos.	Name	Club	VTTA Group	Gdr	Age	Act. Time	VH Time	Act. Pos.
DNS	Alan Allcock (Didcot Phoenix CC / L&HC), David Swainson (Derwentside CC), John Tiffany (Harrogate Nova CC / Yorks), Steven Bell (Fietsen Tempo), Kevin Wood (Sherwood CC / N&EM),							
-A	Dave Micklethwaite (3 RT), Paul Wright (Army Cycling / E.Ang), David Hird (Hambleton RC), David Percival (Swift Racing / Yorks), Mark Campbell (Fietsen Tempo)							
* after VTA group name indicates joined after this event								

ROAD BIKES CHAMPIONSHIP								
VH Pos.	Name	Club	VTTA Group	Gdr	Age	Act. Time	VH Time	Act. Pos.
1	Shaun Tyson	Protech Velo	North	M	50	22:41	21:56	2
2	Douglas Watson	GTR - Return To Life		M	48	22:37	22:02	1
3	John Blomeley	Yorkshire Road Club		M	60	23:48	22:03	3
4	David Nichol	Ferryhill Whs	North	M	69	26:17	23:15	6
5	John Flanagan	Moonglu CC		M	62	25:44	23:44	5
6	David Capes	Scarborough Paragon CC		M	68	26:42	23:50	7
7	David Deacon	Protech Velo		M	56	25:31	24:13	4
8 (1W)	Janet Fairclough	Liverpool Phoenix CC (Aintree)	Mersey	Fem	61	29:05	24:32	13 (1W)
9	David King	Ferryhill Whs		M	75	29:06	24:52	14
10	Joe Applegarth	Durham Triathlon Club		M	81	31:20	25:28	18
11	Paul Noton	Drighlington BC		M	51	26:46	25:56	8
12	Andrew Robertson	Holmfirth C C		M	57	28:02	26:38	11
13	Steve Milburn	Gosforth RC		M	46	27:14	26:48	9
14	Tony Farrell	Westmead Team 88	M&NW	M	77	31:34	26:50	19
15	Richard Bellerby	Harrogate Nova CC		M	75	31:08	26:54	17
16	Howard Heighton	Ferryhill Whs	North	M	48	27:58	27:23	10
17	Ian MacKenzie	Durham Triathlon Club	North	M	70	30:55	27:42	16
18	Graham Lloyd	Halifax Imperial Wheelers		M	59	29:57	28:19	15
19	Paul Smith	Huddersfield Star Whs		M	43	28:42	28:29	12
20	Paul Dawson	VTTA (North)	North	M	60	32:33	28:44	20
21 (2W)	Karen Haldane	Derwentside CC		Fem	55	33:16	29:28	23 (3W)
22 (3W)	Heather Gould	North Shields Poly Club		Fem	60	34:40	30:15	24 (4W)
23 (4W)	Caroline Heighton	Ferryhill Whs	North	Fem	43	33:02	30:21	21 (2W)
24	Michael Hutchings	Harrogate Nova CC		M	55	33:08	31:56	22
25	John Bedford	Holmfirth C C		M	76	37:50	33:21	25
DNF	Nick Giles (Poco Loco Cycling R.T.)							
DNS	Ken Evans (PDQ Cycle Coaching / West), Peter Bell (Fietsen Tempo), Paul Young (Worrall Wheelers / N.Mids), Sarah Cramoysan (Richmond CC)							
DNS	Philip McCormick (Pirate Juice CC / Mersey), Cliff Beldon (Selby CC / Yorks), Claire Jessop (Otley CC), Greg Jessop (Otley CC)							
-A								

# VTTA NATIONAL 10 MILE CHAMPIONSHIP

## Saturday 18<sup>th</sup> September 2021

*NEC Representative Mike Penrice*

Time trials on flat and fast roads in the North Midlands area have become less frequent since the demise of their local A1 based courses, but their 'best' course, the O10/1 on the A614 east of Doncaster, hosted a successful VTTA National Championship 10 with 100 entrants. The course now benefits from recent resurfacing so that 19 minute rides are possible on this traditional single carriageway which is straight out and back with a roundabout turn. Although conditions were sunny and warm a slight headwind on the longer outward leg slowed times slightly.

Recent debate over the vets' standards has considered whether women's standards were too tight, too generous or whether the provided equality. The National 10 provided an answer to this question in the form of a dead heat between men's winner Richard Oakes (Team Ohten Aveas) and Angela Carpenter (...a3crg), both with a vets' handicap time of 18:30 (or +07:36)!

Richard, who had won the 25 mile championship only two weeks previously, delivered an actual time of 19:25, which was his first 30mph+ ride on this course and which he considers to be one of his best rides of the season.

Angela has ventured far and wide in 2021 and has already taken championships at 15, 25, 30 and 50 miles and several age records. This was her first ride on an 'O' course and although the O10/1 is not a drag strip she had her eye on Dame Sarah Storey's 21:57 course record. However a short hold up near the turn by a car deviating into a popular ice cream shop cost her the record by a mere 2 seconds as she finished in 21:59.

In a further repeat of the 25 championship the individual silver medals were taken by Sheffrec CC's Keith Ainsworth, with a vets' handicap of 19:22 from an actual of 21:22, and Deb Hutson-Lumb of Nova Raiders with 19:31 from 23:26.

Ron Hallam has been less prominent in 2021, but now turned 91 he still took the men's third placed bronze with a handicap of 20:01 from an actual of 30:16; although disappointed not to have got inside 30 minutes he is not ready to hang his racing wheels up just yet - well what else would he do with his time?

Women's third place was taken by Sherwood CC's Jo Corbett with 20:52 from an actual of 26:11. Jo has been supporting VTTA championships for many years and her delight at taking the bronze medal was something to behold.

The two team awards went as expected. Group team was Notts and East Midlands with Richard Oakes (Team Ohten Aveas) supported by Ron Hallam (South Pennine RC) and Ian Guilor (Mapperley CC). Richard Oakes further added to his medal collection as Team Ohten Aveas also won the club team award, where he was supported by Rob Muzio and Mike Twelves. These team results also closely reflected the 25 championship results.



*Ian Greenstreet and Rachael Elliott supported on the start line by Simon Keeton*

The tandem championship drew only one entry, the ever dominant Rachael Elliott and Ian Greenstreet of Newbury Velo. They produced their usual master class by completing the course in a rapid 19:31 to complete a clean sweep of all the VTТА championships up to 50 miles.

Thanks to Gordon Wordsworth and his VTТА North Midlands colleagues. They delivered an excellent championship, well marshalled and with refreshments, a results display projector and an HQ with good facilities and plenty of parking at Hatfield Woodhouse Village Hall. They had even mustered a former tandem hour world record holder and multiple CTT competition record holder pushing off in the person of Simon Keeton.

#### AWARD WINNERS - 2021 VTТА NATIONAL 10 MILE TIME TRIAL CHAMPIONSHIPS

Award	Name	Club	Group	Std.	Medals
1st Man on Std.	Richard Oakes	Team Ohten Aveas	Notts & E Mids	+07:36	Gold
2nd Man on Std.	Keith Ainsworth	Sheffrec CC	North Midlands	+06:44	Silver
3rd Man on Std.	Ron Hallam	South Pennine RC	Notts & E Mids	+06:05	Bronze
1st Woman on Std.	Angela Carpenter	...a3crg	Wessex	+07:36	Gold
2nd Woman on Std.	Deb Hutson-Lumb	Nova Raiders CC	Merseyside	+06:35	Silver
3rd Woman on Std.	Jo Corbett	Sherwood CC	Notts & E Mids	+05:14	Bronze
Group Team Champions	Richard Oakes	Team Ohten Aveas			Gold
	Ron Hallam	South Pennine RC	Notts & E Mids	+19:34	Gold
	Ian Guilor	Mapperley CC			Gold
Club Team Champions	Richard Oakes		Notts & E Mids		Gold
	Rob Muzio	Team Ohten Aveas	Notts & E Mids	+18:42	Gold
	Mike Twelves		Notts & E Mids		Gold
Tandem Champions	Rachael Elliott	Newbury Velo	L&HC	+07:29	Gold
	Ian Greenstreet				Gold

First man and first woman on standard also each receive a champion's jersey and cap.

Angela Carpenter and Richard Oakes also share the Ken Matthews Cup (for one year) as joint 1st overall on standard

#### FINISHING ORDER - 2021 NATIONAL 10 MILES CHAMPIONSHIP - SOLOS

VH Pos.	Name	Club	Group	Age	Act. Time	Plus	VH Result	Act. Pos.
1=	Richard Oakes	Team Ohten Aveas	N&EM	52	19:25	+07:36	18:30	1
1= (1W)	Angela Carpenter	...a3crg	Wssx	52	21:59	+07:36	18:30	11 (1W)
3	Keith Ainsworth	Sheffrec CC	N Mids	62	21:22	+06:44	19:22	7
4 (2W)	Deb Hutson-Lumb	Nova Raiders CC	Mers	56	23:26	+06:35	19:31	35= (2W)
5	Ron Hallam	South Pennine RC	N&EM	91	30:16	+06:05	20:01	70
6	Antony Brown	George Fox Cycling Solutions	E Ang	62	22:11	+05:55	20:11	16
7	Ian Guilor	Mapperley CC	N&EM	54	21:19	+05:53	20:13	6
8	Stuart Wells	Lindsey Roads CC	N Mids	50	21:06	+05:45	20:21	3=
9=	Andy Thomas	Lindsey Roads CC	N&EM	52	21:17	+05:44	20:22	5

VH Pos.	Name	Club	Group	Age	Act. Time	Plus	VH Result	Act. Pos.
9=	Rob Muzio	Team Ohten Aveas	N&EM	56	21:40	+05:44	20:22	9
11	Michael Allen	Team Jewson	N Mids	75	24:38	+05:42	20:24	50
12	Steve Gibson	Peak RC	N Mids	55	21:44	+05:34	20:32	10
13	Chris Dyason	Cambridge CC	E Ang	73	24:22	+05:32	20:34	44=
14	Wayne Coates	Team Bottrill	North	62	22:35	+05:31	20:35	20
15	Alan Chalmers	Valley Striders CC	Yorks	69	23:40	+05:28	20:38	39
16=	Mark Parsons	Team ASL-Bolton	M&NW	52	21:35	+05:26	20:40	8
16=	Mark Wolstenholme	Swift Racing	Yorks	43	20:53	+05:26	20:40	2
18	Simon Pitchford	Fenland Clarion CC	E Ang	56	22:01	+05:23	20:43	12
19	Mike Twelves	Team Ohten Aveas	N&EM	57	22:08	+05:22	20:44	15
20 (3W)	Jo Corbett	Sherwood CC	N&EM	66	26:11	+05:14	20:52	59 (5W)
21	Peter Howarth	Stretford Whs CC	M&NW	61	22:45	+05:13	20:53	24
22	Derek McMillan	SVTTA	Scot	61	22:46	+05:12	20:54	25
23	Steven Loraine	Legato RT (LRT)	Mids	65	23:19	+05:11	20:55	34
24	Adrian Dent	Team Ohten Aveas	North	60	22:42	+05:09	20:57	23
25	Gav McDonald	Ayr Roads CC	NL&L	54	22:05	+05:07	20:59	13=
26	David Robinson	VTTA (North Midlands)	N Mids	64	23:16	+05:06	21:00	34
27	Nicholas Cousins	Ilkeston Cycle Club	N&EM	41	21:06	+05:04	21:02	3=
28	Ian Richardson	Selby CC	Yorks	59	22:41	+05:03	21:03	22
29	Anthony Nash	Lindsey Roads CC	N Mids	56	22:22	+05:02	21:04	18
30	Andrew Hicklin	Peak RC	N Mids	55	22:21	+04:57	21:09	17
31	Tony Ball	Legato RT (LRT)	L&HC	52	22:05	+04:56	21:10	13=
32	Kevin Wood	Sherwood CC	N&EM	60	22:57	+04:54	21:12	28
33	David Taylor	Ravensthorpe CC	Yorks	66	23:52	+04:47	21:19	41
34 (4W)	Charly Helyar	VTTA West Group	West	47	24:22	+04:45	21:21	44= (3W)
35	Simon Horsley	Legato RT (LRT)	NL&L	57	23:02	+04:28	21:38	29
36 (5W)	Paula Fisher	Rotherham Whs CC	Yorks	64	26:40	+04:26	21:40	61 (6W)
37	Trevor Mayne	Birdwell Whs	N Mids	58	23:14	+04:23	21:43	32
38	Martin Nelson	Out of the Saddle CC	N Mids	49	22:31	+04:15	21:51	19
39	Randle Shenton	Legato RT (LRT)	Scot	63	23:59	+04:14	21:51	42
40	John Martin	Elmsall RC	N Mids	59	23:30	+04:14	21:52	38
41	Ian Hampton	Clifton CC York	Yorks	67	24:35	+04:14	21:52	47
42	Neil Cleminshaw	Chapeau! Vive Le Velo	Yorks	51	22:49	+04:07	21:59	26=
43 (6W)	Joanna Cebrat	Bury Clarion CC	M&NW	42	24:37	+04:05	22:00	48= (4W)
44	Lee Thomas	Velo-One Cycling Team	N&EM	48	22:39	+04:02	22:04	21
45	Jymmy Trevor	Jem Hadar Racing	Yorks	49	22:49	+03:57	22:09	26=

VH Pos.	Name	Club	Group	Age	Act. Time	Plus	VH Result	Act. Pos.
46	Andy Whitehead	Rockingham CC	N Mids	55	23:26	+03:52	22:14	35=
47	Paul Mapletoft	Kiveton Park CC	N Mids	57	23:50	+03:40	22:26	40
48	Andrew Simpkins	Team Echelon	Mids	67	25:17	+03:32	22:34	52
49	Stuart Henderson	VTTA (Yorkshire)	Yorks	46	23:09	+03:23	22:43	31
50	Dave Nolan	trainSharp	Yorks	49	23:29	+03:17	22:49	37
51	Mark Jones	Bury Clarion CC	M&NW	43	23:06	+03:13	22:53	30
52	Nigel Finch	Mercia CC	N&EM	66	25:30	+03:09	22:57	55
53	Gary Bates	VTTA (North Midlands)	N Mids	58	24:29	+03:08	22:58	46
54	William Howarth	East Lancashire RC	M&NW	66	25:39	+03:00	23:06	57
55	Mark Shore	Walsall Roads CC	Mids	62	25:20	+02:46	23:20	54
56	Robert Barnard	Team Cystic Fibrosis	N Mids	49	24:06	+02:40	23:26	43
57	Paul Brierley	Huddersfield RC	Yorks	54	24:37	+02:35	23:31	48=
58	Roy Oakes	Team Ohten Aveas	N&EM	76	28:13	+02:22	23:44	66
59	Richard Hembrough	Swift Racing	N Mids	59	25:31	+02:13	23:53	56
60	Les Wilcockson	Chesterfield Spire CC	N Mids	68	26:49	+02:09	23:57	64
61	John Savage	Hull Thursday RC	Yorks	61	25:55	+02:03	24:03	58
62 (7W)	Yvonne Twelvetree	Sheffield Tri Club	N Mids	71	30:54	+01:29	24:37	71 (8W)
63	Dave Meaden	VTTA (Notts & E.Mids)	N&EM	62	26:43	+01:23	24:43	62
64	John Woodhouse	Birdwell Whs	N Mids	62	26:45	+01:21	24:45	63
65	Chris Dugher	Goole Vermuyden CC	Yorks	46	25:12	+01:20	24:46	51
66	Alan Norton	Harworth and District CC	N Mids	60	26:36	+01:15	24:51	60
67	Roderick Remedios	Birchfield CC	Mids	72	28:29	+01:13	24:53	68
68	Phil Wright	Hartlepool CC	North	66	27:29	+01:10	24:56	65
69	David Percival	Swift Racing	Yorks	45	25:18	+01:09	24:57	53
70 (8W)	Alison Salthouse	Born to Bike	Mers	61	29:31	+01:08	24:58	69 (7W)
71	Andy Delaney	Northumbria Police CC	North	53	28:28	-00:01:21	27:27	67
72	Iain McColl	VTTA (Yorkshire)	Yorks	67	36:26	-00:07:37	33:43	72
DNF	Gary Hunt (Hartlepool CC)							
DNS	Bill Renard (Macclesfield Whs), Jim Moffatt (CC Luton), Paul Ruta (Barnsley RC), Nigel Clementson							
-A	(Wigan Whs CC), Peter MacKlam (Yorkshire RC)							
DNS	Stewart Smith (Velo Club Veggies), Ian Hope (Team Solo Vinci), Ian Peacock (Leek CC), Chris Last (Rotherham Whs CC), Edward Smith (Kettering CC), Sheehan Quirke (LincsQuad)							

#### FINISHING ORDER - 2021 VTTA NATIONAL 10 MILE CHAMPIONSHIP - TANDEM

VH Pos.	Name	Club	Group	Age	Act. Time	Plus	VH Result	Act. Pos.
1	Rachael Elliott Ian Greenstreet	Newbury Velo	L&HC	43 57	19:32	+07:29	17:34	1



# OBITUARIES



**GORDON JOHN PERRY**  
**“A Cycling Family Legend”**  
**ABC Centreville CC and Manchester & North West Group**  
**27<sup>th</sup> October 1933 - 22<sup>nd</sup> March 2021**

Stuart Perry advised us that his dad, Gordon, a founder member of the ABC Centreville Club had died aged 87. Stuart emphasised, his dad 'had a great life' and was a dad, son, brother, husband and granddad, a father figure and a mentor and a legend in many people's eyes.

Gordon was born to John and Emily Perry in New Moston, Manchester. He had three siblings: Elsie, Christina and Richard. For several years after the start of World War Two, Gordon and Richard were evacuated to the Yorkshire Dales. Gordon had a happy time there as he lived with a local mill owner, who had household staff to look after him so he had it relatively easy, but Richard wasn't so lucky.

