

VENTOUX 2

VENTricular arrhythmia and cardiac fibrOsis in endUrance eXperienced athletes (VENTOUX) – Study 2

WHO ARE WE LOOKING FOR

Endurance experienced athletes

Aged 40 or over

No history of heart disease or high blood pressure

Train six hours per week for ten years



British Heart Foundation

Why get involved

A proportion of athletes develop scarring of the heart that might be associated with potentially life-threatening heart rhythms.

Help is understand the relationship between blood pressure during exercise and heart scarring.

Who are we?

This study is organised by the CMR Clinical Research Group at the University of Leeds and is funded by the British Heart Foundation

WHAT DOES IT INVOLVE?

A home blood pressure reading after exercise.
One visit to hospital for a cardiac MRI scan, an exercise test, ECG monitoring and a simple blood test.

Access to the Training Peaks sports coaching app.

Annual telephone follow up.



HOW DO I GET INVOLVED

Use the QR code below, or contact via email:

