

VETERANS TIME TRIALS ASSOCIATION



Scotland's Group Team medallist Robbie Mitchell (Auchencrow Thistle CC) oblivious of the beautiful Welsh Borders scenery in the RTTC/VTTA 12 Hour Championship

The Veteran

Number 76 : December 2022



THE VETERAN

The quarterly magazine of the
Veterans Time Trials Association



Founded in 1943 to promote cycle time trialling for those aged 40 and over

Number 76

December 2022

• NATIONAL EXECUTIVE 2022/23 •

President		Tony Farrell (Manchester & North West) 01625 820210 : f.t.a.1@icloud.com
Chairman		Andrew Simpkins (Midlands) 07767 835004 : chairman@vtta.org.uk
National Secretary		Rachael Elliott (London & Home Counties) 07931 722817 : secretary@vtta.org.uk
Treasurer		Ian Pritchard (West) 01275 845779 : i.pritchard@sky.com
Membership Secretary		Merv Player (East Anglian) 01438 814154 : mervplayer33@gmail.com
Road Records Secretary		Geoff Perry (London & Home Counties) 07808 839811 : geoffreyperry@aol.com
Track Records & Awards Secretary		Ian Greenstreet (London & Home Counties) 07980 301321 : iangreenstreet@gmail.com
IT Manager		Jon Fairclough (Scotland) 01573 963125 / 07976 558616 : itmanager@vtta.org.uk
Editor & Advertising Secretary		Mike Penrice (Yorkshire) Tawnylands, South Duffield Road, Osgodby, Selby, YO8 5HP 01757 291196 / 07598 168709 : editor@vtta.org.uk

The National Executive is supported by the National Forum,
comprising delegates from each of our 16 groups
and is chaired by the President.

Vice Presidents

Eddie Green and Jim Burgin

Website : vtta.org.uk and Facebook



Merry Christmas and a Happy New Year



THE DECEMBER EDITORIAL

I like feedback from the members; it proves that someone is reading The Veteran and that my efforts as editor have not been in vain. So after the September Veteran I was pleased to receive reaction from a West Group member supporting my criticism of the 'preying mantis' tri-bar position. But, like me, he admitted to being too old, slow and mean to try the position.

There was also a good reaction to the Tour of Cambridgeshire feature in the last magazine and requests for a follow up on the riders who qualified for the UCI Gran Fondo World TT Championships in Italy. So we have the report, and it's congratulations to VTTA member and now World Champion Richard Oakes and to our two silver medallists Kevin Tye and Debbie Sheridan.

Some more traditionalist members may be of the opinion that a report of a UCI Time Trial in a foreign land has no place in a VTTA publication as it is not a VTTA (or even CTT) activity. I disagree - if it's a veteran's time trialling then it's all part of the bigger picture and something of interest and which some of our members aspire to being part of.

There is lots of activity within the VTTA organisation and we seem to be bucking the trend with good participation in events and competitions and with an expanding programme. As part of the NEC I can see that we are good at looking critically at what we do, are flexible and willing to propose bold changes for the good of the sport. The VTTA standards system of competition has been our biggest asset for almost 80 years, so the proposal to replace it with 'age adjustments' has been developed cautiously over the last three years from when it was initially proposed by a letter writer in these pages. In doing so it has drawn strong support from national and group officials as a means of de-mystifying the VTTA's age related system of racing, thus making it more attractive to the many more veteran time triallists who we hope to welcome into our ranks. The forthcoming AGM, the agenda for which accompanies this magazine, could be the most important one for years.

The approach of the AGM always brings with it announcements of the C W Cooke and Ted Bricknell Awards, which follow on page 7 and in the AGM annual report. Therefore it is with some embarrassment that I accept the Bricknell Award for my efforts as editor of this magazine. However, in doing so I must give credit to all the many other contributors, who should also have a share in the Award; they all help to give the magazine variety and to keep the membership informed. Returning to my opening remark - I like feedback, so thanks for the support.

As 2022 comes to a close I wish you all a very enjoyable Christmas and a happy, prosperous and successful New Year, with hopefully a few age adjusted successes!

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Mike Penrice

PRESIDENT'S PIECE

SEASON'S GREETINGS TO ALL!

The end of another season and we enter that period of the year of award ceremonies and luncheons... the celebrations of success.

There have been many reasons for such this past year, with well publicised and organised national events, deserving medal winners, both individuals and teams, and some record-breaking performances.

Recently I have been fortunate to be able to sign several record certificates for John Lee of Icknield Road Club and L&HC Group. Stemming from 2019 to the current year, John has annually set record times on the track covering all distances from 5k to the hour. At 93 years of age, he is a true example of our motto *"Competitive cycling for life."*

Well done to John and hopefully I will be signing more certificates next season.

When you come to read this edition of The Veteran you should be aware of the discussion paper from the NEC, presented to the National Forum in November. It was outlining the possible wider use of the Veteran's Handicap Result (VHR) in place of 'plusses' for our national championships, season long competitions and other VTTA events.

The backcloth to the paper is the dwindling number of riders in CTT events and therefore, VTTA. Over time there has been a steady decline in competitor numbers, 35% over the past five years, leaving our sport in a challenging situation. Within the NEC and groups there is a determined will to meet the challenge and reverse the downward trend.

Amongst the comments that have been shared with me are fewer but better presented events, and encouragement for the inclusion of a road bike category in VTTA promoted events.

The forthcoming Forum could be a very interesting meeting.

The past year has seen a continuing commitment to the National Forum. At each meeting all groups were represented and there have been many constructive and challenging contributions. The Forum has given all a greater opportunity to be involved in the future of our VTTA.

One point I will make is that there is a view that the agenda is NEC led. I would stress that is not the NEC intention and we would welcome more items, ideas, and challenges from the Groups.

Notwithstanding that point, thanks for your attendance and company on ZOOM!

As we approach the end of another year let us reflect on the past season and the effort and time Group members have contributed to staging our events. There have been examples where organisers and their teams have prepared to stage an event but were thwarted from doing so by road works, small numbers of riders etc.

Whether the event goes ahead or not, the time taken to prepare for the day does not diminish.

Thank you to all involved in every event over the past year.

On a lighter and very positive note, I welcome Andrew Simpkins' decision to remain in post as National Chairman for at least a further year. It is my opinion that under Andrew's guidance the VTTA has developed into a more assertive and modern association.

I leave you to look forward to a pleasant seasonal celebration with family, friends and loved ones.

Wishing all a good New Year, take care out there.

Tony Farrell

CHAIRMAN'S PIECE

It has been a rather tumultuous last few months in the world of cycling in the UK. The announcement of British Cycling's deal with Shell resulted in a lot of critical media coverage and an as yet unknown number of resignations. This was shortly followed by the departure of the Chief Executive. I thought this was yet another sad example of 'greenwashing', using our sport to put a gloss on one of the major fossil fuel companies. I understand that BC was desperately seeking to address a major shortfall in funding, but it says a lot about the world we live in that money continues to trump the deep concerns about the future of the planet.

In the more specialised world of time trialling there has been increasing concern over the situation of the CTT. They have reported a 45% decline in numbers in open events over the last 6 years and a similar if slightly lower decline in the number of club rides. One obvious consequence is the major impact this is having on CTT finances which are so dependent on race levies. There are no doubt multiple factors behind this decline, not least the impact of the pandemic, and there is no single and simple panacea. We must hope the new Board and Andrea Parrish, the new chair, will take steps to modernise and publicise our sport. We have invited Andrea to our AGM in January where hopefully we can share ideas on how to move things forward. The NEC is working on a paper setting out various actions we can take as the VTTA. More news of this in the new year.

The VTTA is fortunate in having what we may think is the 'hard core' of British time triallists. Over 70% of all rides in 2022 were by riders aged over 40. VTTA membership has fallen by around 7% in the last 3 years (from 2730 to around 2530), a lower drop than we might have feared given the general fall-off in sporting participation arising from the pandemic. We have just finalised the results of the season long competitions and qualifying riders in the Short Distance Competition actually rose this year from 349 to 371. Numbers fell somewhat in the BAR and slightly in the Three Distance, a sign of the trend towards members wanting to ride the shorter events but combined with the loss of several longer distance events in recent years. So the VTTA is not in crisis but we can't be complacent about the future. We continue to think of where we can introduce positive changes that help members enjoy their participation in time trialling and increase their sense of achievement.

Andrew

THE MONEY COLUMN

The Accounts are completed and have been signed off by the VTTA Examiner Margaret Colburn - many thanks Margaret.

The Balance sheet and details can be found within the separate 2023 AGM Agenda and Statement of Accounts. The headline looks good with a profit of £1,547.82, however it must be stated that this is only due to the Age Records Website upgrade (total cost £7,500) as only 50% has been paid to date. The Xncreations work ran a little late, hence we only paid £3,750 for the release that would enable Jon to carry out testing.

Our 2022 subscription income was down on what we were hoping for by almost £2,000 and we had several unexpected but necessary expenditures. However the biggest was the up front payment of £2,041 to our new medal supplier, Tower Trophies; this was to enable ordering of the blanks and carryout the engraving for the 2022 medals in good time for their presentation.

Next year will be financially tight as have the 2023 AGM in January and the costs will be in the order of £1,800. Hope to meet up with some of you at the AGM

Remember stay safe and let's be careful out there.

Ian

A WELCOME TO NEW MEMBERS JOINED AUGUST/SEPTEMBER/OCTOBER 2022

East Anglian Group

Thomas Carroll (CC Breckland)

East Midlands Group

Keith Palmer (Ilkeston CC), George Reynolds (no club), Matthew Uttley (Nottingham Clarion CC)

Kent

Tom Richardson (San Fairy Ann CC)

London & Home Counties Group

Anne Bennett (Serpentine RC), Karine Jones (Verulam Really Moving), Garret Fay, Pat Lindsay, Iain Wilson (all Icknield RC)

Manchester & North West Group

Anthony Yates (no club)

Midlands Group

Ian Foster (Stafford Road Club)

North Group

Paul Sander (Stockton Wheelers CC), Neil Wishart (Darlington Cycling Club)

North Lancs & Lakes

Richard Helm, Jonny Hill (both Barrow Central Wheelers)

North Midlands

Andrew Mosley (Lincoln Wheelers), Richard Walker (Bristol South Cycling Club)

Surrey/Sussex Group

Paul Burton (Paceline RT), Mark Gidney (Southborough & District Wheelers)

West Group

Lindsay Philp (Wadebridge Coasters)

Yorkshire Group

Tim Garwell (Otley CC)

MEMBERSHIP RENEWAL REMINDER

Just a reminder that memberships are now due for renewal, unless you joined after 1st October 2022. To continue to receive all the benefits of VTTA membership why wait, do it now! You can rejoin by logging into your account at vta.org.uk or by sending the appropriate fee to your Group Secretary. Fees differ by group but can be found on the website.

If you have not already linked your VTTA and CTT accounts this is also a good opportunity; your VTTA profile will show whether this still needs to be done.

While you are doing this please also check that your personal details, including email and postal addresses and phone numbers are correct. If you intend racing and wish to be entered for the season long competitions ensure these boxes are checked on the competitions tab and ensure your club is correct and if possible uses the same spelling as on your CTT profile.

Whilst doing your membership admin you could also enter for your personal standard awards.

Life members should also remember that they need to now pay their annual subscription to The Veteran; this is currently £8.

C. W. COOKE TROPHY AND TED BRICKNELL MEMORIAL AWARDS 2022

These awards are nominated by the Groups and determined by the NEC. For 2022 there were 6 nominees for the Cooke Trophy and 4 for the Bricknell Award. All were of a high standard and worthy of consideration.

Ted Bricknell Memorial Award is given for outstanding services to the Association and for 2022 is made to Mike Penrice of Yorkshire Group.

Following is the text of one of his Group nominations: "Editor of The Veteran for over six years, Mike is a significant person within the national association. If he was solely to produce the quarterly magazine that alone is a major undertaking. However, he is a critical member of the NEC and his shrewd, insightful comments contribute to the discussion and decision making within the Committee.

He is, by nature, an unassuming person who shuns affirmation, whilst fulfilling a role that would daunt many others. He has a range of skills and knowledge that enable him to offer critical advice and support to colleagues. His commitment to VTTA and its development is steadfast and manifest in so many ways. An event organiser, timekeeper, general supporter of local and national events, Mike contributes in so many ways."

C. W. Cooke Trophy is given for the most meritorious racing performances of the season and for 2022 is awarded to John Lee of London and Home Counties Group.

John has been time trialling, as a member of Icknield Road Club, since the 1950s and upon reaching his 40th birthday he continued as a VTTA member, winning many local and national awards. In recent years he has focused on an annual assault on VTTA outdoor track age records on his local Welwyn track. After an interrupted two years due to the covid pandemic he was back on course in 2022. Now at 93 years old (our oldest competitive member) he established a 1 hour record, of 15.70 miles, and in doing so also set intermediate records at 5km, 5 miles, 10km, 10 miles and 20km. His record attempt generated media interest and was recorded and subsequently broadcast on BBC East.

John has nurtured his continued good health by a wholesome diet and by training regularly on the track and turbo. His enthusiasm demonstrates what can be achieved and he epitomizes the VTTA motto "Competitive cycling for life".

The Fellowship of Cycling



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and read the quarterly
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Adam Pride (FCOT)
76 Foredown Drive,
Portslade
Brighton, BN41 2BE
Email:
adampride@talktalk.net
Website:
www.fcot.org.uk

VTTA NATIONAL 12 HOUR CHAMPIONSHIP

Sunday 4th September 2022

Report by NEC Representative Geoff Perry

The CTT/VTTA championships returned to South Wales' Raglan circuit 6 years after its previous visit, run under the experienced auspices of the Welsh CA. Competition was tight in both the women's and men's events, with 32 solo VTТА riders in a total field of 56.

There was a wet start to the event, but it turned into a warm and humid day later on with a slight bit of drizzle on the finishing circuit, near Raglan, Monmouthshire.

CTT ran a live 'Google sheets' results throughout the day, which made life far easier for viewers to keep a track of how the event was unfolding, although when riders become so spread about it's virtually impossible to be infallible.

The winner of the Mens' Championship was local rider Anthony Jones from South Wales Group. This was his first win of a VTТА championship as he only very rarely races further afield, but the ride cemented his place at the top of the VTТА National BAR.

It was the two Christina M's from Scotland Group who took 1-2 in the Women's Championship. Christina Mackenzie is the Women's 12 Hour Champion from Christina Murray in a very close run result, with Joanna Cebrat (Manchester & North West) in third. Despite Murray being one year older than Mackenzie and thus receiving a greater vets handicap, Mackenzie travelled 1.9 miles further than Murray to swing the result by only 0.73 miles on vets handicap distance. As the distance between finishing circuit timekeepers was about 1.5 miles this very close result could not be confirmed until the final calculations had been made.

The two Christina's from Scotland laid a strong foundation for a Scotland win in the Team Group Competition, with Robbie Mitchell being their third counting rider – he was fifth in the Men's Championship. South Wales (Anthony Jones, Christopher Gibbard & Rob Powell) were beaten by about 6 miles, with Kent Group third (Martin Brown, David Greenwood and Alex Mayes) last counting group (i.e. with 3 qualifying riders).

There were no winners of the Club Team Competition as there were no qualifying teams.

Mary Corbett and Norman Harvey, on their well-travelled tandem trike, won the VTТА Tandem Championship, being the sole tandem competitors, with Rachael and Ian still to debut at this distance.

*Christina MacKenzie (Stirling BC)
had a hard fought ride to win the
women's championship*





Marcel Schubert (Darlington CC) has rapidly made a name for himself in the 'vets' and finished third man



Anthony Jones (VMCC powered by Y Beic) powered to over 300 miles to win the championship on his home roads



Christina Murray (Army CU) battled for women's top honours and took silver

Championship images courtesy of
Kimroy Photography 

AWARD WINNERS - VTTA 2022 NATIONAL 12 HOUR CHAMPIONSHIP

Award	Name	Club	Group	VH Dist.	Medal
1st Man on VH	Anthony Jones	VMCC powered by Y Beic	S Wales	312.74	Gold
2nd Man on VH	Andrew Whiteside	Springfield Financial RT	N Lancs & Lakes	309.02	Silver
3rd Man on VH	Marcel Schubert	Darlington CC	North	300.40	Bronze
1st Woman on VH	Christina MacKenzie	Stirling BC	Scotland	294.21	Gold
2nd Woman on VH	Christina Murray	Army Cycling	Scotland	293.48	Silver
3rd Woman on VH	Joanna Cebzat	Bury Clarion CC	Manchester & NW	287.83	Bronze
Group Team Champions	Robbie Mitchell	Auchencrow Thistle CC	Scotland	885.40	Gold
	Christina MacKenzie	Stirling BC			Gold
	Christina Murray	Army Cycling			Gold
Club Team Champions	No club teams of three entered				
Tandem Champions	Mary Corbett	Sotonia CC	Wessex	281.88	Gold
	Norman Harvey				Gold

First man and woman on Vets Handicap also each receive a champion's jerseys and cap.

Anthony Jones also receives the Jim Painter Cup (for one year) as 1st overall on Vets Handicap.

FINISHING ORDER - VTTA 2022 NATIONAL 12 HOUR CHAMPIONSHIP								
VH Pos	Name	Club	Group	Age	VH Dist.	Plus	Act. Dist.	Act. Pos.
1	Anthony Jones	VMCC powered by Y Beic	S Wls	49	312.74	+91.19	300.95	1
2	Andrew Whiteside	Springfield Financial RT	NL&L	48	309.02	+87.47	298.62	3
3	Marcel Schubert	Darlington CC	North	41	300.40	+78.85	299.14	2
4	Tom Thornely	Buxton CC	N Mids	40	298.29	+76.74	298.29	4
5	Robbie Mitchell	Auchencrow Thistle CC	Scot	41	297.71	+76.16	296.45	5
6	Andrew Rivett	VC St Raphael	Wssx	51	297.41	+75.86	282.77	7
7	Christopher Gibbard	Bynea CC	S Wls	40	296.19	+74.64	296.19	6
8	Christina MacKenzie	Stirling BC	Scot	45	294.21	+72.66	262.22	10
9	Christina Murray	Army Cycling	Scot	46	293.48	+71.93	260.32	12
10	Martin Brown	7Oaks Tri Club	Kent	61	289.83	+68.28	258.63	13
11	Nick Wilson	Rye & District Whs	S/S	59	289.65	+68.10	262.12	11
12	Joanna Ceburat	Bury Clarion CC	M&NW	43	287.83	+66.28	258.13	14
13	Adam Rogers	Eastbourne Rovers CC	S/S	47	280.55	+59.00	271.51	8
14	Miles Haslam	Buxton CC	N Mids	63	274.96	+53.41	239.89	19
15	Roger Sheridan	North Devon Velo	West	61	274.88	+71.40	243.68	17
16	Andrew Askwith	Vive Le Velo	Yorks	58	272.55	+51.00	246.78	16
17	Rob Powell	Abergavenny RC	S Wls	44	268.92	+47.37	263.84	9
18	Amanda Lane	North Dock Dredgers Tri	S Wls	42	268.83	+47.28	240.26	18
19	Ian Gibson	Abercynon RC	S Wls	62	266.03	+44.48	232.92	22
20	Paul Blamire	Amersham RCC	L&HC	47	264.76	+43.21	255.72	15
21	David Greenwood	Rye & District Whs	Kent	57	260.07	+38.52	236.01	21
22	Mike Hall	Port Talbot Whs CC	S Wls	53	256.09	+34.54	238.46	20
23	Bob Richards	RN & RM CA	West	65	251.42	+29.87	212.26	24
24	Alec Mayes	Ashford Whs	Kent	77	250.79	+29.24	181.44	26
25	Iain Bell	Abergavenny RC	S Wls	50	243.24	+21.69	230.04	23
26	Roger Squire	Fibrax Wrexham RC	M'side	53	228.83	+7.28	211.20	25
DNF	Lisa Davis (Drag2Zero / S/S)							
DNS	Richard Sharp (Chapeau! Vive Le Velo / Yorks), Stuart Edwards (RN & RM CA / West)							
DNS-A	Robert Jones (Cardiff 100 Miles RCC / S Wls), Andy Cook (Chippenham & Dist Whs / West), David Nichol (Ferryhill Whs / North)							
Full results including under-40s and non-VTTA riders can be viewed on the CTT website.								

TANDEM FINISHING ORDER - VTTA 2022 NATIONAL 12 HOUR CHAMPIONSHIP								
VH Pos	Name	Club	Group	Age	VH Dist.	Plus	Act. Dist.	Act. Pos.
1	Mary Corbett	Sotonia CC	Wssx	65	281.88	+51.47	177.50	1
	Norman Harvey			89				

VTTA NATIONAL 25 MILES CHAMPIONSHIP

Sunday 11th September 2022

Report by NEC Representative Andrew Simpkins

This year's national 25 mile championship was held on what is now one of the fastest and most popular courses in the country, the F2A west of Cambridge on the A428 dual carriageway. This helped attract a large entry, and a full field of 150 solos and 5 tandems, with 123 men and 16 women competing for the solo VTTA championships. This was a quality field as well with 11 of the men having an LTS of sub 50 minutes.

The sad death of the Queen during the week, and the cancellation of many sporting events at the weekend, triggered some concern on the Friday morning as to whether the event could proceed but a check of the official government guidance and some phone calls around the National Executive Committee confirmed we could proceed. We held a one minute's silence at the event prior to the presentations.

Sunday morning dawned with fog on the course, but a half hour delayed start gave time for the sun to come up and the fog to clear. It was a mild morning but with an easterly breeze that made things tougher on the return leg of each of the two laps of the course. Conditions were still good though for fast times and many riders will have achieved their 25 mile standard for the season.

The tandem championship was won by that tried and tested pairing of Murray Kirton and Dave Stockley (ages 81/82) whose 1:02:53 gave them a Vets Handicap Result (VHR) of a very impressive 47:45.

With the women it was again Angela Carpenter who continued her great run of form to run out a clear winner and 2022 champion with a time of 52:28. Her VHR of 43:19 shows the real quality of her ride. The silver medal went to a very deserving Arja Scarsbrook who at 74 rode 1:03:51 for a VHR of 45:53 and the bronze went to Linda Dewhurst with 58:50 and a VHR of 46:26.

With such a large men's field there was a tense wait for all the times to come in and it turned into a very tight battle for the medals. Andrew Grant's 53:34 and VHR of 45:39 topped the leader board until Keith Ainsworth came home in 51:01 giving him a narrow winning margin of 9 seconds with his VHR of 45:30. 3rd to 5th were within 10 seconds of each other but another rider in their 60s took the bronze medal with Keith Dorling (51:52, VHR 46:21) just edging Matt Smith's fastest actual on the day (47:14, VHR 46:30) who in turn had just a one second gap on Chris McNamara (47:50, VHR 46:31).

The club team medals went to the local lads from Cambridge CC (Andy Grant, Chris Dyason and Colin Lizieri), with the women from High Wycombe CC second (Joy Payne, Helen Roby, and Dena Ford) and Legato Racing Team in third (Joe Costello, Steve Lorraine and Simon Horsley). The Group team award was again a local affair with East Anglian taking the



Men's medallists Andrew Grant, Keith Ainsworth and Keith Dorling

medals as a result of having three men in the top four with Andy Grant, Keith Dorling and Matt Smith. London & Home Counties were second group team (Linda Dewhurst, Anthony Turner, and Joy Payne) and Surrey/Sussex third (Chris McNamara, Simon McNamara and Nik Allen).



*Cambridge CC club team winners
Chris Dyason, Colin Lizieri and
Andrew Grant*

Some comments from the 2022 champions. Firstly Angela, 'Extremely well organised event as always by Cambridge CC and a good call to delay the start with the thick patchy fog. I have seen some great performances from the women in the last few weeks, so I needed to do a good ride to retain the crown. Conditions felt tough, particularly the return, so the second lap was hard.' And from Keith, 'I didn't ride particularly well actually, although I couldn't squeeze another second out of my body. I think the long season has slowly caught up, but fortunately it was just enough to take the title. The return on both laps was particularly tough into that headwind, but of course it was the same for all, and I was relieved to hit that chequered flag.'

Finally, our thanks to Chris Dyason for his excellent organisation, especially with such a large field, and to the members of Cambridge CC, the timekeepers, and to Keith West for the efficient handling of results at HQ. It's good for the sport and the VTTA when we can put on such a quality championship and sets an example for other clubs and groups.

AWARD WINNERS - VTTA 2022 NATIONAL 25 MILES CHAMPIONSHIP					
Award	Name	Club	Group	VH Time	Medal
1st Man on VH	Keith Ainsworth	Lindsey Roads CC	North Mids	45:30	Gold
2nd Man on VH	Andrew Grant	Cambridge CC	East Anglian	45:39	Silver
3rd Man on VH	Keith Dorling	Team Bottrill	East Anglian	46:21	Bronze
1st Woman on VH	Angela Carpenter	...a3crg	Wessex	43:19	Gold
2nd Woman on VH	Arja Scarsbrook	Team Echelon	West	45:53	Silver
3rd Woman on VH	Linda Dewhurst	Team Milton Keynes	London & HC	46:26	Bronze
Group Team Champions	Andrew Grant	Cambridge CC	East Anglian	2:18:30	Gold
	Keith Dorling	Team Bottrill			Gold
	Matthew Smith	Drag2Zero			Gold
Club Team Champions	Andrew Grant	Cambridge CC	East Anglian	2:23:14	Gold
	Chris Dyason				Gold
	Colin Lizieri				Gold
Tandem Champions	Murray Kirton	A5 Rangers CC	Midlands	47:45	Gold
	David Stockley				Gold
First man and woman on Vets Handicap also each receive a champion's jerseys and cap.					
Angela Carpenter also receives the Charlie Cole Cup (for one year) as 1st overall on Vets Handicap.					

WOMEN'S FINISHING ORDER - VTTA 2022 NATIONAL 25 MILES CHAMPIONSHIP									
VHR Pos.	Name	Club	Group	Age	VHR	+ / -	Act. Time	Act.	
1	Angela Carpenter	...a3crg	Wssx	53	43:19	+22:41	52:28	1	
2	Arja Scarsbrook	Team Echelon	West	74	45:53	+20:07	1:03:51	15	
3	Linda Dewhurst	Team Milton Keynes	L&HC	63	46:26	+19:34	58:50	5	
4	Claire Emons	...a3crg	Wssx	54	46:53	+19:07	56:18	2	
5	Jennifer Clegg	Team Bottrill	E Mids	68	47:34	+18:26	1:02:09	12	
6	Joy Payne	High Wycombe CC	L&HC	65	47:35	+18:25	1:00:48	8	
7	Helen Roby	High Wycombe CC	L&HC	55	48:30	+17:30	58:12	4	
8	Fay Barrington	Banbury Star CC	Mids	53	48:58	+17:02	58:07	3	
9	Dena Ford	High Wycombe CC	L&HC	56	49:45	+16:15	59:45	7	
10	Janet Fairclough	Liverpool Phoenix	M'side	62	50:32	+15:28	1:02:33	14	
11	Karine Jones	Verulam Really Moving	L&HC	51	51:01	+14:59	59:39	6	
12	Susan Semple	Legato RT	Mids	56	51:31	+14:29	1:01:31	10	
13	Ann Shuttleworth	Cambridge CC	E Ang	56	51:41	+14:19	1:01:41	11	
14	Kate Bradley	Born to Bike	L&HC	45	53:41	+12:19	1:00:55	9	
15	Su-Anne Bullock	Icknield RC	L&HC	43	55:41	+10:19	1:02:30	13	
16	Sandra Burrows	Vive Le Velo	Yorks	56	57:11	+08:49	1:07:11	16	
DNS(A)	Michelle McGuinness (Didcot Phoenix CC/West), Julia Freeman (Easterley RC/E Ang)								



*Women's gold medallist
Angela Carpenter*



*Women's silver medallist
Arja Scarsbrook*



*Women's bronze medallist
Linda Dewhurst*

MEN'S FINISHING ORDER - VTTA 2022 NATIONAL 25 MILES CHAMPIONSHIP								
VHR Pos.	Name	Club	Group	Age	VHR	+ / -	Act. Time	Act. Pos.
1	Keith Ainsworth	Lindsey Roads CC	N Mids	63	45:30	+20:30	51:01	11
2	Andrew Grant	Cambridge CC	E Ang	69	45:39	+20:21	53:34	24
3	Keith Dorling	Team Bottrill	E Ang	63	46:21	+19:39	51:52	15
4	Matthew Smith	Drag2Zero	E Ang	44	46:30	+19:30	47:14	1
5	Chris McNamara	Nuun-Sigma-London RT	S/S	47	46:31	+19:29	47:50	2
6	Anthony Turner	Mickey Cranks CC	L&HC	52	46:52	+19:08	49:15	4
7	Steven Cottington	Bath CC	West	60	46:57	+19:03	51:29	12
8	Joseph Costello	Legato RT	Mids	63	47:03	+18:57	52:34	19
9	Kevin Wood	Sherwood CC	E Mids	61	47:11	+18:49	52:02	16
10	Simon McNamara	HuntBikeWheels.com	S/S	47	47:28	+18:32	48:47	3
11	Andy King	Kettering CC	E Mids	62	47:51	+18:09	53:02	21
12	Mick Stevens	Melton Olympic CC	E Mids	72	47:55	+18:05	57:18	66=
13	Chris Dyason	Cambridge CC	E Ang	74	48:08	+17:52	58:36	79
14	Nik Allen	Team TMC	S/S	51	48:28	+17:32	50:38	10
15	Sean Hunt	Lincoln Whs CC	E Mids	58	48:30	+17:30	52:26	18
16	Matt Steel	Pronto Bikes	E Ang	47	48:37	+17:23	49:56	7
17	Colin McDermott	Festival RC	S/S	55	48:41	+17:19	51:48	14
18	Adam Bidwell	Kingston Whs CC	S/S	46	48:48	+17:12	49:55	6
19	Matt O'Brien	Loose Cannon's Cond	E Ang	44	48:58	+17:02	49:42	5
20	Steven Loraine	Legato RT	Mids	66	48:59	+17:01	55:37	53
21	Nic Pillinger	St Neots CC	E Ang	45	49:18	+16:42	50:13	8
22	Roger Sewell	Wisbech Whs	E Ang	75	49:24	+16:36	1:00:28	91
23	Colin Lizieri	Cambridge CC	E Ang	67	49:27	+16:33	56:30	57



Men's champion Keith Ainsworth



Fastest on actual time Matt Smith

The Veteran : December 2022

VHR Pos.	Name	Club	Group	Age	VHR	+ / -	Act. Time	Act. Pos.
24=	Colin Parkinson	South Western RC	E Mids	60	49:29	+16:31	54:01	32
24=	Richard Gifford	trainSharp	S/S	59	49:29	+16:31	53:43	28
26	Mark Sanders	Mid Devon CC	West	63	49:42	+16:18	55:13	47
27	Nick Partridge	VC Baracchi	E Ang	44	49:53	+16:07	50:37	9
28	Michael Wills	Team Lutterworth	E Mids	63	50:00	+16:00	55:31	52
29	Adrian Cox	Team Milton Keynes	L&HC	61	50:01	+15:59	54:52	42
30	Mark Woolford	ZeroBC Race Team	E Ang	56	50:12	+15:48	53:35	25
31	Steve Clarke	TMG Horizon Cycling	E Ang	67	50:17	+15:43	57:20	68
32	Chris Ford	High Wycombe CC	L&HC	59	50:18	+15:42	54:32	40
33	Issy Zimmerman	Verulam Really Moving	L&HC	55	50:25	+15:35	53:32	22=
34	Mark Hamer	Stratford CC	Mids	47	50:26	+15:34	51:45	13
35=	Andrew Simpkins	Team Echelon	Mids	68	50:28	15.32	57:56	80
35=	Martin Bullen	Peterborough CC	N Mids	70	50:28	15.32	58:51	73
35=	Antony Bee	Wigmore CC	Kent	58	50:28	+15:32	54:24	37
38	Simon Horsley	Legato RT	NL&L	58	50:34	+15:26	54:30	38
39	Mark Doxey	Abellio - SFA RT	Kent	54	50:40	+15:20	53:32	22=
40	Martin Reynolds	Cambridge CC	E Ang	59	50:44	+15:16	54:58	44=
41	Neil White	Ambion RT	E Mids	55	50:49	+15:11	53:56	30
42	Julian Bray	Dulwich Paragon CC	Kent	58	51:01	+14:59	54:57	43
43	Steve Burrows	Vive Le Velo	Yorks	63	51:03	+14:57	56:34	58
44	Stuart Hourigan	VeloRefined Rule 5	Kent	46	51:13	+14:47	52:20	17
45	Andrew Askwith	Vive Le Velo	Yorks	58	51:18	+14:42	55:14	48
46	Roland Kitson	Horsham Cycling	S/S	63	51:19	+14:41	56:50	62
47	Matthew Reader	Verulam CC	L&HC	52	51:29	+14:31	53:52	29
48	John Curtin	Hitchin Nomads CC	E Ang	68	51:33	+14:27	59:01	81
49	Richard Harrison	Drag2Zero	E Ang	45	51:41	+14:19	52:36	20
50	Chris Lea	Buxton CC	N Mids	60	51:45	+14:15	56:17	55
51	Ed Tarelli	Race Hub	E Mids	50	51:46	+14:14	53:42	27
52	Steven Hilton	Warrington RC	M&NW	52	51:47	+14:13	54:10	34=
53	Alastair Semple	Legato RT	Mids	55	51:51	+14:09	54:58	44=
54	Barrie Whittaker	Lyme Racing Club	M&NW	65	52:03	+13:57	58:18	76
55=	James Lawler	Bedfordshire Road RT	E Ang	48	52:07	+13:53	53:38	26
55=	Paul Smith	VeloRefined Rule 5	Kent	50	52:07	+13:53	54:03	33
57	Philip Jones	Peterborough CC	E Ang	64	52:17	+13:43	58:10	75
58	John Manlow	Ely & District CC	E Ang	54	52:31	+13:29	55:23	50
59	Ian Hampton	Clifton CC York	Yorks	68	52:41	+13:19	1:00:09	89
60	Adrian Gower	Hitchin Nomads CC	E Ang	59	52:46	+13:14	57:00	65
61	Iain Boardman	Dulwich Paragon CC	E Ang	49	52:48	+13:12	54:31	39
62	Stuart Supple	VC Baracchi	E Ang	46	53:03	+12:57	54:10	34=
63	Ian Stokes	Team Salesengine.co.uk	E Ang	62	53:08	+12:52	58:19	77
64	Paul Blamire	Amersham Road CC	L&HC	47	53:16	+12:44	54:35	41
65	Mark Thomas	Bigfoot CC	E Ang	59	53:34	+12:26	57:48	71