Aged 15, Gordon left school and began an apprenticeship as a piano tuner; this was probably when his love of cycling started as he rode around Manchester while learning his trade. At the age of 20 his National Service in the Manchester Regiment took him to Malaya for two years 'fighting bandits' in the jungle.

On his demob, Gordon's passion for cycling began; one day he rode past a young woman named Margaret, who turned to her friend Catherine, and said, "That's the man I'm going to marry." This was something of a shock as Margaret was already engaged to someone else! Margaret's prophecy came true when they were married on 30th March 1957, which was also Margaret's 22nd birthday. In 1959 Craig was born, followed 18 months later by Ian, then almost five years later, Stuart. They were utterly devoted to each other and were married for nearly 64 years.

Also dabbling with football and lacrosse, Gordon always returned to his real passion of cycling. His first club was East Manchester Clarion, he then became a rebel (not for the last time) to join the breakaway Exodus RC, later joining Middleton CC. He remained there until he formed the ABC Centreville Club in the early 1980s where he went on to hold most of the club official positions.

Gordon's cycling exploits embraced all disciplines, from riding the track at Fallowfield against Reg Harris, to road racing, time trialling and occasionally cyclo-cross. But his real 'calling' wasn't riding - it was promoting, volunteering and more importantly guiding and encouraging the next generation of great riders which he did with such passion. Gordon wasn't just Stuart, Craig and Ian's dad, he became a father figure to many; the front door was always open and he would help anyone and everyone. He loved being part of the team - driving riders to events, living and breathing all their emotions, celebrating or commiserating, but never judging their performances as he knew how hard bike racing was!

In his later years, Gordon still competed in time trials, but he also regularly held the watch in time trials and officiated at road races, even after he and Margaret retired to the Fylde area.

Gordon was a nice amenable guy, a local backbone of the sport and a true gentleman. We send our condolences to his family, he will be sorely missed.

*By Ken Workman*

**DARREN MAIRONIS**  
**Velotik Racing Team and Manchester & North West Group**  
**4<sup>th</sup> January 1973 - 18<sup>th</sup> July 2021**

The tears of Heaven fell for the funeral of Darren Maironis at Eccles Cemetery. Over 100 mourners packed inside the chapel with many standing, while those unable to gain entry endured the downpour. On the Group's behalf, our chairman, Tony Farrell, his wife Billie, and I were in attendance to pay our last respects.

Darren was competing in the Seamons '25' on 17th July, when he was in a collision with a van near Jodrell Bank. Sadly, he succumbed to his injuries the following day at the tragically early age of 48. Darren was well known to us as a very good time triallist, but he was also a lovely guy and a popular figure on the M&NW area racing scene.

He had an infectious love of sport and had been competing for most of his 48 years. Aged 8 he joined Barton Athletic Club where he started wrestling; he remained a member throughout his life, eventually becoming a coach, mentor and inspiration to other members. He travelled to many parts of the world while wrestling for his country and he competed in two Commonwealth Games. He went on to wrestle professionally in Japan in the late 1990s where he gave his time to coach others. British Wrestling regarded Darren as a role model and legend.

Darren also enjoyed running; he completed three London Marathons in under three hours. He only came to competitive cycling in his mid-thirties after joining Withington Wheelers, but it didn't take long for his abilities against the watch to shine through and he became a regular prize-winner. He then spent time with the Coveryourcar team before two successful seasons with Velotik Racing Team, then for the Transition team during 2019, before returning

to Velotik for 2020. Sadly, that season was abandoned almost immediately due to him contracting Covid, which kept him out of competition until June this year when he started his comeback.

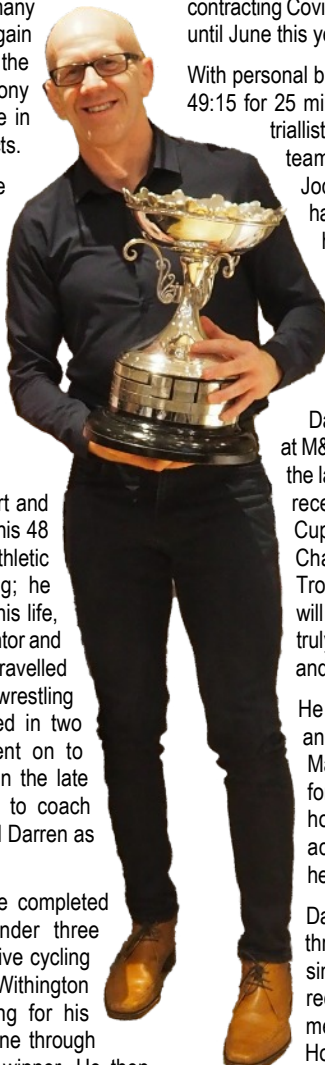
With personal best times of 18:45 for 10 miles and 49:15 for 25 miles Darren was a remarkable time triallist, earning numerous individual and team wins and placings. His coach, Jodie Warrington, is convinced that had he begun cycle racing as a junior, he would have become a top performer as he was very clear with his objective, was relentless in pursuit of it and showed all the characteristics and commitment of a high performing athlete.

