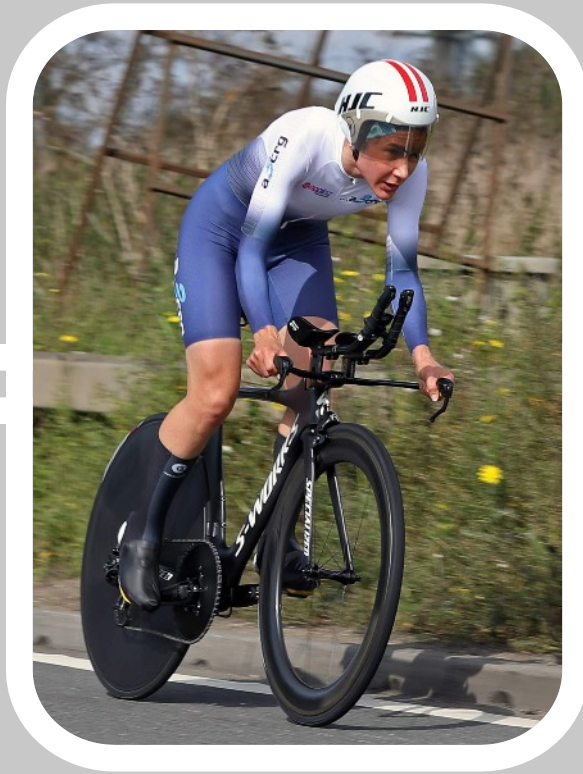




2022 HANDBOOK



Veterans Time Trials Association

Competitive Cycling for Life

Since 1943

THE VTТА - A SHORT CHRONICLE



E H Strevens September 1945

E H Strevens (initials were *de rigueur* in the past) established in the North London area in 1939 an organisation (indeed he was that organisation), by the name of Nor-O-Lon for the promotion of Veteran Time Trials and these he both ran, financed and developed until by his inspiration and enterprise there was formed, in the spring of 1943, the Veterans Time Trials Association with Mr Strevens as its first Secretary. The inaugural meeting was held at The Old Sal, Barnet, on Monday 7th March 1943 to which prominent veteran riders of the day were invited to attend and forty-five of whom did.

The VTТА, at its inception, visualised “a nation-wide organisation offering congenial membership and road competition for all over-40 cyclists, no matter where they may reside”.

It remained an all male organisation until 1971 when London Group finally managed to effect a change of rules which allowed applications from women to be accepted.

An early edition of the magazine contained the following proclamation:

“As we ‘grow up’ we discover that life is a series of revelations, each more attractive than the last. We call ourselves ‘Veterans’, but only the under 40s regard the word as meaning ‘has beens’. We know that the most

satisfying feature in life’s continuous approach to maturity is the stuff called experience and the wiser expertness that solidly emphasises the worthiness of achievement. Only the misguided folk who stop natural bodily exercise unwind from early middle age to decrepitude. The fit man blossoms as he takes on years.

One thing only we lose as we grow older – whip cord fleetness. But there still remains the competition, the club companionship and rivalry, the grand enjoyment of cycling and – The Game”.

By September 1944, membership was 157.

In June 1947 a ‘Special Luncheon’ was held which was attended by thirty people and the whole affair was paid for by the President, E H Strevens.

Much has changed since then. Membership rose rapidly in the post-war boom, and has steadied at around 3000 today.



VETERANS TIME TRIALS ASSOCIATION

HANDBOOK 2022

Containing details of National and Group Officers

Rules and Regulations

Event Programme for 2022

Results of 2021 Championships

Current National Age Records

Past Champions

Guide to Standard Awards

Standards Tables

CONTENTS

| | |
|--|-----------|
| <u>National Executive Committee</u> | <u>5</u> |
| <u>Past and Current Officials</u> | <u>6</u> |
| <u>National Championships for 2022</u> | <u>7</u> |
| Group Officials and Events - <u>East Anglian</u> | <u>8</u> |
| <u>East Midlands</u> | <u>10</u> |
| <u>Kent</u> | <u>11</u> |
| <u>London & Home Counties</u> | <u>13</u> |
| <u>Manchester & North West</u> | <u>14</u> |
| <u>Merseyside</u> | <u>15</u> |
| <u>Midlands</u> | <u>16</u> |
| <u>North</u> | <u>17</u> |
| <u>North Lancashire & Lakes</u> | <u>18</u> |
| <u>North Midlands</u> | <u>19</u> |
| <u>Scotland</u> | <u>20</u> |
| <u>South Wales</u> | <u>22</u> |
| <u>Surrey/Sussex</u> | <u>23</u> |
| <u>Wessex</u> | <u>24</u> |
| <u>West</u> | <u>25</u> |
| <u>Yorkshire</u> | <u>26</u> |
| <u>Constitution and Rules</u> | <u>27</u> |
| Regulations - <u>Time Trials</u> | <u>31</u> |
| <u>Standard Awards</u> | <u>31</u> |
| <u>Age Records</u> | <u>32</u> |
| <u>National Championships</u> | <u>33</u> |
| <u>BAR, 3 Dist. and Short Dist. Competitions</u> | <u>33</u> |
| <u>Meritorious Award (C W Cooke Trophy)</u> | <u>35</u> |
| <u>Bricknell Memorial Award</u> | <u>35</u> |
| <u>Return of Trophies</u> | <u>35</u> |
| <u>Note to the Standards Tables</u> | <u>35</u> |
| <u>VTTA Standards Explained</u> | <u>36</u> |
| <u>The Newly Introduced 'Vets Handicap Result' - A Short Explanation</u> | <u>38</u> |
| <u>National Competitions Explained</u> | <u>39</u> |
| <u>National Trophies and 2021 Recipients</u> | <u>40</u> |
| <u>Competition Awards 2021 - BAR, 3 Dist. and Short Dist. Competitions</u> | <u>41</u> |
| <u>National Championship Awards 2021</u> | <u>42</u> |
| <u>Closed Circuit Championship Awards 2021</u> | <u>45</u> |
| <u>Past Champions</u> | <u>46</u> |
| <u>Past Winners of Ted Bricknell Memorial Award and C W Cooke Trophy</u> | <u>56</u> |
| <u>National Age Records - Road Time Trial</u> | <u>57</u> |
| <u>National Age Records - Track</u> | <u>64</u> |
| <u>Age Standards Tables</u> | <u>66</u> |
| <u>Vets Age Handicap Tables (Solo Bikes Only)</u> | <u>74</u> |

**NOTE -
THROUGHOUT
THIS
HANDBOOK
UNDERLINED
TEXT
INDICATES A
HYPERLINK IN
THE DIGITAL
VERSION**

VETERANS TIME TRIALS ASSOCIATION

NATIONAL EXECUTIVE 2022

President



Tony Farrell (Manchester & North West)
Lealtad, Brookledge Lane, Adlington, Cheshire, SK10 4JU
01625 820210 : f.t.a.1@icloud.com

Chairman



Andrew Simpkins (Midlands)
13 Lupin Drive, Walton Cardiff, Tewksbury, GL20 7FT
07767 835004 : chairman@vtta.org.uk

National Secretary



Rachael Elliott (London & Home Counties)
6 Pindar Place, Newbury, RG14 2RR
07931 722817 : secretary@vtta.org.uk

Treasurer



Ian Pritchard (West)
Doverscourt, 21 Channel Road, Portishead, Bristol, BS20 6LZ
01275 845779 : i.pritchard@sky.com

Membership Secretary



Merv Player (East Anglian)
18 New Close, Knebworth, Herts, SG3 6NU
01438 814154 : mervplayer33@gmail.com

Road Records Secretary



Geoff Perry (London & Home Counties)
5 The Meadway, Loughton, Milton Keynes, MK5 8AN
07808 839811 : geoffreyperry@aol.com

Editor & Advertising Secretary



Mike Penrice (Yorkshire)
Tawnylands, South Duffield Road, Osgodby, Selby, YO8 5HP
01757 291196 : editor@vtta.org.uk

Track Records & Awards Secretary



Ian Greenstreet (London & Home Count)
Davandy, Long Lane, Shaw, Newbury, RG14 2TH
07980 301321 : iangreenstreet@gmail.com

IT Manager



Jon Fairclough (Scotland)
Address withheld
01573 963125 / 07976 558616 : itmanager@vtta.org.uk

**The National Executive is supported by the National Forum,
comprising delegates from each of our 16 groups
and is chaired by the President.**

Vice Presidents

Eddie Green, Jim Burgin

Website : vtta.org.uk and Facebook

PAST AND CURRENT OFFICIALS

President

| | | | |
|-----------------|-------------|--------------|-------------|
| E H Strevens | 1945 - 1952 | Mrs D Mahar | 2000 - 2004 |
| H G Gibbs | 1953 - 1956 | J P Ogden | 2005 - 2009 |
| E H Bricknell | 1957 - 1970 | A Colburn | 2010 - 2014 |
| R H Clarke | 1971 - 1994 | Carole Gandy | 2015 -2020 |
| Mrs E Brambleby | 1995 - 1999 | A. Farrell | 2021 - |

Chairman

| | | | |
|------------|-------------|-----------------|-------------|
| C W Cooke | 1943 | I Jones | 1985 |
| L F Dixon | 1944 -1948 | Mrs E Brambleby | 1986 - 1994 |
| A E Lang | 1949 - 1959 | E A Green | 1995 - 2004 |
| M C Rees | 1960 -1962 | G Nowland | 2005 - 2010 |
| W G Knight | 1963 - 1980 | J Burgin | 2011 - 2016 |
| S Harvey | 1980 -1984 | A Simpkins | 2017 - |

Secretary

| | | | |
|--------------|-------------|-----------------|-------------|
| E H Strevens | 1943 | S E Hayward | 1965 - 1995 |
| G Hibbs | 1944 | M J Ellis BEM | 1996 |
| H Webb | 1945 | W G Pickering | 1997 - 2007 |
| C W Cooke | 1946 - 1948 | Ann Butterworth | 2007 - 2013 |
| J C Ballard | 1949 | Rachael Elliott | 2014 - |
| H L Lincoln | 1950 - 1964 | | |

Treasurer

| | | | |
|--------------|-------------|--------------|-------------|
| E H Strevens | 1943 | T N Anderson | 1996 - 2000 |
| C A Sturt | 1944 - 1945 | G Smart | 2001 - 2005 |
| E W Harman | 1946 - 1948 | J D Gresty | 2006 - 2010 |
| L S Davis | 1949 - 1952 | C Grant | 2011 - 2014 |
| A E Tester | 1953 - 1956 | W J Gladwin | 2014 - 2016 |
| H L Lincoln | 1957 - 1964 | Mary Corbett | 2017 - 2019 |
| S E Hayward | 1965 - 1995 | I Pritchard | 2021 - |

VTTA NATIONAL CHAMPIONSHIPS FOR 2022

| Date | Organising Club | Dist. | Course | Start | Fee | Closing Date | NEC Rep. |
|---|---|----------|--------|-------|-----|-------------------------|-----------------|
| Saturday 16 th April 2022 | VTTA M&NW Tony Farrell, Lealtad, Brookledge Lane, Adlington, Cheshire, SK10 4JU Contact: Tel - 01625 820210; Email - f.t.a.1@icloud.com | 15 mile | J4/32 | 14.00 | £15 | 5 th April | Mike Penrice |
| Saturday 30 th April 2022 | VTTA West Gordon Scott, Rosemarie, West Stafford, Dorchester, DT2 8AB Contact: Tel - 01305 264076; Email - allinadayscycling@gmail.com | 10 mile | U7B | 13.00 | £13 | 19 th April | Ian Pritchard |
| Saturday 14 th May 2022 | Bike Pace / VTTA S Wales Robert Jones, 2 Little Orchard, Dinas Powys, CM21 9ET Contact: Tel - 07873 353207; Email - robert.jones33@virgin.net | 50 mile | R50/1B | 14.00 | £16 | 3 rd May | Andrew Simpkins |
| Sunday 29 th May 2022 | Hounslow & Dist Whs / VTTA L&HC Bruce McMichael, 205 London Road, Twickenham, TW1 1EJ Contact: Tel - 07503 251549; Email - mcmichael.205@gmail.com | 100 mile | H100/8 | 7.00 | £15 | 17 th May | Ian Greenstreet |
| Sat / Sun 23 rd / 24 th July 2022 | Mersey Roads Club Jon Williams, 6 Balfour Road, Prenton, Merseyside CH43 4UD Tel - 07753 612619; Email - oggy_merseyroads@hotmail.com | 24 hour | D24hr | 13.00 | £40 | 17 th June | Jon Fairclough |
| Sunday 21 st August 2022 | Wigan Wheelers Nigel Clementson, 80 Shevington Moor, Standish, Wigan, WN6 0SE Contact: Tel - 07862 289430; Email - nigelnjc@hotmail.co.uk | 30 mile | L308 | 7.00 | £15 | 9 th August | Tony Farrell |
| Sunday 4 th September 2022 | Welsh CA Robin Field, 89 Velindre Road, Whitchurch, Cardiff, CF14 2TG Contact: Tel - 02920 632358; Email - robin.field@cyclingtimitrials.org.uk | 12 hour | R12/16 | 5.30 | £40 | 7 th August | Geoff Perry |
| Sunday 11 th September 2022 | Cambridge CC Chris Dyason, 2 Prime's Corner, Histon, Cambridge, CB24 9AG Contact: Tel - 01223 236239; Email - cdyason@hotmail.com | 25 mile | F2A/25 | 9.00 | £16 | 30 th August | Andrew Simpkins |

ALL NATIONAL CHAMPIONSHIPS INCLUDE A TANDEM CHAMPIONSHIP.

VTTA REGIONAL CLOSED CIRCUIT CHAMPIONSHIPS FOR 2022

| Date | Organising Club | Dist. | Course | Start | Fee | Closing Date | NEC Rep. |
|---|--|-----------|------------------|-------|-----|-------------------------|--------------|
| Saturday 2 nd July 2022 | ...a3crg / VTTA Wessex (Southern Closed Circuit) David Collard-Berry, 59 Midhurst Road, Fernhurst, Haslemere, Surrey, GU27 3EN Contact: Tel - 01428 651843; Email - dcb@a3crg.co.uk | 11.8 mile | P917 Goodwood | 18.00 | £20 | 22 nd June | |
| Sunday 23 rd October 2022 | VTTA North (Northern Closed Circuit) Gavin Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS5 8LY Contact: Tel - 01642 654419; Email - gavin_russell@hotmail.co.uk | 10 mile | T10c Croft | 13.00 | £13 | 4 th October | Mike Penrice |

OPEN TO ALL VETERANS, NOT JUST VTTA MEMBERS. INCLUDES ROAD BIKE CATEGORIES.

GROUP OFFICIALS & EVENTS FOR 2022

| EAST ANGLIAN GROUP OFFICIALS | | | |
|---|------------------|--|--|
| Chairman & Press Editor | Andrew Grant | Address withheld | 01638 741433 chairman@vttaea.co.uk |
| General Secretary | Christine Holmes | 6 Middlemead, West Hanningfield, Chelmsford, Essex CM2 8UT | 07850 468341 gen.sec@vttaea.co.uk |
| Membership Secretary | Merv Player | 18 New Close, Knebworth, Herts SG3 6NU | 01438 814154 mem.sec@vttaea.co.uk |
| Treasurer & Luncheon Organiser | Keith Dorling | Address withheld | 07714 937777 treasurer@vttaea.co.uk |
| Recorder & Age Records Secretary | Ken Platts | Address withheld | 01223 870963 records@vttaea.co.uk |
| Awards Secretary | Denese Hallahan | Address withheld | 01945 583852 denese.hallahan@btinternet.com |
| Time Trial Secretary | John Golder | Address withheld | 07709 328113 tt.sec@vttaea.co.uk |
| Webmaster & Group Administrator | Noel Toone | Address withheld | 01832 274369 webmaster@vttaea.co.uk |

| EAST ANGLIAN GROUP EVENTS | | | | | | |
|------------------------------|------------------------------------|-------|--------|-------|-----|---|
| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
| Sat 9 th April | Group Circuit 25 - #R and 2-up TTT | 25 | E33/25 | 14.00 | £15 | Wayne Marks, Thatched Cottage, Market Street, Shipdham, Norfolk, IP25 7LZ 07538 198077 : wayne.r.marks@outlook.com |
| Sat 14 th May. | Leo 30 (inc Group 30) #T | 30 | E2/30c | 14.00 | £15 | John Golder, 6 Middlemead, West Hanningfield, Chelmsford, Essex, CM2 8UT 07709 328113 : jgolder66@outlook.com |
| Wed 1 st June | Group 10 #P(50 riders) | 10 | E2/10 | 19.00 | £15 | Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT. 07873 707826 : mwmartin_actuary@hotmail.co.uk |
| Fri 3 rd June | Group/ Viking 50) #P, #T | 50 | F2/50 | 14.00 | £16 | Chris Dyason, 2 Prime's Corner, Histon, Cambridge, CB24 9AG 07970 093019 : cdyason@hotmail.com |

| | | | | | | |
|---------------------------------|---|------|--------|-------|-----|--|
| Wed 8 th June | Group 10 #P (50 riders) | 10 | E2/10 | 19.00 | £15 | Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT. 07873 707826 : mwmartin_actuary@hotmail.co.uk |
| Wed 15 th June | Group 10 #P (50 riders) | 10 | E2/10 | 19.00 | £15 | Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS 07729 250305 : gary@hub-velo.co.uk |
| Wed 22 nd June | Group 10 #P (50 riders) | 10 | E2/10 | 19.00 | £15 | Harry Moore, 105 Lansdowne Drive, London, E8 4NE 07885 736383 : harry_louise@btinternet.com |
| Wed 29 th June | Group 10 #P (50 riders) | 10 | E2/10 | 19.00 | £15 | Keith Dorling, Willows, Henham Road, Debden Green, Saffron Walden, Essex, CB11 3LZ 07714 937777 : krd51@icloud.com |
| Sun 10 th July | CC Breckland 100 (inc Group 100) #T | 100 | B100/4 | 6.00 | £13 | Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS 07729 250305 : gary@hub-velo.co.uk |
| Sun 31 st July | Group 25 #P, #T | 25 | E2/25 | 6.00 | £15 | Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS 07729 250305 : gary@hub-velo.co.uk |
| Sun 7 th Aug | CC Breckland (inc Group 12hr) #T | 12hr | B12/3 | 6.00 | £16 | Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS 07729 250305 : gary@hub-velo.co.uk |
| Sat 3 rd Sept | Group 10 #P, #T | 10 | E2/10 | 14.00 | £15 | Dominic Whitehead, 4 Dovehouse Close, Godmanchester, Huntingdon, PE29 2DY 07504 439362 : berylodom@yahoo.co.uk |
| Sun 11 th Sept | VTTA National Championship (Cambridge CC) #T | 25 | F2A/25 | 9.00 | £16 | Chris Dyason, 2 Prime's Corner, Histon, Cambridge, CB24 9AG 07970 093019 : cdyason@hotmail.com |
| Sat 24 th Sept | Group 25 #P, #T | 25 | E2/25 | 14.00 | £15 | Michael Martin, 7 Penfold Close, Baldock, Herts, SG7 6UT. 07873 707826 : mwmartin_actuary@hotmail.co.uk |

#P = Preference EA Group members. #R - Includes road bike event. #T - Includes tandem event.

The 10 league consists of the above 6 events with best 4 to count.

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

EAST MIDLANDS GROUP OFFICIALS

| | | | |
|-----------------------------------|-----------------|--|--|
| President | David Herd | 2 Meadows Close, Long Bennington, Newark, Notts, NG23 5EQ | 01400 281116 davidherd63@outlook.com |
| Vice President | Jim Goodwin | 7 John Street, Eckington, Sheffield, S Yorks, S31 9DU | 01246 434595 |
| Chairman | Sue Bowler | 14 Sunnyhill Ave, Littleover, Derbys, DE23 1JP | 01332 763775 suejbowler@gmail.com |
| Secretary | Russell Gent | 14 Westfield Road, Leicester, LE3 6HR | 01162 858738 rwgent@btinternet.com |
| Treasurer | Kath Smith | 14 Main Street, Wilsford, Grantham, Lincs, NG32 3NP | 01400 230512 davidandkathsmith@btinternet.com |
| Recorder | Graham Green | 6 Rumsey Close, Thringston, Coalville, Leics, LE6 7NY | 01530 224385 grahamgreen42@btinternet.com |
| Trophies Secretary (Joint) | Ron Hallam | 21 Church Street, Heanor, Derbys, DE75 7AH | 01773 717985 reaphallam@gmail.com |
| | Colin Parkinson | 12 Collingham Road, Leicester, LE3 2BA | 01162 091371 cdp@lineone.net |
| Dinner Secretary | Gail Summerlin | 19 The Paddocks, Sandiacre, Nottingham, NG10 5HQ | 01159 398984 gailgs59@gmail.com |
| 'Veteran' Reporter | David Herd | 2 Meadows Close, Long Bennington, Newark, Notts, NG23 5EQ | 01400 281116 davidherd63@outlook.com |

EAST MIDLANDS GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|----------------------------------|---|-------|---------|-------|-----|---|
| Sat 23 rd April | VTTA E Mids #P | 10 | A10/14A | 15.00 | £11 | D Yarham, 7 Torpel Way, Maxey, Peterborough, Cambs, PE6 9EQ. 01778 343077 |
| Sat 14 th May | Melton Olympic (incorp. VTTA E Mids Jack Watts Memorial 25) (Slowest 120 riders) | 25 | A25/34 | 14.00 | £11 | KR Gent 14 Westfield Road, Leicester LE3 6HR. 07802 541082 |
| Sat 4 th June | VTTA E Mids #P #T | 25 | A25/34 | 14.00 | £11 | KR Gent 14 Westfield Road, Leicester LE3 6HR. 07802 541082 |
| Sat 20 th Aug | VTTA E Mids / Team Ohten Aveas #P | 25 | A25/34 | 14.00 | £11 | Roy Oakes, 635 Nuthall Road, Nottingham, NG8 6AF 07849 638529 |

#P = Preference VTTA members. #T = Includes tandem event.

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

KENT GROUP OFFICIALS

| | | | |
|---------------------------------|--|--|--|
| President | Carole Gandy | 12 Regent Drive, Loose, Maidstone, Kent ME15 6DG | 01622 762837 carole.gandy12@gmail.com |
| Chairman | Mark Vowells | Penny Green, Round Street, Cobham, Kent DA13 9BA | 01474 393402 markvowells@hotmail.co.uk |
| Vice Chairman | John Hawkrige | 12 Regent Drive, Loose, Maidstone, Kent ME15 6DG | 01622 762837 john.hawklaw@googlemail.com |
| General Secretary | Carole Gandy | 12 Regent Drive, Loose, Maidstone, Kent ME15 6DG | 01622 762837 carole.gandy12@gmail.com |
| Treasurer | Chris Bax | 23 Garrard Avenue, Margate, Kent, CT9 5PY | 01843 223146 chris.bax@talktalk.net |
| Social Secretary | Tom Morton | 42 Chiltern End, Ashford, Kent TN24 8QJ | 01233 665081 tommorton1@sky.com |
| Group Recorder | Ian Turner | 6 Parkway, Tonbridge, Kent TN10 4RA | 01732 358714 ic.turner@btinternet.com |
| Group Reporter | Ian Turner | Details above | |
| Time Trial Secretary | Robert Giles | 91 Park Way, Coxheath, Maidstone, Kent ME17 4EX | 07905 086613 robertggiles@icloud.com |
| Kent Vet News Production | Neil Quarmby | Hatton House, Perry Street, Chislehurst BR7 6PU | 02030153626 neil@islimited.co.uk |
| Committee Members | Dave Wright, Antony Bee, David Greenwood | | |



Kent Group Time Trial Secretary and event organiser Robert Giles (PMR) racing a Goodwood closed circuit TT in August 2021

KENT GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|----------------------------------|------------|-------|--------|-------|-----|---|
| Sat 26 th March | VTTA Kent | 10 | Q10/24 | 15.00 | £14 | David Mackey, 24 Forest Drive, Chatham, Kent ME5 9PD 07913 658336 : d.mackey1971@outlook.com |
| Sun 24 th April | VTTA Kent | 30 | Q30/2 | 7.00 | £14 | Simon Henderson, 9 Minster Road, Ramsgate, Kent CT11 0JL. 07813 085640 : simondhenderson44@btinternet.com |
| Sun 12 th June | VTTA Kent | 25 | Q25/8 | 6.30 | £14 | Nicholas Fennell, 7 Jaggard Way, Staplehurst, Kent TN12 0LE 07860 940862 : nic.fennell@hotmail.com |
| Sun 19 th June | VTTA Kent | 10 | Q10/30 | 6.30 | £14 | Robert Giles, 91 Park Way, Maidstone, ME17 4EX. 07905 086613 : robertggiles@icloud.com |
| Sun 10 th July | VTTA Kent | 50 | Q50/11 | 6.30 | £14 | Robert Giles, 91 Park Way, Maidstone, ME17 4EX. 07905 086613 : robertggiles@icloud.com |
| Sat 30 th July | VTTA Kent | 10 | Q10/22 | 7.00 | £14 | Colin Ashcroft, 127 Upton Road, Bexley Heath, Kent DA6 8LS 0208 303 0351 : colin.ashcroft@outlook.com |
| Sun 11 th Sept | VTTA Kent | 25 | Q25/12 | 7.30 | £14 | Aaron Hudson-Tyreman, The Independent Pedaler, Highland Court Farm, Canterbury, CT4 5HW. 07738 857820 : aaronhudson tyreman@gmail.com |
| Sun 9 th Oct | VTTA Kent | 15 | Q15/20 | 8.00 | £14 | Andrew Meilak 07793 822365 : andrew.meilak@icloud.com |

All events include tandem section.

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

VTTA KENT CLUB 10@10 SERIES

Wed 6th April, Wed 4th May, Wed 1st June, Wed 6th July, Wed 3rd Aug, Wed 7th Sept, Wed 5th Oct, Wed 14th Dec (road bikes only)

All events are 10 miles, on course Q10/33 and start at 10.00. £5 entry at the event.

LONDON & HOME COUNTIES GROUP OFFICIALS

| | | | |
|-----------------------------------|----------------|---|--|
| President | Jim Burgin | 33 Pinelands Park, Welshman's Road, Padworth Common, Reading, RG7 4QB | 0118 970 1147 jim.burgin1@btinternet.com |
| Chairperson | Peter Tasker | 38 Wellhead Road, Totternhoe, Dunstable, LU6 1QS | |
| Secretary | John Hoskins | 8 Ryvers Road, Langley, Slough, Berks, SL3 8SB | 07717 086689 secretarylahc@btinternet.com |
| Treasurer | John Hoskins | Details above | com |
| Recorder/ Records Sec. | Geoff Perry | 5 Meadway, Loughton, Milton Keynes, MK5 8AN | 07808 905879 : geoffreyperry@aol.com |
| Social Secretary | Katja Rietdorf | 24 Vyne Crescent, Great Holm, Milton Keynes, MK8 9EJ | 07543 852940 katja.rietdorf@gmail.com |
| Trophy Secretary | Geir Robinson | 8 Landrock Road, London, N8 9HP | 07773 771902 geir.robinson@bp.com |
| Time Trials Secretary | David Guy | 2-5 Warwick Court, London, WC1R 5DJ | 07711 697900 ovcyclingclub@hotmail.co.uk |

LONDON & HOME COUNTIES GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|-------------------------------|------------------------------------|-------|------------|-------|-----|--|
| Sun 8 th May | VTTA L&HC (Don Byham) #P, #T | 10 | F11/10 | 7.00 | £14 | Geoff Perry, 5 Meadway, Loughton, Milton Keynes, MK5 8AN. 07808 905879 : geoffreyperry@aol.com |
| Thur 16 th June | VTTA H&HC #P, #T | 10 | H10/3 r | 14.00 | £14 | Stuart Stow, 28 Tanglyn Avenue, Shepperton, Middx, TW17 0AE 07657 355169 : sstowentries@ottimo.co.uk |
| Sun 17 th July | VTTA L&HC #P, #T | 10 | F11/10 | 8.00 | £14 | David Guy, 2-5 Warwick Court, London, WC1R 5DJ 07711 697900 : ovcyclingclub@hotmail.co.uk |
| Wed 17 th Aug | VTTA L&HC #P, #T | 10 | H10/3 r | 14.00 | £14 | Claire Emons, Lorien, Tile Barn, Woolton Hill, Newbury, RG20 9XE 07733 272826 : fambafamba@yahoo.co.uk |
| Sun 18 th Sept | VTTA L&HC (Rocco 25) #P, #T | 25 | H25/2 | 8.00 | £14 | Wolfgang Emmerich, 20 Glenloch Road, London, NW3 4DN 07887 930345 : we@acm.org |

#P = Preference VTТА members. #T = Includes tandem event.

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

MANCHESTER & NORTH WEST GROUP OFFICIALS

| | | | |
|-------------------------|----------------|--|--|
| President | Jim Ogden | The Old Boundary Cottage, 3 Pexhill Road, Broken Cross, Macclesfield, SK10 3LL | ogdenjim@yahoo.co.uk |
| Chairman | Tony Farrell | Lealtad, Brookledge Lane, Adlington, Cheshire, SK10 4JU | 01625 820210 f.t.a.1@icloud.com |
| Secretary | Neville Ashman | 77 Hulme Hall Road, Cheadle Hulme, Cheadle, Cheshire, SK8 6JZ | 0161 485 7969 neville.ashman@ntlworld.com |
| Treasurer | Edgar Reynolds | 141 Main Street, Halton Village, Runcorn, Cheshire, WA7 2PP | 07547 644354 e.reynolds2013@outlook.com |
| Recorder | David Wright | 46 Coppice Green, Kingswood, Warrington, Cheshire, WA5 7WA | 01925 710653 davidwright1000@btinternet.com |
| News Editor | Ken Workman | 30 Cemetery Road, Denton, Manchester. M34 6ER | 0161 336 4204 kenworkman66@gmail.com |
| Committee Member | Derek Hodgins | 46 Carleton Road, Higher Poynton, Stockport, Cheshire, SK12 1TL | 01625 873480 dbhodgins@virginmedia.com |

MANCHESTER & NORTH WEST GROUP EVENTS

| Date | Event Name | Dist | Course | Start | Fee | Event Secretary |
|----------------------------|--|------|--------|-------|-----|---|
| Sat 19 th March | M&DTTA / VTTA M&NW #T | 10 | J4/20 | 14.00 | £11 | David Clayton, 117 Thirlmere, Macclesfield, SK11 7YJ davidcl1964@gmail.com : 07879 602821 |
| Sat 16 th April | VTTA Nat'l Championship (VTTA M&NW) #P, #T | 15 | J4/32 | 14.00 | £15 | Tony Farrell, Lealtad, Brookledge Lane, Adlington, Cheshire, SK10 4JU 01625 820210 : f.t.a.1@icloud.com |
| Sat 21 st May | Warrington RC / VTTA M&NW | 50 | J4/9 | 14.00 | £12 | David Wright, 46 Coppice Green, Kingswood, Warrington, WA5 7WA davidwright1000@btinternet.com : 07764 730801 |
| Sat 4 th June | Janus RC / VTTA M&NW #T | 25 | J4/8 | 14.00 | £12 | Tim Smith, 15 Wyngate Road, Cheadle Hulme, Cheshire, SK8 6ER email@timdsmith.co.uk : 07886 898398 |
| Thur 16 th June | Buxton CC / VTTA M&NW #T | 10 | J10/1 | 19.00 | £11 | Mat Iving, Southmead, Bishops Lane, Buxton, SK17 6UN mat@ivings.co.uk : 07967 621448 |
| Sat 16 th July | Seamons CC / VTTA M&NW | 25 | J2/9 | 14.00 | £11 | Charles Carraz, 36 Barkers Lane, Sale, M33 6RG : 07789 747116 seamonssttsec@hotmail.co.uk |

#P = Preference to VTTA members. #T = Includes tandem event

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

MERSEYSIDE GROUP OFFICIALS

| | | | |
|---|------------------|---|--|
| President & Treasurer | Phil Guy | 6 Old Farm Road, Hadnall, Shrewsbury, SY4 4BH | 07970 047734 grandadguy@gmail.com |
| Chairman | Mel Griffiths | 54 Kendal Road, Harlescott, Shrewsbury, SY1 4ES | 07784 904954 |
| Secretary | Susan Aldridge | 33 Curzon Road, Prenton, Birkenhead, CH42 8PD | 07708 361250 : susanaldrige@hotmail.com |
| Recorder & News Editor | Geoff Edgerton | 10 Hazlitt Place, Wem, Shropshire, SY4 5JR | 07528 176345 geoff.edgerton@outlook.com |
| Records Secretary | Janet Fairclough | Boundary Cottage, Long Lane, Bickerstaffe, Liverpool, L39 9EE | 07877 291055 janet.fairclough1@outlook.com |
| Social Secretary | Brigid Night | 49 Bates Lane, Helsby, Cheshire, WA6 9LH | 07979 184233 brigidnight@gmail.com |
| Web Admin & Social Media Secretary | Susan Aldridge | Details above | |

MERSEYSIDE GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|-------------------------------|------------------------------------|-------|-------------|-------|------------|---|
| Sun 10 th April | Mid Shropshire Whs #T & 2up TTT | 25 | D25/20 | 8.00 | £11 | Simon Evans, 44 Bromley Road, Bicton Heath, Shrewsbury, SY3 5AZ. 01743 353671 |
| Sun 8 th May | West Cheshire TTCA #T | 30 | D30/11 | 8.00 | £11.5 0 | Peter Catherall, 49 Elm Grove, Buckley, Flintshire, CH27 2LU : 07773 587793 |
| Sun 29 th May | Chester RC | 25 | D25/23 T | 7.30 | £11 | Paul Modern 07932 509409 |
| Sun 12 th June | West Cheshire TTCA | 50 | D50/3R | 7.00 | £11.5 0 | Peter Catherall, 49 Elm Grove, Buckley, Flintshire, CH27 2LU : 07773 587793 |
| Sat 6 th Aug | Nova Raiders CC #T | 10 | D10/23 R | 14.00 | £11 | Fliss Connor, 15 Bloomsbury Court, Muxton, Telford, TF2 8DL : 07891 154255 |
| Sun 28 th Aug | North Shropshire Whs | 25 | D25/23 T | 8.00 | £11 | Elaine Langley, 4a Smallbrook Road, Whitchurch, SY13 1BP : 07721 769991 |
| Sat 3 rd Sept | Frodsham Whs #T & 2up TTT | 10 | D10/1 | 14.00 | £13 | Chris Hanson-Jones, 115 Heath Road South, Weston, Runcorn, WA7 4QH : 07769 255373 |

#T = Includes tandem event.

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

MIDLANDS GROUP OFFICIALS

| | | | |
|---|--------------------|---|--|
| President | Alan Colburn | The Willows, Jury Lane, Martley, Worcester, WR6 6PE | 01886 888575 alancolburn@btinternet.com |
| Chairman | Alastair Semple | 76 Ascot Road, Stafford, ST17 0AQ | 07955 032010 ascoaching@outlook.com |
| Secretary | Scott Westwood | 4 Woodpecker Way, Heath Hayes, Cannock, Staffs, WS11 7WJ | 07983 587440 scott.westwood41@icloud.com |
| Treasurer / Membership Secretary | Margaret Colburn | The Willows, Jury Lane, Martley, Worcester, WR6 6PE | 01886 888575 margaret.colburn@martley.org |
| Recorder | Steve Jenks | 43 Kimberley Road, Olton, Solihull, B92 8PX | 0121 684 5240 stevejmo7@hotmail.com |
| Social Secretary | Greta Spiers | Jasmine Cottage, 25 Cleeve Road, Marcliff, Bidford on Avon, B50 4NX | greta.aline@btinternet.com |
| Competitions Secretary | Position vacant | | |
| Editor | David Steel | The Oast House, Ocle Mead, Ocle Pychard, Herefordshire, HR1 3RN | radfordmill@aol.com |
| Committee Member | Norman Fenn | 54 Bassnage Road, Halesowen, B63 4HQ | fennn720@gmail.com |

MIDLANDS GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|---------------------------------|---|--|--------|-------|-----|--|
| Sat 9 th April | VTTA Midlands (Welland Trophy) | 15 | K47/15 | 14.00 | £13 | Mike Amery, 18 Giffard Drive, Welland, Malvern, Worcs, WR13 6SE. 07494 587464 : mikeamery58@gmail.com |
| | | Solo and 2-up. Joint competition between VTTA and LVRC | | | | |
| Sat 17 th Sept | VTTA Midlands | 10 | K48/10 | 14.00 | £12 | Scott Westwood : 07983 587440 scott.westwood41@icloud.com |

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

NORTH GROUP OFFICIALS

| | | | |
|---|--|--|--|
| President | David Oliver | Ryhill, Kirk Merrington, Spennymoor, Co Durham, DL16 7DJ | doliver.sen@icloud.com |
| Vice Presidents | G.W. Morgan, Ray Luckett, Jack.Athey & Albert Harrison | | |
| Chairman & Treasurer | Paul Dawson | 45 Yearby Close, Acklam, Middlesbrough, TS5 8LY | 01642 850435 andrew.dawson9@btinternet.com |
| Secretary & Press Secretary | Gavin Russell | 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF | 01642 654419 gavin_russell@hotmail.co.uk |
| Recorder | Phil Wright | 22 Hampstead Gardens, Hartlepool, TS26 0LX | 07702 244922 jagryk@aol.com |
| Points Comp. Recorder & Social Secretary | Ruth Crossley | Merle Cottage, 66 Cooper Lane, Potto, Northallerton, North Yorkshire, DL6 3HA | 01642 701264 |

NORTH GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|--------------------------------|---|---|--------|-------|-----|--|
| Sun 22 nd May | Hartlepool CC / VTTA North | 10 | T102 | 9.00 | £13 | Phil Wright, 22 Hampstead Gardens, Hartlepool, TS26 0LX 07702 244922 : jagryk@aol.com |
| Sun 5 th June | VTTA North / Cleveland Coureurs (No prizes) | 10 | T102 | 9.00 | £10 | Gavin Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF. 01642 654419 : gavin_russell@hotmail.co.uk |
| Sun 31 st July | Cleveland Coureurs / VTTA North | 25 | T252/3 | 8.00 | £13 | Gavin Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF. 01642 654419 : gavin_russell@hotmail.co.uk |
| Teesside District Championship | | | | | | |
| Sun 28 th Aug | Darlington CC / VTTA North | 50 | T504 | 8.30 | £13 | Marcel Schubert, 21 Bleath Ghyll, Darlington, DL2 2GS 07412102735 : Marcel.Schubert@gmx.net |
| Sun 23 rd Oct | VTTA (North)Veteran North Closed Circuit Championship | 10 | T10C | 13.00 | £13 | Gavin Russell, 2 Antrim Avenue, Fairfield, Stockton-on-Tees, TS19 7JF. 01642 654419 : gavin_russell@hotmail.co.uk |
| | | Open to all aged over 40, members & non-members | | | | |
| Sun 25 th Sept | Cleveland Whs CC | Hill | THC33 | 10.00 | £13 | Steven Tilly, 6 Elgin Court, Darlington, DL1 3RQ. 07982 255809 : secretary@clevelandwheelers.com |

Incorporating VTTA North hill climb championship

All events include road bike category. All except Closed Circuit Championship also include tandems.

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

NORTH LANCASHIRE & LAKES GROUP OFFICIALS

| | | | |
|---|---|---|---|
| Chairman, Recorder & Press Secretary | Richard Taylor | 15 Tame Barn Close, Milnrow, Rochdale, OL16 3XA | 07533 679101 rtaylor023@aol.com |
| Vice Chairman | Paul Fleming | 21 Holland Avenue, Walton-le- Dale, Preston, PR5 4RJ | 01772 316366 paul3665@tiscali.co.uk |
| Secretary | Sue Cheetham | 25 Full View, Livesey, Blackburn, BB2 4QB | 07790 949141 suecheetham63@gmail.com |
| Treasurers | Bob & Hazel Matthews | 5 Clockhouse Avenue, Burnley, BB10 2SU | 01282 438295 / 07594 605192 haz.matt@hotmail.co.uk |
| Lunch Secretary | John Leach | 16 Rushbed Drive, Reedsholme, Rossendale, Rawtenstall, Lancs, BB4 8NQ | 07922 013016 jleach45@gmail.com |
| Committee Members | Frank Kerry, Geoff Duteson, Harry Haseley, Richard Belk, Graham Sheard, Dave Hargreaves | | |

Sue Cheetham (North Lancs RC) is North Lancs & Lakes Group Secretary, a regular competitor and was winner of the 50 mile championship in 2020



NORTH LANCASHIRE & LAKES GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|----------------------------------|--------------------------------|-------|--------|-------|-----|--|
| Wed 13 th April | VTTA NL&L | 25 | L2523A | 13.00 | £12 | Richard Taylor, 15 Tame Barn Close, Milnrow, Rochdale, OL16 3XA 07533 679101: rtaylor023@aol.com |
| Wed 1 st June | West Pennine RC / VTTA NL&L | 25 | L2523A | 19.00 | £12 | Richard Taylor, 15 Tame Barn Close, Milnrow, Rochdale, OL16 3XA 07533 679101: rtaylor023@aol.com |
| Sun 3 rd July | VTTA NL&L | 50 | L5012 | 7.00 | £12 | Richard Taylor, 15 Tame Barn Close, Milnrow, Rochdale, OL16 3XA 07533 679101: rtaylor023@aol.com |

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

NORTH MIDLANDS GROUP OFFICIALS

| | | | |
|--|---|--|---|
| Chairman | Peter McNally | 17 Willow Place, Braithwell, Rotherham, S66 7BD | 01709 817078 eleanorandpeter@talktalk.net |
| Secretary | Dave Buxton | 10 Gillott Lane, Wickersley, Rotherham, S66 1EH | 07751 518488 rotherhamlad1@hotmail.com |
| Membership, Web & Press Secretary | Chris Lea | 12 Sheraton Way, Buxton, SK17 6FA | 01298 25642 chris.leacycling@btinternet.com |
| Treasurer | John Slater | 68 Spring Lane, Sprotborough, Doncaster, DN5 7QL | 01302 851444 pandj Slater@btinternet.com |
| Social Secretary | Ala Whitehead | 42 Stables Way, Wath-on-Deerne, Rotherham, S63 6DJ | 07887 409239 alaj2005@gmail.com |
| Recorder | Chris Lea | Details as above | |
| Trophies & Medals Sec | Tbc | | |
| Committee Members | John Clarke, Geoff Hague, Tony Morris, Phil Ragsdale, Alan Sides, Gordon Wordsworth | | |

*Ala Whitehead
(Rockingham CC)
and North
Midlands Group
Social Secretary*



NORTH MIDLANDS GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|-----------------------------|-------------|-------|--------|-------|-----|--|
| Sat 3 rd Sept | VTTA N Mids | 10 | O10/1 | 14.00 | £13 | Keith Ainsworth 07776 123480 : keitha99@gmail.com |

Preference to VTTA members. Also includes tandem event

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

SCOTLAND GROUP OFFICIALS

| | | | |
|--|---|---|--|
| President | Mrs. Mhairi Laffoley | 22 Frankfield Place, Dalgety Bay, Fife KY11 9LR | 01383 822349 mhairilaffoley@gmail.com |
| Chairman & Social Secretary | George Skinner | 14 Lembert Drive, Clarkston, Glasgow G76 7NQ | 0141 638 5634 georgeskinner22@yahoo.co.uk |
| Secretary | George McLaughlan | 151 Netherton Road, Wishaw, Lanarkshire ML2 0AR | 01698 374201 george.mclaughlan@blueyonder.co.uk |
| Treasurer | Steve Beech | Address withheld | 01506 207232 beechs@blueyonder.co.uk |
| Recorder & Time Trial Secretary | Jim Harris | 20 Lomond View, Condorrat, Cumbernauld, Glasgow G67 4JR | 01236 730157 jimharris35@yahoo.co.uk |
| Assistant Recorder | Iain McLeod | 3 Rose Street, Bonnybridge, Stirlingshire FK4 1PG | 01324 813112 iainmcleod@btinternet.com |
| Track Secretary | Gordon Johnston | Reigmor, Stoop Loaning, Gasstown, Dumfries DG1 3JP | 01387 263248 gordon@reigmor.co.uk |
| Press Secretary | James Skinner | 84 Kirkwall Avenue, Blantyre, South Lanarkshire G72 9NX | 01698 281569 jamesmskinner@hotmail.com |
| Web Secretary | Steve Nutley | Caitlins, Bottom Craig, Newport on Tay, DD6 8RN | 01382 330081 info@svtta.org.uk |
| Records Secretary | Frank Anderson | 26 Palmers Rise, Livingston, West Lothian, EH54 6NP | 01506 281701 frank.anderson@westlothian.gov.uk |
| Committee members | Alex Munro; Tommy Glendinning; Alan Solway, Patricia Baird, David Millar, John Campbell | | |



*James Skinner,
Scotland Group
Press Secretary,
here seen riding the
2019 National 30
near Stirling*

SCOTLAND GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|---------------------------------|---|--------------|-------------------------|--------------|------------|--|
| Sun 29 th May | Fife Century RC (SVTTA H Roberts Trophy) #CTT, #T | 50 | WE50/01 | 8.00 | £15 | Mrs. M. Laffoley, 22 Frankfield Place, Dalgety Bay, Fife KY11 9LR. 01383 822349 : mhairilaffoley@gmail.com |
| Sat 11 th June | VC Glasgow South (SVTTA J & B.Train Trophy) #CTT, #T | 10 | WW10/01 | 10.00 | £13 | Allan Maxwell, 26 Eaglesham Road, Glasgow, G77 5BU 07501 506775 : allanmaxwell1127@gmail.com |
| Sun 19 th June | Dundee Thistle (SVTTA Reilly & J Sharp Trophies) #CTT, #T | 100 | WE10 0/01 | 6.00 | £15 | Alasdair Chisholm, 22 Glamis Terrace, Dundee, DD2 1NA 07768 707045 : alasdair.d.chisholm@gmail.com |
| Sun 14 th Aug | St Christopher's CC / SVTTA (J Cramb Hcp Trophy) #CTT, #T | 25 | WM25/01 | 8.00 | £15 | Andrew Wilson, 6 Oak Fern Grove, Stewartfield, East Kilbride, G74 4UG. 01355 232832 : telemarker@live.co.uk |
| Sun 21 st Aug | SVTTA (Pinky Williams Trophy) #CTT, #T | 30 | WM30/2 | 8.00 | £12 | George McLaughlan, 151 Netherton Road, Wishaw, Lanarkshire ML2 0AR 01698 374201 : george.mclaughlan@blueyonder.co.uk |
| Sun 11 th Sept | Kennoway RC GP de Gents (SVTTA Boomerang Trophy) #CTT, #T | 13 | WW13/01 (2up TTT) | 9.00 | £15 ea | Dave Bean, 24 Prestonhall Avenue, Glenrothes, Fife, KY7 5RH dave_bean@btinternet.com |
| Sun 25 th Sept | SVTTA (SVTTA Speed Family Trophy) #CTT, #T | 15 | WM15/01 | 8.00 | £15 | Mrs. M. Laffoley, 22 Frankfield Place, Dalgety Bay, Fife KY11 9LR. 01383 822349 : mhairilaffoley@gmail.com |
| Sun 2 nd Oct | Tour de Trossachs (SVTTA Bill Lennon Trophy) #CTT, #T | 26.5 | WW28/01 | | £15 | J Roberts, Creag Ard Lodge, Stirling, FK8 3TQ jrdc@doctors.org.uk |

#CTT = Enter via CTT, #SC = Enter via British Cycling, #T = Includes tandem event

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

SOUTH WALES GROUP OFFICIALS

| | | | |
|---|----------------|---|--|
| Secretary & Group Recorder | Robert Jones | 2 Little Orchard, Dinas Powys, Glamorgan, CF64 4NH | 07873 353207 robert.jones33@virgin.net |
| Treasurer & 'Veteran' Reporter | Barry Williams | 34 Millbrook Road, Dinas Powys, Glamorgan, CF64 4DA | 02920 514751 / 07833786132 bazspeed@gmail.com |

SOUTH WALES GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|-----------------------------|---|-------|--------|-------|-----|--|
| Sat 14 th May | VTTA National Champ'ship (Bike Pace/ VTTA S Wales) #T | 50 | R50/1B | 14.00 | £16 | Robert Jones, 2 Little Orchard, Dinas Powys, CM21 9ET robert.jones33@virgin.net : 07873 353207 |

SOUTH WALES GROUP CHAMPIONSHIP EVENTS

| | | | | | | |
|------------------------------|-----------------------------------|------|--------|-------|-----|---|
| Sun 12 th June | West Wales Cyclists' League #T | 100 | R100/1 | 7.00 | £15 | Andrew Grist, 59 Bartley Terrace, Plasmarl SA6 8LN andrewgrist1@gmail.com : 07721 538386 |
| Sat 9 th July | Ross on Wye & Dist CC | 10 | R10/17 | 14.00 | £15 | Will Bevan, 22 Fountains Close, Belmont, Hereford, HR2 7XY will_bevan@hotmail.com : 07591 559275 |
| Sun 31 st July | Cardiff 100 Miles RC | 50 | R50/1 | 8.00 | £15 | William Pring, 14 Lon-Yr-Awel, Pontyclun, CF72 9AW will.pring@btinternet.com : 07504 348506 |
| Sun 14 th Aug | Virtual CC | 25 | R25/7 | 8.00 | £15 | Simon Kinsey, 42 Tynbedw Street, Treorchy, Rhondda CF42 6RA virtualcyclingclub@gmail.com : 07491 900923 |
| Sun 4 th Sept | Welsh CA (RTTC/VTTA Champs) #T | 12hr | R12/16 | 5.30 | £40 | Robin Field, 89 Velindre Road, Whitchurch, Cardiff, CF14 2TG robin.field@cyclingtimetrials.org.uk : 07753 603098 |

#T = Includes tandem event

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

SURREY/SUSSEX GROUP OFFICIALS

| | | | |
|---------------------------------------|-----------------|---|--|
| Chairman | Keith Wilkinson | Croft House, Chapel Road, Smallfield, Horley, Surrey, RH6 9JH | 07983 332792 keithwilkinson@talktalk.net |
| Secretary | Andy Critchlow | Rose Cottage, Cockshot Hill, Reigate, Surrey, RH2 8AN | 07970 352994 andycritchlow@me.com |
| Treasurer & Membership Sec | David Pollard | 2 Harison Road, Seaford, East Sussex, BN25 3PN | 01323 893455 davepollard294@gmail.com |
| Recorder | James Rix | 10 Barry Drive, Haywards Heath, West Sussex, RH16 4UD | 07739 542543 ss.vtta.recorder@hotmail.com |
| Time Trials Secretary | Position vacant | Send correspondence to Andy Critchlow (Secretary) | |
| Social Secretary | Eimear D'Arcy | Notley Lodge, Lytton Road, Woking, Surrey, GU22 7EH | 07885 769963 eimear_darcy@yahoo.com |
| Press Secretary | Position vacant | Send correspondence to Keith Wilkinson (Chairman) | |
| Committee Member | Robin Johnson | | |

SURREY/SUSSEX GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|-------------------------------|----------------------------------|-------|----------|-------|-----|--|
| Sat 9 th April | VTTA Surrey/Sussex #T | 10 | G10/87 | 7.00 | £13 | David Pollard, 2 Harison Road, Seaford, East Sussex BN25 3PN 07973 420003 |
| Sat 11 th June | Sussex CA #T | 15 | G15/92 | 7.00 | £13 | Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT 07733 132043 |
| Sun 12 th June | East Sussex CA / VTTA S/S | 50 | G50/90 | 6.00 | £13 | Bob Harber, 51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP : 07979 836259 |
| Sun 19 th June | Lewes Wanderers CC / VTTA S/S #T | 30 | G30/88 | 7.30 | £10 | Gavin Richards, 47 Chyngton Gardens, Seaford, East Sussex BN25 3RS 07971 154486 |
| Sun 7 th Aug | East Sussex CA / VTTA S/S | 100 | G100/861 | 6.00 | £15 | Mark Gidney, 28 Chantlers Mead, Cowden, Kent TN8 7HU 07775 024661 |
| Sun 21 st Aug | Bec CC / VTTA S/S #R | 25 | G25/93 | 7.00 | £13 | Dominic Hill, 55 St Andrew's Road, Coulsdon, Surrey CR5 3HH 07989 988008 |
| Sun 18 th Sept. | VTTA Surrey/Sussex #T | 25 | G25/89 | 8.00 | £13 | Andy Critchlow, Rose Cottage, Cockshot Hill, Reigate, Surrey, RH2 8AN 07970 352994 |

#T = Includes tandem event. #R = Includes road bike event

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

WESSEX GROUP OFFICIALS

| | | | |
|-----------------------------|---------------------|---|--|
| Chairman | David Collard-Berry | 59 Midhurst Road, Fernhurst, Haslemere, Surrey GU27 3EN | 01428 651 843 chair@wessexvttta.org.uk |
| Secretary | Jon Pridham | 2a Hellyer Road, Southsea, Portsmouth, Hants PO4 9DH | 07592 147007 jon.pridham@live.co.uk |
| Treasurer | Mary Corbett | 28 The Meadows, Lyndhurst, Hampshire SO43 7EL | 07837 551768 treasurer@wessexvttta.org.uk |
| Recorder | Claire Newman | 31 Main Road, Totton, Southampton SO40 7EP | 02380 667394 recorder@wessexvttta.org.uk |
| Membership Secretary | Norman Harvey | Yonne, Beaulieu Road, Marchwood, Southampton SO40 4UQ | 02380 863048 membership@wessexvttta.org.uk |
| Veteran Reporter | Bob Jolliffe | Sweetbriar, Vicarage Lane, Hordle, Lymington, SO41 0HS | 01425 616525 veteranreporter@wessexvttta.org.uk |
| Trophy Secretary | Alan Sharpen | 12 Bassett Close, Bassett, Southampton SO16 7PE | 02380 768295 trophysecretary@wessexvttta.org.uk |
| Webmaster | Claire Newman | As above | webmaster@wessexvttta.org.uk |
| Social Secretary | Position vacant | | |

WESSEX GROUP CHAMPIONSHIP EVENTS

Due to coronavirus pandemic uncertainty the group calendar has not been set. Further news will be provided on the group Facebook page when available :
<https://www.facebook.com/vttawessex/>



Bob Jolliffe (New Forest CC) is Wessex Group 'Veteran' Reporter and would love to hear from you

WEST GROUP OFFICIALS

| | | | |
|--------------------------------------|-------------------------|---|--|
| President | Ted King MBE | 48 Friary Grange Park, Winterbourne, Bristol, BS36 1NA | 01454 778483 |
| Chairman | Brian Barraclough | Seven Stars House, Lower Road, Hinton Blewitt, Bristol, BS18 5AU | 01761 452643 |
| Vice Chair | Mary-Jane Hutchinson | Mill Lodge, 1 Kingsmill, Stoke Bishop, Bristol, BS9 1BZ | 01179 681105 mary_jane.hutchinson@btinternet.com |
| Secretary | Gordon Scott | Rosemarie, West Stafford, Dorchester, DT2 8AB | 01305 264076 westvetsec@gmail.com |
| Treasurer | Ian Pritchard | 21 Channel View Road, Portishead, Bristol, BS20 6LZ | 01275 845779 i.pritchard@sky.com |
| Recorder | Rob Hutchinson | Mill Lodge, 1 Kingsmill, Stoke Bishop, Bristol, BS9 1BZ | 01179 681105 rob.hutchinson8@btinternet.com |
| 'Westvet' Editor | Paul Freegard | Kembrough, Foxley Road, Malmesbury, Wilts, SN16 0JE | 01666 823249 pfreegard@mac.com |
| 'The Veteran' Contact | Brian Griffiths | 27 Hobhouse Close, Henleaze, Bristol, BS9 4LZ | 01179 622589 bricyclehenleaze@mypostoffice.co.uk |
| Webmaster | Tony Russell | 10 Orchard View, Falfield, South Gloucestershire, GL12 8DG | 07988 140776 toneb@live.co.uk |

WEST GROUP EVENTS

West Group annual prize presentation will follow after the VTTA National 10 mile championship on Saturday 30th April 2022. This event will also incorporate the West Group's own 10 mile championship. The course is U7b with the HQ yet to be decided.

Further details from the organiser West Group Sec - Gordon Scott - details above.

Group 25 mile Championship Jack Gray Memorial, 1st male on Standard and The Rook Shield awarded to the 1st female rider on standard. Due to the current uncertainty no event has been nominated, we do hope to promote our championship and will notify ASAP

Group 50 mile Championship (for The Arthur Wilcockson Trophy) - 1st on Standard – Qualifying events: Any Open (Type A) 50 mile event held within the following CTT districts - West DC (U courses) or South West DC (S courses)

YORKSHIRE GROUP OFFICIALS

| | | | |
|---------------------------------------|----------------|---|--|
| Chairman & Press Sec. | Chris Goode | 56 Raleigh Street, Scarborough, North Yorkshire, YO12 7LQ | 01723 341050 cgoode@yorkshire.net |
| Secretary & Website Admin. | John Hallas | 5 Hartington Place , Wetherby, LS22 7AG | 07710 472498 john.hallas@gmail.com |
| Treasurer | Darren Yarwood | 16 Rosedale Avenue, Hull, HU9 2PL | 01482 797025 darreny@darreny.karoo.co.uk |
| Racing Secretary | Blair Buss | 6 Bramley View, Lightcliffe, Halifax HX3 8ST | 01422 202957 blairbuss@btinternet.com |
| Recorder | Jim Trevor | 34 Cavendish Park, Welton Road, Brough, HU15 1AU | 07970 966458 yorks.group.recorder@outlook.com |
| Awards Secretary | Tony Stott | 6 Damson Garth, Lund, Driffield, E Yorkshire, YO25 9TH | 01377 790554 stotta09@gmail.com |
| Social Secretary | Mike Williams | 10 Manor Garth, Skidby, Cottingham, Hull HU16 5UF | 01482 849264 mikettbike@hotmail.com |
| Digital Champion | Karen Taylor | 5 Thompson Lane, Baildon, West Yorkshire, BD17 7LZ | 07812 144508 mrs_karen_taylor@hotmail.com |
| Committee Member | Mike Penrice | | |

YORKSHIRE GROUP EVENTS

| Date | Event Name | Dist. | Course | Start | Fee | Event Secretary |
|-----------------------------------|--------------------|-------|--------|-------|-----|--|
| Sunday 10 th April | VTTA Yorks #P, #72 | 25 | V236/1 | 8.00 | £15 | Blair Buss, 6 Bramley View, Lightcliffe, Halifax, HX3 8ST. 01422 202957 : blairbuss@btinternet.com |
| Sunday 7 th August | VTTA Yorks #P, #72 | 10 | V210 | 8.00 | £15 | Blair Buss, 6 Bramley View, Lightcliffe, Halifax, HX3 8ST. 01422 202957 : blairbuss@btinternet.com |
| Sunday 18 th September | VTTA Yorks #P, #72 | 25 | V236/1 | 8.00 | £15 | Blair Buss, 6 Bramley View, Lightcliffe, Halifax, HX3 8ST. 01422 202957 : blairbuss@btinternet.com |

#P = Pref to VTTA members. #72 = Includes 72" medium gear event

N.B. Events may be subject to cancellation or change due to the ongoing covid pandemic

VTTA CONSTITUTION, RULES AND REGULATIONS

(As updated January 2022)

The VTTA is the National Authority promoting Time Trialling for cyclists who are 40 years of age and older.

All VTTA events are open to any cyclist of 40 years of age and older and shall be conducted in accordance with Cycling Time Trials (CTT) or the Scottish Cyclists' Union (SC) Regulations.

2. RULES

2.1 The Association

2.1.1 The name of the Association shall be the VETERANS TIME TRIALS ASSOCIATION. Membership shall be open to all cyclists who are 40 years of age and older.

2.2 Management of the Association

2.2.1 The management of the Association shall be vested in an elected National Executive Committee (NEC) consisting of a President, Chairman, Treasurer and such other officials as are necessary to conduct the work of the Association. The NEC will be supported by a National Forum comprising a representative from each of the groups. The National Forum will be consulted on, and may advise on and assist with, significant changes to the Association.

2.2.2 A National Secretary may be appointed at the discretion of the NEC to manage the day-to-day business of the VTTA in accordance with the instructions of the NEC.

2.3 National Executive Committee Meetings

2.3.1 The NEC shall meet quarterly, or as required, to transact the affairs of the VTTA. Five members shall form a quorum. In the absence of the Chairman, an officer of the Committee shall be elected to take his/her place on the day. Any member of the Committee who is absent from three consecutive meetings without prior arrangement shall be deemed to have resigned from the

committee who shall have the power to fill the vacancy.

2.3.2 Any VTTA member may attend and speak at NEC meetings, but may not vote. (The Chairman may decide that agenda items are not appropriate for open discussion and these items will be taken in private session with only NEC members in attendance.)

2.4 Powers of the National Executive Committee

2.4.1 The NEC shall have the power to appoint/dismiss a National Secretary and to determine the remuneration required. The National Secretary shall be co-opted as a member of the NEC and have full voting rights but need not be a member of the Association.

2.4.2 The NEC shall have the power to co-opt additional members in order to carry out tasks necessary for the smooth running of the Association. These members will have the same voting rights as other NEC members.

2.4.3 The NEC shall have the power to appoint sub-committees that shall prepare minutes of their proceedings. Minutes of NEC and sub-committee meetings will be copied to all NEC members.

2.4.4 The NEC shall have the power to take such steps as may be deemed necessary to carry out the programme of events for the current or following season.

2.5 NEC Expenses

2.5.1 NEC members may claim reasonable expenses (as agreed by the Committee) for attending meetings and for attending national championships as the NEC representative.

2.6 Duties of National Officers

2.6.1 The National Secretary shall take, or cause to be taken, minutes of all National

meetings. The National Secretary shall carry out the duties defined in the National Secretary Job Description. The contents of the National Secretary Job Description may be amended as necessary by the NEC.

- 2.6.2 The National Treasurer shall keep, or cause to be kept, proper Accounts of the monies of the VTTA. Such monies shall be kept in the name of the VTTA in a Joint Stock Bank. No monies shall be withdrawn except with the sanction of the NEC. All cheques must be signed by any two of the current officers as follows: the National Treasurer; the National Secretary; the Chairman; the Editor. For online payments written authorisation must be provided to the National Treasurer by two of these other officers.

2.7 Financial Year

- 2.7.1 The VTTA's financial year shall commence on 1st November and end on 31st October, after which date the National Treasurer shall prepare a Balance Sheet and Accounts for the year. An Auditor elected at the previous AGM will audit these. The Balance Sheet and Accounts shall be submitted to the NEC for approval and subsequent presentation to the AGM for ratification.

2.8 Formation of Regional Groups

- 2.8.1 The VTTA shall be divided into Groups as may be necessary.
- 2.8.2 The minimum number of members to form a Group shall be ten. The NEC shall have the authority to sanction the formation of a Group with fewer than ten members if they consider the circumstances are justified.
- 2.8.3 A member shall have the right to choose the Group to which he/she wishes to be attached. A member wishing to change from one Group to another shall give notice to the Group Secretaries concerned and the change shall be effected as soon as possible.

- 2.8.4 All Groups shall affiliate to their local District Council of CTT.

- 2.8.5 Each Group shall elect its own officials for the purpose of local administration and the observance of the National Rules and Regulations.

- 2.8.6 All Group officials shall act in accordance with the instructions of the NEC.

- 2.8.7 Where Groups are not self-supporting the NEC may, when it is deemed necessary, afford financial support.

- 2.8.8 Each Group shall be run as a club, hold an AGM and make such extra rules and arrangements for the running of the Group as may be considered necessary, provided they do not conflict with the National Rules and Regulations of the VTTA.

- 2.8.9 In the event of the dissolution of a Group, monies and assets held by that Group should be distributed to such cycling organisations or charities as the Group's membership think fit.

- 2.8.10 Each Group Committee shall have the authority to suspend and/or expel a member for conduct considered detrimental to the VTTA. Such suspension/expulsion to be confirmed or reversed by a subsequent general meeting of the Group Membership.

- 2.8.11 Copies of the Minutes of all meetings (signed by the Group Chairman and Secretary) shall be available for submission to the NEC.

- 2.8.12 Each Group shall consider the Agenda of the National AGM, as issued by the National Secretary, in order to mandate its delegates on proposals on the Agenda.

2.9 Subscriptions

- 2.9.1 The annual subscription shall consist of two parts, payable together.

(a) A National subscription which shall include the cost of *The Veteran* and will be determined by the NEC and advised

to Groups by 31st August for the coming year. Subscriptions will be ratified at the National AGM.

(b) A Group subscription which will be advised to the NEC by Group Committees by 30th September for the coming year.

- 2.9.2 The combined subscription for any member is payable on application and on 1st January of each year thereafter. New members applying after 30th September in any year will be entitled to membership until 31st December of the following year. Similarly, members renewing after 30th September will be entitled to membership until 31st December of the following year.
- 2.9.3 An applicant for membership must complete the prescribed form and submit it with the appropriate subscription to the Secretary of his/her chosen Group or join using the VTTA website. If the applicant is declined, the subscription will be returned.
- 2.9.4 Where one member of a household is a member, a second member resident at the same address may join at a reduced rate to be determined annually at the National and Group AGMs as appropriate. The second member will have the same rights and privileges as the primary member but will not receive personal copies of VTTA publications. They will be referred to as 'primary' and 'secondary' members in a 'joint membership'.
- 2.9.5 A member who has not paid his/her subscription by 28th February in any year shall forfeit all rights and privileges of membership.
- 2.9.6 At the end of each quarter the National Treasurer shall send to Group Treasurers a statement of all national subscriptions due from their group according to the National Online Membership System during the last quarter. Group Treasurers should then make the

required payment within four weeks of receiving the statements. For the purposes of this rule, quarters shall consist of the three month periods ending 31st March, 30th June, 30th September and 31st December.

2.10 Categories of Life Membership

There are three types of Life Membership: Life Membership; Honorary Life Membership; and Distinguished Life Membership.

2.10.1 Life Membership

Note - This category of membership is discontinued with effect from 27th January 2018. Existing Life Members retain their benefits and must continue to pay for the Veteran at a rate to be determined by the NEC that reflects current production and postage costs.

2.10.2 Honorary Life Membership

Honorary Life membership will be granted to any member of 80 years of age (or over) who, in the opinion of their group committee, has made a significant contribution to the VTTA. HLM Membership will include receiving copies of *The Veteran* and the VTTA Handbook free of charge.

Where a joint member becomes an Honorary Life Member, Group committees will have the discretion to allow the other partner to remain a member in his/her own right without paying an annual individual subscription. They will not receive an additional copy of *The Veteran*. In the event of the death of the Honorary Life Member, Group committees will have the discretion to continue the partner's membership (if they so wish) and to send them VTTA publications as appropriate, with no subscription payable (in effect continuing the Honorary Life Membership).

2.10.3 Distinguished Life Membership

Distinguished Life Membership may be awarded to members who, in the opinion of the NEC, have rendered

singular and meritorious services to the VTTA. Distinguished Life Members will receive copies of *The Veteran* and the VTTA handbook free of charge.

Where a joint member becomes a Distinguished Life Member, Group committees will have the discretion to allow the other partner to remain a member in his/her own right without paying an annual individual subscription. They will not receive an additional copy of *The Veteran*. In the event of the death of the Distinguished Life Member, Group committees will have the discretion to continue the partner's membership and to send them VTTA publications as appropriate, with no subscription payable (in effect continuing the Distinguished Membership).

2.11 National Annual General Meeting

- 2.11.1 All VTTA members are entitled to attend the National AGM where they may speak, but they are not entitled to vote unless they are delegates for their Groups.
- 2.11.2 Those entitled to vote at the National AGM shall be:

Two delegates representing each Group plus a further delegate for every 100, or part of 100, members in excess of 200; and two delegates representing the NEC. Membership numbers will be taken as at the previous 30th September on the membership system.
- 2.11.3 Voting at an AGM shall be by a show of hands unless the meeting demands that a ballot is taken. The Chairman shall have only a casting vote.
- 2.11.4 When a Group is not represented, any proposal tabled by that Group on the Agenda can be taken up by any Group who would have supported the motion if they so wish.
- 2.11.5 The National AGM shall elect annually a President, who may hold office for not more than five years. Nominations for

President must be submitted to the National Secretary not later than 21st November for inclusion in the Agenda and publication in *The Veteran*. The AGM shall also elect the NEC for the ensuing year.

- 2.11.6 Not less than 14 days' notice of the AGM shall be given in *The Veteran*, on the website and sent to Group Secretaries who shall furnish the names of their delegates to the National Secretary as soon as they have been appointed. A copy of the agenda of the meeting shall be published in the current issue of *The Veteran* and also sent to Group Secretaries and delegates. Fifteen delegates and/or ex-officio members shall form a quorum.
- 2.11.7 Motions for the National Annual General Meeting can be submitted only by:
 - (a) the NEC
 - (b) Groups – providing the motion has been agreed by a majority at the Group AGM or if the Group AGM falls after 21st November by the Group Committee if they so agree.
 - (c) the National ForumSuch motions must reach the National Secretary not later than 21st November of the respective year.
- 2.11.8 Any matter not on the National AGM Agenda may be brought forward without notice provided that it does not involve the alteration of any rule or regulation and subject to the consent of two-thirds of those present and voting.
- 2.11.9 A special meeting may be called by the NEC or, alternatively, by the National Secretary on receiving a request signed by 25 members. All members entitled to attend shall receive 14 days' notice of the special meeting with a copy of the agenda stating the special business to be transacted.

2.12 Alterations to Rules and Regulations

2.12.1 No alteration or addition to these Rules shall be made except with the consent of not less than two-thirds of the members present and voting at the AGM or at any special meeting for this purpose. Alterations or additions to Regulations at such meetings will be decided by a simple majority.

3. REGULATIONS

3.1 Time Trials Regulations

3.1.1 All VTTA time trials shall be run in accordance with the rules and regulations of CTT or SC. VTTA time trials will be Type A events: either 'Open', 'Semi-open' or 'Association', as defined in the CTT regulations.

3.1.2 Any member wishing to enter a time trial shall submit to the Event Secretary a standard CTT entry form, properly completed, or enter via the Cycling Time Trials Entry System. Any member wishing to enter a time trial held in Scotland shall enter via the Cycling Time Trials or Scottish Cycling entry system as appropriate.

3.1.3 In all VTTA events, only VTTA members will be eligible for any of the awards made on Standard.

3.1.4 Only first-claim members of a club are eligible for team awards in events promoted by the VTTA.

3.1.5 Overall prizes in all VTTA events shall be decided on the basis of the official VTTA Standard Tables. Other prizes may be awarded at the discretion of the organiser.

3.2 Regulations for Standard Awards

3.2.1 Standard Medals will be awarded for rides at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours based on the VTTA Standard Tables. 12 hours and 24 hours distances shall be shown to two decimal places.

3.2.2 Any VTTA member may attempt to gain VTTA standard medals in any Open, Semi-Open or Association event authorised by CTT or the SC. Events that are eligible for Standards shall also be eligible for Records, Best All Rounder Competition (BAR), Three Distance Competition, Short Distance Competition and Trophies.

Scotland Group may allow its members to claim standard awards in Scottish Cycling club events and CTT 'B' type events. Such events must be run on type 'A' classified courses and with due timekeeping and recording requirements. Results from such events will not be recognised for VTTA Season Long Competitions or Records.

Note to above: Scotland members would need to submit a documented result to the Group Recorder, eg an image of club facebook/website page or an image/copy of the paper result. The Group Recorder would verify the result as adequately documented and manually upload claimed results onto the national website for the purpose of standards claims only.

3.2.3 Applications for standards may be made as follows:

Any number of attempts per season at all distances or times on one type of machine.

3.2.4 Members competing for Standards must have linked their CTT and VTTA accounts, so their improvements can be notified on the website. (Members without IT access may approach their Group Secretary or Recorder for assistance.) The Standards automation system will show baselines and improvements for all members with linked accounts.

3.2.5 Members' applications and payments for Standards must be made online or by post prior to any event for which they subsequently claim a standard.

- 3.2.6 Each Group shall be allowed to determine its own standard ride entry fees. Payment of one fee does not cover two types of machine.
- 3.2.7 Only one award for a ride at each distance will be made during any one year, but there is no limit to the number of attempts that may be made.
- 3.2.8 Claims for Standards must be submitted via the website at the end of the racing season or not later than 31st October. (Members without IT access may approach their Group Secretary or Recorder for assistance to process their claim.) Successful claims will be rewarded with medals or plaques as determined by each Group.
- 3.2.9 Each VTTA Group may elect to have either Standard or Actual times engraved on Standard Medals/Plaques.
- 3.2.10 Once a rider has won a Standard Award, the rider must improve their previous best plus or minus against Age Standard in order to obtain another award in a later age group. However, a rider may elect not to count any rides done more than three years before if they have not received a Standard Award on that machine at that distance during that period.
- 3.3 Regulations for Age Records**
- 3.3.1 Road record rides will be recognised only when achieved in events authorised by CTT or the SC, timed on watches complying with the requirements of those bodies and run in conformity with their regulations.
- 3.3.2 Record Certificates are awarded for rides at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours to riders of solo bicycle, solo tricycle, tandem bicycle or tandem tricycle (Men, Women and Mixed) in any Open, Semi-Open or Association event authorised by CTT.
- 3.3.3 The VTTA also recognises Indoor and Outdoor Track records on solo bicycle and tandem bicycle at the following distances: 5, 10 and 25 miles; 1 hour; 5, 10, 20, 50 and 100 km. Records in the VTTA Handbook are as at 31st October of the previous year. Indoor track records must be set on a track (fixed wheel) bike. Outdoor track records may be set on a track (fixed wheel) bike or on a road/time trial bike.
- 3.3.4 A claimant for any records must be a paid-up member of the VTTA at the time of the ride.
- 3.3.5 No record will be considered if a better time or distance has already been achieved by a record holder of a greater age.
- 3.3.6 Claims for records will be for the period from 1st November to 31st October. Claims for group and national records should be submitted to Group Recorders as soon as possible so they can be entered to the Age Records system, where they can be viewed immediately by members. The National Road Records Secretary or the National Track Records Secretary (as appropriate) will ratify national record claims. All record claims must be made not later than 31st October of the current year giving full details of the event together with a printed or an electronic version of the result sheet.
- 3.4 Regulations for National Championships**
- 3.4.1 National Championships will be promoted on behalf of the NEC at 10, 15, 25, 30, 50 and 100 miles, 12 hours and 24 hours. The dates of all National Championships will be published in the VTTA Handbook.
- 3.4.2 To be eligible for Championship awards, riders must be paid-up VTTA members at the closing date for entries and have linked online VTTA and CTT accounts (so their membership can be automatically verified). Riders who are aged 39, but who will be aged 40 by the day of the

Championship, may apply to the Championship organiser to be included on condition that they will have completed an online membership application prior to the day of the championship which the organiser can check.

- 3.4.3 Each of the Championships will incorporate men, women, bicycles and tricycles. Where the event is run by a VTTA Group and it is oversubscribed, acceptance of entries shall be in order of best on Standard with preference given to VTTA members.
- 3.4.4 The male and female riders with the biggest plus overall (or fastest Vets Handicap Result) will be declared National Champions and will each receive a championship jersey.
- 3.4.5 Medals will be awarded to the first three male riders and to the first three female riders overall on Standard (or on Vets Handicap Result). The first will receive a gold medal. The second will receive a silver medal. The third will receive a bronze medal.
- 3.4.6 Club teams shall consist of three first-claim members of the same club. Group teams shall consist of three members of the same Group. In each case, the Team with the biggest aggregate plus on standard (or fastest aggregate Vets Handicap Results) shall be the Championship Team and a medal will be awarded to each member of the team.
- 3.4.7 Tandem Championships will be run in conjunction with the solo Championships and the pair with the biggest plus on Standard (or fastest Vets Handicap Result) will be the Tandem Champions and will receive VTTA gold medals.
- 3.4.8 All VTTA awards will be made regardless of the number of entries and irrespective of any prizes given by the promoting Group.

3.5 Regulations for the BAR Competition ***Qualifying events must be Type A events approved by CTT or approved SC events.***

- 3.5.1 A Best All Rounder competition is promoted annually by the VTTA and is open to all its members. Riders must be paid up members at the date of all their eligible rides. They must also, prior to any eligible ride, have linked online VTTA and CTT accounts and registered in their website Member Profile the competitions they wish to enter. Eligible rides must be done in events authorised by CTT or SC and shall be over 25, 50 and 100 miles and 12 hours.
- 3.5.2 The closing date for eligible events to count will be 31st October.
- 3.5.3 The BAR competition will be based on the rider's cumulative plus from all four events. The rider's plus or minus times for 25, 50 and 100 miles will be calculated from the Standards Tables.

Each rider's 12 hour distance will be converted to a 'plus or minus time' equivalent to completing 200 miles using a Standards table for a 200 mile event that is based on the same principles used for the other Standards Tables.

The plus or minus times for the four events will be added together proportionately, i.e.
 - the plus or minus time for 25 miles;
 - the plus or minus time for 50 miles divided by 2;
 - the plus or minus time for 100 miles divided by 4; and the equivalent 12 hour 200 miles plus or minus time divided by 10.The rider with the greatest combined plus or minus will be the winner of the Best All Rounder Competition.
- 3.5.4 The status of the competition is reported on the website throughout the season. At the end of the season members should check their reported performances. In

the event of any query or omitted result they should report the amended or additional performance, appropriately evidenced, to their Group Recorder. If the Group Recorder accepts an amended or additional result, they should update the website results, and also notify the IT Manager of the change. Any amendments must be notified by 31st October of the current year.

3.5.5 BAR Certificates shall be presented to all riders completing the four distances. Tandem riders who complete all distances with the same partner are eligible for certificates, but not for any other awards. Medals will be awarded to the first three male riders and to the first three female riders overall on standard in the BAR. The first on standard will receive a gold medal. The second on standard will receive a silver medal. The third on standard will receive a bronze medal.

3.5.6 Club teams shall consist of three first-claim members of the same club. Group teams shall consist of six members of the same Group. Medals will be awarded to each member of the winning teams.

3.6 Regulations for the Three Distance Competition

3.6.1 A Three Distance Competition will be promoted annually over 25, 50 and 100 miles.

3.6.2 The Three Distance competition will be based on the rider's cumulative plus or minus from all three events.

Each rider's plus or minus times for 25, 50 and 100 miles will be calculated from the Standards Tables.

The plus or minus times for the three events will be added together proportionately, i.e.

the plus or minus for 25 miles;

the plus or minus for 50 miles divided by 2 and

the plus or minus for 100 miles divided by 4.

The rider with the greatest combined plus or minus will be the winner of the Three Distance Competition.

3.6.3 All other conditions of qualification to this competition shall be those of the BAR Competition. Awards shall be the same as for the BAR Competition.

3.7 Regulations for the Short Distance Competition

3.7.1 A Short Distance Competition will be promoted annually over 10 and 25 miles and shall be twice over 10 and 25 miles, giving four events in total.

Each rider's plus or minus times for 10 and 25 miles will be calculated from the Standards Tables.

The plus or minus times for the four events will be added together proportionately, i.e.:

the plus or minus time for the fastest 10 multiplied by 2.5;

the plus or minus time for the fastest 25 multiplied by 1.0;

the plus or minus time for the second fastest 10 multiplied by 2.5; and

the plus or minus time for the second fastest 25 multiplied by 1.0.

The rider with the greatest combined plus or minus for the four events will be the winner of the Short Distance Competition.

3.7.2 All other conditions of qualification to this competition shall be those of the BAR Competition. Awards shall be the same as for the BAR Competition.

3.8 Entry to, and Claims for, the BAR, Three Distance and Short Distance Competitions

3.8.1 There are no entry fees for the BAR, the Three Distance and the Short Distance Competitions. Members will be

automatically included in the Competitions if they have linked VTTA and CTT accounts and are registered for one or more of the Competitions.

3.8.2 In the three season long competitions riders can only make one solo claim and/or one tandem claim.

3.9 Meritorious Award

3.9.1 The C. W. Cooke trophy is awarded annually to the rider whose performances are considered by the NEC to be the most meritorious during the season. Nominations from Groups should be received by the National Secretary no later than 21st November.

3.10 Bricknell Memorial Award

3.10.1 This award was created to perpetuate the memory of former President Ted

Bricknell and provides for the presentation of an annual prize, new each year, in recognition of outstanding services to the VTTA. Nominations from Groups should be received by the National Secretary no later than 21st November each, following which the NEC shall decide the name of the recipient.

3.11 Return of Trophies

3.11.1 Should there be a time when a trophy or trophies is/are no longer required for presentation (e.g. the demise of the VTTA or abandonment of events at specific distances) then all reasonable measures will be taken to return them to the original donors or their heirs. In the event that they cannot be traced they shall be offered to such cycling organisations as the NEC think fit.

HAVE YOU CHANGED YOUR EMAIL ADDRESS?

If so, please remember to update the details on your VTTA profile in order to continue to receive VTTA correspondence.

[If you are a group official please also notify the change to the National Secretary.](#)

Note to the Standard Tables

Whilst the standards tables are not included within the regulations their basis and inter-relationships along with their review and modification process is noted here in order that it is formally documented.

The standards tables may be revised at intervals to be determined by the NEC. The last major revision was introduced for the 2019 season, with solo and tandem trikes further revised for 2021. The men's tables are based on a formula derived from a large database of men's veteran's results. The women's tables are determined from the database so as to produce a percentage adjustment to the men's standards. The men's trike standards are based on age records and comparative results for those riders who use both bike and trike, due the limited results information, so as to produce a percentage adjustment to the men's solo standards. Tandem standards are calculated as an adjustment to the two combined individual standards. These adjustment factors are currently as follows:

- a) The standards for women are set at 89.05% of the standard speed for men
- b) Trike standards are set at 91.28% of solo standards speed
- c) Tandem standards are set at 104% of the average of the equivalent solo speeds of both riders..

The standards adjustments for women, trikes, tandems and tandem trikes are calculated as a percentage adjustment of speed that then adjusts the relevant standard time (or distance).

The VTTA may change its standards before the start of a new season. The current standards are posted on the VTTA website. Users of this document should check which standards are current before using the values in this document.

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VTTA STANDARDS – WHAT THEY ARE AND HOW TO CLAIM AWARDS

The Standards, or strictly the Standard Tables, are a set of target times for each distance which take into account a rider's age, gender and type of machine. The aim is to allow all veterans to compete on a 'level playing field'. By comparing performances against their target time, rather than on actual time, the Standards provide fair competition for all ages and both men and women. The Standards also provide VTTA members with a goal and motivation as they grow older because they can continue to improve their performance on standard (or their 'plus' time as explained below) even if they are actually going slower with increasing age.

The Standard Tables set a target or **standard time** for the distance, age and sex of the rider, and the machine they are riding. For example, for rides on solo bikes:

- For a 40 year old man the standard for 10 miles is 26 minutes and 6 seconds
- For a 75 year old man the standard for 10 miles is 30 minutes and 20 seconds
- For a 40 year old woman it is 28 minutes and 33 seconds
- And for a 75 year old woman, 33 minutes 19 seconds

For 12 and 24 hour events the Standards Tables provide a target or **standard distance**. There are separate Standard Tables for men and women and within these for solo bikes, solo trikes, tandem bikes and tandem trikes. You can see all the Standard Tables for individuals and tandems at the back of this handbook or you can visit the website <https://www.vtta.org.uk/standards> where there are also a handy calculators for tandems and for non-standard distances.

Calculating your 'Plus' time

Many riders go faster than their standard time and the amount by which you beat your standard is referred to as your **plus**. So if a 40 year old man completes 10 miles in 25 minutes exactly they will have beaten their standard by 1 minute and 6 seconds. This is referred to as a plus of 1 minute and 6 seconds. If a 75 year old man rides the same event in 29 minutes exactly, he will have beaten his standard by 1 minute and 20 seconds. In this case the older rider has the greater **plus**, so will have beaten the 40 year old **on standard**, despite going slower in real terms. So your 'plus' is calculated by subtracting your standard time from your actual time (or distance in the case of 12 and 24 hour events). Riders do go slower than the standard and this will produce a **minus time**. There's no shame in getting a minus - it's just the point from which you can go on to improve.

Results on Standard

For VTTA events and competitions, results are presented in order of performance on standard, although actual times are reported as well. The fastest veteran on standard or Best on Standard (BOS) is the person with the biggest plus i.e. the person who beat their standard by the biggest margin.

Standard Awards

Standard Awards may be claimed at the standard TT distances and times (10, 15, 25, 30, 50, 100 miles and 12 and 24 hours). All CTT open events and Scottish Cycling open events, not just VTTA events, are eligible for claiming standards awards. In Scotland you can also claim a standard in certain club events, but not In England or Wales.

To gain your Standard Award you have to improve on the best plus or minus for which you have previously claimed a Standard Award. If you don't have a previous best at a particular distance you can claim your best plus or minus in your first year to get you started. If you have not claimed an award at a time/distance in the previous three years you can start again with your best performance in the current year.

If your attempt is successful you will receive an engraved medal. If you achieve multiple successes your Group may award you a plaque. Your new best plus or minus becomes the target you need to beat if you want to win a Standard Award in subsequent years. As the age standards give you an extra allowance as you get older this makes beating your previous plus an achievable target.

How to Claim for Standards

In 2021 we implemented a new system on the website which takes most of the effort out of making standard claims. To make claims under the new system:

1. **You must have linked your CTT and VTТА accounts** – if you have not done this then follow the simple instructions in the 'Guidance Note for Linking VTТА and CTT Accounts (2021)' on the website at <https://www.vtta.org.uk/library>
2. **You must have paid for standards** – payment must be made before any event for which you claim a standard award. The website system knows if you have made a standards payment.
3. Any claims for tandem standards must continue to be made on the paper forms.

To view your standards and improvements and to make a claim, follow these steps:

4. On the website (www.vtta.org.uk) login with your email address and password.
5. Click on your name, My profile and the My Standards tab. You will see a new screen with two sections:
 1. **My Baselines:** This shows your most recent claim for each distance (or 12/24 hours) over the last 3 seasons. If you have not made a claim at any distance (or time) then the standard for your current age and gender will be shown. Based on your past claims the system will also show your Plus and the Target Time/Distance you need to achieve to win a medal in the current season.
 2. **Improvements on Baseline:** This section will be populated with your results for the season, taken from the CTT site, which improve on your standards' baselines.
6. **The Claim ' button:** If you have made a payment for standards then you will see a 'Claim' button after each improvement. If you have improved on standard in more than one event at a distance (or 12/24 hours) then all improvements will be shown and you can select which one to claim for. You can claim at any point in the season but members usually wait to the end of the season when they can see all their improvements.
7. **Order placed:** Once you have clicked on a claimed improvement, you will see your baseline is updated with the new performance. You can then click on 'Order' to notify your Group Recorder that you want to receive your Standard award (medal or plaque). Your Group recorder will then order your medals or plaque.

If you need further guidance please contact your Group Recorder.

THE NEWLY INTRODUCED ‘VETS HANDICAP RESULT’ A SHORT EXPLANATION

Many, especially younger, vets riding time trials are perplexed by the VTTA standards system and how it determines the finishing order. Although the standards system is based on solid evidence of performance decline due to ageing, the results are not presented in an easily understood manner. The ‘Vets Handicap Result’ (VHR) is an alternative way of presenting such results and one which is becoming seen as more readily intelligible.

The traditional standards system gives results as a rider’s ‘plus’, or the improvement in minutes and seconds over the ‘base’ time that the standards system gives for their age and gender. The VHR in contrast reports a handicap, or adjusted, actual time. This gives an easily understood result which can also be readily compared to other riders.

The VHR, however, uses the same statistical formula as the standards tables and will therefore produce results in the same finishing order and with the same gaps between riders in terms of minutes and seconds. What changes is the presentation, not the formula that has been carefully determined from thousands of vets’ results for age decline adjustments.

Under VHR the standards tables are therefore effectively recalculated as ‘age adjustments’. These ‘age adjustments’ are then applied to the actual time for each rider. (In practice they are calculated by subtracting the baseline 40 year old standard from the standard for the rider’s current age). Tables are now available that show these adjustments for all ages across all the time trialling distances and for 12 and 24 hour events.

By applying the age adjustment for the distance the rider gets an adjusted actual time or VHR. To make this clear here is an example that compares the presentation of some results according to the traditional ‘plus’ and the VHR.

| Rider | Age | Actual Time (a) | VTTA Standard (b) | Plus (b) minus (a) | 25 Mile vets adjustment (d) | VHR (a) minus (d) |
|---------|-----|-----------------|-------------------|--------------------|-----------------------------|-------------------|
| Man 1 | 60 | 50:43 | 1:10:14 | +19:31 | 04:14 | 46:29 |
| Man 2 | 89 | 1:13:02 | 1:31:55 | +18:53 | 25:55 | 47:07 |
| Woman 1 | 50 | 55:42 | 1:13:51 | +17:59 | 07:51 | 48:01 |
| Woman 2 | 54 | 59:46 | 1:14:44 | +14:58 | 08:44 | 51:04 |

So instead of Man 1 telling his clubmates ‘I got a plus of 19:31’ (and blank stares) he can say ‘I rode the equivalent of a 46 minute ‘25’ on vet’s age handicap’ (and get suitable admiration!)

How might the VHR affect the personal standards award system? It would make them simpler to understand and calculate! All the rider has to do is achieve a year-on-year improvement on their season’s best vets handicap result at each distance.

In short VHR would help all vets understand theirs and others results as a personal best time (age adjusted) rather than a mysterious ‘plus’. This may encourage participation and make more over 40s interested to join the VTTA.

NATIONAL COMPETITIONS EXPLAINED

There are three National Competitions held each season. During the season you have to complete the necessary qualifying rides for each competition. You can have as many attempts as you wish at any distance (or time for 12 hours) but they must be in open events (those listed on the CTT website or a Scottish Cycling event).

To enter a competition you should go to your membership profile on the website and link your CTT and VTTA accounts and also register for each competition you wish to participate in. Your results will then get transferred to the VTTA website, where the competition results are displayed and updated automatically throughout the season. At the end of the season the final results are shown for the riders who have completed all the qualifying rides for the competition. For more information on linking your accounts, see the Guidance Note for Linking VTTA and CTT Accounts.

The full regulations for these national season long competitions are in sections 3.5 to 3.8 of the Constitution.

Best All Rounder (BAR) Competition

The BAR Competition is an annual season long competition in which competitors have to complete events at 25 miles, 50 miles, 100 miles and 12 hours. Rider's performance is taken as their Best Plus performance at each of these distances.

The resulting plus times are then adjusted to ensure a balance between the various events. All qualifying riders are then listed in order of their aggregate adjusted plusses with the Champion having the highest total. The adjustment factors are 2.5 for 10 miles, 1 for 25 miles, 0.5 for 50 miles and 0.25 for 100 miles. For the 12 hour the plus is multiplied using a conversion factor (130.5 from 2020), to calculate an equivalent 200 mile plus time, expressed in seconds, and multiplied by 0.1.

It sounds complicated but basically all you have to do is ride as fast as you can! The competition calculations just allow riders of different ages and both men and women to compete on a level playing field (which is what standard times and plusses are all about).

Three Distance Competition

This works the same way as the BAR competition but riders only have to complete rides at 25 miles, 50 miles and 100 miles. Rider's performance is again taken as their Best Plus performance at each of these distances. All qualifying riders are then listed in order of their aggregate adjusted plusses with the Champion having the highest total.

Short Distance Competition

Again the same principles apply as for the BAR and 3 Distance but for the Short Distance Competition competitors must complete two rides at 10 miles and two rides at 25 miles. Rider's performance is again taken as their Best Plus performance in the four events. All qualifying riders are then listed in order of their aggregate adjusted plusses with the Champion having the highest total.

NATIONAL TROPHIES & 2021 RECIPIENTS

| | | | |
|--|-------------------------------|--|---|
| Best All Rounder (25, 50, 100 and 12) | PETRONELLA TROPHY | 1st man or woman on plus | David Shepherd (...a3crg) +1:22:05 |
| | H LIONEL LINCOLN SHIELD* | 1st man on actual | Darren Yarwood (Chapeau! Vive le Velo) 28.583mph |
| | SOUTHCOTT BOWL* | 1st woman on actual | Patricia Baird (Ecosse Cycle Coaching) +1:05:45 |
| | RALEIGH SHIELD | Best group team (6 riders) on plus | No qualifiers |
| | JOHNSON SHIELD | Best club team (3 riders) on plus | No qualifiers |
| 3 Distance Competition (25, 50 and 100) | DICK CLARKE CUP | 1st man or woman on plus | Jackie Field (CC Ashwell) +1:01:41 |
| | DON HACKING TROPHY* | 1st man on actual | Darren Yarwood (Chapeau! Vive le Velo) 29.629mph |
| | BRAMBLEBY CUP* | 1st woman on actual | Jackie Field (CC Ashwell) 26.062mph |
| | LONDON GROUP SHIELD | Best group team (6 riders) on plus | East Anglian (Jackie Field, Grant Osborne, Paul Lunn, Kevin Baumber, Chris Shaw, Philip Jones) +4:52:16 |
| | DOREEN HUGILL MEMORIAL SHIELD | Best club team (3 riders) on plus | Chapeau! Vive le Velo (Darren Yarwood, Fiona Sharp, Neil Cleminshaw) +2:16:02 |
| Short Distance Competition (2 x 10, 2 x 25) | L DE CAMELLIS BOWL | 1st man or woman on plus | Angela Carpenter (...a3crg) +1:31:02 |
| | STREVS MEMORIAL TROPHY* | 1st man on actual | Matthew Smith (Drag2zero) 33.052mph |
| | PETT CUP* | 1st woman on actual | Angela Carpenter (...a3crg) 29.038mph |
| | MIDLANDS SHIELD* | Best group team (6 riders) on plus | East Anglian (Andrew Grant, Jackie Field, Matthew Smith, Keith Dorling, Peter Horsnell, Colin Lizieri) +8:06:12 |
| | BRAFMAN CUP* | Best club team (3 riders) on plus | ...a3crg (Angela Carpenter, James Fawcett, Neril Mackley) +3:55:27 |
| National Championships | KEN MATTHEWS CUP | 1st on standard in 10 Mile | Richard Oakes (Team Ohten Aveas) & Angela Carpenter (...a3crg) TIE +7:36 |
| | CHARLIE COLE CUP | 1st on standard in 25 Mile | Angela Carpenter (...a3crg) +20:01 |
| | FRED THORPE TROPHY | 1st on standard in 30 Mile | Angela Carpenter (...a3crg) +22:44 |
| | CECIL PAGET CUP | 1st on standard in 50 Mile | Angela Carpenter (...a3crg) +46:20 |
| | DOUG BRUNWIN MEMORIAL SALVER | 1st on standard in 100 Mile | Jackie Field (CC Ashwell) +1:18:44 |
| | JIM PAINTER CUP | 1st on standard in 12 Hour | David Shepherd (...a3crg) +108.05 |
| | C W COOKE CUP | 1st on standard in 24 Hour | Christina Murray (Army Cycling) +161.41 |
| Merit Awards | C W COOKE TROPHY | Most meritorious racing performance of the season, nominated by Groups | Christina Murray for covering 490.28 miles in 24 hours and thus achieving CTT and VTTA records by massive margins |
| | TED BRICKNELL MEMORIAL AWARD | An award purchased annually for outstanding services to the Association, nominated by Groups, retained permanently by the recipient. | Jon Fairclough (Woking CC & Surrey/Sussex) for updating VTTA IT systems for membership, competitions, age records and standards |

Trophies marked * were re-assigned commencing with 2021 competitions

2021 NATIONAL BEST ALL ROUNDER (25, 50, 100 AND 12) AWARD WINNERS

| | | | | | |
|------------------------------------|-----------------|-------------------------|----------|-----------|------------------------------------|
| 1 st overall on plus | David Shepherd | ...a3crg | Wssx | +1:22:05 | Petronella Trophy |
| 1 st man on plus | David Shepherd | ...a3crg | Wssx | +1:22:05 | Gold medal |
| 2 nd man on plus | Michael Stevens | Melton Olympic CC | N Mid | +1:15:45 | Silver medal |
| 3 rd man on plus | Darren Yarwood | Chapeau! Vive Le Velo | Yrks | +1:15:39 | Bronze medal |
| 1 st woman on plus | Patricia Baird | Ecosse Cycling Coaching | Scot | +1:05:45 | Gold medal |
| 2 nd woman on plus | Joanna Cebzat | Bury Clarion CC | M&N W | +0:59:09 | Silver medal |
| 3 rd woman on plus | No qualifiers | | | | Bronze medal |
| 1 st man on actual | Darren Yarwood | Chapeau! Vive Le Velo | Yrks | 28.583mph | H Lionel Lincoln Shield |
| 1 st woman on actual | Joanna Cebzat | Bury Clarion CC | M&N W | 24.264hph | Southcott Bowl |
| Best group team (6 riders) on plus | No qualifiers | | | | Raleigh Shield and gold medals (6) |
| Best club team (3 riders) on plus | No qualifiers | | | | Johnson Shield and gold medals (3) |

2021 NATIONAL THREE DISTANCE COMPETITION (25, 50 AND 100) AWARD WINNERS

| | | | | | |
|------------------------------------|------------------|-------------------------|-------|---------------|--|
| 1 st overall on plus | Jackie Field | CC Ashwell | E Ang | +1:01:41 | Dick Clarke Cup |
| 1 st man on plus | David Shepherd | ...a3crg | Wssx | +0:58:32 | Gold medal |
| 2 nd man on plus | Michael Stevens | Melton Olympic CC | N&EM | +0:57:11 | Silver medal |
| 3 rd man on plus | Darren Yarwood | Chapeau! Vive Le Velo | Yrks | +0:55:34 | Bronze medal |
| 1 st woman on plus | Jackie Field | CC Ashwell | E Ang | +1:01:41 | Gold medal |
| 2 nd woman on plus | Christina Murray | Army Cycling Union | Scot | +0:51:58 | Silver medal |
| 3 rd woman on plus | Patricia Baird | Ecosse Cycling Coaching | Scot | +0:50:19 | Bronze medal |
| 1 st man on actual | Darren Yarwood | Chapeau! Vive Le Velo | Yrks | 29.629mph | Don Hacking Trophy |
| 1 st woman on actual | Jackie Field | CC Ashwell | E Ang | 26.062 mph | Brambleby Cup |
| Best group team (6 riders) on plus | Jackie Field | CC Ashwell | E Ang | +4:52:16 | London Group Shield and gold medals (6) |
| | Grant Orsborn | Bedfordshire RCC | | | |
| | Paul Lunn | Fenland Clarion | | | |
| | Kevin Baumber | Shaftesbury CC | | | |
| | Chris Shaw | Fenland Clarion | | | |
| | Philip Jones | Peterborough CC | | | |
| Best club team (3 riders) on plus | Darren Yarwood | Chapeau! Vive Le Velo | Yrks | +2:16:02 | Doreen Hugill Meml. Shield and gold medals (3) |
| | Fiona Sharp | | | | |
| | Neil Cleminshaw | | | | |

2021 NATIONAL SHORT DISTANCE COMPETITION (2 X 10, 2 X 25) AWARD WINNERS

| | | | | | |
|------------------------------------|------------------|------------------|-------|---------------|-------------------------------------|
| 1 st overall on plus | Angela Carpenter | ...a3crg | Wssx | +1:31:02 | L De Camellis Bowl |
| 1 st man on plus | Andrew Grant | Cambridge CC | E Ang | +1:25:49 | Gold medal |
| 2 nd man on plus | Keith Ainsworth | Sheffrec CC | N Mid | +1:24:44 | Silver medal |
| 3 rd man on plus | Richard Oakes | Team Ohten Aveas | N&EM | +1:24:26 | Bronze medal |
| 1 st woman on plus | Angela Carpenter | ...a3crg | Wssx | +1:31:02 | Gold medal |
| 2 nd woman on plus | Jackie Field | CC Ashwell | E Ang | +1:24:03 | Silver medal |
| 3 rd woman on plus | Claire Emons | Newbury RC | L&HC | +1:17:13 | Bronze medal |
| 1 st man on actual | Matthew Smith | Drag2zero | E Ang | 33.052 mph | Stevens Meml. Trophy |
| 1 st woman on actual | Angela Carpenter | ...a3crg | Wssx | 29.038 mph | Pett Cup |
| Best group team (6 riders) on plus | Andrew Grant | Cambridge CC | E Ang | +8:06:12 | Midlands Shield and gold medals (6) |
| | Jackie Field | CC Ashwell | | | |
| | Matthew Smith | Drag2zero | | | |
| | Keith Dorling | Team Bottrill | | | |
| | Peter Horsnell | Chelmer CC | | | |
| | Colin Lizieri | Cambridge CC | | | |
| Best club team (3 riders) on plus | Angela Carpenter | ...a3crg | Wssx | +3:55:27 | Brafman Cup and gold medals (3) |
| | James Fawcett | | | | |
| | Neil Mackley | | | | |

CHAMPIONSHIP AWARDS 2021

10 MILES

18th September 2021 - North Midlands Group - Course O10/1 (Hatfield Woodhouse)

| | | | |
|-----------------------|------------------------------------|--|--------|
| Men's Champion | Richard Oakes | Team Ohten Aveas / Notts & East Midlands | +07:36 |
| 2 nd Man | Keith Ainsworth | Sheffrec CC / North Midlands | +06:44 |
| 3 rd Man | Ron Hallam | South Pennine RC / Notts & East Midlands | +06:05 |
| Women's Champion | Angela Carpenter | ...a3crg / Wessex | +07:36 |
| 2 nd Woman | Deb Hutson-Lumb | Nova Raiders CC / Merseyside | +06:35 |
| 3 rd Woman | Jo Corbett | Sherwood CC / Notts & East Midlands | +05:14 |
| Group Team Champions | Notts & East Midlands | Richard Oakes (Team Ohten Aveas), Ron Hallam (South Pennine RC), Ian Guilor (Mapperley CC) | +19:34 |
| Club Team Champions | Team Ohten Aveas | Richard Oakes, Rob Muzio, Mike Twelves (all Notts & East Midlands) | +18:42 |
| Tandem Champions | Rachael Elliott Ian Greenstreet | Both Newbury RC / London & Home Counties | +07:29 |

Full result published in The Veteran December 2021 (number 72)

15 MILES**11th April 2021 - Newbury Velo (on behalf of London & Home Counties Group) - Course H15/3**

| | | | |
|-----------------------------|------------------------------------|---|--------|
| Men's Champion | Mark Ellis | Mercedes AMG Petronas CC / East Anglian | +09:20 |
| 2nd Man | Neil Mackley | ...a3crg / Wessex | +09:14 |
| 3rd Man | Gareth Williams | Twickenham CC/ London & Home Counties | +09:06 |
| Women's Champion | Angela Carpenter | ...a3crg / Wessex | +11:21 |
| 2nd Woman | Sarah Matthews | ...a3crg / Wessex | +10:31 |
| 3rd Woman | Melanie Sneddon | TORQ Performance / London & Home Counties | +09:39 |
| Group & Club Team Champions | ...a3crg | Angela Carpenter, Sarah Matthews, Neil Mackley (all Wessex) | +31:06 |
| Tandem Champions | Rachael Elliott Ian Greenstreet | Both Newbury RC / London & Home Counties | +10:53 |

Full result published in The Veteran June 2021 (number 70)

25 MILES**5th September 2021 - Merseyside Group - Course D25/23T**

| | | | |
|----------------------|------------------------------------|---|--------|
| Men's Champion | Richard Oakes | Team Ohten Aveas / Notts & East Midlands | +17:57 |
| 2nd Man | Keith Ainsworth | Sheffrec CC / North Midlands | +17:27 |
| 3rd Man | Joseph Costello | Walsall Roads CC / Midlands | +16:13 |
| Women's Champion | Angela Carpenter | ...a3crg / Wessex | +20:01 |
| 2nd Woman | Deb Hutson-Lumb | Nova Raiders CC / Merseyside | +16:03 |
| 3rd Woman | Deborah Moss | Team Merlin / N Lancs & Lakes | +15:49 |
| Group Team Champions | Notts & East Midlands | Richard Oakes (Team Ohten Aveas), Ian Guilor (Mapperley CC), Kevin Wood (Sherwood CC) | +47:01 |
| Club Team Champions | Team Ohten Aveas | Richard Oakes, Rob Muzio, Mike Twelves (all Notts & East Midlands) | +45:25 |
| Tandem Champions | Rachael Elliott Ian Greenstreet | Both Newbury RC / London & Home Counties | +16:38 |

Full result published in The Veteran September 2021 (number 71)

30 MILES**21st August 2021 - Yorkshire Group - Course V241**

| | | | |
|----------------------|-------------------|--|---------|
| Men's Champion | Peter Greenwood | Clayton Velo / N Lancs & Lakes | +19:12 |
| 2nd Man | Keith Ainsworth | Sheffrec CC / North Midlands | +19:09 |
| 3rd Man | Keith Dorling | Team Bottrill / East Anglian | +18:11 |
| Women's Champion | Angela Carpenter | ...a3crg / Wessex | +22:44 |
| 2nd Woman | Deborah Moss | Team Merlin / N Lancs & Lakes | +17:49 |
| 3rd Woman | Liz Ball | Valley Striders CC / Yorkshire | +17:095 |
| Group Team Champions | Yorkshire | Liz Ball (Valley Striders CC), Darren Yarwood (Chapeau! Vive Le Velo), Sam Ward (Otley CC) | +49:49 |
| Club Team Champions | Harrogate Nova CC | Michael Cross, Grant Whiteside, Mark Burtonshaw (all Yorkshire) | +35:44 |

| | | | |
|--|------------------------------------|--|----------|
| Tandem Champions | Rachael Elliott Ian Greenstreet | Both Newbury RC / London & Home Counties | +19:57 |
| Full result published in The Veteran September 2021 (number 71) | | | |
| 50 MILES | | | |
| 13th June 2021 - East Anglian - Course F2/50 | | | |
| Men's Champion | Andrew Grant | Cambridge CC / East Anglian | +42:38 |
| 2nd Man | Keith Ainsworth | Sheffrec CC / North Midlands | +39:08 |
| 3rd Man | Neil Mackley | ...a3crg / Wessex | +37:34 |
| Women's Champion | Angela Carpenter | ...a3crg / Wessex | +46:20 |
| 2nd Woman | Jackie Field | CC Ashwell / East Anglian | +41:23 |
| 3rd Woman | Claire Emons | Newbury RC / London & Home Counties | +37:56 |
| Group Team Champions | East Anglian | Andrew Grant (Cambridge CC), Jackie Field (CC Ashwell), Ian Hope (Team Solo Vinci) | +2:01:20 |
| Club Team Champions | ...a3crg | Angela Carpenter, Neil Mackley, James Fawcett & David Shepherd (tie) (all Wessex) | +2:01:05 |
| Tandem Champions | Rachael Elliott Ian Greenstreet | Both Newbury RC / London & Home Counties | +38:02 |
| Full result published in The Veteran June 2021 (number 70) | | | |
| 100 MILES | | | |
| 6th June 2021 - Kent Cycling Association - Course Q100 | | | |
| Men's Champion | Andrew Meilak | VeloRefined Rule 5 / Kent | +1:14:25 |
| 2nd Man | Darren Yarwood | Chapeau! Vive Le Velo / Yorkshire | +1:06:52 |
| 3rd Man | David Shepherd | ...a3crg / Wessex | +1:04:45 |
| Women's Champion | Jackie Field | CC Ashwell / East Anglian | +1:18:44 |
| 2nd Woman | Fiona Sharp | Chapeau! Vive Le Velo / Yorkshire | +1:00:53 |
| 3rd Woman | Joanna Cebzat | Bury Clarion CC / Manchester & NW | +0:53:22 |
| Group Team Champions | East Anglian | Jackie Field (CC Ashwell), Kevin Baumber (Shaftesbury CC), Iain Boardman (Dulwich Paragon CC) | +3:08:40 |
| Full result published in The Veteran June 2021 (number 70) | | | |
| 12 HOUR | | | |
| 1st August - Breckland CC - Course B12/4 | | | |
| Men's Champion | David Shepherd | ...a3crg / Wessex | +108.05 |
| 2nd Man | Andrew Whiteside | Bella in Sella Racing / N Lancs & Lakes | +99.05 |
| 3rd Man | Tim McEvoy | FTP Racing / West | +96.16 |
| Women's Champion | Kim Barfoot-Brace | Bath Cycling Club / West | +82.68 |
| 2nd Woman | Lisa Davis | Drag2Zero / Surrey/Sussex | +75.02 |
| 3rd Woman | Joanna Cebzat | Bury Clarion CC / Manchester & NW | +71.05 |
| Group Team Champions | Yorkshire | Darren Yarwood (Chapeau! Vive Le Velo), Michael Cross (Harrogate Nova CC), Alex Russell (City RC (Hull)) | +269.34 |

| | | | |
|---|-------------------------------|---|---------|
| Tandem Champions | Norman Harvey Mary Corbett | Sotonia CC (Wessex) | +53.74 |
| Full result published in The Veteran September 2021 (number 71) | | | |
| 24 HOUR | | | |
| 17th/18th July 2021 - Mersey Roads Club - Course D24hr | | | |
| Men's Champion | Andrew Rivett | Velo Club St Raphael / Wessex | +125.02 |
| 2nd Man | Doug Hart | Ilkley CC / Yorkshire | +112.42 |
| 3rd Man | Nigel Briggs | South Pennine RC / Notts & E Midlands | +95.31 |
| Women's Champion | Christina Murray | Army Cycling / Scotland | +161.41 |
| Group Team Champions | Yorkshire | Doug Hart (Ilkley CC), Sean Sanders (Drighlington BC), Stacey Stump (York Cycleworks) | +257.10 |
| Club Team Champions | Dulwich Paragon CC | Jamie Baskerville, Hector Kidds, Samuel Crossley (all London & Home Counties) | +158.55 |
| Full result published in The Veteran September 2021 (number 71) | | | |
| CLOSED CIRCUIT CHAMPIONSHIP (PILOT EVENT) | | | |
| 24th October 2021 - Cleveland Coureurs - Croft Motor Racing Circuit | | | |
| 1 st Man - TT Bike | Richard Oakes | Team Ohten Aveas / Notts & East Midlands | 19:32 |
| 2 nd Man - TT Bike | Mike Twelves | Team Ohten Aveas / Notts & East Midlands | 20:09 |
| 3 rd Man - TT Bike | Marcel Schubert | Darlington CC / North | 20:42 |
| 1 st Woman - TT Bike | Liz Ball | Valley Striders CC / Yorkshire | 21:13 |
| 2 nd Woman - TT Bike | Angela Hannon-Flaherty | Seacroft Whs | 21:37 |
| 3 rd Woman - TT Bike | Miriam Rennet | Kinross CC / Scotland | 22:25 |
| 1 st Man - Road Bike | Shaun Tyson | Protech Velo / North | 21:56 |
| 2 nd Man - Road Bike | Douglas Watson | GTR - Return To Life | 22:02 |
| 3 rd Man - Road Bike | John Blomeley | Yorkshire Road Club | 22:03 |
| 1 st Woman - Road Bike | Janet Fairclough | Liverpool Phoenix CC (Aintree) / Merseyside | 24:32 |
| 2 nd Woman - Road Bike | Karen Haldane | Derwentside CC | 29:28 |
| 3 rd Woman - Road Bike | Heather Gould | North Shields Poly Club | 30:15 |
| Full result published in The Veteran December 2021 (number 72) | | | |

PAST CHAMPIONS

(All on plus except where noted)

BEST ALL ROUNDER

1943 Ernest H Strevens
1944 No winner
1945 Jock Austin
1946 E W Miles
1947 Jock Austin
1948 Charlie Cole
1949 Charlie Cole
1950 C G Baxter
1951 Charlie Cole
1952 Charlie Cole
1953 Charlie Cole
1954 Charlie Cole
1955 Charlie Cole
1956 T H Henderson
1957 Harry Aspden
1958 Arch Harding
1959 Arch Harding
1960 Arch Harding
1961 Arch Harding
1962 Arch Harding
1963 Arch Harding
1964 Arch Harding
1965 R B Smith
1966 R Waters
1967 Arch Harding
1968 R G H Deering
1969 Arch Harding
1970 K J Brooker
1971 Harry G Shawyer
1972 Harry H Hill
1973 Harry H Hill
1974 Charles Holland
1975 Charles Holland
1976 Harry G Shawyer
1977 Harry H Hill
1978 Harry H Hill
1979 John Woodburn
1980 John Woodburn
1981 D Kellaway
1982 Arthur C Boutell
1983 Harry H Hill
1984 D Kellaway
1985 John Woodburn
1986 Gerry Poole
1987 John Woodburn
1988 Paul Bennett
1989 John Woodburn

1990 Harry Featherstone
1991 Harry Featherstone
1992 Don Hacking
1993 Peter Crofts
1994 Len Benton
1995 Jim Bailey
1996 Jim Bailey
1997 Jim Goodwin
1998 Owen Blower
1999 Brian Haskell
2000 Ken Platts
2001 T W Coging
2002 Brian Sunter
2003 Brian Sunter
2004 Ian Cammish
2005 Mike Shacklock
2006 Mike Shacklock
2007 Ken Platts
2008 Ken Platts
2009 Jim Gresty
2010 Ken Platts
2011 Ken Platts
2012 Nick Bowdler
2013 Ken Platts
2014 Adam Topham
2015 Peter Horsnell
2016 Richard Bideau
2017 Richard Bideau
2018 Jackie Field

BEST ALL ROUNDER - MEN

2019 David Shepherd
2020 David Shepherd
2021 David Shepherd

BEST ALL ROUNDER - WOMEN

1971 Mary Horsnell
1972 Wyn Maddock
1973 Irene Southart
1974 L Campbell
1975 Ethel Brambleby
1976 Ethel Brambleby
1977 Ethel Brambleby
1978 Ethel Brambleby
1979 Mary Dawson
1980 Mary Dawson
1981 Mary Dawson
1982 Mary Dawson

1983 I Campbell
1984 Mary Dawson
1985 Mary Dawson
1986 Mary Dawson
1987 Mary Dawson
1988 Mary Dawson
1989 Mary Dawson
1990 Mary Dawson
1991 Mary Dawson
1992 Mary Dawson
1993 Mary Dawson
1994 Mary Dawson
1995 Janet Wilson
1996 Janet Wilson
1997 L Creese
1998 Christine Gasgoigne
1999 Janet Wilson
2000 Gil Henshaw
2001 Christine Roberts
2002 Janet Wilson
2001 Christine Roberts
2002 Janet Wilson
2003 C Smerdon
2004 K M Smith
2005 A Bath
2006 C Colquhoun
2007 K Smith
2008 Christine McLean
2009 Christine McLean
2010 Christine McLean
2011 Christine McLean
2012 Christine McLean
2013 Ann Shuttleworth
2014 Sharon Clifford
2015 Lynne Biddulph
2016 Katja Rietdorf
2017 Katja Rietdorf
2018 Jackie Field
2019 Christina Murray
2020 Lisa Davis
2021 Patricia Baird

BEST ALL ROUNDER (ACTUAL MPH)

1956 Arch Harding
1957 Arch Harding
1958 Arch Harding
1959 Arch Harding

1960 Arch Harding
1961 Arch Harding
1962 Arch Harding
1963 R Murgatroyd
1964 Arch Harding
1965 J C Park
1966 R Waters
1967 Eric Grocock
1968 Nim Carline
1969 Nim Carline
1970 W H Griffiths
1971 Nim Carline
1972 Nim Carline
1973 Nim Carline
1974 Robin W Buchan
1975 Mike McNamara
1976 Mike McNamara
1977 John Byers
1978 John Byers
1979 John Woodburn
1980 John Woodburn
1981 E C Holloway
1982 J Dixon
1983 Peter Spowage
1984 Roger Iddles
1985 John Woodburn
1986 Shay Giles
1987 Shay Giles
1988 Paul Bennett
1989 Eddie Adkins
1990 Shay Giles
1991 John Woodburn
1992 Derek Hatton
1993 Terry Icke
1994 George Nowland
1995 George Nowland
1996 John Blacker
1997 Glen Longland
1998 Geoffrey Platts
1999 P Smith
2000 Ian Cammish
2001 N Portess
2002 Ian Cammish
2003 G Robinson
2004 Ian Cammish
2005 N Skellern
2006 N Skellern
2007 Ken Platts
2008 Ian Cammish
2009 Nick Bowdler

2010 Julian Jenkinson
2011 Nick Bowdler
2012 Nick Bowdler
2013 J Dewhirst
2014 Adam Topham
2015 Adam Topham
2016 Richard Bideau
2017 Richard Bideau
2018 Matt Ivings
2019 Andy Jackson
2020 Mark Smith

BAR ACTUAL MPH - MEN

2021 Darren Yarwood

BAR ACTUAL MPH - WOMEN

2021 Joanna Cebzat

BAR GROUP TEAMS

1959 London & Home Counties
1960 London & Home Counties
1961 London & Home Counties
1962 London & Home Counties
1963 London & Home Counties
1964 London & Home Counties
1965 London & Home Counties
1966 London & Home Counties
1967 London & Home Counties
1968 London & Home Counties
1969 London & Home Counties
1970 London & Home Counties
1971 London & Home Counties
1972 London & Home Counties
1973 Manchester & North West
1974 Manchester & North West
1975 Manchester & North West
1976 London & Home Counties
1977 London & Home Counties
1978 Manchester & North West
1979 London & Home Counties
1980 London & Home Counties
1981 Yorkshire
1982 Manchester & North West
1983 Manchester & North West
1984 West
1985 London & Home Counties
1986 Yorkshire
1987 London & Home Counties
1988 London & Home Counties
1989 Surrey & Sussex
1990 Surrey & Sussex
1991 Surrey & Sussex

1992 East Anglia
1993 Surrey & Sussex
1994 Yorkshire
1995 North Lancashire
1996 London & Home Counties
1997 North Lancashire
1998 Yorkshire
1999 Yorkshire
2000 East Anglia
2001 Yorkshire
2002 Yorkshire
2003 Yorkshire
2004 Yorkshire
2005 Yorkshire
2006 Manchester & North West
2007 North Lancashire
2008 East Anglia
2009 Manchester & North West
2010 East Anglian
2011 East Anglian
2012 East Anglian
2013 Yorkshire
2014 No team finished
2015 East Anglian
2016 East Anglian
2017 No team finished
2018 No team finished
2019 Yorkshire
2020 No team finished
2021 No team finished

BAR CLUB TEAMS

1959 Lancashire RC
1960 Leicester Forest CC
1961 Addiscombe CC
1962 Middlesex RC
1963 Middlesex RC
1964 Middlesex RC
1965 Glasgow Regent
1966 West Scotland Clarion
1967 Middlesex RC
1968 Leicester Forest CC
1969 Middlesex RC
1970 Luton Wheelers
1971 Verulam CC
1972 Luton Wheelers
1973 Oldham Century RC
1974 Norwood Paragon CC
1975 Addiscombe CC
1976 Rockingham CC
1977 Addiscombe CC

1978 Derby Mercury RC
 1979 East Midlands CC
 1980 East Midlands CC
 1981 Birkenhead North End CC
 1982 Altrincham Ravens CC
 1980 Farnboro' & Camberley CC
 1981 Farnboro' & Camberley CC
 1982 Tees-Side RC
 1983 Farnboro' & Camberley CC
 1984 Farnboro' & Camberley CC
 1985 Tees-Side RC
 1986 Otley CC
 1987 Farnboro' & Camberley CC
 1988 Farnboro' & Camberley CC
 1989 Norwood Paragon CC
 1990 Norwood Paragon CC
 1991 Norwood Paragon CC
 1992 Farnboro' & Camberley CC
 1993 Tees-side RC
 1994 Long Eaton Paragon CC
 1995 Rockingham CC
 1996 Rockingham CC
 1997 Otley CC
 1998 San Fairy Ann CC
 1999 San Fairy Ann CC
 2000 East Anglian CC
 2001 East Anglian CC
 2002 Yorkshire RC
 2003 Yorkshire RC
 2004 Yorkshire RC
 2005 Otley CC
 2006 Congleton CC
 2007 Congleton CC
 2008 Chelmer CC
 2009 Team Swift
 2010 Yorkshire RC
 2011 Chelmer CC
 2012 Chelmer CC
 2013 Chelmer CC
 2014 No team finished
 2015 No team finished
 2016 Hounslow & District Wh
 2017 Born to Bike
 2018 Born to Bike
 2019 Vive le Velo
 2020 No team finished
 2021 No team finished

BAR CLUB TEAM - WOMEN

1998 Airedale Olympic CC
 1999 Airedale Olympic CC

2000-2005 No team finished
 2006 Kingston Phoenix RC
 2007 Kingston Phoenix RC
 2008 Kingston Phoenix
 2009 - 2011 No team finished
 Discontinued

3 DISTANCE COMPETITION

1995 Jim Bailey
 1996 Jim Bailey
 1997 Brian Haskell
 1998 Eric Marsh
 1999 George Steers
 2000 Eric Marsh (T)
 2001 Derek Hodgins
 2002 G Les Dawson (T)
 2003 G Les Dawson (T)
 2004 Jim Goodwin
 2005 Jim Goodwin
 2006 Ron Hallam
 2007 Derek Hodgins
 2008 Frank Kerry
 2009 Frank Kerry
 2010 Frank Kerry
 2011 Ron Hallam
 2012 P Greenwood
 2013 Ken Platts
 2014 Peter Horsnell
 2015 Peter Horsnell
 2016 Peter Horsnell
 2017 Peter Horsnell
 2018 Peter Horsnell

3 DISTANCE COMP. - MEN

2019 David Hargreaves
 2020 David Hargreaves
 2021 David Shepherd

3 DISTANCE COMP. - WOMEN

1995 Mary Dawson
 1996 Carole Gandy
 1997 Carole Gandy
 1998 Carole Gandy
 1999 Carole Gandy
 2000 Carole Gandy
 2001 Carole Gandy
 2002 Carole Gandy
 2003 Mary Dawson
 2004 Carole Gandy
 2005 Carole Gandy
 2006 Arja Scarsbrook
 2007 Arja Scarsbrook

2008 Arja Scarsbrook
 2009 Carole Gandy
 2010 Carole Gandy
 2011 Christine McLean
 2012 Competition Discontinued
 2019 Angela Carpenter
 2020 Jackie Field
 2021 Jackie Field

3 DISTANCE (ACTUAL MPH)

1995 George Nowland
 1996 Shay Giles
 1997 Glen Longland
 1998 Geoffrey Platts
 1999 P Smith
 2000 Ian Cammish
 2001 Ian Cammish
 2002 Ian Cammish
 2003 Ian Cammish
 2004 Ian Cammish
 2005 Ian Cammish
 2006 Ian Cammish
 2007 P Holdsworth
 2008 Barry Charlton
 2009 Nick Bowdler
 2010 Julian Jenkinson
 2011 Nick Bowdler
 2012 Nick Bowdler
 2013 J Dewhirst
 2014 Adam Topham
 2015 Adam Topham
 2016 Richard Bideau
 2017 Richard Bideau
 2018 Andy Jackson
 2019 Andy Jackson
 2020 Mark Smith

3 DIST. ACTUAL MPH - MEN

2021 Darren Yarwood

3 DIST. ACTUAL MPH - WOMEN

2021 Jackie Field

THREE DISTANCE - GROUP

1995 North Lancashire
 1996 North Lancashire
 1997 North Lancashire
 1998 Nottingham & East Mids
 1999 Nottingham & East Mids
 2000 Nottingham & East Mids
 2001 Nottingham & East Mids
 2002 Nottingham & East Mids

2003 Yorkshire RC
 2004 Nottingham & East Mids
 2005 Nottingham & East Mids
 2006 North Lancashire
 2007 North Lancashire
 2008 North Lancashire
 2009 North Lancashire
 2010 North Lincs & Lakes
 2011 East Anglian
 2012 East Anglian
 2013 East Anglian
 2014 East Anglian
 2015 East Anglian
 2016 North Lincs & Lakes
 2017 East Anglian
 2018 East Anglian
 2019 Wessex
 2020 Nottingham & East Mids
 2021 East Anglian

THREE DISTANCE - CLUB

1995 Altrincham Ravens CC
 1996 Altrincham Ravens CC
 1997 Altrincham Ravens CC
 1998 Altrincham Ravens CC
 1999 Altrincham Ravens CC
 2000 Rutland CC
 2001 Tees-side RC
 2002 Tees-side RC
 2003 Tees-side RC
 2004 Yorkshire RC
 2005 Yorkshire RC
 2006 Lancashire RC
 2007 Yorkshire RC
 2008 Yorkshire RC
 2009 North Shropshire Wheelers
 2010 Yorkshire RC
 2011 Yorkshire RC
 2012 Chelmer CC
 2013 Chelmer CC
 2014 Chelmer CC
 2015 Chelmer CC
 2016 Chelmer CC
 2017 Born to Bike
 2018 Born to Bike
 2019 ...a3crg
 2020 No team finished
 2021 Chapeau! Vive le Velo

**THREE DISTANCE - CLUB
 TEAMS - WOMEN**

1995 Wolsey RC
 1996 San Fairy Ann CC
 1997 San Fairy Ann CC
 1998 San Fairy Ann CC
 1999 San Fairy Ann CC
 2000 San Fairy Ann CC
 2001 Lancaster CC
 2002 San Fairy Ann CC
 2003 Wolsey RC
 2004-2005 No team finished
 2006 Kingston Phoenix RC
 2007 Kingston Phoenix RC
 2008 Kingston Phoenix RC
 2009 Nil
 2010 Born to Bike
 2011 Nil
 2012 Competition Discontinued

SHORT DISTANCE COMP.

2013 Terry Icke
 2014 Terry Icke
 2015 Ron Hallam
 2016 Ron Hallam
 2017 Ron Hallam
 2018 Ron Hallam

SHORT DIST. COMP. - MEN

2019 Ron Hallam
 2020 Keith Ainsworth
 2021 Andrew Grant

SHORT DIST. COMP. - WOMEN

2019 Angela Carpenter
 2020 Angela Carpenter
 2021 Angela Carpenter

SHORT DIST. ACT. MPH - MEN

2021 Matthew Smith

SH DIST. ACT. MPH - WOMEN

2021 Angela Carpenter

**SHORT DISTANCE COMP. -
 CLUB TEAM**

2013 South Pennine RC
 2014 South Pennine RC
 2015 South Pennine RC
 2016 Cambridge CC
 2017 North Lincs RC
 2018 Cambridge CC
 2019 ...a3crg

2020 ...a3crg

2021 ...a3crg

**SHORT DISTANCE COMP. -
 GROUP TEAM**

2013 Notts & East Midlands
 2014 Notts & East Midlands
 2015 Notts & East Midlands
 2016 North Lincs & Lakes
 2017 Notts & East Midlands
 2018 East Anglian
 2019 East Anglian
 2020 East Anglian
 2021 East Anglian

10 MILES CHAMPIONS

1977 Arthur C Boutell
 1978 Arthur C Boutell
 1979 A L Wilkins
 1980 Harry H Hill
 1981 Arthur C Boutell
 1982 Arthur C Boutell
 1983 ADwyer
 1984 Arthur C Boutell
 1985 J E Sibun
 1986 Harry H Hill
 1987 Harry H Hill
 1988 J E Sibun
 1989 D McKellow
 1990 Dave Longbottom
 1991 D McKetlow
 1992 J R McKellow
 1993 George Steers
 1994 Eric Marsh (T)
 1995 L King
 1996 Eric Marsh
 1997 K Biddulph
 1998 G Les Dawson (T)
 1999 Brian Haskell
 2000 G Les Dawson (T)
 2001 G Les Dawson (T)
 2002 G Les Dawson (T)
 2003 Brian Haskell
 2004 Eric Marsh
 2005 Dennis Milsom
 2006 Dennis Milsom
 2007 Dennis Milsom
 2008 Dennis Milsom
 2009 Dennis Milsom
 2010 Ron Hallam
 2011 Ron Hallam/Dennis Milsom (tie)

2012 Rob Pears
 2013 Rob Pears
 2014 Rob Pears/Derek Stewart (tie)
 2015 Derek Stewart
 2016 Ron Hallam
 2017 Ron Hallam
 2018 Ron Hallam
 2019 Keith Ainsworth (M)
 Angela Carpenter (W)
 2020 Richard Oakes (M)
 Angela Carpenter (W)
 2021 Richard Oakes (M)
 Angela Carpenter (W)

10 MILES TEAM CHAMPIONS

1977 VC Slough
 1978 VC Slough
 1979 Calder Clarion CC
 1980 Birkenhead N E CC
 1981 Altrincham Ravens CC
 1982 VC Slough
 1983 San Fairy Ann CC
 1984 VC Slough
 1985 VC Slough
 1986 Otley CC
 1987 North Lancs Clarion
 1988 Polytechnic CC
 1989 Farnboro' & Camberley CC
 1990 Altrincham Ravens CC
 1991 Tees-side RC
 1992 Birkenhead N E CC
 1993 Sheffield Phoenix CC
 1994 San Fairy Ann CC
 1995 Altrincham Ravens CC
 1996 Stevenage RC
 1997 Altrincham Ravens CC
 1998 Altrincham Ravens CC
 1999 San Fairy Ann CC
 2000 Altrincham Ravens CC
 2001 Rockingham CC
 2002 PCA Ciclos Uno
 2003 Huddersfield RC
 2004 PCA Ciclos Uno
 2005 Stourbridge CC
 2006 Stourbridge CC
 2007 Icknield RC
 2008 South Pennine RC
 2009 PCA Ciclos Uno
 2010 South Pennine RC
 2011 Team Swift
 2012 Westmead Team 88

2013 Cambridge CC
 2014 Cambridge CC
 2015 Team Swift
 2016 Notts & East Midlands
 2017 Notts & E Midlands (group)
 Vision Racing (club)
 2018 Notts & E Midlands (group)
 Team Bottrill (club)
 2019 Wessex (group)
 ...a3crg (club)
 2020 Wessex (group)
 ...a3crg (club)
 2021 Notts & E Midlands (group)
 Team Ohten Aveas (club)

15 MILES CHAMPIONS

2017 Ron Hallam
 2018 Ron Hallam
 2019 Ron Hallam (M)
 Fiona Sharp (W)
 2020 Keith Ainsworth (M)
 Deb Hutson-Lumb (W)
 2021 Mark Ellis (M)
 Angela Carpenter (W)

15 MILES TEAM CHAMPIONS

2017 North Lancs & Lakes (group)
 Cambridge CC (club)
 2018 London & Home C (group)
 Drag2Zero (club)
 2019 North (group)
 GS Metro (club)
 2020 Merseyside (group)
 Pirate Juice CC (club)
 2021 Wessex (group)
 ...a3crg (club)

25 MILES CHAMPIONS

1959 Charlie Cole
 1960 A L Wilkins
 1961 J E Brownhill
 1962 J E Brownhill
 1963 H A Wenman
 1964 J E Brownhill
 1965 A L Wilkins
 1966 Charlie Cole
 1967 Charlie Cole
 1968 Charlie Cole
 1969 Charlie Cole
 1970 Harry H Hill
 1971 A L Wilkins
 1972 R Goodman

1973 B W Bentley
 1974 Harry H Hill
 1975 Harry H Hill
 1976 Charles Holland
 1977 Harry H Hill
 1978 R Webber
 1979 Harry H Hill
 1980 Harry H Hill
 1981 Harry H Hill
 1982 Harry H Hill
 1983 Arthur C Boutell
 1984 Len Dexter
 1985 J E Sibun
 1986 Gerry Poole
 1987 J E Sibun
 1988 P G Smith
 1989 E G Smith
 1990 P G Smith
 1991 D McKellow
 1992 Eric Marsh
 1993 J Brownhill
 1994 W B Chapman
 1995 V H Palk
 1996 V H Palk
 1997 R H Little
 1998 Brian Haskell
 1999 Jim Goodwin
 2000 G Les Dawson (T)
 2001 Eric Marsh
 2002 Jim Goodwin
 2003 Jim Goodwin
 2004 Jim Goodwin
 2005 John Woodburn
 2006 Dennis Milsom
 2007 Dennis Milsom
 2008 Dennis Milsom
 2009 Ron Hallam
 2010 Ron Hallam
 2011 Derek Stewart
 2012 Kevin Tye
 2013 Rob Pears
 2014 Eric Marsh
 2015 Derek Stewart
 2016 Brian Sunter
 2017 Peter Horsnell
 2018 Simon Beldon
 2019 Kevin Tye (M)
 Angela Carpenter (W)
 2020 Ron Hallam (M)
 Angela Carpenter (W)

2021 Richard Oakes (M)
Angela Carpenter (W)

25 MILES TEAM CHAMPIONS

1959 Middlesex RC
1960 Viking RC
1961 Glasgow Regent
1962 Southport RC
1963 Merseyside VTTA
1964 Sheffield Phoenix CC
1965 No team finished
1966 Luton Wheelers CC
1967 Luton Wheelers CC
1968 Stretford Wheelers CC
1969 Luton Wheelers CC
1970 Law Wheelers
1971 Verulam CC
1972 Luton Wheelers CC
1973 Luton Wheelers CC
1974 Walton C & A C
1975 Verulam CC
1976 Cwmcam Paragon Wheelers
1978 Cheshire Roads Club
1978 Glasgow Wheelers
1979 Luton Wheelers CC
1980 Oldham Century RC
1982 Calder Clarion C & A C
1982 Derby Mercury RC
1983 V C Slough
1984 Vegetarian C & A C
1985 Hillingdon CC
1986 Mapperley CC
1987 Famboro' & Camberley CC
1988 Tees-side RC,
1989 Tees-side RC
1990 Tees-side RC
1991 Altrincham Ravens CC
1992 Norwood Paragon CC
1993 Birkenhead N E CC
1994 Altrincham Ravens CC
1995 Altrincham Ravens CC
1996 Lindsey Roads CC
1997 Altrincham Ravens CC
1998 Altrincham Ravens CC
1999 Altrincham Ravens CC
2000 Altrincham Ravens CC
2001 Ciclos Uno
2002 PCA Ciclos Uno
2003 Team Clean
2004 Huddersfield RC
2005 Huddersfield RC

2006 Stourbridge CC
2007 M I Racing
2008 M I Racing
2009 South Pennine RC
2010 South Pennine RC
2011 PCA Ciclos Uno
2012 Datateam Allstars
2013 Kingston Wheelers CC
2014 Chelmer CC
2015 Bynea CC
2016 Yorkshire
2017 East Anglian (group)
Cambridge CC (club)
2018 Yorkshire (group)
Team Bottrill (club)
2019 East Anglian (group)
Cambridge CC (club)
2020 Notts & E Mids (group)
Lincoln Whs CC (club)
2021 Notts & E Midlands (group)
Team Ohten Aveas (club)

30 MILES CHAMPIONS

1967 T McGuinness
1968 J E Brownhill
1969 A L Wilkins
1970 Charlie Cole
1971 A L Wilkins
1972 C W Hill
1973 B W Bentley
1974 B W Bentley
1975 Harry H Hill
1976 E Davie
1977 Charles Holland
1978 A L Wilkins
1979 John Baines
1980 A L Wilkins
1981 A L Wilkins
1982 Harry H Hill
1983 Len Dexter
1984 Gerry Ashley
1985 Len Dexter
1986 J E Sibun
1987 John Baines
1988 P G Smith
1989 J Brownhill
1990 J Brownhill
1991 Dave Longbottom
1992 A Smith
1993 V H Palk
1994 Don Hacking

1995 Brian Haskell
1996 K Biddulph
1997 R Longstaff
1998 Jim Goodwin
1999 George Steers
2000 G Les Dawson (T)
2001 Derek Hodgins
2002 G Les Dawson (T)
2003 Brian Haskell
2004 G Les Dawson (T)
2005 Eric Marsh
2006 Jim Goodwin
2007 Ron Hallam
2008 Eric Marsh
2009 John Woodburn
2010 Derek Hodgins
2011 Peter Crofts
2012 Rob Pears
2013 Rob Pears
2014 M Woods
2015 Brian Sunter
2016 Kevin Tye
2017 Terry Icke
2018 Andrew Grant
2019 Gavin Hinxman (T) (M)
Patricia Baird (W)
2020 Event cancelled
2021 David Hargreaves (M)
Angela Carpenter (W)

30 MILES TEAM CHAMPIONS

1967 Regent CC
1968 Yorkshire RC
1969 Luton Wheelers CC
1970 Luton Wheelers CC
1971 Calder Clarion C & AC
1972 Verulam CC
1973 Merseyside VTTA
1974 Verulam CC
1975 Clayton Velo
1976 Regent CC
1977 Luton Wheelers CC
1978 Hounslow & Dist Wheelers
1979 Leicestershire Road Club
1980 Norwich ABC
1981 Altrincham Ravens CC
1982 Altrincham Ravens CC
1983 Bramley Wheelers
1984 Chelmer RC
1985 N Lancashire Clarion
1986 Willesden CC

1987 Mapperley CC
 1988 Norwich ABC
 1989 Birkenhead NE CC
 1990 Birkenhead CC
 1991 Altrincham Ravens CC
 1992 Altrincham Ravens CC
 1993 Altrincham Ravens CC
 1994 Sheffield Phoenix CC
 1995 Altrincham Ravens CC
 1996 Altrincham Ravens CC
 1997 Altrincham Ravens CC
 1998 Altrincham Ravens CC
 1999 Altrincham Ravens CC
 2000 Glasgow Wheelers
 2001 Birkenhead NE CC
 2002 Otley CC
 2003 Huddersfield RC
 2004 Huddersfield RC
 2005 Huddersfield RC
 2006 Sheffield Phoenix
 2007 South Pennine RC
 2008 M I Racing
 2009 Icknield RC
 2010 North Shropshire Wheelers
 2011 Icknield RC
 2012 Seamons CC
 2013 Team Swift
 2014 Lewes Wanderers
 2015 Hounslow & District Whs
 2016 Kent
 2017 East Anglian (group)
 Cambridge CC (club)
 2018 Kent (group)
 Cambridge CC (club)
 2019 Scotland (group)
 SVTTA (club)
 2020 Event cancelled
 2021 Yorkshire (group)
 Harrogate Nova CC (club)

50 MILES CHAMPIONS

1959 J E Brownhill
 1960 T Crowther
 1961 S Parker
 1962 Charlie Cole
 1963 J E Brownhill
 1964 J W Brooke
 1965 A Williams
 1966 A L Wilkins
 1967 Charlie Cole
 1968 Charlie Cole

1969 Charlie Cole
 1970 Charlie Cole
 1971 A L Wilkins
 1972 Harry H Hill
 1973 B W Bentley
 1974 B W Bentley
 1975 Harry H Hill
 1976 S E Harvey
 1977 Harry H Hill
 1978 Harry H Hill
 1979 A L Wilkins
 1980 C W Hill
 1981 Eric Grocock
 1982 Harry H Hill
 1983 D Kellaway
 1984 Arthur C Boutell
 1985 Eric Grocock
 1986 Gerry Poole
 1987 J E Sibun
 1988 J Brownhill
 1989 Mary Dawson
 1990 Mary Dawson
 1991 Don Hacking
 1992 A J Smith
 1993 P G Smith
 1994 Jim Bailey
 1995 Jim Bailey
 1996 Jim Goodwin
 1997 Jim Goodwin
 1998 G Les Dawson (T)
 1999 Jim Goodwin
 2000 G Les Dawson (T)
 2001 Jim Bailey
 2002 Eric March
 2003 Brian Sunter
 2004 Jim Goodwin
 2005 John Woodburn
 2006 B Fittes
 2007 Derek Hodgins
 2008 Brian Sunter
 2009 Derek Hodgins
 2010 Dennis Milsom
 2011 Dennis Milsom
 2012 Brian Sunter
 2013 Brian Sunter
 2014 Brian Sunter
 2015 Brian Sunter
 2016 Kevin Tye
 2017 Brian Sunter
 2018 Brian Sunter

2019 Andy Jackson (M)
 Karen Ledger (W)
 2020 Keith Ainsworth (M)
 Sue Cheetham (W)
 2021 Andrew Grant (M)
 Angela Carpenter (W)

50 MILES TEAM CHAMPIONS

1959 Sheffield Phoenix CC
 1960 Salisbury R C
 1961 Cheshire Roads Club
 1962 Luton Wheelers CC
 1963 Glasgow Wheelers
 1964 Merseyside VTTA
 1965 Houghton CC
 1966 Luton Wheelers CC
 1967 Luton Wheelers CC
 1968 Luton Wheelers CC
 1969 Luton Wheelers CC
 1970 Luton Wheelers CC
 1971 Luton Wheelers CC
 1972 Addiscombe CC
 1973 Luton Wheelers CC
 1974 Walton C & A C
 1975 Walton C & A C
 1976 Bournemouth Jubilee
 1977 Coalville Wheelers
 1978 Walton C & A C
 1979 Altrincham Ravens CC
 1980 Calder Clarion C & A C
 1981 Altrincham Ravens CC
 1982 Bramley Wheelers
 1983 Farnboro' & Camberley CC
 1984 Hillingdon CC
 1985 Derby Mercury R C
 1986 Otley CC
 1987 Farnboro' & Camberley CC
 1988 Birkenhead NE CC
 1989 Tees-Side RC
 1990 Tees-Side RC
 1991 Sheffield Phoenix CC
 1992 Altrincham Ravens CC
 1993 Norwich ABC
 1994 Birkenhead NE CC
 1995 Altrincham Ravens CC
 1996 Altrincham Ravens CC
 1997 Altrincham Ravens CC
 1998 Altrincham Ravens CC
 1999 Altrincham Ravens CC
 2000 Icknield CC
 2001 Rockingham CC

2002 PCA Ciclos Uno
 2003 Huddersfield RC
 2004 Huddersfield RC
 2005 Huddersfield RC
 2006 Lancashire RC
 2007 Lancashire RC
 2008 Lancashire RC
 2009 Otley CC
 2010 South Pennine RC
 2011 North Lancashire RC
 2012 Bynea CC
 2013 North Lancashire RC
 2014 North Shropshire Wheelers
 2015 GS Stella
 2016 Wessex
 2017 West (group)
 Bath CC (club)
 2018 N Lincs & Lakes (group)
 North Lancashire RC (club)
 2019 Yorkshire (group)
 Team Swift (club)
 2020 Notts & E Mids (group)
 Team Swift (club)
 2021 East Anglian (group)
 ...a3crg (club)

100 MILES CHAMPIONS

1959 J E Brownhill
 1960 S E Armstrong (T)
 1961 George Pooley (T)
 1962 C W Hill
 1963 W Harrison
 1964 H A Wenman
 1965 A L Wilkins
 1966 J E Brownhill
 1967 H A Wenman
 1968 A L Wilkins
 1969 A L Wilkins
 1970 K Brooker
 1971 H A Wenman
 1972 R Narris
 1973 R Webber
 1974 B W Bentley
 1975 R Webber
 1976 Len Dexter
 1977 J Hatfield
 1978 A L Wilkins
 1979 F H Dale
 1980 F H Dale
 1981 Harry H Hill
 1982 Len Dexter

1983 B W Bentley
 1984 No event
 1985 F H Dale
 1986 H Wilkinson
 1987 H Wilkinson
 1988 Mary Dawson
 1989 J E Sibun
 1990 Mary Dawson
 1991 Harry Featherstone
 1992 Don Hacking
 1993 Don Hacking
 1994 A J Smith
 1995 Brian Haskell
 1996 D Wright
 1997 Derek Hodgins
 1998 Jim Goodwin
 1999 Jim Goodwin
 2000 Jim Goodwin
 2001 G Les Dawson (T)
 2002 G Les Dawson (T)
 2003 Jim Goodwin
 2004 Jim Goodwin
 2005 Frank Kerry
 2006 Brian Sunter
 2007 Shay Giles
 2008 Derek Hodgins
 2009 Peter Wilson
 2010 Brian Sunter
 2011 No Event
 2012 Brian Camfield
 2013 Jim Gresty
 2014 Shay Giles
 2015 Steve Irwin
 2016 D Hargreaves
 2017 Richard Bideau
 2018 Richard Bideau
 2019 Gavin Hinxman (T) (M)
 Katja Rietdorf (W)
 2020 Darren Yarwood (M)
 Joanna Cebrat (W)
 2021 Andrew Meilak (M)
 Jackie Field (W)

100 MILES TEAM CHAMPIONS

1959 Sheffield Phoenix CC
 1960 Addiscombe CC
 1961 North Road Club
 1962 Leicester Forest CC
 1963 Stretford Wheelers
 1964 Sheffield Phoenix CC
 1965 Solihull CC

1966 Leicester Forest CC
 1967 Bec CC
 1968 Tyne RC
 1969 Notts Castle BC
 1970 Sotonia CC
 1971 Verulam CC
 1972 Farnham RC
 1973' West of Scotland Clarion
 1974 N Lancashire Clarion
 1975 London Clarion
 1976 Bramley Wheelers
 1977 Chippenham & Dist Whs
 1978 London Clarion
 1979 Bournemouth Jubilee
 1980 Derby Mercury RC
 1981 Tees-side RC
 1982 Altrincham Ravens CC
 1983 Birkenhead NE CC
 1984 No event
 1985 Hounslow & Dist Wheelers
 1986 Chelmer CC
 1987 Lewes Wanderers CC
 1988 Tees-side R C
 1989 Hounslow & Dist Wheelers
 1990 Tees-side RC
 1991 Farnboro' & Camberley CC
 1992 Birkenhead NE CC
 1993 Tees-side RC
 1994 Yorkshire RC
 1995 Altrincham Ravens CC
 1996 Medway Velo
 1997 Altrincham Ravens CC
 1998 Altrincham Ravens CC
 1999 Bath CC
 2000 Seamons CC
 2001 Tees-side RC
 2002 Tees-side RC
 2003 Lancashire RC
 2004 Southport CC
 2005 Lancashire RC
 2006 Icknield RC
 2007 Rye & District Wheelers
 2008 Congleton CC
 2009 Bath CC
 2010 Congleton CC
 2011 No Event
 2012 Lewes Wanderers
 2013 Stone Wheelers CC
 2014 Hemel Hempstead CC
 2015 North Lincs RC

2016 Manchester & North West
 2017 North Lancs & Lakes (group)
 Born to Bike (club)
 2018 North Lancs & Lakes (group)
 Born to Bike (club)
 2019 North Lancs & Lakes (group)
 Springfield Financl RT (club)
 2020 Yorkshire (group)
 No club team finished
 2021 East Anglian (group)
 No club team finished

12 HOUR CHAMPIONS

1959 J E Brownhill
 1960 Harry Aspden
 1961 J E Brownhill
 1962 A L Wilkins
 1963 H A Wenman
 1964 J E Brownhill
 1965 L Jones
 1966 H Wilkinson
 1967 W Griffiths
 1968 C W Alexander
 1969 A L Wilkins
 1970 Not Held
 1971 C W Hill
 1972 R Goodman
 1973 R Goodman
 1974 J Welsh
 1975 G E Jones
 1976 Harry H Hill
 1977 D H Smith
 1978 G Thompson
 1979 G Thompson
 1980 Mary Dawson
 1981 C G Robson
 1982 D Jennings
 1983 C Smith
 1984 Don Woodman
 1985 R J Maitland
 1986 Shay Giles
 1987 John Woodburn
 1988 H Wilkinson
 1989 Gerry Poole
 1990 Shay Giles
 1991 Jim Bailey
 1992 M W Winter
 1993 E A Green
 1994 P D Saynor
 1995 Jim Bailey
 1996 B Wood

1997 Derek Hodgins
 1998 Brian Haskell
 1999 Brian Haskell
 2000 T W Cogging
 2001 M Evans
 2002 Ian Cammish
 2003 Ray Retter
 2004 Steve Woodrup
 2005 Mike Shacklock
 2006 Jim Gresty
 2007 Ken Platts
 2008 Ken Platts
 2009 David Shepherd
 2010 Ken Platts
 2011 Brian Camfield
 2012 Nick Bowdler
 2013 Ken Platts
 2014 Ray Retter
 2015 David Shepherd
 2016 Chris Scawn
 2017 Richard Bideau
 2018 Steve Williamson
 2019 David Shepherd (M)
 Christina Murray (W)
 2020 Andrew Whiteside (M)
 Christina MacKenzie (W)
 2021 David Shepherd (M)
 Kim Barfoot-Brace (W)

12 HOUR TEAM CHAMPIONS

1959 No team finished
 1960 Phoenix CC (Aintree)
 1961 No team finished
 1962 London Clarion
 1963 Middlesex RC
 1964 Bec CC
 1965 No team finished
 1966 Stretford Wheelers
 1967 Middlesex RC
 1968 London Clarion
 1969 Walton C & A C
 1970 Not held
 1971 Verulam CC
 1972 Luton Wheelers CC
 1973 Luton Wheelers CC
 1974 Long Eaton CC
 1975 Birkenhead NE CC
 1976 No team finished
 1977 Bramley Wheelers
 1978 Norwich ABC
 1979 Birkenhead NE CC

1980 Tees-side RC
 1981 Tees-side RC
 1982 Norwich RC
 1983 Leicester Forest CC
 1984 Cardiff Ajax CC
 1985 Tees-side RC
 1986 San Fairy Ann CC
 1987 Verulam CC
 1988 Oldham Century RC
 1989 Tees-side RC
 1990 Leo RC
 1991 Cleveland & Dist RC
 1992 No team finished
 1993 Farnboro' & Camberley CC
 1994 Thanet CC
 1995 Otley CC
 1996 Preston Wheelers
 1997 No team finished
 1998 Bath CC
 1999 Otley CC
 2000 San Fairy Ann CC
 2001 Southborough & Dist Whs
 2002 Icknield CC
 2003 No team finished
 2004 Lancashire RC
 2005 Otley CC
 2006 North Shropshire Wheelers
 2007 Kingston Phoenix RC
 2008 Chelmer CC
 2009 Chelmer CC
 2010 Chelmer CC
 2011 Seamons CC
 2012 No team finished
 2013 Chelmer CC
 2014 Chelmer CC
 2015 No team finished
 2016 West
 2017 London & HC (group)
 Born to Bike (club)
 2018 Wessex (group)
 Born to Bike (club)
 2019 Wessex (group)
 Vive le Velo (club)
 2020 Yorkshire (group)
 No club team finished
 2021 Yorkshire (group)
 No club team finished