The Veteran : December 2022

VHR Pos.	Name	Club	Group	Age	VHR	+ / -	Act. Time	Act. Pos.
66	James Wooldridge	Team Milton Keynes	L&HC	42	53:36	+12:24	53:58	31
67	Nicholas Coe	Verulam Really Moving	L&HC	64	53:37	+12:23	59:30	86
68=	Adrian Osborn	Stratford CC	Mids	63	53:38	+12:22	54:10	34=
68=	Martin Fisher	Melton Olympic CC	E Mids	43	53:38	+12:22	59:09	82
70	Chris Tye	Plomesgate CC	E Ang	55	53:42	+12:18	56:49	60=
71	Ian Wroblewski	Team Lutterworth	E Mids	48	53:47	+12:13	55:18	49
72	Jez Willows	Sherwood CC	E Mids	57	53:54	+12:06	57:33	70
73	Neil Barford	45 RC	E Ang	58	53:56	+12:04	57:52	72
74	Peter Horsnell	Chelmer CC	E Ang	92	54:01	+11:59	1:22:49	107
75	Phil Barnes	SheHair RT	NL&L	67	54:10	+11:50	1:01:13	92
76	Stuart Henderson	VTTA (Yorkshire)	Yorks	47	54:11	+11:49	55:30	51
77	Rob Vessey	Pankhurst Cycles	West	59	54:16	+11:44	58:30	78
78	Richard Mellor	Team Bottrill	E Ang	53	54:20	+11:40	56:57	64
79	Jymmy Trevor	Jem Hadar Racing	Yorks	50	54:26	+11:34	56:22	56
80	Tim Baggs	Velo Club Flintham	E Mids	53	54:41	+11:19	57:18	66=
81	Richard Tully	Elite Cycling	E Ang	45	54:51	+11:09	55:46	54
82	Shay Giles	VC Elan	Kent	77	54:53	+11:07	1:07:13	103
83	Steve Cornish	Mid Shropshire Whs	M'side	66	54:57	+11:03	1:01:35	95
84	Matthew Peck	Ipswich BC	E Ang	40	55:07	+10:53	55:07	46
85	Will Shepherd	Ely & District CC	E Ang	48	55:18	+10:42	56:49	60=
86	Dominic Whitehead	Cambridge CC	E Ang	64	55:22	+10:38	1:01:15	93
87	Peter Iffland	Chippenham & Dist Whs	West	58	55:28	+10:32	59:24	84
88	Alan Crane	Chronos RT	L&HC	53	55:29	+10:31	58:06	74
89	Brian Martin	Ciclos Uno	E Ang	73	55:34	+10:26	1:05:29	100
90=	Andrew Cross	Velo-One Cycling	Mids	46	55:40	+10:20	56:47	59
90=	John Murphy	Gloucester City CC	West	82	55:40	+10:20	1:11:52	106
92	Stuart Lemanski	VTTA (East Anglia)	E Ang	46	55:48	+10:12	56:55	63
93	Chris Symonds	North Road CC	E Ang	48	55:53	+10:07	57:24	69
94	Robert Jones	Cardiff 100 Miles RCC	S WIs	70	56:16	+09:44	1:04:39	98
95	Simon Geraci	Swift Racing	Yorks	54	56:36	+09:24	59:28	85
96	Harry Moore	CC Hackney	E Ang	60	56:48	+09:12	1:01:20	94
97	Stewart Harrison	Kings Lynn CC	E Ang	56	56:55	+09:05	1:00:18	90
98	Matthew Cook	Bedfordshire Road RT	E Ang	52	56:56	+09:04	59:19	83
99	Andrew Nunn	CC Ashwell	E Ang	54	57:05	+08:55	59:57	88
100	David Prom	San Fairy Ann CC	Kent	52	57:19	+08:41	59:42	87
101	Phil Bailey	Loose Cannon's Cond	E Ang	60	58:49	+07:11	1:03:21	97
102	Adrian McHale	Peterborough CC	E Ang	46	1:00:44	+05:16	1:01:51	96
103	Iain Wilson	Icknield RC	L&HC	45	1:03:46	+02:14	1:04:41	99
104	Wayne Marks	Microsoft UK	E Ang	51	1:04:13	+01:47	1:06:23	101
105	Ed Stivala	Team Milton Keynes	E Ang	54	1:05:00	+01:00	1:07:52	104
106	Wayne Hill	Bourne Whs	E Ang	55	1:05:22	+00:38	1:08:29	105
107	Garret Fay	Icknield RC	L&HC	46	1:05:35	+00:25	1:06:42	102

VHR Pos.	Name	Club	Group	Age	VHR	+ / -	Act. Time	Act. Pos.
DNF	Derek Ricketts (Ely & District CC/E Ang)							
DNS	Stephen Murphy (Shaftesbury CC/E Ang), Stan Nwaka (Verulam Really Moving/L&HC), Tony Ball (Legato RT/L&HC), Lee Turner (Arctic Aircon RT/E Ang), Paul Lunn (Fenland Clarion CC/E Ang)							
DNS (A)	Roger Porter (Verulam CC/L&HC), Richard Moule (Bossard Whs/L&HC), Terry Garlinge (Easterley RC/E Ang), Martin Webb (Icknield RC/L&HC), Stephen Clark (Sherwood CC/E Mids), Philip Skinner (Welwyn Whs/L&HC), Jim Moffatt (CC Luton/L&HC), Randle Shenton (Legato RT/Scot), Tim Beardmore (Bridgnorth CC/M'side), Donald Parker (Brighton Mitre CC/S/S), John Marinko (Brighton Mitre CC/S/S)							

TANDEM'S FINISHING ORDER - VTTA 2022 NATIONAL 25 MILES CHAMPIONSHIP

VHR Pos.	Name	Club	Group	Age	VHR	+ / -	Act. Time	Act.
1	Murray Kirton	A5 Rangers CC	Mids	81	47:45	+15:36	1:02:53	4
	David Stockley			82				
2	Andrew Hutchison	Lowestoft Whs CC	E Ang	59	49:12	+14:10	56:11	2
	Catherine Hutchison			57				
3	John Swanbury	VC Baracchi	E Ang	75	49:13	+14:08	1:00:29	3
	Kate Churchill			63				
4	David Shannon	Islington CC	L&HC	58	51:58	+11:24	54:53	1
	Richard May			51				



*Tandem champions
Murray Kirton and
David Stockley*

Thanks to Davey Jones for all photographs of this VTTA 25 Championship



EAST ANGLIAN

Andrew Grant

The tragic death of Plomesgate CC's Cheryl Tye, victim of a hit-and run driver whilst competing in the Breckland CC 50 on the A11, shook us all. Our thoughts and sympathy go out to her family and particularly her husband Chris.

The second serious accident in successive years in a time trial on the same stretch of road, it prompted the cancellation of all remaining events on dual carriageways in East District and led more than one regular competitor to re-evaluate their priorities and their involvement in the sport.

A consequence, less grave but far-reaching, was that the Group's designated 100 championship disappeared from the calendar, leading to a mid-season hiatus between the first Group 25 and the next Group designated championship, the 12-hour in the ECCA event on a newly-devised course, making little use of the A11/14, but much of the pot-holed and bumpy A and B roads of East Cambridgeshire and West Suffolk. Its attractions can be gauged by the degree to which marshals, timekeepers and other officials vastly outnumbered competitors, but it did provide an opportunity for West Suffolk Wheeler James Wood to win the H F Nevill 12 Hour Cup and, as the Group's only BAR qualifier, the Lionel Lincoln Memorial Shield to boot.

Slightly more normal service was resumed on the first Saturday in September with Dominic Whitehead's promotion of the last Group 10 of the year, on the E2/10 and the only Group 10 not to be part of the June/July evening series.

It proved to be one of the fastest days of the year (of course it did - I was away on holiday) with three riders going under 19 minutes, fastest being senior Piotr Zulawski from Didcot Phoenix, with 18:37, just 10 seconds clear of junior phenomenon Patrick Casey. Regular guest Kevin Tye from VeloRefined Rule 5 was fastest veteran on actual with a fine 19:06, but

even he had to give place on standard to the invincible Angela Carpenter with +9:17 to Kevin's +8:45. Tim Hood, Sam Wightman and Keith Dorling of Team Bottrill took the team award.

East Anglia's best were Keith Dorling with +7:54 and Sole Bay Cycle Sport's Denise Hurren with +7:45, giving them each a share of the Ron Fisher/Jack King Memorial Shield.

The following week, the VTTA National 25 championship came to East Anglia, courtesy of Cambridge CC and organiser Chris Dyason, Grand Wizard of the F2 with occult power over National Highways and potholes. Even he, however, couldn't overrule a weather system determined to demonstrate that the Pathetic Fallacy isn't a fallacy and the first Sunday following Her Majesty's passing dawned to mourning mist and a half-hour delay to the start.

Such is the reputation this course has lately acquired and so keen are VTTA members to ride it that in a field of 150 with 10 reserves, Chris had space for only 5 male non-VTTA members. Now there's an incentive to join!

The women's championship predictably went to Angela Carpenter, with Cambridge CC's Ann Shuttleworth the sole upholder of East Anglian honour. Best tandem on standard was the venerable duo of Murray Kirton and David Stockley from A5 Rangers with the Group represented by Lowestoft pairing of Andrew and Catherine Hutchison in second place, just edging, by two seconds on standard, VC Baracchi's John Swanbury and Kate Churchill.

It was in the men's championship that East Anglian Group had a field day, with Drag2Zero's Matt Smith, on the road back from injury, setting the fastest actual time of the entire event, in 47:15. Cambridge CC's trio of Andy Grant, Colin Lizieri and organiser-and-first-man-off Chris Dyason took the club team award and Grant, Smith and Team Bottrill's Keith Dorling taking the Group team Award.

With an East Anglian whitewash on the cards, unfortunately, Andy Grant let it slip by conceding nine seconds on standard to Lindsey Roads CC's Keith Ainsworth in the individual championship. He apologises profusely to all East Anglian members for screwing up and blames a bout of covid in July. Meanwhile, Keith Dorling took the individual bronze medal, and second place in the classification for blokes called Keith.

A fortnight later, it was back to the same course for the last Group 25 of the year, promoted by Michael Martin. It is becoming traditional at this end-of-season event for elderly East Anglians to be mugged for their pension books, bus passes and fastest times by young hooligans - or to be more specific, a twenty-something Independent Pedaller called Fennell.

True to form, he set what may be the season's fastest time with 45:52, but this year marked a serious outbreak of juvenile delinquency. At his back, even Chris may hear Time's winged chariot hurrying near when he reflects on the 46:27 of Team Inspired's 20-year-old Oscar Nilsson-Julien in joint second place and Team Lifting Gear's 16-year-old Patrick Casey (again) in 7th with 48:15. Never mind; only another 13 years and Chris will be able to join the VTTA. Laura Davies, a senior from Jadan Vive Le Velo, was fastest woman with 52:47.

The honour of East Anglia's gerontocracy was upheld by Matt Smith with a fine 47:17 that gave him fourth place overall and first on standard from Kevin Tye. An equine surgeon in his professional life, Matt is thus a vet twice over, which is, no doubt, the secret of his phenomenal speed. Fastest woman on standard was Claire Emons from ...a3crg, from Essex Roads CC's Louise Robinson, who as best female East Anglian on standard shares the Geri Lang Memorial Cup with Matt.

Messrs Grant, Watson and Dyason of Cambridge CC carried off the team award while the Greenstreet and Elliott tandem had only its own records for competition, for the beating of which this was not, alas, the day.

The event was also historically significant for ringing down the curtain on the nigh-on-eight-decade time-trialling career of 92-year-old Pete Horsnell, closing out a season in which he set new age marks at four distances. That, at least, is what he's telling us at the

moment, though covert surveillance operatives in Essex report ongoing turbo sessions.

The final Group event of the year was the Leo 30, back to its traditional end-of-season slot, but not to its traditional comp-record-breaking E2 course, owing to continuing road works at Newmarket. Organiser John Golder had instead devised a variant of the Stetchworth circuit, which, in pretty much ideal conditions, produced some realistic sporting-course performances from a much smaller field than this event was wont to attract, so addicted are we to dragstrips.

VC Norwich's Chris Holmes produced 1:05:44 for the fastest actual time and a claim, as fastest Group member on standard, to the H F Nevill trophy, shared with Elspeth Knott of Colchester Rovers who was fastest female Group member. Overall first place on standard, however, went to Kevin Tye.

There was a simultaneous road bike event in which the honours went to Alex Speirs of Harworth and District CC and Ann Shuttleworth of Cambridge CC and a two-up won by Stan Nwaka and Nick Coe of Verulam CC.

John has made the event a memorial to Alan Rochford and Val Hester, and donated £100 of the proceeds to each of their charities.

In John's words: Alan was the sponsor of the Leo Road Club from the early 90's until its demise in 2008. Alan actually won this event back in the 60's when he was in the Barnet CC. Val Hester was the club secretary for 25 years. She and husband Bill were also on the East Anglian VTTA committee for many years, they will all be missed.

The Group's list of the departed this year is, alas, a lengthy one, and we have, in addition to Alan, Val and Cheryl Tye, to mark the passing of Mick Gambling, commemorated elsewhere in this magazine, and Brenda Tate of East Anglia CC. A fuller appreciation will follow in the Group newsletter.

EAST MIDLANDS

David Herd

East Midlands Group AGM was held on the 13th November at Granby Village Hall. This is a brief summary of the main points of the meeting and I will

endeavour to provide a more comprehensive version in the next issue.

Firstly, the group would like to thank all the organisers who promoted the events in the 2022 season.

Group events and competitions to be promoted during the 2023 season are:

- VTTA 10 - Saturday 22nd April, A10/3, David Yarnham
- Ivan Mahon 25 - Saturday 3rd June, A25/34, Russell Gent
- Bert Christian 25 - Saturday 19th August, A25/34, Roy Oakes

The Jack Watts Trophy will again be incorporated into the Melton Olympic 25 on 13th May on the A25/34.

The East Midland Group are hosting the VTTA National 50 mile Championships on Saturday 10th June on the A50/2. Colin Parkinson has kindly offered to organise this event.

We will need help from members for marshalling, catering and general assistance at the HQ for all these events so do please volunteer, don't wait to be asked.

The date for the Presentation Lunch has not been set as yet so please look out for details and let's make it as good as it was last year.

Race Reports

Senior rider based in Newark, Jack Levick of Rose Race Team, was fastest in the Sherwood CC 25 held on the A 25/34 on 13th August with a time of 49:30; veterans David Mead (Hinckley CRC) and David Williams (Velotik RT) were close behind on 49:47 and 49:48 respectively. Matthew Stonley (Team Bottrill) had a good ride with 52:52, Michael Costello (Race Hub) came in on 54:03 and Sean Hunt (Lincoln Whs) was close behind with 54:25; Giles White (Sherwood CC) was the last rider to go under the hour on 59:09. Tim Baggs (VC Flintham) came in on 1:1:28 with Simon Ward (Welland Valley CC) on 1:2:03. Fastest female on the day was Elaine Simpson (Sherwood CC) with 1:3:00 and the fastest female group member was Jen Clegg (Team Bottrill) on 1:7:17.

On the following Saturday the East Midlands VTTA ran their Bert Christian Memorial 25 on the same course, with Richard Oakes (Team Ohten Aveas) taking the honours and setting a new Group Record

of 48:39. In second place was Mike Jones (QVB) with 51:25, Matthew Uttley (Nottingham Clarion CC) had a good ride to gain third place on 51:35 and in fifth place was Ian Guilor (Mapperley CC) with another good time of 52:42. Stuart Wells (Lindsey Roads CC) was in eighth position on 53:23 and a splendid ride by Kevin Wood (Sherwood CC) was only 2 seconds behind with 53:25. Geoff Platts (Team Bottrill) came in on 56:28 and Colin Parkinson was only 11 seconds behind with 56:39; also well up in the 56 minute grouping was Michael Wills (Team Luttworth) on 56:52. Other group members were: Ed Tarelli (Race Hub) 57:09, Matt Plews (Welland Valley) 57:32. David Mason (Lincoln Whs) headed up a set of 58 minute riders with 58:03, Mick Stevens (Melton Olympic CC) 58:36, fastest female Claire Emons (...a3crg) also in this group on 58:49, Tim Baggs 58:50, Simon Inman (QVB) 58:54 and Ed Watson (Ratae RC) 58:56. Chris Spray (Ratae RC) just sneaked under the hour with 59:58, Simon Ward (Welland Valley) 1:2:05 and Jessica Beyer (Nottingham Clarion) on 1:4:05, John Scott (Sleaford Wheelers) 1:18:25 and Ron Hallam (South Pennine) 1:23:55.

The BDCA 100 was run on the A100/7 Farndon to Kinoulton course, using mostly the A46 both new and old on the 4th September. The number of entries was low and I am not sure whether this was the change from the Etwall course (A100/4) or whether other scheduled long distance events far and wide spread the riders too thinly. In any event there were some very good rides from East Midland VTTA Group members. Fastest was Matthew Uttley (Nottingham Clarion) who is having a good season with a fine 3:45:03. I was also pleased for Kevin Wood in 4th place but only 2m 6s behind the winner with 3:47:09 and Neil Palmer (Spalding CC) 6th on 3:50:17 and 5m 14s behind the winner. Well done also to Colin Parkinson who gained 10th position with a fine 3:56:14. Mick Stevens came in on 4:12:08, with Tim Baggs on 4:17:08, Matt Plews on 4:19:41 with fastest female Emma Bexson (Stratford CC) on 4:21:15, separating the gap between Matt's Clarion team-mate Simon Ward 4:28:59 and female rider Zoller Gretchen (Ilkeston CC) 4:50:59.

Sherwood CC hosted the ANDCC Lighthouse Trophy on the 17th September, this year held on the A25/34 Farndon course. Junior Patrick Casey of Team Lifting Gear Products took the honours with a fine 48:55.

Neal Parkin (Team Bottrill) 51:15, Matthew Uttley continues his good form with 51:26 as did Ian Guilor on 52:08 and another good ride by Sean Hunt on 52:24. Generally times were faster than the VTTA East Midlands event held 4 weeks earlier, both Colin Parkinson (56:39) 54:58 and Geoff Platts (56:28) 55:11 going faster, but Michael Costello was almost a minute slower on (54:03) 55:02. Andy Newham (Lincoln Whs) 57:03, Ian Wroblewski (Team Lutterworth) 57:08 and good rides from Mick Stevens 57:44 and Alford Wheeler Craig Lamb 58:19. Rod J Weston 1:2:35 with David Yarnham (Peterborough CC) 1:3:35, Ben Waddington 1:4:41 and Ron Hallam 1:18:55.

In the same event Kate Kirkland (RAM CC) was fastest female with 1:0:38. East Midlands member Elizabeth Bridgen (Ilkeston CC) was second fastest with 1:2:13 and Elaine Simpson was third with 1:03:02. Other female results: Zoller Gretchen 1:4:44, Jessica Beyer 1:5:19, Trish McPherson 1:8:48 and Sarah Soden 1:9:44.

Records and Competitions

Graham Green posted the recent group records:

Richard Oakes, age 53: 10 miles in 18:10 and 25 miles in 48:39

Kevin Wood, age 61: 25 miles in 52:02 and 100 miles in 3:47:09

Mick Stevens, age 72: 100 miles 4:12:22

Ron Hallam, age 92: 25 miles in 1:18:55!

Jen Clegg, age 68: 25 miles in 1:02:09.

Richard Oakes' 18:10 is also a national record and Ron Hallam's 1:18:55 is only one second slower than the national record!

Final positions Prestige Points: 1. Ian Guilor 54 points; 2. Richard Oakes 52 points; 3. Kevin Wood 50 points; 4. Mick Stevens 43 points; 5. Neal Parkin 40 points.

Further Afield

Congratulations to Richard Oakes who successfully represented Great Britain at the UCI World Masters Time Trial Championships at Trento, Italy. He won his 50 to 54 age group by 32 seconds with a time of 25:14 on the testing 19.4 km course.

From there Richard travelled to Los Angeles with his Team Ohton Aveas team mates, all of whom are VTTA members, and had great results in the Masters World Track Championships with:

Richard Oakes - Gold in the 50-54 age 2km individual pursuit with a new world best time of 2:11.4.

Joel Stewart (L&HC) - Gold in the 45-49 3km individual pursuit.

Adey Dent (North) – Gold in the 60-64 2km individual pursuit.

Mike Twelves and James Perkins (both E.Mids) - Gold together with Richard Oakes and Joel Stewart in the men's team pursuit.

Well done to all the riders who took part in what must have been a terrific experience.

I would also like to forward the Group's congratulations to East Midlands senior rider Will Perrett who just missed winning a bronze medal in the last lap of the Points Race at the World Championships in Paris. There is a very strong link to the East Midlands VTTA because his Granddad, Bob Perrett (Ratae RC), and his Dad, Martin Perrett (Team Ohton Aveas), are both member of East Midlands VTTA. They must be so proud of Will, who actually went fastest in the Melton Olympic CC/VTTA 25 on 14th May 22 with a time of 46:13 which I think must be a course record.

Well that's all for this edition, so ride safe.

KENT Ian Turner

Our Group AGM was held on Sunday 13th November at Lenham Community Hall. The meeting was attended by eight members, seven of whom were existing committee members.

Most importantly, following the normal business reported below, discussion centred on the dire state that the Kent Group finds itself in, particularly with the retirement of our Recorder and Reporter and our Social Secretary, and the lack of organisers for the time trial programme leaving Bob Giles, our TT Secretary, faced with the dilemma of organising six events himself in 2023! Volunteers have been sought for these roles but at the time of writing none have come forward. If this situation prevails, drastic curtailment of the Group's 2023 programme will be necessary, and the future of the Kent Group must surely be in serious doubt. If you are reading this and take part in the Group's competitions, please consider volunteering for one of these roles – the same people

have been doing them now for many years. Without more volunteers to step in, the Group's competitions cannot continue.

The election of officers and committee members for 2023 resulted in the following individuals being elected:

President: No election; Carole Gandy was elected at the 2020 AGM to a three year office which would have ended this year, but as much of this period was Covid affected, her presidency has been extended by a further year.

Vice Presidents: Peter Baker, Bob Giles and Ian Turner

Chair: Mark Vowells

Vice-Chair: John Hawkrige

General Secretary: Carole Gandy

Treasurer: Chris Bax

Social Secretary: Vacant – Tom Morton retired from this role; no replacement has yet volunteered.

Time Trial Secretary: Robert Giles

Recorder and Reporter: Vacant – Ian Turner retired from these roles; no replacement has yet volunteered.

KVN Editor: Neil Quarmby

Committee Members: Anthony Bee, Chris Parker and Dave Greenwood. Dave Wright stood down as a committee member.

Accounts Examiner: Andy McCall

KCA Delegates: Bob Giles and Chris Bax

CTT Delegates: Bob Giles and Chris Bax

National VTTA Delegates: Bob Giles

Votes of thanks were approved for retiring officials and committee members Tom Morton, Ian Turner and Dave Wright.

Reports were received from officers, including the General Secretary, the Treasurer, the Time Trial Secretary; the Recorder and the Social Secretary, KCA delegates and CTT delegates.

On the social side, a most important date for Kent Group members is Saturday 4th February 2023 when the Annual Lunch and Prize Giving will be held. This event is once again at the Weald of Kent Golf Club,

Guest of Honour to be advised. Trophies, medals and certificates will be handed to all prize winners who attend the lunch by the Guest of Honour, although trophies will not be taken away.

My Recorder's report noted that there was only one claimant for the BAR - the Kent Cycling Association 12 Hour event again having not taken place which meant that potential competitors had to travel to Wales to compete. Disappointingly, there were again no claimants for the Ladies BAR or the Pete Avis Cup this year.

With the continuation of the automated Standards Claims System, we again saw healthy claims for Standards awards - no plaques this year but 22 individual medals awarded to 13 participants.

David Greenwood (Rye & District Wheelers) is the Group's Best All Rounder this year with a plus of 2.820 mph.

Mark Vowells (San Fairy Ann) is winner of the 2022 85 Competition with +52:16. Second was David Greenwood +30.27.

The Group's champions for 2022 are:-

10 miles - Mark Vowells (San Fairy Ann CC) +6:29

25 miles - No award, event cancelled

30 miles - Mark Hill (VeloRefined Rule 5) +12:22

50 miles - Mark Hill (veloRefined Rule 5) +26:22

100 miles - No award, event cancelled

12 hours - Martin Brown (7Oaks Tri) +66.42 miles

24 hours - David Greenwood (Rye & Dist Whs) +86.63 miles

The result of the Wednesday 10 at 10 series of seven events, with the best four events counting, was as follows:

1st - Antony Bee (Wigmore CC) +24:51

2nd - Mark Vowells (San Fairy Ann CC) +14:54

3rd - Mike Perry (Thanet RC) +8:10

Mark Vowells set the following new Group and National age 69 trike records in 2022; all except the 50 were National records as well as Group:

10 miles in 23:09

15 miles in 38:50

50 miles in 2:15:03

He also set a 25 miles tandem trike record of 58:02 with Ian Pike (Lincoln Whs)

Congratulations to all riders who have taken part in the Group's 2022 programme, and in particular to trophy, medal and certificate winners and record breakers.

On closing the meeting, Mark Vowells, the Chair, thanked all officers for their contribution in 2022.

LONDON & HOME COUNTIES

John Hoskins

I'm writing this the day after our AGM. Trying hard to finally reach the 21st century, the AGM was arranged as a hybrid meeting, with both physical attendees and many more attending online. The meeting was set up by Wolfgang Emmerich of the London Phoenix, who was not only able to supply the expertise but the relevant hardware too. The format worked very well with both groups of attendees interacting as if everybody was in the same room. My first experience of such a meeting and I was most impressed.

Probably like many other groups, we still struggle to fill some of our official committee positions, although we had very few problems finding event organisers for 2023. We encourage a regular turnover of organisers so that members aren't effectively signing on for life when they agree to run an event. But we haven't managed to get anyone (yet) to look after the trophies and engraving. Not a huge job, with there being a concentration of work in the month before our prizegiving, rather than during the season – which is obviously the case for most group officials. The Group is very grateful to Geoff Perry for filling in as trophies secretary on top of his duties as Group Recorder and working on the NEC as National TT Records Secretary. However Geoff is moving to Kent, some way out of our area, and we will be looking for a new Recorder in a year's time no doubt.

One discussion that took place referred to the future of the CTT, particularly with relevance as to how it affected the VTTA. We were fortunate to have at the meeting our Time Trial Secretary, David Guy, who, as many of you may now know, has taken over as legal adviser to the CTT. He was able to give us answers to numerous questions regarding the finances and organisation of Cycling Time Trials and how it is changing (hopefully for the better) at this

time. Of course we also had at the meeting Rachael Elliott, VTTA National Secretary, who was also able to help with this and other questions raised.

Our committee would welcome closer contact with other groups and feel we could learn from the experience that other groups have of keeping in touch with their members and how they get new officials and event organisers. As with all VTTA groups, nearly all of our members have their first loyalties with their traditional club and so it is sometimes a huge task to get members to work for us either instead of working for their club or in addition to that work. It is the clubs that have traditionally "trained" and encouraged members to work for our sport, but there is a definite feeling that the clubs are not doing this to the same extent as they did years ago. Should the VTTA groups be taking on some of that responsibility - or not? Answers on a post to me please! I know that by the time this is read the National VTTA Forum may have discussed this particular problem (partly on the suggestion of L&HC) and I would welcome the Forum members being more pro-active with ideas and viewpoints rather than just responding to NEC produced agendas.

Following extensive committee discussions on the best way of keeping in touch with our membership, we are still hoping to persuade someone to take on duties to co-ordinate our social media and other online communications. Newsletters (sent via email as well as by post where necessary) have their place in keeping the membership informed – but we live in an "instant" society now and information needs to be right up to date and accessible immediately. Even the committee is looking a little depleted with a few vacancies for ordinary (I use the term loosely) committee members. We believe that a wide cross-section of views is important in the organisation of the group and I would welcome any offers of help from L&HC members for any of the above. In theory, an ideal candidate would be someone with the social media skills of an average 16 year old, the knowledge of an experienced 65 year old time triallist, and the enthusiasm of everyone who gets up at an unearthly hour on a Sunday morning to help put on our events, even if it is pouring with rain. If that's you, please give me a ring!

Since the last issue we have had two further events. In August our second mid-week 10, held on a west of Newbury course used in National Championships in

the past, gained us a field exceeding 60 riders, which was very welcome in a year when many open events have suffered alarming drop-offs in entry levels. The result sheet was dominated by the High Wycombe CC, winning over half of the medals on offer. Best on Standard Ladies winner was Linda Dewhurst (Team Milton Keynes) with a plus of 6:09 with Joy Payne (High Wycombe) 2nd on 5:57. In the men's BOS Jeff Roberts and Chris Ford (both High Wycombe) were first and second with plusses of 6:01 and 5:36. Helen Roby (High Wycombe) was fastest lady with 24:04, followed by Dena Ford with 24:33 in second. Not surprisingly the Wycombe were clear winners of the BOS team award with a total plus of 17:48.

Then, in September, we held our final event, the Rocco 25, on the ski-slope H25/2. This also received a healthy entry of over 90 riders, possibly the highest 25 entry in the London West CTT District this year. Liam Maybank (Twickenham CC), long term L&HC member, was one of three riders inside 50 minutes with his 49:53, winning the BOS with a plus of over 18 minutes. Second on BOS was Colin McDermott (Festival RC), with Paul Burton (Paceline RT) third. Paul also was second fastest in the event with 49:08. Ollie Hucks, fastest overall (not a vet) recorded 48:13. The fastest team on standard was the High Wycombe with a total plus of 41:28, including two ladies (Dena Ford and Joy Payne).

The London & Home Counties has for many years tried to present a cross-section of events, with two super-fast events on the F11 ten course for those avidly chasing PBs and standards improvements, contrasted with two mid-week 10s on a more traditional course in the western side of our huge area. Then our program culminates with the Rocco 25 on a fairly fast course (probably the fastest course in London West) which is a mix of single and dual carriageway roads right in the middle.

With the AGM now out of the way, our next promotion is the Prizegiving Luncheon, to be held at the normal venue of Aldenham Golf Club. It will be on Sunday 29th January 2023, starting at noon, sitting down to eat at 1pm. The Chief Guest will be Martyn Roach, who, along with Jeff Marshall and Kevin Fairhead of the Hounslow & District Wheelers dominated time trialling in the late sixties and early seventies. As always the Group will be subsidising the tickets, keeping the price down to £25 per head.

For further details please contact me (secretarylahc@btinternet.com) or the Lunch organiser Simon Bowler (sjbcontractors@btinternet.com).

MANCHESTER & NORTH WEST

Ken Workman

Our Group AGM was again held at Goostrey Village Hall on Sunday 20th November, with eight members, plus four committee members attending. We paused to remember those group members who passed away this year. The existing officers indicated their willingness to continue and were therefore re-elected. Our Group has struggled without a Secretary for some months so Tony Farrell donned yet another hat to cover this. However, Mike Cotgreave offered to fill the position of Secretary and was accepted. Barry Whitaker and Ian Peacock expressed an interest in joining the committee and agreed to attend the next meeting in February 2023.

Our Recorder, David Wright reported that although we saw reduced fields, our Group had a successful season. Increased interest in setting age records saw six members - Joanna Cebrat, Ian Holbrook, Vic Trigger, John Verbickas, Alan Shutleworth and Nev Ashman - set 13 new group age records. The enthusiasm for personal age-related challenges increased with 34 members registering for standards. Twelve members have claimed and will receive a total of 37 standards awards, mainly for solos, but with two tricyclists. Fees for standards are £15.00 for multiple attempts on one machine.

M&NW members will be happy that subscriptions are unchanged at £17 for singles, £20 for doubles, which are due on 1st January. Members who renew online are being contacted prompting them to do so.

Two members completed exceptional performances in 12 and 24 hour events. Bury Clarion's Joanna Cebrat, celebrated with another bronze medal in the CTT National Championship '12' plus the VTTA gold medal at 24 hours, while Stone Wheeler Ian Holbrook earned the VTTA silver medal. Both Joanna and Ian proved their versatility by also riding the National Hill Climb Championship - ably demonstrating how much more comfortable they are in longer events.

New Group members aren't listed here again as these are all now together on a dedicated page. However, they are welcomed just as warmly.

In the CTT National Championship '10' held on 28th August, 'our' Matt Stephenson (Congleton CC) was the only M&NW member on the men's start sheet, so naturally he was our highest placed man with 22:04. The women's start sheet was more populated with group members; Bury Clarion's Joanna Cebrat, was 8th fastest vet, but was disappointed with her time as it was down on her PB. Two of our recent recruits; Salford CC's Michelle Fairclough, and Alison Stephenson (Congleton CC), recorded 26.00 for 27th place, and 27.23 for 34th place respectively.

The Group Prize Presentation Luncheon will again be held at the Middlewich Masonic Hall, the date is Sunday 12th February 2023, (12.00 for 12.30). This is a departure from our usual December date in order to avoid the run-up to Christmas. Mindful of financial considerations, the committee have accepted an attractive offer of buffet style catering including hot soup from a different provider. We have received good reports about the quality and sufficiency of the food. Consequently, the £16.00 ticket price is substantially lower than previous years.

Tony Farrell is the acting Social Secretary, reservations should be made to him by post at Lealtad, Brookledge Lane, Adlington, Cheshire. SK10 4JU, or phone 01625 820210 or email: f.t.a.1@icloud.com. Please order your places by Monday 23rd January; make cheques payable to 'VTTA Manchester & NW'. Donations of raffle prizes will be welcomed.

After taking these steps it would be great to see as many members as possible attending, particularly the prize winners to receive their awards in person. Also their families and friends, to celebrate their successes. Sunday 12th February is our social event of the year, so please put the date in your diary.

Big congratulations are due to these winners of the Group's various competitions:

Alan Chorley; The *25 mile Championship Cup*; Best two aggregate performances on standard by a Group member in Group 25 mile events.

Alison Stephenson; The *Memorial Handicap Shield*; Best handicap placing by a Group member in the Group's/Seamons 25 mile handicap event.

Lucy Rogers; The *ES (Ted) Ward Memorial Championship Cup*; 1st Group member on standard

in the Group 50-mile event (actually only 47 miles this year).

Joanna Cebrat; The *Bert Starkey Shield*; Highest placed Group member in the National VTTA BAR.

Michelle Fairclough; The *Stan Livingston Memorial Trophy*; Highest placed Group member in J Courses BAR on standard - local courses J/D/L.

Alan Chorley; 3 *Distance (Butterworth) Competition Championship Cup*; Highest placed Group member in the National 3 Distance competition (25, 50 and 100).

Seamons CC - Alan Chorley, Adrian Hughes; 3 *Distance Watterson Team Shield*; First team of 2 group members/same club riders on standard aggregate plus in the 3-distance competition.

Alan Chorley; *Local Courses 3 Distance Shield*; Best group member on standard in an open 25, 50 and 100 on local courses (J/D/L).

Michelle Fairclough; *Lamp Trophy*; Presented to the last counter in the BAR competition, or in 3 Distance competition if no qualifiers in BAR.

Lucy Rogers; *Short Distance Trophy*; For the best group member on standard in any two open 10s and two open 25s.

Ian Holbrook; *Finely Tuned Athlete Trophy*; For best group member on standard in any two open 10s and two open 25s, all on local courses (J/D/L).

Adrian Hughes; *President's Trophy*; Best aggregate performance on standard across all Group events (any number of events qualify).

I'm happy that all 12 of our trophies are due to be presented, and even happier that six of those will go to female competitors.

The final results of the 20 event Manchester & District TTA's Cheshire points series were of slight concern as 15 of the top 20 men were aged over 40. Congleton CC's 'apprentice vet' Alistair Ribbands took top spot, with four Seamons CC men; Ade Hughes, Stephen Dooley, Alan Chorley and Tim Marshall in 2nd to 5th places. All are M&NW men, including Stephen Dooley who turned 40 in June and joined immediately! I speculate that if Ade Hughes had ridden and scored points in one more event in the series, he might well have been the champion?

Similarly, in the Women's section, 13 of the top 20 were over 40. Congleton CC can celebrate their strength in depth as 'our' Lynsey Astles, Alison Stephenson and Lucy Rogers took 1st, 2nd and 4th. Alice Taylor was 7th, but sadly she's not old enough to join us. Claire Harrison, Kerry Gleave and Natasha Smith also finished well, meaning that eight of the top 20 were Congleton ladies. Happily, six of those eight were M&NW members! In the team sections, it was no surprise that Seamons CC and Congleton CC were way ahead of all others; a good season for them.

We recently heard of the passing of Bill Sutcliffe of Middleton CC, yet more sad news is that Peter Nelson who was well known in M&NW group and M&DTTA, passed away on 29th October. We hope to publish a tribute to both of these in a later edition. Although she wasn't a Vet, I'm also sad to announce that my good friend Doreen Cartwright, the widow of the 1940s/1950s time trial and pursuit champion, Cyril Cartwright, has passed away at home in North Wales. She was 96 years old and a lovely, lovely lady.

If you're looking for a last minute Christmas gift suggestion, the Group has some handsome VTTA gilets which bear the new logo. They come in a range of sizes and are available at £35.80 each. Contact Tony Farrell or see our Group section on the website for more details.

If 'The Veteran' flops onto your doormat (or into your inbox) in time, apart from urging you to take care on the road, my last words of 2022 must be to wish everyone a Merry Christmas and a happy, healthy, safe and prosperous New Year.

MERSEYSIDE

Phil Guy

We have the last two Group trophy events to report to complete the program for 2022.

The North Shropshire Whs 25 on 28th August, hosted what was probably the largest field of the year on Merseyside, when 82 riders faced the timekeeper, including a baker's dozen of group members. Best Group member on standard was Deb Hutson-Lumb, Wrekinsport CC, with plus 15:50 from her actual 1:00:28. For this she takes the magnificent Joe Brooke Trophy, whilst the Gomersal Cup for fastest time went to Alan Broadbent, Graham Weigh Racing, with a sterling 55:29.

The full result was: Deb Hutson Lumb, +15:50 (1:00:28); Nick Giles, +12:22 (59:09) (riding a road bike); Alan Broadbent, +12:02 (55:29); Gino Trasatti, +11:45 (1:04:10); Ben Love, +10:06 (56:26); Helen Tudor, +8:31 (1:06:38); Geoff Edgerton, +6:55 (1:10:09); Ian Casson, +6:34 (1:07:49); Gareth Brookes, +4:55 (1:03:57); Martin Sturge, +3:33 (1:04:37); Chris Lawson, +2:22 (1:07:17); Linda Beckett, -6:19 (1:20:27); Clare O'Donnell, -14:30 (1:29:39)

The final event of our trophy events program was the Frodsham Whs 10 on September 3rd, held on the challenging Farndon course. The Ron Yates Salver for best on standard was won by Alan Broadbent, Graham Weigh Racing, with +3:59 whilst the Leo Madden Trophy for fastest time was won by Ben Love with 22:51.

The full result was: Alan Broadbent, +3:59 (22:42); Ben Love, +3:28 (22:51); James Meldrum, +3:03 (23:11); Geoff Edgerton, +3:01 (27:19); Robert Griffiths, +1:59 (25:59); Paul Edwards, +0:58 (26:20)

The Group AGM was held on November 18th when a small but enthusiastic turnout approved the reports of various officers, the highlights of which were:

- Membership is relatively stable at around 100 members.
- Group finances showed a modest surplus for the year.
- Racing activity is relatively strong, with 37 members applying for standards, of which 25 eventually claimed medals and plaques.

This year's officers were re-elected again for 2023, with one notable exception. Group Recorder, Geoff Edgerton has decided to hang up his standard tables after an all too brief 11 years in post. We will miss you, Geoff, and send our grateful thanks for all your help and advice over those years. He now wants to concentrate on his training.

Officers for 2023 are:

Phil Guy - President and Treasurer

Mel Griffiths - Chairman

Sue Aldridge - General Secretary, Membership and Social Media Sec.

Janet Fairclough - Recorder, Records Secretary

Brigid Night - Social Secretary, Newsletter Secretary

Group championships have been decided, with a few new names to go on trophies this year.

Having been runner up last year, the Short Distance title in 2022 goes to Jonathan Mills Keeling, Bridgnorth CC.

The 4 Distance BAR championship goes to Arthur Winstanley from (what seems like eternal) runner up Ian Casson. Just two qualifiers this year following a gruelling, baking hot day for the local West Cheshire 12 hour, which put paid to many aspirations.

The 3 Distance championship on standard and on actual time, both go to Dave Williams, Velotik RT. Dave, you may recall, was organiser of the recent CTT National Hill Climb Championship, on the Old Horseshoe: and what an absolutely brilliant event it was - 440 riders. Superb! Chapeau, Dave.

The Group Ladies' Championship was won by Janet Fairclough on standard and by Emma Serjeant on actual time.

Tickets are now available for the Group Lunch and Prize Presentation on January 15th, 2023, at Cheshire View, Christleton, our usual venue. A two course lunch with tea/coffee will cost £21. Contact Social Secretary, Brigid Night on 07979 184232 or Phil Guy on 07970 047734. They will be able to advise on and take details of your menu choices.

Please come along to the Group Lunch to meet and applaud all our championship finishers, but if you can't wait until then, full details are on the VTTA website.

Full details of all our prizewinners, championships, trophy events and standard winners will be included in the group newsletter, due out soon.

And finally, I wish all Vets everywhere the compliments of the season and I look forward to seeing you on the grid in 2023.

MIDLANDS

Alastair Semple

2022 started and finished on a high this year with great turn outs for the Midlands VTTA events in early April and mid-September. We had 56 members racing this year, who took part in 420 events and clocked up an impressive 7,483 miles between them. Our most active rider was Mark Hamer (Legato Racing Team) who raced 610 miles and our most

active female rider was Emma Bexson (Stratford Cycling Club) with 473.5 racing miles.

Competition Winners

In the national competition Joe Costello (Legato Racing Team) took the bronze medal in the National 15 mile Championship and the Midlands VTTA Birks Cup (BOS for 10 mile event). In the Short BAR Joe Costello was fastest overall (16th in men's nationally) and Susan Semple Legato Racing Team fastest female rider (also 16th in the women's nationally).

Thanks to the automation of the VTTA and CTT results we have again been able to award the Les Lowe Trophy for the rider who raced the most K course miles in 2022 and this year it was won by Simon Dighton (Beacon Roads CC) who raced 152.5 miles on local roads. I have now been able to look back and can see the winners of the Les Lowe Trophy for 2020 was Andy Cross (Velo-One Cycling Team) and in 2021 it was Ian Taylor (Beacon RCC). So belated congratulations to you both and we will ensure your names are now added to the trophy.

In the Three Distance Competition Team Echelon were the only team to race all three events and Simon Adcock finished ahead or his teammate Andrew Simpkins with an impressive average speed of 27.875mph and they came 17th and =34th in the National Men's Competition.

Midlands Short BAR results table

Pos.	Name	Club	Agg. +
1	Joseph Costello	Legato Racing	+1:12:47
2	Jon Howard	Team Echelon	+1:11:31
3	Steven Loraine	Legato Racing	+1:09:32
4	Susan Semple	Legato Racing	+1:02:51
5	Simon Adcock	Team Echelon	+1:02:39
6	Mark Wise	Team Jewson - MI Racing	+1:01:22
7	Mark Hamer	Legato Racing	+1:00:59
8	Philip Brown	Walsall Roads CC	+0:58:43
9	Fay Barrington	Banbury Star CC	+0:57:25
10	Alastair Semple	Legato Racing	+0:57:24
11	Andrew Simpkins	Team Echelon	+0:56:16
12	Alistair Sponsel	VTTA (Midlands)	+0:54:18
13	Simon Dighton	Beacon Roads CC	+0:50:11
14	Richard Coleman	Stourbridge Velo	+0:49:06
15	Philipp Wooldridge	VTTA (Midlands)	+0:21:36

Midlands Three Distance Competition

Pos.	Name	Club	Agg. +
1	Simon Adcock	Team Echelon	+0:46:10
2	Andrew Simpkins	Team Echelon	+0:39:30

Dates for your Diaries

2023 looks to be an exciting year. Our opening event, the Welland Trophy, will take place on the K47/15 on the 1st April on some beautiful rolling roads on the edge of the Cotswolds. This is an annual competition where riders from the VTTA take on British Masters Cycle Racing (BMCR) members and the trophy is awarded based on the best 8 results on vets standard from each organisation. We usually see around 70 riders participating on what for many is their opening event of the season.

Then on 17th September Midlands VTTA are pleased to be hosting the National 10 Mile Championship on the K48/10, a nice out and back course. For anyone targeting this competition you can race the course on May 20th and June 17th when Stafford RC and WattShop are both hosting open events on the K48/10.

Indoor 10 mile league Winter 2022

The Midlands VTTA is again promoting a series of races for its members on Zwift. To provide more competition than just our members it will be part of an existing scheduled event which is the British Cycling Time Trial series on a Thursday – the 6.30pm (18.30) event – it is, surprisingly, under the race tab not TT, but that's BC for you! This is a 16.6 km flat race held on the London Classique course. No prizes other than the satisfaction of doing a fast ride on a flat course and virtual kudos.

Rules for participation. Entrants need to:

- Make sure their Zwift weight is accurate in their settings.
- Be enrolled on ZwiftPower and put (VTTA) after their names on ZwiftPower (profile, settings) and on their on-screen name so we all know who our competition is during the ride. For anyone unfamiliar with Zwift and Zwiftpower here is a helpful link.

https://support.zwift.com/en_us/connecting-to-zwiftpower-SyldRc_4H

Steve Jenks from the Midlands VTTA committee collates the results of our riders and posts weekly

updates on the Midlands VTTA facebook page <https://www.facebook.com/groups/787680931325837>

So if your looking for some additional motivation to train and push yourself during the long winter period why not join us.

That just leaves me to wish you all a very healthy and happy end to 2022 and we look forward to you joining us in the Midlands for some competitive racing in 2023

Stay Safe, Stay Fit, Stay Fast,

NORTH
Gavin Russell

Starting on a sobering thought. As I write this in mid-November, I have just returned from a funeral - the second in 8 days. The first was a Cleveland Coureur's club mate I have known for over 50 years; Stuart Edwards, aged 86, who unexpectedly passed away in his sleep. The second a great supporter of the North Group over many years, Norman Beilby, aged 85, of Cleveland Wheelers, who was very prominent on the Tees-side cycling scene from when I started in the early 60s. He organized, timed, handicapped and officiated at many events and was always there to encourage and provide advice and guidance, especially to newcomers. Despite poor health in later years, he still turned out to present certificates etc to youngsters at the local very successful League 2000 events, of which he was a founder (and which has just celebrated its 25th anniversary). Hopefully, space permitting a much fuller obituary for Norman will be included in the next issue. These events do bring home how we should seize every opportunity, when we can, to get out on our bikes and enjoy the lanes.

With the time trial season concluded, our thoughts now turn to announcing those who have been successful in the group's season long competitions, to the annual social luncheon and of course, looking forward to the 2023 North group's open time trial event programme.

2022 Group Awards: Marcel Schubert's amazing form has put him in top spot for all but one the group's season long competitions:

Best All Rounder Competition:
1st Marcel Schubert (Darlington CC) +2:01:34
(Awarded the *Joe Jones Memorial Cup* for 1st on

standard and the 25 *Shield* for actual fastest)
2nd Philip Kennell (GS Metro) +1:56:18
3rd Dave Nichol (Ferryhill Wheelers) +1:48:31
(No qualifying team of 2 for the *Team Shield*)

3 Distance Competition:

1st Marcel Schubert (Darlington CC) + 59:09
(Awarded the *George Siddle Memorial Trophy*)
2nd Philip Kennell (GS Metro) +57:03
3rd Dave Nichol (Ferryhill Wheelers) +53:40

Short Distance Competition:

1st Russ Richardson (Teesdale CRC) +1:11:32
(Awarded the *Joe Sander Cup* for 1st on actual time)
2nd Marcel Schubert (Darlington CC) +1:06:22
3rd Lee Foster (Border City Wheelers) +1:05:50

2022 North Group Points Competition:

Numbers were slightly higher this year with 23 qualifiers, together with a greater number of riders competing in more of the group's events, so creating a more lively competition. Marcel Schubert's amazing form has put him in top spot for all categories-standard, actual and handicap (for which he is awarded the *Jim Burton Memorial Cup*, the *Presidents Cup*, and the *Doreen Hugill Memorial Cup* respectively).

Caroline Ratcliff and David Nichol challenged for second placings and were joined by Paul Tyler to form the team from Ferryhill Wheelers who ran away with the best team on standard award (to be awarded the *Lenny Downs Shield*).

Other 2022 Group Trophy Awards:

The *Hill Climb Trophy* is awarded to the 1st group member on standard in the Hill Climb Championship (held in conjunction with the Cleveland Wheelers CC) on 26th September - Howard Heighton of Ferryhill Wheelers

The *Jubilee Cup* is awarded to the group member who finishes 1st on standard in the VTTA (North Group) 10 mile time trial on the T102 course on 22nd May - Marcel Schubert

The *Nouveau Shield* is awarded to the group member who finishes 1st on standard in the 2022 Houghton CC 25 mile time trial on 27th June - Phil Hall

The *Tom Charlton Cup* is awarded to the group member who achieves the season best plus at 50 miles (age 40 to 55) - Marcel Schubert

The *Tom Mathews Cup* is awarded to the group member who achieves the 2nd season best plus at 50 miles (age 56 & over) - David Nichol

The *Northern Unity Cup* is awarded to the group member who achieves the season best plus at 100 miles - Marcel Schubert

A full set of the 2022 competition results will be posted on the various Facebook pages and published in the 2023 North Group VTTA Handbook, which will be sent to all members on their renewal of membership for 2023.

Congratulations also go from the Group to Marcel Schubert, who in his first full season as a VTTA North Group member, finished 7th in the VTTA National Best All Rounder whilst also being victorious in the 2022 Cycling Time Trials British Best All Rounder at his first attempt.

2022 Standard Awards

Ten members have qualified for standards awards (number of distances in brackets):

Phil Wright (4), Dave Nichol (3), Tracey Sample (3), Russ Richardson (2), Lee Morley (2), Steve Fullerton (2), Wayne Coates (2), Philip Kennell (1), Andrew Delaney (1), Terry Pavin (1).

Group Luncheon & Awards Presentation

By the time you read this, you should all have received an invitation to the annual luncheon and prize presentation which again will be held at Hardwick Hall Hotel on Sunday 8th January 2023. We hope as many as possible will be able to join fellow competitors, officials and supporters at the group's main social event of the year. The meal this year will be a hot buffet.

2022 Event Review

Subsequent to the previous Veteran report, the following events took place:

28/08/22 Darlington CC/VTTA North 50, T504 - organized by Marcel Schubert on a new course based on the A6005 single carriageway road running adjacent to the A1(M) in North Yorkshire south of Catterick. With 34 entries (31 starters) fastest was the organizer with a time of 1:47:30, however Dave Nichol was fastest on handicap with a time of 1:42:52 (actual 2:02:48), Marcel was second with 1:47:16, and third was Elliott Gowland of Durham Tri Club with 1:47:22

(actual 1:51:27). Fastest woman on actual time was Molly Savill (Albarosa CC) with 2:10:01. Fastest woman on handicap was Caroline Radcliff with 1:58:03 (actual 2:19:25)

25/09/22 Cleveland Wheelers CC Hill Climb, THC33, Ingleby Greenhow Bank – organized by Steve Tilly; this event includes the North Group Hill climb championship. The Championship was poorly supported by group members, with the only entry Howard Heighton, Ferryhill Wheelers CC declared the winner on standard.

VTTA North/Veteran's North 10 Mile Closed Circuit "All Comers" Championship, T10C, Croft Motor Racing Circuit - organized by Gavin Russell, this year as an open event and open to both VTTA members and non-member vets. Medals were awarded using the VTTA age allowance system, The full result is reported elsewhere in this edition of "The Veteran".

2023 Programme of Events

Following discussions with clubs across the North East, the 2023 Group's competitions programme has been expanded from 5 to 16 events, these being:

Sun 19-Mar	Darlington CC hill climb THC42
Sun 2-Apr	Darlington CC 25 T254/1
Sun 14-May	Zeus CRT 10
Sun 21-May	Hartlepool CC 10 T102
Sat 27-May	Richmond CC 24 (sporting) T243
Sun 18-Jun	North Tyneside Riders 50
Wed 21-Jun	VTTA Northern Closed Circuit 10 T10C
Sun 25-Jun	Hartlepool CC 25 T252/3
Sun 2-Jul	VTTA (North)/Clev.Cour. 10 T102
Sun 16-Jul	Stockton Whs 25 T252/3
Sun 23-Jul	Barnesbury CC 25
Sun 6-Aug	VTTA (North)/Clev.Cour. 25 T252/3
Sun 13-Aug	Darlington CC 50 T504
Sun 27-Aug	Tyneside Vagabonds 100
Sun 17 Sep	Darlington CC 10 T104/3
Sun 24-Aug	Cleveland Whs hill climb THC33

In addition to the Group's events, in 2023, the CTT National Closed Circuit Championship (held previously at Thruxton Motor Racing Circuit) is being organised at the Croft Motor Circuit on the 8th October. This again is your opportunity to compete

against some of the best time triallists in the country, whilst also sampling great north-east hospitality.

Group Administration

The North Group hosted the 2022 AGM, to which all members received an invitation. All existing officers agreed to stand for a further year, with the addition of Paul Newman of Richmond CC and Peter Harridge of Tyneside Vagabonds joining as committee members. It was reported by the Group Treasurer that the group achieved a very small surplus in the year (£29).

You should have received membership renewal reminders from the VTTA in November. Please renew your membership and support the efforts of the officials who administer the group and the organisers, whose events form the basis for the annual competitions. Also please try and make the group stronger by recruiting your club/teammates and friends to join.

Cost of membership for 2023 is £16 for individual membership and £18.50 for joint membership (for a couple living at the same property). The North Group are continuing to maintain the membership fee at the 2021 rate.

2023 Standards Fees: For £12 you can attempt all distances, from 10 miles to 24 hours, as many times as you like. (The above fees apply to each of the four machines: solo bicycle, solo tricycle, tandem bicycle and tandem tricycle). Only rides completed after the payment of the relevant fee(s) will count for standard medals. You can achieve your standards in any CTT listed open event across the country and under the new website based system you can see your target times on your member's profile and no longer have to claim at the season's end.

Age Records

A number of claims for group age records have been received and have been verified. The historical age records have been updated and will appear in the 2023 North Group Handbook and VTTA North Group website. Should you consider any of your rides would improve on the existing age records, please forward any claims to the group recorder, as they are achieved, so that all are recorded in timely order. This will enable all claims to be assessed, reviewed and published for the 2023 season in the group handbook.

Closing Information

Thanks go out to Phil Wright, and Ruth Crossley for providing the writer with the background information used in the preparation of this report.

Finally, as I always say at the end of these reports, should any group members require additional information regarding any of the above, the group's activities or wish for anything to be included in future "Veteran" magazines, please do not hesitate to contact the writer either by email on gavin_russell@hotmail.co.uk or by telephone on 01642 654419.

Please have a good festive season, not too much celebration, keep safe and we hope to see you all next season.

NORTH MIDLANDS

Chris Lea

We are pleased to announce that the North Midlands' Annual Luncheon and Prize Presentation will be held on Sunday 19th February 2023, at the Holiday Inn, Rotherham. Tickets will be available nearer the time from Social Secretary Ala Whitehead, priced at £25. Trophies will be awarded to our winners from 2022, and standards medals will also be presented. With congratulations to:

Tom Thornely (Buxton CC), age 40 - *Brian Beardsley Memorial Cup*, 12 hour: +76.74 miles

Simon Warren (Norwood Paragon CC), age 49 - *Unity Cup*, 100: +0:33:08

Keith Ainsworth (Lindsey Roads CC), age 63 - *Sid Sharman Cup*, 50: +0:40:46

Keith Ainsworth (Lindsey Roads CC), age 63 - *Meersbrook Trophy, Short Distance BAR (10, 25 50)*: +1:00:43

Miles Haslam (Buxton CC), age 63 - *Colin Bell Cup, Middle Distance BAR (10, 25, 50, 100)*: +0:34:19

Miles Haslam (Buxton CC), age 63 - *Ethel Scothern Cup, BAR (25, 50, 100, 12)*: +0:37:16

Sarah Harrison (Sheffield Tri Club), age 48 - *Susie Denham Cup, Ladies BAR (10, 25, 50)*: +0:29:45

Ala & Andy Whitehead (Rockingham CC), ages 48/56 - *Watson Trophy, Tandem 10*: +0:03:19

Yvonne Twelvetree (Sheffield Tri Club), age 72 - *Sheffield Central Cup, Ladies Best On Standard in Group 10*: +0:02:05

Keith Ainsworth (Lindsey Roads CC), age 63 -

Cleethorpes Shield, Best On Standard in Group 10: +0:06:54

Gordon Wordsworth (Rutland CC), age 70 - *Ron Blythe Trophy, Over-70 Best On Standard in Group 10*: +0:05:02

Standards have been achieved by David Robinson (VC Veldrijden), Tony Nash (Lindsey Roads CC), Andy Whitehead, Ala Whitehead (both Rockingham CC), Sarah Harrison (Sheffield tri Club), Ady Dench (Team Sheffield), Anne Haslam, Tracy Gregory (both Buxton CC), Daryl May (Sheffrec CC), Paul Heggie (Birdwell Whs) and David Hayward (Matlock CC).

At the North Midlands AGM on 31st October '22, it was agreed that there would be a new competition for 2023: best on standard over combined distances of 10 and 25 miles.

There were many highlights in the last three months of the season. To pick just a few:

Keith Ainsworth (Lindsey Roads CC) was crowned Vets Champion in the VTTA National 25 and 30 Championships. Two superb achievements.

Nick Latimer (Team Lifting Gear Products) won Birdwell Wheelers hill climb up Green Moor Road near Stocksbridge, in 2-26.2, beating a group of much younger riders. Nick was also second in Catford CC's classic climb up Yorks Hill, then fourth in the Bec on the same day.

Steve Gibson (Peak RC) won the Yorkshire Cycling Federation 15, in 35:46, run on the old A1 south of Boroughbridge.

In the Bramley Whs 25 between Topcliffe and South Kilvington, Sarah Harrison (Sheffield Tri Club) was fastest woman and only just over the hour, in 1:00:01.

In the RTTC National 10 Mile Championships between Gilberdyke and Howden there was a good turnout of North Mids vets, led by Stuart Wells (Lindsey Roads CC) in 21:02, with clubmate Keith Ainsworth (fastest in his age category) and Steve Gibson not far behind, in 21:21 and 21:22, respectively. Andy Thomas (Lindsey Roads CC) rode 21:57, whilst Tony Nash did 22:40 and Andy Whitehead 23:12.

After just four months of racing and following an inspiring recovery from multiple serious injuries in a collision with a car in July 2021, meaning that he only got back out on the road in March, Tom Thornely was

only 0.5 mile off third place in the National 12 Hour Championship, with a superb distance of 298.43 miles for 5th place overall; an average speed of almost 25 mph sustained for 12 hours. Miles Haslam rode just 5 weeks after completing the National 24 Hour Championship, finishing agonisingly close to a 20 mph ride, with 239.86 miles.

The VTTA North Midlands Group 10 Championship was held at Hatfield in early September. Organiser Keith Ainsworth led his teammates Stuart Wells and Tony Nash to the CTT North Midlands District team prize with a rapid time of 21:19, supported by Wells' 21:24 and Nash's 21:42. Andy Hicklin (Peak RC) did 22:21, Paul Mapletoft (Kiveton Park CC) 23:17, and Gordon Wordsworth (Rutland CC) 24:17. Len Best (Matlock CC), Michael Weaver (Rotherham Whs CC), Ben Hamilton (Rutland CC) and Yvonne Twelvetree (Sheffield Tri Club) recorded 26:36, 27:28, 27:54 and 30:05, respectively. In the tandem event, Ala and Andy Whitehead rode a fast time of 23:51.

The season closed with a spectacular National Hill Climb Championship on the Old Horseshoe Pass near Llangollen. From the North Midlands, Nick Latimer, Sarah Harrison, and Simon Warren (Norwood Paragon CC) did excellent rides. Nick and team mates Patrick Clark and Kieran Wynne-Cattanach won the team prize to become RTTC Team Champions, with Nick finishing 35th from a huge field of 268 men. Sarah won her age category, 45-50, finishing 31st from 67 women. Simon was a full minute faster than his trial run two weeks previous, finishing 136th. Some words from our competitors:

Nick: "The atmosphere at the top of the climb was incredible. Hundreds of people lining the road, with the crowd parting just enough to let the riders through, and the noise so loud that as a racer you were left with no option other than to squeeze out every ounce of effort. The hill was a bit long for me but I paced it well, saving my best effort for the two steep ramps in the second half."

Simon: "I tip-toed up the first of the two steeper ramps and into the shallower mid-section where once again I sat down before the full-on assault to the summit. I was now closing in on my 30 second man and almost had him. As my body started to give in, the carrot I'd been chasing began to open up his lead again and I was now in a desperate chase to limit the damage. The higher slopes, even at 9.30am were already

starting to fill with noisy spectators and their awesome support dragged me through the wall of noise to where the gradient began to ebb away. With 100 metres left, arms and legs failing, I clicked up a few sprockets to muster whatever sprint I could and grovelled to eventually roll across the line, empty, naturally."

Sarah: "I know I overtook some riders, but I don't really remember who or when. Cow bells, people shouting encouragement, horns.... it was great and meant I barely registered the discomfort as I just wanted to get to the top knowing I'd given as much as I could. The number of people out supporting on those upper slopes was amazing, and after last year's' experience on Winnats I was a lot more comfortable pointing my bike straight at the crowds and knowing they'd get out of the way. I lost a few minutes after finishing.... time kind of stopped for a bit because doing this climb had been a focus for the last few weeks and there it was."

Chapeau all round!

SCOTLAND

James Skinner

News

The Scottish Group Prizegiving Lunch will be held on Sunday 15th January at McQs, 45 Main Street, Bannockburn, FK78LX; doors will be open at 12 o'clock for a 1pm start. Tickets are priced at £14, to purchase or confirm your attendance please contact George Skinner.

As we go to print the final list of winners has been compiled, and all the trophies engraved ready for the day, this includes 22 main trophies going out to 11 riders, also 8 standard plaques and 64 standard medals going out to 41 riders.

On 27th September, two days after our 30 mile time trial and on the same road, Christina MacKenzie was involved in a hit and run at Kippen roundabout. Police are still trying to trace the driver of the black Ford Ranger pickup which was towing a livestock trailer. Christina was helped at the scene by some Good Samaritans, but was promptly discharged from hospital with little or no assistance. The Scottish Group passed on our best wishes with a bouquet of flowers, after which we received the following reply:

"Thank you to the committee for the beautiful flowers, they arrived this morning and are now sitting in a vase to admire. That was very kind of you all to think of me and send them.

I have made good progress the last few days. With the help of a physio I have now managed to get outside and on 2 occasions been a passenger in a car to go out for coffee. It's the simple things in life now I appreciate. I'm not sure I'll be back on a bike anytime soon, my goal now is to walk unaided and get some quality of life back and take it from there. Many thanks and please pass on my gratitude to the committee. Thanks, Christina"

The Scottish Group wishes Sandy Roy all the best as he settles into his new home at Thorntree Mews Care Home in Falkirk. If any of Sandy's pals wish to visit I'm sure they would be made most welcome.

I was contacted by Sandy's son Malcolm to say that "when sorting through my dad's flat we came across the George Turner Trophy, awarded to the fastest lady over 25 miles. No idea why my dad has this but would think it should be awarded on an annual basis. Would you happen to know of anyone I can contact to organise its return? I'm sure you remember George from timing a lot of the mid Scotland cycling events." Thanks.

If anyone from the the old Mid Scotland District has been looking for this trophy just get in touch

It is with sadness that we hear of the passing of Jimmy Rae. Although Jimmy was never known as a time triallist, he was a great supporter of all cycling and would be spotted around the time trials at Blair Drummond and the Trossachs. Jimmy organised some fine road races on the tough roads around Creiff, and in his own racing days was the winner of the Tour of Scotland and the Tour of Ireland; he also won stages in the Tour of Britain as well as placing highly in several stages of the Peace Race.

Racing

The groups championship events for 2023 are as follows:

28th May - 50 miles at Freuchie
10th June - 10 miles at Newton Mearns
18th June - 100 miles at Forfar
30th July - 30 miles at Cambusbarron
20th August - 25 miles at Bishopton
10th September - Boomerang Trophy 2up at Freuchie

24th September - 15 miles at Cambusbarron

1st October - Trossachs at Aberfoyle

The 30 incorporates the VTTA National Championship; it has been moved from its proposed date of 27th August to accommodate some changes to the calendar caused by the UCI World Championships in Glasgow in early August resulting in the CTT National Championship 25 now taking the 27th. Our new date of 30th July is only a few days before the start of the Worlds so may encourage some extra riders from south of the border to make a longer stay.

If readers have any information, news, or gossip, get in touch at jamesmskinner@hotmail.com or INFO@SVTTA.ORG.UK

SURREY/SUSSEX

Keith Wilkinson

Group AGM

The 2022 AGM has been advertised in The Veteran for the last year as being in Handcross on Sunday 13th November. Unfortunately, once I had received advance apologies for absence only one of our existing committee would have joined me there, so we would not have had a quorum and I had to take the decision to cancel it. It seems that the end of the racing season is a time to go on holiday and I guess that Barbados is preferable to West Sussex in November! The meeting will now be held via Zoom on a date to be agreed when everyone is back home, which will avoid the need to travel or hire the hall. We urgently need new members to come forward to help with the running of the Group as we currently have vacancies for a Time Trials Secretary and Press Secretary as well as just general committee members. If you can assist in the running of the Group please let me know (keithwilkinson@talktalk.net) and if you contact me before we have held the delayed AGM I can let you have the Zoom link to take part.

2022 Season Final Events

Our Group programme of events ended with two 25 mile opens. The first was as part of the Bec CC promotion on 21st August on the G25/93 course at Steyning. There were 39 entries and 31 finishers and the top 10 Surrey/Sussex members on standard, with Simon McNamara winning the Aubrey Wenman Trophy, were:

Simon McNamara – HuntBikeWheels.com	
	+15:48(51:31)
David Pollard – VTTA Surrey/Sussex	
	+15:24 (56:51)
Cris Coxon – Brighton Mitre CC	+14:53 (52:02)
Andy Critchlow –Norwood Paragon CC	
	+14:26 (53:05)
Kevin Plummer –Team TMC	+12:33 (57:06)
David Clark – Eastbourne Rovers CC	
	+12:31 (56:06)
Mark Jones – GS Stella	+10:18 (1:00:53)
Brian Molloy – Brighton Excelsior CC	
	+9:50 (59:02)
John McDonald – trainSharp	+7:37 (1:02:02)
John Marinko – Brighton Mitre CC	
	+7:00 (1:02:39)

The second event on 18th September was our own promotion run by Andy Critchlow on the usual G25/89 Maresfield course, so he didn't have a chance to improve upon his 4th placing in the Bec event. It was a cold but dry morning with an increasing wind, but that didn't stop Chris McNamara producing an exceptional ride on the single carriageway road to win the Robin Buchan Trophy. There were 40 entries and 26 finishers including nine Surrey/Sussex Group members:

Chris McNamara – Nuun Sigma Sports	
	+17:21 (49:58)
Cris Coxon –Brighton Mitre CC	+13:47 (53:08)
Adrian Blacker – VTTA Surrey/Sussex	
	+13:04 (56:52)
Roland Kitson –Horsham Cycling	
	+11:53 (59:38)
David Clark –Eastbourne Rovers CC	
	+11:43 (56:54)
Marek Siwicki – Addiscombe CC	+11:10 (56:21)
Mark Jones – GS Stella	+9:46 (1:01:25)
Peter Baker – Lewes Wanderers CC	
	+8:01 (1:03:52)
Adam Rogers – Eastbourne Rovers CC	
	+7:42 (+8:28)

Records set in 2022

Chris McNamara certainly made his mark on the VTTA in his (delayed) first season of membership. Chris, why didn't you join us sooner? He rode to three national records at the age of 47: one at 30 miles (57:02) and two at 50 miles. Not content with setting a 50 miles national record of 1:36:11 on 2 July, eight

days later he followed this up with a stunning 1:34:07, making him the third fastest of all time at the distance.

Alan Robinson set two Surrey/Sussex Group records at the age of 81, with 26:27 for 10 miles and 44:42 for 15 miles. Nik Allen also set two Group records: 19:28 for 10 miles at age 50 and 1:45:47 for 50 miles aged 51. All seven records are exceptional and inspiring rides and it is great to see records being set by our Group members across all ages.

Annual Prizegiving Lunch

Our annual lunch is to be held on Sunday 5th February at the usual venue of the Normandy Centre, Denne Road, Horsham and we hope that as many of our members and their wives/husbands/partners as possible will be able to attend. We would particularly like everyone who is to be awarded a trophy, certificate or standards award to come and receive the appreciation of your fellow members. We put on the event for you. Our Social Secretary Eimear D'Arcy is organising the day and if she hasn't already contacted you with the booking details she will be doing so shortly. Please keep the date free.

John Froud (10/03/1940 – 25/09/2022)

All members of the Group who knew him were shocked and saddened to learn of the death of our long-standing member John Froud in the Epsom CC '25' on the popular Bentley course on 25th September. On a bright day with clear visibility John was hit from behind by a van driven by a 21 year old who was arrested at the scene on drugs charges. Apparently dashcam footage from the van is likely to help secure a conviction of the driver without a lengthy inquiry. John was a lifelong member of the Festival RC and was a top rider in road races in his younger days. He represented England in the Peace Race in Eastern Europe in 1964 and rode the 1965 Milk Race (Tour of Britain). He was part of the Festival's team pursuit squad on the track winning medals in several national championships and winning the All-London Championship. Together with his brother Brian he was part of the Festival team that won the RTTC 100 Mile Championship in 1961. He has been a member of the Surrey/Sussex Group since at least 1996, the earliest year for which I have records, and was time trialling well into his later veteran years recording good times. He was a regular participant in local events and will be sadly missed by all who knew him.



*John Froud - Festival RC
(10/03/1940 – 25/09/2022)*

Renewal of VTTA membership

You should have received notification that memberships now need to be renewed for 2023. Our rate in Surrey/Sussex stays the same as in 2022, which is £16.00 for individuals and £19:00 for couples. The easiest way to renew (and it makes less work for us) is to pay via the VTTA website. There is a £1:00 online service charge added, but that way you don't have to pay for a stamp and risk it going astray in the Christmas post. If you don't have online access then our Treasurer, Dave Pollard, can receive your cheques payable to 'Veterans Time Trials Assn. Surrey/Sussex Group'. Your prompt attention to renewal would be appreciated, or if you are not intending to renew please let us know as this will cut down the number of reminders that we have to send. If you joined after 1st October 2022 this doesn't apply to you as your first year of membership runs through to the end of 2023.

Group's Events for 2023

So that you can plan for 2023 before the handbook is published this is our intended programme of events on which our awards will be made:

Saturday 15/04/23	Group '10' on G10/87, 7:30am
Sunday 04/06/23	East Sussex CA '50' on G50/89, 6:00am
Sunday 23/07/23	Sussex CA '30' on G30/91, 7:00am
Sunday 30/07/23	East Sussex CA '100' on G100/861, 6:00am
Saturday 12/08/23	Sussex CA '15' on G15/92, 7:00am
Sunday 20/08/23	Bec CC '25' on G25/93, 7:00am
Sunday 17/09/23	Group '25' on G25/89, 8:00am

WESSEX Bob Jolliffe

As the rain hammers down and the wind swirls the leaves around the garden it's strange to think that a couple of months ago the time trial season was still in full swing at the end of a long and very hot summer. And what a season it's been for Wessex Group competitors with a wealth of wins and records to show for their endeavours.

So, what better time than now to set a date and place for celebrating those achievements? Get your diaries and planners out and log these Prize Presentation details please: Saturday 4th February 2023; venue: Petersfield Golf Club, just off the A3 near Petersfield.

Time and prices are yet to be confirmed, but think lunch and circa £28 for two courses and £35 for three. There's room for about 50 guests, and committee members would like to think they can fill those seats. More information will be forthcoming later via the Wessex VTTA Facebook page and individual emails.

What about getting there early with your bikes and enjoying a ride first. There is a cycle route beside the A3 so you can avoid venturing onto the carriageway (although you wouldn't think that if there was someone with a stopwatch to time you) and then some magnificent lanes, hills and scenery beyond.

Writing of the A3, here's something to look forward to: ...a3crg is organising a veterans' 25 on 25th May

so there's an opportunity for us mere mortals without super-quick qualifying times to get a ride on a fast course and have a chance of improving our "line threes". Group chairman and organiser David Collard-Berry (usually known as DCB) said it's going to be on P881, or the new P881L (the details of which will be a mystery until it is measured, but based on the 50 course).

At the Zoom AGM on 15th November DCB said it had been a difficult year for time trialling with entries down around 50%, with just a few events providing exceptions.

But it was not all bad news: Group Recorder Claire Newman told the committee many Wessex members had brilliant seasons, especially ...a3crg's Angela Carpenter.

"The headline for this year's report must be Angela Carpenter won the National Three Distance and Short-Distance competitions, five National VTTA championships, and set five National age records", said her report, before going on to list them.

National Competitions

Angela topped the National Three Distance Competition, (both men and women) with plus 1:07:34 and an average speed of 27.43mph; her teammate Claire Emons was second woman and third overall.

VC St Raphael's Andy Rivett was ninth in the men's competition and ...a3crg's David Shepherd tenth, and Wessex had eight qualifiers in this competition - three women and five men.

Angela also won the Short Distance Competition, with +1:29:07 from a very rapid average 28.64mph. Claire Emons placed sixth in the women's competition. In the men's competition, our best placed rider was Peter Younghusband (Petersfield Tri Club), in 19th. Wessex had 18 qualifiers - six women and 12 men.

The only qualifier in the VTTA National BAR was Andy Rivett in fourth.

Wessex Competitions

Angela was best of the 11 qualifiers (six women and five men) in the Wessex Short Distance BAR (two 10s, two 25s and one 50) and for good measure ...a3crg won the Wessex team competition with its all-woman trio of Angela, Claire and Virginia McGee.

Unsurprisingly Angela won the Wessex Women's BAR (one 10, one 25 and one 50) with Claire second and Virginia third.

National VTTA Records

Angela set national age records at 10, 15, 25, 50 and 100 miles, Sotonia CC's Norman Harvey and Mary Corbett set nine national tandem trike age records at every distance up to and including 12 hours, some of them twice due to Mary's mid-season birthday. Mary also set national solo tricycle records at 10 miles.

Wessex Group Records

In addition ...a3crg's Sarah Matthews set age 61/62 Group records at five distances up to 50 miles. Lucia Borrodale (CC Weymouth) set age 64 records at 15, 25 and 50 miles. Other Wessex records were set by David Shepherd (age 61, 30 and 100 miles), Neil Mackley (...a3crg, age 58, 10 and 15 miles), Nick Tarmey (VC Venta, age 44, 24hr), Andy Rivett (age 50, 50 miles) and Norman Harvey (age 89, 10 miles).

Wessex Group Championships

50 miles (Wessex RC, June 12): ...a3crg's David Shepherd took the win in 1:53:25 (+31:29). Second on standard was Andy Rivett, whose 1:48:05 (+30:35) was fastest on the day, winning him the CTT South DC Championship. Andy's VC St Raphael clubmate Kevin Baker was third with 1:52:53 (+21:41). Only four Wessex vets rode this event.

10 (Sotonia CC, July 8): It turned out to be a fast Sunday morning. Plusses were tight at the top: group champion was ...a3crg's Kirsty McSeveney, her 22:06 giving her +6:32. First male and second overall was Adrian Talley (Portsmouth North End CC), with 20:25 (+6:21), with Kevin Baker third with 19:47 (+6:19).

15 (Newbury Velo, August 21): Angela Carpenter was first with 32:19 (+12:24), second was Sarah Matthews 35:31 (+11:06), and third James Fawcett, also ...a3crg, 30:44 (+10:33). Norman Harvey and Mary Corbett were tandem champions in 41:55 (+9:59).

25 (Epsom CC, September 25): This was originally to be held in the Southdown Velo event in August. However when this was shortened to a 10 because of road works Epsom CC kindly agreed to host our championship in their event on September 25. Sadly there was a fatality in that event, which was abandoned. Therefore there was no Wessex 25 championship this year.

No teams finished in any of the group championships.

CTT Honours

The plaudits did not end with VTTA events. Continuing her successes, Angela was third in the CTT Women's BBAR, and Claire Emons fourth. Andy Rivett was eighth in the CTT Men's BBAR and also won the 50-54 age group in the National 12 Hour.

James Fawcett won the 55-59 age group in the National 10 and Paul Jones (Primera/Teamjobs) won the 50-54 age band in the National 25.

In the CTT circuit championship, Neil Mackley won the M55-59 and Sarah Matthews the W60-64 awards.

Standards

Fifty members entered for standards in 2022. A total 33 members between them achieved 64 standards (46 medals) and four riders achieved plaques for four or five standards.

Special thanks must go to Claire Newman for providing the statistics (and a lot of the words from her report).

Membership

Membership secretary Norman Harvey, who will be approaching 90 years old by the time this is published, told the AGM there had been 148 active members in the group this year, two more than in 2021. Of these, 117 were single memberships, 10 joint (five couples), 22 women and 21 life members.

Fareham Wheelers' Brian (Sid) Hygate and Norman himself were the only two over-eighties to have raced this season.

Norman also noted the death of Ray Needle at the age of 96. Ray was a former member and treasurer of New Forest CC and had been a VTTA member for 43 years. He had been active and healthy until his death.

WEST

Brian Griffiths

This year's AGM is now past and as expected a few small changes have taken place. In his ninetieth year our long standing Chairman Brian Barraclough has decided to stand down and will be replaced by Mary Jane Hutchinson.

All the other committee members readily agreed to continue in their posts for a further year. The secretary

read out his report indicating that we had enjoyed a very successful year, the highlight of which had been the National Championship 10 earlier in the year, for which we had received many compliments. The treasurer followed, by happily reporting that we had made a small profit during the year, which meant that subscriptions could remain the same for the year ahead, much to everyone's delight - £20-00, which includes eight super glossy magazines

A lengthy debate about the falling numbers of members riding time trials produced many of the familiar thoughts. Expensive bicycles, lack of suitable courses, cost of travel, lack of organisers, dangerous roads - all of which might contribute to the problem. However most seemed to think that much more thought from our governing body should be given to promoting our branch of the sport using modern media methods as in many other sports, advertising ourselves to a much wider public. Another suggestion was, could we not try having safer events on closed circuits, on old aerodromes for instance?

The cost of producing, printing and distributing the "WestVet magazine was mentioned now that the price of posting is so high. Some of our members are taking their copy on line but many more still preferred to have a hard copy in their hands to read.

For the AGM a willing group of our dear ladies produced a very tempting selection of refreshments to enjoy, though we could have done with a few more members to really do justice to their splendid efforts.

It seems to me that the CTT National AGM early in December could prove to be most interesting.

There are not many local events on the calendar in the New Year for our riders and I notice a lack of 100's and 12's, which no one seems to want to ride these days. Will this prove to be the end of the BBAR in future?

I regret to have to report the passing of member Peter Baldwin who was well into his nineties. Peter was a popular and successful WestVet over the years. He was possibly better known for his exploits in the grass track races that used to be so popular both locally and in Mid-Wales. He had many successes in road races and was at one time seriously considered for the "Olympics". Up to 50 miles he produced some excellent time trial performances over many years. He worked in the local aircraft industry for most of his life.



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With Christmas and the New Year clearly on the horizon may we wish fellow Vets happy times and good luck with the difficult days forecast for what seems to be the foreseeable future.

YORKSHIRE

Chris Goode

We are very grateful to all members of the Yorkshire committee for their work since the last AGM, in particular John Hallas for his work this year as secretary and web manager. He is stepping down, after an efficient and successful spell. Karen Taylor will be taking the reins, as well as being our digital champion and national forum representative, taking over from Chris Goode. Other committee positions remain unchanged. Blair Buss agreed to hold the fort as the treasurer in the short-term, but the following day Sue MacFarlane (Army CC) volunteered for the position. Thanks to George Young and Tony Stott for their help in the past few months.

Jymmy Trevor has produced a thorough summary of the awards and standings in the BAR and competitions, which is on our facebook page. Our awards list follows:

Single Event Awards

Stan Chadwick Memorial Cup to BOS member in Group 10 - Darren Yarwood +6:16

Oliver Shield to BOS member in Group 25 - Darren Yarwood +15:41

Yorkshire VTTA Shield to BOS member in YCF 50 - Liz Ball +22:24

Charlie Rice Cup to BOS member in CTT National 100 - Liz Ball +55:48

John Pickles Cup to BOS member in CTT National 12 - Andy Askwith +51.00 miles

Ken Hartley Cup to BOS member in CTT National 12 - Doug Hart +120.78 miles

Fred Bottomley Memorial Cup to fastest member in CTT National 100 - Mike Furby 4:04:45

Season Long Competition Awards

Ron Bailey Shield to Short Distance BAR winner - Darren Yarwood +1:04:50

Len Dexter Memorial Cup to Short Distance BAR best placed lady - Liz Ball +59:42

Harry McKechnie Trophy to Yorkshire Ladies BAR winner - Liz Ball +46:36

Three Distance BAR winner - Darren Yarwood +47:31

Three Distance BAR best placed lady - Liz Ball +44:58
Oliver Cup to Four Distance BAR winner - Andy Askwith +52:07

F. B. Wood Memorial Shield to Four Distance BAR actual fastest - Andy Askwith 24.550 mph

Standard Awards

Plaques are awarded for achieving at 3 or more distances, medals for 1 or 2 distances.

Plaques - Stuart Henderson (6), Andy Askwith (5), Liz Ball (4), Alan Chalmers (4), Martin Hailstone (4), Duncan Smart (3), Jymmy Trevor (3),

Medals - Dave Nolan (2), Julian Read (2), Neil Cleminshaw (2), Mark Philipson (1), David Taylor (1), Danny Kelly (1), Paula Fisher (1), Patrick O'Connor (1), Richard Durham (1), Mark Burtonshaw (1), Sandra Burrows (1), Sue McFarlane (1), Helen Goldthorpe (1), Andy Wond (1),

Mike Williams is organising our prizegiving lunch; it will be held at the The Bridge Hotel, Walshford, at 12.00 for 12.30pm on Sunday, 29th January, price £26 per person. Our Guest of Honour will be our distinguished National President, Mr Tony Farrell. Please make every effort to attend, especially if you have won anything and if possible please bring a raffle prize.

Early September saw the group's 25 mile time trial, on the quick V236/1, the course which will be used for the National VTTA Championship on 16th April 2023. The event was well organised by Blair, who has made a good recovery from the collision earlier in the year. Best on standard was Otley CC's Tim Garwell, Alan Chalmers (Valley Striders CC) was 7th with +15.48 and best woman was Seacroft Wheelers' Angela Hannon-Flaherty +14:10 (1:00:59). Second on standard for Ferryhill Wheelers was Caroline Ratcliff +12:58 (1:03:20) and in third place Sandra Burrows riding for Vive Le Velo +9:09 (1:06:51). Fastest on the day was the youthful Adam Duggleby in 48:42, with new vet, Richard Sharp recording 49:28 (+16:32); third on time was Neil Cleminshaw in 53:00 with a plus of 15:23(all Chapeau! Vive Le Velo). Richard was 6th on standard and Neil eighth. For the full result see the VTTA website. Well done to all those that took part and thanks to all the helpers who make the races possible.

Fiona Sharp (wife of the above mentioned Richard and who was women's 15 miles champion in 2019) has graduated onto longer distances. She recently

completed the 1500km London-Edinburgh-London Audax and was the first female to finish. (Unfortunately due to space restrictions her comments on the experience are held over until the March Veteran. Sorry, that's a decision which the editor tried to avoid.- Ed)

Sadly, Joel Wainman passed away on 1st October following his diagnosis for motor neurone disease. He fought his battle with dignity and bravery. The funeral service was very well attended by his family, colleagues and fellow cyclists. I was always impressed when I saw Joel at a race or when he was training. Joel would have forty plus miles on the clock before 10 o'clock on a Sunday morning; I'd have done half that. Joel was certainly one of Yorkshire's and the country's best cyclists. Rest in peace, you will be missed.

Keep those wheels turning and please send any news to cgoode@yorkshire.net. Take care over the winter months.

NORTH LANCASHIRE & LAKES

Richard Taylor

All in all not a bad year for the group. Our championships and events have been well supported by our membership, and the help with marshalling and other duties is a credit to the group. And not only that, both the CTT and the NLTTA plus many individual clubs can only be grateful for our input in staging some of this season's high profile events.

Keep up the good work people, and let's enjoy the luncheon on 8th January at our new venue, Best Western Garstang Golf Club.

All 10 events in the Group Championship went ahead with decent support in all of them. 42 riders rode at least one, there were 15 qualifiers who completed the required four events, a sure sign many L-course races are what our members require. The Group Champion for 2022, and our first ever female winner is Debbie Moss, congratulations to her! Her impeccable 480 pts were down to the last 4 qualifying events of which she won all on standard. Second was the evergreen Peter Greenwood only 2 points adrift with the reigning champ Mike Westmorland 3rd on 476. Debbie's transfer to Springfield Financial assured that, along with Andy Whiteside and Theresa Taylor, they are the 2022 Team Shield Winners.

Debbie also took the Ladies BAR, with Theresa and Sue Cheetham second and third, Deb also won the Paddy Maloney Cup for BoS at our 50 in July. Peter Greenwood took the 25 mile Dobson Trophy, whilst Andy Whiteside retained his 100 miles and 12 hour crowns. Matt Stell won the Crowther Shield for a second time whilst Rachael Maxwell improved her season so much she won the 100 handicap by a country mile to take the Baxter Rose Bowl.

29 riders applied online for their standards, one up on 2021. I've gleaned that 12 riders have sufficient successful rides for a plaque, 8 are medallists and 9 have no claim. Two riders have 5 standards, 5 have 4 qualifiers.

During the 2022 season, 28 new group age records were set, a smidgen down on last season, six of these were duly beaten as the year progressed. Theresa Taylor set new marks at five distances between 10 and 100 miles, Debbie Moss and Mike Westmorland were prolific with four apiece. Richard Bideau, Peter Greenwood and Jason Bateman improved two each.

Member Nigel Clementson organised the VTTA National 30 on behalf of Wigan Wheelers. The event was a huge success for our group, with only BoS Keith Ainsworth preventing a North Lancs and Lakes whitewash. Debbie Moss won the women's event with Sue Cheetham 2nd and Theresa Taylor 3rd. 2nd in the men's race was Dave Hargreaves and 3rd Richard Bideau, who was incidentally fastest overall with 1:2:57. Deb, Dave H and Richard ensured NL&L were Group Team Champions, whilst Deb, along with Andy Whiteside (2nd fastest) and Theresa ensured Club Team Champions were Springfield Financial.

Andy Whiteside took silver medal in the 12 hour VTTA champs which was also the CTT national, his 298.62 was also good enough for 4th overall and he was only half a mile off a national medal.

2023 Events

The dates are:-

25	Wednesday 12th April
15	Sunday 30th April
50	Sunday 11th June
10	Tuesday 15th August
NLTTA 100	Sunday 23rd July
NLTTA 50	Sunday 17th Sept.

SOUTH WALES - No report

THERE'S NO STOPPING NORMAN HARVEY

As Jon Fairclough Finds Out

In this issue Norman Harvey of Sotonia CC and Wessex group is answering questions about his very long racing career. He is a Distinguished Life Member and holds an astonishing number of records, which just shows what you can achieve when you keep racing. He holds, with Mary Corbett, one national record on mixed tandem bike and seven national records on mixed tandem trike. Many of you will have seen their amazing trike called "Bonnie Bagheera" at events. In addition, he holds 17 group records on solo bike and 26 on tandem bike. That's 51 records. Beat that!

Before answering the questions, Norman tells this story, which explains his love of cycling.

"I was born on a small holding not far from where I now live. When I was six years old WW2 broke out and of course this had an effect on me. In those days cars were rare and usage was strictly limited to essential journeys controlled by petrol rationing. Where I lived there was a very limited bus service, twice each day, later reduced to once, then still further to alternate days.

All the above made it natural for everyone to ride bikes and I could ride well before I started school at five years old. We all cycled to school, work and to socialise regardless of weather. Long before I left school aged fifteen, I was cycling on my old upright bike for many miles each week.

Shortly after I started work, I spotted a gleaming red bike in a local bike shop, it was to me a real racer with drop handlebars and shiny steel rims with a hub three speed. I desperately wanted it, so my grandparents loaned me the money and I paid them back with weekly instalments. With this bike I linked up with two other ex-school friends and we did a Youth Hostel tour to Somerset. Later that year we joined a cycling club (Southern Counties Clarion C&AC)

That bike was stolen while I was at night school so I then bought a second hand Rotrax with fixed gear. In those days most club cyclists rode a "fixie" as they are now called. The following spring when I was sixteen, I rode a club 10. In those days we arrived at the start (no HQ) stripped off the mudguards and saddle bag and possibly turned the back wheel round to use a smaller sprocket. On that first race I rode a 76" gear and recorded 26:26.

I rode a few more events that year but I was mainly interested in club runs. The following year was much the same, but when I was eighteen, I started track racing. Because I was a good sprinter, I had some success on the smaller meetings but it was to me just another aspect of the sport and I was never likely to become a star. Then followed bunch racing on the road and closed circuits. I had a few successes, sufficient to have a licence upgrade to the next category.

From the age of 16 to 32 I enjoyed every aspect of cycle sport including the above and cyclo-cross, grass track, cycle polo - I've got a medal from when as part of the team we won a National Final. When I was 22 I married Pat, who was in my cycling club, and we spent a week on our honeymoon cycling to Lands' End and back.

In my mid to late twenties competitive cycling began to take a lower priority because we bought some land and did a self-build house; we also had children! I didn't turn my back on cycling however, I became very involved as a Commissaire, Judge, Track Starter, Timekeeper, T/T promoter and BCF Road Race Secretary.

As the children became older, I dropped all my involvement with cycling for nearly twenty years so that we could spend more time doing family things. Because I was a further education lecturer,



every summer we spent holidays touring on the Continent in our motor caravan. During all those years I didn't cycle at all but I did do a fair bit of running.

In the mid-eighties, commuter traffic between my house and the College was becoming horrendous so I started riding to work on the cycle paths. This was purely utilitarian; I had no thoughts of cycling again as a sport. Of course, destiny is never foreseeable and I met an old club mate from the past who persuaded me to "come out to a local evening club 25". That was the start of my present cycling phase.

At first, I was on the fringe then I did a few club runs followed inevitably with an evening club 10. Wow, that was a shock to the system! Gradually I became a bit more committed when at the age of 56 I retired from full-time work and went part-time. I started looking into some of the modern training manuals.

In the old days most of us didn't know how to train, we did loads of miles and some group "burn-ups" a bit like modern chain gangs, but then I discovered the benefits of turbo training and all that goes with it. Gradually my T/T times reduced. Before tri-bars I did 22:11 for a 10, then in 1996 sub-hour for 25, a 50 in 2:05, a 100 in 4:32 and 217 miles in the Poole 12hr.

All that has been surpassed by the tandem riding with Mary. How this came about is another story which I won't recount here but suffice it to say that we gelled right from the very first ride together, probably it helped that I had many years of experience riding with Pat my late wife, and Mary having a good background in running and other sports.

On our first 25 we broke the hour on what was really a touring tandem (no tri-bars then). On our later tandem we improved the 25 to 57:53 and confirmed that with 1:9:50 for 30 miles. Our other PBs on the tandem are all Wessex Age Records: 10 miles 22:17; 50 miles 2:5:25; 100 miles 4:24:25; 12 hours 232.89 and the 24, which is still a National record was 366.922 done in 18 hours of rain.

A few years ago, a friend of mine died from cancer and I bought his very nice Longstaff solo trike, Mary wanted a go on it and she loved it, She coped better than me and she has done a couple of races on it (one being an Age Record). We had stopped serious tandem racing in 2009 because I was struggling on the front and we weren't enjoying it. The trike appealed to us, so we searched around for a tandem trike; eventually we found one which was a bit too big for Mary, however with a bit of modification she could just manage. We both tried being pilot and quickly settled for me as stoker. Before long we arranged for Geoff Booker to build "Bonnie Bagheera" and you know the rest.

Although I've not kept a record, I know that I have cycled more than half a million miles. I have ridden Land's End to John O'Groats twice, once solo and once with Mary on the tandem, with Pat in support both times.

I've always tried to look on the bright side and have fun. Pat and I shared a great life together, we made many lovely friends, some still here today. Since her death I have been very fortunate to have had the support of Mary and many friends from the sports of cycling and running."

And now the Q&A

Q1. *When did you start time trialling?*

A1. Age 16 (1949) time 26:26 for a 10

Q2. *What are your greatest achievements in your time trialling career?*

A2. Very difficult – perhaps the 24 hour with Mary when we endured 18 hours of rain on an amended course which included a hilly leg that had to be covered several times. We did 366.922 which is a National Age Record. Also, perhaps last year, when we did the 182.67 miles in the twelve on “Bonnie”. Solo, I think that I was most delighted to break the hour at the age of 63.

Q3. *What is your TT bike and trike?*

A3. I've had several bikes which were not specifically T/T bikes, my best ones being bespoke Rotrax. Now I ride a carbon fibre Felt with a disc and either an 80 deep carbon front if, or a 50 if it's windy. It's fitted with oval chain rings and SRM power. Both wheels have tubs. Due to my back curvature, I can't get down low on the tri-bars now.



My trike is a lightweight Longstaff and the tandem trike was designed and built by Geoff Booker; it is a steel frame with 80mm carbon rims.

Q4. *What is your approach to training?*

A4. Now at the age of 89 I can't race and train as recovery takes a lot longer. I ride probably three times a week mostly on the New Forest roads, which are not quick. Rides are usually 2 to 3 hours, occasionally 4 to 5. In the winter I use the turbo when the weather is naff but my sessions are not now as intensive as before.

Q5. *What have you done (and not done!) to allow you to keep racing in your 80's?*

A5. The reason for my longevity is that I've always enjoyed cycling. Racing has only been one aspect of the sport. Because I've never been a superstar, I haven't needed to worry about being beaten or doing a duff ride. I have pity for the top riders who invest so much time and money then don't achieve their goals so they drop out of the sport.

Q6. *What is your favourite type of time trialling event?*

- A6. I don't enjoy 10s because it's eyeballs out and every slight mistake is costly. As I've become older, I think that the 12 hour rides where we can stop for refreshments are best but you can't get too competitive.
- Q7. *What low points have you experienced in your TT career?*
- A7. I once packed at 96 miles in a 100 mile TT because my target time had passed! But that wasn't really a low point.
- Q8. *What do you think about when you are racing?*
- A8. I try to concentrate on smooth pedalling. In longer races I break it down into small targets, never think of the whole distance.
- Q9. *What are you aiming to achieve in time trialling in the future?*
- A9. I hope that whilst I am still enjoying it that I can keep getting to the finish line, times are still relevant but not exclusive.
- Q10. *Do you have any advice for people new to time trialling?*
- A10. Don't get caught up in the search for the best, most expensive equipment. Get on any bike, ride and enjoy the feeling of achievement, enjoy meeting other competitors, aim to do your best. If you happen to be talented then consider an upgrade, but you can't achieve stardom with money, there's a bit more to it than that!

To finish up, Norman tells us about how he and Pat got started riding a tandem, or rather nearly didn't!

"This little story goes back to 1957 when a work colleague said to me "Have you ridden a tandem?" "No" I replied. "I've got one taking up garage space, which we won't use any more. It needs a bit of TLC but it's yours for a nominal sum." Pat and I were regular cyclists annually riding 12 to 15000 miles on club runs, holidays, commuting and time trials so - "Yes please" I said.

Pat's brother David was recruited to take us by car to the home of the tandem about 15 miles away. He decided to wait to see us safely on our way but he, nor we, had any idea of the hilarity which was about to be enacted. The tandem was bright yellow with a bit of rust here and there, it had fat tyres on steel rims, a Cyclo derailleur rear mech with three wide ratio sprockets mounted on a Sturmey Archer wide ratio hub. The range of gears was enormous. It was equipped with centre pull and hub brakes – it weighed a ton!

So, with saddle heights adjusted we wheeled her out onto the road (hardly any traffic about in those days) stood astride her, thanked David and the previous owner, and said "We're off then", and off we nearly were. Nearly off into the ditch much to the amusement of the onlookers.

We were both accustomed to our lightweight Rotrax solos and had no idea how to get started on this tank. Pat naturally tried to steer with the stoker bars and I had never experienced trying to balance such a weight. What followed were multi-aborted attempts to get started with David enjoying our antics and thinking that at this rate we were facing a long walk home! Eventually when the past owner could no longer stand it, he told Pat to hold my hips and keep off the stoker bars. Finally, this enabled us to make a wobbly start and we negotiated the ride home without too much further trauma.

After that hilarious tandem baptism there follows many more tandem stories far too many to recount here, but needless to say once bitten by the tandem bug it never lets go!"