Darren was a regular award winner at M&NW Group's Prize Presentation; on the last occasion it was held in 2019, he received the 25-mile Championship Cup, the Ted Ward Memorial Championship Cup and the FTA Trophy. Our sport, particularly locally, will be the poorer for his absence - he truly filled up those 48 years of his life and was a real inspiration.

He was a schoolteacher by profession and taught maths and PE at several Manchester schools. Many of his former pupils have spoken warmly of how he helped them, not only academically, but in adopting healthier life-styles

Darren leaves his wife, Louise, and three children, to whom we offer our sincere condolences. The family has requested that donations in his memory can be made to St. Ann's Hospice at either their Heald Green or Little Hulton addresses.

*Ken Workman*



## KEN TRIGGER

### Crewe Clarion Wheelers and Manchester & North West Group

12<sup>th</sup> May 1951 - 4<sup>th</sup> June 2021

Ken was born and brought up in Haslington, near Crewe, and was a lifelong cyclist. He joined North Shropshire Wheelers in the mid-1960s as a teenager and competed successfully, winning the club best-all-rounder in 1970 with an average speed of 21mph. Later he joined Crewe Clarion Wheelers and remained a member until his passing. Ken, along with his older brother Vic and Vic's wife Cath, would enter cycle time trials all over England and Wales and competed not only as solo riders but at times racing on a tandem. Sometimes Ken would partner Cath on the tandem and at one 25 mile event recorded a time of 1 hour and 10 seconds. Ken and Vic's fastest time on the tandem was 55 mins for 25 miles.

Ken, Vic and Cath were a cycling family and for years they would combine holidays with cycling race events and went to the Isle of Man, Isle of Wight and Guernsey frequently. One time whilst on Guernsey their hotel was not far from the starting point of the race so they just had to ride along the promenade to the start; it was Easter time and the tides were quite high and waves were coming over. Although Vic and Cath had been warned not to go along the prom they thought they could get the timing right, which they did. Ken was not so lucky and reached a point just at the same time as a giant wave hit the breakwater. Ken didn't hear Vic and Cath shouting warnings so they watched as a massive wave hit the breakwater; Ken, then realising his fate, pedalled furiously to minimise the effect but the wave rained down on him, soaking

him. Nevertheless Ken completed the 10 mile event in a time of 28mins 24sec.

Recently Ken took an interest in trike racing, inspired by Vic. He became quite successful and in 2018 won all three categories at the North West Tricycle Association 10 mile in Cumbria as event winner, fastest on handicap and fastest vet. In 2019

Ken was awarded second place in the national Tricycle Association time trial league with 194 points. Ken's last trike race was the Stafford Road Club 10 on 22nd May of this year. He was looking forward to the next event with Vic on 5th June but sadly he didn't make this.

Ken worked for many years as a woodworking machinist, then went on to produce high quality packaging for the food industry. This is where Ken met the love of his life Annie; they were inseparable and spent many a happy holiday in Scotland at Dunbar where Annie came from.

They both loved Belhaven beach near Dunbar and would often visit the Scottish Seabird Centre at North Berwick and Bass Rock. They had a mutual interest in wildlife and were members of the RSPB.

Sadly Ken had spent 18 months caring for Annie before she died 7 months ago. This had restricted his cycling and he was just getting back into racing when he passed away unexpectedly.

*By Vic Trigger*





## GRAHAM LAWRENCE

### Manchester & North West Group

24th March 1932 - 11th May 2021

Graham suffered a stroke on Sunday 9th May and was rushed to hospital; sadly, his condition deteriorated and he passed away on Tuesday 11th May. Cycling was Graham's life, he became a stalwart of the Westwood RCC after joining them in 1948 until it's demise in 1980. He rode time trials from 25 miles up to 100 miles, but 50 miles became his favourite distance. He was a cycling all-rounder, also competing in road racing plus circuit racing in Manchester's Heaton Park amongst others. Graham was in the RAF in Germany for his National Service during the early 1950s, but his duties didn't interfere too much with his racing as he even rode behind the big pacing motor bikes on the Bielefeld track.