24 HOUR CHAMPIONS

1960 H Stan Spelling
1961 C Smith
1962 C W Alexandra
1963 C W Alexandra
1964 C Smith
1965 C Smith
1966 A J Cropper
1967 C W Alexandra
1968 C Smith
1969 C Smith
1970 L W Mills
1971 R Griffiths
1972 C Smith
1973 S J King
1974 P E A Carter
1975 S J King
1976 Leslie Lowe
1977 R W O'Dell
1978 J McAllister
1979 C Smith
1980 J Brownhill
1981 C Smith
1982 C G Robson
1983 D Spraggett
1984 C G Robson
1985 K Usher
1986 E Millington
1987 K Usher
1988 RC Newport
1989 J R Crosby
1990 R Sant (T)
1991 John Baines
1992 T Fouldes
1993 T Fouldes
1994 T Fouldes
1995 G Hugill
1996 Jim Hopper (T)
1997 Dave Brabbin
1998 Jim Hopper (T)
1999 K Usher
2000 Jim Hopper (T)
2001 Jim Hopper (T)
2002 David Shepherd
2003 G Jones
2004 Graham Barker
2005 Graham Barker
2006 Graham Barker
2007 Graham Barker
2008 Jim Gresty

2009 B Fielden
2010 Graham Barker
2011 Andy Wilkinson
2012 P Moon
2013 Peter Yates
2014 Edgar Reynolds
2015 Paul Jackson
2016 Edgar Reynolds
2017 J McKenzie
2018 Andy Jackson
2019 Paul Jackson (M)
Christina Murray (W)
2020 Event cancelled
2021 Andrew Rivett (M)
Christina Murray (W)

24 HOUR TEAM CHAMPIONS

1960 No team finished
1961 Wren Wheelers
1962 No team finished
1963 No team finished
1964 No team finished
1965 Wren Wheelers
1966 No team finished
1967 Balham CC
1968 Balham CC
1969 No team finished
1970 Mersey Roads
1971 Lea Valley CC
1972 Farnboro & Camberley CC
1973 Colchester Rovers CC
1974 South Lancashire RC
1975 Bournemouth Jubilee
1976 Cheshire Roads Club
1977 No team finished
1978 Cheshire Roads Club
1979 No team finished
1980 Abbotsford Park RC
1981 Spalding CC
1982 No team finished
1983 No team finished
1984 Spalding CC
1985 Houghton CC
1986 Edinburgh RC
1987 No team finished
1988 No team finished
1989 No team finished
1990 Weaver Valley CC
1991 No team finished
1992 Cardiff Ajax CC
1993 No team finished

1994 No team finished
1995 Medway Velo
1996 Prescott Eagle RC
1997 Medway Velo
1998 No team finished
1999 No team finished
2000 Coventry CC
2001 No team finished
2002 No team finished
2003 No team finished
2004 Johnstone Wheelers CC
2005 Seamons CC
2006 Congleton CC
2007 Congleton CC
2008 No team finished
2009 Edinburgh RC
2010 Edinburgh RC
2011 Team Stella
2012 No team finished
2013 RN & RM CA
2014 Lewes Wanderers CC
2015 RN & RM CA
2016 Manchester & North West
2017 Midlands (group)
Born to Bike (club)
2018 Yorkshire (group)
Born to Bike (club)
2019 Kent (group)
Dulwich Paragon CC (club)
2020 Event cancelled
2021 Yorkshire (group)
Dulwich Paragon CC (club)

Past Winners of the Ted Bricknell Memorial Award

| | | | | | |
|------|---------------|------|-----------------|------|---------------------------|
| 1973 | A Burnet | 1990 | R Yates | 2007 | L E Lowe |
| 1974 | W S Lewis | 1991 | A Williams | 2008 | T Kay |
| 1975 | S E Hayward | 1992 | G W Morgan | 2009 | Gordon & Barbara Scott |
| 1976 | R H Clark | 1993 | Doreen Mahar | 2010 | R May |
| 1977 | H A G Keates | 1994 | K S Waterhouse | 2011 | S Lockwood |
| 1978 | F Wells | 1995 | F H Dale | 2012 | J Burgin |
| 1979 | W Massie | 1996 | R Blythe | 2013 | Ann Butterworth |
| 1980 | J Walton | 1997 | H F Nevill | 2014 | J Burgin |
| 1981 | R Webber | 1998 | J P Ogden | 2015 | J Golder |
| 1982 | B Hall | 1999 | Ethel Brambleby | 2016 | J Burgin |
| 1983 | H F Nevill | 2000 | K J Matthews | 2017 | G L Dawson |
| 1984 | H A G Keates | 2001 | I Morgan | 2018 | Rachael Elliott |
| 1985 | S Eccles | 2002 | G Keeble | 2019 | S Lockwood |
| 1986 | F Howell | 2003 | K A Blowe | 2020 | Carole Gandy |
| 1987 | J L Armstrong | 2004 | G Jones | 2021 | Jon Fairclough |
| 1988 | J Reaney | 2005 | D Humphreys | | |
| 1989 | J L Armstrong | 2006 | G Newsome | | |

Past Winners of the C W Cooke Trophy

| | | | | | |
|------|--------------------|------|-----------------|------|--------------------------------------|
| 1943 | W C S Harris | 1970 | L W Miles | 1997 | E P Marsh |
| 1944 | C Cole | 1971 | F B Wood | 1998 | J Brownhill |
| 1945 | C W Cooke | 1972 | R Smith | 1999 | J Pugh |
| 1946 | E H Strevens | 1973 | D Haldane | 2000 | G L Dawson |
| 1947 | F C Bause | 1974 | J Hurley | 2001 | D J Hodgins |
| 1948 | W J Pett | 1975 | Ethel Brambleby | 2002 | W Davidson |
| 1949 | J E Ackland | 1976 | I Jones | 2003 | P Holden |
| 1950 | W J Pett | 1977 | R Packer | 2004 | Carole Gandy |
| 1951 | A H Wenman | 1978 | S J King | 2005 | D Keene |
| 1952 | W H Steer | 1979 | A Boutell | 2006 | G Steers |
| 1953 | W W Brown | 1980 | J H Trenowden | 2007 | E Deanne |
| 1954 | G E Saunders | 1981 | H Marsh | 2008 | D Milsom |
| 1955 | R H Harris | 1982 | J E Sibun | 2009 | G Steers |
| 1956 | E Potter | 1983 | P Reilly | 2010 | Peter Horsnell |
| 1957 | E F Butt | 1984 | J Read | 2011 | Aandy Wilkinson |
| 1958 | C A Lovegrove | 1985 | G A Goat | 2012 | Ken Platts |
| 1959 | C W Alexander | 1986 | R O'Dell | 2013 | Peter Yates |
| 1960 | C E Green | 1987 | T E Forbes | 2014 | Mike Cotgreave |
| 1961 | J Brinkins | 1988 | J E Sibun | 2015 | Derek Stewart |
| 1962 | J W Brooke | 1989 | H Wilkinson | 2016 | Lynne Biddulph |
| 1963 | J Spencer | 1990 | W H Swann | 2017 | Ron Hallam |
| 1964 | R H Clarke | 1991 | D E Cotterell | 2018 | Kevin Tye |
| 1965 | W Gallagher | 1992 | C Richards | 2019 | Ian Greenstreet & Rachael Elliott |
| 1966 | No claims received | 1993 | W Clayton | | |
| 1967 | J A Shuter | 1994 | G Foulds | 2020 | Dave Shepherd |
| 1968 | J C Park | 1995 | G Steers | 2021 | Christina Murray |
| 1969 | J McRae | 1996 | G Steers | | |

NATIONAL AGE RECORDS - ROAD TIME TRIAL

(As at 31st December 2021)

| Men Solo Bicycle - 10 Miles | | | | Men Solo Bicycle - 25 Miles | | | |
|-----------------------------|------------------|------|-------|-----------------------------|------------------|------|---------|
| 41 | James Rix | 2017 | 17:47 | 43 | Matthew Smith | 2021 | 45:59 |
| 45 | Steve Irwin | 2016 | 17:49 | 46 | Steve Irwin | 2017 | 46:53 |
| 46 | Steve Irwin | 2017 | 17:59 | 52 | David Langlands | 2018 | 47:01 |
| 50 | Ian Guilor | 2017 | 18:02 | 55 | Kevin Tye | 2017 | 47:08 |
| 52 | Richard Oakes | 2021 | 18:08 | 57 | Kevin Tye | 2019 | 47:51 |
| 56 | Kevin Tye | 2018 | 18:44 | 59 | Keith Ainsworth | 2018 | 48:00 |
| 57 | Kevin Tye | 2019 | 19:01 | 60 | Keith Ainsworth | 2019 | 49:34 |
| 59 | Kevin Tye | 2021 | 19:11 | 62 | Keith Ainsworth | 2021 | 50:00 |
| 62 | Keith Ainsworth | 2021 | 19:23 | 66 | Peter Greenwood | 2018 | 50:36 |
| 65 | Roger Iddles | 2009 | 19:51 | 68 | Andrew Grant | 2021 | 52:06 |
| 66 | Andrew Grant | 2019 | 20:08 | 69 | Terry Icke | 2013 | 52:38 |
| 68 | Andrew Grant | 2021 | 20:15 | 70 | Terry Icke | 2014 | 53:11 |
| 73 | Terry Icke | 2017 | 20:21 | 73 | Terry Icke | 2017 | 53:13 |
| 74 | Brian Sunter | 2017 | 21:08 | 74 | Terry Icke | 2018 | 54:45 |
| 75 | Michael Allen | 2021 | 22:19 | 75 | John Woodburn | 2012 | 56:08 |
| 76 | Vincent Jenkins | 2016 | 22:26 | 77 | Ron Hallam | 2008 | 57:48 |
| 77 | Frank Kerry | 2012 | 22:31 | 78 | Ron Hallam | 2009 | 57:58 |
| 78 | Derek Stewart | 2015 | 22:35 | 81 | Dennis Milsom | 2009 | 59:13 |
| 79 | Ron Hallam | 2009 | 22:42 | 82 | Dennis Milsom | 2010 | 1:00:38 |
| 80 | Dennis Milsom | 2008 | 22:56 | 83 | Dennis Milsom | 2011 | 1:00:52 |
| 82 | Dennis Milsom | 2010 | 23:20 | 85 | Eric Marsh | 2015 | 1:03:06 |
| 85 | Ron Hallam | 2015 | 23:46 | 86 | Ron Hallam | 2016 | 1:04:03 |
| 86 | Ron Hallam | 2016 | 24:24 | 87 | Ron Hallam | 2017 | 1:06:54 |
| 88 | Ron Hallam | 2019 | 26:12 | 88 | Ron Hallam | 2019 | 1:07:19 |
| 89 | Peter Horsnell | 2019 | 27:25 | 89 | Ron Hallam | 2019 | 1:09:47 |
| 91 | Peter Horsnell | 2021 | 27:49 | 90 | Ron Hallam | 2020 | 1:11:42 |
| Men Solo Bicycle - 15 Miles | | | | Men Solo Bicycle - 30 Miles | | | |
| 43 | Matthew Smith | 2021 | 27:44 | 42 | James Rix | 2018 | 55:35 |
| 55 | Michael Ellerton | 2016 | 28:27 | 47 | Stephen Irwin | 2018 | 56:17 |
| 56 | Kevin Tye | 2018 | 29:08 | 55 | Kevin Tye | 2017 | 58:19 |
| 57 | Kevin Tye | 2019 | 29:14 | 57 | Kevin Tye | 2019 | 58:39 |
| 59 | Kevin Tye | 2021 | 30:00 | 59 | Keith Dorling | 2018 | 59:36 |
| 66 | Andrew Grant | 2019 | 31:07 | 60 | Keith Ainsworth | 2019 | 59:53 |
| 68 | Andrew Grant | 2021 | 31:36 | 62 | Keith Ainsworth | 2021 | 1:01:36 |
| 69 | Michael Allen | 2016 | 32:03 | 63 | Ken Platts | 2015 | 1:02:21 |
| 71 | Chris Nudds | 2014 | 33:52 | 65 | John Woodburn | 2002 | 1:02:53 |
| 74 | Chris Roberts | 2019 | 34:44 | 66 | Ken Platts | 2018 | 1:02:59 |
| 75 | Ron Back | 2014 | 36:13 | 68 | Andrew Grant | 2021 | 1:03:01 |
| 78 | John Smith | 2016 | 36:23 | 70 | Chris Dyason | 2018 | 1:04:02 |
| 79 | Vincent Jenkins | 2019 | 38:12 | 72 | David Hargreaves | 2018 | 1:04:39 |
| 80 | Ron Back | 2019 | 39:09 | 73 | Terry Icke | 2017 | 1:07:45 |
| 82 | Peter Bamber | 2013 | 39:38 | 74 | Peter Crofts | 2012 | 1:08:37 |
| 86 | Ron Hallam | 2017 | 41:15 | 77 | Leonard Benton | 2015 | 1:10:06 |
| 87 | Ron Hallam | 2018 | 42:01 | 78 | Ron Hallam | 2009 | 1:11:42 |
| 89 | Ron Hallam | 2019 | 43:45 | 79 | Ron Hallam | 2010 | 1:13:18 |
| 90 | Ron Hallam | 2021 | 47:04 | 83 | Eric Marsh | 2013 | 1:13:51 |

| | | | |
|----|----------------|------|---------|
| 85 | Eric Marsh | 2015 | 1:16:05 |
| 88 | Peter Horsnell | 2018 | 1:24:28 |
| 89 | Peter Horsnell | 2019 | 1:28:37 |
| 91 | Peter Horsnell | 2021 | 1:37:26 |

Men Solo Bicycle - 50 Miles

| | | | |
|----|------------------|------|---------|
| 45 | Steve Irwin | 2016 | 1:35:13 |
| 46 | Adam Topham | 2014 | 1:37:19 |
| 47 | Adam Topham | 2015 | 1:38:10 |
| 54 | Dave Green | 2018 | 1:39:14 |
| 56 | Kevin Tye | 2018 | 1:40:39 |
| 59 | Keith Ainsworth | 2018 | 1:42:05 |
| 62 | Keith Ainsworth | 2021 | 1:42:56 |
| 65 | Andrew Grant | 2018 | 1:43:35 |
| 67 | Andrw Grant | 2020 | 1:45:56 |
| 68 | Andrew Grant | 2021 | 1:47:54 |
| 70 | Terry Icke | 2014 | 1:50:56 |
| 72 | Brian Sunter | 2015 | 1:50:57 |
| 73 | David Hargreaves | 2020 | 1:52:24 |
| 74 | Derek Hodgins | 2008 | 1:58:28 |
| 75 | Jim Goodwin | 2007 | 2:01:43 |
| 76 | Ron Hallam | 2006 | 2:02:13 |
| 78 | Ron Hallam | 2009 | 2:04:02 |
| 80 | Ron Hallam | 2011 | 2:05:24 |
| 83 | Ron Hallam | 2014 | 2:15:12 |
| 86 | Ron Hallam | 2017 | 2:15:45 |
| 88 | Ron Hallam | 2019 | 2:18:57 |
| 91 | Peter Horsnell | 2021 | 2:37:32 |

Men Solo Bicycle - 100 Miles

| | | | |
|----|------------------|------|---------|
| 46 | Richard Bideau | 2017 | 3:18:54 |
| 47 | Adam Topham | 2015 | 3:22:40 |
| 53 | Dave Green | 2017 | 3:30:34 |
| 54 | Rob Pears | 2017 | 3:32:58 |
| 60 | David Shepherd | 2021 | 3:34:21 |
| 65 | Peter Greenwood | 2017 | 3:43:16 |
| 66 | Andrew Grant | 2019 | 3:49:03 |
| 68 | Chris Nudds | 2017 | 3:57:54 |
| 73 | David Hargreaves | 2019 | 3:58:46 |
| 74 | David Hargreaves | 2020 | 4:03:52 |
| 75 | Derek Hodgins | 2009 | 4:14:11 |
| 76 | Derek Hodgins | 2010 | 4:28:36 |
| 77 | Ron Hallam | 2008 | 4:29:03 |
| 78 | Ron Hallam | 2009 | 4:32:39 |
| 80 | Ron Hallam | 2011 | 4:33:53 |
| 81 | Peter Horsnell | 2011 | 4:55:07 |
| 84 | Peter Horsnell | 2014 | 4:55:36 |
| 85 | Peter Horsnell | 2015 | 5:09:55 |
| 87 | Peter Horsnell | 2017 | 5:11:47 |
| 89 | Peter Horsnell | 2019 | 5:19:45 |

Men Solo Bicycle - 12 Hours

| | | | |
|----|-------------|------|--------|
| 43 | Tim McEvoy | 2021 | 313.91 |
| 47 | Adam Topham | 2015 | 313.87 |

| | | | |
|----|-----------------|------|--------|
| 60 | David Shepherd | 2021 | 300.26 |
| 61 | Derek McMillan | 2021 | 280.21 |
| 65 | John Golder | 2018 | 265.00 |
| 66 | Owen Blower | 1998 | 260.26 |
| 71 | Michael Stevens | 2021 | 254.39 |
| 72 | Ray Retter | 2018 | 243.61 |
| 74 | Brian Haskell | 2003 | 227.84 |
| 75 | Jim Goodwin | 2007 | 227.22 |
| 76 | Peter Wilson | 2010 | 218.30 |
| 77 | Peter Horsnell | 2007 | 217.82 |
| 81 | Peter Horsnell | 2011 | 212.96 |
| 85 | Peter Horsnell | 2015 | 207.37 |
| 86 | Bob Loader | 2019 | 135.43 |

Men Solo Bicycle - 24 Hours

| | | | |
|----|----------------|------|--------|
| 47 | Andy Wilkinson | 2011 | 541.17 |
| 48 | Eamonn Deane | 2007 | 501.04 |
| 50 | Mick Potts | 1991 | 486.65 |
| 53 | Paul Jackson | 2019 | 485.21 |
| 56 | Graham Barker | 2006 | 465.25 |
| 57 | Robert Newell | 1993 | 457.77 |
| 60 | Cliff Smith | 1981 | 450.60 |
| 68 | Ray Retter | 2014 | 440.62 |
| 70 | Tony Fouldes | 1996 | 393.25 |
| 75 | W H Swann | 1985 | 347.82 |
| 80 | Peter Yates | 2013 | 343.04 |

Women Solo Bicycle - 10 Miles

| | | | |
|----|------------------|------|-------|
| 52 | Angela Carpenter | 2021 | 20:27 |
| 53 | Jackie Field | 2018 | 21:20 |
| 56 | Jackie Field | 2021 | 21:26 |
| 58 | Sarah Matthews | 2018 | 21:33 |
| 59 | Lindsay Clarke | 2021 | 22:01 |
| 61 | Carole Gandy | 2005 | 22:09 |
| 66 | Carole Gandy | 2010 | 22:21 |
| 67 | Carole Gandy | 2011 | 22:28 |
| 68 | Carole Gandy | 2012 | 23:51 |
| 70 | Arja Scarsbrook | 2018 | 24:18 |
| 71 | Arja Scarsbrook | 2019 | 24:42 |
| 72 | Gill Reynolds | 2021 | 24:59 |
| 73 | Arja Scarsbrook | 2021 | 25:15 |
| 74 | Gill Henshaw | 2008 | 25:41 |
| 79 | Gill Henshaw | 2013 | 26:02 |
| 80 | Gill Henshaw | 2014 | 26:35 |
| 82 | Gill Henshaw | 2016 | 27:05 |
| 83 | Gill Henshaw | 2017 | 27:30 |
| 84 | Mary Dawson | 2012 | 29:39 |
| 85 | Connie Tapper | 2014 | 30:09 |
| 86 | Mary Dawson | 2014 | 30:26 |

Women Solo Bicycle - 15 Miles

| | | | |
|----|------------------|------|-------|
| 43 | Karen Ledger | 2016 | 31:47 |
| 50 | Angela Carpenter | 2019 | 32:28 |
| 52 | Angela Carpenter | 2021 | 33:13 |

| | | | | | | | |
|--------------------------------------|------------------|------|---------|---------------------------------------|-------------------------|------|---------|
| 56 | Jackie Field | 2021 | 33:21 | 76 | Mary Dawson | 2005 | 2:30:02 |
| 58 | Sarah Matthews | 2018 | 33:35 | 77 | Mary Dawson | 2005 | 2:30:09 |
| 59 | Sarah Matthews | 2019 | 34:10 | 78 | Mary Dawson | 2007 | 2:31:53 |
| 61 | Sarah Matthews | 2021 | 34:54 | Women Solo Bicycle - 100 Miles | | | |
| 62 | Joy Payne | 2019 | 35:21 | 46 | Michelle Lee | 2019 | 3:48:23 |
| 64 | Deborah Sheridan | 2021 | 36:49 | 50 | Angela Carpenter | 2019 | 3:53:16 |
| 67 | Jen Clegg | 2021 | 36:59 | 54 | Jackie Field | 2019 | 3:53:46 |
| 70 | Gillian Reynolds | 2019 | 38:12 | 55 | Jackie Field | 2020 | 3:59:37 |
| 71 | Cheryl Trueman | 2016 | 39:25 | 56 | Jackie Field | 2021 | 4:05:39 |
| 79 | Gill Henshaw | 2013 | 41:28 | 57 | Carole Gandy | 2002 | 4:13:52 |
| 80 | Gill Henshaw | 2014 | 42:10 | 60 | Carole Gandy | 2004 | 4:15:03 |
| 81 | Gill Henshaw | 2015 | 42:58 | 61 | Mary Dawson | 1990 | 4:15:25 |
| 85 | Mary Dawson | 2014 | 46:26 | 66 | Carole Gandy | 2010 | 4:20:26 |
| Women Solo Bicycle - 25 Miles | | | | 67 | Mary Dawson | 1995 | 4:45:15 |
| 52 | Angela Carpenter | 2021 | 51:12 | 69 | Isobel Campbell | 1983 | 4:56:46 |
| 53 | Jackie Field | 2018 | 54:31 | 75 | Mary Dawson | 2003 | 4:58:31 |
| 54 | Jackie Field | 2019 | 54:32 | 77 | Brenda Littlefair | 2013 | 6:01:59 |
| 56 | Jackie Field | 2021 | 54:42 | Women Solo Bicycle - 12 Hours | | | |
| 58 | Sarah Matthews | 2018 | 55:24 | 40 | Kimberley Barfoot-Brace | 2021 | 277.90 |
| 64 | Carole Gandy | 2009 | 56:30 | 53 | Jackie Field | 2018 | 273.38 |
| 68 | Carole Gandy | 2012 | 57:09 | 56 | Patricia Baird | 2021 | 246.03 |
| 70 | Connie Tapper | 1999 | 1:03:38 | 59 | Mary Dawson | 1988 | 241.11 |
| 73 | Arja Scarsbrook | 2021 | 1:04:10 | 65 | Mary Dawson | 1994 | 232.53 |
| 78 | Gill Henshaw | 2012 | 1:07:54 | 69 | Isobel Campbell | 1983 | 213.71 |
| 79 | Gill Henshaw | 2013 | 1:10:11 | 70 | Isobel Campbell | 1984 | 212.85 |
| 82 | Gill Henshaw | 2016 | 1:12:40 | 71 | Brenda Littlefair | 2007 | 203.60 |
| 83 | Gill Henshaw | 2017 | 1:13:49 | 73 | Brenda Littlefair | 2009 | 195.29 |
| 84 | Mary Dawson | 2012 | 1:20:02 | 77 | Brenda Littlefair | 2013 | 179.66 |
| 86 | Mary Dawson | 2014 | 1:25:05 | Women Solo Bicycle - 24 Hours | | | |
| Women Solo Bicycle - 30 Miles | | | | 44 | Christina Murray | 2021 | 490.28 |
| 49 | Angela Carpenter | 2018 | 1:03:23 | 46 | Sheila Simpson | 1991 | 426.18 |
| 50 | Angela Carpenter | 2019 | 1:05:31 | 47 | Lynne Biddulph | 2016 | 418.07 |
| 52 | Angela Carpenter | 2021 | 1:05:57 | 50 | Lynne Biddulph | 2019 | 404.42 |
| 56 | Jackie Field | 2021 | 1:06:46 | 52 | Mary Horsnell | 1983 | 394.15 |
| 67 | Carole Gandy | 2011 | 1:10:51 | 54 | Rebecca Wilson | 2019 | 392.21 |
| 70 | Connie Tapper | 1998 | 1:18:18 | 59 | Janet Wilson | 1993 | 386.04 |
| 72 | Connie Tapper | 2001 | 1:19:57 | 63 | Ann Bath | 2012 | 327.36 |
| 73 | Connie Tapper | 2002 | 1:21:40 | 70 | Janet Tebbutt | 2006 | 313.46 |
| 74 | Connie Tapper | 2003 | 1:25:18 | Men Solo Tricycle - 10 Miles | | | |
| 80 | Gill Henshaw | 2014 | 1:26:01 | 49 | Gavin Hinxman | 2017 | 20:49 |
| 82 | Mary Dawson | 2010 | 1:35:56 | 50 | Gavin Hinxman | 2018 | 21:10 |
| Women Solo Bicycle - 50 Miles | | | | 59 | Eric Marsh | 1989 | 22:23 |
| 52 | Angela Carpenter | 2021 | 1:46:34 | 60 | Eric Marsh | 1990 | 22:27 |
| 55 | Jackie Field | 2020 | 1:51:27 | 68 | Eric Marsh | 1998 | 22:56 |
| 56 | Jackie Field | 2021 | 1:53:54 | 71 | Eric Marsh | 2001 | 23:18 |
| 58 | Carole Gandy | 2002 | 1:56:42 | 73 | Les Dawson | 1999 | 23:31 |
| 60 | Carole Gandy | 2004 | 1:59:47 | 74 | Les Dawson | 2000 | 24:37 |
| 61 | Mary Dawson | 1989 | 2:01:37 | 77 | Les Dawson | 2003 | 25:20 |
| 68 | Carole Gandy | 2012 | 2:01:39 | 80 | Eric Marsh | 2010 | 25:35 |
| 70 | Mary Dawson | 1999 | 2:19:26 | 81 | Les Dawson | 2008 | 26:55 |
| 75 | Mary Dawson | 2003 | 2:20:39 | 82 | Les Dawson | 2008 | 27:23 |

| | | | |
|----|------------|------|-------|
| 83 | Les Dawson | 2009 | 28:04 |
| 84 | Les Dawson | 2010 | 29:03 |
| 85 | Eric Marsh | 2015 | 29:14 |
| 86 | Les Dawson | 2012 | 30:05 |
| 88 | Les Dawson | 2014 | 30:22 |

Men Solo Tricycle - 15 Miles

| | | | |
|----|---------------|------|-------|
| 50 | Gavin Hinxman | 2018 | 32:41 |
| 51 | Gavin Hinxman | 2019 | 33:13 |
| 65 | Mark Vowells | 2018 | 37:18 |
| 66 | Mark Vowells | 2019 | 37:38 |
| 67 | Mark Vowells | 2020 | 38:57 |
| 68 | Mark Vowells | 2021 | 39:03 |
| 72 | Bernard Lamb | 2015 | 41:15 |
| 73 | James Lawley | 2016 | 45:56 |
| 88 | Les Dawson | 2014 | 47:22 |

Men Solo Tricycle - 25 Miles

| | | | |
|----|---------------|------|---------|
| 49 | Gavin Hinxman | 2017 | 53:17 |
| 50 | Gavin Hinxman | 2018 | 54:33 |
| 51 | Gavin Hinxman | 2019 | 55:38 |
| 53 | Nick Wood | 2008 | 58:06 |
| 59 | Eric Marsh | 1989 | 58:08 |
| 66 | Mark Vowells | 2019 | 58:24 |
| 68 | Eric Marsh | 1998 | 1:00:00 |
| 69 | Eric Marsh | 1999 | 1:00:55 |
| 71 | Eric Marsh | 2001 | 1:01:03 |
| 74 | Eric Marsh | 2004 | 1:02:48 |
| 75 | Les Dawson | 2001 | 1:03:48 |
| 77 | Les Dawson | 2003 | 1:05:55 |
| 80 | Eric Marsh | 2010 | 1:06:24 |
| 81 | Les Dawson | 2007 | 1:09:22 |
| 82 | Eric Marsh | 2012 | 1:11:48 |
| 85 | Les Dawson | 2011 | 1:15:14 |
| 86 | Les Dawson | 2012 | 1:20:02 |
| 87 | Les Dawson | 2013 | 1:25:13 |

Men Solo Tricycle - 30 Miles

| | | | |
|----|---------------|------|---------|
| 45 | Carl Saint | 2010 | 1:06:22 |
| 51 | Gavin Hinxman | 2019 | 1:07:21 |
| 53 | Ian Pike | 2021 | 1:09:31 |
| 62 | Eric Marsh | 1992 | 1:11:14 |
| 66 | Mark Vowells | 2019 | 1:13:28 |
| 71 | Eric Marsh | 2001 | 1:13:40 |
| 72 | Bernard Lamb | 2015 | 1:17:16 |
| 75 | Eric Marsh | 2005 | 1:19:26 |
| 77 | Les Dawson | 2004 | 1:23:52 |
| 81 | Les Dawson | 2007 | 1:25:09 |
| 82 | Les Dawson | 2008 | 1:31:03 |
| 84 | Les Dawson | 2010 | 1:32:35 |

Men Solo Tricycle - 50 Miles

| | | | |
|----|---------------|------|---------|
| 49 | Gavin Hinxman | 2017 | 1:49:08 |
| 50 | Gavin Hinxman | 2018 | 1:50:30 |
| 51 | Gavin Hinxman | 2019 | 1:54:04 |

| | | | |
|----|----------------|------|---------|
| 53 | Pete Etheridge | 1982 | 2:03:48 |
| 54 | Pete Etheridge | 1983 | 2:04:43 |
| 62 | Eric Marsh | 1992 | 2:05:09 |
| 65 | Mark Vowells | 2018 | 2:05:41 |
| 66 | Mark Vowells | 2019 | 2:06:35 |
| 68 | Eric Marsh | 1998 | 2:07:51 |
| 70 | Eric Marsh | 2000 | 2:09:53 |
| 73 | Eric Marsh | 2003 | 2:10:18 |
| 76 | Les Dawson | 2002 | 2:12:14 |
| 77 | Les Dawson | 2003 | 2:15:51 |
| 79 | Les Dawson | 2005 | 2:22:34 |
| 80 | Les Dawson | 2006 | 2:26:27 |
| 81 | Les Dawson | 2007 | 2:26:38 |
| 82 | Les Dawson | 2008 | 2:31:53 |

Men Solo Tricycle - 100 Miles

| | | | |
|----|----------------|------|---------|
| 50 | Gavin Hinxman | 2018 | 3:56:33 |
| 51 | Gavin Hinxman | 2019 | 4:11:39 |
| 55 | Pete Etheridge | 1984 | 4:16:34 |
| 58 | Eric Marsh | 1988 | 4:28:34 |
| 61 | Cliff Tremaine | 1996 | 4:37:36 |
| 62 | Ken Usher | 1997 | 4:38:13 |
| 64 | Cliff Tremaine | 1999 | 4:39:38 |
| 67 | Cliff Tremaine | 2002 | 4:40:49 |
| 68 | Eric Marsh | 1998 | 4:40:53 |
| 69 | Cliff Tremaine | 2004 | 4:49:17 |
| 77 | Les Dawson | 2003 | 4:49:47 |

Men Solo Tricycle - 12 Hours

| | | | |
|----|----------------|------|--------|
| 48 | Howard Waller | 2012 | 255.71 |
| 65 | Ken Usher | 1999 | 239.23 |
| 67 | Cliff Tremaine | 2002 | 223.30 |
| 69 | D A Wright | 1999 | 191.35 |
| 70 | Ellis Smith | 1993 | 189.96 |
| 71 | Jack Smith | 1985 | 182.61 |
| 75 | Ellis Smith | 1998 | 172.33 |
| 76 | Vernon Lilley | 1988 | 171.19 |

Men Solo Tricycle - 24 Hours

| | | | |
|----|---------------|------|--------|
| 41 | Eric Tremaine | 1983 | 447.02 |
| 54 | Jim Hopper | 1996 | 417.30 |
| 59 | Jim Hopper | 2001 | 408.56 |
| 64 | Jim Hopper | 2006 | 393.24 |
| 65 | Ken Usher | 1999 | 381.77 |
| 68 | Jack Smith | 1982 | 345.56 |

Women Solo Tricycle - 10 Miles

| | | | |
|----|-------------------|------|-------|
| 48 | Pauline Graystock | 1989 | 26:48 |
| 59 | Christine Minto | 2000 | 27:09 |
| 61 | Christine Minto | 2002 | 27:58 |
| 62 | Christine Minto | 2003 | 30:53 |
| 64 | Jacqueline Davey | 1998 | 34:02 |
| 71 | Jacqueline Davey | 2005 | 36:46 |
| 80 | Greta Spiers | 2017 | 53:41 |

Women Solo Tricycle - 25 Miles

| | | | |
|----|-----------------|------|---------|
| 61 | Christine Minto | 2002 | 1:12:21 |
| 62 | Christine Minto | 2003 | 1:20:08 |

Women Solo Tricycle - 30 Miles

| | | | |
|----|-----------------|------|---------|
| 60 | Christine Minto | 2002 | 1:28:48 |
| 62 | Christine Minto | 2004 | 1:35:31 |

Women Solo Tricycle - 50 Miles

| | | | |
|----|-----------------|------|---------|
| 58 | Christine Minto | 1999 | 2:26:28 |
| 61 | Christine Minto | 2002 | 2:34:16 |

Women Solo Tricycle - 100 Miles

| | | | |
|----|-----------------|------|---------|
| 59 | Christine Minto | 2000 | 5:30:28 |
| 61 | Sian Charlton | 1994 | 6:56:39 |

Women Solo Tricycle - 12 Hours

| | | | |
|----|---------------|------|--------|
| 46 | Jane Swain | 2013 | 188.12 |
| 54 | Sian Charlton | 1987 | 171.58 |
| 55 | Sian Charlton | 1988 | 162.06 |
| 59 | Sian Charlton | 1992 | 157.18 |
| 61 | Sian Charlton | 1994 | 144.46 |

Women Solo Tricycle - 24 Hours

| | | | |
|----|---------------|------|--------|
| 45 | Jane Swain | 2012 | 333.63 |
| 54 | Sian Charlton | 1987 | 316.27 |
| 55 | Sian Charlton | 1988 | 309.60 |
| 56 | Sian Charlton | 1989 | 297.65 |
| 61 | Sian Charlton | 1994 | 282.99 |

Men Tandem Bicycle - 10 Miles

| | | | |
|-----|--------------------------------|------|-------|
| 87 | Mark Arnold & Glenn Taylor | 2015 | 17:36 |
| 89 | Mark Arnold & Glenn Taylor | 2016 | 17:42 |
| 93 | Mark Arnold & Glenn Taylor | 2018 | 18:06 |
| 103 | Neil Dowie & Glenn Taylor | 2019 | 18:24 |
| 107 | Martyn Winter & Eddie Green | 1987 | 19:07 |
| 109 | Martyn Winter & Eddie Green | 1988 | 19:08 |
| 118 | Simon Beldon & Cliff Beldon | 2017 | 19:28 |
| 129 | Shaun Walsh & Dave Driver | 2010 | 19:45 |
| 131 | Jeff Bowler & Dave Bates | 2012 | 20:39 |
| 135 | Jeff Bowler & Dave Bates | 2014 | 20:42 |
| 137 | Martyn Winter & Ray Dare | 1998 | 21:09 |
| 139 | Jeff Bowler & Dave Bates | 2016 | 21:20 |
| 141 | Terry Anderson & T J O'Herlihy | 2008 | 21:23 |
| 150 | George Steers & Alan Steward | 2009 | 21:56 |
| 154 | Murray Kirton & David Stockley | 2018 | 22:39 |
| 161 | Murray Kirton & David Stockley | 2021 | 23:23 |

Men Tandem Bicycle - 15 Miles

| | | | |
|-----|---------------------------------|------|-------|
| 90 | Mark Arnold & Glenn Taylor | 2016 | 26:53 |
| 101 | Ian Marshall & Kevin Stokes | 2016 | 29:37 |
| 105 | Kevin Stokes & Geoff Perry | 2014 | 30:13 |
| 111 | Kevin Stokes & Geoff Perry | 2017 | 32:23 |
| 134 | Allistair Banks & John Swanbury | 2018 | 33:13 |
| 141 | Jeff Bowler & Dave Bates | 2017 | 34:09 |
| 157 | Murray Kirton & David Stockley | 2019 | 36:21 |
| 160 | Murray Kirton & David Stockley | 2021 | 40:01 |

Men Tandem Bicycle - 25 Miles

| | | | |
|-----|---------------------------------|------|---------|
| 92 | Mark Arnold & Glenn Taylor | 2017 | 44:50 |
| 94 | Mark Arnold & Glenn Taylor | 2018 | 48:22 |
| 109 | Tim Humphries & Richard Dixon | 2018 | 48:54 |
| 115 | Jeff Bowler & Dave Bates | 2004 | 50:16 |
| 123 | Eric Beauchamp & J Evans | 1997 | 50:58 |
| 127 | Jeff Bowler & Dave Bates | 2010 | 51:00 |
| 131 | Jeff Bowler & Dave Bates | 2012 | 53:12 |
| 135 | Jeff Bowler & Dave Bates | 2014 | 53:17 |
| 139 | Jeff Bowler & Dave Bates | 2016 | 54:07 |
| 140 | John Swanbury & Allistair Banks | 2021 | 54:58 |
| 141 | Jeff Bowler & Dave Bates | 2017 | 56:03 |
| 154 | Murray Kirton & Michael Ives | 2017 | 1:00:16 |
| 156 | Murray Kirton & David Stockley | 2019 | 1:01:57 |
| 161 | Murray Kirton & David Stockley | 2021 | 1:02:12 |

Men Tandem Bicycle - 30 Miles

| | | | |
|-----|---------------------------------|------|---------|
| 108 | Dean Lubin & John Iszatt | 2018 | 57:50 |
| 113 | Roy Manser & Laurie Broad | 1991 | 58:48 |
| 126 | Kevin Gill & Vic Haines | 2011 | 1:02:50 |
| 131 | Jim Bailey & Geoff Hick | 1997 | 1:03:17 |
| 134 | Allistair Banks & John Swanbury | 2018 | 1:04:36 |
| 137 | Martyn Winter & Ray Dare | 1998 | 1:06:53 |
| 141 | Terry Anderson & Joe O'Herlihy | 2008 | 1:10:22 |
| 152 | Arthur Thackray & Brian Musson | 2007 | 1:20:20 |
| 160 | Murray Kirton & David Stockley | 2021 | 1:20:53 |

Men Tandem Bicycle - 50 Miles

| | | | |
|-----|---------------------------------|------|---------|
| 92 | Mark Arnold & Glenn Taylor | 2017 | 1:35:02 |
| 115 | Jeff Bowler & Dave Bates | 2004 | 1:44:23 |
| 127 | Jeff Bowler & Dave Bates | 2010 | 1:45:50 |
| 128 | Allistair Banks & John Swanbury | 2015 | 1:54:28 |
| 139 | Jeff Bowler & Dave Bates | 2016 | 1:54:35 |
| 140 | John Swanbury & Allistair Banks | 2021 | 1:57:26 |
| 143 | Ken Hartley & Ronnie Bailey | 1990 | 2:08:51 |
| 144 | Joe Summerlin & Russ Elliott | 2003 | 2:16:56 |
| 156 | Murray Kirton & David Stockley | 2019 | 2:19:48 |

Men Tandem Bicycle - 100 Miles

| | | | |
|-----|--------------------------------|------|---------|
| 88 | Tim Bayley & Adam Broyad | 2019 | 3:29:35 |
| 95 | Roy Manser & G Hodgson | 1986 | 3:37:40 |
| 105 | R W Smith & Gordon Irons | 1986 | 3:49:57 |
| 127 | Jeff Bowler & Dave Bates | 2010 | 3:50:04 |
| 130 | Ron Murgatroyd & Robert Newell | 1994 | 4:04:02 |
| 141 | Ken Hartley & Ronnie Bailey | 1989 | 4:22:14 |

Men Tandem Bicycle - 12 Hours

| | | | |
|-----|-----------------------------|------|--------|
| 90 | Adam Broyad & Tim Bayley | 2020 | 300.11 |
| 104 | R W Smith & Gordon Irons | 1985 | 263.96 |
| 118 | Ken Hartley & Maurice Jones | 1990 | 251.20 |

Men Tandem Bicycle - 24 Hours

| | | | |
|-----|---------------------------------|------|--------|
| 94 | Les Lowe & Pat Kenny | 1982 | 430.51 |
| 109 | Mark Leadbetter & Donald McLean | 2018 | 427.97 |
| 132 | Philip Jurczyk & George Berwick | 2009 | 371.31 |

| | | | | | | | |
|---|-----------------------------------|------|---------|---|-----------------------------------|------|---------|
| 142 | Philip Jurczyk & George Berwick | 2014 | 340.25 | 138 | Terry Anderson & Connie Tapper | 2004 | 55:29 |
| 146 | Philip Jurczyk & George Berwick | 2016 | 332.23 | 139 | Les & Mary Dawson | 1997 | 1:00:15 |
| 152 | Philip Jurczyk & George Berwick | 2019 | 312.28 | 149 | Les & Mary Dawson | 2002 | 1:00:31 |
| Women Tandem Bicycle - 10 Miles | | | | | | | |
| 82 | Gwen Cook & Lea Marshall | 2010 | 20:33 | 152 | Les & Mary Dawson | 2003 | 1:05:32 |
| 84 | Gwen Cook & Lea Marshall | 2011 | 21:43 | 156 | Les & Mary Dawson | 2005 | 1:07:57 |
| 119 | Sarah Matthews & Mary Corbett | 2018 | 22:54 | Mixed Tandem Bicycle - 30 Miles | | | |
| Women Tandem Bicycle - 25 Miles | | | | | | | |
| 82 | Gwen Cook & Lea Marshall | 2010 | 51:33 | 96 | Ian Greenstreet & Rachael Elliott | 2019 | 56:54 |
| 84 | Gwen Cook & Lea Marshall | 2011 | 57:08 | 100 | Ian Greenstreet & Rachael Elliott | 2021 | 57:02 |
| Women Tandem Bicycle - 30 Miles | | | | | | | |
| 84 | Gwen Cook & Lea Marshall | 2011 | 1:06:26 | 115 | Maurice Jones & Christine Minto | 1997 | 1:03:13 |
| Women Tandem Bicycle - 50 Miles | | | | | | | |
| 82 | Gwen Cook & Lea Marshall | 2010 | 1:53:06 | 117 | Maurice Jones & Christine Minto | 1998 | 1:05:27 |
| 84 | Gwen Cook & Lea Marshall | 2011 | 1:56:09 | 122 | Brian Foran & Nikki Hunt | 2015 | 1:05:46 |
| 90 | Lindsay Clayton & Jane Swain | 2013 | 2:32:11 | 130 | Terry Anderson & Connie Tapper | 2000 | 1:06:34 |
| Women Tandem Bicycle - 100 Miles | | | | | | | |
| 84 | Gwen Cook & Lea Marshall | 2011 | 4:04:15 | 132 | Terry Anderson & Connie Tapper | 2001 | 1:09:24 |
| Women Tandem Bicycle - 12 Hours | | | | | | | |
| 95 | Rachel Crowther & Christine Bell | 2016 | 187.02 | 138 | Terry Anderson & Connie Tapper | 2004 | 1:10:23 |
| Mixed Tandem Bicycle - 10 Miles | | | | | | | |
| 100 | Ian Greenstreet & Rachael Elliott | 2021 | 18:20 | 139 | Les & Mary Dawson | 1997 | 1:13:40 |
| 104 | Richard Dixon & Alex Deck | 2017 | 18:22 | 149 | Mike & Barbara Penrice | 2015 | 1:15:45 |
| 106 | Vic Haines & Sue Fenwick | 2010 | 20:23 | 150 | Les & Mary Dawson | 2003 | 1:19:05 |
| 116 | Paul Bennett & Nikki Hunt | 2000 | 20:24 | Mixed Tandem Bicycle - 50 Miles | | | |
| 119 | Jeff Bowler & Ann Staley | 2007 | 20:45 | 98 | Ian Greenstreet & Rachael Elliott | 2020 | 1:37:47 |
| 121 | Phil Barnes & Sharon Clifford | 2018 | 21:14 | 100 | Ian Greenstreet & Rachael Elliott | 2021 | 1:38:54 |
| 127 | Terry Anderson & Connie Tapper | 1998 | 21:28 | 114 | Paul Bennett & Nikki Hunt | 1999 | 1:47:03 |
| 132 | Bev Chapman & Wynne Clarke | 1987 | 21:46 | 115 | Maurice Jones & Christine Minto | 1997 | 1:55:53 |
| 140 | Les & Mary Dawson | 1997 | 21:54 | 116 | Mike & Barbara Penrice | 1999 | 1:56:15 |
| 144 | Les & Mary Dawson | 1999 | 22:10 | 120 | Norman & Sylvia Powell | 1999 | 1:59:04 |
| 146 | Peter & Janet Wilson | 2007 | 23:00 | 138 | Peter & Janet Wilson | 2003 | 2:01:01 |
| 150 | Les & Mary Dawson | 2003 | 23:03 | 139 | Terry Anderson & Connie Tapper | 2004 | 2:03:16 |
| 152 | Les & Mary Dawson | 2003 | 23:12 | 146 | Peter & Janet Wilson | 2007 | 2:09:06 |
| 154 | Les & Mary Dawson | 2005 | 23:55 | 148 | Peter & Janet Wilson | 2008 | 2:15:54 |
| 158 | Vin Fitzgerald & Wynne Clarke | 2002 | 26:44 | 149 | Mike & Barbara Penrice | 2015 | 2:22:25 |
| 161 | Bob Loader & Maryse Chapman | 2018 | 31:58 | Mixed Tandem Bicycle - 100 Miles | | | |
| Mixed Tandem Bicycle - 15 Miles | | | | | | | |
| 96 | Ian Greenstreet & Rachael Elliott | 2019 | 27:55 | 94 | Colin Knapp & Ruth Crossley | 2009 | 3:45:03 |
| 98 | Ian Greenstreet & Rachael Elliott | 2020 | 28:29 | 100 | Ian Greenstreet & Rachael Elliott | 2021 | 3:46:51 |
| 100 | Richard Dixon & Alex Deck | 2016 | 28:58 | 102 | Jim Churton & Rose Almond | 2003 | 3:57:12 |
| 102 | Richard Dixon & Alex Deck | 2017 | 31:01 | 114 | Robert & Noreen Newell | 1992 | 3:59:40 |
| 114 | Andrew & Catherine Hutchison | 2021 | 33:02 | 116 | Robert & Noreen Newell | 1993 | 4:05:23 |
| 136 | John Swanbury & Kate Churchill | 2021 | 35:34 | 118 | Norman & Sylvia Powell | 1998 | 4:22:16 |
| 150 | Mike & Barbara Penrice | 2016 | 38:17 | 120 | Norman & Sylvia Powell | 1999 | 4:23:10 |
| 152 | Mike & Barbara Penrice | 2017 | 41:54 | 128 | Norman & Sylvia Powell | 2003 | 4:23:21 |
| Mixed Tandem Bicycle - 25 Miles | | | | | | | |
| 96 | Ian Greenstreet & Rachael Elliott | 2019 | 47:09 | 138 | Peter & Janet Wilson | 2003 | 4:29:12 |
| 100 | Ian Greenstreet & Rachael Elliott | 2021 | 47:39 | 142 | Peter & Janet Wilson | 2005 | 4:39:09 |
| 113 | Paul Bennett & Nikki Hunt | 1999 | 51:50 | 146 | Peter & Janet Wilson | 2007 | 4:41:55 |
| 115 | Maurice Jones & Christine Minto | 1997 | 53:09 | Mixed Tandem Bicycle - 12 Hours | | | |
| 119 | Jeff Bowler & Ann Staley | 2007 | 53:11 | 90 | Dave & Eileen Brabbin | 2002 | 263.91 |
| Mixed Tandem Bicycle - 30 Miles | | | | | | | |
| 96 | Ian Greenstreet & Rachael Elliott | 2019 | 56:54 | 116 | Robert & Noreen Newell | 1993 | 257.94 |
| 100 | Ian Greenstreet & Rachael Elliott | 2021 | 57:02 | 122 | Norman & Sylvia Powell | 2000 | 241.93 |
| 115 | Maurice Jones & Christine Minto | 1997 | 1:03:13 | 125 | Mike & Barbara Penrice | 2003 | 225.34 |
| 117 | Maurice Jones & Christine Minto | 1998 | 1:05:27 | 137 | Mike & Barbara Penrice | 2009 | 219.93 |
| 122 | Brian Foran & Nikki Hunt | 2015 | 1:05:46 | Mixed Tandem Bicycle - 24 Hours | | | |
| 130 | Terry Anderson & Connie Tapper | 2000 | 1:06:34 | 90 | Dave & Eileen Brabbin | 2002 | 464.92 |
| 132 | Terry Anderson & Connie Tapper | 2001 | 1:09:24 | 95 | Colin Knapp & Ruth Crossley | 2009 | 403.52 |
| 138 | Terry Anderson & Connie Tapper | 2004 | 1:10:23 | 99 | Simon Hall & Mary Corbett | 2013 | 369.47 |
| 139 | Les & Mary Dawson | 1997 | 1:13:40 | 116 | Norman Harvey & Mary Corbett | 2003 | 366.92 |
| 149 | Mike & Barbara Penrice | 2015 | 1:15:45 | | | | |
| 150 | Les & Mary Dawson | 2003 | 1:19:05 | | | | |

Men Tandem Tricycle - 10 Miles

| | | | |
|-----|---------------------------------|------|-------|
| 87 | Dave Keene & Barry Charlton | 2006 | 20:00 |
| 89 | Ralph Dadswell & David Johnson | 2006 | 20:32 |
| 90 | Ralph Dadswell & David Johnson | 2006 | 21:05 |
| 98 | T Heron & T Graystock | 1989 | 21:14 |
| 111 | Bernard Lamb & L Colella | 1991 | 22:22 |
| 119 | Bernard Lamb & L Colella | 1995 | 22:36 |
| 134 | Peter Hopkins & Colin Bunnett | 2011 | 23:31 |
| 145 | John Nicholson & Vin Fitzgerald | 2005 | 25:29 |
| 146 | John Nicholson & Vin Fitzgerald | 2005 | 25:55 |
| 149 | Les Dawson & Peter Hopkins | 2010 | 26:39 |
| 157 | Ellis Smith & Vin Fitzgerald | 2003 | 32:15 |

Men Tandem Tricycle - 15 Miles

| | | | |
|-----|-------------------------|------|-------|
| 121 | Ian Pike & Mark Vowells | 2021 | 33:32 |
|-----|-------------------------|------|-------|

Men Tandem Tricycle - 25 Miles

| | | | |
|-----|--------------------------------|------|---------|
| 87 | Dave Keene & Barry Charlton | 2006 | 50:13 |
| 90 | Ralph Dadswell & David Johnson | 2006 | 51:29 |
| 100 | Ian Pike & David Mason | 2021 | 53:02 |
| 104 | Alan Jones & Graham Jenkins | 1998 | 57:57 |
| 115 | Bernard Lamb & Leo Colella | 1993 | 58:28 |
| 118 | W Finch & J Powell | 1994 | 1:03:11 |
| 119 | Bernard Lamb & Leo Colella | 1995 | 1:03:41 |
| 136 | Peter Hopkins & Colin Bunnett | 2012 | 1:04:12 |
| 137 | Ellis Smith & John Nicholson | 1999 | 1:07:46 |
| 138 | Ellis Smith & John Nicholson | 2000 | 1:09:01 |
| 139 | Ellis Smith & John Nicholson | 2000 | 1:09:40 |
| 140 | Ellis Smith & John Nicholson | 2001 | 1:10:05 |
| 144 | Ellis Smith & John Nicholson | 2003 | 1:11:18 |
| 148 | Ellis Smith & Wilf Fullwood | 1993 | 1:19:24 |

Men Tandem Tricycle - 30 Miles

| | | | |
|-----|-------------------------------|------|---------|
| 87 | Dave Keene & Barry Charlton | 2006 | 1:02:42 |
| 103 | Alan Jones & Graham Jenkins | 1998 | 1:11:34 |
| 109 | Bernard Lamb & Leo Colella | 1990 | 1:11:44 |
| 134 | Peter Hopkins & Colin Bunnett | 2011 | 1:13:39 |
| 138 | Ellis Smith & John Nicholson | 2000 | 1:23:18 |
| 144 | Ellis Smith & John Nicholson | 2003 | 1:28:08 |

Men Tandem Tricycle - 50 Miles

| | | | |
|-----|-------------------------------|------|---------|
| 89 | Dave Keene & Barry Charlton | 2007 | 1:43:46 |
| 94 | Colin Knapp & John Carr | 2003 | 1:57:42 |
| 103 | Alan Jones & Graham Jenkins | 1998 | 2:02:10 |
| 136 | Peter Hopkins & Colin Bunnett | 2012 | 2:05:25 |
| 142 | Ellis Smith & John Nicholson | 2002 | 2:30:10 |

Men Tandem Tricycle - 100 Miles

| | | | |
|-----|------------------------------|------|---------|
| 83 | Ralph & Tim Dadswell | 2008 | 4:22:01 |
| 99 | Les Lowe & William Ithell | 1985 | 4:25:13 |
| 105 | Les Lowe & William Ithell | 1988 | 4:32:25 |
| 128 | Ellis Smith & John Nicholson | 1995 | 4:56:53 |
| 131 | Ellis Smith & John Nicholson | 1996 | 5:01:13 |
| 136 | Ellis Smith & John Nicholson | 1999 | 5:05:03 |

Men Tandem Tricycle - 12 Hours

| | | | |
|-----|------------------------------|------|--------|
| 99 | Les Lowe & William Ithell | 1985 | 237.71 |
| 133 | Ellis Smith & John Nicholson | 1997 | 205.32 |

Men Tandem Tricycle - 24 Hours

| | | | |
|-----|--------------------------------|------|--------|
| 87 | Ralph Dadswell & David Johnson | 2005 | 466.72 |
| 97 | Les Lowe & Jim Hopper | 1985 | 419.15 |
| 109 | Pete Holland & Brian Richards | 1998 | 390.84 |

Women Tandem Tricycle - 10 Miles

| | | | |
|-----|--------------------------------|------|-------|
| 134 | Greta Spiers & Gwyneth Holland | 2006 | 39:22 |
|-----|--------------------------------|------|-------|

Women Tandem Tricycle - 50 Miles

| | | | |
|----|------------------------------|------|---------|
| 90 | Lindsay Clayton & Jane Swain | 2013 | 2:32:11 |
|----|------------------------------|------|---------|

Women Tandem Tricycle - 24 Hours

| | | | |
|----|-----------------------------|------|--------|
| 91 | Arabella Maude & Jane Swain | 2013 | 349.60 |
|----|-----------------------------|------|--------|

Mixed Tandem Tricycle - 10 Miles

| | | | |
|-----|-------------------------------|------|-------|
| 92 | Carl Saint & Ruth Crossley | 2010 | 20:10 |
| 93 | Colin Knapp & Ruth Shorter | 2008 | 21:41 |
| 94 | Colin Knapp & Ruth Shorter | 2009 | 21:42 |
| 118 | Dave & Eileen Keene | 2009 | 21:52 |
| 119 | Dave & Eileen Keene | 2009 | 22:29 |
| 120 | Les Lowe & Greta Spiers | 1994 | 27:39 |
| 129 | Mary Corbett & Nigel Sign | 2021 | 27:41 |
| 137 | Ellis Smith & Christine Minto | 2001 | 28:09 |
| 150 | Norman Harvey & Mary Corbett | 2020 | 28:48 |
| 152 | Norman Harvey & Mary Corbett | 2021 | 29:24 |

Mixed Tandem Tricycle - 15 Miles

| | | | |
|-----|------------------------------|------|-------|
| 96 | Colin Knapp & Ruth Crossley | 2019 | 39:05 |
| 151 | Norman Harvey & Mary Corbett | 2021 | 42:42 |

Mixed Tandem Tricycle - 25 Miles

| | | | |
|-----|------------------------------|------|---------|
| 92 | Carl Saint & Ruth Crossley | 2010 | 53:36 |
| 94 | Colin Knapp & Ruth Crossley | 2009 | 55:45 |
| 95 | Colin Knapp & Ruth Crossley | 2009 | 56:34 |
| 118 | Dave & Eileen Keene | 2009 | 58:34 |
| 152 | Norman Harvey & Mary Corbett | 2021 | 1:10:07 |

Mixed Tandem Tricycle - 30 Miles

| | | | |
|-----|------------------------------|------|---------|
| 92 | Carl Saint & Ruth Crossley | 2010 | 1:07:00 |
| 95 | Colin Knapp & Ruth Crossley | 2009 | 1:07:33 |
| 96 | Colin Knapp & Ruth Crossley | 2010 | 1:13:53 |
| 105 | Charles & Christine Willmets | 2007 | 1:17:24 |
| 132 | Peter Hopkins & Nikki Hunt | 2011 | 1:25:18 |

Mixed Tandem Tricycle - 50 Miles

| | | | |
|-----|------------------------------|------|---------|
| 94 | Colin Knapp & Ruth Shorter | 2009 | 1:59:09 |
| 96 | Colin Knapp & Ruth Crossley | 2010 | 2:09:47 |
| 97 | Charles & Christine Willmets | 2003 | 2:16:57 |
| 103 | Charles & Christine Willmets | 2006 | 2:19:28 |
| 105 | Charles & Christine Willmets | 2007 | 2:21:41 |
| 151 | Norman Harvey & Mary Corbett | 2021 | 2:24:39 |

Mixed Tandem Tricycle - 100 Miles

| | | | |
|----|--------------------------------|------|---------|
| 89 | Colin Knapp & Ursula Betterton | 2003 | 4:27:48 |
| 99 | Tom & Pauline Graystock | 1986 | 4:31:22 |

Mixed Tandem Tricycle - 12 Hours

| | | | |
|-----|------------------------------|------|--------|
| 103 | Mark Brooking & Jane Moore | 2016 | 215.22 |
| 104 | Jim & Vera Staines | 1996 | 209.94 |
| 152 | Norman Harvey & Mary Corbett | 2021 | 182.67 |

Mixed Tandem Tricycle - 24 Hours

| | | | |
|-----|----------------------------|------|--------|
| 103 | Mark Brooking & Jane Moore | 2015 | 347.95 |
|-----|----------------------------|------|--------|

NATIONAL AGE RECORDS - TRACK

(As at 31st December 2021)

Men Indoor Solo Bicycle - 5 Miles

| | | | |
|----|-----------------|------|-----------|
| 55 | Ian Greenstreet | 2019 | 10:25.83 |
| 64 | Robert Gilmour | 2015 | 10:44.498 |
| 65 | Robert Gilmour | 2016 | 10:48.780 |
| 68 | Brian Newton | 2007 | 11:26.82 |
| 70 | Mike Cotgreave | 2014 | 11:47.00 |
| 72 | Ray Retter | 2017 | 12:02.239 |
| 73 | Ray Retter | 2018 | 12:18.035 |
| 75 | Trevor Fenwick | 2005 | 12:32.45 |
| 80 | Harry H Hill | 1996 | 12:43.758 |
| 85 | Walter Fowler | 2019 | 13:24.40 |

Men Indoor Solo Bicycle - 10 Miles

| | | | |
|----|----------------|------|-----------|
| 48 | Steve McCaw | 2011 | 21:25.09 |
| 64 | Robert Gilmour | 2015 | 21:34.618 |
| 65 | Robert Gilmour | 2016 | 21:39.728 |
| 68 | Brian Newton | 2007 | 22:43.58 |
| 70 | Mike Cotgreave | 2014 | 23:30.23 |
| 72 | Ray Retter | 2017 | 24:22.141 |
| 75 | Trevor Fenwick | 2005 | 24:56.45 |
| 80 | Harry H Hill | 1996 | 25:25.808 |
| 85 | Walter Fowler | 2019 | 27:37.70 |

Men Indoor Solo Bicycle - 25 Miles

| | | | |
|----|----------------|------|-------------|
| 64 | Robert Gilmour | 2015 | 54:24.553 |
| 65 | Robert Gilmour | 2016 | 54:26.671 |
| 68 | Brian Newton | 2007 | 57:36.78 |
| 70 | Mike Cotgreave | 2014 | 58:35.36 |
| 75 | Trevor Fenwick | 2005 | 1:02:09.84 |
| 80 | Harry H Hill | 1996 | 1:04:15.378 |

Men Indoor Solo Bicycle - 1 Hour

| | | | |
|----|----------------|------|-----------|
| 64 | Robert Gilmour | 2015 | 27.556 mi |
| 65 | Robert Gilmour | 2016 | 27.509 mi |
| 68 | Brian Newton | 2007 | 26.012 mi |
| 70 | Mike Cotgreave | 2014 | 25.645 mi |
| 72 | Ray Retter | 2017 | 24.352 mi |
| 75 | Trevor Fenwick | 2005 | 24.129 mi |
| 80 | Harry H Hill | 1996 | 23.352 mi |
| 85 | Walter Fowler | 2019 | 21.500 mi |

Men Indoor Solo Bicycle - 5 Km

| | | | |
|----|-------------------|------|----------|
| 50 | Andrew Langdown | 2019 | 6:17.45 |
| 55 | Ian Greenstreet | 2019 | 6:20.80 |
| 64 | Christopher Davis | 2019 | 6:27.94 |
| 65 | Robert Gilmour | 2016 | 6:44.13 |
| 68 | Brian Newton | 2007 | 7:14.00 |
| 70 | Mike Cotgreave | 2014 | 7:21.41 |
| 72 | Ray Retter | 2017 | 7:26.938 |
| 73 | Ray Retter | 2018 | 7:37.268 |
| 75 | Trevor Fenwick | 2005 | 7:52.13 |
| 80 | Harry H Hill | 1996 | 7:55.613 |
| 85 | Walter Fowler | 2019 | 8:18.61 |

Men Indoor Solo Bicycle - 10 Km

| | | | |
|----|-----------------|------|-----------|
| 55 | Ian Greenstreet | 2019 | 12:55.34 |
| 64 | Robert Gilmour | 2015 | 13:20.92 |
| 65 | Robert Gilmour | 2016 | 13:27.430 |
| 68 | Brian Newton | 2007 | 14:10.28 |
| 70 | Mike Cotgreave | 2014 | 14:37.64 |
| 72 | Ray Retter | 2017 | 15:01.526 |
| 73 | Ray Retter | 2018 | 15:20.751 |
| 75 | Trevor Fenwick | 2005 | 15:34.01 |
| 80 | Harry H Hill | 1996 | 15:48.155 |
| 85 | Walter Fowler | 2019 | 16:50.85 |

Men Indoor Solo Bicycle - 20 Km

| | | | |
|----|----------------|------|-----------|
| 48 | Steve McCaw | 2011 | 26:38.754 |
| 64 | Robert Gilmour | 2015 | 26:54.27 |
| 65 | Robert Gilmour | 2016 | 26:56.084 |
| 68 | Brian Newton | 2007 | 28:16.89 |
| 70 | Mike Cotgreave | 2014 | 29:10.43 |
| 72 | Ray Retter | 2017 | 30:24.388 |
| 75 | Trevor Fenwick | 2005 | 30:57.27 |
| 80 | Harry H Hill | 1996 | 31:40.138 |
| 85 | Walter Fowler | 2019 | 34:26.80 |

Men Indoor Solo Bicycle - 50 Km

| | | | |
|----|--------------|------|---------|
| 54 | Peter Horton | 2021 | 1:11:17 |
|----|--------------|------|---------|

Men Outdoor Solo Bicycle - 5 Miles

| | | | |
|----|----------------|------|-----------|
| 44 | J A French | 1997 | 10:59.680 |
| 48 | Steve McCaw | 2011 | 11:06.37 |
| 60 | Paul Bennett | 1999 | 11:15. |
| 61 | Derek Hodgins | 1995 | 11:24.890 |
| 63 | Robert Gilmour | 2014 | 11:46.400 |
| 68 | Leslie King | 1995 | 12:02.500 |
| 69 | Leslie King | 1996 | 12:24.000 |
| 70 | Leslie King | 1997 | 12:41.900 |
| 72 | Leslie King | 1999 | 13:25.99 |
| 77 | John M Lee | 2006 | 13:40.2 |
| 79 | John M Lee | 2008 | 13:51.9 |
| 80 | John M Lee | 2009 | 14:01.9 |
| 84 | John M Lee | 2013 | 14:32.010 |
| 87 | John M Lee | 2016 | 15:34.5 |
| 90 | John M Lee | 2019 | 16:28.4 |

Men Outdoor Solo Bicycle - 10 Miles

| | | | |
|----|----------------|------|-----------|
| 48 | Steve McCaw | 2011 | 22:14.78 |
| 60 | Paul Bennett | 1999 | 22:36.3 |
| 61 | Derek Hodgins | 1995 | 23:07.240 |
| 63 | Robert Gilmour | 2014 | 23:25.380 |
| 68 | Leslie King | 1995 | 24:38.700 |
| 69 | J P A Howell | 2000 | 24:45.15 |
| 70 | R Venis | 1998 | 26:38.230 |
| 75 | Trevor Fenwick | 2005 | 27:14.05 |
| 77 | John M Lee | 2006 | 27:27.2 |
| 80 | John M Lee | 2009 | 27:52.8 |
| 84 | John M Lee | 2013 | 28:55.345 |

| | | | |
|--|----------------|------|-------------|
| 87 | John M Lee | 2016 | 31:04.8 |
| 90 | John M Lee | 2019 | 32:52.9 |
| Men Outdoor Solo Bicycle - 25 Miles | | | |
| 44 | J A French | 1997 | 56:11.380 |
| 48 | Steve McCaw | 2011 | 56:20.19 |
| 53 | Peter Horton | 2020 | 57:24.52 |
| 63 | Robert Gilmour | 2014 | 58:33.670 |
| 67 | Leslie King | 1994 | 1:02:50.100 |
| 68 | Leslie King | 1995 | 1:04:00.000 |
| 79 | John M Lee | 2008 | 1:11:28.9 |
| Men Outdoor Solo Bicycle - 1 Hour | | | |
| 44 | J A French | 1997 | 26.694 mi |
| 48 | Steve McCaw | 2011 | 26.608 mi |
| 53 | Peter Horton | 2020 | 26.14 mi |
| 63 | Robert Gilmour | 2014 | 25.612 mi |
| 67 | Leslie King | 1994 | 23.920 mi |
| 68 | Leslie King | 1995 | 23.330 mi |
| 75 | Trevor Fenwick | 2005 | 22.380 mi |
| 80 | John M Lee | 2009 | 21.381 mi |
| 84 | John M Lee | 2013 | 20.433 mi |
| 87 | John M Lee | 2016 | 18.819 mi |
| 90 | John M Lee | 2019 | 18.060 mi |
| Men Outdoor Solo Bicycle - 5 Km | | | |
| 44 | J A French | 1997 | 6:47.580 |
| 48 | Steve McCaw | 2011 | 6:55.58 |
| 60 | Paul Bennett | 1999 | 7:04.160 |
| 61 | Derek Hodgins | 1995 | 7:04.670 |
| 63 | Robert Gilmour | 2014 | 7:22.710 |
| 69 | Leslie King | 1996 | 7:41.500 |
| 70 | Leslie King | 1997 | 7:52.200 |
| 72 | Leslie King | 1999 | 8:17.37 |
| 73 | Leslie King | 2000 | 8:19.700 |
| 74 | Leslie King | 2001 | 8:28.180 |
| 77 | John M Lee | 2006 | 8:33.6 |
| 79 | John M Lee | 2008 | 8:37.8 |
| 80 | John M Lee | 2009 | 8:43.4 |
| 84 | John M Lee | 2013 | 9:03.700 |
| 87 | John M Lee | 2016 | 9:39.4 |
| 90 | John M Lee | 2019 | 10:13.8 |
| Men Outdoor Solo Bicycle - 10 Km | | | |
| 44 | J A French | 1997 | 13:42.830 |
| 48 | Steve McCaw | 2011 | 13:48.800 |
| 60 | Paul Bennett | 1999 | 14:04.3 |
| 61 | Derek Hodgins | 1995 | 14:14.400 |
| 63 | Robert Gilmour | 2014 | 14:34.770 |
| 68 | Leslie King | 1995 | 15:06.500 |
| 70 | R Venis | 1998 | 16:36.400 |
| 72 | Leslie King | 1999 | 16:49.560 |
| 77 | John M Lee | 2006 | 17:02.4 |
| 79 | John M Lee | 2008 | 17:17.8 |
| 80 | John M Lee | 2009 | 17:25.3 |
| 84 | John M Lee | 2013 | 18:01.640 |
| 87 | John M Lee | 2016 | 19:23.6 |
| 90 | John M Lee | 2019 | 20:27:05 |

| | | | |
|--|----------------------------|------|------------|
| Men Outdoor Solo Bicycle - 20 Km | | | |
| 48 | Steve McCaw | 2011 | 27:41.99 |
| 53 | Peter Horton | 2020 | 28:23.91 |
| 61 | Derek Hodgins | 1995 | 28:48.930 |
| 63 | Robert Gilmour | 2014 | 29:08.970 |
| 68 | Leslie King | 1995 | 31:00.000 |
| 75 | Trevor Fenwick | 2005 | 33:40.73 |
| 77 | John M Lee | 2006 | 34:31.7 |
| 80 | John M Lee | 2009 | 34:51.4 |
| 84 | John M Lee | 2013 | 36:27.350 |
| 87 | John M Lee | 2016 | 39:26.235 |
| Men Outdoor Solo Bicycle - 50 Km | | | |
| 53 | Peter Horton | 2020 | 1:11:45.28 |
| Men Outdoor Solo Bicycle - 100 Km | | | |
| 53 | Peter Horton | 2020 | 2:29:10.51 |
| Women Indoor Solo Bicycle - 5 Miles | | | |
| 43 | Melanie Sneddon | 2019 | 10:56.980 |
| Women Indoor Solo Bicycle - 10 Miles | | | |
| 40 | Auriel Forrester | 1998 | 23:53.412 |
| Women Indoor Solo Bicycle - 25 Miles | | | |
| 40 | Auriel Forrester | 1998 | 59:20.589 |
| Women Indoor Solo Bicycle - 1 Hour | | | |
| 40 | Auriel Forrester | 1998 | 25.297 mi |
| 63 | Carole Gandy | 2007 | 24.373 mi |
| Women Indoor Solo Bicycle - 5 Km | | | |
| 43 | Melanie Sneddon | 2019 | 6:49.938 |
| Women Indoor Solo Bicycle - 10 Km | | | |
| 43 | Melanie Sneddon | 2019 | 13:40.392 |
| Women Indoor Solo Bicycle - 20 Km | | | |
| 40 | Auriel Forrester | 1998 | 29:41.124 |
| Women Outdoor Solo Bicycle - 5 Miles | | | |
| 54 | Nikki Hunt | 1999 | 13:16. |
| Women Outdoor Solo Bicycle - 10 Miles | | | |
| 52 | Karen Taylor | 2018 | 26:49.93 |
| 54 | Nikki Hunt | 1999 | 26:52. |
| Women Outdoor Solo Bicycle - 25 Miles | | | |
| 52 | Karen Taylor | 2018 | 1:07:34.14 |
| Women Outdoor Solo Bicycle - 1 Hour | | | |
| 52 | Karen Taylor | 2018 | 22.229 mi |
| Women Outdoor Solo Bicycle - 5 Km | | | |
| 54 | Nikki Hunt | 1999 | 8:13. |
| Women Outdoor Solo Bicycle - 10 Km | | | |
| 54 | Nikki Hunt | 1999 | 16:38. |
| Women Outdoor Solo Bicycle - 20 Km | | | |
| 52 | Karen Taylor | 2018 | 33:26.88 |
| Women Outdoor Solo Bicycle - 50 Km | | | |
| 52 | Karen Taylor | 2018 | 1:24:16.17 |
| Women Outdoor Solo Bicycle - 100 Km | | | |
| 52 | Karen Taylor | 2018 | 2:49:50.40 |
| Men Outdoor Tandem Bicycle - 5 Km | | | |
| 132 | Paul Bennett & Leslie King | 1999 | 6:52.69 |
| 144 | G H Edmonds & Leslie King | 2000 | 8:13.1 |

AGE STANDARDS - MEN SOLO BICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|---------|---------|---------|---------|---------|--------|
| 40 | 26:06 | 39:18 | 1:06:00 | 1:19:30 | 2:14:34 | 4:39:47 | 22:15.5 | 379.95 |
| 41 | 26:10 | 39:24 | 1:06:11 | 1:19:43 | 2:14:56 | 4:40:38 | 220:29 | 377.24 |
| 42 | 26:14 | 39:31 | 1:06:22 | 1:19:56 | 2:15:19 | 4:41:29 | 219:03 | 374.53 |
| 43 | 26:19 | 39:37 | 1:06:32 | 1:20:10 | 2:15:43 | 4:42:22 | 217:75 | 371.80 |
| 44 | 26:23 | 39:44 | 1:06:44 | 1:20:23 | 2:16:06 | 4:43:15 | 216:47 | 369.05 |
| 45 | 26:27 | 39:50 | 1:06:55 | 1:20:37 | 2:16:30 | 4:44:10 | 215:17 | 366.26 |
| 46 | 26:32 | 39:57 | 1:07:07 | 1:20:51 | 2:16:55 | 4:45:05 | 213:85 | 363.45 |
| 47 | 26:36 | 40:04 | 1:07:19 | 1:21:06 | 2:17:20 | 4:46:02 | 212:51 | 360.59 |
| 48 | 26:41 | 40:11 | 1:07:31 | 1:21:20 | 2:17:46 | 4:47:01 | 211:15 | 357.69 |
| 49 | 26:46 | 40:18 | 1:07:43 | 1:21:36 | 2:18:13 | 4:48:02 | 209:76 | 354.74 |
| 50 | 26:51 | 40:26 | 1:07:56 | 1:21:51 | 2:18:40 | 4:49:04 | 208:35 | 351.73 |
| 51 | 26:56 | 40:34 | 1:08:10 | 1:22:08 | 2:19:09 | 4:50:08 | 206:91 | 348.66 |
| 52 | 27:01 | 40:42 | 1:08:23 | 1:22:24 | 2:19:38 | 4:51:15 | 205:43 | 345.53 |
| 53 | 27:07 | 40:50 | 1:08:37 | 1:22:41 | 2:20:08 | 4:52:23 | 203:92 | 342.33 |
| 54 | 27:12 | 40:59 | 1:08:52 | 1:22:59 | 2:20:39 | 4:53:34 | 202:37 | 339.05 |
| 55 | 27:18 | 41:08 | 1:09:07 | 1:23:18 | 2:21:12 | 4:54:48 | 200:79 | 335.70 |
| 56 | 27:24 | 41:17 | 1:09:23 | 1:23:37 | 2:21:45 | 4:56:05 | 199:16 | 332.27 |
| 57 | 27:30 | 41:26 | 1:09:39 | 1:23:57 | 2:22:20 | 4:57:25 | 197:49 | 328.75 |
| 58 | 27:37 | 41:36 | 1:09:56 | 1:24:17 | 2:22:56 | 4:58:47 | 195:78 | 325.15 |
| 59 | 27:44 | 41:46 | 1:10:14 | 1:24:38 | 2:23:34 | 5:00:14 | 194:02 | 321.45 |
| 60 | 27:51 | 41:57 | 1:10:32 | 1:25:01 | 2:24:13 | 5:01:43 | 192:21 | 317.66 |
| 61 | 27:58 | 42:08 | 1:10:51 | 1:25:24 | 2:24:54 | 5:03:17 | 190:35 | 313.77 |
| 62 | 28:06 | 42:20 | 1:11:11 | 1:25:48 | 2:25:36 | 5:04:55 | 188:44 | 309.78 |
| 63 | 28:13 | 42:32 | 1:11:31 | 1:26:13 | 2:26:20 | 5:06:37 | 186:48 | 305.68 |
| 64 | 28:22 | 42:44 | 1:11:53 | 1:26:39 | 2:27:06 | 5:08:24 | 184:46 | 301.48 |
| 65 | 28:30 | 42:57 | 1:12:15 | 1:27:06 | 2:27:54 | 5:10:16 | 182:39 | 297.16 |
| 66 | 28:39 | 43:11 | 1:12:38 | 1:27:35 | 2:28:44 | 5:12:13 | 180:25 | 292.73 |
| 67 | 28:49 | 43:25 | 1:13:03 | 1:28:04 | 2:29:37 | 5:14:15 | 178:05 | 288.18 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|---------|---------|---------|---------|--------|--------|
| 68 | 28:58 | 43:40 | 1:13:28 | 1:28:35 | 2:30:32 | 5:16:24 | 175:79 | 283.51 |
| 69 | 29:08 | 43:55 | 1:13:55 | 1:29:08 | 2:31:30 | 5:18:39 | 173:46 | 278.71 |
| 70 | 29:19 | 44:12 | 1:14:23 | 1:29:42 | 2:32:30 | 5:21:00 | 171:06 | 273.79 |
| 71 | 29:30 | 44:29 | 1:14:52 | 1:30:17 | 2:33:33 | 5:23:29 | 168:60 | 268.74 |
| 72 | 29:42 | 44:46 | 1:15:23 | 1:30:55 | 2:34:39 | 5:26:06 | 166:06 | 263.55 |
| 73 | 29:54 | 45:05 | 1:15:55 | 1:31:34 | 2:35:49 | 5:28:52 | 163:45 | 258.22 |
| 74 | 30:07 | 45:25 | 1:16:28 | 1:32:15 | 2:37:03 | 5:31:47 | 160:76 | 252.75 |
| 75 | 30:20 | 45:45 | 1:17:04 | 1:32:58 | 2:38:20 | 5:34:51 | 157:99 | 247.14 |
| 76 | 30:35 | 46:07 | 1:17:41 | 1:33:44 | 2:39:41 | 5:38:06 | 155:14 | 241.38 |
| 77 | 30:49 | 46:29 | 1:18:20 | 1:34:32 | 2:41:07 | 5:41:33 | 152:20 | 235.47 |
| 78 | 31:05 | 46:53 | 1:19:02 | 1:35:22 | 2:42:37 | 5:45:12 | 149:17 | 229.40 |
| 79 | 31:22 | 47:19 | 1:19:45 | 1:36:15 | 2:44:13 | 5:49:05 | 146:06 | 223.18 |
| 80 | 31:39 | 47:45 | 1:20:31 | 1:37:12 | 2:45:55 | 5:53:14 | 142.85 | 216.79 |
| 81 | 31:58 | 48:13 | 1:21:20 | 1:38:11 | 2:47:42 | 5:57:38 | 139.54 | 210.23 |
| 82 | 32:17 | 48:43 | 1:22:12 | 1:39:15 | 2:49:37 | 6:02:21 | 136.13 | 203.50 |
| 83 | 32:38 | 49:15 | 1:23:07 | 1:40:22 | 2:51:38 | 6:07:24 | 132.62 | 196.60 |
| 84 | 33:00 | 49:48 | 1:24:05 | 1:41:33 | 2:53:48 | 6:12:50 | 129.00 | 189.52 |
| 85 | 33:23 | 50:24 | 1:25:07 | 1:42:49 | 2:56:07 | 6:18:41 | 125.26 | 182.25 |
| 86 | 33:48 | 51:02 | 1:26:13 | 1:44:11 | 2:58:35 | 6:24:59 | 121.40 | |
| 87 | 34:14 | 51:43 | 1:27:24 | 1:45:38 | 3:01:14 | 6:31:50 | 117.43 | |
| 88 | 34:43 | 52:26 | 1:28:40 | 1:47:11 | 3:04:06 | 6:39:16 | 113.32 | |
| 89 | 35:13 | 53:13 | 1:30:02 | 1:48:51 | 3:07:11 | 6:47:23 | 109.08 | |
| 90 | 35:46 | 54:03 | 1:31:30 | 1:50:40 | 3:10:32 | 6:56:18 | 104.70 | |
| 91 | 36:21 | 54:57 | 1:33:05 | 1:52:37 | | | | |
| 92 | 36:59 | 55:56 | 1:34:48 | 1:54:44 | | | | |
| 93 | 37:40 | 56:59 | 1:36:40 | 1:57:03 | | | | |
| 94 | 38:25 | 58:09 | 1:38:43 | 1:59:35 | | | | |
| 95 | 39:14 | 59:25 | 1:40:58 | 2:02:22 | | | | |

Revised February 2021

AGE STANDARDS - WOMEN SOLO BICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|---------|---------|---------|---------|--------|--------|
| 40 | 28:33 | 42:59 | 1:12:12 | 1:26:59 | 2:27:12 | 5:06:04 | 195:22 | 338:38 |
| 41 | 28:38 | 43:07 | 1:12:24 | 1:27:13 | 2:27:38 | 5:07:01 | 194:11 | 336:02 |
| 42 | 28:42 | 43:14 | 1:12:36 | 1:27:28 | 2:28:04 | 5:07:59 | 192:98 | 333:65 |
| 43 | 28:47 | 43:21 | 1:12:49 | 1:27:43 | 2:28:30 | 5:08:58 | 191:85 | 331:27 |
| 44 | 28:52 | 43:28 | 1:13:01 | 1:27:58 | 2:28:56 | 5:09:58 | 190:71 | 328:87 |
| 45 | 28:57 | 43:36 | 1:13:14 | 1:28:14 | 2:29:24 | 5:10:59 | 189:56 | 326:44 |
| 46 | 29:02 | 43:43 | 1:13:27 | 1:28:29 | 2:29:51 | 5:12:02 | 188:39 | 323:98 |
| 47 | 29:07 | 43:51 | 1:13:40 | 1:28:46 | 2:30:20 | 5:13:06 | 187:21 | 321:48 |
| 48 | 29:12 | 43:59 | 1:13:54 | 1:29:02 | 2:30:49 | 5:14:12 | 186:00 | 318:95 |
| 49 | 29:18 | 44:07 | 1:14:08 | 1:29:19 | 2:31:19 | 5:15:20 | 184:77 | 316:37 |
| 50 | 29:23 | 44:16 | 1:14:23 | 1:29:37 | 2:31:50 | 5:16:30 | 183:52 | 313:74 |
| 51 | 29:29 | 44:25 | 1:14:38 | 1:29:55 | 2:32:21 | 5:17:42 | 182:24 | 311:05 |
| 52 | 29:35 | 44:34 | 1:14:53 | 1:30:14 | 2:32:54 | 5:18:57 | 180:93 | 308:31 |
| 53 | 29:41 | 44:43 | 1:15:09 | 1:30:33 | 2:33:28 | 5:20:14 | 179:59 | 305:50 |
| 54 | 29:48 | 44:53 | 1:15:25 | 1:30:53 | 2:34:03 | 5:21:34 | 178:21 | 302:64 |
| 55 | 29:54 | 45:03 | 1:15:42 | 1:31:14 | 2:34:39 | 5:22:57 | 176:81 | 299:70 |
| 56 | 30:01 | 45:13 | 1:16:00 | 1:31:35 | 2:35:17 | 5:24:23 | 175:36 | 296:69 |
| 57 | 30:08 | 45:24 | 1:16:18 | 1:31:58 | 2:35:56 | 5:25:52 | 173:88 | 293:60 |
| 58 | 30:15 | 45:35 | 1:16:37 | 1:32:21 | 2:36:37 | 5:27:25 | 172:36 | 290:44 |
| 59 | 30:23 | 45:46 | 1:16:57 | 1:32:45 | 2:37:19 | 5:29:02 | 170:80 | 287:19 |
| 60 | 30:31 | 45:58 | 1:17:17 | 1:33:10 | 2:38:03 | 5:30:43 | 169:20 | 283:86 |
| 61 | 30:39 | 46:11 | 1:17:39 | 1:33:35 | 2:38:48 | 5:32:28 | 167:55 | 280:45 |
| 62 | 30:47 | 46:24 | 1:18:01 | 1:34:02 | 2:39:36 | 5:34:18 | 165:85 | 276:94 |
| 63 | 30:56 | 46:37 | 1:18:24 | 1:34:31 | 2:40:26 | 5:36:13 | 164:11 | 273:33 |
| 64 | 31:06 | 46:51 | 1:18:48 | 1:35:00 | 2:41:17 | 5:38:13 | 162:31 | 269:63 |
| 65 | 31:15 | 47:06 | 1:19:13 | 1:35:30 | 2:42:11 | 5:40:18 | 160:47 | 265:83 |
| 66 | 31:25 | 47:21 | 1:19:39 | 1:36:02 | 2:43:08 | 5:42:29 | 158:57 | 261:92 |
| 67 | 31:36 | 47:37 | 1:20:07 | 1:36:36 | 2:44:07 | 5:44:47 | 156:62 | 257:91 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|---------|---------|---------|---------|---------|--------|--------|
| 68 | 31:47 | 47:54 | 1:20:35 | 1:37:11 | 2:45:09 | 5:47:11 | 154:61 | 253:79 |
| 69 | 31:58 | 48:11 | 1:21:05 | 1:37:47 | 2:46:13 | 5:49:43 | 152:54 | 249:55 |
| 70 | 32:10 | 48:29 | 1:21:37 | 1:38:25 | 2:47:21 | 5:52:22 | 150:41 | 245:20 |
| 71 | 32:23 | 48:48 | 1:22:09 | 1:39:05 | 2:48:32 | 5:55:10 | 148:22 | 240:73 |
| 72 | 32:36 | 49:08 | 1:22:44 | 1:39:47 | 2:49:46 | 5:58:06 | 145:96 | 236:14 |
| 73 | 32:49 | 49:29 | 1:23:20 | 1:40:31 | 2:51:05 | 6:01:12 | 143:64 | 231:42 |
| 74 | 33:04 | 49:51 | 1:23:58 | 1:41:17 | 2:52:27 | 6:04:28 | 141:24 | 226:57 |
| 75 | 33:19 | 50:14 | 1:24:38 | 1:42:06 | 2:53:54 | 6:07:55 | 138:78 | 221:59 |
| 76 | 33:35 | 50:39 | 1:25:19 | 1:42:57 | 2:55:25 | 6:11:34 | 136:24 | 216:48 |
| 77 | 33:52 | 51:04 | 1:26:03 | 1:43:51 | 2:57:01 | 6:15:26 | 133:63 | 211:22 |
| 78 | 34:09 | 51:31 | 1:26:50 | 1:44:47 | 2:58:43 | 6:19:33 | 130:93 | 205:82 |
| 79 | 34:28 | 51:59 | 1:27:39 | 1:45:47 | 3:00:31 | 6:23:54 | 128:16 | 200:28 |
| 80 | 34:47 | 52:29 | 1:28:31 | 1:46:51 | 3:02:25 | 6:28:33 | 125:30 | 194:58 |
| 81 | 35:08 | 53:01 | 1:29:25 | 1:47:58 | 3:04:26 | 6:33:30 | 122:35 | |
| 82 | 35:30 | 53:34 | 1:30:23 | 1:49:09 | 3:06:34 | 6:38:48 | 119:31 | |
| 83 | 35:53 | 54:10 | 1:31:25 | 1:50:24 | 3:08:51 | 6:44:28 | 116:18 | |
| 84 | 36:18 | 54:47 | 1:32:30 | 1:51:44 | 3:11:16 | 6:50:34 | 112:95 | |
| 85 | 36:44 | 55:28 | 1:33:40 | 1:53:10 | 3:13:52 | 6:57:08 | 109:62 | |
| 86 | 37:12 | 56:10 | 1:34:55 | 1:54:41 | | | | |
| 87 | 37:41 | 56:56 | 1:36:14 | 1:56:19 | | | | |
| 88 | 38:13 | 57:45 | 1:37:39 | 1:58:04 | | | | |
| 89 | 38:47 | 58:37 | 1:39:11 | 1:59:56 | | | | |
| 90 | 39:24 | 59:33 | 1:40:50 | 2:01:58 | | | | |
| 91 | 40:03 | 1:00:34 | 1:42:37 | 2:04:09 | | | | |
| 92 | 40:46 | 1:01:40 | 1:44:32 | 2:06:32 | | | | |
| 93 | 41:32 | 1:02:51 | 1:46:38 | 2:09:08 | | | | |
| 94 | 42:23 | 1:04:09 | 1:48:56 | 2:11:59 | | | | |
| 95 | 43:18 | 1:05:35 | 1:51:28 | 2:15:07 | | | | |

Revised February 2021

AGE STANDARDS - MEN SOLO TRICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|---------|---------|---------|---------|--------|--------|
| 40 | 28:00 | 42:10 | 1:10:49 | 1:25:18 | 2:24:23 | 5:00:12 | 200.67 | 346.99 |
| 41 | 28:05 | 42:17 | 1:11:01 | 1:25:33 | 2:24:48 | 5:01:07 | 199.53 | 344.56 |
| 42 | 28:09 | 42:24 | 1:11:13 | 1:25:47 | 2:25:13 | 5:02:04 | 198.38 | 342.12 |
| 43 | 28:14 | 42:31 | 1:11:25 | 1:26:02 | 2:25:38 | 5:03:01 | 197.22 | 339.67 |
| 44 | 28:19 | 42:38 | 1:11:37 | 1:26:16 | 2:26:04 | 5:04:00 | 196.05 | 337.20 |
| 45 | 28:24 | 42:45 | 1:11:49 | 1:26:32 | 2:26:31 | 5:05:00 | 194.87 | 334.70 |
| 46 | 28:28 | 42:53 | 1:12:02 | 1:26:47 | 2:26:58 | 5:06:01 | 193.67 | 332.17 |
| 47 | 28:33 | 43:00 | 1:12:15 | 1:27:03 | 2:27:25 | 5:07:03 | 192.45 | 329.60 |
| 48 | 28:39 | 43:08 | 1:12:28 | 1:27:19 | 2:27:54 | 5:08:08 | 191.21 | 326.99 |
| 49 | 28:44 | 43:16 | 1:12:42 | 1:27:36 | 2:28:23 | 5:09:14 | 189.95 | 324.34 |
| 50 | 28:49 | 43:25 | 1:12:56 | 1:27:53 | 2:28:53 | 5:10:22 | 188.66 | 321.63 |
| 51 | 28:55 | 43:33 | 1:13:11 | 1:28:11 | 2:29:24 | 5:11:33 | 187.35 | 318.87 |
| 52 | 29:01 | 43:42 | 1:13:26 | 1:28:29 | 2:29:56 | 5:12:45 | 186.01 | 316.05 |
| 53 | 29:07 | 43:51 | 1:13:41 | 1:28:48 | 2:30:29 | 5:14:01 | 184.63 | 313.16 |
| 54 | 29:13 | 44:00 | 1:13:57 | 1:29:07 | 2:31:03 | 5:15:19 | 183.22 | 310.21 |
| 55 | 29:19 | 44:10 | 1:14:14 | 1:29:27 | 2:31:39 | 5:16:39 | 181.78 | 307.19 |
| 56 | 29:26 | 44:20 | 1:14:31 | 1:29:48 | 2:32:16 | 5:18:03 | 180.30 | 304.10 |
| 57 | 29:33 | 44:31 | 1:14:49 | 1:30:10 | 2:32:54 | 5:19:31 | 178.78 | 300.93 |
| 58 | 29:40 | 44:41 | 1:15:08 | 1:30:33 | 2:33:33 | 5:21:01 | 177.22 | 297.68 |
| 59 | 29:47 | 44:53 | 1:15:27 | 1:30:56 | 2:34:15 | 5:22:36 | 175.62 | 294.34 |
| 60 | 29:55 | 45:04 | 1:15:47 | 1:31:20 | 2:34:57 | 5:24:14 | 173.97 | 290.92 |
| 61 | 30:03 | 45:16 | 1:16:08 | 1:31:46 | 2:35:42 | 5:25:57 | 172.28 | 287.40 |
| 62 | 30:11 | 45:29 | 1:16:29 | 1:32:12 | 2:36:28 | 5:27:44 | 170.54 | 283.80 |
| 63 | 30:20 | 45:42 | 1:16:52 | 1:32:39 | 2:37:17 | 5:29:36 | 168.75 | 280.09 |
| 64 | 30:29 | 45:56 | 1:17:15 | 1:33:08 | 2:38:07 | 5:31:33 | 166.92 | 276.29 |
| 65 | 30:38 | 46:10 | 1:17:40 | 1:33:38 | 2:39:00 | 5:33:35 | 165.02 | 272.38 |
| 66 | 30:48 | 46:25 | 1:18:05 | 1:34:09 | 2:39:55 | 5:35:43 | 163.08 | 268.37 |
| 67 | 30:58 | 46:41 | 1:18:32 | 1:34:41 | 2:40:52 | 5:37:58 | 161.07 | 264.25 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|---------|---------|---------|---------|---------|--------|--------|
| 68 | 31:09 | 46:57 | 1:19:00 | 1:35:15 | 2:41:53 | 5:40:18 | 159.01 | 260.02 |
| 69 | 31:20 | 47:14 | 1:19:29 | 1:35:51 | 2:42:56 | 5:42:46 | 156.89 | 255.67 |
| 70 | 31:32 | 47:32 | 1:20:00 | 1:36:28 | 2:44:02 | 5:45:22 | 154.71 | 251.20 |
| 71 | 31:44 | 47:50 | 1:20:32 | 1:37:07 | 2:45:11 | 5:48:05 | 152.46 | 246.61 |
| 72 | 31:57 | 48:10 | 1:21:05 | 1:37:48 | 2:46:24 | 5:50:57 | 150.14 | 241.90 |
| 73 | 32:10 | 48:30 | 1:21:40 | 1:38:31 | 2:47:40 | 5:53:58 | 147.76 | 237.06 |
| 74 | 32:24 | 48:52 | 1:22:17 | 1:39:16 | 2:49:00 | 5:57:09 | 145.31 | 232.09 |
| 75 | 32:39 | 49:14 | 1:22:56 | 1:40:03 | 2:50:25 | 6:00:32 | 142.78 | 226.98 |
| 76 | 32:55 | 49:38 | 1:23:37 | 1:40:53 | 2:51:54 | 6:04:05 | 140.18 | 221.73 |
| 77 | 33:11 | 50:03 | 1:24:20 | 1:41:46 | 2:53:28 | 6:07:52 | 137.50 | 216.34 |
| 78 | 33:28 | 50:29 | 1:25:05 | 1:42:41 | 2:55:07 | 6:11:52 | 134.74 | 210.81 |
| 79 | 33:46 | 50:57 | 1:25:53 | 1:43:39 | 2:56:52 | 6:16:08 | 131.89 | 205.12 |
| 80 | 34:05 | 51:26 | 1:26:43 | 1:44:41 | 2:58:43 | 6:20:39 | 128.96 | 199.29 |
| 81 | 34:25 | 51:57 | 1:27:37 | 1:45:47 | 3:00:41 | 6:25:29 | 125.94 | 193.29 |
| 82 | 34:47 | 52:29 | 1:28:34 | 1:46:56 | 3:02:47 | 6:30:39 | 122.83 | 187.13 |
| 83 | 35:09 | 53:04 | 1:29:34 | 1:48:10 | 3:05:00 | 6:36:11 | 119.62 | 180.80 |
| 84 | 35:33 | 53:41 | 1:30:37 | 1:49:28 | 3:07:22 | 6:42:08 | 116.31 | 174.31 |
| 85 | 35:59 | 54:20 | 1:31:46 | 1:50:51 | 3:09:54 | 6:48:32 | 112.89 | 167.63 |
| 86 | 36:26 | 55:01 | 1:32:58 | 1:52:20 | 3:12:36 | 6:55:27 | 109.37 | |
| 87 | 36:55 | 55:46 | 1:34:16 | 1:53:56 | 3:15:31 | 7:02:56 | 105.73 | |
| 88 | 37:26 | 56:34 | 1:35:39 | 1:55:38 | 3:18:39 | 7:11:05 | 101.97 | |
| 89 | 37:59 | 57:25 | 1:37:08 | 1:57:28 | 3:22:02 | 7:19:59 | 98.09 | |
| 90 | 38:35 | 58:20 | 1:38:45 | 1:59:26 | 3:25:41 | 7:29:45 | 94.07 | |
| 91 | 39:14 | 59:19 | 1:40:29 | 2:01:35 | | | | |
| 92 | 39:55 | 60:23 | 1:42:22 | 2:03:54 | | | | |
| 93 | 40:40 | 1:01:33 | 1:44:25 | 2:06:26 | | | | |
| 94 | 41:30 | 1:02:49 | 1:46:39 | 2:09:13 | | | | |
| 95 | 42:24 | 1:04:12 | 1:49:07 | 2:12:16 | | | | |

Revised February 2021

AGE STANDARDS - WOMEN SOLO TRICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|---------|---------|---------|---------|--------|--------|
| 40 | 30:41 | 46:13 | 1:17:37 | 1:33:29 | 2:38:14 | 5:29:00 | 175.95 | 307.90 |
| 41 | 30:47 | 46:20 | 1:17:50 | 1:33:45 | 2:38:42 | 5:30:03 | 174.93 | 305.77 |
| 42 | 30:52 | 46:28 | 1:18:03 | 1:34:02 | 2:39:10 | 5:31:06 | 173.91 | 303.64 |
| 43 | 30:57 | 46:36 | 1:18:17 | 1:34:18 | 2:39:39 | 5:32:11 | 172.88 | 301.49 |
| 44 | 31:02 | 46:44 | 1:18:30 | 1:34:35 | 2:40:08 | 5:33:16 | 171.84 | 299.32 |
| 45 | 31:08 | 46:52 | 1:18:44 | 1:34:52 | 2:40:38 | 5:34:23 | 170.79 | 297.13 |
| 46 | 31:13 | 47:01 | 1:18:59 | 1:35:09 | 2:41:08 | 5:35:32 | 169.73 | 294.91 |
| 47 | 31:19 | 47:09 | 1:19:13 | 1:35:27 | 2:41:39 | 5:36:42 | 168.65 | 292.66 |
| 48 | 31:25 | 47:18 | 1:19:28 | 1:35:45 | 2:42:11 | 5:37:54 | 167.55 | 290.37 |
| 49 | 31:31 | 47:27 | 1:19:44 | 1:36:04 | 2:42:44 | 5:39:09 | 166.43 | 288.04 |
| 50 | 31:37 | 47:36 | 1:20:00 | 1:36:23 | 2:43:18 | 5:40:25 | 165.29 | 285.67 |
| 51 | 31:43 | 47:46 | 1:20:16 | 1:36:43 | 2:43:52 | 5:41:44 | 164.12 | 283.24 |
| 52 | 31:49 | 47:56 | 1:20:33 | 1:37:03 | 2:44:28 | 5:43:06 | 162.93 | 280.76 |
| 53 | 31:56 | 48:06 | 1:20:50 | 1:37:25 | 2:45:06 | 5:44:31 | 161.71 | 278.23 |
| 54 | 32:03 | 48:17 | 1:21:08 | 1:37:47 | 2:45:44 | 5:45:58 | 160.46 | 275.64 |
| 55 | 32:10 | 48:28 | 1:21:27 | 1:38:09 | 2:46:24 | 5:47:29 | 159.18 | 272.98 |
| 56 | 32:18 | 48:39 | 1:21:46 | 1:38:33 | 2:47:05 | 5:49:03 | 157.86 | 270.26 |
| 57 | 32:25 | 48:51 | 1:22:06 | 1:38:57 | 2:47:48 | 5:50:41 | 156.51 | 267.47 |
| 58 | 32:33 | 49:03 | 1:22:27 | 1:39:22 | 2:48:32 | 5:52:23 | 155.13 | 264.61 |
| 59 | 32:42 | 49:15 | 1:22:49 | 1:39:49 | 2:49:18 | 5:54:09 | 153.71 | 261.68 |
| 60 | 32:50 | 49:28 | 1:23:11 | 1:40:16 | 2:50:07 | 5:56:00 | 152.25 | 258.66 |
| 61 | 32:59 | 49:42 | 1:23:34 | 1:40:44 | 2:50:57 | 5:57:55 | 150.74 | 255.57 |
| 62 | 33:09 | 49:56 | 1:23:59 | 1:41:14 | 2:51:49 | 5:59:55 | 149.20 | 252.39 |
| 63 | 33:18 | 50:11 | 1:24:24 | 1:41:45 | 2:52:43 | 6:02:01 | 147.61 | 249.12 |
| 64 | 33:28 | 50:26 | 1:24:50 | 1:42:17 | 2:53:40 | 6:04:12 | 145.98 | 245.77 |
| 65 | 33:39 | 50:42 | 1:25:18 | 1:42:50 | 2:54:39 | 6:06:30 | 144.29 | 242.32 |
| 66 | 33:50 | 50:59 | 1:25:47 | 1:43:25 | 2:55:41 | 6:08:54 | 142.56 | 238.78 |
| 67 | 34:01 | 51:17 | 1:26:17 | 1:44:02 | 2:56:45 | 6:11:24 | 140.78 | 235.13 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|---------|---------|---------|---------|---------|--------|--------|
| 68 | 34:13 | 51:35 | 1:26:48 | 1:44:40 | 2:57:53 | 6:14:03 | 138.95 | 231.39 |
| 69 | 34:26 | 51:54 | 1:27:21 | 1:45:20 | 2:59:04 | 6:16:49 | 137.06 | 227.55 |
| 70 | 34:39 | 52:14 | 1:27:55 | 1:46:02 | 3:00:18 | 6:19:43 | 135.12 | 223.59 |
| 71 | 34:53 | 52:35 | 1:28:31 | 1:46:45 | 3:01:36 | 6:22:46 | 133.12 | 219.53 |
| 72 | 35:07 | 52:57 | 1:29:09 | 1:47:31 | 3:02:57 | 6:26:00 | 131.07 | 215.36 |
| 73 | 35:22 | 53:20 | 1:29:48 | 1:48:20 | 3:04:23 | 6:29:23 | 128.95 | 211.06 |
| 74 | 35:38 | 53:44 | 1:30:30 | 1:49:10 | 3:05:53 | 6:32:58 | 126.76 | 206.65 |
| 75 | 35:55 | 54:09 | 1:31:13 | 1:50:03 | 3:07:28 | 6:36:45 | 124.51 | 202.12 |
| 76 | 36:12 | 54:36 | 1:31:59 | 1:50:59 | 3:09:08 | 6:40:45 | 122.20 | 197.46 |
| 77 | 36:30 | 55:04 | 1:32:47 | 1:51:58 | 3:10:54 | 6:44:59 | 119.81 | 192.66 |
| 78 | 36:50 | 55:33 | 1:33:38 | 1:53:00 | 3:12:45 | 6:49:29 | 117.36 | 187.74 |
| 79 | 37:10 | 56:04 | 1:34:32 | 1:54:06 | 3:14:43 | 6:54:16 | 114.82 | 182.67 |
| 80 | 37:31 | 56:37 | 1:35:29 | 1:55:15 | 3:16:48 | 6:59:21 | 112.21 | 177.47 |
| 81 | 37:54 | 57:11 | 1:36:29 | 1:56:29 | 3:19:00 | 7:04:47 | | |
| 82 | 38:18 | 57:48 | 1:37:32 | 1:57:47 | 3:21:21 | 7:10:35 | | |
| 83 | 38:43 | 58:27 | 1:38:40 | 1:59:09 | 3:23:51 | 7:16:48 | | |
| 84 | 39:10 | 59:08 | 1:39:51 | 2:00:37 | 3:26:30 | 7:23:28 | | |
| 85 | 39:39 | 59:52 | 1:41:08 | 2:02:11 | 3:29:21 | 7:30:40 | | |
| 86 | 40:10 | 1:00:39 | 1:42:29 | 2:03:51 | | | | |
| 87 | 40:42 | 1:01:29 | 1:43:56 | 2:05:38 | | | | |
| 88 | 41:17 | 1:02:22 | 1:45:30 | 2:07:33 | | | | |
| 89 | 41:54 | 1:03:20 | 1:47:10 | 2:09:36 | | | | |
| 90 | 42:34 | 1:04:22 | 1:48:58 | 2:11:49 | | | | |
| 91 | 43:18 | 1:05:28 | 1:50:55 | 2:14:13 | | | | |
| 92 | 44:04 | 1:06:40 | 1:53:02 | 2:16:50 | | | | |
| 93 | 44:55 | 1:07:58 | 1:55:20 | 2:19:41 | | | | |
| 94 | 45:50 | 1:09:24 | 1:57:51 | 2:22:48 | | | | |
| 95 | 46:51 | 1:10:57 | 2:00:37 | 2:26:13 | | | | |

Revised February 2021

AGE STANDARDS (PER RIDER) - MEN TANDEM BICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|---------|---------|--------|--------|
| 40 | 12:32 | 18:52 | 31:41 | 38:10 | 1:04:35 | 2:14:18 | 115:21 | 197:57 |
| 41 | 12:34 | 18:55 | 31:46 | 38:16 | 1:04:46 | 2:14:42 | 114:55 | 196:17 |
| 42 | 12:36 | 18:58 | 31:51 | 38:22 | 1:04:57 | 2:15:07 | 113:89 | 194:75 |
| 43 | 12:38 | 19:01 | 31:56 | 38:29 | 1:05:08 | 2:15:32 | 113:23 | 193:33 |
| 44 | 12:40 | 19:04 | 32:02 | 38:35 | 1:05:20 | 2:15:58 | 112:56 | 191:90 |
| 45 | 12:42 | 19:07 | 32:07 | 38:42 | 1:05:31 | 2:16:24 | 111:89 | 190:46 |
| 46 | 12:44 | 19:11 | 32:13 | 38:49 | 1:05:43 | 2:16:51 | 111:20 | 189:99 |
| 47 | 12:46 | 19:14 | 32:19 | 38:56 | 1:05:55 | 2:17:18 | 110:51 | 187:51 |
| 48 | 12:48 | 19:17 | 32:24 | 39:03 | 1:06:08 | 2:17:46 | 109:80 | 186:00 |
| 49 | 12:51 | 19:21 | 32:30 | 39:10 | 1:06:21 | 2:18:15 | 109:08 | 184:46 |
| 50 | 12:53 | 19:24 | 32:37 | 39:17 | 1:06:34 | 2:18:45 | 108:34 | 182:90 |
| 51 | 12:56 | 19:28 | 32:43 | 39:25 | 1:06:47 | 2:19:16 | 107:59 | 181:30 |
| 52 | 12:58 | 19:31 | 32:50 | 39:33 | 1:07:01 | 2:19:48 | 106:82 | 179:68 |
| 53 | 13:01 | 19:36 | 32:56 | 39:41 | 1:07:16 | 2:20:21 | 106:04 | 178:01 |
| 54 | 13:04 | 19:40 | 33:03 | 39:50 | 1:07:31 | 2:20:55 | 105:23 | 176:31 |
| 55 | 13:06 | 19:44 | 33:11 | 39:59 | 1:07:46 | 2:21:30 | 104:41 | 174:57 |
| 56 | 13:09 | 19:49 | 33:18 | 40:08 | 1:08:03 | 2:22:07 | 103:56 | 172:78 |
| 57 | 13:12 | 19:53 | 33:26 | 40:18 | 1:08:19 | 2:22:45 | 102:70 | 170:95 |
| 58 | 13:15 | 19:58 | 33:34 | 40:27 | 1:08:37 | 2:23:25 | 101:80 | 169:08 |
| 59 | 13:19 | 20:03 | 33:43 | 40:38 | 1:08:55 | 2:24:07 | 100:89 | 167:16 |
| 60 | 13:22 | 20:08 | 33:51 | 40:48 | 1:09:13 | 2:24:50 | 99:95 | 165:18 |
| 61 | 13:25 | 20:13 | 34:00 | 40:59 | 1:09:33 | 2:25:35 | 98:98 | 163:16 |
| 62 | 13:29 | 20:19 | 34:10 | 41:11 | 1:09:53 | 2:26:22 | 97:99 | 161:09 |
| 63 | 13:33 | 20:25 | 34:20 | 41:23 | 1:10:14 | 2:27:11 | 96:97 | 158:96 |
| 64 | 13:37 | 20:31 | 34:30 | 41:35 | 1:10:37 | 2:28:02 | 95:92 | 156:77 |
| 65 | 13:41 | 20:37 | 34:41 | 41:49 | 1:11:00 | 2:28:55 | 94:84 | 154:52 |
| 66 | 13:45 | 20:44 | 34:52 | 42:02 | 1:11:24 | 2:29:52 | 93:73 | 152:22 |
| 67 | 13:50 | 20:50 | 35:04 | 42:16 | 1:11:49 | 2:30:50 | 92:59 | 149:85 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|---------|---------|-------|--------|
| 68 | 13:54 | 20:58 | 35:16 | 42:31 | 1:12:15 | 2:31:52 | 91:41 | 147:43 |
| 69 | 13:59 | 21:05 | 35:29 | 42:47 | 1:12:43 | 2:32:57 | 90:20 | 144:93 |
| 70 | 14:04 | 21:13 | 35:42 | 43:03 | 1:13:12 | 2:34:05 | 88:95 | 142:37 |
| 71 | 14:10 | 21:21 | 35:56 | 43:20 | 1:13:42 | 2:35:17 | 87:67 | 139:74 |
| 72 | 14:15 | 21:29 | 36:11 | 43:38 | 1:14:14 | 2:36:32 | 86:35 | 137:04 |
| 73 | 14:21 | 21:38 | 36:26 | 43:57 | 1:14:48 | 2:37:51 | 84:99 | 134:27 |
| 74 | 14:27 | 21:48 | 36:42 | 44:17 | 1:15:23 | 2:39:15 | 83:59 | 131:43 |
| 75 | 14:34 | 21:58 | 36:59 | 44:38 | 1:16:00 | 2:40:44 | 82:15 | 128:51 |
| 76 | 14:41 | 22:08 | 37:17 | 44:59 | 1:16:39 | 2:42:17 | 80:67 | 125:52 |
| 77 | 14:48 | 22:19 | 37:36 | 45:22 | 1:17:20 | 2:43:57 | 79:14 | 122:44 |
| 78 | 14:55 | 22:30 | 37:56 | 45:47 | 1:18:04 | 2:45:42 | 77:57 | 119:29 |
| 79 | 15:03 | 22:43 | 38:17 | 46:12 | 1:18:50 | 2:47:34 | 75:95 | 116:05 |
| 80 | 15:12 | 22:55 | 38:39 | 46:39 | 1:19:38 | 2:49:33 | 74:28 | 112:73 |
| 81 | 15:20 | 23:09 | 39:02 | 47:08 | 1:20:30 | 2:51:40 | 72:56 | 109:32 |
| 82 | 15:30 | 23:23 | 39:27 | 47:38 | 1:21:25 | 2:53:56 | 70:79 | 105:82 |
| 83 | 15:40 | 23:38 | 39:54 | 48:11 | 1:22:23 | 2:56:21 | 68:96 | 102:23 |
| 84 | 15:50 | 23:54 | 40:22 | 48:45 | 1:23:25 | 2:58:58 | 67:08 | 98:55 |
| 85 | 16:01 | 24:12 | 40:51 | 49:21 | 1:24:32 | 3:01:46 | 65:13 | 94:77 |
| 86 | 16:13 | 24:30 | 41:23 | 50:00 | 1:25:43 | 3:04:48 | 63:13 | |
| 87 | 16:26 | 24:49 | 41:57 | 50:42 | 1:27:00 | 3:08:05 | 61:06 | |
| 88 | 16:40 | 25:10 | 42:34 | 51:27 | 1:28:22 | 3:11:39 | 58:93 | |
| 89 | 16:54 | 25:37 | 43:13 | 52:15 | 1:29:51 | 3:15:33 | 56:72 | |
| 90 | 17:10 | 25:57 | 43:55 | 53:07 | 1:31:27 | 3:19:49 | 54:44 | |
| 91 | 17:27 | 26:23 | 44:41 | 54:03 | | | | |
| 92 | 17:45 | 26:51 | 45:30 | 55:04 | | | | |
| 93 | 18:05 | 27:21 | 46:24 | 56:11 | | | | |
| 94 | 18:26 | 27:55 | 47:23 | 57:24 | | | | |
| 95 | 18:50 | 28:31 | 48:28 | 58:44 | | | | |