AGE 80+ MEN & 70+ WOMEN COMPETING IN 2022*(Listed in decreasing age order based on date of birth)*

Peter Horsnell	Chelmer CC	E Ang	92
Ron Hallam	South Pennine RC	N&EM	92
Norman Harvey	Sotonia CC	Wssx	89
Les Hayman	Southborough & D Whs	Kent	89
Alex Munro	SVTTA	Scot	89
Derek Hodgins	Stockport Clar CC	M&NW	88
Pete Wilson	Bath CC	West	88
Terry Law	CC Sudbury	E Ang	87
Bob Ibell	Bynea CC	S Wls	87
Alasdair Washington	Caithness CC	Scot	85
Peter Norman	Wrexham RC	Mer	85
Brian Hygate	Fareham Whs	Wssx	84
Brian Lewis	Bicester Millennium CC	West	84
Nev Ashman	Manchester Velo CRC	M&NW	83
Malcolm Adams	De Laune CC	Kent	83
Stewart Mitchell	Deeside Thistle CC	Scot	83
Les Humphrey	South Eastern RC	S/S	82
David Steele	Lyme Racing Club	M&NW	82
John Murphy	Gloucester City CC	West	82
John Froud	Festival RC	S/S	82
David Stockley	A5 Rangers CC	Mids	82
Keith Alderson	Cleveland Whs	North	82
Colin Inett	Thanet RC	Kent	82
Alan Robinson	Central Sussex CC	S/S	81
Murray Kirton	A5 Rangers CC	Mids	81
John Howells	Corinium CC	West	81
John Tiffany	Harrogate Nova CC	Yorks	80

The list of over 80s who are still racing is as select as ever, again topped by the incredible pair of rivals Peter Horsnell and Ron Hallam. On enquiring of Peter he says that 2022 was most likely his final season - the mind being willing and enthusiastic but the body is failing to deliver to his high expectations. Despite that downbeat assessment he still earned age records at 10,15, 25 and 50 miles; he thought his best rides were early in the season and he then found it difficult to improve on them.

Ron meanwhile had an injury disrupted season. After his usual steady build up he visited the E2 in late June for a showdown with Peter but suffered a spill during his warm up. It was another two months before the slow healing injury meant he could race again. Undaunted by this setback and following his 92nd birthday he tackled a 25 on his local course, where he failed to beat Peter's age record by one second. Bad luck Ron, there's always next year!

Tragically John Froud suffered a fatal racing accident late in the season. John was a regular part of the time trialling scene on southern roads and will be sadly missed.

Once again the 80+ list is devoid of any female racing members, so here are the over 70s racing ladies.

Rosslyn Young	Serpentine Running Club	L&HC	78
Arja Scarsbrook	Team Echelon	West	74
Gillian Reynolds	Willesden CC	L&HC	73
Elsbeth Knott	Colchester Rovers CC	E Ang	72
Anne Staley	Mercia CC	E Mids	71
Jan Farmer	Serpentine Running Club	L&HC	71
Diane Hynam	Bynea CC	S Wls	70

List based on best available information. Please report any omissions to the editor.

THE RESULTSHEET APP

CLOUD BASED LIVE RESULTS APP REDUCES EVENT ADMIN AND BRINGS BACK THE BANTER...

By Brett Davis

When time trials restarted as we came out of lockdown in 2020, life was a bit strange as a time triallist. On one hand you had the excitement of being able to race but on the other you had the frustration of not knowing how you had done, that would involve talking with more than one person in a closed space, which was not possible with social distancing. HQ's weren't allowed, so the post-race ritual typically involved a 5 minute chat with your minute man across the car park and going home to patiently wait for the results to appear on the CTT website a few days later. I missed the banter.

So, over the winter of 2020 I decided to try and build a system that would enable event organisers to easily publish results during their events. As fate would have it, David Collard-Berry from ...a3crg was looking for a system, so we teamed up and the ...a3crg team proved instrumental in helping get the first version of ResultSheet off the ground ready for the 2021 season.

The feedback was amazing. HQ's had re-opened by this time, so riders were both looking at results on their phones as well as gathering around projectors with tea and cake to again discuss excuses on why their ride hadn't gone to plan. The banter was back.

On the back of the positive feeling towards the system in 2021, we rebuilt ResultSheet to be a proper cloud-based platform that event organisers could simply sign up for and begin using. ResultSheet version 2 was launched in early 2022 and the take up has been great, over 200 clubs have signed up and over 450 events have been managed with the app, including events like the VTTA National 100, Goodwood and the Welsh CA 30 Championships.

To use ResultSheet, an event organiser would perform the following:

1. Sign up for a free account on the ResultSheet website: <https://resultsheet.co.uk/>
2. Automatically upload the event start sheet from the CTT website
3. Print a QR code for the sign-on table so riders can easily find the results
4. Set up a projector if they wish to have results displayed at HQ
5. Have the timekeeper or recorder enter rider results using the mobile app during the event

As results are entered using the app, they are streamed in real-time to the HQ results board and rider mobile phones. All VTTA standard calculations are performed automatically.

Once the event is complete and any queried times are corrected, organisers can export results and upload them to the CTT website without needing to rekey any data. The steps for club events are the same except the start



ResultSheet in action at the VTTA National 100

sheet is created on the line using the ResultSheet app.

The benefits fall into two camps, riders and event organisers:

- Riders can quickly check how they have done against their peers and get a better experience from the event. This should encourage more riders.
- Event organisers have less admin and need fewer volunteers. This comes from queries being resolved on the day, automatic calculations of VTТА and actual results, no requirement for additional people re-keying times at HQ and automatic upload of results back to the CTT

Subtly, we have found that people also enjoy watching the live results even if they are not at the event, which generates a broader awareness of time trialling.

So where now? The ResultSheet user community has been great at providing feedback for the development roadmap, so there are lots of new things on the horizon. Specifically, for the VTТА we are planning to support times presented in the new Vets Handicap Result format and enabling filtering of results to just VTТА members, which will further help with prize giving during an event.

Interested to try ResultSheet?

It's free to use and you can sign up via the ResultSheet website: <https://resultsheet.co.uk/>



Screenshot of ResultSheet when viewed on a mobile phone

May 29, 2022 7:00 am		53rd Ron Brown Memorial 100 Mile TT				resultsheet.co.uk			
Promoted by: Hounslow & District Wvs									
Men				Women					
#	No.	Rider	Cat.	Result	#	No.	Rider	Cat.	Result
1	81	Paul Berles Positive FT	M.A.	05:28:44	1	47	Angela Carpenter ...sling	W.C.	04:55:00
2	70	Tim McEvoy FTP (Full The Potential)...	M.A.	05:34:45	2	62	Liz Brooke Woboe Endurance Zone...	W.Sen	05:04:54
3	83	Mark Smith Crowley Wheelers	M.B.	05:41:18	3	67	Emma Flynn Hopes Park Race Team	W.Sen	04:11:17
4	85	Heath Pearce FTP (Full The...	M.Sen	05:44:28	4	40	Josiea Calvert Barry Clanton CC	W.G.	04:24:46
5	31	Andy Christoph Norwood Penzance CC	M.B.	05:45:27	5	48	Nancy Shanks Beaconsfield Jubilee...	W.Sen	04:28:30
6	45	Lee Williams North Hampshire RC	M.Sen	05:44:56	6	53	Lisa Davis DRAGS2ERO	W.B.	04:27:34
7	71	Derek Shepherd ...sling	M.S.	05:46:08	7	37	Kate Brodley Born to Ride - Strigtown...	W.G.	04:38:02
8	88	Sam Berley AS Test Team	M.Sen	05:46:44	8	14	Rachel Watts North Hampshire RC	W.A.	04:37:35
9	82	Liam Stoneville ...sling	M.Sen	05:47:02	9	8	Kirsty Wheeler Maidenhead CC	W.Sen	05:27:33
10	51	Tom Lane North Hampshire RC	M.Sen	05:51:14	7	Kate Kelland High Wycombe CC	W.C.	DNF (A)	
11	87	Kevin Baker Velo Club St Raphael	M.B.	05:52:35	56	Michelle Witter Beaconsfield Arrow...	W.E.	DNF (A)	
12	94	Christian Bickire North Hampshire RC	M.B.	05:52:45	41	Patience Hall Parklane Wheelers CC	W.G.	DNF	
13	55	Paul James Didcot Phoenix CC	M.B.	05:54:02					
14	48	Mat Wilson VTТА London & Home...	M.B.	05:57:30					
15	89	Laura Smith Brentford South Cycling Club	M.C.	05:58:21					
16	39	Ben Sobes Hawks Cycling Club	M.Sen	04:00:08					
17	79	Roger Sheridan North Devon Velo	M.C.	04:05:41					

Screenshot of a ResultSheet display shown at HQ

REVIEW OF COMPETITIONS AND RECORDS

By Jon Fairclough (IT Manager)

Season Long Competitions

Congratulations to all who qualified! Participation in the season long competitions was up 10% this year, and after the pandemic, is almost back to its level in 2019. We believe the automation of the season long competition system, which avoids the need to submit results and claims, has helped sustain participation and will enable it to grow more in future years.

Within the overall growth figure, there are some notable changes. Participation in the BAR has dropped 34%. Undoubtedly this is due to the fall in supply and demand for 12 hour events. Which comes first? The chicken or the egg? Are the extreme positions we adopt to get aero for shorter distance events unsustainable for 12 hours? Are the large numbers of marshals required for a 12 hour event too hard to find? At 12 hour events I have seen as many marshals as riders. Whatever the reason, the numbers may prompt us to consider a review of competition events. Other notable changes are the increase in women riding the three distance, which is almost back to what it was in 2019, and the short distance, where the total increase in participation is mostly due to women.

In the Best All Rounder competition, the first three men on standard were Anthony Jones (South Wales), Marcel Schubert (North) and Andrew Whiteside (North Lancashire & Lakes). The first three women on standard were Christina Murray (Scotland), Joanna Cebrat and Michelle Fairclough (both Manchester & North West). Anthony was the overall winner, with Marcel second and Andrew third.

In the three distance competition the first three men on standard were Anthony Jones (South Wales), Douglas Watson (Scotland) and Kevin Wood (East Midlands). The first three women on standard were Angela Carpenter, Claire Emons (both Wessex) and Joy Payne (London & Home Counties). Angela was the overall winner, with Anthony second and Douglas third.

Anthony Jones has been making his mark for many years in South Wales time trials but has only taken the plunge and joined the VTTA in 2022; another newcomer to the VTTA ranks is Marcel Schubert. It's good to see these newcomers tackling the longer distances and we can expect them to compete strongly for many more awards in the coming years.

In the short distance competition, the first three men on standard were Kevin Tye (Kent), Conrad Moss (West) and Keith Ainsworth (North Midlands). The first three women on standard were Angela Carpenter (Wessex), Arja Scarsbrook (West) and Jackie Field (East Anglian). Angela was the overall winner, with Arja second and Kevin third.

Age Records

As usual we have a good crop of new age records, 42 in total on the road and a further 11 outdoor track. These holders range from our venerable nonagenarians John Lee and Peter Horsnell to mere youths of 47, Conrad Moss and Chris McNamara. Well done to all!

The automated age record claims system was released a few weeks ago – too late for use this season, so members will have to wait until 2023 to get a pleasant surprise in their email that they have set an age record – assuming they did not know already. Whether they knew or not, there will be no need to submit an age record claim – unless they race a tandem or earned the record in an event run by Scottish Cycling. The work to develop the claims system has also resulted in the age records system working faster and more reliably for the officials updating it. Please take time to dive into the goldmine of information in the age records and define some goals for next year.

NATIONAL SEASON LONG COMPETITIONS PARTICIPATION BY YEAR

		2014	2015	2016	2017	2018	2019	2020	2021	2022	Change 2021 to 2022
Men	BAR	32	40	36	33	30	35	9	30	18	-40%
	Three Distance	92	108	100	81	80	116	33	86	76	-12%
	Short Distance	140	207	199	257	240	288	96	298	311	4%
Women	BAR	4	4	4	7	6	5	2	2	3	50%
	Three Distance	9	12	17	18	20	19	4	13	15	400%
	Short Distance	21	23	29	52	49	42	11	20	60	195%
Total	BAR	36	44	40	40	36	40	11	32	21	-34%
	Three Distance	101	120	117	99	100	135	37	99	91	2%
	Short Distance	161	230	228	309	289	330	107	318	371	16%
	All	298	394	385	448	425	505	155	449	483	10%

BEST ALL ROUNDER COMPETITION - MEN

Pos on plus	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Agg plus	Av. mph	Pos. on mph
1	Anthony Jones	VMCC powered by Y Beic	S Wls	49	0:48:31	1:41:38	3:31:04	300.95	+1:16:35	28.49	1
2	Marcel Schubert	Darlington CC	North	40/41	0:50:35	1:38:58	3:30:56	299.14	+1:07:46	28.34	2
3	Andrew Whiteside	Springfield Fin'c'I RT	NL&L	48	0:51:36	1:49:16	3:42:25	298.62	+1:05:20	27.10	4
4	Andrew Rivett	Velo Club St Raphael	Wssx	50/51	0:52:21	1:42:39	3:49:31	282.77	+1:05:15	26.90	5
5	Robbie Mitchell	Auchencrow Thistle	Scot	41	0:51:35	1:48:28	3:37:11	296.45	+1:00:16	27.27	3
6	Neil Palmer	Spalding CC	E Mids	51	0:52:04	1:49:11	3:50:17	255.69	+0:56:39	25.91	6
7	Roger Sheridan	North Devon Whs	West	61	0:56:41	1:56:09	4:03:41	243.68	+0:55:03	24.31	9
8	Andrew Askwith	Vive Le Velo	Yorks	57/58	0:55:14	1:52:55	4:10:58	246.78	+0:52:07	24.55	7
9	Mike Hall	Port Talbot Whs	S Wls	53	0:56:38	1:55:50	3:56:57	238.46	+0:45:30	24.39	8
10	Arthur Winstanley	Liverpool Ph'x CC (Aintree)	M'side	66	0:59:57	2:05:57	4:32:26	225.27	+0:43:49	22.41	15
11	James Wood	West Suffolk Whs	E Ang	59	0:59:01	1:58:13	4:17:50	220.5	+0:40:15	23.11	13
12	Paul Russell	Springfield Fin'c'I RT	NL&L	55	0:57:11	2:01:44	4:12:48	237.67	+0:40:11	23.60	12
13	Adam Rogers	Eastbourne Rovers	S/S	47	0:57:14	1:58:54	4:10:53	261.2	+0:38:40	24.28	10
14	Miles Haslam	Buxton CC	N Mids	63	1:02:28	2:08:41	4:34:12	239.89	+0:37:36	22.30	16
15	Iain Bell	Abergavenny RC	S Wls	50	0:54:33	1:59:24	4:10:16	230.04	+0:37:26	23.94	11
16	David Greenwood	Rye & District Whs CC	Kent	57	0:58:58	2:03:12	4:34:39	236.01	+0:34:19	22.83	14
17	Ian Casson	Birkenhead Victoria CC	M'side	69/70	1:07:49	2:20:53	5:01:41	200.87	+0:23:07	20.01	18
18	Jon Fairclough	Kelso Whs CC	Scot	68	1:05:29	2:23:04	5:03:36	211.93	+0:22:46	20.32	17

BEST ALL ROUNDER COMPETITION - WOMEN

Pos on plus	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Agg plus	Av. mph	Pos. on mph
1	Christina Murray	Army Cycling Union	Scot	45/46	0:56:31	2:06:27	4:17:30	260.32	+0:57:12	23.81	1
2	Joanna Cebart	Bury Clarion CC	M&NW	43	1:01:15	2:04:13	4:22:03	258.13	+0:49:52	23.26	2
3	Michelle Fairclough	Salford Cycling Club	M&NW	46	1:06:36	2:21:20	5:05:33	193.64	+0:13:52	19.88	3

GROUP TEAMS OF 6 ON PLUS

No group finished 6 riders

CLUB TEAMS OF 3 ON PLUS

No club finished 3 riders

THREE DISTANCE COMPETITION - MEN

Pos on plus	Name	Club	Group	Age	25 time	50 time	100 time	Agg plus	Av. mph	Pos. on mph
1	Anthony Jones	VMCC powered by Y Beic	S Wls	49	0:48:31	1:41:38	3:31:04	+56:45	29.62	1
2	Douglas Watson	GTR - Return to Life	Scot	49	0:48:51	1:41:59	3:31:15	+56:11	29.51	2
3	Kevin Wood	Sherwood CC	E Mids	60 61	0:52:02	1:52:26	3:47:09	+53:45	27.31	14
4	Michael Stevens	Melton Olympic CC	E Mids	72	0:57:09	2:03:10	4:12:22	+52:25	24.79	47
5	Marcel Schubert	Darlington CC	North	40 41	0:50:35	1:38:58	3:30:56	+50:37	29.47	3
6	Philip Kennell	GS Metro	North	55	0:52:43	1:46:26	3:48:56	+50:15	27.62	11
7	Andy Critchlow	Norwood Paragon CC	S/S	48	0:50:34	1:48:32	3:34:22	+49:44	28.43	4
8	Mark Sanders	Mid Devon CC	West	63	0:53:14	1:54:33	4:04:31	+49:43	26.30	23
9	David Nichol	Ferryhill Whs	North	70	0:55:57	2:01:40	4:20:38	+48:57	24.83	46
10	Andrew Rivett	Velo Club St Raphael	Wssx	50 51	0:52:21	1:42:39	3:49:31	+48:45	28.01	7
11	David Shepherd	...a3crg	Wssx	61	1:00:23	1:47:59	3:45:08	+48:28	26.42	22
12	Colin Parkinson	South Western RC	E Mids	60	0:54:01	1:54:28	3:56:14	+47:46	26.46	20
13	Darren Yarwood	Chapeau! Vive Le Velo	Yorks	48	0:51:05	1:47:18	3:43:39	+47:31	28.05	6
14	Mike Westmorland	Border City Whs	NL&L	77	1:01:57	2:11:15	4:37:21	+47:22	22.90	64
15	David Rundall	Chorley CC	NL&L	72	0:58:26	2:04:58	4:25:34	+46:56	24.09	53
16	Andrew Whiteside	Springfield Fin'c'l RT	NL&L	48	0:51:36	1:49:16	3:42:25	+46:19	27.83	9
17	Simon Adcock	Team Echelon	Mids	47 48	0:50:29	1:51:07	3:42:56	+46:10	27.88	8
18	Neil Palmer	Spalding CC	E Mids	51	0:52:04	1:49:11	3:50:17	+46:03	27.45	13
19	Andrew Gallacher	Livingston CC	Scot	54	0:53:56	1:49:39	3:58:04	+44:19	26.79	17
20	Mark Smith	Crawley Whs	S/S	48	0:58:17	1:41:30	3:40:15	+44:04	27.51	12
21	Robbie Mitchell	Auchencrow Thistle	Scot	41	0:51:35	1:48:28	3:37:11	+43:42	28.12	5
22	Roger Sheridan	North Devon Whs	West	61	0:56:41	1:56:09	4:03:41	+43:27	25.64	34
23	Adrian Blacker	C & N Cycles RT	S/S	58	0:53:54	1:51:53	4:13:29	+42:54	26.10	27
24	Alan Chorley	Seamons CC	M&NW	50 51	0:53:20	1:50:23	3:54:12	+42:42	26.97	15
25	Neil White	Ambion RT	E Mids	54 55	0:53:56	1:54:51	3:56:24	+42:41	26.44	21
26	Cliff Voller	Newbury RC	West	71	0:58:44	2:03:49	4:38:31	+42:15	23.77	57
27	David Williams	Velotik RT	M'side	43	0:49:48	1:49:22	3:53:53	+42:02	27.73	10
28	Andrew Askwith	Vive Le Velo	Yorks	57 58	0:55:14	1:52:55	4:10:58	+41:02	25.88	33
29	Luke Smith	Bristol South CC	West	53 54	0:54:21	1:55:49	3:58:21	+40:12	26.22	25
30	Paul Thatcher	Brighton Mitre	S/S	58 59	0:55:09	1:57:41	4:10:55	+40:04	25.53	35
31	Adrian Hughes	Seamons CC	M&NW	55	0:56:12	1:54:54	3:58:53	+40:03	25.97	29
32	Paul Winchcombe	Chippenham & Dist Wh	West	62	0:54:46	2:01:19	4:20:13	+39:45	25.06	43
33	Tim Beardmore	Bridgnorth CC	M'side	50	0:53:06	1:52:15	4:02:51	+39:36	26.56	19
34=	Andrew Simpkins	Team Echelon	Mids	68	0:57:56	2:07:46	4:26:06	+39:30	23.97	54
34=	Mark White	Mark White Coaching RT	E Mids	52	0:55:52	1:55:21	3:51:56	+39:30	26.24	24
36	Jonathan Mills-Keeling	Bridgnorth CC	M'side	49 50	0:52:57	1:53:50	3:59:37	+39:17	26.57	18
37	Philip Jones	Peterborough CC	E Ang	63 64	0:58:10	1:57:39	4:26:16	+38:09	24.61	50
38	Mike Hall	Port Talbot Whs	S Wls	53	0:56:38	1:55:50	3:56:57	+38:00	25.90	32
39	Alan Broadbent	Graham Weigh RT	M'side	48	0:55:24	1:54:05	3:59:10	+35:56	26.15	26
40	Kevin Baker	VC St Raphael	Wssx	40	0:53:39	1:51:49	3:52:35	+35:32	26.86	16

The Veteran : December 2022

Pos on plus	Name	Club	Group	Age	25 time	50 time	100 time	Agg plus	Av. mph	Pos. on mph
41	Barrie Whittaker	Lyme Racing Club	M&NW	65	0:58:18	2:04:40	4:31:48	+35:11	23.96	55
42	James Wood	West Suffolk Whs	E Ang	59	0:59:01	1:58:13	4:17:50	+34:30	24.69	48
43	Daniel Kempe	Bristol South CC	West	56	0:56:02	1:59:51	4:15:31	+34:27	25.09	42
44	Tom Cox	Saint Piran	Wssx	68	1:00:46	2:08:57	4:32:49	+34:24	23.31	60
45	Arthur Winstanley	Liverpool Ph'x CC (Aintree)	M'side	66	0:59:57	2:05:57	4:32:26	+34:02	23.62	58
46	Daryl Stroud	Gloucester City CC	West	57/58	0:54:47	2:03:53	4:21:42	+33:37	24.84	45
47	Iain Bell	Abergavenny RC	S Wls	50	0:54:33	1:59:24	4:10:16	+32:43	25.53	35
48	Paul Russell	Springfield Fin'c'l RT	NL&L	55	0:57:11	2:01:44	4:12:48	+32:10	24.87	44
49	Stephen Spellacy	Dumfries CC	Scot	50	0:54:48	1:59:23	4:11:53	+32:05	25.44	37
50	Matt Stell	Springfield Fin'c'l RT	NL&L	44/45	0:54:35	1:56:42	4:04:02	+31:50	25.92	31
51	Mike Furby	Valley Striders CC	Yorks	51	0:58:38	1:57:49	4:04:45	+31:33	25.19	39
52	Robert Jones	Cardiff 100 Miles RCC	S Wls	70	1:03:49	2:11:50	4:39:25	+31:18	22.58	66
53	Matt Plews	Weland Valley CC	E Mids	47	0:55:30	1:55:05	4:00:34	+29:51	25.95	28
54	Stephen Dooley	Seamons CC	M&NW	40	0:54:36	1:51:23	4:15:46	+29:35	25.96	30
55	Pete Christensen	Hart Evolution RT	Wssx	41	0:57:18	2:02:32	4:17:08	+28:41	24.67	49
56	Tim Baggs	VC Flintham	E Mids	52/53	0:57:14	1:58:54	4:10:53	+28:05	25.12	40
57	Adam Rogers	Eastbourne Rovers	S/S	47	0:56:24	1:57:09	4:19:41	+27:36	25.10	41
58	Richard Tully	Elitecycling	E Ang	45	0:55:46	1:53:13	4:25:18	+27:31	25.34	38
59	David Hilditch	Ribble Valley C&RC	NL&L	69	1:03:06	2:13:15	4:52:32	+26:29	22.27	68
60	Miles Haslam	Buxton CC	N Mids	63	1:02:28	2:08:41	4:34:12	+25:59	23.07	62
61	David Greenwood	Rye & Dist Whs CC	Kent	57	0:58:58	2:03:12	4:34:39	+25:57	23.88	56
62	Stuart Henderson	VTTA (Yorkshire)	Yorks	46/47	0:55:30	2:01:05	4:34:40	+22:20	24.55	51
63	Tim Marshall	Seamons CC	M&NW	45/46	0:56:06	2:09:13	4:13:47	+22:18	24.53	52
64	Peter Baker	Lewes Wanderers CC	S/S	64	1:03:52	2:11:49	4:42:39	+22:06	22.49	67
65	Ian Peacock	Leek CC	M&NW	70	1:05:57	2:16:16	5:05:17	+20:29	21.47	72
66	Brendan McCabe	Aberdeen Whs	Scot	58/59	1:01:35	2:10:06	4:45:53	+18:37	22.80	65
67	Simon Ward	Weland Valley CC	E Mids	51/52	1:01:02	2:09:42	4:28:59	+17:39	23.34	59
68	Ian Casson	Birkenhead Victoria CC	M'side	69/70	1:07:49	2:20:53	5:01:41	+16:38	21.10	74
69	Gavin Hughes	Kingston Phoenix RC	S/S	54/55	1:04:40	2:01:45	4:46:33	+15:58	22.93	63
70	Jon Fairclough	Kelso Whs CC	Scot	68	1:05:29	2:23:04	5:03:36	+14:55	21.21	73
71	Jim Henderson	Southport CC	NL&L	49	0:59:26	2:14:17	4:35:39	+13:21	23.12	61
72	Martin Sturge	Graham Weigh RT	M'side	55	1:04:37	2:16:39	4:44:50	+09:17	22.08	70
73	Robert Royle-Evatt	Addiscombe CC	S/S	54	1:02:27	2:17:48	4:57:54	+06:46	21.98	71
74	Mark Brownless	Teesdale CRC	North	50	1:04:17	2:11:58	4:57:12	+04:58	22.09	69
75	Harry Cowley	Chester RC	M'side	74	1:13:48	2:39:37	5:38:56	-00:24	18.94	75
76	Chris Parker	Hastings & St. Leonards CC	Kent	66	1:14:14	2:46:44	5:41:59	-18:03	18.58	76

THREE DISTANCE COMPETITION - WOMEN

Pos on plus	Name	Club	Group	Age	25 time	50 time	100 time	Agg plus	Av. mph	Pos. on mph
1	Angela Carpenter	...a3crg	Wssx	53	0:52:28	1:47:20	3:53:00	+1:07:34	27.43	1
2	Claire Emons	...a3crg	Wssx	53/54	0:56:18	1:56:29	4:07:45	+55:44	25.54	2
3	Joy Payne	High Wycombe CC	L&HC	65	1:00:46	2:11:41	4:32:30	+50:39	23.16	6
4	Liz Ball	Valley Striders CC	Yorks	68/69	1:06:02	2:13:14	4:51:24	+44:58	21.94	10
5	Lisa Davis	Drag2Zero	S/S	47	0:58:14	1:59:33	4:27:14	+42:18	24.43	4
6	Christine Murray	Army Cycling	Scot	45	0:56:31	2:06:27	4:17:30	+41:34	24.52	3
7	Theresa Taylor	Springfield Fin'c'l RT	NL&L	62	1:02:36	2:16:36	4:50:54	+37:46	22.18	9
8	Joanna Cebrat	Bury Clarion CC	M&NW	43	1:01:15	2:04:13	4:22:03	+35:27	23.85	5
9	Kate Bradley	Born to Bike	L&HC	44/45	1:00:55	2:13:45	4:38:52	+27:42	22.86	7
10	Rachael Maxwell	Border City Whs	NL&L	52	1:04:32	2:18:48	4:57:24	+22:47	21.68	11
11	Emma Serjeant	Hafren CC	M'side	42	0:59:12	2:12:56	5:08:42	+20:47	22.45	8
12	Helen Tudor	Oswestry Paragon CC	M'side	53	1:06:38	2:19:36	5:05:41	+19:05	21.21	12
13	Michelle Fairclough	Salford CC	M&NW	46	1:06:36	2:21:20	5:05:33	+12:44	21.13	13
14	Rachel Waite	North Hampshire RC	Wssx	41/42	1:08:26	2:21:11	4:57:15	+10:06	21.12	14
15	Emma Tilston	Chester RC	M'side	55/56	1:16:08	2:43:51	5:25:17	-05:19	18.82	15

THREE DISTANCE COMPETITION - CLUB TEAMS OF 3

Pos	Club	Team members	Team plus
1	...a3crg	Angela Carpenter, Claire Emons, David Shepherd	+2:51:46
2	Springfield Financial RT	Andrew Whiteside, Theresa Taylor, Paul Russell	+1:56:15
3	Seamons CC	Alan Chorley, Adrian Hughes, Stephen Dooley	+1:52:36

THREE DISTANCE COMPETITION - GROUP TEAMS OF 6

Pos	Group	Team members	Team plus
1	Wessex	Angela Carpenter, Claire Emons, Andrew Rivett, David Shepherd, Kevin Baker, Tom Cox	+4:50:27
2	East Midlands	Kevin Wood, Michael Stevens, Colin Parkinson, Neil Palmer, Neil White, Mark White	+4:42:10
3	West	Mark Sanders, Roger Sheridan, Cliff Voller, Luke Smith, Paul Wincombe, Daniel Kempe	+4:09:49
4	Surrey/Sussex	Andy Critchlow, Mark Smith, Adrian Blacker, Lisa Davis, Paul Thatcher, Adam Rogers	+4:07:09
5	North Lancashire & Lakes	Mike Westmorland, David Rundall, Andrew Whiteside, Theresa Taylor, Paul Russell, Matt Stell	+4:02:23
6	Scotland	Douglas Watson, Andrew Gallacher, Robbie Mitchell, Christina Murray, Stephen Spellacy, Brendan McCabe	+3:56:28
7	Merseyside	David Williams, Tim Beardmore, Jonathan Mills-Keeling, Alan Broadbent, Arthur Winstanley, Emma Serjeant	+3:31:40
8	Manchester & North West	Alan Chorley, Adrian Hughes, Joanna Cebrat, Barrie Whittaker, Stephen Dooley, Tim Marshall	+3:25:32

SHORT DISTANCE COMPETITION - MEN

Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
1	Kevin Tye	VeloRefined Rule 5	Kent	60	19:06	19:30	0:50:03	0:51:13	+1:22:34	30.36	8
2	Conrad Moss	Primera-Teamjobs	West	47	18:46	18:51	0:46:12	0:46:17	+1:21:07	32.17	1
3	Keith Ainsworth	Lindsey Roads CC	N Mids	63	20:17	20:25	0:51:01	0:51:06	+1:20:15	29.43	24
4	Andrew Grant	Cambridge CC	E Ang	69	21:15	21:24	0:53:34	0:53:48	+1:19:31	28.04	74
5	Keith Dorling	Team Bottrill	E Ang	63	20:19	20:29	0:51:52	0:52:00	+1:18:15	29.15	31
6	Mark Vowells	San Fairy Ann CC	Kent	69	23:09	23:20	1:00:47	1:02:29	+1:16:10	25.08	225
7	Matthew Smith	Drag2Zero	E Ang	44	18:21	19:44	0:47:14	0:47:17	+1:15:40	31.65	3
8	Steven Cottington	Bath CC	West	60	20:18	20:32	0:51:29	0:51:38	+1:15:08	29.24	29
9	Douglas Watson	GTR - Return to Life	Scot	48\49	18:47	19:47	0:48:51	0:49:08	+1:14:27	30.88	5
10	Peter Greenwood	Clayton Velo	NL&L	70	21:29	21:33	0:56:39	0:56:51	+1:14:16	27.16	117
11	Geoffrey Platts	Team Bottrill	E Mids	67	21:08	21:46	0:53:52	0:55:11	+1:13:54	27.75	86
12	Chris Dyason	Cambridge CC	E Ang	74	22:23	22:39	0:58:33	0:58:36	+1:13:47	26.13	175
13	Liam Maybank	Twickenham CC	L&HC	50	19:09	19:17	0:49:53	0:50:26	+1:13:43	30.56	7
14	Christopher Gibbard	Bynea CC	S Wls	40	18:44	18:49	0:46:38	0:48:21	+1:13:39	31.78	2
15	Darran Bennett	Ely & Dist CC	E Ang	52	19:16	19:44	0:50:37	0:50:46	+1:12:59	30.18	12
16	Joseph Costello	Legato RT	Mids	63	20:54	21:04	0:52:34	0:53:52	+1:12:47	28.39	58
17	Ian Guilor	Mapperley CC	E Mids	54\55	19:37	20:00	0:50:19	0:52:08	+1:12:45	29.79	14
18	Mick Allen	Team Jewson	N Mids	75\76	22:31	23:31	0:58:41	1:00:51	+1:12:26	25.59	200
19	Mike Westmorland	Border City Whs CC	NL&L	77	22:41	23:01	1:01:57	1:02:13	+1:12:20	25.21	219
20	Peter Younghusband	Petersfield Tri Club	Wssx	57	19:51	19:54	0:51:39	0:53:47	+1:12:00	29.33	25
21	Colin McDermott	Festival RC	S/S	54\55	19:47	19:57	0:51:16	0:51:48	+1:11:36	29.66	16
22	Russell Richardson	Teesdale CRC	North	64\65	20:52	21:05	0:54:59	0:54:55	+1:11:32	27.95	75
23	Jon Howard	Team Echelon	Mids	53	20:00	20:32	0:49:54	0:50:05	+1:11:31	29.81	13
24	Jason Bateman	Team Bottrill	NL&L	50	19:11	19:36	0:50:51	0:51:05	+1:11:14	30.19	11
25	Mark Sanders	Mid Devon CC	West	63	21:07	21:37	0:53:14	0:53:20	+1:10:43	28.12	70
26	Thomas Scorer	RNRMCA	West	41	19:27	19:38	0:46:43	0:48:26	+1:10:21	31.12	4
27	Hugh Davies	Port Talbot Whs CC	S Wls	76\77	23:47	24:12	0:59:11	1:00:48	+1:10:14	25.01	228
28	Howard Bayley	Blazing Saddles	S/S	47	19:23	19:26	0:50:11	0:50:33	+1:09:52	30.35	9
29	Steven Loraine	Legato RT	Mids	65\66	21:32	21:41	0:54:57	0:55:37	+1:09:32	27.45	103
30	David Rundall	Chorley CC	NL&L	72	22:14	22:20	0:58:26	1:00:00	+1:09:25	26.13	174
31	Richard Gifford	trainSharp	S/S	59	20:19	20:48	0:53:43	0:54:05	+1:08:33	28.51	47
32	Kevin Wood	Sherwood CC	E Mids	60\61	21:15	21:27	0:52:02	0:53:19	+1:08:32	28.29	63
33	Robert Watson	Cambridge CC	E Ang	61\62	20:54	21:22	0:53:35	0:54:11	+1:08:26	28.12	71
34	Tony Chapman	Frome & Dist Whs	West	50	20:15	20:16	0:49:51	0:50:46	+1:08:13	29.72	15
35	Martin Reynolds	Cambridge CC	E Ang	59	20:15	21:24	0:53:33	0:53:53	+1:07:35	28.38	59
36	Nick Partridge	VC Baracchi	E Ang	44	19:15	19:27	0:50:37	0:50:38	+1:07:23	30.32	10
37	Hans Nilsson	London Phoenix CC	L&HC	66	21:08	21:08	0:57:59	0:57:59	+1:06:54	27.13	120
38	Matthew Woods	Eastbourne Rovers	S/S	50\51	19:46	20:11	0:50:38	0:53:27	+1:06:50	29.44	23
39	Colin Parkinson	South Western RC	E Mids	60	20:48	21:20	0:54:01	0:54:17	+1:06:42	28.09	73
40	Nik Allen	Team TMC	S/S	50\51	19:28	20:19	0:50:38	0:53:41	+1:06:35	29.48	21
41	Marcel Schubert	Darlington CC	North	40\41	18:35	19:26	0:50:35	0:50:52	+1:06:22	30.58	6
42=	Mark Woolford	Zero BC RT	E Ang	56	20:21	20:41	0:53:26	0:53:35	+1:06:11	28.64	41
42=	Brett Davis	Drag2Zero	S/S	49	19:39	19:46	0:51:02	0:53:31	+1:06:11	29.58	17