On hearing the sad news of Graham's passing, I considered it my misfortune that I hadn't known him better as he was a mine of cycling information and always a great bloke to chat to. My first recollection of him was from the 1960s when he rode the midweek Track League at Fallowfield stadium; I soon formed the opinion he was not someone who would easily tolerate anyone hindering his progress in races. For one Fallowfield meeting, the late Gordon Perry (then of Middleton CC, later ABC Centreville), was due to ride a tandem pursuit, but his partner hadn't arrived so it was suggested that Graham take over as steersman. The pair won and Graham celebrated by taking the tandem up and down the banking, Gordon then asked Graham how long he had been riding tandems, his reply: "Oh, about five minutes." Gordon apparently turned quite pale. Fallowfield's concrete was not Graham's only track surface of choice, as he also competed in cinder and grass track racing.



In 1971, with his good friend and club-mate Bill Iley, as stoker, they broke the NRRRA 50 mile tandem record with 1:43:36. Graham and Bill travelled the country competing in tandem racing, including on the Bath Road, in an effort to encourage more entries for tandem events in the North-West. Bill recalls many hairy moments they experienced on the tandem (think of dogs running onto wet roads) but Graham's piloting skills averted all disasters. Graham competed in time trials into his eighties; in 2014, at the age of 82, he achieved a 10 mile age record with Weaver Valley CC's Alan Shuttleworth on a tandem trike.

Graham was a great advocate for our sport, promoting many of the Westwood's time trials from the mid-1950s onwards. Season after season he was a popular and much respected timekeeper of many events in J District, including the M&DTTA Christmas '10s', after having earlier promoted their 12 Hour event in the 1960s, and much later, their early season '10s'.

Graham was a joiner by trade, spending much of his working life in house building. Sadly his wife, Sheila, passed away some years ago so he leaves a son, Michael, and two grandchildren. He was a gentleman in so many ways and an inspiration to many, the

Manchester time trial scene will be poorer for his passing; he will be sadly missed by many people. We offer our condolences to his family.

I must thank Graham's long time friend and club-mate, Bill Iley, plus another of his tandem and tandem trike partners, Alan Shuttleworth, for their assistance in writing this obituary. R.I.P. Graham.

*Ken Workman*

**JOHN P A HOWELL**  
**Hounslow & District Wheelers and London & Home Counties Group**  
**3rd December 1930 – 28th August 2021**

John Howell was 60 and a keen biker doing the London to Brighton Bike Ride, when a train of cyclists cruised by him in a swift and steady stream. Curious and impressed he quickly discovered they were "Club Cyclists". He wanted to know more and did some research. A year later he joined the Hounslow & District Wheelers and never looked back. He thrived.

Joining the Hounslow changed John's life and focus, and was deeply fulfilling. From a regular gym goer and keen cyclist he swiftly became a dedicated time triallist. Throughout his life he was an achiever in whatever he put his mind to. His hoard of VTTA and Hounslow medals are testament to this - John did nothing by half-measures. Time trialling became his life; and his admiration for the VTTA, the clubs and the volunteers that enabled things to run so smoothly knew no bounds.

Within two years of starting time trialling John was determinedly moving up the results board, chasing PBs, frequently coming 1<sup>st</sup> or 2<sup>nd</sup> on standard and happily covering his petrol costs. In 1994 and 95 he was the VTTA London BAR winner with pluses of +6.491 and +6.638, and +7.043, +7.456, +6.778 in the subsequent three years. At national level he achieved placings of 7<sup>th</sup>, 10<sup>th</sup> (twice) and 11<sup>th</sup>. Devastatingly his time trialling career was cruelly cut short in 1998 when he incurred a major head injury whilst competing near Oxford. He was taken to the Radcliffe Infirmary in a coma and put on life support. Remarkably he was eventually to pull through against the odds and expectations, and fought back in his inimitable way. Testament to the man that he was he never gave up.



In the seven years in which he raced he achieved PB's of 22:14 (10), 56:34 (25), 1:10:30 (30), 1:57:02 (50), 4:16:16 (100) and 217.82 (12hr).

Two years later and back on his bike, he broke the VTTA national record outdoor track 10 miles in 24m 45.15s - an age record that still stands. The following year he entered the National Indoor Rowing Championships in Birmingham, winning gold in the men's 70-74 LWT group. John's focus and drive to be the best he could be never waned.

John had a successful career as a graphic designer and commercial artist, running his own business, until the world become computerised, when he took early retirement and focused on fitness and painting. With his first wife Doreen he had three children and his interest in sport and fitness flourished alongside family life with running, swimming, tennis, squash and cycling.

John was to meet his second wife, Jenny, in 1990, camping and cycling in the Pyrenees. Recovering from his head injury his fitness regime turned primarily to the gym and the indoor stationary bike, a discipline he maintained 6 days a week for many years. His health suffered on several fronts in later years but he endured, and was always quick to light up and engage on the arrival of any friendly face. Like so many time trialists John was a champion who deeply admired the club and cycling fraternity, and benefited from it on so many levels.

*By Jenny Howell*

**TERRY BOYLE**  
**Yorkshire Road Club and VTТА Yorkshire Group**  
**14<sup>th</sup> March 1933 - September 2021**

Terry passed away in September of this year, aged 87, leaving his wife Jean, daughter Coreen and son Michael.

Terry's first club was Yorkshire Century in the 1950s. He was a good track rider and became the West Yorkshire pursuit champion, on the grass track at Roundhay Park. Another success was leading the winning team in the 1960 National 12 hour championship, with Bob Roote and Norman Wagstaff.

Malcolm Cowgill was a very good friend of Terry and first came across him in the late 1950s and early 1960s at the West Riding Track League. These events were very popular and the competition was fierce between the rival clubs. Ellis Brown was the organiser and Bill Priestley the commentator at that time. Terry later switched to Yorkshire Road Club, as you can see in the photograph, and he organised the Yorkshire RC Victory 50 for several years.

Terry concentrated on his career with Norwich Union for many years

and played golf. He retired at sixty and decided that the activity he enjoyed the most was cycling, so the comeback was on which included being an active member of the VTТА. He joined in 1991 and was eventually awarded Honorary Life Membership. Terry was taken aback at beating the hour in a two-up 25, got under two hours over fifty miles and rode a 4 hour 10 minute hundred. Malcolm states that Terry was a very good hundred miler, having the Tee-side course record at one stage and winning several hundred mile events.

The photo was taken in a two-up event in the North Midlands, on a rustic course, ridden on road bikes; it was blowing a gale and considerable suffering was the order of the day; the race took place in the later 1990s. They usually rode together five times a week, with races at the weekend.

Terry will be missed by his family and many friends and was a gentleman to all who knew him.

*By Chris Goode and Malcolm Cowgill*



Copy dates for the next editions of 'The Veteran' is Monday 14<sup>th</sup> March

**WHEN RESPONDING TO ADVERTISERS PLEASE MENTION 'THE VETERAN' AND THE VTТА**

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*Ron Hallam  
third placed  
man and  
group team  
medallist*



*Jo Corbett - women's bronze medallist*



*Keith Ainsworth took men's silver*



*Angela  
Carpenter  
added another  
women's  
championship  
to her  
palmares*



*Men's champion Richard Oakes with Mike Twelves and Rob Muzio, all of Team Ohten Aveas*

## **VTTA NATIONAL 10 MILE CHAMPIONSHIP MEDALLISTS**

Championship images  
courtesy of  
**Kimroy  
Photography**

**STOP PRESS - THE EDITOR APOLOGISES THAT THE FOLLOWING ANNOUNCEMENTS WERE UNABLE TO BE INCLUDED IN THE DECEMBER VETERAN PRINTED VERSION, BUT IS REPRODUCED HERE AND AT THE BACK OF THE AGM AGENDA DOCUMENT.**

## **C. W. COOKE TROPHY AND TED BRICKNELL MEMORIAL AWARDS 2021**

These awards are nominated by the Groups and determined by the NEC. For 2021 there were 7 nominees for the Cooke Trophy and 4 for the Bricknell Award. All were of a high standard and worthy of consideration.



*Ted Bricknell Memorial Award is given for outstanding services to the Association and for 2021 is made to Jon Fairclough of Surrey/Sussex Group.*

Following is the text of one of his Group nominations: "Over the past four years he has introduced, and coordinated with external consultants and the CTT, innovative new IT Systems for the organisation. In particular, the Membership and Standards Systems are a vast improvement on the previous systems and Jon has always been very prompt to investigate and rectify problems which have arisen. We feel that his commitment and enthusiasm and all the time and effort he has put in for the VTTA should be recognised. He has done a thorough and professional job driving the changes and supporting Groups with implementation."

*C. W. Cooke Trophy is given for the most meritorious racing performances of the season and for 2021 is awarded to Christina Murray of Scotland Group.*

Her nomination by Scotland Group follows: "Apart from setting several new Group Records at 25, 30 & 50 mile distances, Christina also beat her own 24 hour record of 2019 by a margin of 11.86 miles, and in doing so, also set a new Woman's national and VTTA Age record with her distance of 490.28 miles in the RTTC / VTTA 24 hour championship giving her a plus of 161.41 at age 44. This witnessed her seeing off all but one of the field to finish second overall to R. Mitchells' distance of 521.68 miles." The nomination then listed her exemplary performances at all distances during 2021.