Revised February 2021

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

AGE STANDARDS (PER RIDER) - WOMEN TANDEM BICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|---------|---------|--------|--------|
| 40 | 13:42 | 20:38 | 34:39 | 41:45 | 1:10:40 | 2:26:55 | 101:52 | 175:96 |
| 41 | 13:45 | 20:42 | 34:45 | 41:52 | 1:10:52 | 2:27:22 | 100:93 | 174:73 |
| 42 | 13:47 | 20:45 | 34:51 | 41:59 | 1:11:04 | 2:27:50 | 100:35 | 173:50 |
| 43 | 13:49 | 20:48 | 34:57 | 42:06 | 1:11:17 | 2:28:18 | 99:76 | 172:26 |
| 44 | 13:51 | 20:52 | 35:03 | 42:13 | 1:11:29 | 2:28:47 | 99:17 | 171:01 |
| 45 | 13:54 | 20:56 | 35:09 | 42:21 | 1:11:42 | 2:29:17 | 98:57 | 169:75 |
| 46 | 13:56 | 20:59 | 35:15 | 42:29 | 1:11:56 | 2:29:47 | 97:96 | 168:47 |
| 47 | 13:59 | 21:03 | 35:22 | 42:36 | 1:12:09 | 2:30:17 | 97:35 | 167:17 |
| 48 | 14:01 | 21:07 | 35:28 | 42:44 | 1:12:23 | 2:30:49 | 96:72 | 165:85 |
| 49 | 14:04 | 21:11 | 35:35 | 42:53 | 1:12:38 | 2:31:22 | 96:08 | 164:51 |
| 50 | 14:06 | 21:15 | 35:42 | 43:01 | 1:12:53 | 2:31:55 | 95:43 | 163:14 |
| 51 | 14:09 | 21:19 | 35:49 | 43:10 | 1:13:08 | 2:32:30 | 94:76 | 161:75 |
| 52 | 14:12 | 21:23 | 35:57 | 43:19 | 1:13:24 | 2:33:06 | 94:08 | 160:32 |
| 53 | 14:15 | 21:28 | 36:04 | 43:28 | 1:13:40 | 2:33:43 | 93:36 | 158:86 |
| 54 | 14:18 | 21:32 | 36:12 | 43:38 | 1:13:57 | 2:34:21 | 92:67 | 157:37 |
| 55 | 14:21 | 21:37 | 36:20 | 43:47 | 1:14:14 | 2:35:01 | 91:94 | 155:84 |
| 56 | 14:24 | 21:42 | 36:29 | 43:58 | 1:14:32 | 2:35:42 | 91:19 | 154:28 |
| 57 | 14:28 | 21:47 | 36:38 | 44:08 | 1:14:51 | 2:36:25 | 90:42 | 152:67 |
| 58 | 14:31 | 21:53 | 36:47 | 44:20 | 1:15:10 | 2:37:10 | 89:63 | 151:03 |
| 59 | 14:35 | 21:58 | 36:56 | 44:31 | 1:15:31 | 2:37:56 | 88:82 | 149:34 |
| 60 | 14:39 | 22:04 | 37:06 | 44:43 | 1:15:52 | 2:38:45 | 87:98 | 147:61 |
| 61 | 14:43 | 22:10 | 37:16 | 44:55 | 1:16:14 | 2:39:35 | 87:12 | 145:83 |
| 62 | 14:47 | 22:16 | 37:27 | 45:08 | 1:16:37 | 2:40:28 | 86:24 | 144:01 |
| 63 | 14:51 | 22:23 | 37:38 | 45:22 | 1:17:00 | 2:41:23 | 85:34 | 142:13 |
| 64 | 14:55 | 22:29 | 37:50 | 45:36 | 1:17:25 | 2:42:20 | 84:40 | 140:21 |
| 65 | 15:00 | 22:36 | 38:02 | 45:51 | 1:17:51 | 2:43:21 | 83:44 | 138:23 |
| 66 | 15:05 | 22:44 | 38:14 | 46:06 | 1:18:18 | 2:44:24 | 82:46 | 136:20 |
| 67 | 15:10 | 22:51 | 38:27 | 46:22 | 1:18:46 | 2:45:30 | 81:44 | 134:11 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|---------|---------|---------|-------|--------|
| 68 | 15:15 | 22:59 | 38:41 | 46:39 | 1:19:16 | 2:46:39 | 80:40 | 131:97 |
| 69 | 15:21 | 23:08 | 38:55 | 46:56 | 1:19:47 | 2:47:52 | 79:32 | 129:77 |
| 70 | 15:26 | 23:16 | 39:10 | 47:15 | 1:20:20 | 2:49:08 | 78:21 | 127:50 |
| 71 | 15:32 | 23:26 | 39:26 | 47:34 | 1:20:54 | 2:50:29 | 77:07 | 125:18 |
| 72 | 15:39 | 23:35 | 39:43 | 47:54 | 1:21:30 | 2:51:53 | 75:90 | 122:79 |
| 73 | 15:45 | 23:45 | 40:00 | 48:15 | 1:22:07 | 2:53:22 | 74:69 | 120:34 |
| 74 | 15:52 | 23:56 | 40:18 | 48:37 | 1:22:47 | 2:54:57 | 73:45 | 117:82 |
| 75 | 15:59 | 24:07 | 40:37 | 49:00 | 1:23:28 | 2:56:36 | 72:16 | 115:23 |
| 76 | 16:07 | 24:18 | 40:57 | 49:25 | 1:24:12 | 2:58:21 | 70:84 | 112:57 |
| 77 | 16:15 | 24:31 | 41:18 | 49:51 | 1:24:58 | 3:00:13 | 69:49 | 109:84 |
| 78 | 16:24 | 24:44 | 41:41 | 50:18 | 1:25:47 | 3:02:11 | 68:09 | 107:03 |
| 79 | 16:32 | 24:57 | 42:04 | 50:47 | 1:26:39 | 3:04:16 | 66:64 | 104:14 |
| 80 | 16:42 | 25:12 | 42:29 | 51:17 | 1:27:33 | 3:06:30 | 65:16 | 101:18 |
| 81 | 16:52 | 25:27 | 42:55 | 51:49 | 1:28:31 | 3:08:53 | | |
| 82 | 17:02 | 25:43 | 43:23 | 52:23 | 1:29:33 | 3:11:25 | | |
| 83 | 17:13 | 26:00 | 43:53 | 53:00 | 1:30:39 | 3:14:09 | | |
| 84 | 17:25 | 26:18 | 44:24 | 53:38 | 1:31:49 | 3:17:04 | | |
| 85 | 17:38 | 26:37 | 44:58 | 54:19 | 1:33:03 | 3:20:13 | | |
| 86 | 17:51 | 26:58 | 45:33 | 55:03 | | | | |
| 87 | 18:05 | 27:20 | 46:12 | 55:50 | | | | |
| 88 | 18:21 | 27:43 | 46:53 | 56:40 | | | | |
| 89 | 18:37 | 28:08 | 47:37 | 57:34 | | | | |
| 90 | 18:55 | 28:35 | 48:24 | 58:33 | | | | |
| 91 | 19:14 | 29:04 | 49:15 | 59:36 | | | | |
| 92 | 19:34 | 29:36 | 50:11 | 1:00:44 | | | | |
| 93 | 19:56 | 30:10 | 51:11 | 1:01:59 | | | | |
| 94 | 20:21 | 30:48 | 52:17 | 1:03:21 | | | | |
| 95 | 20:47 | 31:29 | 53:30 | 1:04:51 | | | | |

Revised February 2021

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

AGE STANDARDS (PER RIDER) - MEN TANDEM TRICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|---------|---------|--------|--------|
| 40 | 13:27 | 20:14 | 34:00 | 40:57 | 1:09:18 | 2:24:06 | 104:35 | 180:43 |
| 41 | 13:29 | 20:18 | 34:05 | 41:04 | 1:09:30 | 2:24:32 | 103:75 | 179:17 |
| 42 | 13:31 | 20:21 | 34:11 | 41:11 | 1:09:42 | 2:25:00 | 103:16 | 177:90 |
| 43 | 13:33 | 20:24 | 34:17 | 41:18 | 1:09:54 | 2:25:27 | 102:55 | 176:63 |
| 44 | 13:35 | 20:28 | 34:22 | 41:25 | 1:10:07 | 2:25:55 | 101:95 | 175:34 |
| 45 | 13:38 | 20:31 | 34:28 | 41:32 | 1:10:20 | 2:26:24 | 101:33 | 174:04 |
| 46 | 13:40 | 20:35 | 34:35 | 41:39 | 1:10:33 | 2:26:53 | 100:71 | 172:73 |
| 47 | 13:42 | 20:39 | 34:41 | 41:47 | 1:10:46 | 2:27:23 | 100:07 | 171:39 |
| 48 | 13:45 | 20:42 | 34:47 | 41:55 | 1:10:59 | 2:27:54 | 99:43 | 170:04 |
| 49 | 13:47 | 20:46 | 34:54 | 42:03 | 1:11:14 | 2:28:26 | 98:77 | 168:65 |
| 50 | 13:50 | 20:50 | 35:01 | 42:11 | 1:11:28 | 2:28:59 | 98:10 | 167:25 |
| 51 | 13:53 | 20:54 | 35:08 | 42:20 | 1:11:43 | 2:29:32 | 97:42 | 165:81 |
| 52 | 13:56 | 20:59 | 35:15 | 42:28 | 1:11:58 | 2:30:07 | 96:72 | 164:34 |
| 53 | 13:58 | 21:03 | 35:22 | 42:37 | 1:12:14 | 2:30:43 | 96:01 | 162:85 |
| 54 | 14:01 | 21:07 | 35:30 | 42:47 | 1:12:30 | 2:31:21 | 95:28 | 161:31 |
| 55 | 14:04 | 21:12 | 35:38 | 42:56 | 1:12:47 | 2:32:00 | 94:53 | 159:74 |
| 56 | 14:08 | 21:17 | 35:46 | 43:06 | 1:13:05 | 2:32:40 | 93:76 | 158:13 |
| 57 | 14:11 | 21:22 | 35:55 | 43:17 | 1:13:23 | 2:33:22 | 92:97 | 156:48 |
| 58 | 14:14 | 21:27 | 36:04 | 43:28 | 1:13:42 | 2:34:05 | 92:15 | 154:79 |
| 59 | 14:18 | 21:32 | 36:13 | 43:39 | 1:14:02 | 2:34:51 | 91:32 | 153:06 |
| 60 | 14:22 | 21:38 | 36:22 | 43:51 | 1:14:23 | 2:35:38 | 90:47 | 151:28 |
| 61 | 14:25 | 21:44 | 36:32 | 44:03 | 1:14:44 | 2:36:27 | 89:59 | 149:45 |
| 62 | 14:29 | 21:50 | 36:43 | 44:15 | 1:15:06 | 2:37:19 | 88:68 | 147:57 |
| 63 | 14:34 | 21:56 | 36:54 | 44:28 | 1:15:30 | 2:38:12 | 87:75 | 145:65 |
| 64 | 14:38 | 22:03 | 37:05 | 44:42 | 1:15:54 | 2:39:09 | 86:80 | 143:67 |
| 65 | 14:42 | 22:10 | 37:17 | 44:57 | 1:16:19 | 2:40:07 | 85:81 | 141:64 |
| 66 | 14:47 | 22:17 | 37:29 | 45:11 | 1:16:46 | 2:41:09 | 84:80 | 139:55 |
| 67 | 14:52 | 22:24 | 37:42 | 45:27 | 1:17:13 | 2:42:13 | 83:76 | 137:41 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|---------|---------|---------|-------|--------|
| 68 | 14:57 | 22:32 | 37:55 | 45:43 | 1:17:42 | 2:43:21 | 82:69 | 135:21 |
| 69 | 15:02 | 22:40 | 38:09 | 46:00 | 1:18:12 | 2:44:32 | 81:58 | 132:95 |
| 70 | 15:08 | 22:49 | 38:24 | 46:18 | 1:18:44 | 2:45:46 | 80:45 | 130:63 |
| 71 | 15:14 | 22:58 | 38:39 | 46:37 | 1:19:17 | 2:47:05 | 79:28 | 128:24 |
| 72 | 15:20 | 23:07 | 38:55 | 46:57 | 1:19:52 | 2:48:27 | 78:07 | 125:79 |
| 73 | 15:27 | 23:17 | 39:12 | 47:17 | 1:20:29 | 2:49:54 | 76:84 | 123:27 |
| 74 | 15:33 | 23:27 | 39:30 | 47:39 | 1:21:07 | 2:51:26 | 75:56 | 120:69 |
| 75 | 15:40 | 23:38 | 39:49 | 48:02 | 1:21:48 | 2:53:03 | 74:25 | 118:03 |
| 76 | 15:48 | 23:49 | 40:08 | 48:26 | 1:22:31 | 2:54:46 | 72:89 | 115:30 |
| 77 | 15:56 | 24:01 | 40:29 | 48:51 | 1:23:16 | 2:56:34 | 71:50 | 112:50 |
| 78 | 16:04 | 24:14 | 40:50 | 49:17 | 1:24:04 | 2:58:30 | 70:06 | 109:62 |
| 79 | 16:13 | 24:27 | 41:13 | 49:45 | 1:24:54 | 3:00:32 | 68:59 | 106:66 |
| 80 | 16:22 | 24:41 | 41:38 | 50:15 | 1:25:47 | 3:02:43 | 67:06 | 103:63 |
| 81 | 16:31 | 24:56 | 42:03 | 50:46 | 1:26:44 | 3:05:02 | 65:49 | 100:51 |
| 82 | 16:42 | 25:12 | 42:31 | 51:20 | 1:27:44 | 3:07:31 | 63:87 | 97:31 |
| 83 | 16:53 | 25:28 | 42:59 | 51:55 | 1:28:48 | 3:10:10 | 62:20 | 94:02 |
| 84 | 17:04 | 25:46 | 43:30 | 52:33 | 1:29:56 | 3:13:01 | 60:48 | 90:64 |
| 85 | 17:16 | 26:05 | 44:03 | 53:13 | 1:31:09 | 3:16:06 | 58:70 | 87:17 |
| 86 | 17:29 | 26:25 | 44:37 | 53:55 | 1:32:27 | 3:19:25 | 56:87 | |
| 87 | 17:43 | 26:46 | 45:15 | 54:41 | 1:33:51 | 3:23:01 | 54:98 | |
| 88 | 17:58 | 27:09 | 45:55 | 55:30 | 1:35:21 | 3:26:55 | 53:02 | |
| 89 | 18:14 | 27:33 | 46:38 | 56:23 | | | | |
| 90 | 18:31 | 28:00 | 47:24 | 57:20 | | | | |
| 91 | 18:50 | 28:28 | 48:14 | 58:21 | | | | |
| 92 | 19:10 | 28:59 | 49:08 | 59:28 | | | | |
| 93 | 19:31 | 29:33 | 50:07 | 1:00:41 | | | | |
| 94 | 19:55 | 30:09 | 51:12 | 1:02:01 | | | | |
| 95 | 20:21 | 30:49 | 52:23 | 1:03:29 | | | | |

Revised February 2021

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

AGE STANDARDS (PER RIDER) - WOMEN TANDEM TRICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|---------|---------|-------|--------|
| 40 | 14:44 | 22:11 | 37:15 | 44:53 | 1:15:57 | 2:37:55 | 91:49 | 160:11 |
| 41 | 14:46 | 22:15 | 37:22 | 45:00 | 1:16:11 | 2:38:25 | 90:96 | 159:00 |
| 42 | 14:49 | 22:18 | 37:28 | 45:08 | 1:16:24 | 2:38:56 | 90:43 | 157:89 |
| 43 | 14:51 | 22:22 | 37:34 | 45:16 | 1:16:38 | 2:39:27 | 89:90 | 156:77 |
| 44 | 14:54 | 22:26 | 37:41 | 45:24 | 1:16:52 | 2:39:58 | 89:36 | 155:65 |
| 45 | 14:56 | 22:30 | 37:48 | 45:32 | 1:17:06 | 2:40:30 | 88:81 | 154:51 |
| 46 | 14:59 | 22:34 | 37:55 | 45:40 | 1:17:21 | 2:41:03 | 88:26 | 153:35 |
| 47 | 15:02 | 22:38 | 38:02 | 45:49 | 1:17:36 | 2:41:37 | 87:70 | 152:18 |
| 48 | 15:05 | 22:42 | 38:09 | 45:58 | 1:17:51 | 2:42:12 | 87:13 | 150:99 |
| 49 | 15:07 | 22:47 | 38:16 | 46:07 | 1:18:07 | 2:42:47 | 86:54 | 149:78 |
| 50 | 15:10 | 22:51 | 38:24 | 46:16 | 1:18:23 | 2:43:24 | 85:95 | 148:55 |
| 51 | 15:13 | 22:56 | 38:32 | 46:25 | 1:18:40 | 2:44:02 | 85:34 | 147:29 |
| 52 | 15:17 | 23:00 | 38:40 | 46:35 | 1:18:57 | 2:44:41 | 84:72 | 146:00 |
| 53 | 15:20 | 23:05 | 38:48 | 46:45 | 1:19:15 | 2:45:22 | 84:09 | 144:68 |
| 54 | 15:23 | 23:10 | 38:57 | 46:56 | 1:19:33 | 2:46:04 | 83:44 | 143:33 |
| 55 | 15:27 | 23:16 | 39:06 | 47:07 | 1:19:52 | 2:46:48 | 82:77 | 141:95 |
| 56 | 15:30 | 23:21 | 39:15 | 47:18 | 1:20:12 | 2:47:33 | 82:09 | 140:54 |
| 57 | 15:34 | 23:27 | 39:25 | 47:30 | 1:20:33 | 2:48:20 | 81:39 | 139:09 |
| 58 | 15:38 | 23:33 | 39:35 | 47:42 | 1:20:54 | 2:49:09 | 80:67 | 137:60 |
| 59 | 15:42 | 23:39 | 39:45 | 47:55 | 1:21:16 | 2:50:00 | 79:93 | 136:07 |
| 60 | 15:46 | 23:45 | 39:56 | 48:08 | 1:21:39 | 2:50:53 | 79:17 | 134:50 |
| 61 | 15:50 | 23:51 | 40:07 | 48:21 | 1:22:03 | 2:51:48 | 78:39 | 132:89 |
| 62 | 15:55 | 23:58 | 40:19 | 48:35 | 1:22:28 | 2:52:46 | 77:58 | 131:24 |
| 63 | 15:59 | 24:05 | 40:31 | 48:50 | 1:22:54 | 2:53:46 | 76:76 | 129:54 |
| 64 | 16:04 | 24:13 | 40:43 | 49:06 | 1:23:21 | 2:54:49 | 75:91 | 127:80 |
| 65 | 16:09 | 24:20 | 40:57 | 49:22 | 1:23:50 | 2:55:55 | 75:03 | 126:01 |
| 66 | 16:14 | 24:28 | 41:10 | 49:39 | 1:24:20 | 2:57:04 | 74:13 | 124:16 |
| 67 | 16:20 | 24:37 | 41:25 | 49:56 | 1:24:51 | 2:58:17 | 73:21 | 122:27 |

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|---------|---------|---------|-------|--------|
| 68 | 16:26 | 24:46 | 41:40 | 50:14 | 1:25:23 | 2:59:32 | 72:25 | 120:32 |
| 69 | 16:32 | 24:55 | 41:56 | 50:34 | 1:25:57 | 3:00:52 | 71:27 | 118:32 |
| 70 | 16:38 | 25:04 | 42:12 | 50:54 | 1:26:33 | 3:02:16 | 70:26 | 116:27 |
| 71 | 16:45 | 25:14 | 42:29 | 51:15 | 1:27:10 | 3:03:44 | 69:22 | 114:16 |
| 72 | 16:51 | 25:25 | 42:47 | 51:37 | 1:27:49 | 3:05:17 | 68:15 | 111:99 |
| 73 | 16:59 | 25:36 | 43:06 | 52:00 | 1:28:30 | 3:06:54 | 67:05 | 109:75 |
| 74 | 17:06 | 25:47 | 43:26 | 52:24 | 1:29:14 | 3:08:37 | 65:92 | 107:46 |
| 75 | 17:14 | 26:00 | 43:47 | 52:50 | 1:29:59 | 3:10:26 | 64:75 | 105:10 |
| 76 | 17:23 | 26:12 | 44:09 | 53:16 | 1:30:47 | 3:12:22 | 63:54 | 102:68 |
| 77 | 17:31 | 26:26 | 44:32 | 53:45 | 1:31:38 | 3:14:24 | 62:30 | 100:18 |
| 78 | 17:41 | 26:40 | 44:57 | 54:15 | 1:32:31 | 3:16:33 | 61:02 | 97:62 |
| 79 | 17:50 | 26:55 | 45:22 | 54:46 | 1:33:28 | 3:18:51 | 59:71 | 94:99 |
| 80 | 18:01 | 27:10 | 45:50 | 55:19 | 1:34:28 | 3:21:17 | 58:35 | 92:28 |
| 81 | 18:12 | 27:27 | 46:19 | 55:55 | 1:35:31 | 3:23:54 | | |
| 82 | 18:23 | 27:45 | 46:49 | 56:32 | 1:36:39 | 3:26:41 | | |
| 83 | 18:35 | 28:03 | 47:21 | 57:12 | 1:37:51 | 3:29:40 | | |
| 84 | 18:48 | 28:23 | 47:56 | 57:54 | 1:39:07 | 3:32:52 | | |
| 85 | 19:02 | 28:44 | 48:32 | 58:39 | 1:40:29 | 3:36:19 | | |
| 86 | 19:17 | 29:07 | 49:12 | 59:27 | | | | |
| 87 | 19:32 | 29:31 | 49:53 | 1:00:18 | | | | |
| 88 | 19:49 | 29:56 | 50:38 | 1:01:13 | | | | |
| 89 | 20:07 | 30:24 | 51:26 | 1:02:13 | | | | |
| 90 | 20:26 | 30:54 | 52:18 | 1:03:16 | | | | |
| 91 | 20:47 | 31:25 | 53:15 | 1:04:26 | | | | |
| 92 | 21:09 | 32:00 | 54:15 | 1:05:41 | | | | |
| 93 | 21:34 | 32:38 | 55:22 | 1:07:03 | | | | |
| 94 | 22:00 | 33:19 | 56:34 | 1:08:32 | | | | |
| 95 | 22:29 | 34:03 | 57:54 | 1:10:11 | | | | |

Revised February 2021

A tandem combined standard is derived by adding the two individual standards from this and/or the facing table.

VETS AGE HANDICAPS - MEN SOLO BICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|-------|-------|-------|-------|
| 40 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 00:00 | 0:00 | 0:00 |
| 41 | 00:04 | 00:06 | 00:11 | 00:13 | 00:23 | 00:51 | 1:26 | 2:71 |
| 42 | 00:08 | 00:13 | 00:22 | 00:26 | 00:46 | 01:43 | 2:52 | 5:42 |
| 43 | 00:13 | 00:19 | 00:32 | 00:39 | 01:09 | 02:35 | 3:80 | 8:15 |
| 44 | 00:17 | 00:26 | 00:44 | 00:53 | 01:33 | 03:28 | 5:08 | 10:90 |
| 45 | 00:21 | 00:32 | 00:55 | 01:07 | 01:57 | 04:23 | 6:38 | 13:68 |
| 46 | 00:26 | 00:39 | 01:07 | 01:21 | 02:21 | 05:19 | 7:70 | 16:50 |
| 47 | 00:30 | 00:46 | 01:19 | 01:35 | 02:47 | 06:16 | 9:04 | 19:35 |
| 48 | 00:35 | 00:53 | 01:31 | 01:50 | 03:13 | 07:15 | 10:40 | 22:26 |
| 49 | 00:40 | 01:01 | 01:43 | 02:05 | 03:39 | 08:15 | 11:79 | 25:21 |
| 50 | 00:45 | 01:08 | 01:56 | 02:21 | 04:07 | 09:17 | 13:20 | 28:22 |
| 51 | 00:50 | 01:16 | 02:10 | 02:37 | 04:35 | 10:22 | 14:65 | 31:28 |
| 52 | 00:55 | 01:24 | 02:23 | 02:54 | 05:04 | 11:28 | 16:12 | 34:42 |
| 53 | 01:01 | 01:32 | 02:37 | 03:11 | 05:34 | 12:37 | 17:63 | 37:62 |
| 54 | 01:06 | 01:41 | 02:52 | 03:29 | 06:06 | 13:48 | 19:18 | 40:89 |
| 55 | 01:12 | 01:50 | 03:07 | 03:47 | 06:38 | 15:02 | 20:76 | 44:24 |
| 56 | 01:18 | 01:59 | 03:23 | 04:06 | 07:12 | 16:18 | 22:39 | 47:67 |
| 57 | 01:24 | 02:08 | 03:39 | 04:26 | 07:46 | 17:38 | 24:06 | 51:19 |
| 58 | 01:31 | 02:18 | 03:56 | 04:47 | 08:23 | 19:01 | 25:77 | 54:80 |
| 59 | 01:38 | 02:28 | 04:14 | 05:08 | 09:00 | 20:27 | 27:53 | 58:49 |
| 60 | 01:45 | 02:39 | 04:32 | 05:30 | 09:39 | 21:57 | 29:34 | 62:28 |
| 61 | 01:52 | 02:50 | 04:51 | 05:53 | 10:20 | 23:31 | 31:20 | 66:17 |
| 62 | 02:00 | 03:02 | 05:11 | 06:18 | 11:02 | 25:08 | 33:11 | 70:16 |
| 63 | 02:08 | 03:14 | 05:31 | 06:43 | 11:46 | 26:51 | 35:07 | 74:26 |
| 64 | 02:16 | 03:26 | 05:53 | 07:09 | 12:32 | 28:37 | 37:09 | 78:47 |
| 65 | 02:24 | 03:39 | 06:15 | 07:36 | 13:21 | 30:29 | 39:17 | 82:78 |
| 66 | 02:33 | 03:53 | 06:38 | 08:04 | 14:11 | 32:26 | 41:30 | 87:22 |
| 67 | 02:43 | 04:07 | 07:03 | 08:34 | 15:03 | 34:29 | 43:50 | 91:77 |

Vets age handicap tables for both genders and all machine types are available on the VTTA website.

Go to "Record tables" then "Download" and select either PDF or Excel format.

In the PDF refer to pages 13 to 20 or 23 and 24. In the Excel refer to tabs across the screen bottom for all categories.

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|-------|---------|--------|--------|
| 68 | 02:52 | 04:22 | 07:28 | 09:05 | 15:58 | 36:37 | 45:76 | 96:44 |
| 69 | 03:02 | 04:37 | 07:55 | 09:38 | 16:56 | 38:52 | 48:09 | 101:23 |
| 70 | 03:13 | 04:54 | 08:23 | 10:17 | 17:56 | 41:14 | 50:49 | 106:16 |
| 71 | 03:24 | 05:11 | 08:52 | 10:47 | 18:59 | 43:43 | 52:95 | 111:21 |
| 72 | 03:36 | 05:28 | 09:23 | 11:24 | 20:06 | 46:20 | 55:49 | 116:40 |
| 73 | 03:48 | 05:47 | 09:55 | 12:04 | 21:16 | 49:05 | 58:10 | 121:73 |
| 74 | 04:01 | 06:07 | 10:28 | 12:45 | 22:29 | 52:00 | 60:79 | 127:19 |
| 75 | 04:14 | 06:27 | 11:04 | 13:28 | 23:46 | 55:04 | 63:56 | 132:81 |
| 76 | 04:29 | 06:49 | 11:41 | 14:13 | 25:07 | 58:20 | 66:42 | 138:57 |
| 77 | 04:44 | 07:11 | 12:20 | 15:01 | 26:33 | 1:01:46 | 69:35 | 144:48 |
| 78 | 04:59 | 07:35 | 13:02 | 15:52 | 28:04 | 1:05:26 | 72:38 | 150:54 |
| 79 | 05:16 | 08:01 | 13:45 | 16:45 | 29:40 | 1:09:19 | 75:49 | 156:77 |
| 80 | 05:33 | 08:27 | 14:31 | 17:42 | 31:21 | 1:13:27 | 78:70 | 163:16 |
| 81 | 05:52 | 08:55 | 15:20 | 18:41 | 33:09 | 1:17:52 | 82:01 | 169:72 |
| 82 | 06:11 | 09:25 | 16:12 | 19:44 | 35:03 | 1:22:35 | 85:42 | 176:44 |
| 83 | 06:32 | 09:57 | 17:07 | 20:52 | 37:05 | 1:27:38 | 88:93 | 183:35 |
| 84 | 06:54 | 10:30 | 18:05 | 22:03 | 39:14 | 1:33:03 | 92:56 | 190:43 |
| 85 | 07:17 | 11:06 | 19:07 | 23:19 | 41:33 | 1:38:54 | 96:29 | 197:70 |
| 86 | 07:42 | 11:44 | 20:13 | 24:41 | 44:01 | 1:45:13 | 100:15 | |
| 87 | 08:08 | 12:25 | 21:24 | 26:08 | 46:41 | 1:52:03 | 104:12 | |
| 88 | 08:37 | 13:08 | 22:40 | 27:41 | 49:32 | 1:59:29 | 108:23 | |
| 89 | 09:07 | 13:55 | 24:02 | 29:21 | 52:37 | 2:07:37 | 112:47 | |
| 90 | 09:40 | 14:45 | 25:30 | 31:09 | 55:58 | 2:16:31 | 116:85 | |
| 91 | 10:15 | 15:39 | 27:05 | 33:07 | | | | |
| 92 | 10:53 | 16:38 | 28:48 | 35:14 | | | | |
| 93 | 11:34 | 17:41 | 30:40 | 37:33 | | | | |
| 94 | 12:19 | 18:51 | 32:43 | 40:05 | | | | |
| 95 | 13:08 | 20:07 | 34:58 | 42:52 | | | | |

Revised February 2021

VETS AGE HANDICAPS - WOMEN SOLO BICYCLE

| Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H | Age | 10M | 15M | 25M | 30M | 50M | 100M | 12H | 24H |
|-----|-------|-------|-------|-------|-------|---------|-------|--------|-----|-------|-------|-------|-------|---------|---------|--------|-----------------------|
| 40 | 02:27 | 03:42 | 06:12 | 07:28 | 12:39 | 26:18 | 26:33 | 41:56 | 68 | 05:41 | 08:36 | 14:35 | 17:40 | 30:35 | 1:07:25 | 66:94 | 126:16 |
| 41 | 02:32 | 03:49 | 06:24 | 07:43 | 13:04 | 27:15 | 27:45 | 43:92 | 69 | 05:52 | 08:53 | 15:05 | 18:17 | 31:40 | 1:09:56 | 69:01 | 130:40 |
| 42 | 02:37 | 03:56 | 06:36 | 07:58 | 13:30 | 28:13 | 28:57 | 46:29 | 70 | 06:04 | 09:11 | 15:37 | 18:55 | 32:47 | 1:12:36 | 71:14 | 134:75 |
| 43 | 02:41 | 04:03 | 06:49 | 08:13 | 13:56 | 29:12 | 29:70 | 48:67 | 71 | 06:17 | 09:30 | 16:09 | 19:35 | 33:58 | 1:15:23 | 73:34 | 139:22 |
| 44 | 02:46 | 04:10 | 07:01 | 08:28 | 14:23 | 30:12 | 30:84 | 51:08 | 72 | 06:30 | 09:50 | 16:44 | 20:17 | 35:13 | 1:18:19 | 75:59 | 143:81 |
| 45 | 02:51 | 04:18 | 07:14 | 08:43 | 14:50 | 31:13 | 31:99 | 53:51 | 73 | 06:43 | 10:11 | 17:20 | 21:01 | 36:31 | 1:21:25 | 77:92 | 148:53 |
| 46 | 02:56 | 04:25 | 07:27 | 08:59 | 15:18 | 32:16 | 33:16 | 55:97 | 74 | 06:58 | 10:33 | 17:58 | 21:47 | 37:53 | 1:24:41 | 80:31 | 153:37 |
| 47 | 03:01 | 04:33 | 07:40 | 09:15 | 15:46 | 33:20 | 34:34 | 58:46 | 75 | 07:13 | 10:56 | 18:38 | 22:36 | 39:20 | 1:28:08 | 82:77 | 158:35 |
| 48 | 03:07 | 04:41 | 07:54 | 09:32 | 16:15 | 34:26 | 35:55 | 61:00 | 76 | 07:29 | 11:21 | 19:19 | 23:27 | 40:51 | 1:31:47 | 85:31 | 163:47 |
| 49 | 03:12 | 04:50 | 08:08 | 09:49 | 16:45 | 35:34 | 36:78 | 63:58 | 77 | 07:46 | 11:46 | 20:03 | 24:20 | 42:28 | 1:35:40 | 87:93 | 168:72 |
| 50 | 03:18 | 04:58 | 08:23 | 10:07 | 17:16 | 36:43 | 38:04 | 66:21 | 78 | 08:03 | 12:13 | 20:50 | 25:17 | 44:10 | 1:39:46 | 90:62 | 174:12 |
| 51 | 03:23 | 05:07 | 08:38 | 10:25 | 17:48 | 37:56 | 39:32 | 68:90 | 79 | 08:22 | 12:41 | 21:39 | 26:17 | 45:57 | 1:44:08 | 93:39 | 179:67 |
| 52 | 03:29 | 05:16 | 08:53 | 10:44 | 18:20 | 39:10 | 40:63 | 71:64 | 80 | 08:41 | 13:11 | 22:31 | 27:20 | 47:51 | 1:48:46 | 96:25 | 185:37 |
| 53 | 03:35 | 05:25 | 09:09 | 11:03 | 18:54 | 40:27 | 41:97 | 74:44 | 81 | 09:02 | 13:43 | 23:25 | 28:27 | 49:52 | 1:53:44 | 99:20 | 191:22 |
| 54 | 03:42 | 05:35 | 09:25 | 11:23 | 19:29 | 41:47 | 43:34 | 77:31 | 82 | 09:24 | 14:16 | 24:23 | 29:38 | 52:00 | 1:59:01 | 102:24 | 197:23 |
| 55 | 03:48 | 05:45 | 09:42 | 11:44 | 20:06 | 43:10 | 44:75 | 80:25 | 83 | 09:47 | 14:52 | 25:25 | 30:54 | 54:17 | 2:04:42 | 105:37 | 203:41 |
| 56 | 03:55 | 05:55 | 10:00 | 12:05 | 20:43 | 44:36 | 46:19 | 83:26 | 84 | 10:12 | 15:30 | 26:30 | 32:14 | 56:43 | 2:10:47 | 108:60 | 209:75 |
| 57 | 04:02 | 06:06 | 10:18 | 12:27 | 21:22 | 46:06 | 47:67 | 86:34 | 85 | 10:38 | 16:10 | 27:40 | 33:40 | 59:18 | 2:17:21 | 111:94 | 216:27 |
| 58 | 04:09 | 06:17 | 10:37 | 12:50 | 22:03 | 47:39 | 49:19 | 89:51 | 86 | 11:06 | 16:52 | 28:55 | 35:11 | 1:02:05 | 2:24:26 | 115:38 | |
| 59 | 04:17 | 06:28 | 10:57 | 13:14 | 22:45 | 49:16 | 50:75 | 92:75 | 87 | 11:35 | 17:38 | 30:14 | 36:49 | 1:05:04 | 2:32:07 | 118:93 | |
| 60 | 04:25 | 06:40 | 11:17 | 13:39 | 23:29 | 50:56 | 52:36 | 96:08 | 88 | 12:07 | 18:27 | 31:39 | 38:33 | 1:08:16 | 2:40:28 | 122:60 | |
| 61 | 04:33 | 06:53 | 11:39 | 14:05 | 24:15 | 52:42 | 54:01 | 99:50 | 89 | 12:41 | 19:19 | 33:11 | 40:26 | 1:11:44 | 2:49:36 | 126:39 | |
| 62 | 04:41 | 07:06 | 12:01 | 14:32 | 25:02 | 54:31 | 55:70 | 103:01 | 90 | 13:18 | 20:15 | 34:50 | 42:28 | 1:15:29 | 2:59:36 | 130:31 | |
| 63 | 04:50 | 07:19 | 12:24 | 15:00 | 25:52 | 56:26 | 57:44 | 106:62 | 91 | 13:57 | 21:16 | 36:37 | 44:39 | | | | |
| 64 | 05:00 | 07:33 | 12:48 | 15:30 | 26:44 | 58:26 | 59:24 | 110:32 | 92 | 14:40 | 22:22 | 38:32 | 47:02 | | | | |
| 65 | 05:09 | 07:48 | 13:13 | 16:00 | 27:38 | 1:00:31 | 61:08 | 114:12 | 93 | 15:26 | 23:33 | 40:38 | 49:38 | | | | |
| 66 | 05:19 | 08:03 | 13:39 | 16:32 | 28:34 | 1:02:43 | 62:98 | 118:03 | 94 | 16:17 | 24:51 | 42:56 | 52:29 | | | | |
| 67 | 05:30 | 08:19 | 14:07 | 17:06 | 29:33 | 1:05:00 | 64:93 | 122:04 | 95 | 17:12 | 26:17 | 45:28 | 55:36 | | | | Revised February 2021 |

Vets age handicap tables for both genders and all machine types are available on the VTTA website.

Go to "Record tables" then "Download" and select either PDF or Excel format.

In the PDF refer to pages 13 to 20 or 23 and 24. In the Excel refer to tabs across the screen bottom for all categories.



Front cover - Angela Carpenter (...a3crg and Wessex Group), VTТА National Champion in 2021 at 10, 15, 25, 30 and 50 miles

Back cover - Angela Carpenter's collection of 2021 VTТА National Champion's jerseys and caps



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