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Pos on pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
42=	Ian Elliot	Hawick CC	Scot	72	22:46	23:02	0:58:53	0:59:42	+1:06:11	25.75	188
45	Michael Stevens	Melton Olympic CC	E Mids	72	23:43	23:48	0:57:09	0:57:18	+1:06:02	25.73	189
46	Lee Foster	Border City Whs CC	North	72	22:34	22:59	0:58:41	1:00:53	+1:05:50	25.72	190
47	Roger Sewell	Wisbech Whs	E Ang	74\75	23:16	23:37	1:00:28	1:00:45	+1:05:42	25.17	220
48	Alan Davidson	Dundee Thistle	Scot	61	20:25	20:25	0:56:06	0:58:01	+1:05:21	27.84	83
49	Wolfgang Emmerich	London Phoenix CC	L&HC	56	20:23	20:42	0:53:19	0:54:28	+1:05:17	28.52	45
50	Andrew Rivett	VC St Raphael	Wssx	50	19:44	20:20	0:52:21	0:52:27	+1:05:10	29.29	27
51	Grant Orsborn	Bedfordshire Rd RT	E Ang	61\62	21:01	21:18	0:54:54	0:56:02	+1:05:09	27.70	89
52	Andy Critchlow	Norwood Par CC	S/S	48	20:05	20:13	0:50:34	0:52:03	+1:05:05	29.51	18
53	Darren Yarwood	Chapeau! Vive Le Velo	Yorks	48	20:00	20:25	0:51:05	0:51:30	+1:04:50	29.47	22
54	Chris Ward	Spalding CC	E Mids	56	20:02	21:01	0:53:51	0:54:37	+1:04:41	28.45	53
55	Jon Mills-Keeling	Bridgnorth CC	M'side	49\50	19:53	19:53	0:52:57	0:52:55	+1:04:37	29.26	28
56	Jeremy Redford	Army Cycling Union	West	49	20:03	20:21	0:50:53	0:53:00	+1:04:24	29.30	26
57	Philip Kennell	GS Metro	North	54\55	20:41	21:21	0:52:43	0:52:45	+1:03:57	28.50	50
58	Michael Parker	TMG Horizon CT	L&HC	57	20:46	21:04	0:54:03	0:54:14	+1:03:56	28.20	67
59	Cliff Voller	Newbury RC	West	71	23:04	23:07	0:58:44	0:59:15	+1:03:48	25.71	192
60	Mark Doxey	Abellio-SFA RT	Kent	54	20:38	20:42	0:53:26	0:53:32	+1:03:26	28.54	44
61	Peter Horsnell	Chelmer CC	E Ang	92	30:18	30:24	1:18:54	1:20:47	+1:03:06	19.28	311
62	Paul Thatcher	Brighton Mitre CC	S/S	58\59	20:44	20:59	0:55:09	0:55:43	+1:03:05	27.91	76
63	David Nichol	Ferryhill Whs	North	70	23:48	23:56	0:55:57	0:57:04	+1:03:01	25.84	185
64	Michael Wills	Team Lutterworth	E Mids	63	21:40	22:24	0:55:31	0:55:42	+1:02:45	27.11	124
65	Simon Adcock	Team Echelon	Mids	47\48	20:30	21:09	0:50:29	0:51:00	+1:02:39	29.19	30
66	Paul Winchcombe	Chippenham & Dist Wh	West	62	21:44	22:27	0:54:46	0:55:14	+1:02:25	27.22	113
67	Neil Cleminshaw	Chapeau! Vive Le Velo	Yorks	52	20:39	20:54	0:53:00	0:53:00	+1:01:59	28.59	42
68	Sean Vincent	Born to Bike	E Mids	52	20:59	21:11	0:51:53	0:52:39	+1:01:54	28.58	43
69	Niel Dunnage	PDQ Cycle Coaching	West	50	20:56	21:01	0:51:08	0:52:17	+1:01:50	28.81	37
70	Stuart Wells	Lindsey Roads CC	N Mids	50\51	20:00	20:56	0:53:23	0:53:34	+1:01:31	28.69	40
71	Mark Wise	Team Jewson	Mids	57\58	21:06	21:23	0:53:32	0:55:59	+1:01:22	27.83	84
72	David Williams	Velotik RT	M'side	43	20:07	20:32	0:49:48	0:52:01	+1:01:13	29.50	20
73	Dan Jenkins	Southend Whs	E Ang	54\55	21:07	21:02	0:53:35	0:54:10	+1:01:07	28.16	69
74	Mark Hamer	Legato RT	Mids	47	20:24	20:38	0:51:45	0:52:19	+1:00:59	29.04	33
75	Neal Parkin	Team Bottrill	E Mids	42\43	20:06	20:24	0:50:52	0:51:15	+1:00:52	29.50	19
76	Neville Martin	Velo Culture	North	63	21:28	21:29	0:57:50	0:58:19	+1:00:36	26.88	134
77	Adrian Blacker	C & N Cycles RT	S/S	58	21:11	21:31	0:53:54	0:56:52	+1:00:26	27.60	95
78	Matthew Uttley	Nottingham Clarion	E Mids	47	20:52	21:05	0:51:04	0:51:26	+1:00:16	28.94	35
79	Mark Halliday	North Bucks RC	L&HC	59	21:22	21:34	0:55:45	0:55:48	+1:00:15	27.42	104
80	Andrew Gallacher	Livingston CC	Scot	54	20:37	21:34	0:53:56	0:54:13	+1:00:08	28.10	72
81	Alan Chalmers	Valley Striders CC	Yorks	70	23:35	23:43	0:58:27	0:58:35	+1:00:04	25.50	205
82=	Derek Ricketts	Ely & Dist CC	E Ang	59\60	21:07	21:49	0:55:24	0:56:39	+1:00:03	27.37	107
82=	Simon Horsley	Legato RT	NL&L	57\58	21:31	21:26	0:54:30	0:55:44	+1:00:03	27.58	97
84	Angus Wilson	A. Allan Architecture	Scot	52\53	20:54	20:56	0:52:34	0:55:31	+0:59:56	28.23	64
85	Paul Braithwaite	Pendle Forest CC	NL&L	46	20:12	20:44	0:52:15	0:52:31	+0:59:48	28.98	34
86	Jez Willows	Sherwood CC	E Mids	56\57	20:43	20:58	0:54:57	0:57:33	+0:59:35	27.74	87
87	Ian Short	Team Salesengine.co.uk	E Ang	48\49	20:12	20:34	0:53:40	0:53:34	+0:59:31	28.71	39

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Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
88	Mark Bradley	Bristol South CC	West	57	21:54	22:03	0:53:46	0:53:52	+0:59:18	27.59	96
89	Mark Hill	VeloRefined Rule 5	Kent	54/55	20:49	21:24	0:54:34	0:54:57	+0:59:11	27.91	77
90	Steven Hilton	Warrington RC	M&NW	52	20:31	20:41	0:54:10	0:55:38	+0:59:03	28.23	65
91	Ian Richardson	Selby CC	Yorks	60	21:40	22:09	0:55:04	0:56:41	+0:59:02	27.12	121
92	Mathew Stonley	Team Bottrill	E Mids	49	21:02	21:11	0:52:03	0:52:52	+0:58:49	28.51	46
93	Philip Brown	Walsall Roads CC	Mids	70	23:11	23:35	0:59:39	1:00:04	+0:58:43	25.36	211
94=	Stephen Clarke	TMG Horizon CT	E Ang	67	22:39	23:37	0:57:20	0:58:32	+0:58:39	25.92	182
94=	Stephen Murphy	Shaftesbury CC	E Ang	66	21:51	21:53	0:59:29	1:01:03	+0:58:39	26.17	173
96	Adrian Talley	Portsmouth NE CC	Wssx	49	20:25	20:57	0:53:10	0:54:10	+0:58:32	28.48	52
97	Richard Harrison	Drag2Zero	E Ang	45	20:33	20:34	0:52:36	0:52:48	+0:57:54	28.82	36
98	Michael Schofield	Bishop's Stortford CC	E Ang	56/57	20:45	22:07	0:54:02	0:57:40	+0:57:26	27.45	102
99	Alastair Semple	Legato RT	Mids	54/55	21:03	21:19	0:54:58	0:55:58	+0:57:24	27.69	90
100=	Ian Holbrook	Stone Whs CC	M&NW	53	20:50	21:19	0:54:58	0:55:17	+0:57:12	27.84	82
100=	Daryl Stroud	Gloucester City CC	West	57/58	21:51	22:00	0:54:47	0:55:47	+0:57:12	27.25	111
102	Tim Beardmore	Bridgnorth CC	M'side	50	21:04	21:31	0:53:06	0:53:24	+0:57:10	28.18	68
103	James Lawler	BRRT	E Ang	48	20:41	20:51	0:53:38	0:53:52	+0:57:07	28.40	57
104	Wayne Coates	Team Bottrill	North	63	21:52	22:28	0:57:20	0:58:53	+0:57:05	26.45	159
105	Andy Thomas	Lindsey Roads CC	N Mids	52/53	20:59	21:11	0:53:48	0:56:22	+0:56:45	27.85	81
106	Andrew Simpkins	Team Echelon	Mids	68	23:04	24:15	0:57:56	0:59:17	+0:56:16	25.49	206
107	William Sawyer	VC St Raphael	Wssx	57/58	22:28	22:29	0:53:22	0:55:29	+0:56:10	27.13	118
108	Steve Burrows	Vlve le Velo	Yorks	62/63	22:48	23:00	0:56:34	0:57:13	+0:55:33	26.28	164
109	David Leckenby	VTTA (Yorkshire)	Yorks	58	21:44	22:19	0:56:09	0:56:34	+0:55:07	26.93	132
110	Adrian Gower	Hitchin Nomads CC	E Ang	59	21:52	21:57	0:57:00	0:57:32	+0:55:04	26.79	138
111	John Manlow	Ely & District CC	E Ang	53/54	21:11	21:55	0:55:23	0:55:09	+0:55:00	27.50	99
112	Chris Lea	Buxton CC	N Mids	60	22:11	22:19	0:56:17	0:57:56	+0:54:51	26.62	151
113	Karl Read	North Norfolk Whs	E Ang	55	21:15	22:12	0:54:55	0:56:22	+0:54:50	27.30	110
114	Mark Wolstenholme	Swift Racing	Yorks	44	20:31	20:39	0:53:45	0:53:54	+0:54:49	28.51	48
115	Luke Smith	Bristol South CC	West	53/54	21:40	22:16	0:54:21	0:54:18	+0:54:48	27.47	101
116	Chris Nudds	CC Breckland	E Ang	73/74	23:38	24:03	1:01:36	1:06:24	+0:54:41	24.32	246
117	Andrew Miller	Chapeau! Vive le Velo	Yorks	43/44	21:04	21:04	0:52:19	0:52:55	+0:54:38	28.50	51
118	Robbie Mitchell	Auchencrow Thistle	Scot	41	20:48	20:59	0:51:35	0:52:38	+0:54:32	28.75	38
119	Alistair Sponsel	VTTA (Midlands)	Mids	44	20:49	21:14	0:52:33	0:53:25	+0:54:18	28.43	56
120	Daniel Wyatt	Hereford Whs	S Wls	45	20:57	21:12	0:53:07	0:53:22	+0:54:14	28.32	62
121	Adrian Hughes	Seamons CC	M&NW	54/55	21:12	22:02	0:56:12	0:56:19	+0:53:53	27.21	114
122	Sean Sanders	Drighlington BC	Yorks	51/52	21:03	21:51	0:53:43	0:56:27	+0:53:48	27.61	94
123	Lee Turner	Sigma Sports	E Ang	53	20:50	21:43	0:55:55	0:56:48	+0:53:44	27.42	105
124	Graham Heaton	City RC (Hull)	Yorks	55	21:24	21:48	0:56:00	0:57:02	+0:53:42	27.16	115
125=	Sam Wightman	Team Bottrill	E Ang	44	19:51	19:52	0:55:49	0:56:36	+0:53:41	28.45	54
125=	Richard Dean	Trek Sheffield	Yorks	43	21:10	21:11	0:51:48	0:53:18	+0:53:41	28.44	55
127	Andrew Askwith	Vive Le Velo	Yorks	57/58	22:35	22:42	0:55:14	0:55:50	+0:53:24	26.76	141
128=	Peter Tibbitts	Ford CC	E Ang	70	24:05	24:12	0:59:24	1:01:57	+0:53:18	24.79	234
128=	Tim Radley	Gloucester City CC	West	48	20:44	21:39	0:54:16	0:54:56	+0:53:18	27.90	78
130	Michael Martin	CC Ashwell	E Ang	57	21:37	22:27	0:56:28	0:56:57	+0:53:14	26.85	136
131	Simon Henderson	Thanet RC	Kent	59	21:51	22:17	0:57:20	0:58:17	+0:53:12	26.57	153

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Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
132	Alan Chorley	Seamons CC	M&NW	50\51	20:51	23:02	0:53:20	0:54:26	+0:53:07	27.63	92
133	Mark Burtonshaw	Harrogate Nova CC	Yorks	64	22:13	22:13	1:00:39	1:00:48	+0:53:05	25.85	184
134	Christopher Green	Drighlington BC	Yorks	62	22:54	23:11	0:56:27	0:58:11	+0:53:02	26.11	178
135	Simon Phillips	Stockport Tri Club	M&NW	61	21:55	22:16	0:58:15	0:59:52	+0:52:58	26.28	165
136	Robert Gilmour	Hounslow & Dist Wh	L&HC	70\71	23:23	23:59	1:02:27	1:02:04	+0:52:54	24.72	237
137	Barrie Whittaker	Lyme Racing Club	M&NW	65	23:18	23:26	0:58:18	0:58:59	+0:52:53	25.63	199
138	Stephen Spellacy	Dumfries CC	Scot	50	20:57	21:38	0:54:48	0:56:05	+0:52:47	27.62	93
139	Matt Stell	Springfield Fin'c'I RT	NL&L	44\45	20:37	20:41	0:54:35	0:54:58	+0:52:46	28.22	66
140	Michael Watson	Diss & Dist CC	E Ang	58	20:41	21:22	0:58:45	1:01:21	+0:52:44	26.77	140
141	Steve Gibson	Peak RC	N Mids	55\56	20:29	21:22	0:57:35	1:00:18	+0:52:29	27.07	126
142	Paul Sander	Stockton Whs CC	North	66\67	23:31	23:54	0:58:32	0:59:25	+0:52:27	25.37	210
143	John Shehan	Port Talbot Whs CC	S Wls	76	25:34	25:50	1:03:07	1:04:16	+0:52:25	23.45	268
144	Malcolm Horner	Warrington RC	M&NW	58	20:51	21:44	0:58:21	1:00:45	+0:52:24	26.70	145
145	Stuart MacCallum	A. Allan Architecture	Scot	48	21:03	21:14	0:53:42	0:56:40	+0:52:23	27.79	85
146	Rory Havis	Ely & District CC	E Ang	40\41	20:37	20:43	0:52:37	0:54:41	+0:52:13	28.50	49
147	Iain Bell	Abergavenny RC	S Wls	50	21:38	21:45	0:54:33	0:54:57	+0:52:10	27.53	98
148	Ian Stokes	Team Salesengine.co.uk	E Ang	62	22:19	22:47	0:58:19	0:59:49	+0:52:00	26.00	181
149	Nicholas Cousins	Ilkeston CC	E Mids	42	20:50	21:03	0:52:03	0:55:10	+0:51:59	28.33	61
150	Randle Shenton	Legato RT	Scot	64	21:56	23:43	0:59:25	1:00:09	+0:51:55	25.71	191
151	Michael Costello	Race Hub	E Mids	46	21:32	21:34	0:53:17	0:54:03	+0:51:49	27.90	79
152=	Thomas Woollard	Northover VT	Wssx	76	25:46	25:51	1:03:18	1:04:13	+0:51:44	23.39	270
152=	Graham Jones	Edinburgh RC	Scot	57	21:24	22:12	0:57:42	0:58:22	+0:51:44	26.69	146
154	Roger Sheridan	North Devon Whs	West	61	22:50	22:52	0:56:41	0:58:53	+0:51:43	26.11	177
155	Daniel Kingston	Rowe & King	S Wls	41	21:11	21:15	0:52:37	0:52:53	+0:51:38	28.36	60
156	Kevin Blades	Bury Clarion CC	M&NW	51	21:57	22:07	0:54:34	0:54:44	+0:51:33	27.34	108
157	Alasdair Bruce	Yorkshire RC	Yorks	65	23:27	23:49	0:58:37	0:58:51	+0:51:23	25.46	208
158	Trevor Mayne	Birdwell Whs	N Mids	58\59	22:01	23:19	0:56:48	0:56:46	+0:51:21	26.45	157
159	Stephen Knight	Wakefield Tri Club	Yorks	48	20:48	20:58	0:56:13	0:56:34	+0:51:16	27.67	91
160	Tony Ball	Legato RT	L&HC	53	21:13	22:03	0:54:34	0:58:56	+0:51:09	27.11	123
161	Bob Quarton	Wolsey RC	E Ang	68	22:57	23:40	1:02:19	1:02:22	+0:50:33	24.90	230
162	Vincent Douglas	Gloucester City CC	West	52	21:42	22:01	0:54:27	0:57:50	+0:50:17	27.10	125
163	Mark Thomas	Bigfoot CC	E Ang	59	22:20	22:31	0:57:48	0:58:59	+0:50:14	26.22	169
164	Simon Dighton	Beacon Roads CC	Mids	58\59	21:25	22:15	0:59:16	0:59:56	+0:50:11	26.33	161
165	Philip Jones	Peterborough CC	E Ang	63\64	23:22	24:03	0:58:10	0:58:02	+0:50:07	25.57	201
166	Mike Hall	Port Talbot Whs CC	S Wls	53	21:09	21:50	0:56:38	0:58:44	+0:50:00	26.97	131
167	David Taylor	Huddersfield RC	Yorks	66	23:40	23:47	0:59:57	0:59:59	+0:49:58	25.15	223
168	Robin Vessey	Pankhurst Cycles	West	59	22:12	22:56	0:58:04	0:58:25	+0:49:49	26.17	172
169	David Bolton	Bristol South CC	West	53	21:55	22:27	0:54:20	0:57:49	+0:49:45	26.91	133
170	John Royle	Fenland Clarion CC	E Ang	75	23:32	24:12	1:07:07	1:09:39	+0:49:42	23.54	265
171	Paul Burrows	Thanet RC	Kent	45	21:24	21:40	0:53:53	0:54:57	+0:49:36	27.72	88
172	Daniel Kempe	Bristol South CC	West	56	22:21	22:51	0:56:02	0:57:20	+0:49:25	26.51	155
173	Chris Shaw	Fenland Clarion CC	E Ang	59	22:15	23:44	0:56:51	0:58:00	+0:49:20	26.12	176
174=	Ian Wroblewski	Team Lutterworth	E Mids	48	21:27	21:52	0:55:18	0:55:37	+0:49:15	27.38	106
174=	Martin Fisher	Melton Olympic CC	E Mids	43	20:25	21:22	0:54:10	0:56:47	+0:49:15	27.89	80
176	Richard Coleman	Stourbridge Velo	Mids	68	23:21	23:55	1:00:24	1:04:07	+0:49:06	24.75	236

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Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
177	Arthur Winstanley	Liverpool Ph'x CC (Aintree)	M'side	65/66	23:26	23:42	0:59:57	1:00:56	+0:49:03	25.14	224
178	Paul Tyler	Ferryhill Whs	North	64	23:43	23:44	0:58:24	0:59:36	+0:48:59	25.36	212
179	Neil Palmer	Spalding CC	E Mids	50/51	19:50	22:23	0:52:04	1:04:13	+0:48:57	27.31	109
180	Andrew Halliday	Westerley CC	L&HC	50	21:35	21:52	0:56:20	0:56:25	+0:48:45	27.11	122
181=	Jymmy Trevor	Jem Hadar Racing	Yorks	49/50	21:22	22:09	0:56:04	0:56:22	+0:48:42	27.13	119
181=	Andy Whitehead	Rockingham CC	N Mids	56	21:45	22:15	0:58:22	0:58:43	+0:48:42	26.45	158
183	Richard Mellor	Team Bottrill	E Ang	53	21:52	21:57	0:56:57	0:58:17	+0:48:03	26.71	144
184	Huseyin Vardal	Gemini BC	Kent	48/49	21:15	22:32	0:54:16	0:57:24	+0:47:57	27.16	116
185	Paul Russell	Springfield Fin'c'l RT	NL&L	55	22:07	22:19	0:57:11	0:58:35	+0:47:54	26.46	156
186	Andrew Coulbeck	Selby CC	Yorks	56	22:37	22:55	0:56:52	0:57:16	+0:47:49	26.32	163
187	Pete Wilson	Bath CC	West	88	30:18	31:30	1:14:09	1:14:33	+0:47:44	19.80	309
188	Dave Nolan	trainSharp	Yorks	49	21:45	22:16	0:55:55	0:55:58	+0:47:21	27.04	128
189	Andrew Clarke	North Shropshire Whs	M'side	63	22:45	23:02	1:00:53	1:01:34	+0:47:13	25.36	213
190	Robert Barker	Kettering CC	E Mids	49	22:11	22:51	0:54:05	0:55:28	+0:47:09	27.02	129
191	Tom Cox	Saint Piran	Wssx	68	24:22	24:37	1:00:46	1:01:28	+0:47:05	24.52	242
192	Steven Hankey	Warrington RC	M&NW	49	21:04	21:11	0:57:34	0:59:08	+0:46:57	27.06	127
193	Shay Giles	VC Elan	Kent	77	25:29	25:33	1:07:13	1:09:03	+0:46:54	22.77	281
194	Peter Main	34th Nomads	E Ang	56/57	21:23	21:42	1:00:24	1:01:09	+0:46:47	26.27	168
195	Richard Tyson	Rock to Roll CC	NL&L	54/55	21:57	22:08	0:58:01	0:59:06	+0:46:40	26.42	160
196	John Murphy	Gloucester City CC	West	82	26:57	27:48	1:10:51	1:11:52	+0:46:14	21.47	299
197	Mike Furby	Valley Striders CC	Yorks	51	21:25	21:34	0:58:38	0:58:50	+0:46:05	26.73	143
198	Alan Broadbent	Graham Weigh RT	M'side	48	21:58	22:39	0:55:24	0:55:29	+0:46:02	26.98	130
199	John Quimby	Coalville Whs	E Mids	71	24:31	25:53	1:01:49	1:03:27	+0:45:59	23.89	255
200	James Wooldridge	Team Milton Keynes	L&HC	42	21:43	21:48	0:53:58	0:55:41	+0:45:28	27.47	100
201	Alasdair Washington	Caitness CC	Scot	85	27:54	29:49	1:11:04	1:16:34	+0:45:14	20.58	302
202	Peter Macklam	Yorkshire RC	Yorks	79	26:41	26:44	1:08:10	1:09:44	+0:44:54	22.11	294
203	Giles White	Shrewood CC	E Mids	57/58	22:56	23:28	0:57:40	0:59:09	+0:44:51	25.78	187
204	Craig Lamb	Alford Whs	E Mids	53	22:40	23:00	0:55:32	0:58:19	+0:44:49	26.32	162
205	Grant Whiteside	Harrogate Nova CC	Yorks	47/48	21:40	22:43	0:55:30	0:56:58	+0:44:38	26.87	135
206	Dominic Whitehead	Cambridge CC	E Ang	63/64	23:43	23:57	1:00:20	1:01:04	+0:44:18	24.94	229
207	Peter Perrin	Bournemouth Arrow	Wssx	55	22:24	22:49	0:58:33	0:58:56	+0:44:13	26.04	180
208	Richard Jones	VC10	L&HC	48	22:14	22:19	0:56:11	0:56:51	+0:44:03	26.74	142
209	David Yarham	Peterborough CC	E Mids	69/70	24:31	25:20	1:02:23	1:03:35	+0:43:50	23.95	251
210	Brian Martin	Ciclos Uno	E Ang	73	25:16	25:20	1:05:29	1:05:48	+0:43:33	23.28	271
211	Nick Webber	CC Sudbury	E Ang	62	23:39	23:40	1:00:27	1:00:42	+0:43:26	25.06	226
212	Mike Anderson	CC Moncontourais	Wssx	63/64	22:51	23:25	1:01:36	1:04:44	+0:43:15	24.85	231
213	Stuart Henderson	VTTA (Yorkshire)	Yorks	46/47	22:01	22:15	0:55:30	0:57:59	+0:43:08	26.78	139
214	Ray Retter	North Devon Whs	West	76	26:42	27:00	1:05:24	1:05:33	+0:43:06	22.63	284
215	Richard Belk	Kent Valley RC	NL&L	71	24:23	25:18	1:05:00	1:05:12	+0:42:50	23.60	263
216	Martin Hillstone	Chapeau! Vive Le Velo	Yorks	53	22:30	22:31	0:58:27	0:59:15	+0:42:35	26.07	179
217	Peter Iffland	Chippenham & Dist Wh	West	57/58	23:19	23:22	0:59:06	0:59:24	+0:42:28	25.51	204
218	Richard Tully	Elitecycling	E Ang	45	22:08	22:39	0:55:46	0:55:57	+0:42:25	26.83	137
219	Adam Rogers	Eastbourne Rovers	S/S	47	21:37	22:34	0:57:14	0:57:37	+0:42:20	26.65	148
220	Stu Carver	North Hampshire RC	Wssx	56/57	21:53	22:24	1:01:49	1:01:55	+0:42:06	25.67	195
221	Lee Morley	Hartlepool	North	51	22:40	23:17	0:56:57	0:57:10	+0:42:01	26.20	170

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Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on plus
222	David England	Crabwood CC	Wssx	78/79	26:09	26:10	1:11:14	1:11:53	+0:41:44	21.95	295
223	Mark Welch	Oxted CC	S/S	59/60	22:29	24:02	0:59:31	1:02:02	+0:41:36	25.26	217
224	Martin Nelson	Out of the Saddle	N Mids	50	22:08	22:30	0:56:50	1:00:08	+0:41:35	26.28	166
225	David Greenwood	Rye & Dist Whs CC	Kent	56/57	23:12	23:10	0:58:58	1:00:08	+0:41:32	25.54	202
226	Andy Kennedy	Ipswich BC	E Ang	57	24:05	24:16	0:56:59	0:57:30	+0:41:27	25.51	203
227	Edward Watson	Ratae RC	E Mids	47	21:35	22:39	0:57:41	0:57:58	+0:41:25	26.54	154
228	Ben Parker	Swindon Whs	West	46/47	21:34	21:44	0:56:50	1:00:48	+0:41:21	26.62	150
229	Michael Wilkinson	VTTA East Midlands	E Mids	62	24:00	24:39	0:59:21	1:00:37	+0:41:17	24.84	232
230	Andrew Rose	Revolutions Racing	M'side	54	23:01	23:06	0:57:47	0:59:29	+0:41:11	25.80	186
231	Christopher Spray	Ratae RC	E Mids	55/56	23:06	23:05	0:58:43	0:59:55	+0:40:54	25.64	198
232	Tim Marshall	Seamons CC	M&NW	45/46	21:19	23:14	0:56:06	0:58:22	+0:40:40	26.60	152
233	Robert Jones	Cardiff 100 Miles RCC	S Wls	70	25:16	25:37	1:03:49	1:03:50	+0:40:30	23.54	266
234	Paul Rogoll	PDQ Cycle Coaching	West	65/66	23:31	24:08	1:03:01	1:05:15	+0:40:22	24.29	248
235	Simon Inman	OVB	E Mids	49	22:20	22:39	0:57:51	0:58:54	+0:40:04	26.19	171
236	Ben Love	Pirate Juice CC	M'side	43	22:03	22:22	0:56:26	0:57:27	+0:39:31	26.68	147
237	Geoff Edgerton	North Shropshire Whs	M'side	74/75	25:25	26:18	1:06:48	1:08:56	+0:39:03	22.66	283
238	Tim Baggs	VC Flintham	E Mids	52/53	23:18	23:45	0:57:18	0:58:50	+0:38:35	25.67	196
239	Richard Durham	VTTA (Yorkshire)	Yorks	67/68	24:47	25:00	1:03:10	1:04:26	+0:38:33	23.81	260
240	Ian Braybrook	Basildon CC	E Ang	47	21:22	21:50	0:59:24	1:01:47	+0:38:27	26.27	167
241	James Meldrum	Liverpool Ph'x CC (Aintree)	M'side	42	21:40	21:44	0:58:27	0:58:42	+0:38:15	26.63	149
242	Hedley Rhodes	North Hampshire RC	Wssx	58	23:07	23:20	1:01:48	1:01:49	+0:38:13	25.05	227
243	Robert Moore	Shaftesbury CC	E Ang	56/57	23:43	23:48	0:59:54	0:59:43	+0:38:08	25.17	221
244	Paul Looke	Shaftesbury CC	E Ang	55	23:15	24:34	0:58:12	0:59:06	+0:37:54	25.35	214
245	Stewart Harrison	Kings Lynn CC	E Ang	55/56	23:22	23:45	0:59:39	1:00:18	+0:37:47	25.24	218
246	Brian Molloy	Brighton Excelsior CC	S/S	54	22:26	23:15	0:59:02	1:02:47	+0:37:43	25.46	209
247	Martin Gargett	Halifax Imperial Whs	Yorks	48/49	22:30	24:23	0:57:05	0:57:29	+0:37:17	25.91	183
248	Terry Parvin	Ferryhill Whs	North	62	23:22	24:17	1:01:34	1:05:05	+0:37:06	24.45	243
249	Alan Crane	Chronos RT	L&HC	53	22:42	25:10	0:58:06	0:58:10	+0:36:54	25.47	207
250	Robert Latchem	Somer Valley CC	West	77	26:10	26:39	1:09:37	1:12:29	+0:36:37	21.92	296
251	Simon Geraci	Swift Racing	Yorks	54	23:52	23:59	0:58:34	0:59:08	+0:36:25	25.28	216
252	Michael Cole	Huddersfield RC	Yorks	77	27:25	27:30	1:08:37	1:08:52	+0:35:59	21.84	297
253	Chris Bax	Thanet RC	Kent	70	25:18	25:23	1:06:25	1:07:06	+0:35:08	23.07	275
254	Brian Carr	Great Yarmouth C C	E Ang	67/68	24:53	24:53	1:05:12	1:05:54	+0:35:05	23.50	267
255	Julian Fussell	Southborough & Dist Wh	Kent	48	22:52	23:41	0:58:11	0:59:23	+0:34:31	25.65	197
256	Peter Baker	Lewes Wanderers CC	S/S	64	23:38	25:48	1:03:52	1:04:34	+0:33:35	23.84	259
257	Russell Carter	South Pennine RC	E Mids	61	23:34	24:37	1:02:46	1:04:54	+0:33:25	24.21	249
258	Marek Sasura	GS Avanti	Kent	46	23:05	23:07	0:58:54	0:59:07	+0:33:24	25.70	193
259	Chris Lowe	Swindon RC	West	63	24:43	24:47	1:03:35	1:04:04	+0:32:43	23.87	257
260	Mark Symons	Hull Thursday RC	Yorks	61/62	24:32	24:45	1:02:47	1:03:28	+0:32:25	24.06	250
261	Robert Harcourt	Salford CC	M&NW	58	24:15	24:32	1:01:16	1:02:28	+0:32:16	24.42	244
262	Jon Fairclough	Kelso Whs CC	Scot	68	24:43	26:06	1:05:29	1:07:18	+0:31:57	23.11	274
263	Arran Armstrong	FTP RC	West	44/45	23:18	23:32	0:54:26	1:02:43	+0:31:42	25.68	194
264	Andrew Nunn	CC Ashwell	E Ang	54	24:02	24:29	0:59:57	1:00:49	+0:31:41	24.79	235
265	Philip Strongman	Oxonian CC	L&HC	58	23:21	25:44	1:00:16	1:03:32	+0:31:27	24.38	245
266	Chris Schofield	Melton Olympic CC	E Mids	47/48	23:14	24:06	0:57:39	1:00:53	+0:31:11	25.34	215

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Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
267	Ian Casson	Birkenhead Victoria CC	M'side	69/70	24:40	26:20	1:07:49	1:07:58	+0:31:09	22.82	278
268	Alan Manson	SVTTA	Scot	58	23:26	24:00	1:03:48	1:04:48	+0:30:47	24.32	247
269	Noel Toone	Kettering CC	E Ang	61	24:20	25:21	1:01:35	1:04:59	+0:30:46	23.94	253
270	Alan Turnbull	Hawick CC	Scot	53	22:51	23:23	1:01:29	1:05:24	+0:30:21	24.81	233
271	Duncan Smart	Scarborough Paragon CC	Yorks	53/54	23:33	23:52	1:02:08	1:02:14	+0:30:10	24.72	238
272	Paul Heggie	Birdwell Whs	N Mids	68	26:16	26:28	1:04:32	1:06:42	+0:28:42	22.81	280
273	Adrian McHale	Peterborough CC	E Ang	46	23:27	24:03	0:59:16	1:00:26	+0:28:28	25.17	222
274	Mike McLeavy	City RC (Hull)	Yorks	67	25:47	25:53	1:04:18	1:08:19	+0:28:24	22.93	277
275	Kevin Humphreys	Sherwood CC	E Mids	62	24:00	24:09	1:03:02	1:11:21	+0:28:07	23.67	262
276	Peter Jackson	Macclesfield Whs	M&NW	64/65	24:50	26:49	1:04:25	1:05:08	+0:28:00	23.21	272
277	Ian Swinscoe	RAF CA	Yorks	53	22:38	23:33	1:04:48	1:05:13	+0:27:21	24.53	241
278	Brendan McCabe	Aberdeen Whs	Scot	58/59	24:42	25:01	1:01:35	1:05:53	+0:26:30	23.85	258
279	Clifford Degraff	Velo Club Cumbria	NL&L	57	23:35	25:13	1:03:49	1:05:06	+0:25:54	23.95	252
280	Martin Beale	VC St Raphael	Wssx	49	23:46	23:49	1:02:02	1:02:24	+0:25:53	24.66	240
281	Greg Dancer	Stone Whs CC	E Mids	68	25:32	27:24	1:05:43	1:08:06	+0:25:37	22.56	286
282=	Paul Brierley	Huddersfield RC	Yorks	55	25:18	25:23	1:02:15	1:02:20	+0:23:27	23.90	256
282=	John Marinko	Brighton Mitre CC	S/S	57	24:30	29:23	0:56:37	1:02:01	+0:23:27	23.88	254
284=	Ian Pike	Lincoln Whs CC	E Mids	53/54	25:01	27:09	1:06:14	1:14:13	+0:22:35	22.24	292
284=	Phil Wright	Hartlepool CC	North	67	25:46	26:13	1:06:59	1:10:40	+0:22:35	22.45	289
286	Lee Holdaway	Hastings & St. Leonards CC	S/S	67	26:10	27:22	1:06:46	1:07:34	+0:22:02	22.38	290
287	Philip Wooldridge	VTTA (Midlands)	Mids	43	24:33	24:57	0:58:42	1:00:36	+0:21:36	24.70	239
288	Mark Fairhead	CC Breckland	E Ang	58	24:39	24:55	1:06:14	1:06:16	+0:21:32	23.43	269
289	Mark Philipson	City RC (Hull)	Yorks	65	26:09	26:50	1:05:26	1:08:23	+0:20:44	22.54	287
290	Robert Royle-Evatt	Addiscombe CC	S/S	54	25:44	25:48	1:02:27	1:03:23	+0:19:04	23.56	264
291	John Leach	Rosendale RC	NL&L	77	27:40	28:18	1:15:30	1:16:36	+0:18:45	20.58	301
292	David Fenn	CC Sudbury	E Ang	72	27:22	27:37	1:11:54	1:12:06	+0:17:49	21.33	300
293	Steven Madeley	Ogmore Valley Whs	S Wls	60/61	24:48	27:45	1:02:37	1:09:46	+0:16:51	22.82	279
294	Mark Brownless	Teesdale CRC	North	50	24:34	24:54	1:04:17	1:05:36	+0:16:35	23.68	261
295	Les Boughey	North Shropshire Whs	M'side	59	25:42	25:59	1:07:08	1:07:30	+0:15:18	22.75	282
296	Martin Sturge	Graham Weigh RT	M'side	55	26:05	26:21	1:04:37	1:04:38	+0:14:25	23.05	276
297	Gavin Hughes	Kingston Phoenix RC	S/S	54/55	23:57	26:40	1:04:40	1:08:55	+0:13:52	23.13	273
298	Andrew Keightley	Melton Olympic CC	E Mids	59	26:04	26:04	1:06:17	1:08:52	+0:13:39	22.61	285
299	Harry Cowley	Chester RC	M'side	74	27:35	29:54	1:13:48	1:15:01	+0:11:00	20.53	303
300	Chris Lawson	Graham Weigh RT	M'side	57	26:16	26:35	1:07:17	1:07:51	+0:09:33	22.45	288
301	Mike Perry	Thanet RC	Kent	77	28:47	29:50	1:17:17	1:18:02	+0:08:54	19.90	307
302	Robin Johnson	Brighton Mitre CC	S/S	74	28:13	29:11	1:16:17	1:16:50	+0:06:54	20.25	306
303	Ed Stivala	Team Milton Keynes	E Ang	54	26:18	26:41	1:07:52	1:09:08	+0:04:17	22.27	291
304	Andrew Wilson	St Christopher's CC	Scot	72	27:39	28:16	1:16:38	1:18:42	+0:04:09	20.39	304
305	Alan Shuttleworth	Weaver Valley CC	M&NW	75	28:42	30:04	1:16:22	1:18:37	+0:03:54	19.90	308
306	Vic Trigger	Crewe Clarion Whs	M&NW	76/77	31:17	32:25	1:24:15	1:26:55	+0:02:44	18.19	313
307	John Scott	Sleaford Whs	E Mids	77/78	31:02	31:03	1:18:25	1:20:23	-0:02:34	19.11	312
308	Garret Fay	Icknield RC	L&HC	46	25:42	27:52	1:06:42	1:10:02	-0:03:45	22.20	293
309	Wayne Hill	Bourne Whs	E Ang	55	25:52	30:09	1:08:29	1:09:59	-0:03:47	21.61	298
310	James Bromley	Hart Performance Coaching	E Ang	63	28:18	31:04	1:12:41	1:14:45	-0:11:45	20.30	305
311	Chris Parker	Hastings & St. Leonards CC	Kent	66/67	31:07	31:26	1:14:14	1:18:11	-0:19:52	19.44	310

SHORT DISTANCE COMPETITION - WOMEN

Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
1	Angela Carpenter	...a3crg	Wssx	53	20:24	21:23	0:52:28	0:52:41	+1:29:07	28.63	1
2	Arja Scarsbrook	Team Echelon	West	74	24:46	24:50	1:03:15	1:03:26	+1:22:35	23.94	34
3	Jackie Field	CC Ashwell	E Ang	57	21:42	22:27	0:56:40	0:58:05	+1:18:09	26.67	4
4	Linda Dewhurst	Team Milton Keynes	L&HC	63	22:45	22:59	0:58:50	1:01:45	+1:16:34	25.57	11
5	Joy Payne	High Wycombe CC	L&HC	65	23:15	23:32	1:00:46	1:00:48	+1:16:10	25.16	14
6	Claire Emons	...a3crg	Wssx	53/54	22:09	22:06	0:56:18	0:56:48	+1:15:34	26.82	3
7	Louise Robinson	Essex Roads CC	E Ang	45.5	21:26	21:23	0:55:51	0:56:15	+1:12:30	27.39	2
8	Denise Hurren	Sole Bay Cycle Sport	E Ang	57	22:23	23:10	0:59:01	0:59:26	+1:10:57	25.84	9
9	Jen Clegg	Team Bottrill	E Mids	68	24:36	25:18	1:02:09	1:03:18	+1:09:54	23.98	32
10	Deborah Moss	Springfield Fin'c'l RT	NL&L	51/52	21:47	22:08	0:56:40	1:01:35	+1:09:09	26.37	6
11	Helen Roby	High Wycombe CC	L&HC	55	22:24	24:04	0:58:12	0:58:17	+1:08:15	25.81	10
12	Theresa Taylor	Springfield Fin'c'l RT	NL&L	62	23:05	23:33	1:02:36	1:02:39	+1:08:07	24.84	20
13	Lisa Davis	Drag2Zero	S/S	47	21:36	21:47	0:58:14	0:59:53	+1:06:21	26.53	5
14	Susan Shook	Bush Healthcare CRT	S Wls	64	25:01	25:36	1:01:05	1:01:35	+1:03:54	24.08	30
15	Deborah Hutson-Lumb	Wrekinsport CC	M'side	57	23:40	23:41	1:00:28	1:01:13	+1:03:13	25.00	18
16	Susan Semple	Legato RT	Mids	56	23:05	24:15	1:00:21	1:00:33	+1:02:51	25.09	17
17	Janet Fairclough	Liverpool Ph'x CC (Aintree)	M'side	61/62	23:29	23:42	1:02:33	1:06:48	+1:02:19	24.33	25
18	Lucy Rogers	Congleton CC	M&NW	53	23:38	23:52	0:57:57	1:00:47	+1:00:50	25.27	13
19	Liz Ball	Valley Striders CC	Yorks	68/69	25:44	26:14	1:06:02	1:05:51	+0:59:42	22.92	43
20	Lucia Borradaile	Weymouth CC	Wssx	64	25:46	25:47	1:01:53	1:03:46	+0:58:35	23.58	37
21	Julia Freeman	Easterley RC	E Ang	58	22:56	24:07	1:01:27	1:07:38	+0:57:47	24.41	24
22	Ann Shuttleworth	Cambridge CC	E Ang	55/56	23:47	24:07	1:01:41	1:02:04	+0:57:43	24.65	22
23	Fay Barrington	Banbury Star	Mids	52/53	23:44	24:07	0:58:07	1:03:03	+0:57:25	24.94	19
24	Virginia McGee	...a3crg	Wssx	58	24:32	24:45	1:01:24	1:02:34	+0:57:19	24.28	27
25	Kimberley Barfoot-Brace	Bath CC	West	41	22:00	23:55	0:55:58	1:00:21	+0:56:52	26.00	7
26	Marianne Holt	Fareham Whs	Wssx	40/41	22:39	22:45	0:57:35	0:59:55	+0:56:34	24.06	8
27	Sue Cheetham	North Lancashire RC	NL&L	59	24:05	24:47	1:03:39	1:03:39	+0:56:21	24.30	31
28	Karen Taylor	Team Sportslab	Yorks	55/56	23:43	25:18	1:01:56	1:02:36	+0:54:26	23.91	26
29	Margaret McMillan	Deeside Thistle CC	Scot	58	24:33	25:06	1:02:10	1:04:48	+0:53:24	25.14	35
30	Emma Wyatt	Hereford Whs	S Wls	45	23:42	24:16	0:58:34	1:00:11	+0:52:34	23.27	15
31	Judy Reid	Icknield RC	L&HC	62	24:20	25:57	1:03:19	1:09:22	+0:51:34	25.28	41
32	Kate Thomas	Lewes Wanderers	S/S	42/43	22:45	22:57	1:01:31	1:01:59	+0:51:22	25.14	12
33	Joanna Cebrot	Bury Clarion CC	M&NW	43	22:44	23:31	1:01:15	1:02:05	+0:50:36	24.10	16
34	Elaine Simpson	Sherwood CC	E Mids	51	24:16	24:55	1:03:00	1:03:02	+0:47:42	24.80	29
35	Emma Serjeant	Hafren CC	M'side	42	24:15	24:15	0:59:12	1:01:30	+0:46:46	22.80	21
36	Joanna Knight	Bristol South CC	West	62	25:45	26:27	1:06:15	1:06:30	+0:46:42	23.37	47
37	Caroline Ratcliff	Ferryhill Whs	North	57	25:46	26:17	1:03:20	1:03:20	+0:46:29	23.80	39
38	Rachael Maxwell	Border City Whs CC	NL&L	52	23:40	24:32	1:04:32	1:07:46	+0:44:54	23.94	36
39	Claire Harrison	Congleton CC	M&NW	48	24:39	25:33	1:02:11	1:02:59	+0:43:09	24.44	33
40	Sue McFarlane	Army Cycling Union	Yorks	42	23:51	24:04	1:01:59	1:03:54	+0:43:02	24.19	23
41	Su-anne Bullock	Icknield RC	L&HC	42/43	24:06	24:53	1:02:30	1:03:09	+0:41:15	22.83	28
42	Sandra Burrows	Vive le Velo	Yorks	56	25:05	26:31	1:06:51	1:07:11	+0:39:03	22.99	46

Pos on plus	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Agg plus	Av. mph	Pos. on mph
43	Elizabeth Bridgen	Ilkeston CC	E Mids	54/55	25:06	25:21	1:02:13	1:13:57	+0:38:20	22.92	42
44	Tracey Williams	Brighton Mitre CC	S/S	53	25:19	25:44	1:07:06	1:07:15	+0:36:45	23.31	44
45	Michelle Fairclough	Salford CC	M&NW	46	24:05	25:15	1:06:36	1:08:03	+0:34:06	22.58	40
46	Helen Tudor	Oswestry Paragon CC	M'side	53	26:11	26:24	1:06:38	1:07:41	+0:32:57	23.46	48
47	Sarah Foulds	Velo Culture	North	41	25:22	25:29	1:04:09	1:04:30	+0:32:12	22.86	38
48	Susan Sanders	Drighlington BC	Yorks	48	25:47	26:54	1:04:29	1:06:25	+0:31:12	19.10	45
49	Rosslyn Young	Serpentine Running Club	L&HC	78	30:14	31:01	1:20:33	1:20:40	+0:30:05	21.61	59
50	Miriam Rennet	Kinross CC	Scot	60	26:45	26:59	1:09:43	1:13:59	+0:29:07	21.79	52
51	Sarah Soden	Leicester Forest CC	E Mids	58	26:43	27:05	1:09:44	1:11:14	+0:29:01	22.14	51
52	Alison Fox	Ely & Dist CC	E Ang	55	24:57	25:33	1:10:48	1:15:38	+0:28:14	21.14	49
53	Rachel Green	Cheltenham & County CC	West	60	26:14	26:39	1:14:03	1:19:17	+0:21:37	20.89	53
54	Tracy Gregory	Buxton CC	N Mids	57	26:15	28:42	1:15:05	1:15:39	+0:15:10	21.92	55
55	Rachel Waite	North Hampshire RC	Wssx	41/42	26:22	28:00	1:08:26	1:09:35	+0:14:34	21.02	50
56	Pamela Moore	Coalville Whs	E Mids	54/55	27:31	27:32	1:10:39	1:17:59	+0:13:50	20.09	54
57	Mary-Jane Hutchinson	Bristol South CC	West	64/65	29:14	32:42	1:09:34	1:15:15	+0:13:49	19.74	56
58	Anne Haslam	Buxton CC	N Mids	59	30:19	31:27	1:13:57	1:15:44	+0:01:43	20.02	58
59	Tracey Sample	Alnwick Tri Club	North	51	28:23	29:33	1:15:50	1:19:34	-0:03:33	18.97	57
60	Trish McPherson	Coalville Whs	E Mids	64	32:35	34:30	1:08:48	1:22:07	-0:05:32	18.97	60

SHORT DISTANCE COMPETITION - CLUB TEAMS OF 3

Pos	Club	Team members	Team plus
1	...a3crg	Angela Carpenter, Claire Emons, Virginia McGee	+3:42:00
2	Cambridge CC	Andrew Grant, Chris Dyason, Robert Watson	+3:41:44
3	Team Echelon	Arja Scarsbrook, Jon Howard, Simon Adcock	+3:36:45
4	Team Bottrill	Keith Dorling, Geoffrey Platts, Neal Parkin	+3:33:01
5	Legato Racing Team (LRT)	Joseph Costello, Steven Loraine, Mark Hamer	+3:23:18
6	Drag2zero	Matthew Smith, Brett Davis, Richard Harrison	+3:19:45
7	Lindsey Roads Cycling Club	Keith Ainsworth, Stuart Wells, Andy Thomas	+3:18:31
8	Springfield Financial RT	Deborah Moss, Theresa Taylor, Matt Stell	+3:10:02
9	Ely & District CC/B&T Motor Repairs	Darran Bennett, Derek Ricketts, John Manlow	+3:08:02
10	Border City Whs CC	Mike Westmorland, Lee Foster, Rachael Maxwell	+3:03:04
11	Bath Cycling Club	Steven Cottingham, Kimberley Barfoot-Brace, Pete Wilson	+2:59:44
12	Port Talbot Whs CC	Hugh Davies, John Shehan, Mike Hall	+2:52:39
13	Chapeau! Vive Le Velo	Darren Yarwood, Neil Cleminshaw, Martin Hailstone	+2:49:24
14	Bristol South Cycling Club	Mark Bradley, Luke Smith, David Bolton	+2:43:51
15	Gloucester City Cycling Club	Daryl Stroud, Tim Radley, Vincent Douglas	+2:40:47
16	Ferryhill Whs	David Nichol, Paul Tyler, Caroline Ratcliff	+2:38:29
17	Warrington Road Club/Horton Light Eng.	Steven Hilton, Malcolm Horner, Steven Hankey	+2:38:24
18	Liverpool Phoenix CC (Aintree)	Janet Fairclough, Arthur Winstanley, James Meldrum	+2:29:37
19	Seamons CC	Adrian Hughes, Alan Chorley, Tim Marshall	+2:27:40
20	Melton Olympic CC	Michael Stevens, Martin Fisher, Chris Schofield	+2:26:28
21	Drighlington BC	Sean Sanders, Christopher Green, Susan Sanders	+2:18:02
22	Thanet RC	Simon Henderson, Paul Burrows, Chris Bax	+2:17:56

Pos	Club	Team members	Team plus
23	VTTA (Yorkshire)	David Leckenby, Stuart Henderson, Richard Durham	+2:16:48
24	Shaftesbury CC	Stephen Murphy, Robert Moore, Paul Looke	+2:14:41
25	Sherwood CC	Jez Willows, Giles White, Kevin Humphreys	+2:12:33
26	Team Milton Keynes	Linda Dewhurst, James Wooldridge, Ed Stivala	+2:06:19
27	Brighton Mitre CC	Paul Thatcher, Tracey Williams, John Marinko	+2:03:17
28	Peterborough CC	Philip Jones, David Yarham, Adrian McHale	+2:02:25
29	Huddersfield RC	David Taylor, Michael Cole, Paul Brierley	+1:49:24
30	City RC (Hull)	Graham Heaton, Mike McLeavy, Mark Philipson	+1:42:50
31	North Shropshire Wheelers	Andrew Clarke, Geoff Edgerton, Les Boughey	+1:41:34
32	North Hampshire Road Club	Stu Carver, Hedley Rhodes, Rachel Waite	+1:34:53
33	Buxton CC	Chris Lea, Tracy Gregory, Anne Haslam	+1:11:44
34	Graham Weigh Racing Team	Alan Broadbent, Martin Sturge, Chris Lawson	+1:10:00

SHORT DISTANCE COMPETITION - GROUP TEAMS OF 6

Pos	Group	Team members	Team plus
1	East Anglian	Andrew Grant, Keith Dorling, Jackie Field, Matthew Smith, Chris Dyason, Darran Bennett	+7:38:21
2	West	Arja Scarsbrook, Conrad Moss, Steven Cottington, Mark Sanders, Thomas Scorer, Tony Chapman	+7:28:07
3	London & Home Counties	Linda Dewhurst, Joy Payne, Liam Maybank, Helen Roby, Hans Nilsson, Wolfgang Emmerich	+7:06:53
4	North Lancashire & Lakes	Peter Greenwood, Mike Westmorland, Jason Bateman, David Rundall, Deborah Moss, Theresa Taylor	+7:04:31
5	Wessex	Angela Carpenter, Claire Emons, Peter Youngusband, Andrew Rivett, Lucia Borradaile, Adrian Talley	+6:58:58
6	East Midlands	Geoffrey Platts, Ian Guilor, Jen Clegg, Kevin Wood, Colin Parkinson, Michael Stevens	+6:57:49
7	Surrey/Sussex	Colin McDermott, Howard Bayley, Richard Gifford, Matthew Woods, Nik Allen, Lisa Davis	+6:49:47
8	Midlands	Joseph Costello, Jon Howard, Steven Loraine, Susan Semple, Simon Adcock, Mark Wise	+6:40:42
9	North	Russell Richardson, Marcel Schubert, Lee Foster, Philip Kennell, David Nichol, Neville Martin	+6:31:18
10	Kent	Kevin Tye, Mark Vowells, Mark Doxey, Mark Hill, Simon Henderson, Paul Burrows	+6:24:09
11	Scotland	Douglas Watson, Ian Elliot, Alan Davidson, Andrew Gallacher, Angus Wilson, Robbie Mitchell	+6:20:35
12	North Midlands	Keith Ainsworth, Mick Allen, Stuart Wells, Andy Thomas, Chris Lea, Steve Gibson	+6:18:17
13	South Wales	Christopher Gibbard, Hugh Davies, Susan Shook, Daniel Wyatt, Emma Wyatt, John Shehan	+6:07:00
14	Yorkshire	Darren Yarwood, Neil Cleminshaw, Alan Chalmers, Liz Ball, Ian Richardson, Steve Burrows	+6:01:10
15	Merseyside	Jonathan Mills-Keeling, Deborah Hutson-Lumb, Janet Fairclough, David Williams, Tim Beardmore, Arthur Winstanley	+5:57:35
16	Manchester & North West	Lucy Rogers, Steven Hilton, Ian Holbrook, Adrian Hughes, Alan Chorley, Simon Phillips	+5:37:28

ROAD RECORDS SET DURING 2022

(Subsequently beaten records are not shown)

Name	Club	Grp	Age	Dist	Record	Course	Event	Date
Solo Bike - Men								
Richard Oakes	Team Ohten Aveas	E Mids	53	10	0:18:10	F11/10	VTTA L&HC	17-Oct
Peter Horsnell	Chelmer CC	E Ang	92	10	0:30:18	E2	VTTA East Anglian	15-Jun
Michael Allen	Team Jewson - MI Racing	N Mids	75	15	0:35:19	F2/15	Cambridge CC	15-Apr
Hugh Davies	Port Talbot Whs	S Wls	77	15	0:35:47	R15/5	Virtual CC	17-Jul
Peter Horsnell	Chelmer CC	E Ang	92	15	0:46:38	F2/15	Cambridge CC	15-Apr
Conrad Moss	Primera-Teamjobs	West	47	25	0:46:12	R25/7	Royal Dean Forest CC	28-Aug
Peter Horsnell	Chelmer CC	E Ang	92	25	1:18:54	F2a/25	ECCA	07-May
Chris McNamara	Nuon Sigma Sports - London RT	S/S	47	50	1:34:07	P881 L/50	...a3crg	10-Jul
Andrew Grant	Cambridge CC	E Ang	69	50	1:48:39	F2/50	ECCA	21-May
Peter Horsnell	Chelmer CC	E Ang	92	50	2:57:15	F2/50	ECCA	21-May
Anthony Jones	VMCC powered by Y Beic	S Wls	49	12H	300.95	R12/16	Welsh CA (Inc RTTC/VTTA National Championship)	04-Sep
Graham Mann	Hainault Roads Club	E Ang	73	24H	348.07	D24/1	RTTC/VTTA/Mersey Roads Club Championship	24-Jul
Solo Bike - Women								
Angela Carpenter	...a3crg	Wssx	53	10	0:20:24	E2/10	E Ang VTTA	03-Sep
Arja Scarsbrook	Team Echelon	West	74	10	0:24:46	P881	Paceline RT	01-Oct
Angela Carpenter	...a3crg	Wssx	53	15	0:32:19	H15/3	Newbury Velo	21-Aug
Joy Payne	High Wycombe CC	L&HC	65	15	0:36:15	F2/15	Cambridge CC	15-Apr
Jen Clegg	Team Bottrill	E Mids	68	15	0:38:08	F2/15	Cambridge CC 15	15-Apr
Arja Scarsbrook	Team Echelon	West	74	15	0:39:30	K47/15	Worcester St Johns CC	23-Jul
Angela Carpenter	...a3crg	Wssx	53	25	0:52:28	F2A/25	Cambridge CC (inc VTTA Nat Champs)	11-Sep
Arja Scarsbrook	Team Echelon	West	74	25	1:03:15	R25/7	Virtual CC	17-Jul
Jen Clegg	Team Bottrill	E Mids	68	30	1:16:21	P884 B/30	A3crg	22-May
Angela Carpenter	...a3crg	Wssx	53	50	1:47:20	F2/50	Shaftesbury CC	17-Jul
Jackie Field	CC Ashwell	E Ang	57	50	1:55:38	F2/50	ECCA	21-May
Angela Carpenter	...a3crg	Wssx	53	100	3:53:00	H100/88	Hounslow & District Whs	29-May
Liz Ball	Valley Striders Cycling Club	Yorks	68	100	4:51:24	L10010	RTTC National 100 Champs (North Lanc TTA)	10-Jul
Solo Trike - Men								
Mark Vowells	San Fairy Ann CC	Kent	69	10	0:23:09	E2/10	E Ang VTTA	15-Jun
Mark Vowells	San Fairy Ann CC	Kent	69	15	0:38:50	G15/92	Sussec CA	11-Jun
Geoffrey Booker	Oxonian CC	West	74	15	0:41:26	H15/3	Newbury Velo	21-Aug
Mark Vowells	San Fairy Ann CC	Kent	69	25	1:00:47	H25/2	High Wycombe CC	22-May
Solo Trike - Women								
Mary Corbett	Sotonia CC	Wssx	64	10	0:30:22	P881	..a3crg	16-Apr
Mary Corbett	Sotonia CC	Wssx	65	10	0:30:29	P901	Southdown Velo	14-Aug

Name	Club	Grp	Age	Dist	Record	Course	Event	Date
Tandem Bike - Mixed								
Ian Greenstreet & Rachael Elliott	Newbury Velo CC	L&HC	102	25	0:48:45	F2/25	ECCA	07-May
Ian Greenstreet & Rachael Elliott	Newbury Velo CC	L&HC	102	50	1:39:57	P881/50	..a3crg	10-Jul
Ian Greenstreet & Rachael Elliott	Newbury Velo CC	L&HC	102	100	3:40:26	H100/88	Hounslow & District Whs (VTTA Nat'l Championship)	29-May
Tandem Trike - Men								
Mark Vowells	San Fairy Ann CC	Kent	123	25	0:58:02	H25/1A	Reading CC	03-Jul
Ian Pike	Lincoln Wheelers	E Mids						
Tandem Trike - Mixed								
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	153	10	0:27:40	P415	Poole Wheelers	26-Jun
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	154	15	0:41:55	H15/3	Newbury Velo	21-Aug
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	154	25	1:11:39	F2/25	East Anglia VTТА	24-Jul
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	154	30	1:34:57	E1/30	Lea Valley CC	02-Aug
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	153	50	2:26:21	F2/50	Finsbury Park CC	02-Jul
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	153	100	5:29:08	H100/88	Hounslow & District Whs (VTТА Nat'l Championship)	29-May
Norman Harvey & Mary Corbett	Sotonia CC	Wssx	154	12H	177.50	R15/5	Welsh CA (Inc RTTC/VTТА National Championship)	04-Sep

TRACK RECORDS SET DURING 2022

Outdoor Track - Solo Bike - Men								
Name	Club	Grp	Age	Dist	Record	Track	Date	
Mike Skillings	Full Moo Cycling	E Ang	64	5km	07:32.3	Scunthorpe		6-Sep
				10km	14:58.3			
				10mi	24:05.9			
				20km	29:59.8			
				1hr	24.58mi			
John Lee	Icknield RC	L&HC	93	5km	11:46.9	Welwyn		5-Sep
				5mi	18:56.3			
				10km	23:24.5			
				10mi	37:49.0			
				20km	47:14.7			
1hr	15.70 miles							

NORTHERN VETS ALL COMERS 10 MILE CLOSED CIRCUIT CHAMPIONSHIP



CROFT MOTOR CIRCUIT - SUNDAY 23RD OCTOBER 2022

NEC Representative Mike Penrice

As I drove the 70 miles north to Croft, near Darlington, weather conditions were atrocious, with heavy rain reducing visibility due to spray. Had the event which I was attending been on the open road there is absolutely no doubt that it would have been cancelled. But this was the Northern Veterans' All Comers Closed Circuit 10 Mile Championship and without the hazard of fast moving motor traffic it was able to be proceed in complete safety. For late October the rain was warmer than could have been expected and at least there was no wind to hamper the riders as they completed almost 5 soggy laps of the motor racing circuit for an exact, CTT measured and approved, 10 miles. Despite the late season there were 72 entrants and 51 of these faced the timekeeper for what is becoming an increasingly popular type of time trialling. It's just a pity that there are so many traditionalists not willing to try the 'Race of Truth' in traffic free conditions.

Comparing the award winners to those of the inaugural championship in 2021 there were some familiar names, although all were slightly slower



*Women's open podium - Angela Hanon-Flaherty,
Liz Ball and Lucia Borradaile*

on this occasion, no doubt riding with some caution in the wet. Awards were determined on vets' age handicap and with separate categories for both men and women on either TT or road bikes, although there were no takers for the women's road bike category.

Men open (time trial bikes) - 1st Douglas Watson (GTR Return to Life p/b Streamline) 20:45, 2nd Marcel Schubert (Darlington CC) 20:54, 3rd Ray Hall (Adept Cycling) 21:13

Women open (time trial bikes) - 1st Liz Ball (Valley Striders CC) 21:22, 2nd Angela Hannon-Flaherty (Seacroft Whs) 21:40, 3rd Lucia Borradaile (CC Weymouth) 21:44

Men road bikes - 1st Nick Giles (Pocomotion RC) 22:00, Shaun Tyson



Men's road bikes winner Nick Giles

(Protch Velo) 22:23, Keith Storey (Seacroft Whs) 25:14

Douglas, Marcel, Liz, Angela and Shaun were all returning medal winners. Had there been an award for furthest travelled this would have gone to Weymouth rider Lucia, visiting the area for a family occasion. Interestingly she took bronze medals for third place woman on TT bike in both the southern and this northern vets championship.

Dougie Watson shared his thoughts on the day, *"Living in Scotland, I'm used to riding in the wet but I have to congratulate all the competitors who braved the conditions and took to the line on Sunday as that was another level!*

It's the first time I have raced the TT bike at Croft, as I was on a road bike in 2021. The first couple of laps are always a confidence builder, but it's amazing how much grip is available on the track even in the wet. As ever, a great fun event with no traffic to worry about and one to mark in your 2023 calendar."




Men's open winner Douglas Watson made cornering in the wet look easy

Thanks to the group of Teesside officials, led by Gavin Russell, who run these events at Croft so competently. Due to cost issues with hiring of motor racing circuits it is not possible to organise for a balmy summer afternoon but for 2023 it will be on the evening of Wednesday 21st June (7pm start). Please support it if possible - it's a great venue, very well organised and with plenty of cake!.



Men's open podium - Shaun Tyson, Douglas Watson and Ray Hall

Championship images
courtesy of
**Kimroy
Photography** 

MEN'S OPEN CHAMPIONSHIP (TT BIKES)								
VH Pos.	Name	Club	VTTA Group	Age	VH Time	+/-	Act. Time	Act. Pos.
1	Douglas Watson	GTR - Return To Life	Scot	49	20:45	+05:21	21:25	2
2	Marcel Schubert	Darlington CC	North	41	20:54	+05:12	20:58	1
3	Ray Hall	Adept Cycling	North	61	21:13	+04:53	23:05	8
4=	Matthew Asquith	Otley CC		48	21:45	+04:21	22:20	3
4=	Wayne Coates	Team Bottrill	North	63	21:45	+04:20	23:53	12
6	Mick Flaherty	Seacroft Whs	Yorks	60	21:46	+04:20	23:31	10
7	Paul Newman	Richmond CC	North	55	21:48	+04:18	23:00	7
8	Stephen Adamson	Fietsen Tempo		49	21:49	+04:17	22:29	4
9	Simon Horsley	Legato RT	NL&L	58	21:54	+04:12	23:25	9
10	Ian Richardson	Selby CC	Yorks	60	22:16	+03:50	24:01	14
11	Paul Sander	Stockton Whs CC	North	67	22:17	+03:49	25:00	18
12	David Bennett	Audax UK		52	22:43	+03:23	23:38	11
13	Neil Fearn	Harrogate Nova CC	Yorks	42	22:47	+03:19	22:55	5
14	Aidan Adams	Harrogate Nova CC		42	22:49	+03:17	22:57	6
15	Ian Hutchinson	Cleveland Whs CC		67	22:54	+03:12	25:37	21
16	Malcolm Steer	Darlington CC		57	23:00	+03:06	24:24	15
17	Dougi Hall	Border City Whs CC		59	23:05	+03:01	24:43	16
18	Paul Tyler	Ferryhill Whs	North	64	23:14	+02:52	25:30	20
19=	Tim Garwell	Otley CC	Yorks	70	23:20	+02:46	26:33	27
19=	Grant Whiteside	Harrogate Nova CC	Yorks	48	23:20	+02:46	23:55	13
21	Ian Swinscoe	Moonglu CC	Yorks	53	23:50	+02:16	24:51	17
22	Terry Parvin	Ferryhill Whs	North	62	23:55	+02:11	25:55	23
23	Dominic Barron	Valley Striders CC	Yorks	54	24:03	+02:03	25:09	19
24	Stephen Rhodes	Hartlepool CC		64	24:11	+01:55	26:27	26
25	Richard Durham	VTTA (Yorkshire)	Yorks	68	24:21	+01:45	27:13	32
26	Steven Clarkson	Harrogate Nova CC		64	24:35	+01:31	26:51	31
27	Paul Kennedy	Sowerby Sunday Club		57	24:45	+01:21	26:09	24
28	Kevin Denson	Darlington CC	S/S	59	25:01	+01:05	26:39	29
29	Alex Ingham	AIMS Cycling		49	25:04	+01:02	25:44	22
30	Mark Brownless	Teesdale CRC	North	51	25:21	+00:45	26:11	25
31	Andy Delaney	Northumbria Police C.C.	North	54	25:28	+00:38	26:34	28
32	Alistair Cole	Clifton CC York		56	25:29	+00:37	26:47	30
33	Jymmy Trevor (trike)	Jem Hadar	Yorks	50	26:59	-00:53	29:42	33

WOMEN'S OPEN CHAMPIONSHIP (TT BIKES)								
1	Liz Ball	Valley Striders CC	Yorks	69	21:22	+04:44	27:14	4
2	Angela Hannon-Flaherty	Seacroft Whs	Yorks	53	21:40	+04:26	25:15	1
3	Lucia Borradaile	CC Weymouth	Wssx	64	21:44	+04:22	26:44	2
4	Caroline Ratcliff	Ferryhill Whs	North	57	22:54	+03:12	26:56	3



Joe Applegarth takes the hairpin cautiously in the wet

MEN'S ROAD BIKE CHAMPIONSHIP								
VH Pos.	Name	Club	VTTA Group	Age	VH Time	+/-	Act. Time	Act. Pos.
1	Nick Giles	Pocomotion RC	M'side	63	22:00	+04:05	24:08	2
2	Shaun Tyson	Protech Velo	North	51	22:23	+03:43	23:13	1
3	Keith Storey	Seacroft Whs	Yorks	61	25:14	+00:52	27:06	5
4	Jez Willows	Sherwood CC	E.Mids	57	25:28	+00:38	26:52	4
5	Mark Bailie	Tyneside Vagabonds CC		44	25:45	+00:21	26:02	3
6	Russell Smith	Darlington CC		58	26:04	+00:02	27:35	6
7	Malcolm Giles	Pocomotion RC		69	26:06	+00:00	29:08	7
8	John Leach	Rossendale RC	NL&L	77	26:24	-00:19	31:08	12
9	Dave Carrick	Holmfirth C C		61	27:35	-01:29	29:27	10
10	Andy Russell	Barnesbury CC		58	27:45	-01:39	29:16	9
11	Howard Leach	VTTA NL&L	NL&L	47	28:39	-02:35	29:09	8
12	Joe Applegarth	Durham Tri Club		82	29:03	-02:57	35:14	14
13	William Sharman	Barnesbury CC		51	29:23	-03:17	30:13	11
14	Stephen Broadley	Otley CC	Yorks	69	30:31	-04:25	33:33	13

DNS	Brian Parker (Total Tri Training), David Hargreaves (North Lancs RC / NL&L), David Hird (Hambleton RC), Duncan Smart (Scarborough Paragon CC / Yorks), Jenny Graham (Knutsford Tri Club), John Tiffany (Harrogate Nova CC / Yorks), Madeline Moore (TORQ Performance), Mark Beattie (VO2MAX Race Team), Miriam Rennet (Kinross CC / Scot), Peter Brooks (Aycliffe Tri Club), Rob Carter (Cleveland Whs CC)
DNSA	Anton Hoogendoorn (Alnwick CC), David Bird (VTTA (Yorkshire) / Yorks), Howie Buckingham (Allen Valley Velo), Michael Hutchings (Harrogate Nova CC), Mike Westmorland (Border City Whs CC / NL&L), Neil Wishart (Darlington CC / North), Nick Badcock (Allen Valley Velo), Phil Wright (Hartlepool CC / North), Sarah Foulds (Velo Culture / North), Shaun Wakes (Ferryhill Whs / North)

UCI GRAN FONDO TIME TRIAL WORLD SERIES FINAL TRENTO, ITALY

© Ariel Wojtechowski

CHASING A RAINBOW JERSEY

A personal view by Deborah Sheridan

With contributions from Kevin Tye, Myles Davidson and Richard Oakes

Carefully I follow the signs to the Headquarters. I'm directed where to park by an elderly man in a hi-vis vest, park up and make my way to sign on. Simon Dighton of Beacon RCC is in the queue ahead and for a brief moment it seems like just another VTTA event, but this time the chatter in the queue is in Italian, French, German and the woman in front has Mexico emblazoned on her top. This is the UCI Gran Fondo World Series TT final and we are in Trento, Italy. The World Championship race is on Thursday and it's a privilege to be here and I echo the words of fellow GB athlete Kevin Tye.

"Even just to do the event once can really change or enhance one's view of racing in a positive way"

I think that I have everything sorted but UCI events bring with them a new set of challenges, not least of all is getting here. We left Britain on Thursday 7th September and have driven over a few days via Annecy, the Mont Blanc Tunnel and Milan to Trento. Others have flown via Verona or Innsbruck or even, I suspect, Rome. I have no idea how the team from Mongolia arrived.

The bike is also a challenge. Eamonn has taken it to be checked on the UCI jig and it passes easily. Others are not so lucky - tools and tape measures are out. It can be stressful as silver medalist Kevin Tye is well aware.

"For sure there is no escaping that there is stress involved. One must qualify, travel to the event, the UCI bike position, the UCI bike check (now that is a stressful one) to name just a few of the problems but it's worth it."



© Ariel Wojtechowski

Tim Hood gets his bike checked

The next challenge is to learn the course. Eamonn and I go round on our road bikes, grab lunch at the expo and then I go out on the TT bike, ride the course and I do a few efforts. There are others out on the course, rehearsing, managing expectations, dreaming. This is a long way from a club 10 or a CTT open event.

“To go to the event with high expectations can lead to great disappointment. There are so many things outside of one’s control.” Kevin Tye.

It’s race day.

Kevin again, *“For me it’s the most exciting, motivating day. Months of planning, training and a certain amount of sacrifice all come together in one 30 minute race. Time to make one’s own very best performance.”*

The older women start first and I’m the fourth rider down the ramp; the start is narrow and on cobbles. I’m careful, but perhaps too careful. Out onto the closed roads and I catch the women in front of me but I know my main opposition is coming from behind. Jozefa Anzel of Slovenia is the current world champion and Marti Valks of Netherlands put 3 minutes into me at Cambridgeshire a few years back. I’m the first to finish, but at 30 second starts the others are soon finishing thick and fast. It’s Xavier Disley, Aerocoach, who breaks the news I’m second. I have won a silver. The margin to gold is ...**6 seconds**.

Now Eamonn is glued to the results app on his phone. There are gold medals and Rainbow Jerseys for GB riders Faye Faber and Jessica Rhodes Jones, neither of them quite old enough for VTTA yet. Then a silver for Kevin Tye in men’s 60-64, quickly followed by a gold and rainbow jersey for Richard Oakes in men’s 50-54. Richard will have a ‘quick turn round’ and fly to Los Angeles for the UCI Masters Track Worlds where he took gold in the 50-54 2km individual pursuit with a new world best time of 2:11.4.

In the TT medals table GB finished second to Germany and it could have been better with a bit of luck. Sally Turner, Naomi de Pennington and James Fawcett all narrowly missed out on medals and of course there were my **6 seconds**.

The day ends with the podium ceremonies. My name is called and the Union Flag appears on the big screen behind me. I step up and I’m presented with my medal, flowers and sparkling wine. It is over quickly and I’m back with friends. Behind me Kevin Tye is having his podium moment and then Richard Oakes his Rainbow Jersey. We do our best to sing the national anthem and there is a little sadness as we sing ‘God Save the King’.

In the end we are all winners. Myles Davidson in only his second season time trialling finished 7th at Tour of Cambridgeshire, outside the automatic qualifiers but not everyone takes up their places and the UCI operates a roll down. He takes up the story,

“I thought there’s always next year and with Glasgow as the host city I’d be keen to try again. Then on my birthday an email from the UCI arrived out of the blue, offering me a wild



Myles Davidson gets his ride under way

card place. In for a penny I thought and probably a once in a lifetime opportunity. As to the event itself, it was as close a feeling to a pro as I'm ever going to experience."

A special mention must go to Tim Hood, GB 60-64, who crashed the week before but still came out and got around despite the pain.

I'll leave the last words to Kevin Tye, who I think sums it up perfectly.

"The real winners in these events are the people, who all come away with a tremendous memory of a great time, having enjoyed every part of their adventure; seeing their sport in maybe a different light and becoming re-energized and motivated. It's great to have a good position in the overall and some of us were lucky enough to get on the podium but it's not the most important thing."

The following list is to the best knowledge of the Editor the performances of all VTTA members in the UCI Grand Fondo World TT Championships. Apologies if your name has been missed, it is not easy identifying our members from the limited information available on the event website.

Category	Fastest time in category	Finishers in category	Position in category	Participant	Time
M 45-49	24:50.21	42	13	Chris Holmes	26:19.40
M 50-54	25:13.74	55	1	Richard Oakes	25:13.74
			17	Mark Jones	27:03.78
			19	Andrew Bruce	27:08.01
			20	Myles Davidson	27:11.87
			23	Brett Davis	27:16.57
			34	Graham Winstone	27:55.37
			38	Simon Smart	28:16.78
M 55-59	25:54.71	43	5	James Fawcett	26:26.20
			15	Philip Kennell	27:11.30
			19	Mike Twelves	27:24.82
			20	Gareth Williams	27:28.74
			21	Jeff Roberts	27:43.63
			31	Simon Dighton	28:35.06
M 60-64	26:08.46	40	35	Robin McGowan	29:00.00
			2	Kevin Tye	26:50.98
			17	Tim Hood	29:16.61
			33	Mark Sanders	30:34.44
M 65-69	28:07.36	29	23	Nigel Walsh	31:42.61
W 40-44	27:30.08	23	4	Sally Turner	28:43.53
W 45-49	28:00.89	20	6	Naomi De Pennington	30:35.86
W 50-54	28:48.11	27	25	Fiona Howarth	36:45.87
W 65-69	30:34.08	7	2	Deborah Sheridan	33:40.86

Late news from Deborah

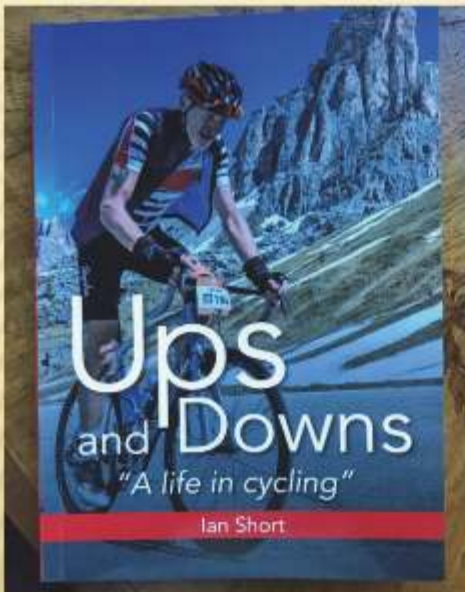
Just to let you know we went to UCI Gran Fondo World Series in Antalya, Turkey, in November. This was a qualifier for Scotland next year. I got a not unexpected win in Womens 65-69. Gareth Williams, Twickenham CC, also a VTTA member, got a win in mens 55-59. Eamonn came 4th in men's 65-69.



Richard Oakes, World Age Group TT Champion, enjoys his podium moment



Deborah Sheridan, silver medallist woman 65 - 69, with her fizzy and flowers



'Ups and Downs' chronicles my life in cycling. I wanted to capture what the sport has given me since childhood to the present.

We've all witnessed the transition from village hall obscurity to mainstream popularity in recent times and I wanted to try and make sense of that and how that's changed the sport, or not?

But for the most part, I like to write and what better subject than cycling?

This book was a three-year project and I'd like to thank so many people who along the way have helped in its creation, most of whom get a mention.

It's 162 pages of cycling interest, with 40000 words and 25 colour pictures....

Available to buy direct from the author at www.openskyprojectmanagement.co.uk priced at £12.99 including postage.



OBITUARIES



DAVE ORFORD

Belper BC - VTTA East Midlands

30th May 1930 - 31st July 2022

The cycling community in Derbyshire and East Midlands was saddened to hear of the death of David (Dave) Orford of Belper Bicycle Club who passed away recently at the age of 92 years.

Dave wrote to this magazine several years ago with recollections of his cycling life. After a successful career road racing with the BLRC Dave joined the VTTA on his 40th birthday in 1970, to resume his

time trialling activities. After making adjustments to his riding position by lifting the saddle and dropping the handlebars a little he managed a 55:18 in a 25 mile TT on the then 02. He claims that his TT activities gave him great confidence in going clear on his own in road races such that he was still able to win open events against younger riders.

Following these exploits Dave recalled racing in Belgium in the summer, winning the veteran all ages world title TT championships held on a circuit of 8km and 5 laps. He also won a few road races for the over 35 year olds under the rules of the WAOD.

He then went to St Johan in the Austrian Tyrol to ride veteran road races and going clear on his own, some way before the finish to win the event. Between 1990 and 1995 he won three UCI World Veteran World Championships.

He maintains that his greatest achievement was approaching the Milk Marketing Board and obtaining their sponsorship for the Tour of Britain, known for many years as the Milk Race. Over a 60 year period Dave organised many road race events for all categories.

Dave's daughter Claire recalls "My dad, Dave Orford, was born on the 30 May 1930 in Southend.

As with many children living in the south-east he was evacuated during the Second World War, living with a family in Ripley, Derbyshire.

At the end of the war he decided not to return to Southend and instead took an apprenticeship in Derby at the Carriage and Wagon Works (now Bombardier) where he remained for 45 years, becoming a Chief Examiner. He served his National

Service at RAF Benson and was married in 1953 to Pat and they had two children, Dave Junior and Claire.

As well as being a keen gardener, in his spare time he played double bass in the County Trio Band and played at many club dinners over the years. He resurrected and reformed Belper Bicycle Club, obtaining sponsorship from Thornton's Toffee.

In later years he was sadly diagnosed with vascular dementia. He passed away peacefully at the age of 92 at the Ridgeway Nursing Home on 31 July 2022."

Dave was very much driven by cycling activities - organising, riding and racing. He was a family man and held a responsible position in the rail industry, he liked gardening and played the double bass and lived a very full life. He was an articulate and entertaining person who could hold an audience wherever he was, particularly in the changing room at cycling events. He was also a prolific letter writer, as myself, Jim Burgin and Mike Penrice well know.

Dave's funeral service took place at Swanwick Crematorium and the wake was held at The Steam Packet pub on 22 August 2022. The cycling fraternity send their sincere condolences to Dave's family.

David Herd



TONY PEACHEY
De Laune CC and VTTA Kent Group
29th August 1936 – 8th June 2022

Tony spent his early life in Battersea, but during the war years he and his family were evacuated to Llandaff, South Wales where he attended the local school and excelled at drawing and artistic subjects; these set him in good stead later in life. On his return to London he continued his education, to gain an HNC in Civil and Structural Engineering, then after many further years of study he finally qualified as a Chartered Structural Engineer in 1997. He also successfully completed a degree with the Open University in geology in 1981.

Tony's first childhood sport was boxing, followed by competitive swimming, at which he excelled. However the great outdoors beckoned so his father suggested cycling; it sounded good and saw Tony selling his electric train set to purchase his first bike. He intended to join the Balham CC but during a ride to their clubroom he punctured and, being a naive 16 year old, he was struggling to sort the bike when a stalwart of the De Laune – Ken Hill – came by, he helped Tony back on the road and convinced him to join the De Laune CC.

Over the years he was proud to clock up many club records and was always quite surprised to be still holding these records for 50, 100 and 12 hours many years later. He remained a De Laune member for life.

As a youngster Tony was involved in all aspects of club life - touring, marshalling, helping out at events, riding a few time trials and road races. In his early years he preferred road racing but rode the club time trials and also Herne Hill track. He was not shy, taking on numerous official roles within the club of road racing, time trial secretary, open event promoter, DLN editor, general secretary and an official time keeper.

1958 saw him belatedly called to National Service, delayed as a consequence of ongoing educational studies. He was accepted into the RAF and instructed by the recruitment officer not to apply for

any long term trade training as they wanted him in the RAF cycling team. In effect after the initial 'square bashing' training, for the remaining 18 months of his 2 year service he was a poorly paid professional road racing cyclist.

It was while racing for the RAF in 1960 on the Isle of Man that he met his future wife Val and they married two years later. For the next few years cycling took a back seat whilst they settled into married life; daughter Claire joined the family in December 1972.

Soon every weekend was spent racing somewhere in the UK from the West Country to Yorkshire. Tony tackled everything from 10 miles to 24 hours, experiencing success at all distances. Despite his dedication and back-up from home, he never made the 'feted top 12 individuals' of the BBAR, finishing 13th twice! He was extremely proud of the fact that Claire attained National Champion status in 1990 having supported her all along the way.

His own racing career started to tail off in 2010 when age and health issues seemed to catch up with him, firstly a heart by-pass in 2012, then problems with his sight and diagnosis of non-invasive bladder cancer.

Tony's wife Val supported him whatever interests or administrative posts he undertook, they worked as a team along the way. He not only competed in time trials, he also gave his time to the administration of the sport both locally and nationally, spending over 50 years on the local CTT District Committee, 15 of those years as the General Secretary. In recognition of his work and dedication to cycling he was awarded a CTT Gold Badge of Honour when he retired in 2018. A possession and one that he treasured more than all the competition medals and records he accumulated along the way.

Ian Turner with thanks to Val and De Laune CC



DAVE JONES
Newbury RC and VTTA West Group
28th July 1930 – 21st August 2022

Dave was born in Maidenhead on 28th July 1930 to Herbert and Eleanor Jones. A few years later the family moved to Newbury, where his father was manager of a gentlemen's outfitters; the family lived over the shop. Dave's sister Jennifer was born in 1939.

He took an interest in cycling at a very early age; he joined Newbury Road Club in 1946 and was a member until he died in 2022.

He served on the club's committee in various roles over the years and became the club's longest serving member and was still actively participating in club runs, riding least 150 miles a week. He also meticulously kept a ride diary where he recorded daily mileages, details of rides, races, weather, costs of repairs and the odd drawing and in his lifetime clocked up over 500,000 miles.

Dave took up racing in 1948 and the following year he won the club Best All Rounder, one of the many trophies he won in his career. During that time he participated in all distances up

to 12 hours, his best distance was 243.990 miles; he also rode the odd hill climb, including ascending Strealy on fixed wheel in the B.O.B Hill climb in October 1955 in 3min 2sec. He achieved three National Age records for 25 miles on tandem (now beaten) with Keith Williams and numerous West Group tandem and solo age records, most of which still stand; these include a very commendable 23:07 at age 79.

In 2012, when aged 82, Dave decided to stop racing, but he did not give up his love of racing entirely as he was regularly seen at club time trials pushing off, marshalling and generally encouraging younger riders to take up the sport. Of course he

also watched every Grand Tour and other cycle racing on television.

With a strong spirit of adventure and a love of travelling Dave had been all over the world; highlights included trekking in the Himalayas, penguin-watching in Australia, hiking in central Africa to see mountain gorillas, riding a camel across the desert in Egypt and sailing on a tall ship along the coast of Costa Rica.

There were also many family camping trips in Wales and France (interestingly these often coincided with the Tour de France to take in a mountain stage or time trial). There were also many trips to the Philippines to visit family and explore the different islands - visiting beaches, waterfalls and volcanos. There were many cycling trips with the club in the UK and abroad and he loved the challenge of the cycling - the mountain passes in France being a favourite - and the camaraderie of being part of the group.



Alongside his adventurous nature, Dave also had a quieter side. He was very knowledgeable about the natural world. He enjoyed photography and, in recent years, he had rediscovered his skill and enjoyment in painting, producing accomplished depictions of birds and animals, places he had been to and landscapes that inspired him.

Dave was very proud of his children and grandchildren. He always had time for others. He had a generous nature and loved to share his sense of humour, his anecdotes and his time with his friends.

His family and friends meant the world to him and he is greatly missed.

JIM LITTLEFAIR

East Bradford CC and VTTA Yorkshire Group 29th November 1933 - 15th October 2022

Jim always put more into helping cycling than he ever took out, and no doubt he derived great satisfaction from doing so. Cycling was his life.

He was a Bradford lad, born and bred. Apart from his national service with the Royal Engineers in Cyprus, he spent his entire working life from apprenticeship to retirement working as a fitter for the gas board and its successor companies. In the early days he had to carry all his tools on the bus prior to being issued with a van.

East Bradford Cycling Club was his only club; he joined when he was aged 19 and remained a member until his death. He was an avid supporter of everything which the club did - club runs, tours and racing - and was racing secretary from 1952 until 2018. He organised time trials and rode himself to a very respectable local standard, with best rides of 23:29, 58:31, 1:58:46, 4:19:30 and 243.6, all set in the late 1960s and 70s. He stopped serious racing due to health issues in his 50s but raced occasionally after that 'for fun', but then everything about cycling was fun to Jim. He was also part of the organising team for the East Bradford CC Kids Club and promoted learning of riding skills and children's fun races in a safe off-road environment.

It was through the East Bradford that he met Brenda and they married in 1959, then having daughters Jean and Ruth. Needless to say all the family were cyclists; when the two girls were young Jim and

Brenda would both enter an event but start at opposite ends of the field to accommodate child minding. Both the girls cycled and rode time trials, but they also excelled at swimming and Jim supported them in this and he was awarded an honorary vice-presidency of Bradford Swimming Club.

Jim was always willing to help out at any event with which his family were involved - either pushing off or marshalling at hundreds of club and open events throughout Yorkshire. In the social season he and Brenda were always the couple of choice to run the tombola at cycling dinners and with Jim's friendly demeanour he would ensure some good takings. As an official he served on the Yorkshire RTTC/CTT committee for many years, where his knowledge and enthusiasm were highly valued.

As would be expected Jim joined VTTA Yorkshire on his 40th birthday and was active riding their events and later helping out in any capacity. Upon reaching 80 he became an HLM but was still always there at events when needed.

Jim is survived by his wife Brenda, his two daughters and four grand-children. His funeral was attended by a very large gathering; it was interesting to see who knew and respected Jim and to learn about the many other aspects of his full and active life.

By Mike Penrice



(Excerpt from) "Just G-Dad Things", by The Grandkids

*Riding our bikes down by the canal, meant 50 stops an hour.
Your love of talking and making friends was your true super-power.*

*One time you talked so much, so late, even the car park closed.
"Don't tell ya mum, we'll mount the verge, just try and stay composed!"*

*Now we hope we keep your mischief, as we carry on our days,
Say "ey-up" to every stranger, make them friends along the way.*

*Cycling club on Sundays, and on the back of your tandem bike.
You're the reason we scuff our shoes and kick stones on every hike.*

*Otley was a a favourite place, with swings and geese aplenty,
Then to Dunny's for a butty'n'chips, our bellies were never empty.*

PETER LEO HAYHURST

Congleton CC and VTTA Manchester & North West Group 9th April 1938 - 28th September 2022

Honorary Life Member, Peter Hayhurst, passed away on 28th September, aged 84. Peter became an active group member from 2002, enjoying his racing and photographing our Prize Presentation Luncheons. He was a man who was very easy to like, I first enjoyed his company while marshalling Manchester Wheelers' events.

It's hardly surprising Peter became passionate about cycling as he was a nephew of both the Olympic track sprinter Syd Cozens, and also of Ida, the wife of Johnny Berry, the noted Manchester frame builder. From the age of 11, Peter rode the five miles from his home in Northenden, Manchester, to school at Xaverian College, and most lunchtimes he visited Johnny Berry's nearby shop. He also joined the YHA and toured extensively.

As both Syd and Johnny were Manchester Wheelers' men it was expected Peter would join them there; instead, he joined Altrincham RCC, a BLRC club to compete in road racing. But on reaching the age of 16, he did join the Wheelers, winning a junior club trophy while racing in time trials and on Fallowfield track.

After completing an engineering apprenticeship, Peter became a skilled draughtsman, and in 1959 he took this talent to Switzerland. He returned home regularly to race while undertaking further periods of foreign employment in Belgium, Greece, South Africa, Austria and Germany, sometimes with his family, but always with his bike.

Peter's favourite events were 100 mile and 12 hour time trials, he also competed two L'Etapes du Tour and a Maratona dles Dolomites.

1999 saw Peter's final period of foreign employment; he settled back in Congleton and

continued racing. He became the Wheelers' Events Secretary, organising their midweek evening '10s.' However Peter felt increasingly isolated as there were no other Wheelers' racing men of his age, so in 2007, he joined Congleton CC. He became a well liked and respected member, still competing and became Press Secretary, keeping the local newspaper informed of club activities.

Peter lived and breathed cycling, but in October 2013, he suffered a major stroke, yet remained in touch with the club and its activities. He often said

that his last years at home, being cared for by his family were the best of his life. He was very proud when Congleton CC awarded him "Club Man of the Year 2013," and again in 2018, when he was awarded Honorary Life Membership.

Nev Ashman and I represented our group as Peter's coffin, topped by a wreath and two tiny racing cycles was brought into St. Mary's Church, Congleton, for a requiem mass in his name.

Peter's son, Alistair, struggled with his emotion in delivering his eulogy, stating that Peter was a loving husband, father, grandfather and the proudest great grandfather; they were all so lucky to have him as a role model.

Peter will be greatly missed, he lived a life so rich and full of adventure. Those who knew him will join with us in offering heartfelt thoughts to his wife, Pat, his daughters Nicole and Teresa, his son Alistair, and their families.

The Stroke Association, and Cancer Research were Peter's favourites charities, if anyone wishes to make a donation in his memory, these would be more than deserving of your generosity.

Ken Workman



MICK GAMBLING

CC Breckland - VTTA East Anglian 25th July 1935 - 4th September 2022

Mick Gambling who died recently at the age of 87 had been part of the Norfolk cycling scene for nearly 70 years.

But he was known far beyond this region. The long list of famous time trial personalities paying tribute on social media reflects how well his humorous articles in the cycling press captured the spirit and reality of time trialling

Mick was also East Anglia correspondent for the magazine "Cycling", later "Cycling Weekly", for several decades and as a coach he played a big part in helping riders and teams to themselves feature in the news.

He first organised group training rides circa 1956, while still himself only aged 21. By 1967 he was training a Hewett School team, who won the National 10 Mile Juvenile Team Championship. In 1990 an East Anglian CC team trained by Mick won the Ladies National 50 Mile Team Championship, while into the new century it was an EACC four-up team time trial team who achieved success under Mick's guidance.

Mick himself started time trialling for the East Anglian CC in 1953 and he also rode some mass start events in the later 1950s. In 1976 he moved to the new VC Norwich sponsored team as coach and rider.

Finally it was in CC Breckland colours that he ended a long time-trial career, mostly as a short and middle-distance rider, in which, though rarely a winner, he would usually be found in the top ten of the results.

Although no longer riding his bike, Mick was still a regular attendee at the Tuesday morning cyclists' gatherings at Reepham Station Café and was a spectator at the Norwich Grass Track Meeting recently.

By Fergus Muir for Eastern Daily Press

JOEL WAINMAN

1st June 1974 - 1st October 2022

After a battle with motor neurone disease Joel passed away, much too soon, at the age of 48.

He started cycling with the school club at Bransholme High School (Hull) and when he left school he joined Hull Thursday RC. He soon tasted success, winning the junior divisional road race championships on two occasions. He started to make his mark on the time trial scene and went on to ride for Pete Read Racing, Team Swift and SSSL RT.

A prolific winner at all distances from 10 miles to 12 hours, he was always well placed in the British Best All Rounder competition, twice finishing third and also featuring in winning teams. His name features in the record books along with his Team Swift team mates for team competition records at 10 miles and 12 hours.

On his 40th birthday Joel joined VTTA Yorkshire and he was excited by the prospect of further success in the 'vets', sadly it was not to be.

Joel was fiercely competitive and determined, he was an old school mile eater and throughout the winter would ride alone for 6 hours on Saturday and 8 hours on a Sunday; his mantra was "Winter miles for Summer smiles".

The funeral took place at Haltemprice Crematorium on the 22nd October and was attended by around 150 people made up of family, friends, work colleagues from Hull Royal infirmary (where he worked as a porter for 30 years) and cyclists from far and wide. Long time friend and rival Keith Murray gave an excellent speech which paid tribute to Joel's life and achievements and his anecdotes brought a touch of humour to a sad occasion.

Joel is survived by his two sons, Jake and Isaac, and we offer condolences to them and his sister Angie and the rest of the family.

Mike Williams

• FORTHCOMING VTTA EVENTS CALENDAR - 2023 •

Date	Event	Course
Sun 8 th Jan	North Group Lunch/Prize Presentation (Hardwick Hall, Sedgfield)	
Sun 8 th Jan	North Lancs & Lakes Group Lunch/Prize Presentation (Garstang Golf Club)	
Sun 15 th Jan	Scottish Group Lunch/Prize Presentation (Mr Q's, Bannockburn)	
Sun 15 th Jan	Merseyside Group Lunch/Presentation (Cheshire View, Christleton)	
Sat 21 st Jan	National AGM (The Limes Country Lodge Hotel, Solihull B94 5JZ) Other details to be announced and will incorporate National Presentation	
Sun 29 th Jan	London & Home Counties Group Lunch/Prize Presentation (Aldenham Golf Club)	
Sun 29 th Jan	Yorkshire Group Lunch/Prize Presentation (Bridge Hotel, Walshford)	
Sat 4 th Feb	Wessex Group Lunch/Prize Presentation (Petersfield Golf Club)	
Sat 4 th Feb	Kent Group Lunch/Prize Presentation (Weald of Kent Golf Club)	
Sun 5 th Feb	Surrey/Sussex Group Lunch/Prize Presentation (Normandy Centre, Horsham)	
Sun 12 th Feb	Manchester & NW Group Buffet/Prize Presentation (Middlewich Masonic Hall))	
Sun 19 th Feb	North Midlands Group Lunch/Prize Presentation (Holiday Inn, Rotherham)	
Sat 4 th March	VTTA Yorkshire 10	V212
Sun 19 th March	Darlington CC hill climb (VTTA North competition 1 of 16)	THC42
Sun 16 th April	VTTA National Championship 25 (Yorkshire)	V236/1
Sat 1 st April	VTTA Midlands 15 (Welland Trophy)	K47/15
Sun 2 nd April	Darlington CC 25 (VTTA North competition 2 of 16)	T254/1
Sat 15 th April	VTTA Surrey/Sussex 10	G10/87
Sat 22 nd April	VTTA East Midlands 10	A10/3

PLEASE NOTIFY THE EDITOR OF EVENTS TO INCLUDE IN THIS SECTION

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Williams & CO

Solicitors

Wakefield Office

Merchant House

24 Chancery

Wakefield, West Yorkshire, WF1 2TF

T: 01924 562228

E: enquiries@williamsleck.co.uk

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